



# — THE SEWANEE MOUNTAIN — MESSENGER

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## For the Sewanee Community

Sewanee's geographic location requires that the University and the Sewanee community work together to reach out to all who live and work here and who provide services to the community.

Vice-Chancellor John McCardell appointed a COVID-19 Emergency Management Team at the University to oversee our preparation for and response to the coronavirus pandemic. A subgroup of this team, paying particular attention to the needs of the local community, is composed of community members representing organizations such as Rotary and the Sewanee Business Alliance as well as members of the University staff. The Sewanee Community Council supports this collaborative community effort.

This message includes a new community resource for information, a notice of restricted parking at campus trailheads, and an important reminder.

### New Website for the Sewanee Community

There is a new community section of the University's COVID-19 website: <[a href="https://www.sewanee.edu/covid19community"]covid19community.sewanee.edu[/a]>. It is aimed at providing a central source for information and links, as well as responding to the questions and concerns we have received from community members. If you have additional questions, please submit them through the "Questions?" section of the COVID-19 website.

### Trail Parking Areas Are Closed

The University is trying to do its part to reduce unnecessary travel, promote physical distancing, and protect the well-being of our community. By closing trail parking areas, we hope to temporarily discourage visitors from coming to Sewanee to use our trail system. The University is taking this precaution because we are a community and not a state park—the fact that our neighborhoods are very close to our trail system, including trailheads, carries with it public health risks. Our local community is encouraged to hike, ride bikes, and otherwise enjoy the trails on the Domain; we need to do so without using the trail parking areas. We have confidence that our community can overcome this inconvenience until concerns over the spread of COVID-19 have subsided. Areas affected by this parking closure include: Breakfield Road beyond the asphalt, Green's View, Shakerag Trail parking area, the Memorial Cross, Caldwell Rim and Potter's Ridge parking lot, Lake Cheston (both parking areas), and the Morgan's Steep parking areas. The policy is effective April 1.

### Reminder: Stay "Safer at Home"

Sewanee joined communities across the state and the country in following a Safer at Home protocol to combat the spread of COVID-19, beginning March 24. This directs all Sewanee residents to limit all movement outside of their

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## Food Delivery Safety

by Bailey Basham, Messenger Staff Writer

Social distancing goes beyond just opting for a can of chicken noodle over a dinner with friends.

It is a way to contribute to slowing the spread of the novel coronavirus, the virus that causes the severe acute respiratory illness, COVID-19. It is a means of taking some of the weight off the shoulders of our healthcare workers and of protecting the health of our families and communities.

Moreover, for the near future, it is our new normal.

For those concerned about bringing the virus home on the packaging of groceries, takeout and delivery supplies, Shelly Walker, director of communications for the Tennessee Department of Health, says we can rest easy.

According to the Center for Disease Control and Prevention and the Tennessee Department of Health, there are no reports that the virus can be transmitted via food or food packaging, and there currently is no evidence that takeout or drive-thru meals will increase illness.

"Cleaning frequently-touched surfaces daily is always a good idea to prevent the spread of germs, as is washing hands before preparing

and/or eating food," Walker said. "Those at high risk for serious complications from COVID-19 infection could consider using gloves to pick up delivered items and remove the external packaging."

Michigan doctor Jeffery VanWingen, who created an informational video on safe grocery shopping, said that despite the low risk, taking additional precautions might be a good idea. <[a href="https://www.youtube.com/watch?v=zmoBl5m2\_uw"]https://www.youtube.com/watch?v=zmoBl5m2\_uw[/a]>.

When at the grocery store or in a restaurant picking up your takeout meal, limit the things you touch, and practice social distancing. Wipe down grocery store carts and door handles as needed. VanWingen also recommends, for the time being, stashing the reusable shopping bags and opting for the disposables at the grocery store.

When you get home, wipe down plastic, glass and metal packaging with disinfectant, and transfer items into new containers. Wash produce in water, discard all grocery bags and packaging and clean the surfaces that were used in the process.

And, of course, wash your

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## COVID-19 Waylays Sewanee Resident in Slovakia

by Leslie Lytle, Messenger Staff Writer

"The virus is slow-moving in some respects, but the measures are swift," said St. Andrew's-Sewanee math teacher Thomas Priestley. When Priestley left to spend spring break in Slovakia, the possibility of not being able to return struck him as absurd.

"If the government cancels me, they may as well cancel all flights across the Atlantic and cancel the whole economy," Priestley had joked with his class on the eve of his departure.

A few days before his March 21 return flight out of Vienna, Austria, the news reported Air Austria and Air Canada had canceled flights. Priestley was booked on a United flight with Air Canada as the carrier. Attempts to verify the flight status by phone earned him messages like "your position is 200."

The night before his departure, United online information showed the flight on schedule. Priestley considered going to the airport to sit it out and wait to be rescheduled or rerouted. But there were risks. If he left Slovakia, he

couldn't return since the border was closed except to residents. And Austria had implemented strict quarantine measures forbidding people to leave their homes except for essential business and emergencies. He didn't know anyone in Austria. Would he "run afoul" of the Austrian authorities? Would they quarantine him in a place of their choosing?

"Air Canada is a business," Priestley said. "I had this attitude, 'I'll be taken care of by somebody.' The most startling moment was the awareness I couldn't depend on a company or corporation at this time. I could be swept up by the authorities in a foreign country. I've lived overseas 15 years. American privilege is part of that. Maybe that's all gone now."

Priestley decided not to take the risk. The next day he learned all flights from Europe to the U.S. were canceled.

How does Priestley feel about the circumstances? He welcomes the opportunity to extend his visit

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## Note from the Editor

The information in this issue is current as of Thursday, April 2, at noon, which is the time we send the newspaper to the printer. If there are any major updates, we will post those on our website <[a href="http://sewaneeemessenger.com"]http://sewaneeemessenger.com[/a]> and our Facebook page. Understanding that many do not have reliable internet service or even email, those updates will also be printed in the next regular issue.

In this issue, for meeting cancellations, go to page 3. For Church News, go to page 4. For community and school news, please start on page 5.

If your organization, business or church is operating on a different schedule and is not listed in this issue, please get in touch by phone (931) 598-9949 or via email <[a href="mailto:news@sewaneeemessenger.com"]news@sewaneeemessenger.com[/a]>. We need to work together to keep our community up-to-date and informed.

Please follow the recommendations from the Centers for Disease Control and Prevention <[a href="https://www.cdc.gov"]https://www.cdc.gov[/a]>.



Redbud. Photo by Lyn Hutchinson

## Food Safety and COVID-19

by Leslie Lytle, Messenger Staff Writer

Area businesses and programs are taking special precautions to keep the food supply safe and to keep the people safe who are responsible for the food supply reaching the consumer. Read on to learn more.

### Community Action Committee

The CAC continues to distribute food 9 a.m. to 11 a.m. daily "to everyone who comes to our door," said Director Betty Carpenter. "Our mission is to provide for those in need. Need is different now." CAC operates out of St. Mark's Hall. Carpenter is the only one who has been in the building since precautionary measures began. The building is locked. A client comes to the rear entrance, Carpenter inquires about their needs

through the glass door, and leaves the bagged groceries on the porch.

Food donations from the community can be left on the porch, preferably from 9 a.m. to 11 a.m. Carpenter leaves the food outside several hours before bringing it inside. Once inside, the food is sprayed with disinfectant, shelved, and quarantined for at least 24 hours. Food from Second Harvest Food Bank is quarantined for 10-14 days.

### CVS Corporate Policy

CVS offers drive-thru service and free prescription medication delivery. Counters are wiped with disinfectant. Masks are available to employees. CVS will continue to pay employees who test positive for COVID-19 and those who

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P.O. Box 296  
Sewanee, TN 37375



## VILLAGEREPORT

by Frank X. Gladu

Well, much has changed since my report to you last month. This month, I was planning to highlight the Bookstore project but the pandemic has necessitated that I shift the focus from the Village Development Project to the Village itself. Conditions with Sewanee businesses are changing daily, with several closed or adjusting their normal operating schedule and drastically adjusting how they offer their goods and services. Their economic survival is in peril and it will take all the efforts of various levels of government to support them in this time of need. We need to support our local businesses as much as possible in an effort to sustain them. The University, while dealing with significant challenges to maintaining its educational mission, has provided support by communicating to University employees and alumni asking them to support Sewanee businesses by purchasing gift cards and making donations to the Sewanee Business Alliance (SBA). The SBA has worked hard to get their message out through social media and their website at <<http://www.sewaneevillage.com>>. We can all help to sustain our business community during this crisis.

Now, I would like to turn to the community itself. It is important for you to stay current, understand the issues and offer support during these rapidly changing times. A great source for this is the Sewanee Mountain Messenger itself, both online <<http://sewaneeemessenger.com>> and in print. Another source is the University's website <[covid19.sewanee.edu](http://covid19.sewanee.edu)>. There is a section on this website titled "Information for the Sewanee Community." It contains updates and links for local information, services, businesses and facilities. The direct link is <[covid19community.sewanee.edu](http://covid19community.sewanee.edu)>. The University has also formed a Community Team to provide information and to receive questions and comments from the Sewanee community about the situation regarding COVID-19. To ask a question, you can utilize the University COVID-19 website. Choose the red button on the main page and click on "Questions." You can also find a survey for the Sewanee community to help identify both community volunteers and any specific needs. It's in the "Information for the Sewanee Community" section on the website.

Some consideration needs to be given to thinking about dealing with the impact of this pandemic. Different approaches will be necessary. What worked last month may not be valid today. Imagine the potential consequences of this pandemic in ways that could drastically change what we have all considered "normal." Going forward, one thing is for sure, "normal" isn't normal anymore. Keep in mind that it is safer to remain home right now.

On a more positive note, pole banners, with a new graphic for the Village, have been placed along University Avenue in the Village. We are also improving the parking areas behind the American Legion, with a new set of stairs, and cleaning, striping and installing wheel stops in the parking area behind Woody's Bicycles. I will continue to work on items like these that can be moved forward even in the midst of the pandemic.

This month's Village Update session will take place at 10 a.m., Tuesday, April 7. We will hold a virtual town hall meeting on Facebook.com/SewaneeVillageProject. This meeting will focus on the impact of the pandemic in Sewanee. It will provide an opportunity for you to ask questions about Sewanee's response and will cover information pertaining to the continuance of the academic mission of the University and the needs of the Sewanee community. I hope that you will be able to attend.

Wishing you all the best.  
Frank

*Frank X. Gladu is a Special Assistant to the Vice-Chancellor and project manager for the Sewanee Village Development. He can be reached at <[fxgladu@sewanee.edu](mailto:fxgladu@sewanee.edu)> or (931) 598-3397. More information about the Sewanee Village Project can be obtained at the website: <[www.sewanee.edu/village](http://www.sewanee.edu/village)> and the Facebook page: "Sewanee Village Project" and on Instagram at the "Sewanee Village Project."*

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## Letters

### LIGHTS ON!

#### To the Editor:

Amidst a lot of social disorder and darkness, there is light!

The Sewanee Youth Ballpark has its overhead lights back on. This has been a two-year project that began when Duck River Electric Corporation detected faulty and antiquated lighting systems in multiple parks in Franklin County. As a result, several of them had to undergo thorough evaluation and renovation before they were made safe again.

Thanks go out to individuals and organizations: Amanda Knight, ballpark manager; the Parks Committee of the Sewanee Community Council, Steve Burnett, Sallie Green, Brent Tate, Sara Marhevsky, William Shealy, Georgia Hewitt, Cindy Potter, Amanda Knight and Dixon Myers; Steven Hopkins at Duck River Electric; Keith Henley and Dennis Jacobs of Henley Electric and Plumbing.

Persistence made this happen. Once this health crises passes, our children will play at the park again and be safe.

S. Dixon Myers, Sewanee

### STIMULUS

#### To the Editor:

I understand that Kathy and I are going to get a stimulus check. For the life of me I don't know why. We are both retired and are on social security which pretty much means a fixed income. We haven't been laid off. We don't have a mortgage or car payments. Why are we getting this check? Why are salaried employees whose paychecks haven't been impacted receiving a check? I understand service people and small business owners qualifying. Printing 3 trillion dollars willy nilly is going to make my monopoly cash worth more than the American dollar.

Here's a thought. Why not take this money you didn't earn and, perhaps, don't need and give to those who truly do. Give it to your favorite wait staff who depended on tips for survival. Cash it and give the cash to MARC, CAC or the nursing home near you. Buy medical supplies and donate them. Give the cash to a veteran. Just walk up and say "thank you" and put it in any deserving hand. If you are struggling, keep it, but if not, to quote John Goodson, take the high road.

Kathy and I worked 35 years holding down two full-time jobs and a part-time church job. We're ok. If the government wants to help the Sturgis household, how about help with medical insurance. A disproportionate amount of our monthly income goes to medical/insurance payments. Americans having to decide at the end of the month whether to purchase food or fill their scripts is a testament to a society gone terribly wrong. Help us with that and we can take care of ourselves. We do not need a bandaid.

Gary Sturgis, Sewanee

### COVID-19 COMMUNITY TEAM

#### Dear friends and neighbors,

In a message to the Sewanee community last Saturday, University Vice-Chancellor John McCardell announced the formation of a working team (the Community Team) focused on community integration and support—including providing regular communication. This message includes a few important reminders as part of that effort.

Sewanee has joined communities across the state and the country in following a Safer at Home pro-



## THE SEWANEE MOUNTAIN MESSENGER

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ocol to combat the spread of COVID-19. This directs all Sewanee residents to limit all movement outside of their homes beyond what is absolutely necessary to take care of essential needs. You can find more information about that directive, as well as facilities information, other resources and helpful links, on the [covid19.sewanee.edu](http://covid19.sewanee.edu) website. We must each do our part to reduce the likelihood of spreading within our community the virus that causes COVID-19.

The COVID-19 Community Team has prepared a survey for the Sewanee community to help identify both community volunteers and community needs. Please complete the brief form found here: <[https://docs.google.com/forms/d/1wzNRvkkYxHCovy2ahv79AyIZNX7CbQ\\_4sOLU1t2gs\\_k/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1wzNRvkkYxHCovy2ahv79AyIZNX7CbQ_4sOLU1t2gs_k/viewform?edit_requested=true)>.

If you have a question, submit it via this form, and we will do our best to respond promptly. Commonly asked questions will be integrated into the FAQs, which will be located at <[covid19.sewanee.edu](http://covid19.sewanee.edu)>.

The University and the Community Team encourage every member of the Sewanee community to take care of yourself and one another, following the guidelines from the CDC. Look for another update soon.

Stay well,

*The COVID-19 Community Team, Kiki Beavers, Woody Deutsch, Carey Fulmer, Frank Gladu, Sallie Green, Nicky Hamilton, Eric Hartman, Troy Huffines, Rachel Petropoulos, Kate Reed, Laurie Saxton, and John Solomon*

### Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines. We strive to print all letters we receive, but publication is not guaranteed. Letters should be factually accurate. Letters that are deemed unsuitable for publication shall not be printed elsewhere in the newspaper, including as a paid advertisement.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at P.O. Box 296, Sewanee, TN 37375, or send your email to <[news@sewaneeemessenger.com](mailto:news@sewaneeemessenger.com)>. —KB

## SERVING WHERE CALLED

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Blaze Cassidy Barry  
James Gregory Cowan  
Mark Gallagher  
Nathaniel P. Gallagher  
Peter Green  
Zachary Green  
Steven Tyler Jeffery  
Cheyenne N. Kelly  
Gabriel Lloyd  
Forrest McBee  
Andrew Midgett  
Jose D. Ramirez III  
Troy (Nick) Sepulveda  
Zachary Sherrill  
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Louise Irwin, 598-5864.

## MESSENGER CONTACTS

Phone: (931) 598-9949

**News and Calendar**  
Tuesday, 5 p.m.  
Kiki Beavers

[news@sewaneeemessenger.com](mailto:news@sewaneeemessenger.com)

**Sports**  
Tuesday, 5 p.m.  
[sports@sewaneeemessenger.com](mailto:sports@sewaneeemessenger.com)

**Display Advertising**  
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**Classified Advertising**  
Wednesday, noon  
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[classifieds@sewaneeemessenger.com](mailto:classifieds@sewaneeemessenger.com)

## MESSENGER HOURS

Monday, Tuesday and Wednesday  
9 a.m.—4 p.m.

Thursday—Production Day  
9 a.m. until pages are completed  
(usually mid-afternoon)

Friday—Circulation Day  
Closed

# Upcoming Meetings

EQB Club

The EQB meetings will be canceled until further notice.

## Rotary Club Meeting

The regular weekly meetings of the Monteagle-Sewanee Rotary Club at the Sewanee Inn have been canceled due to the Corona virus pandemic. Instead, meetings will be held by way of Zoom technology at 8 a.m. on Thursdays. Any non-Rotary members interested in participating should email President John Solomon at <jcsolomon@sewanee.edu>.

## Sewanee Community Council

The next meeting of the Community Council is scheduled for Monday, April 20, 2020, at 7 p.m. Items for the agenda should be submitted to the Provost's office by noon on Wednesday, April 8.

## Village Update Meeting

This month's Village Update session will take place at 10 a.m., Tuesday, April 7. We will hold a virtual town hall meeting on Facebook, com/SewaneeVillageProject. This meeting will focus on the impact of the pandemic in Sewanee. It will provide an opportunity for you to ask questions about Sewanee's response and will cover information pertaining to the continuance of the academic mission of the University and the needs of the Sewanee community.

# Legal Aid Society to Offer Free Legal Advice by Telephone

Legal Aid Society of Middle Tennessee and the Cumberland, Tennessee's largest nonprofit law firm, announced today that it will be offering free legal advice over the phone in the wake of the COVID-19 pandemic.

"This is a challenging time for many in Middle Tennessee who are facing unexpected changes to their lives, such as the sudden loss of a job or overwhelming debts," said DarKenya W. Waller, executive director of Legal Aid Society. "In addition to our regular legal services, which have continued uninterrupted through this period, we are providing a convenient new way for residents to get free, qualified legal advice without having to leave their homes."

Middle Tennessee residents facing a civil legal issue, such as questions about housing and renters' rights, bankruptcy, medical bills, debt collection, domestic violence, applying for SNAP benefits and applying for unemployment benefits can call a dedicated phone number during any of the following times:

- Thursday, April 9, 2020, 3-4:30 p.m. (call 1-800-238-1443)
- Saturday, April 11, 2020, 8:30-11 a.m. (call 1-800-238-1443)
- Tuesday, April 14, 2020, 4:30-6:30 p.m. (call 1-800-238-1443)
- Saturday, April 18, 2020, 8:30-11 a.m. (call 1-800-238-1443)
- Tuesday, April 21, 2020, 4-6 p.m. (call 1-800-238-1443)
- Thursday, April 23, 2020, 3-4:30 p.m. (call 1-800-238-1443)
- Saturday, April 25, 2020, 8:30-11 a.m. (call 1-800-238-1443)
- Monday, April 27, 2020, 4-6:30 p.m. (call 1-800-238-1443)

Additional times will be open to veterans only, through a partnership with Operation Stand Down, on April 1, 8, 15, 22 and 29 from 11 a.m. to 1 p.m. (Call 1-800-238-1443.)

After a short eligibility screening, callers will receive a call from a volunteer attorney within 30 minutes who will be able to offer assistance for their specific questions.

Attorneys interested in signing up for the clinics can contact Kendra Cheek at Legal Aid Society with the times they are available (kcheek@las.org), the types of cases about which they feel comfortable providing counsel and the phone number at which clinic patrons can reach them. Additionally, attorneys can visit Legal Aid Society's Pro Bono Matters website (las.org/volunteer/pro-bono-matters) at any time to find Middle Tennesseans in need of a volunteer attorney.

The Legal Aid Society staff is currently working remotely and is also available to accept client calls Mondays through Fridays from 8 a.m. to 4:30 p.m.

For more information, call Legal Aid Society of Middle Tennessee and the Cumberland at 615-244-6610 or visit <www.las.org>.

# Assessment Sites Open in Southeast Tennessee

The TN Department of Health has COVID-19 assessment sites available across the southeast region.

Following the CDC testing guidelines, patients with fever, cough, shortness of breath, travel to impacted areas, or contact with a known case **should consult their private provider first** and then call any of these health departments. If, after a phone assessment, testing is found to be appropriate arrangements will then be made.

The Department of Health can test at any county health department should individuals have trouble getting to one of the sites below. Residents are, however, encouraged to utilize these larger sites. They have the most test kits, personnel, and protective equipment.

Bradley County Health Department  
201 Dooley Street  
Cleveland, TN 37311  
(423) 728-7020  
Franklin County Health Department

266 Joyce Lane  
Winchester, TN 37398  
(931) 967-3826  
McMinn County Health Department

393 County Road 554  
Athens, TN 37303  
(423) 745-7431  
Rhea County Health Department

344 Eagle Lane  
Evansville, TN 37332  
(423) 775-7819  
Sequatchie County Health Department

16939 Rankin Avenue  
Dunlap, TN 37327  
(423) 949-3619

# WiFi Hotspots Available

The following locations have complimentary WiFi hotspots (open 24/7) for all area residents:

Ben Lomand Connect's Technology Centers located at 2721 Gnat Hill Road (Pocahontas Community) and 3375 Jump Off Road (Sewanee)

Ben Lomand Connect's McMinnville Corporate Office (lower parking lot) at 311 N. Chancery Street

Go to <https://benlomandconnect.com/covid-19-health-safety-response/>

# SVEConnect Offers Free WiFi Hotspots

Families and individuals are facing great challenges as growing numbers of people are forced to work and attend school from home. As a result of these efforts to increase social distancing during the Coronavirus (COVID-19) pandemic, the need for high-speed internet has never been greater. To help families through this difficult time, SVEConnect will temporarily deploy free WiFi hotspots at several locations throughout Marion County. The service will be available daily from 6 a.m. until 10 p.m. while the pandemic is ongoing. The sites will offer high-quality wireless signals utilizing SVEConnect's high-speed fiber network. Individuals parked near the hotspot will be able to connect to the service.

The hotspot sites are:

South Pittsburg: SVEConnect WiFi trailer parked in gravel parking lot next to Dollar General on Cedar Avenue

New Hope: Fire station at 2615 Highway 156, New Hope

Kimball: Chattanooga State at 2100 Main Street, Kimball

Jasper: Marion County High School, between school and football field.

Powell's Crossroads: Fire station at 138 Alvin York Highway, Powell's Crossroads

Whitwell: Christian Worship Center at 208 East Spring Street, Whitwell.

In order to access the WiFi service, look for the Wireless SSID named "Student" and choose "connect". This service will work with laptops, tablets, cell phones and other WiFi enabled devices. The free WiFi hotspots are available to SVEC members.

Users of these temporary sites are to be respectful of the areas surrounding the hotspots, as these organizations have been generous in offering their premises for this purpose. Please do not block fire station doors, refrain from depositing trash, creating a noise disturbance or any other activities that might infringe on others' use of the service. Please do not try to enter the premises at any of these locations. The WiFi hotspots are only available in the parking lot at each location.

For more information call SVEConnect technical support, available 24/7 at (423) 837-8605.




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## Church News

**Christ Church Monteagle** has a Facebook page, and this is only one way that we are trying to encourage people through this period of "Shelter in Place." Palms will be available at the entrance to the church, and at the Sunday School entrance for those who have trouble getting out of their cars. Some literature about Palm Sunday and Holy Week will also be available.

**Christ the King Anglican Church**, 1241 Cumberland St., in Decherd will have Facebook live videos for the following services during Holy Week: Palm Sunday at 9 a.m., Maundy Thursday at 6:30 p.m., Good Friday at 6:30 p.m. and Easter morning at 9 a.m.

**Good Shepherd Catholic Church** and **St. Margaret Mary Catholic Church** have canceled all church services and activities for this week through April 24.

**Morton Memorial UMC** has announced the suspension of all activities on the MMUMC campus through the end of the month. We will rely on technology to keep us together and sermons will be available online. We may offer more resources there. Our website address is <www.mortonmemorialumc.com>. We also have a Facebook page and we will work to keep everyone informed.

**The Mountain of God Tabernacle**, 331 King St., Monteagle, offers online worship services via Zoom. For info call 931-924-5339 or go online to <www.WildfireOnTheMountain.com>.

This Sunday's worship service will be available on the **Otey Memorial Parish** Facebook page and YouTube channel at 8:30 a.m. and will remain available afterward. Neither worship nor classes will be conducted in person until further notice.

"Each Other's Keeper: The Church Responds to Violence" is Otey's noon Lenten study. It is now taking place on Zoom only: <https://zoom.us/j/143863223>.

This Lent we invite people to read "The History of Love" by Nicole Krauss and/or "Songs My Grandma Sang" by Presiding Bishop Michael Curry. Otey will offer facilitated discussions of each book later in Lent.

**St. James** is suspending public worship until further notice.

Services for the **Unitarian Universalist Church** of Tullahoma and the Tullahoma Sangha will be canceled until the first week of May due to the coronavirus. Visit <Tullahomauu.org> for more information.

## Obituaries

### Joe Lewis Davis

Joe Lewis Davis, age 94 of Cowan, died on March 17, 2020, at his home. He was born on July 2, 1925, in Sewanee, to William Arthur and Perry Viola Morgan. He was employed for many years as a heavy equipment operator at Marquette Cement. He was a member of Greenhaw Baptist church, and was the church organist. He was preceded in death by his parents; children, Mary Ann Prince and Jimmy Ray Davis Sr.; the mother of his children, Margaret Davis; grandson Scotty Davis; and sister, Jean Swafford.

He is survived by his brother, Zeke (Linda) Davis of Cowan; 11 grandchildren, many great- and great-great-grandchildren, and best friend, Morgan Smith of Winchester.

Funeral services were on March 20, 2020 with the Rev. John Gipson officiating. Interment followed in Franklin Memorial Gardens. For complete obituary go to <www.moorecortner.com>.

### James Ronald Larkin

James Ronald (Ron, J.R.) Larkin, age 75, died on March 28, 2020 at Crestwood Medical Center in Huntsville. He was born on Dec. 27, 1944, in Lexie Crossroads, Tenn., to Lemuel Augustus (Gus) Larkin and Ruth Hall Larkin. He spent most of his childhood in Franklin County. He attended the University of the South, (C'66) graduating with degrees in Economics and English. He joined the U. S. Army Reserve, subsequently working for the Department of Defense at Redstone Arsenal, Ala. He was a graduate of the DoD Rhodes Scholar Program, and spent most of his 42-year government career working for the U. S. Army Corps of Engineers as a Contracting Officer in charge of Worldwide Hospital Construction and Refurbishment, receiving numerous commendations from the U.S. Office of the Surgeon General; he also mentored many young people in their Government careers. He retired in January 2007. He was preceded in death by his parents; and brother Nelson.

He is survived by brothers John and William T., both of Winchester; sister, Betty (Ken) Wood of Rossville, Ga.; special lifelong friends Margaret and Gary Watson of Huntsville, Ala.; and several nieces and nephews.

Graveside funeral services were on March 30, 2020, at Franklin Memorial Gardens. For complete obituary go to <www.moorecortner.com>.

### Barbara Ann Mooney Pendleton

Barbara Ann "Bobbie" Mooney Pendleton, age 72 of Winchester, died on March 28, 2020, at her home. She was born October 3, 1947, in Sewanee, to John Albert and Dorothy Mae Bohanan Mooney. She was employed as a machine operator, and was a member of Cowan First Baptist Church. She was preceded in death by her parents; sons Danny Smith and Jimmy Wayne Smith Jr.; sister Erma Little; and brother, Billy Bohanan.

She is survived by her husband of 31 years, Tommy Pendleton of Winchester; sons Billy (Pam) Smith and Troy Smith; daughter, Tina (Richard) Gee; step-son, Wayne Pendleton, all of Winchester; sister Jean (Jimmy) Gipson, nine grandchildren, and 10 great-grandchildren.

Graveside Services were on March 29, 2020, at Cowan Montgomery Cemetery with the Rev. L. Z. Johnson officiating. For complete obituary go to <www.moorecortner.com>.

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## Church Calendar

### All Saints' Chapel

(services canceled until further notice)

8 a.m. Holy Eucharist, Sunday  
8:30 a.m. Morning Prayer, Monday–Friday  
12:25 p.m. Daily Lenten Eucharist, St. Augustine's  
4 p.m. Evening Prayer, Monday–Friday

(Regular schedule of daily services will remain suspended until further notice)

### Bible Baptist Church, Monteagle

10 a.m. Worship Service, Sunday  
5:30 p.m. Evening Service, Sunday  
5:30 p.m. Evening Worship, Wednesday

### Chapman Chapel Church of the Nazarene, Pelham

9:30 a.m. Sunday School, Sunday  
10:45 a.m. Morning Worship, Sunday  
6 p.m. Evening Worship, Sunday  
7 p.m. Bible study, Wednesday

### Christ Church, Monteagle

(canceled until further notice)

10:45 a.m. Holy Eucharist, Sunday  
noon Holy Eucharist, Wednesday

### Christ Episcopal Church, Alto

(services canceled until further notice)

10 a.m. Stations of the Cross, Sundays in Lent

### Christ Episcopal Church, Tracy City

(services canceled until further notice)

10 a.m. Adult Bible Study, Sunday  
11 a.m. Holy Eucharist (child care provided), Sunday

### Christ the King Anglican Church, Decherd

(services available on CtK's FB page)

9 a.m. Sunday Service, Sunday  
11 a.m. Bible Study, Wednesday  
6:30 p.m. Bible Study, Wednesday

### Cowan Fellowship Church

10 a.m. Sunday School, Sunday  
11 a.m. Worship Service, Sunday

### Cumberland Presbyterian Church, Cowan

10 a.m. Sunday School, Sunday  
11 a.m. Worship, Sunday

### Cumberland Presbyterian Church, Monteagle

9:30 a.m. Bible Study, Sunday  
11 a.m. Worship Service, Sunday

### Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service, Sunday  
10 a.m. Sunday School, Sunday

### Decherd United Methodist Church

9:45 a.m. Sunday School, Sunday  
10:50 a.m. Worship Service, Sunday

### Epiphany Mission Church, Sherwood

(services canceled until further notice)

10:30 a.m. Holy Eucharist, Sunday

### First Baptist Church, Cowan

9:15 a.m. Sunday School, Sunday  
10:25 a.m. Worship, Sunday

6 p.m. Worship, Sunday

### Good Shepherd Catholic Church, Decherd

(all masses/gatherings canceled through April 24)

10 a.m. Mass, Sunday  
2 p.m. Spanish Mass, Sunday  
9 a.m. Communion, Monday, Wednesday  
9 a.m. Mass, Tuesday, Thursday, Friday  
7 p.m. Spanish Mass, Thursday  
4 p.m. Confession, Saturday  
5 p.m. Mass, Saturday

### Grace Fellowship Church

10:30 a.m. Sunday School/Worship Service, Sunday

### Harrison Chapel Methodist Church

10 a.m. Sunday School, Sunday  
11 a.m. Worship Service, Sunday  
5 p.m. Worship Service, Sunday  
7 p.m. Worship Service, Wednesday

### Hobbs Hill Community Church, Tracy City

(will hold services until further notice)

10 a.m. Sunday School, Sunday  
11 a.m. Morning Service, Sunday  
5 p.m. Evening Service, Sunday  
6 p.m. Evening Service, Wednesday

### Midway Baptist Church

9:45 a.m. Sunday School, Sunday  
10:45 a.m. Morning Service, Sunday

6 p.m. Evening Service, Sunday  
6 p.m. Bible Study, Wednesday

### Midway Church of Christ

10 a.m. Bible Study, Sunday  
11 a.m. Morning Service, Sunday  
6 p.m. Evening Service, Sunday

### Monteagle Church of Christ

11 a.m. Morning Service, Sunday  
6 p.m. Bible Study, Wednesday

### Monteagle First Baptist Church

10 a.m. Sunday School, Sunday  
11 a.m. Worship Service, Sunday  
5 p.m. Kids Church, Wednesday

5:45 p.m. Youth Group, Wednesday  
6 p.m. Bible Study, Wednesday

### Monteagle Seventh-Day Adventist

11 a.m. Worship, Saturday

### Morton Memorial United Methodist, Monteagle

(all services/meetings canceled until further notice)

9:30 a.m. Book discussion, Wesley House, Sunday  
9:45 a.m. Sunday School, Sunday  
11 a.m. Worship Service, Sunday  
5:15 p.m. Wednesday Suppers, Wednesday  
6 p.m. Bible Study, Wednesday

### Mountain of God Tabernacle, Monteagle

(online worship services via Zoom. Info: call (931)924-5339 or go online, <www.WildfireOnTheMountain.com>)

11 a.m. Worship Service, Sunday

### New Beginnings Church, Monteagle

10:45 a.m. Worship Service, Sunday  
5 p.m. Worship Service, Sunday

### New Beginnings Church, Pelham

9:45 a.m. Worship Service, Sunday

### New Creations Ministries

4 p.m. Prayer Meeting, Sunday

### New Hope Church of God in Christ, Cowan

11 a.m. Sunday Service, Sunday

6 p.m. Sunday Service, Sunday

### Otey Memorial Parish Church

(FB online services until further notice)

8:30 a.m. Holy Eucharist, Sunday  
9:45 a.m. Christian Formation, Sunday  
11 a.m. Holy Eucharist, Sunday

7:30 a.m. Morning Prayer, Monday–Friday  
4:30 p.m. Evening Prayer, Monday–Friday

7 p.m. Centering Prayer, Monday  
noon Lenten Series, Tuesday during Lent

### Pelham United Methodist Church

(services canceled until further notice)

9:45 a.m. Sunday School, Sunday  
11 a.m. Worship Service, Sunday

### St. Agnes' Episcopal Church, Cowan

(services canceled until further notice)

10 a.m. Sunday School, Sunday  
11 a.m. Holy Eucharist, Sunday

### St. James Episcopal Church

(services canceled until further notice)

9 a.m. Holy Eucharist, Sunday  
10:30 a.m. Adult Education, Sundays in Lent

### St. Margaret Mary Catholic Church, Alto

(all masses/gatherings canceled through April 24)

8 a.m. Mass, Sunday

### Sewanee Church of God

10 a.m. Sunday School, Sunday  
11 a.m. Morning Service, Sunday

6 p.m. Evening Service, Sunday

### Sisters of St. Mary's Convent

(Convent and Chapel closed until further notice)

8 a.m. Holy Eucharist, Sunday  
5 p.m. Evensong, Sunday

7 a.m. Morning Prayer, Tuesday–Friday  
7:30 a.m. Eucharist, Tuesday–Friday

noon Stations of the Cross, Friday  
5 p.m. Evening Prayer, Tuesday–Sunday

7:45 p.m. Compline, Tuesday–Friday  
7:30 a.m. Morning Prayer, Saturday

8 a.m. Eucharist, Saturday

### St. Mary's Sewanee

(all activities canceled until further notice)

3:30 p.m. Centering Prayer, Tuesday  
4 p.m. Centering Prayer, McRae Room,

Wednesday

### Tracy City First Baptist Church

(services canceled until further notice)

9:45 a.m. Sunday School, Sunday  
10:45 a.m. Morning Worship, Sunday

6 p.m. Evening Worship, Sunday  
6:30 p.m. Gospel Project for Children, Wednesday

6:30 p.m. Youth, Wednesday

7 p.m. Adult Bible Study, Wednesday

### Tracy City First United Methodist

(services canceled until further notice)

8:30 a.m. Early Service, Sunday  
9:45 a.m. Sunday School, Sunday

11 a.m. Morning Worship, Sunday  
6 p.m. Evening Bible Study, Sunday

5:30 p.m. Youth Fellowship, Wednesday

### Trinity Episcopal Church, Winchester

(services canceled until further notice)

9:15 a.m. Adult Forum, Sunday  
10:30 a.m. Holy Eucharist, Sunday

### United Pentecostal, Monteagle

10 a.m. Sunday School, Sunday  
11 a.m. Worship, Sunday

7 p.m. Worship, Wednesday

### Unitarian Universalist, Tullahoma

(services canceled until May)

10 a.m. Service, Sunday  
6 p.m. Tullahoma Sangha, Wednesday

If you wish to update info on your services please call (931) 598-9949

## Food Safety (from page 1)

are quarantined for exposure for up to 14 days. Financial assistance is available through the Employee Relief Fund. <<https://www.cvs.com>>.

### Kroger Corporate Policy

Kroger provides disinfectant wipes at store entrances so customers can sanitize their shopping carts or baskets, as well as hand sanitizer at cashier stations and food service counters. Kroger employees wipe down shopping carts and baskets, clean commonly used areas more frequently, and clean and restock restrooms more frequently. Kroger is asking their employees to stay home if they are sick or someone in their household is sick and is providing financial assistance to employees through their employee assistance fund. Kroger allows paid time off for employees diagnosed with COVID-19. Hand sanitizer and disinfectant wipes are provided in all break rooms and meeting rooms.

The Decherd Kroger offers curbside pickup, delivery, and shipping. The store has exclusive shopping hours for seniors (60 and over) 7 a.m. to 8 a.m., Monday through Thursday.

To ensure essential products are available, Kroger is limiting the number of cold, flu, and sanitary items customers may buy. <[www.kroger.com](http://www.kroger.com)>.

### Mooney's Market and Emporium

Mooney's is offering curbside pickup and delivery, payment by cash or check preferred. Customers should phone in their order. "We haven't locked the door at this point," said owner Joan Thomas. However, to safeguard customers and staff, only two customers are allowed in the store at one time. (931) 924-7400.

### Rooted Here/South Cumberland Farmers Market

The online farmers market offers Tuesday delivery and curbside pickup at the Sewanee Community Center. No one has contact with the customers' food except the farmer who produced it and the SCFM sorters and packers. "We care about our customers and their wellbeing and are going above and beyond to ensure safe handling of product," said President Matt Sparacio. Sorters and packers wear masks and disinfected long-sleeved shirts. Only sorters and packer are allowed inside the building. Farmers check-in one at a time outside and remain in their vehicles until it is their turn. All volunteers observe strict hand washing procedures. The two teams of volunteers alternate weeks so if a volunteer on one team gets sick, the other team members can take two weeks off. <[www.sewanee.locallygrown.net](http://www.sewanee.locallygrown.net)>.

### Piggly Wiggly (Monteagle)

The Monteagle Piggly Wiggly employees wear gloves. The store is sanitized several times a day and more thoroughly at night. This includes wiping down all the handles and spraying the buggies with disinfectant. Disinfectant wipes are available at the door. The store will be open 7:30-8:30 a.m. for seniors and people with compromised immune systems only.

### Sewanee Senior Citizens' Center

Sewanee Senior Citizens' Center has canceled "eat in" meals. Meals can be picked up at the side door from 11:30 a.m. to noon. Payment should be deposited in the box. Those on the meal delivery schedule will continue to receive delivered meals.

### From Mike's Pharmacy, Tracy City

Our current policies are working great to minimize the risk to our patients and employees. Our curbside pick up is flowing very smoothly and safely since we are able to handle at least two patients at a time. We have an employee stationed outside to take your complete order including any other items you need as well or to bring your medication out to you.

To minimize risk of transmission from your prescriptions, see if your doctor can send them in electronically. You can still come into the store to drop off your prescriptions. For the safety of everyone we ask that you wait outside while we fill your medication. Then simply come back into the store to pick them up. Our store is still setup

under CDC guidelines with our chairs 6 feet apart. Remember you will not have to touch anything in the store to complete your transaction. We are continuing to check all employees' temperature to ensure safety to our customers.

Remember our new text in your refill feature. Our text number is (931) 236-2338. Please save this number in your phones. It is a 2-Way texting feature.

Mike's Pharmacy is continuing to update features to keep our residents safe. We will continue to develop any and all safety features we can.

## Sewanee (from page 1)

homes beyond what is absolutely necessary to take care of essential needs. Governor Lee has now issued an executive order implementing safer at home guidelines in every Tennessee county, effective March 31. The order urges Tennesseans who are in non-essential roles to remain at home. We must each do our part to reduce the likelihood of spreading within our community the virus that causes COVID-19.

Thank you to everyone in the community for your support. Take care.

*The COVID-19  
Community Team*

## Delivery (from page 1)

hands. Soap and water can kill the coronavirus by destroying its outer barrier.

Walker added that maintaining our wellbeing should not just stop at the physical — efforts should also be made to promote mental health and cope with anxiety and uncertainty.

"We understand this situation is stressful, and everyone reacts differently to stressful situations. Sharing and learning the facts about COVID-19 and the actions we can all take to reduce our risk can make this outbreak less stressful. Knowing you are not helpless can be empowering and help reduce anxiety as well," Walker said. "We urge people to get their information from credible sources, including the Tennessee Department of Health, the governor's office and the Centers for Disease Control and Prevention."

If you think you may have been exposed to the coronavirus, contact your doctor and self-isolate. You should get help immediately if you have trouble breathing, persistent chest pain or pressure, new confusion or bluish lips or face, according to the CDC.

To stay up-to-date, visit the department of health's COVID-19 page at <<https://www.tn.gov/health/cedep/ncov.html>>.

More tips at <<https://www.cdc.gov/foodsafety/communication/food-safety-meal-kits.html>>.

## F@H Delivery News

The Folks at Home/Community Collaborative is available to help any elder or high risk member of the community with grocery orders and/or Monday and Thursday deliveries to your doorstep. Please contact Folks at Home, (931) 598-0303 or <[folksathomesewanee@gmail.com](mailto:folksathomesewanee@gmail.com)>.



Lights on at the Sewanee ballfield! Photo by Amanda Knight



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3. We will avoid shaking hands, hugging or sharing food and drinks. :(
4. All team members will wipe down shared tools, steering wheel, knobs, switches, ipads and cell phones several times a day with sanitizing wipes.
5. Gloves and or hand sanitizer are to be used when pumping gas.
6. We will avoid crowds, and try to maintain a distance of 6' from our colleagues as we work.

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**Mahatma Gandhi**

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MLS 2112396 - 1020 Sherwood Rd., Sewanee. \$192,000



MLS 2133351 - 112 Maple St., Sewanee. \$223,000



BLUFF - MLS 2063145 - 185 Turning Point Ln., Sewanee. 12+acres. \$698,000



BLUFF - MLS 1923054 - 1833 Laurel Lake Dr., Monteagle. \$429,000



MLS 2116520 - 394 Dykes Hollow Rd. 10+/- acres. \$250,000



MLS 1983502 - 174 Carpenter Cir., Sewanee. \$460,000



MLS 2101257 - 149 Gudger Rd., Sewanee. 5 acres. \$269,000



MLS 2115779 - 375 Caldwell Rd., Sewanee. 4 acres. \$264,500



MLS 2111402 - 15344 Sollace Freeman Hwy., Sewanee. 3 acres. \$297,000

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Roarks Cove Rd. E, 15+ ac	2136490	\$42,500
Roarks Cove Rd. E, 17+ ac	2136512	\$32,500
Bear Ct., .51 ac, #18	2130056	\$29,000
Bear Ct., .5 ac, #19	2130059	\$29,000
Bear Ct., .58 ac, #20	2130058	\$29,000
13 Browbend Dr., 1.9ac	2130040	\$54,000
14 Browbend Dr., 1.5 ac	2130051	\$54,000
8 Jackson Pt. Rd. 5 ac	2115740	\$36,000
1159 Sassafras Ct., 5.27 ac	2072615	\$59,000
57 Edgewater Ct. Win.	2062210	\$28,900
Lake Lot, Gordy's Rift	2090148	\$76,000
0 Gipson, PENDING ac	2089624	\$499,500
<i>Will divide into tracts, 15 acres +</i>		

BLUFF TRACTS		
9 Jackson Pt. Rd. 12.66 ac	2105112	\$159,000
0 Partin Falls Rd.	2094774	\$64,500
36 Long View Ln. 2.57 ac	2073074	\$75,000
1639 Jackson Pt. Rd. 17+ ac	2066610	\$69,000
2 Jackson Pt. Rd. 8.63 ac	2014037	\$88,000
16 Laurel Lake Dr.	1989467	\$97,500
14 Jackson Pt. Rd 18.6 ac	1803643	\$129,500
3 Horseshoe Ln. 5.6 ac	1608010	\$60,000
15 Saddletree Ln. 6.12 ac	1978549	\$68,000



MLS 2024156 - 1573 Carter Rd., Decherd. \$225,500



BLUFF - MLS 1974844 - 1613 Laurel Lake Dr., Monteagle. 5.3 acres. \$445,000

## Priestley (from page 1)

with his partner, Andrea, and year-and-a-half old daughter, Lily. And since SAS switched to distance learning due to COVID-19, he can do the job from anywhere. The seven-hour time difference makes his work schedule challenging, 1 p.m. to 9 p.m., but Priestley stressed, “the students are all doing their best and working really hard.”

In Sewanee, Priestley lives with his parents Mary and Mac Priestley. Priestley previously taught four years at an American school in Slovakia and plans to move there permanently this summer and resume teaching at the same school.

Commenting on the Slovakian people’s response to the virus, Priestley said, “The feeling is we’re responsible and the only ones who can do something about this. The government is doing a good job of conveying the message ‘it’s a collective responsibility’ and doing it without being upsetting.”

“Inexpensive handmade face masks are readily available,” Priestley said, “and everyone wears one, even the prime minister and news reporters on TV. Facebook posts offer homemade soup. People mostly stay at home, and when they go out, politely keep their distance from one another.”

Asked how people were managing financially, Priestley said, “There’s a robust social safety net. And I’m amazed by how much people save and how little they need to get by. It’s part of the culture.”

“There’s this streak in Americans that says, ‘I’m going to live my life the way I was going to live it anyway, counter to what’s needed,’” Priestley observed.

The earliest return flight Priestley could get is April 19. That’s assuming the flight isn’t canceled and the situation at the Austrian border doesn’t get stricter. “There could be a forced quarantine to enter the country,” Priestley acknowledged. “But I’m pleased with where I am. If I have to be stuck in a foreign country, I’m glad it’s here.”



Sewanee resident Sally Hubbard is pictured sewing face masks. As of today, Sally has sewn 48 masks, which have been distributed to Folks at Home (members and volunteer drivers), Sewanee Pediatrics and family members. More volunteers are needed. Go to <<https://www.deaconess.com/How-to-make-a-Face-Mask>> and watch the video at the end to learn how to make face masks. Donations are also needed and may be dropped off at 220 Kirby-Smith Rd., Sewanee, in the carport. Items needed are clean cotton fabric, elastic or seam binding, scissors and thread, or sewing machines.

**The Statewide Safe at Home Order provides for the continuation of essential businesses throughout every county. Information regarding essential businesses is available <<https://publications.tnsosfiles.com/pub/execorders/exec-orders-lee22.pdf>>**

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## Economic Impact Payments

*Check IRS.gov for the latest information: No action needed by most people at this time*

The Treasury Department and the Internal Revenue Service today announced that distribution of economic impact payments will begin in the next three weeks and will be distributed automatically, with no action required for most people. However, some seniors and others who typically do not file returns will need to submit a simple tax return to receive the stimulus payment.

*Who is eligible for the economic impact payment?*

Tax filers with adjusted gross income up to \$75,000 for individuals and up to \$150,000 for married couples filing joint returns will receive the full payment. For filers with income above those amounts, the payment amount is reduced by \$5 for each \$100 above the \$75,000/\$150,000 thresholds. Single filers with income exceeding \$99,000 and \$198,000 for joint filers with no children are not eligible.

Eligible taxpayers who filed tax returns for either 2019 or 2018 will automatically receive an economic impact payment of up to \$1,200 for individuals or \$2,400 for married couples. Parents also receive \$500 for each qualifying child.

*How will the IRS know where to send my payment?*

The vast majority of people do not need to take any action. The IRS will calculate and automatically send the economic impact payment to those eligible.

For people who have already filed their 2019 tax returns, the IRS will use this information to calculate the payment amount. For those who have not yet filed their return for 2019, the IRS will use information from their 2018 tax filing to calculate the payment. The economic impact payment will be deposited directly into the same banking account reflected on the return filed.

*The IRS does not have my direct deposit information. What can I do?*

In the coming weeks, Treasury plans to develop a web-based portal for individuals to provide their banking information to the IRS online, so that individuals can receive payments immediately as opposed to checks in the mail.

*I am not typically required to file a tax return. Can I still receive my payment?*

Yes. People who typically do not file a tax return will need to file a simple tax return to receive

an economic impact payment. Low-income taxpayers, senior citizens, Social Security recipients, some veterans and individuals with disabilities who are otherwise not required to file a tax return will not owe tax.

*How can I file the tax return needed to receive my economic impact payment?*

IRS.gov/coronavirus will soon provide information instructing people in these groups on how to file a 2019 tax return with simple, but necessary, information including their filing status, number of dependents and direct deposit bank account information.

*I have not filed my tax return for 2018 or 2019. Can I still receive an economic impact payment?*

Yes. The IRS urges anyone with a tax filing obligation who has not yet filed a tax return for 2018 or 2019 to file as soon as they can to receive an economic impact payment. Taxpayers should include direct deposit banking information on the return.

*I need to file a tax return. How long are the economic impact payments available?*

For those concerned about visiting a tax professional or local community organization in person to get help with a tax return, these economic impact payments will be available throughout the rest of 2020.

*Where can I get more information?*

The IRS will post all key information on IRS.gov/coronavirus as soon as it becomes available.

The IRS has a reduced staff in many of its offices but remains committed to helping eligible individuals receive their payments expeditiously. Check for updated information on <[IRS.gov/coronavirus](https://www.irs.gov/coronavirus)> rather than calling IRS assistants who are helping process 2019 returns.

## Federal Income Tax Deadline Extended

The Treasury Department and Internal Revenue Service announced today that the federal income tax filing due date is automatically extended from April 15, 2020, to July 15, 2020. Go to <<https://www.irs.gov/newsroom/tax-day-now-july-15-treasury-irs-extend-filing-deadline-and-federal-tax-payments-regardless-of-amount-owed>>.

Taxpayers can also defer federal income tax payments due on April 15, 2020, to July 15, 2020, without penalties and interest, regardless of the amount owed. This deferral applies to all taxpayers, including individuals, trusts and estates, corporations and other non-corporate tax filers as well as those who pay self-employment tax.

Taxpayers do not need to file any additional forms or call the IRS to qualify for this automatic federal tax filing and payment relief. Individual taxpayers who need additional time to file beyond the July 15 deadline, can request a filing extension by filing Form 4868 through their tax professional, tax software or using the Free File link on IRS.gov. Businesses who need additional time must file Form 7004.

The IRS urges taxpayers who are due a refund to file as soon as possible. Most tax refunds are still being issued within 21 days.

The IRS will continue to monitor issues related to the COVID-19 virus, and updated information will be posted on a special coronavirus page on <[IRS.gov](https://www.irs.gov)>.



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## COVID-19 Bulletin #10

Governor Bill Lee provided an update on Tennessee's efforts regarding COVID-19 relief. Go to <<https://www.tn.gov/governor/covid-19/covid-19-daily-bulletin.html>>.

### National Child Abuse Prevention Month

April is Child Abuse Prevention Month, and all Tennesseans are encouraged to be vigilant during this time of seclusion and social distancing and to call the Child Abuse Hotline (1-877-237-0004) if they suspect any incidents of child abuse or neglect. Reports can also be made online at [tn.gov/dcs](http://tn.gov/dcs) or by using the MyTN app.

The Child Abuse Hotline continues to operate and has never been down during this crisis. The Department of Children's Services hotline staff continue to follow the same protocols to ensure all reports of child abuse and neglect are screened and investigated. Child Protective Services investigators are continuing to conduct in-person visits as well.

### Personal Protective Equipment Procurement

Unified Command Group has made significant gains in Tennessee's efforts to secure personal protective equipment for health care workers and critical personnel across the state. More than 18,000,000 PPE items totaling over \$45 million have been acquired.

Each of Tennessee's 95 counties has received a shipment of PPE from Unified Command, with the vast majority of supplies continuing to be delivered to rural areas with Unified Command reporting 80-90 percent of supplies.

Tennessee has also reached a critical threshold with the creation of face shields through 3D printing efforts at higher education institutions – 10,000 face shields have been produced thus far with more on the way.

### Surge Planning

Unified Command has worked with the Army Corps of Engineers to ensure Tennessee has thousands of additional hospital beds available should our health care institutions become overwhelmed by a surge in hospitalizations. These back up plans are actively being assessed in major cities in partnership with the Army Corps of Engineers and hospitals.

The state is also placing an urgent call to health care workers who are currently displaced or furloughed. Unified Command is launching a website for those individuals to sign up and be a part of our surge planning. Health care workers of all levels are encouraged to engage.

### Administration Actions

Medicaid 1135 Waiver

TennCare has received approval for a 1135 waiver request to address any potential strain on Tennessee's health care safety net and care for the uninsured.

With this waiver, Tennessee will gain several flexibilities targeted toward providers and designed to ensure sufficient health care services are available through this pandemic. Many of these flexibilities will be implemented immediately, with others implemented if and when needed.

For more information on TennCare actions related to COVID-19 go to <<https://www.tn.gov/tenncare/information-statistics/tenncare-information-about-coronavirus.html>>. For more information on the approval of the 1135 waiver go to <<https://www.tn.gov/content/dam/tn/tenncare/documents/TN1135FlexibilitiesApprovalLetter.pdf>>.



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## Meal Pick Up for School Children

All meals will be picked up and not consumed onsite. These are free meals that will continue until the public schools resume classes at the school.

Franklin County School Nutrition Services will provide an opportunity to pick up lunch and breakfast at a drive-through meal service for children 18 and under. These meals will be available at no cost for anyone 18 and under regardless of what school they attend. No paperwork is required. Children must be present in the vehicle in order for meals to be distributed. Meals will be provided based on the number of children present. This program will be solely for the pickup of meals. Meals will not be consumed on site. We encourage families to continue to be proactive in reducing the risk of COVID-19 by not congregating at the school site and utilizing social distancing once meals have been distributed.

This service will be provided until school reopens, from 10 a.m.–noon at the following locations:

Broadview Elementary – back drive-thru  
Clark Memorial – drive-thru by kitchen  
Cowan Elementary – front drive-thru  
Decherd Elementary – back drive-thru  
Franklin County High School – front drive-thru  
Huntland – back drive-thru  
North Lake Elementary – front drive-thru  
Sewanee Elementary – front drive-thru  
No meals will be distributed at North Middle School, and South Middle School.

Grundy County Schools Grab and Go Meals  
Monday, Tuesday, Thursday 10 a.m.-noon, Drive-thru and curbside pickup

Coalmont Elementary – Coalmont Fire Hall, Planned Parenthood, Sweeton Hill Church  
North Elementary – Beersheba Community Center, Community House of Prayer, Airview Baptist  
Palmer Elementary – Trader's Market, Barkers Cove Church, Palmer Baptist  
Grundy County High School  
Pelham – Chapman's Chapel, Bethel Church  
Swiss Elementary – Gruetli Community Center, Bivens Chapel  
Tracy City Elementary – Monteagle Bus pickup, Grundy Housing Authority, Tram Road Intersection, Plainview Community Center, First United Methodist Church, Hobbs Hill Community Center

Marion County Grab and Go Meals  
Monday-Friday, 9 a.m.–10:30 a.m., March 21-31, drive-thru or pickup at the following schools, Jasper Elementary, Monteagle Elementary, South Pittsburg Elementary, Whitwell Elementary

## DREMC Confirms Relief, Reassures Members

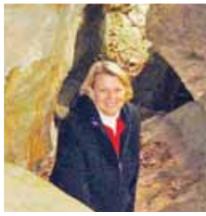
Duck River Electric Membership Corporation stopped disconnections of electric service for non-payment on March 19 in response to the COVID-19 pandemic.

"These actions were taken in recognition of the financial hardship some members may face due to the coronavirus outbreak. We understand electricity is essential for the health and safety of you and your family during these difficult times," said Duck River Electric Membership Corporation President & CEO Scott Spence.

All members will still receive regular monthly electric bills, and payment is appreciated by the due date as Duck River Electric must continue to pay the wholesale power bill for the power consumed. Payment by the regular due date will help keep future rates as low as possible.

"We cannot solve many of today's national or international problems, but we want to do what we can to help you," Spence said. If you have questions, please call our office for more information. Duck River Electric Membership Corporation in Sewanee (931) 598-5228. <<http://www.dremc.com>>.

Updates as they happen are available on the Sewanee Mountain Messenger Facebook page.



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## CARES Act

The Small Business Administration (SBA) and the Department of Treasury have begun releasing the information that will guide the programs created through the Coronavirus Aid, Relief, and Economic Security (CARES) Act.

To stay up to date on the implementation of these programs, please visit the following websites:

SBA <[https://www.sba.gov/page/guidance-businesses-employers-plan-respond-coronavirus-disease-2019-covid-19?utm\\_medium=email&utm\\_source=govdelivery](https://www.sba.gov/page/guidance-businesses-employers-plan-respond-coronavirus-disease-2019-covid-19?utm_medium=email&utm_source=govdelivery)> here you will find information on all COVID-19 related programs that SBA is providing, including the Paycheck Protection Program, Economic Injury Disaster Loans and Emergency Grants, and Small Business Debt Relief.

Department of Treasury <<https://home.treasury.gov/cares>> you will find information on the Paycheck Protection Program, as well as other tax provisions meant to help employers, including non-profits.

To help small business owners and entrepreneurs better understand the new programs that will soon be available to them, we have created a comprehensive guide to many of the small business provisions in the CARES Act that was passed by Congress on March 27. These programs and initiatives are intended to assist business owners with whatever needs they have right now.

While these programs are being implemented, you may continue to use this guide as a source of information about the major programs and initiatives that will soon be available from the SBA and Treasury. Once complete guidance has been announced for all of the programs, we will update the guide to reflect that guidance.

Download the guide <[https://www.sbc.senate.gov/public/\\_cache/files/2/9/29fca7-879a-4de0-97d5-ab0a0cb558c8/1BC9E5AB74965E686FC6EBC019EC358F.the-small-business-owner-s-guide-to-the-cares-act-final.pdf](https://www.sbc.senate.gov/public/_cache/files/2/9/29fca7-879a-4de0-97d5-ab0a0cb558c8/1BC9E5AB74965E686FC6EBC019EC358F.the-small-business-owner-s-guide-to-the-cares-act-final.pdf)>.

## 2020 U.S. Census

The goal of the 2020 Census is a complete and accurate count of everyone living in the United States and its five territories. You should count yourself at the place where you are living and sleeping most of the time as of April 1, 2020 (Census Day).

For more information and to fill out your census online, go to <<https://2020census.gov/en.html>>.



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## SENIOR CENTER NEWS

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Lunch will only be available for takeout. Please call 598-0771 by 9 a.m. to order lunch. Menus follow:

**Monday, April 6:** Barbecue sandwich, slaw, baked beans.

**Tuesday, April 7:** Shepherd's pie, salad, roll, dessert.

**Wednesday, April 8:** Chicken fajita, refried beans, Mexican rice, no dessert.

**Thursday, April 9:** Country-fried steak, creamed spinach, corn salad, roll, dessert.

**Friday, April 10:** Chef salad, crackers, no dessert.

## Local Governments

**Franklin County Convenience Centers** In an abundance of caution we are asking that you bring us your household waste only (kitchen waste basket) during these times of quarantine. Please resist the urge to do spring cleaning and clean out old sheds, out buildings, garages, etc. We are anticipating having a need to hold waste for days at a time if there are interruptions at the landfill or transfer station because of an outbreak of the virus affecting those areas.

**The Convenience Center** in Sewanee for household garbage, trash and recycling is located on Missouri Avenue. Hours are Monday, 1–6 p.m.; Tuesday through Friday, 3–6 p.m.; Saturday, 8 a.m.–4 p.m. Closed Sunday. Closed on national holidays.

**Franklin County Government** is currently closed to all in-person business. You may call

the offices, email, or pay online <<http://www.franklincotn.us>>.

**Grundy County Government** is currently closed to all in-person business. You may call the offices, email, or pay online <<http://www.grundycountyttn.net/>>.

**Marion County Government** is closed to all in-person business. You may call the offices, email, or pay online <<http://marioncountyttn.net>>.

**Monteagle City Hall** is open to drive-thru service only and we are here to answer phones. If anyone needs anything please give us a call. (931) 924-2265.

## Government Info

Centers for Disease and Prevention Control <<https://www.cdc.gov/coronavirus/2019-ncov/index.html>>

Internal Revenue Service <<https://www.irs.gov>>

Tennessee Department of Eco-

nomics & Community Development <<https://www.tn.gov/ecd/rural-development/tennessee-broadband-grant-initiative/tncd-broadband-covid-19-resources>>

Tennessee Department of Labor & Workforce Development for employers <<https://www.tn.gov/workforce/covid-19/employers.html>>

Tennessee Department of Labor & Workforce Development for employees <<https://www.tn.gov/workforce/covid-19/employees.html>>

Tennessee Health Department <<https://www.tn.gov/health/cedep/ncov.html>>

Tennessee Office of the Governor Daily Bulletins <<https://www.tn.gov/governor/covid-19/covid-19-daily-bulletin.html>>

Tennessee Small Business Resources <<https://www.tn.gov/ecd/covid-19-small-business-resources>>

U.S. Census <<https://2020.census.gov>>

U.S. Government Services <<https://www.usa.gov>>

*From the Centers for Diseases Control:* <<https://www.cdc.gov>>.

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use a hand sanitizer that contains at least 60 percent alcohol. Cover all surfaces of your hands and rub them together until they feel dry.

Avoid touching your eyes, nose, and mouth with unwashed hands. Avoid close contact. Avoid close contact with people who are sick.

Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

Stay home if you are sick, except to get medical care. Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.

## Access to Materials from duPont Library

The Jessie Ball duPont Library building is closed to the public, with access limited to employees whose offices are there. The library will offer a weekday pick-up service for library materials requested in advance.

To request library materials from the collection, please email the following information to our circulation staff by noon each day. These items will be available for pickup from 2 p.m. to 4 p.m. the same day. To make a request, email <[reserves@sewanee.edu](mailto:reserves@sewanee.edu)>, or call the circulation staff at (931) 598-1664.

Be sure to include:

The title of the material(s) you want; a call number would be appreciated, but not required.

Your contact information: name, phone number, and email address.

Materials will be checked out to your account by the Circulation staff and then shelved alphabetically by your last name on the book truck. Items will be available for pick up between 2 and 4 p.m. on a book truck on the library's covered front porch. Materials not picked up during that period will be reshelved. If the pick-up time does not work for you, please let us know. We will contact you about an alternative method or time to get materials to you.

Special borrowing policies in place during this period:

You may check out more than the normal number of videos and audiobooks during this time.

Fines will not be assessed for late returns.

You can return library materials 24 hours a day to either of our book drops—on the front porch of duPont Library or at the entrance of the rear parking lot.

We want to remind you about our Overdrive service for easy access to our ebooks and electronic audiobooks. Go to <<https://sewanee.overdrive.com/>> to learn more. You can make recommendations for purchase through this website also.

The library wants to support your reading, watching, and listening needs during this time. Please let us know if you have any questions, and stay safe.



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The accuracy of all information is not guaranteed or warranted and should be independently verified. Each office is independently owned and operated.

## NATURENOTES

by Yolande Gottfried

### Early Spring?

Is spring early this year? Finally, there is a fairly definitive answer. The National Phenology Network's website has maps and tools to compare first leaf and first bloom with data from some 30 years past. According to that, spring is indeed around two weeks early in our area.

Some confirming observations come from **David Rowe**, who reports finding a black morel on March 10, the earliest ever for this seasoned gatherer. He has since found grey and yellow morels. Black morels are often the first true morels to appear in the spring, according to the National Audubon Society Field Guide to Mushrooms. That same guide warns that "Although it is an excellent edible, it may cause stomach upsets, especially if taken with alcoholic beverages. Most wild mushrooms are indigestible; do not eat them raw or in large quantities." Moreover, there are false morels that are poisonous, even fatally so.

A walk in Shakerag Hollow on March 22 yielded a list of around 25 wildflowers in bloom, some of them in outstanding abundance, particularly Star or Giant Chickweed and Spring Beauties. Trout Lilies and Trilliums were especially lovely. Only Bloodroot and Pepper-and-Salt (Harbinger-of-Spring) were past blooming. And there is much more to come—Wild Geranium, Purple Phacelia, Solomon's Seal and Sulcate Trillium, just to name a few.

**Tommy Hewitt** reported his first hummingbird on March 27.



Trillium photo by Sandy Gilliam

## COVID-19 and TN State Parks

Tennessee State Parks, in an effort to flatten the curve of COVID-19 while continuing to serve Tennesseans, is joining the CDC and the Tennessee Department of Health by encouraging residents not to travel, but to visit only their nearby parks. The park system is also announcing a series of operational changes.

### Adjusted Hours for All State Parks

Tennessee State Parks are transitioning to daytime schedules for all 56 state parks, opening daily from 7 a.m. - 6 p.m. The new schedule will be in place until at least April 10.

### Public Facilities Temporarily Closed

During this period, all public gathering spaces at state parks (such as visitor centers, golf courses, restaurants, shelters, playgrounds, etc.) are closed. Rentable facilities (like shelters and pavilions) with prior reservations between March 27 and April 9 will be fully refunded. At this time, rentable facilities with prior reservations between April 10 and April 30 will be honored.

### Overnight Accommodations Temporarily Closed

Between March 27 and April 9, all park cabins, lodges, group overnight facilities, campgrounds and backcountry campsites will be closed. Current guests were asked to check out by March 27 at 4:30 p.m. local time. Park staff will process refunds for any dates a reservation extends beyond the required checkout date. Future reservations made for periods between March 27 and April 9 will be automatically canceled. The parks will waive cancellation fees during this time. At this time, upcoming reservations between April 10 and April 30 will be honored. This is subject to change as the situation evolves. Online reservations will remain available for trips with check-in dates after April 30th.

### Day-Use Activities

Visitors can still enjoy hiking, biking, lakeside strolls, disc golf, fishing and other passive outdoor recreation activities during daytime hours. Limited restrooms and bath houses remain open on a park-by-park basis. Access to paper maps and brochures should be available outside Visitor Centers. Visitors can also download the mobile app or visit the park trail maps page to find materials for specific parks.

### Social Distancing Strongly Encouraged

Tennessee State Parks strongly encourage guests to practice social distancing and follow guidelines for hygiene while visiting the parks. When planning a trip to a state park, we encourage you to visit one near your home.

### Group Guests

Per Governor Lee's Executive Order 17, social gatherings of 10 or more people are prohibited. If you are a group planner, we encourage you to communicate directly with the park at which you have planned your event. This will allow park staff to work directly with you and answer logistical questions pertaining to your particular event. Parks can assist groups of 10 or more with rebooking to a date later in the year.

### Park-hosted Event Cancellations

Tennessee State Parks are canceling all park-hosted events from March 16 to April 15, 2020, in the interest of public health. We do apologize for any inconvenience this poses to you. If you purchased a ticket to a paid event, we are working diligently to cancel and process refunds in our reservation system. As always, thank you for choosing to support Tennessee State Parks.

## Current Status of South Cumberland State Park

The South Cumberland State Park Visitor Center is closed. Exterior bathroom is open. Savage Gulf Ranger Station and restrooms are closed. Stone Door Ranger Stations and bathrooms are open. Grundy Lakes and Grundy Forest bathrooms are closed. Foster Falls bathhouse is currently open from 7 a.m. to 8 p.m.

No through hiking on the Fiery Gizzard due to dangerous high creek levels and bridge collapse. Grundy Forest Day Loop is open. Foster Falls to Small Wilds is open.



Harper



Chicha

## Pets of the Week Meet Harper & Chicha

Harper is a five-month-old spaniel mix puppy with spunk. Harper is adorable with her characteristic scruffy ears and paws and cute smile. Brought into the shelter when she was no longer allowed in the rented home, Harper has no faults. She is just a young pup looking for a new home and life outside of the shelter where she can run free and bask in the sun for years to come. She is like any other puppy, full of energy and love. If you and your family are prepared to bring a new puppy into your home, she would make a great fit for a variety of different homes. Harper is current on age appropriate vaccines and awaiting her spay and micro-chipping procedures so she can go into her new home very soon!

Chicha is a seven-year-old tortoiseshell cat. Chicha was surrendered to the shelter because she was "being mean to the new kittens." We expected this cat not to be friendly or social with other cats based on what was told to us upon intake, but that is anything but true. Chicha is very loving and does well in the cat community room with her roommates. By no fault of her own, she ended up at the shelter after being an outdoor cat for seven years. Regardless of her unfortunate circumstances, she has adjusted quite well at the shelter and we feel she would be a well suited indoor/outdoor cat with or without pet companions. Chicha is up-to-date on vaccinations, spayed, and microchipped, just waiting for her new home.

Animal Harbor is located at 56 Nor-Nan Rd., off AEDC Road, in Winchester. Call Animal Harbor at 962-4472 for information and check out the other pets at <www.animalharbor.org>. Enter their drawing on this site for a free spay or neuter for one of your pets. Help Animal Harbor continue to save abandoned pets by sending your donations to Animal Harbor, P.O. Box 187, Winchester, TN 37398.



### MICHELLE M. BENJAMIN, JD Attorney & Counselor at Law

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Mon	Mar 23	65	46
Tue	Mar 24	67	48
Wed	Mar 25	68	56
Thu	Mar 26	76	65
Fri	Mar 27	80	65
Sat	Mar 28	78	57
Sun	Mar 29	70	49

Week's Stats:

Avg max temp = 72  
Avg min temp = 55  
Avg temp = 64  
Precipitation = 4.32"

Reported by Sandy Gilliam  
Domain Ranger

Latest updates on the Sewanee Messenger Facebook

# Messenger Classifieds

## EMPLOYMENT

**DIRECTOR, COMMUNITY ACTION COMMITTEE:** Responsible for leading an Episcopal ministry of service to those in need, providing food and other types of assistance. Open to both lay persons and clergy members; college degree required. The work calls for a welcoming and hospitable attitude toward people of all backgrounds, strong communication skills (including public speaking), fundraising and grant writing, proficiency in organization and financial accountability, competence in working with a board and volunteers, and the ability to collaborate within the local church and with other organizations. Approximately 25 hours per week, with compensation based on qualifications. Send résumé and cover letter to <oteyparish@gmail.com>; no in-person inquiries at this time. Candidates whose materials are received by March 30 will receive first consideration.

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**FOR RENT:** Furnished, secluded Wiggins Creek house for rent this summer. 2+ bedrooms, 2½ bathrooms, study, art studio, screen porches upper & lower. Email <richwill@me.com> or phone 808.443.9677.

**RENT TO OWN:** Double-wide, 3BR/2BA, Monteagle. For information call (931) 580-4538.

## LAND FOR SALE

**LOST COVE BLUFF LOTS**  
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931-703-0558

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**CHAD'S LAWN & LANDSCAPING**  
-FREE ESTIMATES-  
\* Lawncare & Design (Mulch & Planting)  
ALSO: \* Tree Trimming & Removal  
\* Pressure Washing \* Road Grading  
\* Stone Patio/Fireplace \* Garden Tilling  
\* Leaf Pickup & Blowing  
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Now Offering Specials for the WINTER!  
We offer lawn maintenance, landscaping, hedge/tree trimming & more!  
Please call for your free estimate  
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**LONG'S LAWN SERVICE**  
• landscaping & lawn care  
• leaf removal • mulch  
Local references available.  
Jayson Long  
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Insured. Decks, Roofing, Electrical, Plumbing, Drywall, Tile & Hardwood Floors, Outbuildings, Pressure Washing.  
MARK GREEN, owner  
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**HOUSE CLEANING:** Also small maintenance, installation, odd jobs. Local references. (931) 273-2753.

**Lakeside Collision**  
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**Lyn Hutchinson PHOTOGRAPHY**  
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**RESUME WRITER**  
Let me help you stand out during the hiring process! Samples, references available. Rates start at \$75.  
baileybasham.com/contact

## Takeout and Some Delivery

Altamont Coffee & Cafe, (931) 692-6781  
Brown's Dairy Bar, Gruetli-Laager, (931) 779-5168  
Dutch Maid Bakery & Cafe, Tracy City, (931) 592-3171  
Fat Chunks and Dave's, Coal-mont, (931) 779-4080  
Gallery 41, Pelham, see Facebook  
Hank's Corner Grille, Tracy City, (931) 592-4499  
Hardee's, Monteagle, (931) 924-2175  
High Point Restaurant, Monteagle, (931) 924-4600  
Monteagle Inn, Curbside service. (931) 924-3869 to order.  
Mountain Goat Market, Monteagle, (931) 924-2727  
Northcutt's Family Market, Pelham, (931) 467-2888  
Papa Ron's, Monteagle, (931) 924-3355  
Sewanee Inn is offering takeout <https://sewanee-inn.com>.  
Shenanigans, Sewanee, takeout, curbside delivery and some home delivery options only. Call (931) 598-5774. <http://www.shenanigans1974.square.site/>.  
Simply Southern Cafe, Pelham, (931) 467-2600  
Smoke House in Monteagle is offering takeout and delivery options. Call (931) 924-2091. <https://thesmokehouse.com/menus>.  
Tea on the Mountain, Tracy City, carryout, call (931) 592-4832.  
The Blue Chair, call ahead for takeout, 598-5434. <http://www.thebluechair.com>.  
The Depot Cafe, Monteagle, (931) 924-2233  
The Lunch Box, Tracy City, (931) 592-4663  
The Southern Oven, Palmer, (931) 779-6836

## Everyone Counts!!

United States®  
**Census 2020**

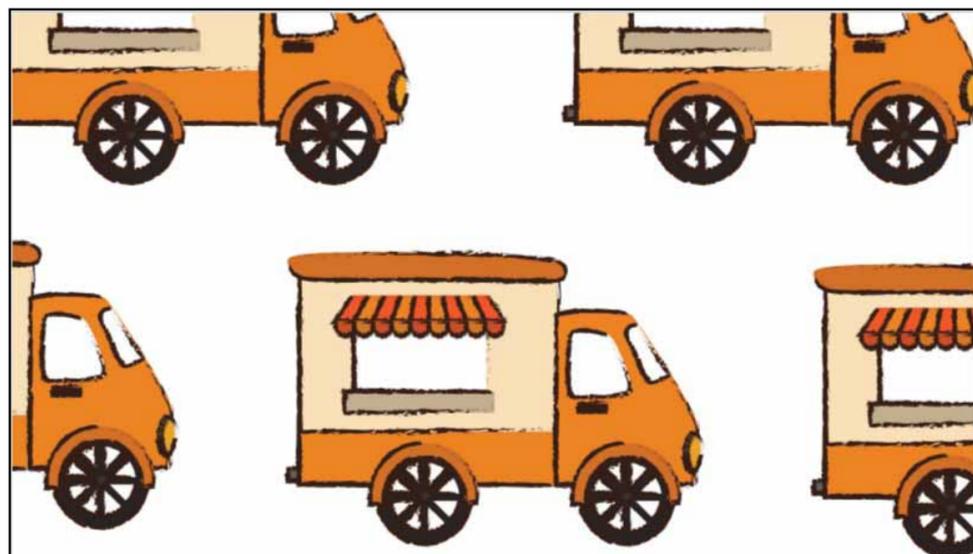
### College Students

College students, welcome to your first National Census as an adult. If you live on campus, you will be counted there. If you live in someone else's home, make sure they count you. If you live on your own, you get to respond! Don't worry, it's easy. Just go online and count everyone living in the home. We all count, and we all get to shape the future of Tennessee by responding to the 2020 Census. Visit <www.2020census.gov>.

## Online and in color!



View it. Click it. Share it.



FOLKS AT HOME IN COORDINATION WITH COMMUNITY VOLUNTEERS, THE OFFICE OF CIVIC ENGAGEMENT, AND SYNA3C

## FOOD DELIVERY SERVICE

Serving people who are at high risk for severe illness Covid-19 or people who need to be quarantined because of possible contact in the Sewanee & Monteagle area are being offered a delivery service for necessities. We can show you how to order online or take your order via phone call

Please Contact: Wall Wofford, Folks at Home,  
Office: 141 University Avenue, Mail: Box 291,  
Sewanee, TN 37375-0291 Phone: 931.598.0303



## BARDTOVERSE

by Phoebe Bates

### A Suggested Panacea for COVID-19

Where are my books? My friends, my loves  
My church, my tavern and my only wealth;  
My garden, yea, my flowers, my bees and  
my doves  
My only doctor and my only health.  
--Richard Le Gallienne, *My Books*

Put this space to work for your  
business.  
Phone 598-9949 or  
<ads@sewaneemessenger.com>

### A Collective Practice in Meditation: A Manifestation of Love & Healing from the Cumberland Plateau in Tennessee to the World

From the residents atop the Cumberland Plateau spanning Grundy, Marion and Franklin Counties of Tennessee:

In this time of global suffering and uncertainty, we are being called to confront our collective fear and meet this historic opportunity with presence, courage, compassion and love. We are being challenged now to raise our consciousness in order to bring healing through the power of love for not only ourselves but each other.

We are asking everyone to enter into a collective meditative mindset each morning or evening beginning at 7:00-7:15 until COVID-19 is eradicated.

We ask that you approach this meditation however you choose but from your heart space. You may choose to pray, sit in silence or find a quiet place to be alone and center your focus by exhaling a few deep breaths allowing your heart space to open and send love and healing energy to the world. You must also be willing to accept those same energies into your heart space, as well, in order to help the global population heal and recalibrate our future.

Together, we can help eradicate a common enemy. But, we must each do our part - please join us in our efforts to help heal the suffering with loving compassion and heartfelt support.

Peace,  
The residents of the Cumberland Plateau

Author's note - The idea for the aforementioned collective meditation is from Adam Randolph of Monteagle, TN, a concerned resident and Tennessee licensed clinical therapist and social worker.

Wordings and composition provided by Nancy Oliver, also, of Monteagle, TN, a concerned resident and local small business owner at Sweeton Home Restoration.

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# Community Calendar

## Friday, April 3

- 8 a.m. Walking Program, F@H, Fowler Center, (canceled until further notice)
- 8:30 a.m. Deep Stretch Yoga, Daryllann, Community Center (canceled until further notice)
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, golf/tennis, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 10 a.m. Game day, Senior Center (canceled until end of April)
- noon Spinal Spa, Angel Park/Zoom; email <kim\_butters59@hotmail.com>

## Saturday, April 4

- 8:30 a.m. Gentle Yoga, Robie, (\$8), Community Center (canceled until further notice)
- 9 a.m. MGT 5K Parkrun, Pearl's parking lot

## Sunday, April 5

- 8:30 a.m. Vinyasa Yoga, Community Center, until 9:45 a.m. (canceled until further notice)
- 2 p.m. Knitting Circle, Mooney's, until 4 p.m. (canceled until further notice)
- 4 p.m. Hatha Yoga, Helen, Community Center (canceled until further notice)

## Monday, April 6

- 8 a.m. Walking Program, F@H, Fowler Center, (canceled until further notice)
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Body Recall, Judy, Monteagle City Hall (canceled until further notice)
- 9 a.m. Pilates, intermediate, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 9:30 a.m. Yoga, Daryllann, (\$8), St. Mary's Sewanee (canceled until further notice)
- 10:30 a.m. Chair Exercise, Ruth, Senior Center (canceled until end of April)
- noon Pilates, beginners, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 5:30 p.m. Gentle Yoga, Robie, DuBose Conference Center, upper room, until 6:45 p.m. (canceled until further notice)
- 5:30 p.m. Diabetes Prevention Program, MMUMC, until 7 p.m. (canceled until further notice)
- 6 p.m. Karate, youth, Legion Hall; adults 7 p.m. (canceled until further notice)

## Tuesday, April 7

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee (canceled until further notice)
- 8 a.m. GC Food Bank, Tracy City, until 10 a.m.
- 8:30 a.m. Deep Stretch Yoga, Daryllann, Community Center (canceled until further notice)
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, beginners, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 10 a.m. SAIL, Community Center (canceled until further notice)
- 10 a.m. Virtual Village Update, Gladu, Facebook.com/SewaneeVillageProject
- 10:30 a.m. Bingo, Senior Center (canceled until end of April)
- noon Pilates, intermediate, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 4:30 p.m. South Cumberland Farmers' Market, curbside pickup, Community Center, until 6:30 p.m.
- 5 p.m. Yoga, Daryllann, (\$8), St. Mary's Sewanee (canceled until further notice)

- 6 p.m. Acoustic Jam, Water Bldg., Tracy City (canceled until further notice)

## Wednesday, April 8

- 8 a.m. Walking Program, F@H, Fowler Center (canceled until further notice)
- 8:30 a.m. Gentle Yoga, Robie, (\$8), Community Center (canceled until further notice)
- 9 a.m. Centering Prayer, Taylor's Creek Greenway, Estill Springs
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, intermediate, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 10 a.m. Art Wednesday, Artisan Depot, until 12:30 p.m. (canceled until further notice)
- 10 a.m. Senior Writing Group, 212 Sherwood Rd. (canceled until further notice)
- 10:30 a.m. Chair Exercise, Ruth, Senior Center (canceled until end of April)
- noon Pilates, beginners, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 5:30 p.m. Hatha Yoga, Helen, Community Center (canceled until further notice)

## Thursday, April 9

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee (canceled until further notice)
- 8 a.m. Monteagle-Sewanee Rotary, Zoom meeting only
- 9 a.m. Body Recall, Judy, Monteagle City Hall (canceled until further notice)
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, beginner, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 9 a.m. Yoga, Daryllann, (\$8), Community Center (canceled until further notice)
- 10 a.m. SAIL, Community Center (canceled until further notice)
- 10:30 a.m. Chair Exercise, Judy, Monteagle City Hall (canceled until further notice)
- noon Pilates, intermediate, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 1 p.m. F@H Caregiver Group, Brooks Hall, Otey (canceled until further notice)
- 2 p.m. Knitting Circle, Mooney's, until 4 p.m. (canceled until further notice)
- 4 p.m. Yoga, Daryllann, (\$8), Community Center (canceled until further notice)
- 5:45 p.m. Vinyasa Yoga, Community Center, until 7 p.m. (canceled until further notice)
- 6 p.m. Karate, youth, Legion Hall; adults 7 p.m. (canceled until further notice)
- 7:30 p.m. Candlelight Flow Yoga, Emily, (\$8), Community Center (canceled until further notice)

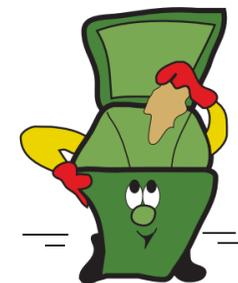
## Friday, April 10

- 8 a.m. Walking Program, F@H, Fowler Center, (canceled until further notice)
- 8:30 a.m. Deep Stretch Yoga, Daryllann, Community Center (canceled until further notice)
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, golf/tennis, Angel Park/Zoom; email <kim\_butters59@hotmail.com>
- 10 a.m. Game day, Senior Center (canceled until end of April)
- noon Spinal Spa, Angel Park/Zoom; email <kim\_butters59@hotmail.com>

### Local 12-Step Meetings

- Friday**  
7 p.m. AA, open, Christ Church, Tracy City
- Saturday**  
7 p.m. NA, open, Decherd United Methodist
- Sunday**  
6:30 p.m. AA, open, Morton Memorial, Wesley House, Monteagle
- Monday**  
5 p.m. Women's Recovery, Brooks Hall, Otey Parish  
7 p.m. AA, open, Christ Church, Tracy City
- Tuesday**  
7 p.m. AA, open, First Baptist, Altamont
- Wednesday**  
10 a.m. AA, closed, Clifftops, (931) 924-3493  
7 p.m. NA, Decherd United Methodist  
7:30 p.m. AA, open, Holy Comforter, Monteagle
- Thursday**  
6 p.m. Al-Anon, Morton Memorial, Wesley House, Monteagle  
7 p.m. Al-Anon, First UMC, Winchester

**Keep the  
Mountain  
Beautiful!**



**PLEASE DON'T  
LITTER!**