

THE SEWANEE MOUNTAIN

MESSENGER

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Friday, April 10, 2020



Trail parking areas are closed in Sewanee. Areas affected by this parking closure include: Breakfield Road beyond the asphalt, Green's View, Shakerag Trail parking area, the Memorial Cross, Caldwell Rim and Potter's Ridge parking lot, Lake Cheston (both parking areas), and the Morgan's Steep parking areas.

Area Parks Closed

As part of the continuing effort to promote physical distancing and protect the well-being of our community, the following Sewanee parks are closed: Elliott Park, the Community Center playground, the Phil White Dog Park, the Woodlands playground, and the ball field park. The White Dog Park, the Woodlands playground, and the ball field park. The closures took effect on April 3. On April 6, the playgrounds at Sewanee Elementary School, Otey Parish, and St. James/Midway Community Park were also closed.

Until further notice, the St. Andrew's-Sewanee School campus, including all trails and the Res, is closed to visitors.

Sewanee residents and families are encouraged to use other outdoor with a variety of food and prodoptions for physical activity that have fewer potential points of contact. ucts. Shopping for seniors only is be closed until 8 a.m. on April 16. are feeding up to 3,000 kids a day Remember to practice physical distancing—stay 6 feet apart from oth- 7:30-8:30 a.m. The Piggly Wiggly ers—on the trails and sidewalks.

The governor's Executive Order 23 (April 2), which requires that Tennesseans stay at home, reinforces Executive Order 22's directive that "congregating or playing on playgrounds presents a unique risk for the spread of COVID-19 and is therefore not covered as an Essential

In Monteagle, the Monteagle Elementary School playground, Harton Park, Hannah Pickett Park, and the ball field are closed.

In Tracy City, the mayor declared a state of emergency on April 4. The Tracy City section of the Mountain Goat Trail is closed until further notice.

Note from the Editor

The information in this issue is current as of Thursday, April **9, at noon**, which is the time we send the newspaper to the printer. If there are any major updates, we will post those on our website http:// sewaneemessenger.com> and on our Facebook page. Understanding that many do not have reliable internet service or even email, those updates will also be printed in the next regular issue.

In this issue, for meeting cancelations, go to page 3. For church news, go to page 4. For community and school news, please start on page 5.

If your organization, business or church is operating on a different schedule and is not listed in this issue, please get in touch by phone (931) 598-9949 or via email <news@sewaneemessenger.com>. We need to work together to keep our community up-to-date and informed.

Please follow the recommendations from the Centers for Disease Control and Prevention .">https://www.cdc.gov>.

Food News from the Area

Community Action Committee will distribute food to anyone who needs it. Betty Carpenter will be in the office Monday-Friday, 9–11 a.m. as usual, but no volunteers will be coming.

CVS offers online shopping, drive-thru services, and delivery. Go to http://cvs.com.

Food Delivery News from Bill Harper: Seven more drivers were trained in CDC prescribed safety procedures for food delivery last week and have significantly more capacity to provide delivery services than current requests. We know of a number of people willing to volunteer should our capacity be stretched. While we applaud family members, friends and neighbors who have stepped up and are shopping for those who are elderly or immune compromised, we are concerned about those who have these risk factors (particularly anyone over 80) who continue to shop for themselves.

We are collaborating with local grocery stores and delivery services to provide safe grocery delivery to all community members who are at enhanced risk. The Folks at Home/ Community Collaborative is available to help any elder or high-risk member of the community with grocery orders and/or Monday and Thursday deliveries to your doorstep. Please contact Folks at Home, (931) 598-0303 or <folksathomesewanee@gmail.com>.

Kroger offers curbside delivery, shipping, and in-store services are still available. Special in store shopping hours are 7-8 a.m. for seniors, first responders, expectant mothers, and those who have compromised immune systems. Go to http:// kroger.com>.

Mooney's Market & Empo**rium** will be offering curbside pickup. Hours are Monday-Sun-(931) 924-7400.

Piggly Wiggly in Monteagle is not offering delivery, but is stocked will be closed Easter Sunday. The store will be closing at 7:30 p.m.

South Cumberland Farmers' Market is offering Tuesday market pickup at curbside, at the Sewanee Community Center. Ordering takes place each week from Friday at 9 p.m. to Monday at 10 a.m. at https://sewanee.locallygrown. net>. There is also an option for home delivery.

Marion County Curfew

Marion County Mayor David Jackson has announced a countywide curfew. The curfew will be enforced from 8 p.m. until 5 a.m. in the morning, until Thursday, April 23.

If you have to work during that time, have your employer give you

a letter stating you must be at work. He also asks the businesses to close at 8 p.m.

Go to <www.marioncountytn. net>.

Village Update on Community Preparedness

by Leslie Lytle, Messenger Staff Writer

Streamed remotely via Faceupdate meeting shifted focus from the Sewanee Village project to of them international students. the COVID-19 pandemic and Hartman explained students had the impact on the Sewanee com- the opportunity to submit an apmunity. Wearing a mask, Sewanee peal to remain in Sewanee if cir-University Vice President of Risk ahead, admissions are up from prior Management and Institutional Effectiveness and chair of the present, fall registration remains Emergency Management Executive on schedule. Team (EMET). In early March, Vice-Chancellor John McCardell charged the EMET with overseeing the response to the pandemic

man said the EMET included legal counsel, academic and student deans, communications, the treasurer's office, and health care on where to be tested and other and human resources professionals. critical data. The website also offers Evaluating "critical information a platform for asking questions. that changes sometimes hourly," the team pursues its primary objec-

All teaching is taking place rebook, the April Sewanee Village motely, Hartman said. Eighty-one Village project coordinator Frank cumstances prevented them from Gladu introduced Eric Hartman,safely returning home. Looking years, Hartman noted, and at the

"Sixty percent of University employees are working remotely," Hartman said, and some have been "redeployed to strategic areas." Hartman directed community Providing an overview, Hart- members to the University website <www.sewanee.edu> for interim policies, University openings and closing, and links to information

Response actions taken by the University include clearing space in tives of ensuring students complete residence halls for "surplus beds" if their degrees and keeping the com-needed; adding a vehicle to the fire

(Continued on page 5)

Franklin County Offices Closed

by Bailey Basham, Messenger Staff Writer

announced there would be changes made to the county's approach to school closures and limited staff in

On April 8, all county offices were closed, and staff were placed on administrative leave. The offices will reopen on Thursday, April 16 at 8 a.m., unless an extension is announced before then.

Franklin County Solid Waste Department at Joyce Lane will not re-open again until 8 a.m. on April Bean said. "I want to thank our 16. The Convenience centers will cafeteria workers specifically. They All of the sites will be open with here in Franklin County, and they extended hours on April 16-18 to are working long, hard hours to do being closed for a week.

Franklin County grab and go meal programs will be closed on Friday, April 10, for Good Friday. Beginning next week, meal programs at Broadview and North Lake elementary schools will be closed. Bean cited staffing issues as the reason for the closure.

Bean added that beginning next Monday, April 13, meal program pickups would be limited

In an April 7 broadcast on to Mondays and Thursdays. On WCDT radio, Franklin County Mondays, students will have a hot Mayor David Alexander and Di-meal and then be sent home with rector of Schools Stanley Bean two additional meals for Tuesday and Wednesday. The same goes for Thursday — one hot meal and two additional meals to take home for Friday and Saturday.

Bean said the meal program sites would open for an additional hour to accommodate the students who were previously benefitting from the Broadview and North Lake sites.

"We've had to rely heavily on and convenience centers will also volunteers for this program, and be closed. The FC Solid Waste to make sure this is sustainable, help with the in-flow of waste after it. I have not heard one complaint. Every chance you get to thank someone that works in the cafeterias at our schools, thank them. They are feeding our children, and they are doing an amazing thing.'

> Alexander and Bean both agreed that they would adjust the plans as new information becomes avail-

"If we see things that don't fit what we anticipate, we could ex-(Continued on page 5)

P.O. Box 296	
Sewanee, TN	37375

etters

SCA CANCELS ANNUAL MEETING

To the Editor:

In light of the precautionary measures that we are all taking, the Sewanee Civic Association will be postponing our annual meeting until further notice. It was previously scheduled for Thursday, April 23. Because this was the annual meeting at which new board members were to be voted in, the current board members will remain active in their roles until we are able to reschedule the meeting. Additionally, we plan to present our annual Community Service Awards at this postponed gathering.

In these uncertain times, we may all experience anxiety and fear over what is to come; such fears can lead to our withdrawal from community engagement and philanthropic giving. However, we must recognize that both nonprofit and for-profit organizations in our town are struggling now or may be in the near future. I would be remiss if I did not remind the community that the Sewanee Community Chest still has a fundraising to the challenge I gave last year. goal to reach this spring to support organizations in need. Commitments to financially support 25 well before "infection rate" and "exponential growth" were words

the Sewanee Community Chest Month celebration. supports will need our community support now more than ever. We have already raised 75 percent of our goal of \$105,140. We need your tax deductible donations to meet TICKET BOOTH and exceed this goal.

It is important to know that all funds raised above the Chest goal can and will be used to address needs within our community. While we continue fundraising, we will also reach out to the organizations slated to receive support from the Chest to see if they can make do with less in order for us to be able to divert funds to others in need.

Local businesses are suffering now, so please shop locally if you can. The Sewanee Business Alli-

Mon-Fri 9-4

90 Reed's Lane

ance assembled a portal where you can help from the safety of your own home. Visit and there are links where you can make donations and/or shop.

The Sewanee Civic Association board would like to thank the Sewanee Mountain Messenger for keeping our townspeople informed during this crisis, and the Sewanee Classifieds community for staying engaged and sharing ideas.

Donations and pledges to the Sewanee Community Chest are accepted at any time at P.O. Box 99, Sewanee, TN 37375, through PayPal at http://sewaneevillage. com> or by payroll deduction if you are an employee of the University of the South.

Brandon Barry, Sewanee Civic Association President

LETTER OF THANKS

To the Editor:

I would like to thank the Sewanee Community Chest for making possible the lights at the baseball field, and for stepping up

I also wish to thank American Legion Post 51 for the Veterans' Day celebration last November. local organizations were made Hats off to Col. Lawson and the community that participated.

we'd use to discuss the daily news. and others at the University of them. Together we can do this! Many of the organizations that the South for their Black History

Everyone please continue to look
THANK A HEALTHCARE up for our Sewanee Angels!

Carl P. Hill, Sewanee

To the Editor:

SERVICE AND RENTALS

A Full-Service Trek Bicycle Dealer

NEW: Curbside service only. No cash or physical credit card. Venmo or credit card by phone.

Check out www.woodysbicycles.com for rates, trail maps,

photos, bike club links, races and much more!

I wish to commend Dale and Leslie Richardson for their vision, contributions, and hard physical work transforming the "Ticket Booth" and the Texas Avenue portion of Abbo's Alley. What was a thicket of invasive species and vines is now a truly beautiful garden that will gradually grow ever more wonderful with time. It is a fitting antithesis to the proposed cell phone tower.

www.woodysbicycles.com

Tom Phelps, Sewanee

598-9793

STAYING POSITIVE DURING TRYING TIMES & FOCUSING ON THE GOOD

To the Editor:

Joseph's Remodeling Solutions orimary focus is the safety and well being of our team members and clients. We are fortunate to have many wonderful clients who have entrusted us to take their dreams and projects and make them a reality. For this we are grateful.

We are grateful to live and work in a beautiful place. This time of year, we hear birds chirping as they feel the start of spring nears. The flowers are starting to bloom, many now in full bloom and bring us joy as we get to see their glory and smell their wonderful fragrance.

The trees are budding, and the grass is starting to grow - all of which lets us know that change continues to happen and with each day we can look forward to getting one day closer to a more normal way of life.

We have each other – the support and love of a community that cares about each other. Though we all need to keep social distancing, we are blessed with the technology that lets us stay connected visually, seeing a familiar face and sharing a smile.

Let's focus on the good to help us get through. Reach out virtually to your neighbors, friends and loved ones to let them know you're Thanks also to Dean Gentry there for them, and care about Joseph Sumpter, Cowan

HERO

As we continue to fight CO-VID-19, it has been so encouraging to see the outpouring of support from our community for Southern Tennessee Regional Health System-Winchester/Sewanee (STRHS). We have always striven to be a place where you choose to come for and a healthier community for all healthcare, and we take our responsibility as a community leader very seriously. As our neighbors have come together to do everything possible to slow the spread of this vicious virus amid unprecedented challenges, we have never been more proud to be a part of this community. It is more important than ever that we all continue to take the important steps necessary to keep our community as safe and healthy as possible, including staying home as much as we can, practicing social distancing and following sound medical guidance.

Today, I would ask one more thing of our community, including myself: thank a healthcare hero.



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> Kiki Beavers editor/publisher April Minkler office manager Ray Minkler circulation manager Sandra Gabrielle proofreader

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SUBSCRIPTIONS \$75 first class

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Some moments ask more of us as a society, as a community and as individuals. Moments like those need heroes. From grocery store employees and delivery workers to educators teaching remotely and those keeping our infrastructure and essential services running, this current moment has no shortage of heroes. And that includes our heroes on the frontlines of this crisis our healthcare workers.

Our healthcare workers are not only a cornerstone of our hospital's mission of Making Communities Healthier, they are integral members of our community. They are moms and dads. Brothers and sisters. Friends and neighbors. And - today especially - they are heroes, fighting on the frontlines to provide compassionate, quality care when it's needed most.

At STRHS, we honor all our providers and employees working hard to ensure a safe place of care of us. I hope you will join me and add your voice to the chorus of appreciation for our community's healthcare heroes by posting your own message of thanks on your favorite social media, with the hashtag #ThankAHealthCare-Hero. Let's show our hometown heroes how much we appreciate their incredible and inspiring efforts to keep us safe.

And thank you again for supporting STRHS and trusting us with your care as we help guide our community through the COV-ID-19 situation as safely as possible. We will get through this together.

Abby Pickett, for the Southern Tennessee Regional Health System

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Blaze Cassidy Barry James Gregory Cowan Mark Gallagher Nathaniel P. Gallagher Peter Green Zachary Green Steven Tyler Jeffery Cheyenne N. Kelly Gabriel Lloyd Forrest McBee Andrew Midgett Jose D. Ramirez III Troy (Nick) Sepulveda Zachary Sherrill Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Louise Irwin, 598-5864.

MESSENGER CONTACTS

Phone: (931) 598-9949

News and Calendar

Tuesday, 5 p.m. Kiki Beavers news@sewaneemessenger.com

Sports

Tuesday, 5 p.m. sports@sewaneemessenger.com

Display Advertising

Monday, 5 p.m. ads@sewaneemessenger.com

Classified Advertising

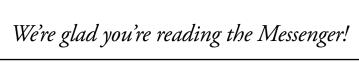
Wednesday, noon April Minkler classifieds@sewaneemessenger. com

MESSENGER HOURS

Monday, Tuesday and Wednesday 9 a.m.–4 p.m.

Thursday—Production Day 9 a.m. until pages are completed (usually mid-afternoon)

Friday—Circulation Day Closed



Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines. We strive to print all letters we receive, but publication is not guaranteed. Letters should be factually accurate. Letters that are deemed unsuitable for publication shall not be printed elsewhere in the newspaper, including as a paid advertise-

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name,



address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, come by our office, 418 St. Mary's Ln., or send your email to <news@sewaneemessenger.com>. —KB



Est. in 1972 & located in an old general store, The Lemon Fair is a Sewanee landmark featuring Local & Handmade Art alongside Toys, Bath & Body products, Jewelry, Chocolate, Clothing, Tapestries, Home Decor,

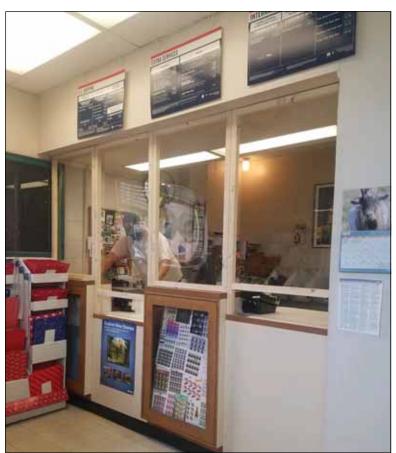
Accessories, Fine Paper & Cards. Home of the Sewanee Angel Legend, we carry a large selection of Original Design Sewanee and Angel items.







Sewanee Pediatrics and Adolescent Medicine has a new outdoor exam room thanks to Jeremy Ladd, right, and Stevie Helton from ELITE Construction/Remodeling Company. They donated their time and talent to create this for us so we can safely see children with respiratory symptoms during the coronavirus pandemic.



Bobby Evans from Joseph's Remodeling Solutions puts up the new safety screen at the Sewanee Post Office. Evans is one of the project leaders, with more than 20 years construction experience and he specializes in flooring.







Legal Aid Society to Offer Free Legal Advice by Telephone

Legal Aid Society of Middle Tennessee and the Cumberlands, Tennessee's largest nonprofit law firm, announced today that it will be offering free legal advice over the phone in the wake of the CO-VID-19 pandemic.

"This is a challenging time for many in Middle Tennessee who are facing unexpected changes to their lives, such as the sudden loss of a job or overwhelming debts," said DarKenya W. Waller, executive director of Legal Aid Society. "In addition to our regular legal services, which have continued uninterrupted through this period, we are providing a convenient new way for residents to get free, qualified legal advice without having to leave their homes."

Middle Tennessee residents facing a civil legal issue, such as questions about housing and renters' rights, bankruptcy, medical bills, debt collection, domestic violence, applying for SNAP benefits and applying for unemployment benefits can call a dedicated phone number during any of the following times:

Saturday, April 11, 8:30–11 a.m. (call 1-800-238-1443) Tuesday, April 14, 4:30–6:30 p.m. (call 1-800-238-1443) Saturday, April 18, 8:30–11 a.m. (call 1-800-238-1443) Tuesday, April 21, 4–6 p.m. (call 1-800-238-1443) Thursday, April 23, 3–4:30 p.m. (call 1-800-238-1443) Saturday, April 25, 8:30–11 a.m. (call 1-800-238-1443) Monday, April 27, 4–6:30 p.m. (call 1-800-238-1443)

Additional times will be open to veterans only, through a partnership with Operation Stand Down, on April 15, 22 and 29 from 11 a.m. to 1 p.m. (Call 1-800-238-1443.)

After a short eligibility screening, callers will receive a call from a volunteer attorney within 30 minutes who will be able to offer assistance for their specific questions.

Attorneys interested in signing up for the clinics can contact Kendra Cheek at Legal Aid Society with the times they are available (kcheek@las.org), the types of cases about which they feel comfortable providing counsel and the phone number at which clinic patrons can reach them. Additionally, attorneys can visit Legal Aid Society's Pro Bono Matters website (las.org/volunteer/pro-bono-matters) at any time to find Middle Tennesseans in need of a volunteer attorney.

The Legal Aid Society staff is currently working remotely and is also available to accept client calls Mondays through Fridays from 8 a.m. to 4:30 p.m.

For more information, call Legal Aid Society of Middle Tennessee and the Cumberlands at 615-244-6610 or visit <www.las.org>.

TELL THEM YOU SAW IT IN THE MESSENGER!

Upcoming Meetings

EQB Club

The EQB meetings will be canceled until further notice.

Rotary Club Meeting

The regular weekly meetings of the Monteagle-Sewanee Rotary Club at the Sewanee Inn have been canceled due to the Corona virus pandemic. Instead, meetings will be held by way of Zoom technology at 8 a.m. on Thursdays. Any non-Rotary members interested in participating should email President John Solomon at <jcsolomon@sewanee.edu>.

Sewanee Community Council

The next meeting of the Community Council is scheduled for Monday, April 20, 2020, at 7 p.m. Items for the agenda should have been submitted to the Provost's office by noon on April 8.

Franklin County School Board

The meeting scheduled for Monday, April 13, has been canceled.

Sewanee Utility District

The meeting scheduled for Tuesday, April 21, has been canceled.



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305 CLARAS POINT ROAD

Exquisite Sewanee bluff estate, sunlit Southern view, Meticulously & tastefully refurbished, old-world charm w/modern amenities. Precisely proportioned, orig. design by one of Nashville's premier architects. Secluded, lush, short walk to all Sewanee, on Perimeter Trail. 5 bdrms, 5 full baths, 10 ft ceilings, multiple built-ins, floor to ceiling windows, 3 fireplaces, mult. terraces, hardwood floors, balconies. Perfect for relaxing/entertaining. Recent successful Airbnb SuperHost (see reviews).

Zeitlin Sotheby's

5.1

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Green Hills 615.383.0183 | Belle Meade 615.202.7777 | Franklin 615.794.0833 | zeitlin.com

Obituaries

Billy Wayne Gifford

Billy Wayne Gifford, age 79 of Belvidere, died on March 31, 2020, at home. He was born on Sept. 23, 1940, in Jackson County, Ala., to General Dewey and Grady Louise Hawkins Gifford. He was preceded in death by his his parents; and wife, Nora Lee Willis Gifford.

He is survived by his daughter, Ingrid Gifford (Jerry) Neal; brothers, Bobby (Annie) Gifford, Teddy General Gifford, and Jimmy Mitchell Gifford; one granddaughter, and several nieces and nephews.

Graveside services and interment were private at Clark Gardens Cemetery with Rev. Rayburn Steele officiating. For complete obituary go to <www.moorecortner.com>.

Larry O. Glass

Larry O. Glass, age 79 of Stevenson, Ala., pastor, journalist and polio survivor, died on April 2, 2020, at Shepherd's Cove Hospice, Albertville, Ala. He was born on May 14, 1940, in Alexandria, Ala., to Olin Loy and Ethel LaVerde Mc-Crelles Glass. He graduated from Tennessee Temple, Chattanooga in 1965 with a B.A. degree in Bible, and a minor in Psychology. His love of newspapers caused him to start the North Jackson Progress in Stevenson, Ala., that existed for more than 40 years, and printed the Sewanee Mountain Messenger for a number of years.

He was preceded in death by his parents; and his devoted wife of 53 years, Nina Faye Powell Glass.

He is survived by his children, Lee (Diane) Glass, Mark Glass, Kristal (Alan) Moman, Shila (Kevin) McKinney, Wendy (Tim) Aultman, Iesa Smith; honorary daughter Machelle McCrary; brother, Michael C. Brown; sisters, Patricia Jones, Carolyn Hill; 25 grandchildren, eight great-grandchildren including one honorary greatgrandson, and numerous other

Graveside services were on April 5, 2020, in Stevenson City Cemetery with Floyd Powell and Virgil Powell officiating. In lieu of flowers, donations may be made to Children's Bible Ministry, c/o Justin Rorex, P.O. Box 30, Stevenburg, VA 22741. For complete obituary go to <www.rudderfuneralhomes. com>.

Timothy Humphrey Graham

Timothy Humphrey Graham, age 66, of Sewanee, died on April 6, 2020, at his home. He was born in Fayetteville, N.C., on Feb. 9, 1954, to Horace Greely and Wilhelmina Horne Graham. He was preceded in death by his parents.

He received a B.A. from Wake Forest University and an M.A. from Middle Tennessee State University. After graduate school, he was employed as a guidance counselor at The Webb School in Bell Buckle, Tenn., and he later worked as a fund-raising consultant for Holliman Associates. From 1995 to 2017, he was director of development at St. Andrew's-Sewanee School.

He was involved with many local Sewanee nonprofits, including Otey Memorial Parish, the Rotary Club, Folks at Home, Housing Brenda Fay Hunter. Sewanee, the Sewanee Community Chest and Friends of the South Cumberland. He also served as a Boy Scout leader.

He is survived by his wife of 38 years, Janet; daughter, Laura Anderson and Rickey (Jonie) An-Beth (Jeff) Matthews; son, David Nickles Graham; grandsons, Elliot Graham, Graham Matthews and George Matthews; brother, ficiating. For complete obituary go Horace (Carolyn) Graham; uncle, David (Martha) Graham; sister-in-net>.

law, Karen (Davis) Buckner; niece, Mary Alice (Mark) Owens; and nephews, Craig Graham, Ben (Julie) Buckner, Bob (Alison) Buckner and Mark (Kristin Davis) Buckner.

In lieu of flowers, the family your choice or Sewanee Community Chest, P.O. Box 99, Sewanee, TN 37375 or http://sewaneecivic. org> with the donate to Community Chest PayPal button.

A private family service will be held outdoors on Friday, April 10. A community service and reception will be held at a future date. For complete obituary, go to <www. moorecortner.com>.

Stevie Helton

Stevie Helton, age 46 of Belvidere, died on April 4, 2020. He was born on Feb. 24, 1974, in Salisbury, Md., moving with his parents to Christ Episcopal Church, Alto Franklin County when he was two. He graduated from Franklin County High School in the class of 1992. He worked for Elite Construction and had most recently worked diligently in building the outdoor exam room for Sewanee Pediatrics. He was preceded in death by his father, Robert Leonard Helton Sr.; niece, Lexie May Ladd; and nephew, Aiden May.

He is survived by his mother, Bonnie Bolden; wife, Julie King; sons, Gage Relford and Korbin Helton; step-children, Callie Cantrell, Chloe Cantrell and Kyler Cantrell; brothers, Robbie (Chasity) Helton and Andy (Amy) Bolden; half-sisters, Tracy Riley and Shelly Helton. A memorial service will be held at a later time and will be announced by Watson-North Funeral Home. For complete obituary go <to www. watsonnorth.com>.

Mary Jo Meeks

Mary Jo Meeks, age 66 of Tracy City, died on March 27, 2020, at her home. She was born on April 14, 1953, in Sewanee, to Wiley and Alma Meeks. She was preceded in death by her parents; son, Ronnie Meeks; daughter, Chandra Gayle Meeks; sisters Elizabeth Crisp, Betty Mae O'Neal, Betty Sue O'Neal and infant Louise; and brothers Chester Meeks and Clint Meeks.

She is survived by her grandson, Skyler Meeks; brothers George Meeks, Dee Meeks, David Meeks, sisters Nadine Sweeney, Pat Birdwell and Helen Perry, and several nieces and nephews.

Graveside service were on March 30, 2020, at Orange Hill Cemetery with Bro. Bobby Winton officiating. For complete obituary go to <www.cumberlandfuneralhome.</p>

William Perry O'Neal Jr.

William Perry "Sonny" O'Neal, age 73 of Sewanee, died on March 31, 2020. He was born on Feb. 4, 1947, in Palmer, Tenn., to William Perry O'Neal and Ruth Gipson O'Neal. He was a veteran of the Viet Nam War, serving with the U.S. Air Force. He was preceded in death by grandparents; father, William Perry O'Neal; mother, Mary Ruth Gipson Smith; stepmother, Alma Ruth Walker O'Neal; and sisters Dora Ruth Harkness and

He is survived by his loving wife, Stella O'Neal; his son, Shawn (Chastidy) O'Neal, sister Kay (Paul) Thompson, brothers, Robin Lee O'Neal, Billy Jo (Courtney) derson, and six grandchildren.

A private burial service will be held with Bro. Dennis Rollins ofto <www.cumberlandfuneralhome.

Church Calendar

All Saints' Chapel

(Services canceled until further notice)

8 a.m. Holy Eucharist, Sunday 8:30 a.m. Morning Prayer, Monday-Friday

4 p.m. Evening Prayer, Monday-Friday

suggests donations to the charity of Go to https://new.sewanee.edu/campus-life/be- lieving/all-saints-chapel-services/ online-services/>)

Bible Baptist Church, Monteagle

10 a.m. Worship Service, Sunday

5:30 p.m. Evening Service, Sunday

5:30 p.m. Evening Worship, Wednesday

Chapman Chapel Church of the Nazarene, Pelham 9:30 a.m. Sunday School, Sunday

10:45 a.m. Morning Worship, Sunday

6 p.m. Evening Worship, Sunday 7 p.m. Bible study, Wednesday

Christ Church, Monteagle (services online Facebook)

10:45 a.m. Holy Eucharist, Sunday

noon Holy Eucharist, Wednesday

(services canceled until further notice)

10 a.m. Stations of the Cross, Sundays in Lent Christ Episcopal Church, Tracy City

(services canceled until further notice) 10 a.m. Adult Bible Study, Sunday

11 a.m. Holy Eucharist (child care provided), Sunday

Christ the King Anglican Church, Decherd (services available on CtK's FB page)

9 a.m. Sunday Service, Sunday

11 a.m. Bible Study, Wednesday

6:30 p.m. Bible Study, Wednesday Cowan Fellowship Church

10 a.m. Sunday School, Sunday

11 a.m. Worship Service, Sunday

Cumberland Presbyterian Church, Cowan (www.facebook.com/cowancpchurch/)

10 a.m. Sunday School, Sunday

11 a.m. Worship, Sunday Cumberland Presbyterian Church, Monteagle

9:30 a.m. Bible Study, Sunday

11 a.m. Worship Service, Sunday

Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service, Sunday

10 a.m. Sunday School, Sunday **Decherd United Methodist Church**

9:45 a.m. Sunday School, Sunday

10:50 a.m. Worship Service, Sunday **Epiphany Mission Church, Sherwood**

(services canceled until further notice) 10:30 a.m. Holy Eucharist, Sunday

First Baptist Church, Cowan

9:15 a.m. Sunday School, Sunday

10:25 a.m. Worship, Sunday

6 p.m. Worship, Sunday

Good Shepherd Catholic Church, Decherd (all masses/gatherings canceled)

10 a.m. Mass, Sunday

2 p.m. Spanish Mass, Sunday

9 a.m. Communion, Monday, Wednesday

9 a.m. Mass, Tuesday, Thursday, Friday

7 p.m. Spanish Mass, Thursday

4 p.m. Confession, Saturday 5 p.m. Mass, Saturday

Grace Fellowship Church

10:30 a.m. Sunday School/Worship Service, Sunday Harrison Chapel Methodist Church, Midway (FB Live service below)

8 a.m. Radio Show, Sunday (WSGM 104.7 FM)

11 a.m. Worship Service, Sunday (FB Live) Hobbs Hill Community Church, Tracy City (will hold services until further notice)

10 a.m. Sunday School, Sunday

11 a.m. Morning Service, Sunday

5 p.m. Evening Service, Sunday

6 p.m. Evening Service, Wednesday

Midway Baptist Church

9:45 a.m. Sunday School, Sunday 10:45 a.m. Morning Service, Sunday

6 p.m. Evening Service, Sunday

6 p.m. Bible Study, Wednesday

Midway Church of Christ

(services canceled for March 29) 10 a.m. Bible Study, Sunday

11 a.m. Morning Service, Sunday

6 p.m. Evening Service, Sunday Monteagle Church of Christ

11 a.m. Morning Service, Sunday

6 p.m. Bible Study, Wednesday Monteagle First Baptist Church (FB Live services until further notice)

11 a.m. Worship Service, Sunday

6 p.m. Bible Study, Wednesday

Monteagle Seventh-Day Adventist

11 a.m. Worship, Saturday Morton Memorial United Methodist, Monteagle (services/meetings canceled until further notice)

9:30 a.m. Book discussion, Wesley House, Sunday

9:45 a.m. Sunday School, Sunday

11 a.m. Worship Service, Sunday

5:15 p.m. Wednesday Suppers, Wednesday 6 p.m. Bible Study, Wednesday

Mountain of God Tabernacle, Monteagle (online worship services via Zoom. Info: call (931)924-5339 or go online, <www.WildfireOn-

TheMountain.com>) 11 a.m. Worship Service, Sunday

New Beginnings Church, Monteagle

10:45 a.m. Worship Service, Sunday

5 p.m. Worship Service, Sunday New Beginnings Church, Pelham

9:45 a.m. Worship Service, Sunday

New Creations Ministries 4 p.m. Prayer Meeting, Sunday

New Hope Church of God in Christ, Cowan

11 a.m. Sunday Service, Sunday

6 p.m. Sunday Service, Sunday

Otey Memorial Parish Church (FB online services until further notice; Christian

Education FB/Zoom) 8:30 a.m. Holy Eucharist, Sunday

9:45 a.m. Christian Formation, Sunday

11 a.m. Holy Eucharist, Sunday

7:30 a.m. Morning Prayer, Monday–Friday 4:30 p.m. Evening Prayer, Monday-Friday

7 p.m. Centering Prayer, Monday

Pelham United Methodist Church (services online)

9:45 a.m. Sunday School, Sunday

11 a.m. Worship Service, Sunday

St. Agnes' Episcopal Church, Cowan (www.facebook.com/saintagnescowan1899)

10 a.m. Sunday School, Sunday

11 a.m. Holy Eucharist, Sunday

St. James Episcopal Church (services canceled until further notice)

9 a.m. Holy Eucharist, Sunday 10:30 a.m. Adult Education, Sundays in Lent

St. Margaret Mary Catholic Church, Alto

(all masses/gatherings canceled through April 24) 8 a.m. Mass, Sunday

Sewanee Church of God

10 a.m. Sunday School, Sunday

11 a.m. Morning Service, Sunday

6 p.m. Evening Service, Sunday

Sisters of St. Mary's Convent

(Convent and Chapel closed until further notice)

8 a.m. Holy Eucharist, Sunday 5 p.m. Evensong, Sunday

7 a.m. Morning Prayer, Tuesday–Friday

7:30 a.m. Eucharist, Tuesday–Friday noon Stations of the Cross, Friday

5 p.m. Evening Prayer, Tuesday–Sunday

7:45 p.m. Compline, Tuesday–Friday

7:30 a.m. Morning Prayer, Saturday 8 a.m. Eucharist, Saturday

St. Mary's Sewanee (all activities canceled until further notice)

Tracy City First Baptist Church

(services canceled until further notice) 9:45 a.m. Sunday School, Sunday

10:45 a.m. Morning Worship, Sunday

6 p.m. Evening Worship, Sunday

6:30 p.m. Gospel Project for Children, Wednesday

6:30 p.m. Youth, Wednesday 7 p.m. Adult Bible Study, Wednesday

Tracy City First United Methodist Church

(services canceled untl further notice) 8:30 a.m. Early Service, Sunday

9:45 a.m. Sunday School, Sunday

11 a.m. Morning Worship, Sunday

6 p.m. Evening Bible Study, Sunday 5:30 p.m. Youth Fellowship, Wednesday

Trinity Episcopal Church, Winchester

(services canceled until further notice)

9:15 a.m. Adult Forum, Sunday 10:30 a.m. Holy Eucharist, Sunday

United Pentecostal, Monteagle 10 a.m. Sunday School, Sunday

11 a.m. Worship, Sunday

7 p.m. Worship, Wednesday Unitarian Universalist, Tullahoma

(services canceled until May)

10 a.m. Service, Sunday 6 p.m. Tullahoma Sangha, Wednesday

Village (from page 1)

department; more stringent cyber security given the increased risks of remote learning; and making an effort to secure the trail heads and trail parking lots.

"Not everyone is complying," Hartman conceded, suggesting the violators were most often visitors. "We love you, but we need you to stay away for now." A ticket with the same message will be issued to illegally parked vehicles.

Asked about summer school and summer programs, Hartman said, "We're trying to determine deadlines and when we need to make a decision...the statistics change daily. We think it's more critical deadlines than to make a mistake." Some programs may be held remotely.

Regarding the sale of items on classifieds and spreading the virus, Hartman observed, "Anytime you leave the house or engage in an activity increases the opportunity for the virus to spread...it can be something as simple as sweat and a tennis ball."

On the community level, the of community members to assess needs and develop a network of support to meet them. Called Neighbors Helping Neighbors, the committee conducted a survey. "It was reassuring to know there were many more volunteers offering to help than there were people needing help," Hartman observed.

Hartman remarked on a photo of a child on the curb playing the violin and a resident on their porch listening. "While this [pandemic] is indeed challenging, it's also a great reminder of the opportunity challenges present as we try to get through this together."

Updating the community on Sewanee Village projects, Gladu said parking lots behind Woody's Bicycles and the American Legion Hall were recently improved with gravel and wheel stops. The Legion Hall parking lot now has steps up to street level.

Looking ahead to again welcoming visitors, a wall graphic is being designed for the exterior wall of Taylor's Mercantile facing Highway 41.

The May Village Update meeting will focus on the bookstore, Gladu said. He expects construction to be completed this month or in early May.

Protect Yourself from COVID-19 Scams

https://www.tn.gov/ attorneygeneral/workingfor-tennessee/consumer/ scams-schemes-swindles/ coronavirus-scams.html>.

Franklin County (from page 1)

tend the closure a couple of days or longer. We are starting with one week. We will stay on top of this and in touch with the county," Alexander said. "First responders, of course, will continue to do what our hero first responders always do. They're going to be out there keeping us safe."

Alexander added that during this unprecedented situation he, Bean and other county leaders are taking things day-by-day.

"People are constantly on the phone to Director Bean and myself, asking questions about what will happen. We give them the best answers we can, but we are right in the same boat. We are getting the same info they are and we are using our good common sense. We believe it is in the best interest of Franklin County for us to send our people home. The less contact we have with one another, the better off we are going to be. That is how you beat this virus, and that's what we are going to do," he said.

Bean said that he is currently unable to answer any questions about 12. prom and graduation, but as things develop over the next couple of weeks,

Looking forward to next year, both Alexander and Bean agreed that losses would be suffered. A large portion of the county's budget is sales prudent to wait and determine tax, and with folks being ordered to stay home as much as possible, local stores are seeing a decline in business.

> "Our budget process is upon us and we can't do much of anything until we are able to get some idea of what kind of revenue we can expect for next year. We really cannot make an intelligent budget until we have a little bit of an idea of what we can expect. Right now, frankly we do not know what to expect. That's the only answer I've got right now," Alexander said. "All I can say is hang in there, Franklin County. Hang

> Bean announced on April 8 that beginning next week, a 2-hour spot will be reserved on WCDT to provide programming for students across

Dubbed Extreme Wednesdays, Bean said the first 20 minutes of the EMET convened a committee program will be devoted to programming for students from kindergarten to second grade. The next segment will be aimed at third through fifth graders. Splitting the program in two will be a 15-minute exercise session during which local physical education staff will direct students to get up and move. Following the exercise session will be programming directed at middle and high school students.

"I ask everybody to tune in for the first one and take part," Bean said. "All school facilities except for the food programs will be closed. If you have something you are in desperate need of, try to get it taken care of today or try to find it online. Most everything is online," he said. "Offices will be closed until next Thursday. We will open back up again then. If things don't go well next week, there could be a possibility that we would extend those two days, but we will not extend beyond that. I will stay in communication with everyone on any changes.

Next Thursday, Bean will work with school principals to arrange for a limited number of staff to be on site at each school to take phone calls, collect packets and provide Chromebooks.

Bean added on April 9, he will be speaking with state administrators to discuss plans for graduation and to determine the number of credits a graduating senior will need to complete their degree.

'The School Board of Tennessee has made very clear what I have already said. Students during this time period will not lose ground grades-wise. Their grades will not suffer because of us being out. Students do have the opportunity to improve their grades during this time. Do the work, and your grade can improve. No one will be penalized by this epidemic and being out of school," he said. "There has been a proposal to cut the number of credits needed down from 22 to 20. We will know

Looking ahead, Bean said in the coming weeks, they will likely be able to determine whether students will return to school on April 27. Governor Bill Lee has not yet made a recommendation for Tennessee schools to remain closed past April 30. Bean added that regardless of what the schedule is for the remainder of this academic year, traditional summer programming will be cancelled, and plans for summer school are currently on hold.

"We will wait another two weeks to determine where we are on that," he said. "I do think we owe it to our kids, especially our youngest kids, to offer some reading opportunities. We want to offer extra reading help this summer, but plans are still being made.

Listen to the full conversation here https://www.facebook.com/ WCDTRadio/videos/558430091452664/>.

Editor's Note: The Judicial Center, Franklin County Health Department, Emergency and First Responders are not included in this shut down, information at the website <www.franklincotn.us>.

Church News

During these turbulent times, the staff of **All Saints' Chapel** brings you a series of unique services. The plan is to continue through Easter (and beyond). Online services during the COVID-19 pandemic https:// new.sewanee.edu/campus-life/believing/all-saints-chapel/all-saintschapel-services/online-services/>. On Easter Day, beginning at sunrise, All Saints' Chapel will present an "Easter message from Sewanee." This short video seeks to tell the Christian story stretching from the cross of Good Friday to the resurrection of Jesus on Easter morning.

The video by Stephen Alvarez will run less than 10 minutes and will feature some of Sewanee's most familiar voices. It will be available here <www.asconlineservices.sewanee.edu> beginning Easter Sunday, April

Christ Church Monteagle has a Facebook page, and this is only one way that we are trying to encourage people through this period of Shelter in Place.'

Christ the King Anglican Church, 1241 Cumberland St., in Decherd will have Facebook live videos for the following services during Holy Week: Good Friday at 6:30 p.m. and Easter morning at 9 a.m.

Cowan Churches: In response to health and travel directives during the COVID-19 outbreak, church services and large group gatherings are suspended through the month of April and until further notice.

The links below will help you find live-stream and video services, online meditations, news and updates.

Abundant Life Assembly of God https://www.facebook.com/abun- dantlifeaog/>. Cowan Cumberland Presbyterian Church < https://www. facebook.com/cowancpchurch/>. Cowan First Baptist Church https:// www.facebook.com/CowanFirstBC>. Goshen Cumberland Presbyterian Church https://www.facebook.com/goshencpc/. St. Agnes' Episcopal Church https://www.facebook.com/saintagnescowan1899/

Good Shepherd Catholic Church and St. Margaret Mary Catholic **Church** have canceled all church services and activities for this week through April 24.

Monteagle First Baptist Church will have FaceBook live videos for the following services until further notice. These services are Sunday at 1 a.m. and Wednesday at 6 p.m.

Morton Memorial UMC has announced the suspension of all activities on the MMUMC campus through the end of April. Our website address is <www.mortonmemorialumc.com>. We also have a Facebook page and we will work to keep everyone informed.

MMUMC will hold its monthly food ministry distribution on Saturday, April 11, from 8–10 a.m. and will only offer a drive thru service. Please bring your church issued ID card, or your SNAP card or your recent proof of income, if applicable. Please remain in your car, and you will be directed to the loading area when ready. The St. Thomas mobile medical unit will not be available but will return in May. If you have health concerns, please call your local health department.

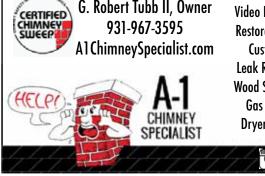
The Mountain of God Tabernacle, 331 King St., Monteagle, offers online worship services via Zoom. For info call 931-924-5339 or go online to <www.WildfireOnTheMountain.com>

Worship services will be online at the **Otey Memorial Parish** Facebook Page and YouTube channel: Good Friday starting at noon and Easter Day starting at 8:30am.

Christian Formation is being offered online. For more information on how to participate, please contact <oteyformation@gmail.com>.

The parish office is closed and staff are working remotely. The office phone (598-5926) and email (oteyparish@gmail.com) are being monitored and messages responded to.

St. James is suspending public worship until further notice. Services for the Unitarian Universalist Church of Tullahoma and the Tullahoma Sangha will be canceled until the first week of May due to the coronavirus. Visit <Tullahomauu.org> for more information.













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MLS 2138387 - 1528 Monteagle Falls Rd., six rental units. $\$190,\!000$



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MLS 2101257 - 149 Gudger Rd., Sewanee. 5 acres. \$269,000



BLUFF - MLS 2063145 - 185 Turning Point Ln., Sewanee. 12+acres. \$698,000



MLS 2136495 - 222 Lily Ln., Jasper. \$99,500



MLS 2115779 - 375 Caldwell Rd., Sewanee.



MLS 2133351 - 112 Maple St., Sewanee. \$223,000



MLS 2112396 - 1020 Sherwood Rd., Sewanee. \$192,000



MLS 1983502 - 174 Carpenter Cir., Sewanee. \$460,000





MLS 2134567 - 83 Bryan Dr., Winchester. \$315,000



Bear Court - Monteagle \$29,000 LOTS & LAND



BLUFF - MLS 1923054 - 1833 Laurel Lake Dr., Monteagle. \$429,000



MLS 2111402 - 15344 Sollace Freeman Hwy., Sewanee.

MLS 2024156 - 1573 Carter Rd., Decherd. \$225,500

Roarks Cove Rd. E, 15+ ac	2136490	\$42,500				
Roarks Cove Rd. E, 17+ ac	2136512	\$32,500				
Bear Ct., .51 ac, #18	2130056	\$29,000				
Bear Ct., .5 ac, #19	2130059	\$29,000				
Bear Ct., .58 ac, #20	2130058	\$29,000				
13 Browbend Dr., 1.9ac	2130040	\$54,000				
14 Browbend Dr., 1.5 ac	2130051	\$54,000				
8 Jackson Pt. Rd. 5 ac	2115740	\$36,000				
1159 Sassafras Ct., 5.27 ac	2072615	\$59,000				
57 Edgewater Ct. Win.	2062210	\$28,900				
Lake Lot, Corby's Rift	2090148	\$76,000				
0 Gipson DENDING ac	2089624	\$499,500				
Will divide into tracts, 15 acres +						
·						

BLUFF T	TRACTS		
9 Jackson Pt. Rd. 12.66 ac	2105112	\$159,000	
0 Partin FaSOLDd.	2094774	\$64,500	
36 Long View Ln. 2.57 ac	2073074	\$75,000	
1639 Jack ஓரு நி. Rd. 17+ ac	2066610	\$69,000	
2 Jackson Pt. Rd. 8.63 ac	2014037	\$88,000	
16 Laurel Lake Dr.	1989467	\$97,500	
14 Jackson Pt. Rd 18.6 ac	1803643	\$129,500	
3 Horseshoe Ln. 5.6 ac	1608010	\$60,000	
15 Saddletree Ln. 6.12 ac	1978549	\$68,000	



MLS 2116520 - 394 Dykes Hollow Rd. 10+/- acres. \$250,000



BLUFF - MLS 1974844 - 1613 Laurel Lake Dr., Monteagle. 5.3 acres. \$445,000

Local Leaders Recognize **VISTAs**

Grundy County Mayor Michael Brady and University of the South Vice-Chancellor John McCardell joined thousands of local leaders across the country this week to recognize volunteers on National Service Recognition Day.

In lieu of the planned National Service Recognition Day ceremony, to have been held on the campus of the University of the South, both leaders issued proclamations recognizing April 7 as National Service Recognition Day.

"South Cumberland Plateau communities are now impacted by COVID 19 in every way. Having to cancel the planned National Service Recognition Day ceremony is one of countless examples. Despite these changes, we want formally to recognize, honor, and thank the AmeriCorps VISTA members who serve our community," wrote Vice-Brady in a joint statement.

"South Cumberland Plateau AmeriCorps VISTA members make our community safer, stronger and healthier. We are deeply grateful for your dedication and sacrifice. We thank you, for all that you do. Our community needs your service now more than ever," the joint statement continued.

South Cumberland Plateau VISTAs serve with community partners, including nonprofits and local government agencies, in the tri-county area of Franklin, Grundy and Marion. On average, ten to sixteen VISTA members serve in the program, providing vital support to community partners. In the summer months, twenty Summer Associate VISTAs join their ranks to help address summer meal insecurity and academic learning loss among youth.

For information about becoming a VISTA member or enlisting a VISTA to join your organization, please visit https://tinyurl.com/ scvista> or contact Vicki Borchers at <vmborche@sewanee.edu>.

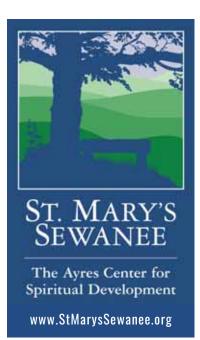


and Afternoon tea.

11:30 to 4 Thursday through Saturday

DINNERS BY RESERVATION

(931) 592-4832 178 Oak Street, Tracy City



CDC on Homemade Cloth **Face Coverings**

The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of significant community-based transmission.

CDC also advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserved for healthcare workers and other medical first responders, as recommended by current CDC guidance.

Go to https://www.cdc.gov for more information.

Stay Healthy

Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

If soap and water are not readily available, use a hand sanitizer that contains at least 60 percent alcohol. Cover all surfaces of your hands and rub them together until they feel dry.

serve our community," wrote Vice-Chancellor McCardell and Mayor Avoid close contact. Avoid close contact with people who are sick.

Put distance between yourself and other people if COVID-19 is spreading in your community. This is especially important for people who are at higher risk of getting very sick.

Stay home if you are sick, except to get medical care. Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.



How to Wear Face Cover

- fit snugly but comfortably against the side of the face
- include multiple layers of fabric allow for breathing without restri
- be able to be laundered and machine dried without dam change to shape

CDC on Homemade Face Covers

CDC recommends wearing doth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of significant community-based transmission the virus and help people who may have the virus and do not know it from transmitting it to others. Cloth face coverings fashioned from household ms or made at home from common materials at low cost can be used as a ditional, voluntary public health measure.

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The cloth face coverings recommended are not surgical masks or N-95 respirators. Those are critical supplies that must continue to be reserve healthcare workers and other medical first responders, as recommended by

Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?

How does one safely sterilize/clean a cloth face cover? A washing machine should suffice in properly washing a face covering

How does one safely remove a used face cover?



cdc.gov/coronavirus

A Collective Practice in Meditation: A Manifestation of Love & Healing from the Cumberland Plateau in Tennessee to the World

From the residents atop the Cumberland Plateau spanning Grundy, Marion and Franklin Counties of Tennessee:

In this time of global suffering and uncertainty, we are being called to confront our collective fear and meet this historic opportunity with presence, courage, compassion and love. We are being challenged now to raise our consciousness in order to bring healing through the power of love for not only ourselves but each other.

We are asking everyone to enter into a collective meditative mindset each morning or evening beginning at 7:00-7:15 until COVID-19 is

We ask that you approach this meditation however you choose but from your heart space. You may choose to pray, sit in silence or find a quiet place to be alone and center your focus by exhaling a few deep breaths allowing your heart space to open and send love and healing energy to the world. You must also be willing to accept those same energies into your heart space, as well, in order to help the global population heal and recalibrate our future.

Together, we can help eradicate a common enemy. But, we must each do our part - please join us in our efforts to help heal the suffering with loving compassion and heartfelt support.

> Peace, The residents of the Cumberland Plateau

Author's note - The idea for the aforementioned collective meditation is from Adam Randolph of Monteagle, TN, a concerned resident and Tennessee licensed clinical therapist and social worker.

Wording and composition provided by Nancy Oliver, also, of Monteagle, TN, a concerned resident and local small business owner at Sweeton Home

ANGELWITH ANATTITUDE



Dear Angel,

I'm full of anxiety and fear, and also equally bored of staying at home. My family is fraying because we all have different needs and are getting on each other's last nerves. Please, Angel, tell me what we can do to get through this dark time?

Signed, On the Edge

Dear Cliffhanger,

First of all, know that you are not alone in your feelings; they are universal. However, there is a light in the darkness. Two words: "Tiger King." That's right, "Tiger King." If there's anything in this world that could act as an antidote to the 24-hour COVID-19 news cycle, it's not hydroxychloroquine; it's Joe Exotic and Carole Baskin. And if you do not recognize those names, you've clearly been living in an internet-free underground shelter. Get out now, and get Netflix. That's your key to survival.

Though our politics may divide us, and the virus may isolate us, Tiger King brings us together. Never before has pure trash television been so uplifting because when you watch it, you can look at your family, and exclaim with sincerity, "well, we're not that bad off!" That is, if you and your family do not keep a menagerie of Big Cats in captivity, marry several people at the same time, murder your spouse, and feed him to tigers (maybe!).

Tiger King is now the darling of social media; every other meme, TikTok, or Instagram references the show, and you'll be scorned in your Zoom conferences if you don't have a theory about what happened to Carole Baskin's husband. The curriculum committee has already approved a new course for the fall entitled "More Viral than the Pandemic? Transgressing the Heteronormative Discourse in 'The Tiger King'.'

It's not clear, however, that humanity deserves to survive the pandemic if we've chosen Joe Exotic as our savior. Nevertheless, if given the choice between another televised briefing from President Trump or one more episode of Tiger King, go with Tiger King every time.

Stay Safe and Stay Sane!

(in)



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COVID-19 Bulletin #15 - April 8, 2020

On April 8, Governor Bill Lee for health care workers. provided an update on Tennessee's

ences can be viewed live this week Health portal if they are willing to clinics across Middle Tennessee Monday through Thursday at serve. So far, over 800 health care and is deploying the use of ID Now 3 p.m. CDT. Gov. Lee has also personnel have engaged with us. established a website specific to COVID-19 updates which can be found here https://www.tn.gov/ governor/covid-19.html>.

Unemployment Relief

To support the self-employed and ensure they gain access to unemployment benefits during this hard time, The Department of Labor and Workforce Development is currently reprograming <www. Jobs4TN.gov> to accommodate ing content, and HealthStream served, and community spread the federal program, Pandemic employee support – free to the state through close medical interaction Unemployment Assistance (PUA) and the new \$600 weekly federal

The Department is working diligently to make these changes as reputation and we believe that their cally cover all procedures that are quickly as possible so Tennesseans generous offer to make training elective and non-urgent and can can start receiving both the state resources free to the professionals, and the federal payment.

unemployed worker and you have the Alternative Healthcare Facilialready submitted a claim, you do ties is going to ensure high-quality and invasive procedures to essential not need to reapply. All Tennes- care is delivered. seans receiving unemployment or Pandemic Unemployment Assistance will automatically receive the weekly \$600 federal benefit, in addition to their unemployment benefit.

Health Care Surge Capacity Staffing

As Tennessee builds surge capacity, one of the most important components is ensuring we have mentation of this technology will qualified health care workers in help states across the country test the event that COVID-19 cases more people, faster and chip away overload our hospitals.

around retired medical profes- maximize this technology. sionals and temporarily suspsends

efforts regarding COVID-19 relief. care workers are encouraged to Gov. Lee's daily press confer- sign up through the Department of

HealthStream

Unified-Command, through their work with Launch Tennessee, has developed a public-private partnership with HealthStream. HealthStream is a publicly traded, of hospitals in the country.

HealthStream has offered its 30, 2020. The order: learning platform, COVID train-Alternative Healthcare Facilities for our surge planning.

HealthStream has a tremendous volunteers, and returning health-If you are self-employed or an care workers that will be staffing

Abbott COVID-19 Testing

At the end of March, Abbott announced the development of a new rapid COVID-19 test on the ID Now Machine. These rapid, point of care tests show a positive COVID-19 result in as little as 5 minutes and a negative COVID-19 result in about 13 minutes.

The development and impleat the testing backlog. Yesterday, In March, Gov. Lee issued an the CDC provided our state health executive order to help procure lab with one ID Now machine qualified medical personnel. That and 120 initial tests. We are acexecutive order loosens restrictions tively working to get more tests and

In addition to the state lab getcontinuing education requirements ting access to rapid, point of care

tests, private providers in Tennessee Retired and furloughed health are gaining access to this cuttingedge technology.

American Family Care operates at their clinics and has the capacity to test close to 4,000 Tennesseans. sector have helped make our state a leader in testing.

Executive Order 25

Today, Gov. Lee signed Execu-Tennessee company that provides tive Order 25, which extends the education resources for 80 percent postponement of elective medical and dental procedures until April

Helps ensure that PPE is pre-- to facilitate the launch of these is limited during the upcoming weeks in which cases/hospitalizations are expected to increase;

> Expands EO18 to more specifibe delayed until after the Order without risking serious adverse consequences to a patient; and

Limits attendance at surgeries personnel to preserve PPE to the greatest extent possible.

The text of the order can be found here https://publications. tnsosfiles.com/pub/execorders/ exec-orders-lee25.pdf>.

Essential Businesses & Services

On March 30, Governor Lee issued Executive Order No. 22, putting a statewide safer at home order in place which restricts businesses that cannot possibly safely operate during COVID-19 including businesses like barbershops, salons, The aggressive efforts of the private recreational and entertainment outfits. The order, at the same time, provides for the continuation of essential businesses throughout every county because we must protect Tennessee's economy and keep our

> Executive Order No. 22 deems certain work by businesses or organizations essential under Attachment A to the Order. For purposes of this order, a business or organization whose activities serve an essential business or organization is essential by extension.

Your business is essential if it is

listed either in:

tification of Essential Critical Infrastructure Workers During COVID Response issued by the Cybersecurity and Infrastructure Security Agency (CISA) of the United States Department of Homeland Security. Please refer to pages 5-15 of the Memorandum which is available here https:// www.cisa.gov/sites/default/files/ publications/CISA_Guidance_on_ the_Essential_Critical_Infrastruc-

communities safe.

(1) The Memorandum on Identure_Workforce_Version_2.0_Up-

Social Planning While Distancing

received responses from a survey neighbor and do a quick check in. and has created a separate group of volunteers to address "social into place ways to communicate created approximately 30 posters and maintain social contact as a community while maintaining our working on photographing the distance. There are currently a few posters and making either a virtual events that members are working gallery collection will be displayed on and the first will take place on Sunday, April 19, from 5–5:15 p.m. The proposed event models the citiyou have them. This is also a great 20-24.—*Lisa Hartman and Ki Fort*

The Community COVID team way to wave from a distance to your

The second event will be centered around Earth Day, which is planning while distancing" in the April 22. Prior to the need to shelter Sewanee area. The idea is to put in place students in our area had for the event. Volunteers will be in another accessible and safe manner. Updates to follow.

The second part of the Earth zens of New York City. The citizens Day celebration will be participatring bells to honor and support all ing in the annual Arthur Knoll of the first responders. The idea is Memorial Clean Up but extendto ring bells, blow a whistle, or just ing to a week and not a single day. make some "joyful music." We we ask that the residents of the would like the entire community surrounding communities walk to try to make enough "music" that around their homes and neighborthe hospital and EMS employees hoods at safe distances and collect can step out (if they are able) and trash/waste to add to their weekly hear us. The plan moving forward trash collection. We will officially would be to do this every Sunday. start this process on April 20. The Please maintain all precautions University will be able to pick up and stay 6 feet or more from your trash bags from the Mountain neighbors and wear your masks if Goat Trailhead in Sewanee, April

dated.pdf> or

(2) Attachment A to Executive Order No. 22. https://publica- tions.tnsosfiles.com/pub/execorders/exec-orders-lee22.pdf>

For purposes of reviewing Attachment A, you may find guidelines for your specific industry using the page and paragraph references below:

Health Care and Public Health Operations (Section 2, Page 7)

Human Services Operations (Section 3, Page 7) Essential Infrastructure Opera-

tions (Section 4, Page 8)

Essential Government Functions (Section 5, Page 8)

Food and Medicine Stores (Section 6, Page 8) Food and Beverage Production

and Agriculture (Section 7, Page 8) Organizations that Provide

Charitable and Social Services (Section 8, Page 9)

Religious and Ceremonial Functions (Section 9, Page 9)

Media (Section 10, Page 9) Gas Stations and Businesses Needed for Transportation (Section

11, Page 9) Financial Institutions and Insurance Entities (Section 12, Page 9) Hardware and Supply Stores

(Section 13, Page 9) Critical Trades (Section 14,

Mail, Post, Shipping, Logistics, Delivery, and Pick-up Services (Section 15, Page 10)

Educational Institutions (Section 16, Page 10)

Laundry Services (Section 17,

Restaurants for Off-Premises Consumption (Section 18, Page 10) Supplies to Work from Home (Section 19, Page 10)

Supplies for Essential Businesses and Operations (Section 20, Page

(Any business that sells, manufactures, or supplies other Essential Services listed)

Transportation (Section 21, Page 11)

Home-based Care and Services (Section 22, Page 11) Residential Facilities and Shel-

ters (Section 23, Page 11)

Professional Services (Section 24, Page 11)

Manufacturing, Distribution and Supply Chain for Critical Products and Industries (Section 25, Page 11)

Hotels and Motels (Section 26, Page 11)

Funeral Services (Section 27, Page 11) Outdoor Recreation (Section

28, Page 11) Businesses with 10 or Fewer

Persons on Premises (Section 29, Page 11)

Maintaining Business Assets/ Remote Work/Payroll (Section 30,

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Government Info

Centers for Disease and Prevention Control https://www.cdc.

Internal Revenue Service https://www.irs.gov">

Tennessee Department of Economic & Community Development https://www.tn.gov/ ecd/rural-development/tennesseebroadband-grant-initiative/tnecdbroadband-covid-19-resources>

Tennessee Health Deparment https://www.tn.gov/health/cedep/ ncov.html>

Tennessee Small Business Resources https://www.tn.gov/ecd/ covid-19-small-business-resources> US Census https://2020census.

TDOE Releases Schedule and Resources for Video Lessons Airing Statewide on

The Tennessee Department of Education is partnering with PBS stations across the state to offer first-eighth grade students up to 30 hours of standards-aligned instructional lessons per week during times of COVID-19 school closures.

'We know so many Tennesseans have grown up learning from public television and are so grateful to PBS for embodying the volunteer spirit and supporting our students in this critical way," said Education Commissioner Penny Schwinn. "We are amazed by the response of PBS and Tennessee's educators to support at-home learning during these

The 30-minute segments will air from 10 a.m. to noon CST each weekday on the main channels of each of the six PBS stations across the state: WNPT Nashville, East Tennessee PBS, WCTE Upper Cumberland, WKNO Memphis, West TN PBS, and Chattanooga WTCI. Additionally, viewers can watch or record up to four more hours of content that will be broadcast overnight.

Broadcast programming, developed by the Tennessee Department of Education in partnership with teachers across the state, will cover English language arts (ELÂ) and math for first through sixth grades. For seventh and eighth graders, recorded video lessons will be available online starting April 13.

Accompanying lesson plans and work packets will be posted on the department's website for teachers and families to use, adapt, and build upon. Access the lesson plans and student work packets at www.tn.gov/ education/pbsteaching.

The department will also make all videos available on its YouTube channel after they air.

This partnership builds upon several preexisting partnerships that some school districts have with their local PBS station. Local listings will reflect individual station schedules and include programming for additional educational content.

Daytime Schedule:

Monday— first and second grade ELA and Math Lessons 10 a.m. CST- first grade ELA

10:30 a.m. CST- first grade Math

11 a.m. CST- second grade ELA 11:30 a.m. CST- second grade Math Tuesday— third and fourth grade ELA and Math Lessons

10 a.m. CST- third grade ELA

10:30 a.m. CST- third grade Math 11 a.m. CST- fourth grade ELA 11:30 a.m. CST- fourth grade Math

Wednesday— fifth and sixth grade ELA and Math Lessons 10 a.m. CST- fifth grade ELA 10:30 a.m. CST- fifth grade Math

11 a.m. CST- sixth grade ELA 11:30 a.m. CST- sixth grade Math

Thursday—first and second grade ELA and Math Lessons 10 a.m. CST- first grade ELA

10:30 a.m. CST- first grade Math

11 a.m. CST- second grade ELA

11:30 a.m. CST- second grade Math Friday— third and fourth grade ELA and Math Lessons

10 a.m. CST- third grade ELA

10:30 a.m. CST- third grade Math

11 a.m. CST- fourth grade ELA 11:30 a.m. CST- fourth grade Math

Overnight Schedule:

Recorded videos covering ELA and Math for grades first through sixth will stream from 1 a.m.- 5 a.m. CST Monday through Friday.

Lesson plans and student work packets: <www.tn.gov/education/ pbsteaching>

Seventh grade- ELA and Math Lessons starting the week of April 16 Eighth grade- ELA and Math Lessons starting the week of April 16 Other guidance documents and resources developed specifically for

district and school leaders are available on the Tennessee Department of Education's coronavirus webpage https://www.tn.gov/education/ health-and-safety/update-on-coronavirus.html>.



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Guidance on Pandemic **Unemployment Assistance**

The U.S. Department of Labor announced the publication of Unemployment Insurance Program Letter (UIPL) 16-20 providing guidance to states for implementation of the Pandemic Unemployment Assistance (PUA) program. Under PUA, individuals who do not qualify for regular unemployment compensation and are unable to continue working as a result of COVID-19, such as self-employed workers, independent contractors, and gig workers, are eligible for PUA benefits. This provision is contained in Section 2102 of the Coronavirus Aid, Relief, and Economic Security Act (CARES) Act.

PUÁ provides up to 39 weeks of benefits to qualifying individuals who are otherwise able to work and available for work within the meaning of applicable state law, except that they are unemployed, partially unemployed, or unable or unavailable to work due to COVID-19 related reasons, as defined in the CARES Act. Benefit payments under PUA are retroactive, for weeks of unemployment, partial employment, or inability to work due to COVID-19 reasons starting on or after January 27, 2020. The CARES Act specifies that PUA benefits cannot be paid for weeks of unemployment ending after December 31, 2020.

Eligibility for PUA includes those individuals not eligible for regular unemployment compensation or extended benefits under state or federal law or pandemic emergency unemployment compensation (PEUC), including those who have exhausted all rights to such benefits. Covered individuals also include self-employed individuals, those seeking part-time employment, and individuals lacking sufficient work history. Depending on state law, covered individuals may also include clergy and those working for religious organizations who are not covered by regular unemployment compensation.

The UIPL also includes guidance to states about protecting unemployment insurance program integrity. The department is actively working with states to provide benefits only to those who qualify for such benefits.

For more information on UIPLs or previous guidance, please visit: https://wdr.doleta.gov/directives/>.

The Employment and Training Administration administers federal job training and dislocated worker programs, federal grants to states for public employment service programs, and unemployment insurance benefits. These services are primarily provided through state and local workforce development systems.

FC Kindergarten Registration Canceled

Franklin County Schools regrets the cancelation of kindergarten registration at this time. If you have a child that will be attending kindergarten in Franklin County in the 2020-21 school year we ask that you go to http://fcstn.net and submit the survey. This will aid in planning of appropriate staff. This is just a survey, not registration. Kindergarten registration will be rescheduled for a later date. Thank you for your patience and cooperation during this time.

Meal Pick Up for School Children

All meals will be picked up and not consumed onsite. These are free meals that will continue until the public schools resume classes at the school.

In Franklin County, this service will be provided until school reopens, from 10 a.m.-1 p.m., Mondays and Thursdays at the

following locations: Clark Memorial – drive-thru by kitchen

Cowan Elementary - front

drive-thru Decherd Elementary - back

drive-thru Franklin County High School

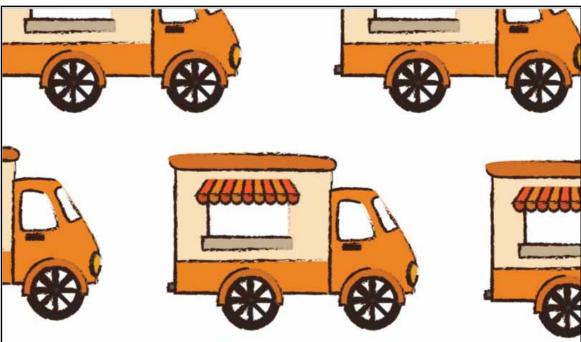
front drive-thru Huntland – back drive-thru

Sewanee Elementary – front drive-thru

Grundy County Schools Grab and Go Meals will be offered on Mondays, 10 a.m.-noon, with drive-thru and curbside pickup at the following locations: Coalmont Elementary, North Elementary, Palmer Elementary, Grundy County High School, Pelham Elementary, Swiss Elementary, Tracy City Elementary. Five breakfast meals and five lunch meals will be distributed.

Marion County Grab and Go Meals will be available Monday-Friday, 9 a.m.-10:30 a.m., with drive-thru or pickup at the following schools, Jasper Elementary, Monteagle Elementary, South Pittsburg Elementary, Whitwell Elementary.

We are glad you are reading The Messenger! <sewaneemessenger.com>



FOLKS AT HOME IN COORDINATION WITH COMMUNITY VOLUNTEERS, THE OFFICE OF CIVIC ENGAGEMENT, AND SYNA3C

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The full moon on April 7 was this year's closest to the Earth: the Old Farmer's Almanac calls it a "Pink Moon" this month, but the Sewanee view between clouds doesn't look pink. Photo by Lyn Hutchinson



Redbuds. Photo by Kim Butters.

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COVID-19 and TN State Parks

In support of Governor Lee's Executive Order 23, we have made the difficult decision to close Tennessee State Parks. This closure is effective April 4, 2020 and will be in place through April 14, 2020. This is a complete closure of trails, facilities, and access to all Tennessee State Parks and Designated State Natural Areas.

All Trails & Public Spaces Temporarily Closed

All trails and public spaces are closed. This includes: trails and scenic overlooks; public restrooms and bathhouses; parking lots; picnic areas and picnic shelters; playgrounds; open areas, fields, forests, and all undeveloped areas; boat ramps managed by tennessee state parks; visitor centers; park offices; assembly halls or recreational buildings; marinas; camper check-ins; seasonal operations; leased operations; and overnight accommodations temporarily closed.

All park cabins, lodges, group overnight facilities, and campgrounds are closed through April 14. At this time, upcoming reservations between April 15 and April 30 will be honored. Online reservations will remain available for trips with check-in dates after April 30.

Group Guests

If you are a group planner, we encourage you to communicate directly with the park at which you have planned your event. This will allow park staff to work directly with you and answer logistical questions pertaining to your particular event. Parks can assist groups with rebooking to a date later in the year. Rentable facilities (like shelters and pavilions) with reservations between now and April 14 will be fully refunded. At this time, rentable facilities with prior reservations between April 15 and April 30 will be honored.

Park-hosted Event Cancellations

Tennessee State Parks are canceling all park-hosted events through April 15. We do apologize for any inconvenience this poses to you. If you purchased a ticket to a paid event, we are working diligently to cancel and process refunds in our reservation system. As always, thank you for choosing to support Tennessee State Parks.

NATURENOTES

by Yolande Gottfried

Two flowering trees closely associated with Eastertime are the redbud and the dogwood. In our area, they are often in bloom together at Easter, and it looks like that may be happening this year. They also seem to be blooming especially abundantly. There are legends associating each tree with the Easter story.

are legends associating each tree with the Easter story.

The dogwood was said to be a tall, strong tree at the time of Christ and was thus used as the wood for the cross. The tree was so ashamed of this that it was granted to be small and spindly so as never to be used that way again. In addition, the "flower" was made to be in the shape of a cross, with two larger "petals" and two smaller ones. The brownish notches at the tips of these are said to represent the wounds of Christ and the cluster of flowers in the middle, the crown of thorns. The tiny flowers in that cluster are the true flowers of the dogwood. The "petals" are actually bracts that surrounded those flowers all winter and then opened and expanded, turning white to draw attention to the small, greenish-yellow flowers. The brown notches perhaps come from the weathering those bracts endured—take a good look at a dogwood near you to see the bracts on the closed bud and watch them as they open. Interestingly, though the tree is small, the wood is quite strong and resistant to shock, and has been used for such things as heads of golf clubs, handles for chisels, and shuttles for looms.

The redbud is also known as the Judas tree. It too was supposedly once tall and strong, with white flowers, and was the tree from which Judas hanged himself. Again, the tree was so ashamed of this that the flowers blushed red and tree never grew tall and strong again. This probably referred originally to another species of redbud that grows in the Mediterranean region. Redbuds are in the "bean" family, as can be seen from the shape of the flowers and the fruiting pods. One interesting feature is that the flowers will grow straight out of the bark of larger branches and even the trunk of the tree.

Freddy Tucker saw two hummingbirds at his feeders on April 1. On March 27, Tom and Marilyn Phelps report they "went to Shakerag to enjoy the spring flowers, but the real find that day was a bobcat walking down a log. It seemed as surprised to see us and we were to see it, but it just slowly walked back up the log and stood and watched us. It eventually walked through the rock and wooded area and laid down on another rock and just watched us some more."



Photo from Tom and Marilyn Phelps

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WEATHER

DAY	DATE		HI	LO			
Mon	Mar	30	65	43			
Tue	Mar	31	47	35			
Wed	Apr	01	53	38			
Thu	Apr	02	64	47			
Fri	Apr	03	73	57			
Sat	Apr	04	74	53			
Sun	Apr	05	78	55			
Week's Stats:							
Avg max temp = 65							
Avg min temp = 47							
Avg temp =							
Precipi		:	1	.32"			
Reported by Sandy Gilliam							
Domain Ranger							

Garden Vegetable Webinar

The vegetable webinar is free but you must RSVP soon. Please call the UT/TSU Extension Office in Grundy County at (931) 592-3971 or email Bobbie Grimes at

*bgrimes8@utk.edu>. This is a webinar and you will need special instructions very soon in order to join this webinar. We will be using the ZOOM platform. We recommend you RSVP early and especially before Wednesday, April 15, to ensure you can get on this webinar that is open to anyone.

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Lyn Hutchinson PHOTOGRAPHY lynhutchinson.smugmug.com

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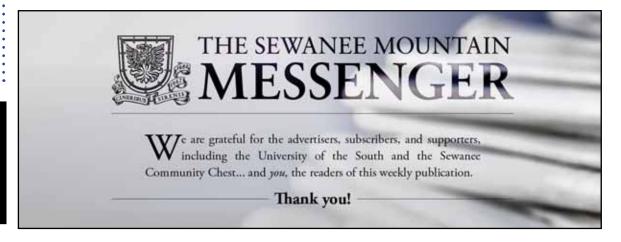
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BARDTOVERSE

by Phoebe Bates

Easter

Sunday morning and mellow as precious metal The church bells rang, but I went To church in the woods instead..

A fawn too new

For fear, rose from the grass And stood with its spots blazing,

And knowing no way but words,

No trick but music,

I sang to him.

He listened.

His small hooves struck the grass

Oh, what is holiness?

The fawn came closer, He walked to my hands, to my knees.

I did not touch him.

I only sang, and when the doe came back

Calling to him dolefully

And he turned and followed her into the trees,

Still I sang,

Not knowing how to end such a joyful text, Until far off the bells once more tipped and tumbled And rang through the morning, announcing,

The going forth of the blessed.

The Fawn, by Mary Oliver



Community Calendar

Friday, April 10 • Good Friday

8 a.m. Walking Program, F@H, Fowler Center, (canceled until further notice)

8:30 a.m. Deep Stretch Yoga, Daryllann, Community Center (canceled until further notice)

9 a.m. CAC office open, until 11 a.m.

9 a.m. Pilates, golf/tennis, Angel Park/Zoom; email <kim_butters59@hotmail.com>

10 a.m. Game day, Senior Center (canceled until end of April)

noon Spinal Spa, Angel Park/Zoom; email kim_butters59@hotmail.com

Saturday, April 11

8 a.m. Morton Memorial UMC Food Ministry, MMUMC parking lot,until 10 a.m. (see article for details)

8:30 a.m. Gentle Yoga, Robie, (\$8), Community Center (canceled until further notice)

9 a.m. MGT 5K Parkrun, Pearl's parking lot

Sunday, April 12

8:30 a.m. Vinyasa Yoga, Community Center, until 9:45 a.m. (canceled until further notice)

2 p.m. Knitting Circle, Mooney's, until 4 p.m. (canceled until further notice)
4 p.m. Hatha Yoga, Helen, Community Center

(canceled until further notice) Monday, April 13 • Easter Sunday

8 a.m. Walking Program, F@H, Fowler Center, (canceled until further notice)

9 a.m. CAC office open, until 11 a.m.

9 a.m. Body Recall, Judy, Monteagle City Hall (canceled until further notice)

a.m. Pilates, intermediate, Angel Park/Zoom; email <kim_butters59@hotmail.com>

9:30 a.m. Yoga, Daryllann, (\$8), St. Mary's Sewanee (canceled until further notice)

10:30 a.m. Chair Exercise, Ruth, Senior Center (canceled until end of April)

noon Pilates, beginners, Angel Park/Zoom; email kim_butters59@hotmail.com

5:30 p.m. Gentle Yoga, Robie, DuBose Conference Center, upper room, until 6:45 p.m. (canceled until further notice)

6 p.m. Karate, youth, Legion Hall; adults 7 p.m. 5:45 p.m. (canceled until further notice)

Tuesday, April 14

7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee (canceled until further notice)

8 a.m. GC Food Bank, Tracy City, until 10 a.m. 8:30 a.m. Deep Stretch Yoga, Daryllann, Com-

munity Center (canceled until further notice)

9 a.m. CAC office open, until 11 a.m.

9 a.m. Pilates, beginners, Angel Park/Zoom; email <kim_butters59@hotmail.com>

10 a.m. SAIL, Community Center (canceled until further notice)

10:30 a.m. Bingo, Senior Center (canceled until end of April)

noon Pilates, intermediate, Angel Park/Zoom; email <kim_butters59@hotmail.com>

4:30 p.m. South Cumberland Farmers' Market, curbside pickup, Community Center, until 6:30 p.m.

5 p.m. Yoga, Daryllann, (\$8), St. Mary's Sewanee (canceled until further notice)

6 p.m. Acoustic Jam, Water Bldg., Tracy City (canceled until further notice)

Wednesday, April 15

8 a.m. Walking Program, F@H, Fowler Center (canceled until further notice)

8:30 a.m. Gentle Yoga, Robie, (\$8), Community Center (canceled until further notice)

9 a.m. Centering Prayer, Taylor's Creek Greenway, Estill Springs

9 a.m. CAC office open, until 11 a.m.

9 a.m. Pilates, intermediate, Angel Park/Zoom; email <kim butters59@hotmail.com>

10 a.m. Senior Writing Group, 212 Sherwood Rd. (canceled until further notice)

10:30 a.m. Chair Exercise, Ruth, Senior Center

(canceled until end of April)
noon Pilates, beginners, Angel Park/Zoom;
email kim_butters59@hotmail.com>

5:30 p.m. Hatha Yoga, Helen, Community Center (canceled until further notice)

Thursday, April 16

7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee (canceled until further notice)

8 a.m. Monteagle-Sewanee Rotary, online

9 a.m.Body Recall, Judy, Monteagle City Hall (canceled until further notice)

9 a.m. CAC office open, until 11 a.m.

9 a.m. Pilates, beginner, Angel Park/Zoom; email <kim_butters59@hotmail.com>

9 a.m. Yoga, Daryllann,(\$8), Community Center (canceled until further notice)

10 a.m. SAIL, Community Center (canceled until further notice)

10:30 a.m. Chair Exercise, Judy, Monteagle City Hall (canceled until further notice)

noon Pilates, intermediate, Angel Park/Zoom; email kim_butters59@hotmail.com

1 p.m. F@H Caregiver Group, Brooks Hall, Otey (canceled until further notice)

2 p.m. Knitting Circle, Mooney's, until 4 p.m. (canceled until further notice)

4 p.m. Yoga, Daryllann, (\$8), Community
Center (canceled until further notice)

5:45 p.m. Vinyasa Yoga, Community Center, until

7 p.m. (canceled until further notice)
6 p.m. Karate, youth, Legion Hall; adults 7 p.m.

(canceled until further notice)
7:30 p.m. Candlelight Flow Yoga, Emily, (\$8),
Community Center (canceled until
further notice)

Friday, April 17

8 a.m. Walking Program, F@H, Fowler Center, (canceled until further notice)

8:30 a.m. Deep Stretch Yoga, Daryllann, Community Center (canceled until further notice)

9 a.m. CAC office open, until 11 a.m.

9 a.m. Pilates, golf/tennis, Angel Park/Zoom; email <kim_butters59@hotmail.com>

10 a.m. Game day, Senior Center (canceled until end of April)

noon Spinal Spa, Angel Park/Zoom; email kim_butters59@hotmail.com



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ADAPTIVE LANDSCAPE LIGHTING

Paul Evans | 931.952.8289 adaptivelandscapelighting.com

Local 12-Step Meetings

Friday

7 p.m. AA, open, Christ Church, Tracy City

Saturda

7 p.m. NA, open, Decherd United Methodist

Sunday

6:30 p.m. AA, open, Morton Memorial, Wesley House, Monteagle - canceled

Monteagle - ca

Monday
5 p.m. Women's Recovery, Brooks Hall, Otey Parish - canceled
7 p.m. AA, open, Christ Church, Tracy City

Tuesday

esday 7 p.m. AA, open, First Baptist, Altamont

Wednesday

Wednesday
10 a.m. AA, closed, Clifftops, (931) 924-3493
7 p.m. NA, Decherd United Methodist

7:30 p.m. AA, open, Holy Comforter, Monteagle

Thursday

Thursday6 p.m. Al-Anon, Morton Memorial, Wesley House, Monteagle

7 p.m. Al-Anon, First UMC, Winchester

Keep the Mountain Beautiful!



PLEASE DON'T LITTER!