

## The Little Library That Could

*Thurmond Library Providing Books for the Community Since 1887*

by Kevin Cummings  
Messenger Staff Writer

In November 1923, Jim Sutherland hauled two horse-drawn wagonloads of books from Monteagle to Sewanee — and likely saved them from going up in flames.

In the previous year or so, Otey Parish Rector William Sterling-Claiborne and his wife donated the Thurmond Memorial Library's books to the DuBose Training School in Monteagle, which wasn't a popular move for some local residents. So Sutherland hauled the books back to Sewanee in November 1923, two months before the DuBose school burned.

Those returned and nearly burned books are part of the lineage of the newest Thurmond Memorial Library site, which will celebrate its grand reopening at the Claiborne Parish House on Tuesday, Oct. 27, from 11:30 a.m. to 3:30 p.m. The library actually opened earlier this year when volunteers unpacked the books boxed up during construction of the new parish house, but this is the library's official commemoration.

The Community Action Committee will also host a free community lunch at noon at the parish house, and people can enjoy cake and coffee afterwards as they visit and learn about the



Sara Roberts, 4, reads Marc Brown's book "Arthur's Halloween" in the Thurmond Memorial Library at Claiborne Parish Hall. Photo by Kevin Cummings

library's 128-year history, said Trudy Cunningham, a library volunteer.

"We're worried that people just aren't reading books anymore," said Cunningham, a retired math teacher. "They're on their iPhones all the time, so we've decided to focus on getting books circulating."

Volunteers also plan to put people's names in a drawing. If your name is drawn, you can pick a book for the library to buy, and you'll get first dibs on reading it.

Sophia Dabney Thurmond and

her three sisters started the Sewanee Circulating Library on July 4, 1887, on Oklahoma Avenue in the classroom of Mrs. Smedes, in a house that later became known as the McDonald's Cottage.

In 1902 the library moved to the parish hall at Otey Parish and in 1910 leaders changed the name to Thurmond Memorial Library to honor its primary founder.

According to the April 7, 1936, publication of the "Gospel Mission,"

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## Civic Association Gets Updates on Projects

**Barry Offers Advice on Beating the Winter Blues**

by Leslie Lytle, Messenger Staff Writer

At the Oct. 14 dinner meeting of the Sewanee Civic Association, members and guests received promising updates on the Elliott Park Playground and the 2015–16 Community Chest Fund Drive. Following the business meeting, certified dietician Jade McBee Barry offered advice on how to beat the winter blues.

Civic Association President Kiki Beavers announced the organization successfully raised the \$57,000 needed for construction of the Elliott Park playground, making a loan from the Opportunity Fund unnecessary.

"We now own the playground equipment," Beavers said, congratulating the membership. Offering a historical footnote she said the Civic Association at one time owned Sewanee Elementary School, another community project funded by the organization.

Parks Committee Chair Stephen Burnett said heavy rain and removing abandoned data and phone lines from the site had slowed progress, but construction of the park was well underway. At a community build scheduled for Nov. 7, volunteers will spread mulch and wood chips. Those wanting to help should bring pitchforks and shovels. University Physical Plant Services will provide a tractor and blade to help facilitate moving the material.

Reporting on the Community Chest fund drive, co-chair Elizabeth Clark Duncan said \$4,300 had already been raised toward the \$100,000 goal. Plans call for sending out more than 4,000 letters, asking area residents to contribute to the Chest which funds an array of area programs, with the majority youth-oriented.

"We want to increase the donor base so we can increase the amount we give in gifts," Duncan said. Last year only 10 percent of letter recipients made donations, with the entire Community Chest funded by just 310 contributors. Send donations to Sewanee Community Chest, P.O. Box 99, Sewanee, TN 37375.

Certified dietician Jade McBee Barry offered smart insight into why so many people suffer from the winter blues and how to avoid slipping into depression.

Lack of sunlight, high-carbohydrate and high-calorie foods, and a sedentary lifestyle combine to cause depression during the winter months, Barry said. Less sunlight leads to lower levels of vitamin D, necessary for mood balance, and to

(Continued on page 6)

## South Cumberland Community Fund Names Executive Director

The South Cumberland Community Fund, which works to improve the quality of life on the Plateau, has named Laura L. Willis as its first executive director, effective Nov. 1. Willis brings 30 years of experience in nonprofits and community organizing to the position.

"We are delighted that the Fund has matured to the point where we need and want professional leadership," said Margaret C. Woods, board chair of the Fund. "Laura shares our dedication to supporting and encouraging the many wonderful things happening on our Mountain." Willis begins work on a half-time basis next month.

The South Cumberland Community Fund works to improve the quality of life across the Plateau by increasing philanthropy and supporting leadership of the area's communities, schools and nonprofit organizations. Established in 2012, SCCF has reinvested \$520,000 in projects that benefit the tri-county area; it will make another round of grants in 2016.

Willis' hiring comes as the Fund builds on its successes and moves forward to implement the board's plan of strategic growth in community development support, fund raising and endowment expansion, and capacity-building for area organizations.

"Philanthropy is about caring for others, and Laura knows how to do that," said Howell Adams, chairman emeritus of the SCCF board. "Madeline and I

(Continued on page 6)



Sewanee English professor John Reishman (left) prepares to gown a new inductee into the honor society at Convocation on Oct. 19. Photo by Lyn Hutchinson



Will Johansson, as Philemon (top left), and Allison Bruce, as Baucis, serve the disguised gods Mercury (John Mark Lampley, lower left) and Jupiter (Huntre Woolwine) in the Theatre/Sewanee production of Mary Zimmerman's "Metamorphoses," which continues at 7:30 p.m., today (Friday) and Saturday, Oct. 23–24, in the Tennessee Williams Center. There is no charge, but reserve tickets by email to <mcook@sewanee.edu>. Photo by Lyn Hutchinson

## CSB & Rotary Golf Tourney

The 27th annual Citizens State Bank-Monteagle Sewanee Rotary Golf Tournament will be on Saturday, Oct. 24, at the Course at Sewanee. This is a benefit to raise funds for Grundy County College Scholarships.

The event begins at 11 a.m. and will include a four-person scramble, with a barbecue lunch provided by the Blue Chair Tavern, beverages courtesy of the Sewanee Inn and a reception following golf, featuring the Shenanigans Food Truck.

All players will receive a Sewanee golf shirt, and those registering online will also receive a 12-month subscription to Golf Digest. Hole-in-one prizes, including a 2015 Chevrolet Cruze, have been donated by Russell-Barnett Chevrolet. To register go to the Monteagle Sewanee Rotary Club website: <www.monteaglerotary.org>.

## Lawn Concert Benefits MGTA

Dave's Modern Tavern will host a benefit concert for the Mountain Goat Trail Alliance, 3–6 p.m., Saturday, Oct. 24, at the restaurant in Monteagle.

Music will be provided by Silk River and Slandered Banshee. The event is planned for the west lawn of Dave's; in case of rain, the concert will be inside the restaurant.

Tickets are \$10 and are available on-site on the day of the show and online at <mountaingoattrail.org/concert>.

The event is sponsored by Dave's Modern Tavern and Cimino-Hurt Financial Group LLC.

The Mountain Goat Trail is a rail-to-trail community outdoor recreation project to convert the abandoned Mountain Goat railroad right-of-way into a multi-use recreational corridor connecting Grundy, Marion and Franklin Counties. Donations to the Mountain Goat Trail Alliance are tax-deductible.

P.O. Box 296  
Sewanee, TN 37375





## A WORD FROM THE EDITOR

by Laura L. Willis

*No pessimist ever discovered the secret of the stars, or sailed to an uncharted land, or opened a new doorway to the human spirit. —Helen Keller*

This quote has followed me from office to office for decades. It neatly sums up my spirit and my vision.

I am a relentless optimist. Some might call me naïve; others, simple. I believe optimism is essential to living in community on this Mountain. I want to see the best in people, to celebrate the good things that happen and to believe in the positive power of the future. I honor the past, but I always look ahead. I may not know the plan for my entire life, but I am good at seeing what should be my next right step.

Living in Sewanee for more than 20 years has been full of next steps for me. In a town where many people hold the same job for their entire career, I seem like a job-hopper. Ten years at one place (Community Action Committee), almost seven years at another (the University's development office), and now five years at the Messenger: around Sewanee, this seems like a lot of change, though in the rest of the world three years is considered typical tenure at a job. I am grateful to live in a place where I could evolve personally and professionally. And it is now time for me to take a new next step.

The South Cumberland Community Fund was formed in 2012 as a way of cultivating leadership and resources across the Plateau. It works to improve the quality of life by making grants available for new and important projects, by supporting nonprofits as they grow, and by developing innovative ways for collaboration. In its brief existence, SCCF has made more than \$500,000 in grants and support for area organizations, all for the benefit of people on this Mountain. SCCF's board is committed to a Plateau that is a place of hope and prosperity for all its residents and communities, by providing philanthropic and regional leadership.

When I was asked by SCCF to consider leading it through its next organizational steps, I couldn't say no. The Community Fund's work so perfectly meshes with my passion for an optimistic future for our community that I knew this was my right next step.

I'm not leaving the Messenger; not yet. That will happen sometime in mid-2016. And fear not: the Sewanee Mountain Messenger will remain in good hands. Everyone involved with this newspaper is committed to the same vision that Janet Graham and I have shared since we began this adventure in December 2010: to produce a weekly newspaper that supports the greater Sewanee community by providing news and information that affect residents' lives and that encourages meaningful community engagement. My predecessors—Geraldine Hewitt Piccard and Phoebe Bates and all those who have worked at the Messenger and the Sewanee Siren—taught me how to carry out this mission. I know that future editors will continue with this commitment.

*"Words are so powerful they should be used to bless, to heal and to prosper."*  
—Sue Henry, at Camp DeSoto

This quote is also in my office, though a fairly new addition compared to Keller's. I consider it each week when I make decisions about what pictures and stories to run in the Messenger. Journalists have a reputation for being the people who can find the smartest way to say the most unkind things, often in the name of first amendment freedoms. In our little community newspaper, however, I can't do that. I don't want to. I do not want to be that person who is despised or feared. I want the words of our paper, read by thousands of people across the Plateau, to be optimistic and uplifting. In a world where there is fractious debate anywhere you want to find it—from 140-character tweets to many thousand-word essays—this newspaper offers a place that is a welcome respite from all that noise.

The Messenger is a place where every voice can have a say, where children see their name and picture for good things, where churches and community groups share their good news, and where we celebrate births, marriages, anniversaries, birthdays and deaths. This newspaper is the essence of our community. It is created and supported by all of us. It doesn't require me to carry it on; there are others who can do this, and will, in a few months. Until then, I will stand tall with my optimism and know that new doorways are opening for all of us.



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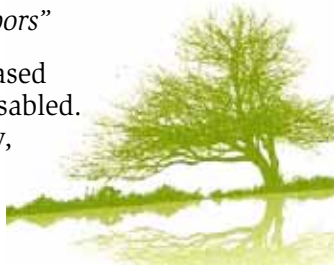
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## Letters

### GRATITUDE FOR IONA

#### To the Editor:

We are so lucky to have Ed Carlos and IONA: Art Sanctuary. Ed and Sarah have been giving us their Friday nights and Sunday afternoons to provide the beautiful hospitality, setting and surroundings of his wonderful studio, IONA, for sharing the creative talents—music, poetry and art—of this community. Thank you both.

Posy Orr  
Sewanee ■

### PAINT YOUR PINKIE PURPLE

#### To the Editor:

Each year on India's National Inoculation Day, millions of children are given drops of polio vaccine. Afterward their pinkie fingers are painted purple to show they have been inoculated. Thanks to those efforts, as part of the 30-year combined international effort by the World Health Organization, the U.S. Centers for Disease Control and Prevention, UNICEF, Rotary International and the Bill and Melinda Gates Foundation, India and Nigeria have come off the short list of nations where polio is still endemic.

To mark World Polio Day, on Saturday, Oct. 24, Middle and East Tennessee Rotarians will show our commitment to ending polio worldwide by celebrating Purple Pinkie Day. Throughout the weekend Rotarians and friends will pitch in \$5 to end polio, paint their pinkies purple with markers, pose for group selfies, and post their pictures on social media with the hashtags #endpolio and #worldpolioday.

The Sewanee Monteagle Rotary will provide two opportunities to paint your pinkie purple on World Polio Day: today (Friday), Oct. 23, at our golf tournament in Sewanee and on Saturday, Oct. 24, at Dave's Mod-

ern Tavern during the Mountain Goat Trail Benefit Concert in Monteagle. To learn more, visit <endpolionow.org>.

In 1988, there were 350,000 cases of polio annually in 125 countries. In 2014, there were fewer than 400 cases in the entire world, and polio remains endemic only in Afghanistan and Pakistan.

Rotarians have contributed more than \$1.4 billion and countless volunteer hours, to the effort. For that \$5 you contribute on Purple Pinkie Day, the Bill and Melinda Gates Foundation will donate \$10.

When your Rotarian friends invite you to paint your pinkie purple, we hope you'll say yes!

Haynes Roberts, President,  
Monteagle Sewanee Rotary  
Beth Stubbs, District Governor,  
Rotary International District 6780 ■

### Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, come by our office, 418 St. Mary's Ln., or send your email to <news@sewaneemessenger.com>.—LW



### THE SEWANEE MOUNTAIN MESSENGER

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Published as a public service to the Sewanee community. 3,700 copies are printed on Fridays, 47 times a year, and distributed to 26 Sewanee-area locations for pickup free of charge.

This publication is made possible by the patronage of our advertisers and by contributions from the University of the South (print production) and the Sewanee Community Chest.

SUBSCRIPTIONS \$75 first class.

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## Serving Where Called

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

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If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Louise Irwin, 598-5864.

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Monday, Tuesday & Wednesday

9 a.m. – 5 p.m.

Thursday—Production Day

9 a.m. until pages are completed (usually mid-afternoon)

Friday—Circulation Day

Closed



# Upcoming Meetings & Events

## Animal Harbor Rummage Sale on Saturday

Animal Harbor will have a rummage sale, 9 a.m. to 2 p.m., Saturday, Oct. 24, at the shelter site, 56 Nor-Nan Road, off of Hwy. 127, in Decherd. Items will include unneeded equipment such as space heaters, window AC units, dog and cat crates (both travel crates and some wire crates), dog kennels, some tools, a patio table, trash cans, dog and cat bowls, and more. Proceeds from this sale will be matched by an anonymous donor, with the funds to be used in Animal Harbor's low-income spay-neuter program.

## Mountain T.O.P. Fall Festival on Saturday

The Mountain T.O.P. (Tennessee Outreach Project) annual Fall Festival will be 10 a.m.–2 p.m., Saturday, Oct. 24, at Camp Cumberland Pines. Admission is \$1 or one unexpired canned good item per person.

Cold-weather clothing will be distributed to all attendees, including shoes, coats, socks, hats, gloves and scarves. There will also be books available. Parking space is limited, so carpooling is encouraged. The gate will open at 10 a.m. Camp Cumberland Pines is located at 480 Old Hwy. 56, Coalmont.

## Coffee with the Coach on Monday

Coffee with the Coach will meet at 9 a.m., Monday, Oct. 26, at the Blue Chair Tavern. Sewanee basketball coach Bubba Smith will give a preview of the season. Come and enjoy good conversation and free coffee.

## Sewanee Garden Club Meets Monday

The Sewanee Garden Club will meet at 1:30 p.m., Monday, Oct. 26, at the home of Geri Childress. Rick and Song Pratt of Altamont will talk about herbs. Visitors are always welcome. For more information contact Flournoy Rogers at <semmesrogers@gmail.com> or 598-0733.

## Cowan Commercial Club Meeting

The Cowan Commercial Club will have its monthly meeting at 6 p.m., Monday, Oct. 26, at Cowan Center for the Arts in the library section. The club's purpose is to promote Cowan's community spirit. Annual dues are \$40 per year. For more information email <visitcowan@gmail.com>.

## Community Council Meets on Monday

The Sewanee Community Council will meet at 7 p.m., Monday, Oct. 26, in the Senior Center. The agenda includes approval of the August minutes; Sewanee Leaseholders (Louise Irwin) and project funding committee update (Theresa Shackelford). The meeting is open to the public.

## Thurmond Library Opening Food with Friends Lunch on Tuesday at Otey

Thurmond Library will have its grand opening celebration, 11:30 a.m. to 3:30 p.m., Tuesday, Oct. 27, at the library, located in Claiborne Parish House at Otey.

In conjunction with this event, the Community Action Committee and Food with Friends will host a free lunch in St. Mark's Hall, Claiborne Parish House. All are welcome to share in this community meal.

## Housing Fair in Altamont on Tuesday

Mountain T.O.P. will host a housing fair at 4:30 p.m., Tuesday, Oct. 27, in room #2 at the Florence Scruggs Building in Altamont. Housing opportunities in the area will be discussed. For more information call (931) 692-3999 or go online to <<http://mountain-top.org/>>.

## Janice Bowling Meetings on Wednesday

State Sen. Janice Bowling, R-Tullahoma, will be holding her "listening meetings," the last scheduled for 2015, on Wednesday, Oct. 28. The first will be 9–10 a.m. at the Grundy County Courthouse in Altamont; from 1–2 p.m., she will be in the Franklin County Annex in Winchester.

## EQB on Wednesday

EQB will meet for lunch at noon, Wednesday, Oct. 28, at St. Mary's Sewanee.

## Planning for Long-Term Care Program on Wednesday

Folks at Home is hosting a program, "Aging in Community and Planning for Long-Term Care," 5–8 p.m., Wednesday, Oct. 28, at the Sewanee Inn. This event is co-sponsored by the Hardwick Group of Raymond James. There is no charge for this session.

## Area Rotary Club Meetings

The Grundy County Rotary Club meets at 11:30 a.m., Tuesdays, at Dutch Maid Bakery in Tracy City. On Oct. 27, Nancy Anness, vice president for advocacy, access and community outreach at St. Thomas Health, will present the program.

The Monteagle Sewanee Rotary Club meets 8–9 a.m., Thursdays, at the Sewanee Inn.

## Woman's Club Reservations Due by Oct. 30

The Sewanee Woman's Club will meet on Nov. 9 at the DuBose Conference Center in Monteagle; the speaker will be Nate Wilson, University domain manager. He will talk about "White-tailed Deer on the Mountain: A Cloven-Hoof-Centric History of the South Cumberlands."

Reservations for lunch (\$13.25) are due by Friday, Oct. 30. The November menu will be cream of carrot soup, fancy grilled cheese sandwich, tossed green salad and magic bars. Reservations can be made by calling Pixie Dozier at 598-5869 or by emailing Marianna Handler at <mariannah@earthlink.net>. Vegetarian meals and child care are available; please request these when making a reservation.

# BIRTH

## Eason George Mykel Hiroshi Kilgore

Eason George Mykel Hiroshi Kilgore was born on Sept. 21, 2015, to Margie and Eric Kilgore of Sequatchie. He weighed 7 pounds, 9.9 ounces, and was 21 inches long. He joins his siblings, Jet, Erica and Kason.

Maternal grandparents are Pat and Elmer Griffith of Tracy City. Paternal grandparents are Glenda Layne Kilgore and Carlton and Debbie Kilgore, also of Tracy City.

# Edible Landscaping Workshop

June Mays is offering a workshop on "Edible Landscaping," 9:30 a.m. to noon, Saturday, Oct. 31, at St. Mary's Convent. The event (\$25 per person) is a benefit for the Community of St. Mary's and is part of its Ora et Labora program.

"Sometimes our best sun is in front of our houses," Mays said. At the workshop, participants will learn how to blend shrubs, flowers and vegetables to create an edible landscape around your home that you, the neighbors, and the passersby will enjoy.

Mays enjoyed a 31-year career as a financial advisor in Birmingham with a major Wall Street firm. Since 2009 she has enjoyed a second career as a garden designer, writer and lecturer. She spent a year studying garden design has designed or consulted on over 100 gardens. She is a member of the Garden Writer's Association and the Association of Professional Landscape Designers. June and her husband, Joe, live in Birmingham and Sewanee.

For more information go to <[www.junemays.com](http://www.junemays.com)>.



Sewanee Elementary School students, parents, teachers and staff participated in the 2015 International Walk to School Day on Oct. 14, with 245 walkers making the trip from the University Book and Supply Store to the school, where they were met by "Stripes", the school mascot. This annual event is organized by PE teacher David Gilliam. Carrying the banner this year are (from left) fifth-grade students Elizabeth Taylor, Madison King, Beth Stevenson and Alex Waldrup, and principal Kim Tucker.

# Sewanee Review Hosts Open House Wednesday

The Sewanee Review is having its fall open house at 8 p.m., Wednesday, Oct. 28, at McGriff Alumni House.

The gathering is a celebration of the Review's 123rd year. There will be wonderful food, lively company and great literature.

Short readings of past and present Sewanee Review contributors will be read by Susan Core, Kelly Malone, John Willis, Elizabeth Walker, Alec Hill, Peter Davis, Robin Lee, Kevin Wilson, Laney Wood and Ansley McDurmon.

There will be door prizes, including a Barnes and Noble gift certificate and a year's subscription to the Sewanee Review. The reception will be catered by Julia's.

Holding the distinction as the longest-running literary magazine in America, the Sewanee Review has always been a forum for some of the most potent literary voices in the world, such as Flannery O'Connor and Cormac McCarthy. Other brilliant writers in the Review's archive include Rilke, Wallace Stevens, T. S. Eliot, Walker Percy, Eudora Welty, Dylan Thomas, Robert Penn Warren, Albert Camus, William Faulkner, Ezra Pound, Sylvia Plath, Saul Bellow, Seamus Heaney, W. H. Auden, Anne Sexton and Wendell Berry.

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# Obituaries

## Steven Campbell

Steven Campbell, age 67 of Monteagle, died on Oct. 17, 2015, at Southern Tennessee Health Services in Sewanee. He was born on July 28, 1948, in Coalmont, to Mary Lillian Nunley Campbell and Brosie Campbell.

He is survived by his wife, Cerena D. Campbell; children, Ted Nunley of Sherwood, Stephen Nunley of Smithville, Penny Cosgrave of New Llano, La., Carmella Hammock of Gainesboro, Tenn., Candi Santos and Daniel Nunley of Tracy City, and Steve A. Campbell of Chattanooga; brothers, Larry Campbell, William Ray Campbell and Vance Campbell; sister, Shirley Seagroves; and several grandchildren and great-grandchildren.

Graveside services were on Oct. 19 at Clouse Hill Cemetery with Bro. Larry Campbell officiating. For full obituary go to <www.cumberlandfuneralhome.net>.

## Phillip Eugene Garner

Phillip Eugene Garner, age 68 of Winchester, died on Oct. 19, 2015, at Southern Tennessee Regional Health System. He was born on Dec. 31, 1946, in Franklin County, to George and Mary Alvern Garner.

He is survived by his wife, Kathy Garner of Decherd; daughter, Misty Baker of Cowan; son, Phillip Garner Jr. of Winchester; stepchildren, Minda Parker and Phillip Clay of Winchester; sisters, Julia Goostree of Nashville, Shelia Reeves of Old Hickory, Connie Culberson of Alabama, Bonnie Garner of Decherd and Teresa Cobble of Winchester; brothers, Albert Garner of Chattanooga, George Garner of Georgia and Jerry Garner of Sewanee; and six grandchildren.

Funeral services were on Oct. 22 in the funeral home chapel with Bro. Rudy Wilkinson officiating. Interment followed in Cowan Montgomery Cemetery. For complete obituary go to <www.moorecortner.com>.

## Thelma Bone Nolan

Thelma Bone Nolan, age 88 of Palmer, died on Oct. 16, 2015, at Sheltering Arms Home in Palmer. She

was born in Palmer on March 21, 1927, to Will and Rosa Caldwell Bone. She was preceded in death by her parents; husband, Alfred "Buddy" Nolan; brother, Tillman Bone; infant brother, Lloyd Bone; sisters, Almeda Meeks, Mildred Smartt, Esther Magouirk, Mable Worley, Louise Cox and Nellie Finch.

She is survived by her daughters, Rosa (Keith) Sanders of Monteagle and Karen (David) Burnett of Gruetli-Laager; sons, Randal Nolan of Chattanooga, David (Tammy) of Soddy-Daisy, and Lyndel (Rita) Nolan of Albertville, Ala.; and eight grandchildren and six great-grandchildren.

Funeral services were on Oct. 17 in the funeral home chapel with Minister Jacob Anderson officiating. Interment followed in Palmer Cemetery. For complete obituary go to <www.laynefuneralhome.com>.

## Herbert Stephenson Wentz

Herbert Stephenson Wentz, age 80 of Sewanee, died on Oct. 16, 2015, at his home. He was born in 1934 in Salisbury, N.C., to Carolyn and Charles Wentz.

He was a graduate of University of North Carolina-Chapel Hill, and took degrees at General Theological Seminary, University of Oxford and University of Exeter. He was ordained to the Episcopal priesthood in the Diocese of North Carolina in 1960 and was curate at St. Luke's Church in Atlanta. He moved to Sewanee to teach religion in the College in 1965.

He served the University as professor, department chairman and secretary of the faculty, teaching generations of Sewanee students, and as marshal, presiding over decades of convocations.

He is survived by his wife, Sofia.

The burial office will be read at 2 p.m., Monday, Oct. 26, in All Saints' Chapel. A reception will follow in Convocation Hall.

In lieu of flowers, memorial contributions may be made to the Carolyn and Charles Wentz Scholarship Fund at The University of the South. For complete obituary go to <www.moorecortner.com>.

## All Saints' Chapel

Growing in Grace will meet at 6:30 p.m., Sunday, Oct. 25, in All Saints' Chapel. The speaker will be Jewlz Davis, C '16 and student body president. Growing in Grace is an informal worship service.

Catechumenate will meet at 7 p.m., Wednesday, Oct. 28, in the Bairnwick Women's Center with a catered dinner. Catechumenate is an opportunity to learn what it means to be a person of faith in this community. For more information email Rob McAlister at <rvmcalis@sewanee.edu>.

## Babb to Present at ECW on Nov. 2

Continuing the year's theme, "Biblical Women: the Good, the Bad and the Ugly," Jeannie Babb will be the presenter at the Nov. 2 meeting of the Episcopal Church Women, at St. Mark's Hall in Otey Claiborne Parish House.

Babb will give a dramatization of "The Woman at the Well," the Biblical story of the outcast Samaritan woman who found her faith



Jeannie Babb

# Church News

when she met Jesus at Jacob's Well in Sychar.

Reservations for lunch (\$10) should be made by 6 p.m., Friday, Oct. 30, by calling the caterer, Jennifer Janeway, at 598-5065 or emailing her at <jejaneway99@gmail.com>.

## Otey Memorial Parish

At 10 a.m., Sunday, Oct. 25, Otey Parish's Adult Forum will be about stewardship; they meet in St. Mark's Hall of Claiborne Parish House. The Lectionary class will also meet in Claiborne Parish House. Children ages 3-11 can attend Godly Play at 10 a.m. Middle school and high school Sunday School will meet on the second floor of Brooks Hall.

At about 10:30, the children will join the adults for the annual cross-making in anticipation of All Saints' Sunday, Nov. 1. Come decorate a cross in memory and/or thanksgiving for any of the saints of God!

Nursery care is available for children 6 weeks to 4 years old from 8:30 a.m. until after the coffee hour.

## St. Agnes' Church, Cowan

The Rt. Rev. John C. Bauerschmidt, the 11th Bishop of Tennessee, will make a pastoral visitation to St. Agnes' Episcopal Church in Cowan at 11 a.m., Sunday, Oct. 25. Lunch will be served afterward in the parish hall. All are invited to join in this special time of worship and fellowship.

For more information call the church at (931) 636-6313 or go online to <www.saintagnescowan.org>.

# CHURCH CALENDAR

## Weekday Services, Oct. 23-29

7:00 am Morning Prayer/HE, St. Mary's (not 10/26)  
7:30 am Morning Prayer, Otey  
8:30 am Morning Prayer, Christ the King Anglican (10/27)  
8:30 am Morning Prayer, St. Augustine's  
12:30 pm Noon Prayer, St. Mary's (not 10/26)  
4:00 pm Evening Prayer, St. Augustine's  
4:30 pm Evening Prayer, Otey  
5:00 pm Evening Prayer, St. Mary's (not 10/26)

## Saturday, Oct. 24

7:30 am Morning Prayer/HE, St. Mary's  
10:00 am Sabbath School, Monteagle 7th Day Adventist  
11:00 am Worship Service, Monteagle 7th Day Adventist  
5:00 pm Mass, Good Shepherd Catholic, Decherd

## Sunday, Oct. 25

### All Saints' Chapel

8:00 am Holy Eucharist  
11:00 am Holy Eucharist  
6:30 pm Growing in Grace

### Bible Baptist Church, Monteagle

10:00 am Morning Service  
5:30 pm Evening Service

### Christ Church Episcopal, Alto

9:00 am Holy Eucharist  
9:00 am Children's Sunday School

### Christ Church Episcopal, Tracy City

11:00 am Holy Eucharist  
11:00 am Children's Sunday School

### Christ Church, Monteagle

10:30 am Holy Eucharist  
10:45 am Children's Sunday School  
12:50 pm Christian formation class

### Christ the King Anglican Church, Decherd

9:00 am Worship Service  
10:40 am Adults' and Children's Sunday School

### Church of the Holy Comforter, Monteagle

9:00 am Holy Eucharist

### Community Harvest Church of God, Coalmont

10:00 am Sunday School  
11:00 am Worship Service

5:30 pm Evening Service

### Cowan Fellowship Church

10:00 am Sunday School  
11:00 am Worship Service

### Cumberland Presbyterian Church, Sewanee

9:00 am Worship Service  
10:00 am Sunday School

### Decherd Mission Church

11:00 am Worship Service

### Decherd United Methodist Church

9:45 am Sunday School  
10:50 am Worship

### Epiphany Episcopal Church, Sherwood

10:30 am Holy Eucharist  
10:30 am Children's Sunday School

### First United Methodist Church, Winchester

8:30 am Traditional Worship (also at 11 am)  
9:00 am Contemporary Worship

9:45 am Sunday School

### Good Shepherd Catholic Church, Decherd

10:30 am Mass

## Grace Fellowship

10:30 am Sunday School/Worship Service

## Harrison Chapel Methodist Church

10:00 am Sunday School  
11:00 am Worship Service

## Midway Baptist Church

10:00 am Sunday School  
11:00 am Morning Service

6:00 pm Evening Service

## Midway Church of Christ

10:00 am Bible Study  
11:00 am Morning Service

6:00 pm Evening Service

## Ministry Baptist Church, S.R. 50, Pelham

10:30 am Breakfast Fellowship  
11:00 am Morning Service

6:00 pm Evening Service

## Morton Memorial United Methodist, Monteagle

9:45 am Sunday School  
11:00 am Worship Service

## New Beginnings Church, Jump Off

10:30 am Worship Service

## Otey Memorial Parish Church

8:50 am Holy Eucharist  
10:00 am Godly Play  
10:00 am Lectionary Class/Adult Forum  
11:00 am Holy Eucharist

## Pelham United Methodist Church

9:45 am Sunday School  
11:00 am Worship Service

## St. Agnes' Episcopal, Cowan

10:00 am Sunday School  
11:00 am Holy Eucharist

## St. James Episcopal

9:00 am Holy Eucharist

## St. Margaret Mary Catholic Church, Alto

8:00 am Mass

## St. Mary's Convent

8:00 am Holy Eucharist

5:00 pm Evensong

## Sewanee Church of God

10:00 am Sunday School  
11:00 am Morning Service

6:00 pm Evening Service

## Society of Friends

9:30 am Meeting, 598-5031

## Tracy City First Baptist Church

9:45 am Sunday School  
10:45 am Morning Worship

5:30 pm Youth

6:00 pm Evening Worship

## Valley Home Community Church, Pelham

10:00 am Sunday School  
11:00 am Worship Service

5:00 pm Evening Service

## Wednesday, Oct. 28

6:00 am Morning Prayer, Cowan Fellowship  
12:00 pm Holy Eucharist, Christ Church, Monteagle  
5:30 pm Evening Worship, Bible Baptist, Monteagle  
6:00 pm Youth (AWANA), Tracy City First Baptist  
6:30 pm Worship, Community Harvest Church of God, Coalmont  
6:30 pm Prayer Service, Harrison Chapel, Midway  
7:00 pm Adult Formation, Epiphany, Sherwood  
7:00 pm Evening Worship, Tracy City First Baptist

# Memorial Reception

**Jean Anderson Yeatman**

A memorial reception for Jean Anderson Yeatman, who died on Aug. 28, 2015, will be at 2 p.m., Sunday, Oct. 25, in St. Mark's Hall, Otey Parish.

On the day before the service, Saturday, Oct. 24, her interment service will be at 11 a.m. at St. John's Church in Maury County (6465 Trotwood Ave., Columbia, TN 38401).

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Friday, December 11—Sunday, December 13  
*The Rev. Tom Ward, presenter*  
St. Mary's Hall, \$350 (single);  
The Anna House, \$450 (single); Commuter, \$250

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<reservations@stmaryssewanee.org>



***“Don’t learn the tricks  
of the trade—learn the  
trade.”***

From “Two-Liners Stolen From  
Others” by Joe F. Pruett

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MLS 1677920 - 631 Dogwood Dr.,  
Clifftops. \$299,500



MLS 1618092 - 21 Mont Parnasse Blvd.,  
Sewanee. \$349,000



BLUFF - MLS 1662801 - 827 Scenic Rd.,  
Monteagle. \$293,500



MLS 1630351 - 706 Old Sewanee Rd.  
+30 acres, Sewanee. \$332,000



BLUFF - MLS 1626882 -  
3442 Sherwood Rd., Sewanee. \$589,000



MLS 1624987 - 1116 Trussell Rd.,  
Monteagle. \$79,900



BLUFF - MLS 1648470 - 245 Coyote Cove  
Lane, Sewanee. \$469,900



BLUFF - MLS 1646170 - 3335 Jackson  
Point Rd., Sewanee. \$289,000



MLS 1639161 - 1829 Hickory Place,  
Clifftops. \$369,000



15 acres - MLS 1541012 -  
786 Old Sewanee Rd., Sewanee. \$349,000



BLUFF - MLS 1657852 - 1819 Bear Ct.,  
Monteagle. \$259,000



BLUFF - MLS 1642589 -  
3480 Sherwood Rd., Sewanee. \$399,900



MLS 1566093 - 612 Dogwood Dr.,  
Clifftops. \$172,000



MLS 1637317 - 109 Wiggins Creek Dr.,  
Sewanee. \$439,000



MLS 1660431 - 10+ acres and buildings.  
310 Dixie Lee Ave., Monteagle. \$1,810,000



MLS 1514972 - 202 Main St.,  
Monteagle. \$112,000



BLUFF - MLS 1656823 - 1613 Laurel Lake  
Drive, Monteagle. \$469,000



MLS 1651531 - 231 North Carolina Ave.,  
Sewanee. \$417,000



MLS 1623837 - 5430 Greenhaw Rd.,  
Decherd. \$224,900



BLUFF - MLS 1670579 - 225 Hollingworth  
Cove Rd., Monteagle. \$442,000



MLS 1671270 - 171 Maple St., Sewanee.  
\$148,500



BLUFF - MLS 1670758 - 1899 Jackson  
Point Rd., Sewanee. \$319,000



MLS 1667542 - 36 Lake Bratton Lane,  
Sewanee. \$429,000



MLS 1576618 - 127 O'Dear Rd.,  
Sewanee. \$99,500

## BLUFF TRACTS

1 Jackson Point Rd. 8.6ac	1676821	\$76,000
1605 Laurel Lake 5.3ac	1659882	\$149,000
223 Timberwood 5.12ac	1604345	\$189,000
Old Sewanee Rd. 53ac	1643144	\$369,000
3 Horseshoe Lane 5.6ac	1608010	\$65,000
1 Raven's Den 5.5ac	1612744	\$69,000
Long View Lane 2.56ac	1572284	\$108,000
36 Long View Lane	1503912	\$99,000
7 Jackson Pt. Rd.	1503910	\$82,000
37 Jackson Pt. Rd.	1579614	\$75,000
Jackson Pt. Rd. 12.45ac	1579007	\$125,600
4 Saddletree Lane	1577042	\$109,180
12 Saddletree Lane	1578117	\$79,500
Jackson Pt. Rd. 19+ac	1531331	\$120,000
Jackson Point Rd.	1648895	\$199,000
7 Saddletree Lane	1417538	\$70,000



MLS 1553768 - 324 Rattlesnake Springs,  
Sewanee. \$379,000



BLUFF - MLS 1659472 - Can-Tex Rd.,  
Sewanee. 43+ acres. \$859,000

## LOTS & LAND

Highlander Dr. 15ac	1669734	\$79,500
18 Deerwood Dr. 2.9 ac	1677612	\$35,000
21 Jackson Point Rd.	1677613	\$19,000
20 Jackson Point Rd.	1677614	\$19,000
111 Clifftops Dr. 5.25ac	1646127	\$58,900
Hwy 41 Monteagle 5.3 ac	1632373	\$64,000
Jump Off Rd. 37ac	1618636	\$196,000
29 Azalea Ridge Rd 8.4ac	1593095	\$27,500
34 Azalea Ridge Rd 5.4ac	1593097	\$18,500
Trussell & Wells 14ac	1590252	\$37,500
Shadow Rock Dr. 1.01ac	1572176	\$23,000
Shadow Rock Dr. .99ac	1572178	\$23,000
5 ac Montvue Dr.	1524683	\$59,000
36 Azalea Ridge Rd.	1378840	\$29,900
Sarvisberry Place	1628195	\$69,000
Sarvisberry Place	1244981	\$69,000



**Civic Assn.** (from page 1)

higher levels of the hormone melatonin, resulting in lower energy.

And while the sweet and high-carbohydrate foods popular during the holidays activate reward centers in the brain, making us happy, she said, the holiday overstimulation causes a loss of reward receptors, so fewer feel-good neurochemicals get to where they need to go to work their magic. The third culprit, Barry said, is sitting more during the winter months. The body draws less fat from the blood for use as fuel with the unhappy consequences of weight gain and, even worse, heart disease.

Barry recommended taking a vitamin supplement if one's vitamin D level is below 30 ng/ml, standing instead of sitting, and walking 10,000 steps a day. She also offered a number of tips for making healthy eating choices: focus on whole foods, keep convenience foods out of the house, limit yourself to a three-bite sample of dessert, and at holiday gatherings don't eat the non-homemade offerings. Barry's number one rule for the grocery store: shop the perimeters, where the shelves are stocked with fresh and unprocessed foods.

The Civic Association meets next on Nov. 18.

**SCCF** (from page 1)

are very optimistic about the future of the Community Fund and know that it is in good hands."

Willis has lived on the Plateau for more than 24 years, serving the community in a variety of roles. She has been the editor and co-publisher of the Sewanee Mountain Messenger since 2010. For 10 years, she was the director of the Community Action Committee, the outreach program in Sewanee. Before moving to Sewanee in 1991, she was the grants manager of a private foundation and helped found an environmental group in Washington, D.C. She will continue to edit the Messenger until she transitions to full-time at SCCF in June.

"I am very excited to be joining the Community Fund at this vital point in its development," said Willis. "My life's passion and focus has been on creating positive change and developing new programs. SCCF is already an invaluable part of our community, and I look forward to the Fund's next undertakings."

SCCF will open an office at 322 West Main St., Monteagle, in early November. "We appreciate Morton Memorial Methodist Church's generous sharing of their space with us," Woods said.

"I saw Chattanooga turn around completely in the last 30 years," said Jack Murrah, of Monteagle. "Community funds and foundations played a big role in that process. I believe we can do the same thing here on the Plateau," said Murrah, who serves as an advisor to the South Cumberland Community Fund.

Scott Parrish, former chair of the SCCF board, said, "The Community Fund has a vision for the Plateau as a place of hope and prosperity for all residents and communities. We can feel that sense of hope and relative prosperity growing around the Plateau, from Beersheba to Sewanee and Pelham to Palmer. Hiring an executive director is the next step in the Fund's evolution."

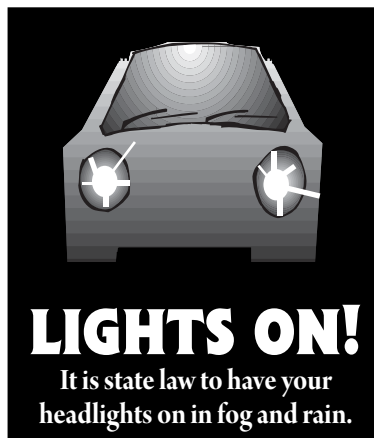
SCCF's Make A Difference project invited area schoolchildren to present their ideas about how to improve their community; voting for the finalists is going on now at [southcumberlandcommunityfund.org/difference](http://southcumberlandcommunityfund.org/difference).

For more information about SCCF, go to [southcumberlandcommunityfund.org](http://southcumberlandcommunityfund.org) or email [laura@southcumberlandcommunityfund.org](mailto:laura@southcumberlandcommunityfund.org).

**Hatrock Road Closed for Repair**

The Franklin County Highway Department has closed Hatrock Road at Lake O'Donnell Road to repair the bridge, which has been sinking for some time.

The Sewanee Police Department assures us that as soon as they receive word of the reopening of the road to public traffic, they will get the word out as quickly as possible.

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**Community Chest  
Spotlight****Community  
Action  
Committee**

The 2015-16 Sewanee Community Chest Fund Drive is underway. The power of people helping people makes a difference in the life of our community. Sponsored by the Sewanee Civic Association, the Community Chest raises money yearly for local charitable organizations serving the area. This year's goal is \$100,000.

The Community Action Committee (CAC) is Otey Parish's primary outreach ministry, and has been in existence for more than 40 years. The mission of the CAC is to provide assistance to persons in crisis, to provide services related to basic human needs, and to identify ways to break the cycle of poverty and need.

The CAC director and volunteers help more than 300 families and individuals a month. Some families regularly receive food and financial assistance, while others receive only occasional support. The needs are great in this community.

The CAC will receive \$10,400 if the Community Chest goal is met to help support its mission and continue its work among the poorest of the poor in the community. The CAC provides services and a safety net for the poor, hungry and oppressed. CAC provides food, and also assistance for utilities, medical, dental, housing and educational needs.

The CAC does receive other income from the community, including donations from businesses, Otey Parish, grants and individuals. The Community Chest funds approximately 32 percent of the CAC's budget.

The goal of the Sewanee Community Chest is to help citizens by funding the community. The Sewanee Community Chest is a 501(c)(3) non-profit organization, and donations are tax-deductible. Send your donation to Sewanee Community Chest, P.O. Box 99, Sewanee, TN 37375. For more information, or to make a donation through PayPal, contact [sewaneecommunitychest@gmail.com](mailto:sewaneecommunitychest@gmail.com) or go to [www.sewaneecivic.wordpress.com](http://www.sewaneecivic.wordpress.com).

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**OUTSIDE IN**

by Patrick Dean

My dog Jackson and I left the house at our usual time, close to sunrise, and headed for a nearby patch of woods. After we descended a hill and clomped over a wooden bridge, we crossed what seemed like a former road—wide, flat and grassy.

I know that in the works is a new path which will follow that old road, bisecting our woods. The plans call for it to be gravel at first, although later it might be paved. Before long there will be large, loud machines down there, clearing, digging, laying rocks. It will change this small, semi-hidden place, this place Jackson and I have been almost every morning for the four-plus years of his life.

We humans want things to stay the same. Our neighborhoods, our jobs, our towns. We don't want a new subdivision where the woods are or a new big store to replace our favorite old place to buy batteries, or a rake or a mailbox. We don't want more traffic, or a larger cable bill. We don't want our favorite TV series to end, or to finish the last book by our favorite author. We don't want that old house to be torn down.

We humans want things to change. We want a better pizza place nearby, or Thai, or sushi. We wish we could walk to a good bookstore, or an organic market. We'd like different neighbors, someone new to talk to. We scroll through the films and shows on Netflix, wishing for something new and interesting.

We crave excitement.

We crave the familiar.

"We've allowed other cultures to come in and change our values," the letter to the editor says. As if that hasn't been happening since the dawn of recorded time. As if the same complaint wasn't made about the letter-writer's parents or grandparents or great-grandparents when they arrived here from... wherever.

The outdoors is familiar. The path is the same one we've trod before. Certain trees, rocks and streams can be recognized, remembered, noticed. The view that's coming up—around that turn, over that ridge—we know it, we anticipate it, we stop and revel in it when we arrive there. We walk certain trails comfortably in the half-light before sunrise or after dusk, knowing each step, each rock and root.

The outdoors is different. Not long ago the woods were green, humid, a source of gnats in the eyes and dust in the throat, with late-summer cicadas in rhythmic chant. Now everything's changed. Green is orange, red and brown. Once-thick air is thin and clear. It's difficult to talk with someone because of the noise of the inches-deep dry leaves underfoot. Dry stream beds turn noisy with fall rains. Sound, unimpeded by summer's foliage, travels farther, extending across coves, bringing the Cowan train's horn up onto the plateau as we walk October's chilly fire lanes.

Jackson and I emerged from our little woods, and I reattached his leash. I'm pretty sure he won't care if there's a new gravel path. In fact, he'll probably be excited about all the new smells available to that big nose of his. Perhaps, when the new path happens, we'll add it to our customary route. Who knows? There might be new things there for us both.

**Secretary of State Reports  
Business Growth Across the State**

Tennessee's economy continues on an upward trajectory as the Great Recession keeps getting smaller in the rearview mirror. The state recorded 8,317 new entity filings during the second quarter of 2015, which is a 9.9 percent increase compared to the same quarter last year. Data shows the positive year-over-year growth for 15 consecutive quarters, despite the second quarter of 2015 lagging slightly behind the first.

The Tennessee Quarterly Business and Economic Indicators report provides a snapshot of the state's economy based on a variety of information, including new business data from the Division of Business Services.

"Tennessee continues to be a hotbed for new businesses," Secretary of State Tre Hargett said. "These

indicators tell us this momentum will continue well into the future." Davidson County led the way with 1,471 new filings. Shelby County was a close second with 1,096 filings. Despite the overall growth, there were 4,398 dissolutions filed in the second quarter of 2015, which is more than double the same time last year. The yearly total is expected to rise since most entities file dissolutions during the third quarter.

The national economy got back on track after a sluggish start to the year. In the second quarter of 2015, U.S. personal income increased by 4.2 percent over last year. Tennessee's unemployment rate fell to 5.7 percent in June, a 0.1 percent drop compared to May and a 0.9 percent drop compared to June 2014.

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## Energy Assistance Applications Available

South Central Human Resource Agency (SCHRA) is accepting applications for the 2016 Low Income Energy Assistance Program.

This program helps low-income households through direct energy payments to their energy provider. Households with total annual income below 150 percent of the Federal Poverty Guidelines may be assisted.

Proof of the total household income for the past eight weeks is required to determine eligibility. The Social Security card for each household member must be provided, along with the applicant's ID.

A printout from the utility company for the past 12 months' energy use and the most current utility bill must also be provided.

Persons interested in making application for the program should make an appointment at the SCHRA office, 107 N. Porter St., Winchester. The office can be reached at 967-1438.



The ribbon-cutting for a pavilion at Stone Door, a gift of the Friends of South Cumberland State Park (FSC), was held at the Savage Gulf park on Oct. 11. The FSC donated \$27,000 to build the handsome wood structure, which will be used by rangers for programs and can be reserved by private groups. According to Park Manager George Shinn, "This long-dreamed-of pavilion would never have happened without the Friends." Cutting the ribbon, (from left) Shinn; Ranger Aaron Reid, who supervised the construction project; FSC past president Ty Burnette, who provided leadership for the gift; and current FSC president Latham Davis.

## Crow Creek Seeks Donations for Fall Festival

The Crow Creek Cemetery Committee, part of the Crow Creek Heritage Preservation Society, will have its second Fall Festival on Saturday, Nov. 7, at the Crow Creek Community Center. There will be music, food, crafts and an auction beginning at 4 p.m.

The group is accepting donations of items for the auction. Some items that have already been donated are a hand-pieced quilt, a handcrafted miniature

log cabin and a handmade jewelry box. Donations should be in good working order and of good quality.

There will also be a door prize of \$100. All funds raised at this event go for the continued maintenance of the cemetery.

To make a donation contact Kathy Pack at 598-0579. For more information contact Carrie Hawk at (931) 308-7442.



**The Monteagle Sewanee Rotary Club meets at 8 a.m., Thursdays, at the Sewanee Inn**  
"Service Above Self"

## University Job Opportunities

**Exempt Positions:** Assistant Manager, Sewanee Dining; Assistant Treasurer; Content Manager/Copywriter, Marketing and Communications; Operations Manager, Sewanee Dining; Systems Administrator.

**Non-Exempt Positions:** Computing Help Desk Coordinator; Dispatcher, Sewanee Police Department; Police Officer (part-time); Executive Assistant, Dean of the College; Food Service Worker, Second Cook and Utility Worker, Sewanee Dining.

To apply or learn more, go to <www.jobs.sewanee.edu> or call 598-1381. The University is committed to creating and maintaining a diverse campus environment.

**TELL THEM YOU READ IT HERE!**

## Sewanee Symphony Orchestra's 3rd Annual Halloween Concert

Friday, October 30 | 7:30PM | Guerry Auditorium  
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César Leal, Artistic Director

## Senior Center News

### Chair Exercise Day Correction

Chair Exercise with Ruth Wendling is from 10:30–11:30 a.m. on Mondays and Wednesdays (not on Thursdays, as was listed in earlier issues of the Messenger). This gentle but thorough routine will give you a terrific workout in and around a chair. All are welcome.

### Lunch Menus

The Sewanee Senior Center serves lunch at noon on weekdays. The suggested donation is \$3 (\$0 or older) or \$5 (under \$0). Please call by 9 a.m. to order lunch. If you make a reservation for lunch but do not come eat, please be prepared to pay for your meal. Menus may vary.

**Oct. 26:** Salmon patty, macaroni and tomatoes, fried okra, cornbread, dessert.

**Oct. 27:** Vegetable soup, ham and cheese sandwich, dessert.

**Oct. 28:** Stuffed pepper, mashed potatoes, green beans, roll, dessert.

**Oct. 29:** Mexican lasagna, salad, dessert.

**Oct. 30:** Fried potatoes, white beans, ham, turnip greens, cornbread, dessert.

### Participation at the Center

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members. The center is located at 5 Ball Park Rd., behind the Sewanee Market.

To reserve a meal or for more information, call 598-0771.

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**Library** (from page 1)

the library at that time boasted 2,000 volumes, with 300 of those books circulating in the previous year.

Volunteers boxed up the books and shut down the library a number of times in its history, including during World War I and World War II, when people seemed to lose interest in keeping the library going, or when Rev. A.C. Adams turned the library into a Boy Scout museum.

The current location is open to everyone in the community, 24 hours a day.

"We tell parents who've got a screaming baby at home in the middle of the night: 'One of you get up and bring the baby to the library and let 'em scream while you read and let the other parent sleep' quietly at home," Cunningham said, laughing.

All of the books are donations, and the library also has no due dates and no fines.

"While it would be fine if the books come back, if they don't come back we're not going to worry about that," Cunningham said. "The secondary motto of the library is: In Sewanee books are like zucchini in August. People are happy to give them away to us. Consequently, we're not going

to worry about losing books."

Book donations that don't make it to the shelves are sold at an annual book sale held in conjunction with the Hunger Walk in April. Otey Parish also provides the library space and utilities free of charge.

Thurmond Memorial contains newer and classic books, including fiction and mystery, nonfiction, children's, young adult, and local interest. The library also has a selection of books on CD.

Jane Holmes, a retired special education teacher and library volunteer, said she loves working there in part because she's a big murder mystery fan.

"I started volunteering in 1981 on Saturday mornings," she said. "It was a good thing because every Saturday I could get a new book to read. I have found so many this morning, and I had to stop at two."

To volunteer at the library, where reading is encouraged during shifts, email Cunningham at <cunning@ gmail.com>.

*Editor's Note: The historical information in this article is from the "History of the Thurmond Memorial Library" by Eva Pryor Jackson, which uses information from Sewanee Woman's Club minutes compiled by Mrs. Marion F. Jackson.*

## Lecture on Crowdfunding and Entrepreneurship

Catherine Merritt, co-founder of a crowdfunding platform targeted toward the entrepreneurial aspirations of mothers, will be the Advent Semester Humphreys Entrepreneur-in-Residence. She will deliver a lecture, "Bringing Ideas to Life: Storytelling at the Heart of Entrepreneurship," at 4:30 p.m., Tuesday, Oct. 27, in Gailor Auditorium. The lecture, sponsored by the Babson Center for Global Commerce, is free and open to the public. A reception will follow.

Merritt graduated from Skidmore College with a degree in English and creative writing, and she advocates the liberal arts as a strong foundation for entrepreneurship.

She is a vice president with the Chicago office of Olson Engage, a public relations and social media agency. She had the inspiration that led to launching the crowdfunding platform MUMZY.com following the birth of her first child, when she had an idea for a product for mothers but no way to raise the money to finance production. Crowdfunding is the practice of soliciting relatively small amounts of money from many people, generally via the Internet.

During her visit, Merritt will also meet with students and teach classes. The Humphreys Entrepreneurs-in-Residence program is endowed by David, C '79, and Debra Humphreys of Joplin, Mo.

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## Rotary's "Don't Meth With Us" in Area Schools

For the fourth year, the Monteagle-Sewanee Rotary Club will present its "Don't Meth with Us" campaign to area fifth-grade students.

The program was initiated in our area by Monteagle Sewanee Rotary club member Bill Davis. Davis knew of a similar program that was started in New Mexico in 2010, and he was granted permission to use some of the same ideas here to start the local program. He was able to augment the initial startup with donations from 25 sponsors and a Rotary district grant.

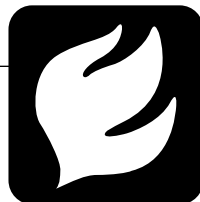
At inception, Sewanee and Monteagle elementary schools were served. Cowan Elementary School was added in 2012.

In 2014, 125 fifth-grade students heard the program. Typically, Rotarians visit the schools during Red Ribbon Week, which is a campaign supported nationally in many public schools to raise awareness for drug use and abuse. Red Ribbon Week this year is Oct. 26–30. In addition to a presentation on the dangers of methamphetamine use, the students get T-shirts and other gifts from the Rotary club.

This year the program will be led by Garrett Weatherly, a senior in the College. Garrett, who grew up in Franklin County, will create the agenda and presentation.

Monteagle-Sewanee Rotarian Daniel Lehmann will represent the club in this project. Sewanee psychology professor Karen Yu will also be assisting in the presentation and analysis of results.

The presentations will be at 11:30 a.m., Monday, Oct. 26, at Cowan Elementary and at 1 p.m., Thursday, Oct. 29, at Sewanee Elementary. The date for the presentation at Monteagle Elementary is not yet set.



### PLANNING ON BURNING BRUSH?

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## EXAMINING LIFE PATHS

By Elizabeth Taylor

People naturally seek to find happiness, purpose and meaning in their lives. In recent years, two areas of research in psychology suggest ways to help achieve these goals: expressive writing and positive psychology. One of the first writing programs, the Laws of Life Essay, was developed by Sir John Templeton, a native of Winchester, Tenn., in 1987. For more than 25 years, it has been helping middle- and high-school students reflect on and write about their values. The Life Paths Research Program was funded by the John Templeton Foundation to conduct the first evaluation of this narrative program. The study is also the largest of its kind to ever take place in Appalachia.

The Life Paths Research Program, led by Sewanee psychology professor Sherry Hamby, is a research center of the University of the South. Life Paths is dedicated to advancing resilience and improving well-being after adversity and tough times. The program's main goal is to lend a voice to the people in Appalachia and find out what makes them resilient in the face of adversity.

Psychologists usually focus on what goes wrong in peoples' lives rather than what goes right, and often view healthy people as those without serious problems. Defining health this way misses what most people want out of life: joy, love and meaning. The Laws of Life Essay encourages youth to develop their own strengths and to become well-rounded, thriving people. These strengths come in many forms, and vary from person to person. The word "resilient" refers to people who have faced adversity and overcome their tough experiences. Remarkably, many people who have experienced a great deal of adversity still achieve well-being and can be described as resilient.

People who live in rural Appalachia do not often have the chance to share their stories with researchers, and we worked hard to give them the chance to tell us about their lives. More than 3,000 people participated in our study, making it the largest psychological study ever conducted in Appalachia. Everyone completed a confidential, anonymous survey, and more than 200 people also took part in an in-depth interview about their lives.

How did we manage to include so many people? We tried a variety of ways to reach people—Sewanee Classifieds, door-to-door, fliers (you name it, we did it)—but found the best way was through word of mouth and by attending local festivals. People could do a survey on their way to hear live music or eat some fried food.

Through our research at Life Paths, we found a number of things that help people experience well-being. We describe these factors in "The Resilience Portfolio Model." Our model focuses on three main areas of strengths: regulatory strengths, interpersonal strengths and meaning-making strengths. In future columns, we'll explain these strengths: regulatory (ability to cope with feelings in times of stress), interpersonal (maintenance of close relationships), and meaning-making (finding meaning in your life). And we examine how these contribute to how people cope with adversity and tough times. We'll also describe how regulatory, interpersonal and meaning-making strengths help with outcomes such as mental health, physical health and spiritual well-being.

One surprising feature of past research has been the lack of attention to the questions of why and how narrative (also known as expressive writing) works. We'll explore why narratives work in more depth and see what our participants were saying about the Laws of Life essay and how writing it affected them. We will also offer some tips and recommendations based upon our research for using narratives in your daily life and how to get the most out of your narrative when you do sit down to write it. There's much more to come.

*Elizabeth Taylor is the project manager of the Life Paths Research Program; she is a transplant from Augusta, Ga., but has found a love for the mountains by living in Sewanee.*



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# SES Citizenship Award

The following Sewanee Elementary School students were honored for their outstanding citizenship at SES.

Pre-K, Solie Thomas; kindergarten, Henry Calhoun and Mason Sparacio; first grade, Eli Kelleher; second grade, Isabella Williston and Evyn Burge; third grade, Christopher Moore and Austin Cash; fourth grade, Case Hoosier; fifth grade, Isabel Patterson and Morgan Jackson.



SES Citizenship Award winners (front, from left) Solie Thomas, Tristan Prater, Austin Cash, Eli Kelleher, Evyn Burge, Henry Calhoun and Isabella Williston; (back, from left) Case Hoosier, Morgan Jackson, Isabel Patterson and Christopher Moore.



The Templeton Award for courtesy at Sewanee Elementary was given to (front, from left) Maddy Van De Ven, Dalayna Marshall, Mason Sparacio, Maggie Lu Rudd and Garrett King; (back row, from left) Bryton French, Reese Michaels, Noah Cowan, Hilina Thomas, Caroline Neubauer and Karen Badgley.



Students at Sewanee Elementary School in second through fifth grades recently finished the Punt, Pass and Kick competition at the school. The first-place winners qualified for the sectional contest in Chattanooga on Nov. 8. First-place winners were (standing, from left) Lakin Laurendine, Hunter Weaver, Morgan Hiers, Emma Smith, Robbie Phillip, Kai Walker and Kiran Malde; Second-place winners were (middle row, from left) Ada Watkins, Caleb Palmertree, Zane Nimis-Ibrahim, Maya Mauzy, Mollye Casey and Braden Jackson; Third-place winners were (seated, from left) Samuel Dykes, Haley Wallace, Daniel Gray, Amelia Maxon-Hane, Vie Virkhaus and Evyn Burge.

# Happiness Sprinkling Project at MES

Groups of smiling students from Monteagle Elementary School will be wearing bright yellow shirts and "sprinkling happiness" from 9 a.m. to 2:30 p.m., Thursday, Oct. 29, outside of the school.

Created by Laura Lavigne, founder of the Anacortes Center for Happiness, the Happiness Sprinkling Project is "crazy simple and crazy powerful."

A group of people get together, wearing bright yellow shirts. They gather at a busy spot in the town where they live. They hold up signs—happiness signs—that say things such as "It's Going to Be All Right" and "Breathe" and "You are Loved."

They do this for a while and as they do, magic happens. People being 'sprinkled' on their way home from work are surprised, puzzled and yet, they are moved. They smile, they wave, they honk. Many join in and start sprinkling themselves. The messages are surprising because "they ask nothing of the viewer" but instead send an expected burst of light, helping people tap into their own hope, strength and joy.

# FCHS Needs Mentors

Franklin County High School is seeking just a few more mentors to participate in the tnAchieves program to help FCHS students transition to college. The tnAchieves program works with the Tennessee Promise project, the scholarship and mentoring program focused on increasing the number of students who attend college in our state.

Mentors remind students of important deadlines and encourage them to reach their full potential. For more information go to <www.tnachieves.org> or call Diana Spaulding at 967-0626.



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# SES Menus

Oct. 26-30

## LUNCH

**MON:** Chicken tenders, steak, gravy, mashed potatoes, green peas, cooked carrots, roll.

**TUE:** Taco, cheese, yogurt, cheese stick, refried beans, buttered corn, lettuce and tomato cup, salsa, Doritos.

**WED:** Spaghetti, corn dog nuggets, fresh salad, pinto beans, turnip greens, garlic bread stick.

**THU:** Breakfast for lunch: steak, eggs, potato wedges, cherry tomatoes, biscuit, gravy.

**FRI:** Chicken quesadilla, chili cheese dog, french fries, fresh salad, hot dog bun, cinnamon roll.

## BREAKFAST

Each day, students select one or two items

**MON:** Pancake or french toast sticks, syrup.

**TUE:** Biscuit, steak, gravy, jelly.

**WED:** Cinnamon toast or breakfast bun.

**THU:** Pop tart or peanut butter and jelly sandwich.

**FRI:** Chocolate muffin or build-your-own breakfast parfait.

Options available every breakfast: Assorted cereal, assorted fruit and juice, milk varieties.

Menus subject to change.

# SES Halloween Parade on Tuesday

Sewanee Elementary School will have its annual Halloween Reverse Parade on Tuesday, Oct. 27.

Joe David McBees reports that University Avenue will close at 6 p.m. from Sewanee Elementary to Mitchell Avenue.

Community members are invited to line the streets to hand out candy to students as they parade down the street in their costumes at 6:45 p.m. At 5 p.m., there will be activities and snacks in the SES cafeteria.

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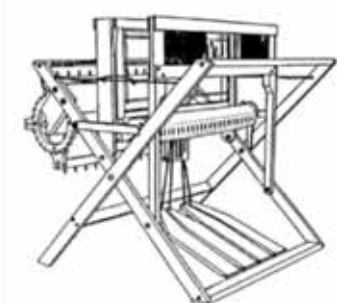
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## THE INSATIABLE CRITIC

by Elizabeth Ellis



The nights get longer, the fog descends, and it is Halloween on the Mountain once again!

This week the Sewanee Union Theater serves up a hearty treat bag filled with mystery, suspense and humor, including one affable tap-dancing Frankenstein. Read on!

Every good critic needs a good rating system, and there's nothing on the planet more critical than cats, so one feature each week is rated from one to five Tobys. The more Tobys there are, the better it is!

### Paper Towns

7:30 p.m. • Thursday through Sunday, Oct. 22 to Oct. 25  
2015 • Rated PG-13 • 109 minutes

High schooler Quentin admits his life is boring, but at least he's got it all neatly figured out. However, when his secret crush, Margo, leads him through one wild night in his town of Concord, N.C., to help her exact revenge on her cheating, soon-to-be ex-boyfriend, he starts to wonder if there's more to life than clockwork predictability. With a renewed sense of purpose and the promise of a new romance with Margo, Quentin looks forward to seeing her the following day—only to discover she's vanished. This is where the film begins to elevate itself from the usual teen high school rom-com. Leaving clues behind as she goes, Margo leads Quentin and his friends on another adventure that will lead to unexpected discoveries about themselves and each other. Adapted from the best-selling novel of the same name by author John Green (who also wrote "The Fault in Our Stars"), "Paper Towns" won three Teen Choice Awards despite lukewarm reviews from critics. Rated PG-13 for language and teenagers involved in drinking, sexuality and partial nudity, this film is appropriate for older children accompanied by parents and for teenagers, as well as adults, who can appreciate the time in all our lives where we relied on our friends to help discover our true identity.

### Young Frankenstein

7:30 p.m. • Wednesday, Oct. 28  
1974 • Rated PG • 106 minutes

This Mel Brooks classic returns to the silver screen in glorious black-and-white only at Sewanee to get us into the "spirit" of the season. A spoof on the classic gothic horror tale by Mary Shelley, Dr. Frankenstein's grandson (that's Fronk-en-STEEN to you) played by a moustachioed and manically witty Gene Wilder, is approached to return to his grandfather's castle and continue the nefarious work of reanimating dead tissue. At first he is reluctant to reaffirm his connection with his family's infamous legacy, but soon finds himself embracing it when he resurrects a surprisingly charming and well-dressed version of our patchwork monster, played by Peter Boyle. Spawning such famous quotes as "What knockers" and the dramatic, "It's alive, it's ALIVE!!," this cornerstone of comedic cinema was nominated for two Oscars for best writing and sound, as well as becoming a Broadway musical in the late-2000s, garnering largely positive reviews. Mel Brooks, still energetic and quick-witted as ever at 89, was in Nashville earlier this month for a question-and-answer session with his fans and indicated that he is currently working on bringing a revamped version of "Young Frankenstein: The Musical" back to the Great White Way. Rated PG for some sexual innuendo, rude humor and mild violence, this film is a must-see for families who can enjoy some good spooky fun.

### Mission Impossible: Rogue Nation

7:30 p.m. • Thursday–Sunday, Oct. 29–Nov. 1  
2015 • PG-13 • 131 minutes

Tom Cruise is back as the famed Ethan Hunt and proves he's still got what it takes to make a mission possible. With his team disbanded, he now finds he must take on a group of special agents called "The Syndicate," who are looking to create a new justice system through fear and intimidation. Their calling card is a series of terrorist attacks happening worldwide. Hunt finds a dubious ally in British agent Ilsa Faust, played by the lethally lovely Rebecca Ferguson. Jeremy Renner returns as William Brandt, one of Hunt's associates. Fans of this series can expect the usual car chases and shoot-outs, but what is most admirable about this film is Cruise, at 53, still does many of his own stunts, most notably, a scene where Hunt is clinging to the outside of an Airbus A400M upon takeoff is done without a double or visual effects. At times, Cruise was suspended on the aircraft at 5,000 feet in the air during filming! Rated PG-13 for sequences of action and violence and brief partial nudity, parents of very young children should be cautioned, but otherwise it proves to be a heart-pounding thrill ride for most audiences.

For more reviews and fun, visit Liz's blog at <theinsatiablenecritic.blogspot.com>.

## Shape-Note Singing on Sunday

Local shape-note singers invite the community to a participatory singing from "The Sacred Harp" on Sunday, Oct. 25, in Convocation Hall (corner of Georgia and University Avenues).

The evening will begin with a short singing school for beginners that will start at 5:30 p.m., after which the group will sing until around 7:30 p.m.

Copies of "The Sacred Harp" will be available for loan and/or purchase.

Shape-note singing is a Southern tradition that was popularized by the publication of "The Sacred Harp." This book used only four syllables for the seven notes, giving each note head a shape. Today, shape-note singing groups still gather to participate in this vocal art.

All are welcome, and light refreshments will be provided. For more information email Nathan Stewart at <stewanc0@sewanee.edu>.

## State Arts Commission Grants Available

The Tennessee Arts Commission is accepting applications for fiscal year 2017 annual grants for projects and activities that occur between July 2016 and June 2017. These grants provide funds for: a variety of arts education projects, such as professional development for teachers, arts education in communities and programming for children in grades Pre-K–12; operating support for well-established arts organizations; and project support in urban and rural counties.

In fiscal year 2016, the commission awarded 311 annual grants, investing \$3,925,710 in Tennessee communities to help fund arts and cultural activities for schools, local governments, non-profits and artists.

For more information about grant eligibility, contact Hal Partlow, associate director of grants, by email to <hal.partlow@tn.gov> or go online to <tnartscommission.org>.

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## SSO Presents "Escape the Fog"

The Sewanee Symphony Orchestra (SSO) will perform its third annual Halloween concert for area elementary schoolchildren at 10 a.m., Friday, Oct. 30. They will perform it again for the public at 7:30 p.m. that evening. The concert, "Escape the Fog," features Beethoven's "Egmont Overture," Khachaturian "Masquerade Dances" and Anderson's "Syncopated Clock."

The schoolchildren's concert is not open to the public. The evening concert is free and open to the public in Guerry Auditorium.



SSO director César Leal

## Imagining American Girlhood at the Hunter Museum

The Hunter Museum of American Art in Chattanooga continues its exhibit, "Imagining American Girlhood," at the entrance of the museum's permanent collection galleries. The exhibition includes paintings and photographic works by a variety of American artists with a focus on girlhood.

"While girlhood may seem like a natural part of growing up, the concept has changed dramatically over time. We thought it would be interesting to explore how artists helped shape and transform ideas about girlhood, and in the process, discover how our notions about girls came into being and the various possibilities for girls today," said Miranda Hofelt, associate curator at the Hunter Museum.

From the colonial period through the 18th-century, Americans held an outlook diametrically opposed to how we think about youth today. They considered children to be miniature adults, who, because they were born with original sin, were inherently corrupt and needed to be trained to become "good" adults.

But with the emergence of the middle class in the 19th century, these notions changed dramatically. People of means, who lived primarily in cities, began to see childhood and girlhood specifically as an idyllic phase of life distinct from adulthood. This new conception drew upon the ideas of the European Enlightenment and the American Transcendentalists. Now girls were seen as pure, uncorrupted souls whose closeness to nature rendered them nearer to heaven. 19th-century artists created sentimental images of girls that offered adults a haven from the dizzying effects of modern life while catering to their nostalgia for a perceived carefree time.

By the late 20th century, many artists moved away from using girlhood solely as a means for adults to project their anxieties, hopes and yearnings. These artists often challenged notions of girlhood as an Edenic state, choosing instead to explore the complexities of an individual's experience of being a girl.

Located at 10 Bluff View in Chattanooga, the Hunter Museum is open every day (except Christmas Day, Thanksgiving and New Year's Day). For hours and admission information go to <www.huntermuseum.org>.



The exhibit includes this photograph by Sally Mann (b. 1951), "Untitled, At Twelve Series (Jennifer, mother and bow)," 1988, silver gelatin print, Hunter Museum purchase, 2011.

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## Hope and Prey Opens at University Gallery

Experimental filmmaker Vanessa Renwick's three-channel video installation, "Hope and Prey," opens in the University Gallery today (Friday), Oct. 23, through Dec. 12.

Renwick will speak about her work at 4:30 p.m., today (Friday), Oct. 23, in Convocation Hall. A reception will follow. The event is free and open to the public.

"Hope and Prey" features stunning wildlife cinematography of animals hunting and being hunted, transformed through black-and-white high-contrast recomposition. The viewer is placed in a landscape inhabited by predators. As Renwick writes, "In this installation, the audience definitely has to keep an eye out for danger." Invoking the sublime, "Hope and Prey" has

been described in the Brooklyn Rail as "a slow build toward oblivion that summons the awesome grandeur and the cold horror of the wild." Daniel Menche composed the score.

Based in Portland, Ore., Renwick is founder of the Oregon Department of Kick Ass <www.odoka.org>. Described as being "as punk rock as they come," Renwick began making low-budget films in the early 1980s. Her films have screened nationally and internationally in venues ranging from the Centre Pompidou in Paris, France, to the Museum of Jurassic Technology in Los Angeles.

The gallery is free, accessible and open to the public. For more information call 598-1223 or go to <www.sewanee.edu/gallery>.



Mermaid by Francis Perea, a member of the Franklin County Arts Guild.

## A Celebration of Quilts: Threads of Time

The Tullahoma Fine Arts Center is hosting a new show, "Threads of Time," a journey from the past to the present with a collection of quilts representing the community's rich quilting heritage and the local talented quilters carrying on this art form.

This collection showcases quilts that have been handed down from earlier generations and today's quilts that may still use those traditional patterns or which may break new ground.

Each quilt is a story, and the Tullahoma Fine Arts Center is delighted and proud that we are able to bring these stories to you in this unique and beautiful exhibit!

The exhibit is open now through Nov. 17. Tullahoma Fine Arts Center hours are 9 a.m. to 3 p.m., Tuesdays, Thursdays and Fridays; and noon to 3 p.m., Saturdays. Admission is \$5 for members; \$7 for nonmembers. The center is located at 401 S. Jackson St., Tullahoma.

## Make A Difference Contest Voting Ends Saturday

Ten projects designed by students, grades K-12, have been chosen as finalists in the South Cumberland Community Fund's first Make a Difference contest. The finalists focus on a wide variety of student-led efforts that will benefit area communities such as recycling and trash pickup, community gardens, lending libraries and trail-building.

Voting will take place online October 9-24, with the winners being announced at the Mountain T.O.P. Fall Festival at noon, Saturday, Oct. 24.

The Make a Difference contest began with dozens of entries from area schools and other local organizations submitting applications in three categories: grades K-4, 5-8 and 9-12. The entry in each category that receives the

most online votes will receive \$1,000 to carry out the proposed project for making a difference in the community.

For more details and to vote, go online to <www.southcumberlandcommunityfund.org/difference>. The South Cumberland Community Fund cultivates resources and leadership across the South Cumberland Plateau, offering direct grant funding and capacity-building initiatives to area nonprofit organizations.

## Art Guild Member Show Opens Oct. 23

The annual Franklin County Art Guild Member Show will open today (Friday), Oct. 23, with a meet-the-artist reception from 5 to 8 p.m.

This exhibit showcases the diversity of the talent and work of members of the guild, with diverse subjects and themes in a wide variety of media.

The Artisan Depot is operated by the Franklin County Arts Guild and is located at 201 Cumberland St. East in Cowan. Gallery hours are noon to 5 p.m., Thursdays, Fridays and Sundays and 11 a.m. to 5 p.m. on Saturdays.

For more information about upcoming community art shows, the gallery or the guild go to <www.fcguild.wordpress.com> or call Diana Lamb at (931) 308-4130.

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~Traditional Pumpkin Pie for \$9.00

*Orders Due Monday, Nov. 23, by Noon for Tuesday or Wednesday pickup. Pickups will be Tuesday, 8:30am-4:30pm, and Wednesday, 8:30am-10am.*

Please call or email Emily at St. Mary's Sewanee with orders or questions! 598-5342 or <emily.wallace@stmaryssewanee.org>.

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# SAS Cross Country Preps for Postseason

St. Andrew's-Sewanee School's cross country teams have been busy and successful recently on the verge of the postseason.

On Oct. 10, the middle school team competed in the state qualifying regionals at Jasper Highlands. Both the girls' and boys' teams qualified for the state tournament in Knoxville.

The girls were led by Cecilia Shutz with a time of 14 minutes, 42 seconds, followed by Sarah Grace Burns,



Elijah Seavey competes in a cross country meet earlier this season.

Jenna Black, Abi Cassell and Maddie Mendelewski. For the boys, Elijah Seavey ran a personal best of 13:08, followed by Porter Neubauer, Nathan King, Alex Brewster and Rhys Fricker, who all set personal records.

The varsity Mountain Lions hosted a meet on Oct. 15, and the boys defeated both Lincoln County and Franklin County. Mustafe Axmed finished first with a time of 19:17, followed by Lachlan Hassman (third), Andreas Forsyth (fifth), James Pitts (sixth), Drew Copeland (10th) and Oscar Jing (13th). The lone female runner for SAS, Sophia Patterson, finished first with a time of 25:24.

On Oct. 17, the varsity competed in the Midstate Cross Country Association championships in Smyrna. Competing against 36 teams and 272 runners in the silver division, the boys' team finished 21st. Again, Axmed led the way with a time of 18:12 and a 31st-place finish. He was followed by Issac Tang (132), Lachlan Hassman (143), Andreas Forsyth (152) and Oscar Jing (229).

Sophia Patterson finished with a personal best 25:16, 77th out of 184 runners. The varsity will compete in the state regional qualifier on Oct. 29 in Nashville.



The SAS football team runs onto the field during the Oct. 17 game. They close out the season at Webb School today (Friday). Photo by Bre Torres

## Sewanee Mauled by Bears

Behind an impressive offensive performance, the Washington University Bears earned a 38-15 win over the Sewanee Tigers football team at home on Oct. 17.

The Bears wasted little time, scoring on their opening drive. Wash U. marched 67 yards in 1:25, scoring on a one-yard touchdown pass.

Sewanee played well on its opening drive. The Tigers picked up five first downs, which included a fourth-and-five play in which Devante Jones earned on a hard run. Unfortunately, the drive stalled three plays later, and Callum Wisheart's 37-yard field goal missed wide left.

The score remained at 7-0 into the second quarter. That is when the Bears' offense came alive again. Wash U. scored four straight times, including three touchdowns, giving the Bears a 31-0 lead at halftime.

Sewanee found the end zone midway through the third quarter, as freshman quarterback Allan Parrott connected with receiver Steven Hearn for a 32-yard touchdown pass.

With that, any chance of a Tiger comeback was short-lived, as Wash U. quickly raced back down the field on the ensuing possession. The Bears capped off an eight-play, 55-yard drive that took 3:20 off the clock. After he found multiple receivers on the drive, Tomlin connected with Mitch McMahon for a 10-yard touchdown pass.

Sewanee added one final late score in the fourth quarter, as freshman Zach Keller ran in his first career touchdown from six yards out.



Sewanee wide receiver Steven Hearn scores a touchdown in the Oct. 17 football game. Photo by Lyn Hutchinson

## Tigers Win Seventh Straight

The Sewanee women's soccer team now sits in first place in the Southern Athletic Association (SAA) standings, as the Tigers rolled past Birmingham-Southern, 3-0, on Oct. 18 in Birmingham.

The Tigers are now 9-3-2 overall and 5-0-1 in SAA action. Sewanee leads Centre by a half game in the SAA standings. The Tigers have won seven straight matches and have not lost since September 15.

Sewanee got on the board first, as Katie Morrison netted a goal in the eighth minute off a pass from Dayla LaRocque.

The Tigers then added to their advantage with a pair of goals in the second half. Tyler Edell scored right after halftime, as Nikki Johnston found her in front of the net. Sewanee closed out its scoring two minutes later, as Morrison netted her second goal from Callie Ruf.

With two matches left in the regular season, Sewanee will look to keep its streak alive with a 5 p.m. home match today (Friday) against Berry.

## Tigers Golf at Chick-Fil-A

After improving in each of its three rounds, the 72nd-ranked Sewanee men's golf team wrapped up the Chick-fil-A Collegiate Invitational on Oct. 20 at Stonebridge Golf Club.

After opening the event with a first-day 326, Sewanee followed with a 310 on Monday and a 304 on Tuesday. Overall, Sewanee finished 10th with a three-day total of 940. No. 3 Berry won the event with an 853.

Individually, the Berry Vikings' Ryan Elmore earned medalist honors with a three-round, 7-under-par 209.

For Sewanee, sophomore Taylor Mottern finished tied for 22nd with a 230 total (77-75-73). Freshman Garrett Lucey was tied for 31st with a 231 (81-77-73) while Nick Powell finished in 56th after he rebounded from a tough second round with a 244 total (78-91-75).



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Sewanee's Michael Whitehead won several events on Oct. 17, including the 500-yard freestyle. Photo by Lyn Hutchinson

## Tigers Swimmers Sweep Centre College

The Sewanee swimming and diving teams could not have asked for a better season-opening meet on Oct. 17, as the Tigers swept Southern Athletic Association rival Centre College inside the Fowler Center.

The Tiger men's team won their dual meet, 120-98. The women's team then took their contest over the Colonels by an outcome of 127-109.

After Centre opened with back-to-back relay wins, Sewanee's Emily Gay won the first individual event. Gay earned first place in the women's 1000-yard freestyle with a time of 11:29.39. A race later, Michael Whitehead won the men's 1000-yard freestyle with a championship time of 10:47.71.

The Tigers kept rolling in the women's shorter 200-yard free, as Meghan Mulhern and Ashley Krueger finished in first and second place. Mulhern edged out her teammate with a winning time of 2:02.79, while Krueger earned four points with a time of 2:08.56.

Sewanee was then able to show its depth in the next two events. Despite not winning either the men's 200 free or women's 50 free, Sewanee outscored Centre with strong overall performances.

The Tigers did win the men's quick 50 free, as Will Ralston sprinted to a winning time of 22.65 seconds.

With the first swimming session completed, all eyes turned to diving. In the men's one-meter event, Sewanee's Courtney Moore and Winston Westbrook took first and second place. Moore won the one-meter with a total of 158.92 points, while Westbrook finished with 139.65 points. The Tiger duo then finished first and second in the three-meter dive later in the meet.

Other victories for Sewanee were Mac McNally (100 free, 50.75 seconds), Mallory Graves (100 backstroke, 1:05.18), Ralston (100 backstroke, 55.55 seconds), Mulhern (500 free, 5:32.53), and Whitehead (500 free, 5:11.38). Finally, Sewanee closed out the women's competition as the Tigers' team of Krueger, Erin Neil, Bonnie Wakefield, and Mulhern won the 200 free relay with a time of 1:48.69.



Sewanee senior Grace Baker dives on Oct. 17 at Fowler Center. Photo by Lyn Hutchinson

## BSC Edges Sewanee in Soccer

A goal in the 55th minute by Birmingham-Southern's Cody Santos gave the host Panthers a 1-0 win over the Sewanee men's soccer team on Oct. 18 in Birmingham.

Sewanee's bad luck continued against Birmingham-Southern (BSC) as the Tigers have lost their last three matches by one goal each. Overall, BSC outshot Sewanee 13-6.

Sewanee returns to action with a 7:30 p.m. match today (Friday) against Berry.



Sewanee's Sara Jayne Sutton

## Millsaps Downs Tigers' Volleyball

Millsaps College earned a 3-0 win over the Sewanee volleyball team on Oct. 18 in Jackson, Miss.

The Majors' key was the play of their defense. Millsaps limited Sewanee to a .067 attack percentage. In contrast, Millsaps hit .259 and won sets at 25-13, 25-6 and 25-15.

Sara Jayne Sutton led Sewanee with 16 digs. Olivia Kleyer led the Majors with a match-high 11 kills, while outside hitter Courtney Huie finished with 10.

Sewanee returns to action with an 11 a.m. match on Saturday, Oct. 24, against league-leader Hendrix.

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## OVERTIME

by John Shackelford



Over the past few weeks, Steve Keetle, Parker Oliver and the staff of the University's marketing and communications office have worked with several athletic department coaches and University staff members to redesign, create and more completely develop new logos to enhance Sewanee's athletic brand. Who knew that the width of a font could be as important as the distance for a first down? But Parker, in his wise and professorial way, helped those of us unschooled in graphic design realize how important consistency is when deciding between a yellow gold or one with a more brownish tint, and the difference between a script style "S" with a border and one with clean edges. What we needed, he taught us, was a Tiger with a bite instead of one with a carnation for a neck who appeared ready to get off that Paleo diet and sample the veggie line in McClurg.

The results have been impressive. Steve is the Michelangelo of In-Design and can craft artwork from his keyboard like Elton John on a piano. The athletic department will soon have a family of logos that include an "S," a menacing Tiger and much-needed consistency in how we use fonts and present our team names.

As much as I love the results, it did make me wonder, "What if?" Did the founders of our first athletic teams limit Parker and Steve in their creativity by giving us the most common of all mascots? There are currently 12 teams who use the Tiger mascot in Division I football alone. When we were recently members of the Southern Collegiate Athletic Conference, we shared our name with in-conference rivals from DePauw, Trinity and Colorado College. What if we had chosen something more specific to our school, our mountain, and our heritage?

The Sewanee Angels is an easy pick as a first option. Our fans could wear halos and flap their arms when we score (or soar, as we would no doubt call it). Our athletes could reach up and grab an angel when entering the game instead of our current tradition of taking one upon leaving the gates. Good idea, but not a real threatening mascot unless you play for the Duke Blue Devils.

Or maybe the Battling Bishops would give us a tougher image. Can't you imagine a sea of arms in the stands waving an amethyst-studded mace in unison over their heads? The baseball team could wear a mitre cap on their heads in the field instead of a standard ball cap; our athletes could drink grape juice from a silver chalice instead of the standard plastic water bottle advertising a well-known sports drink.

If we became the Gownsmen, I'm afraid our new uniforms may get tattered and slow us down on the track.

My favorite new option, though, is the Sewanee Fog. I just want to hear the cheer: "Engulf them!" Or every time one of our teams takes the lead, we could chant "It's getting misty in here!" Instead of the oft-heard "Roll Tide" we could yell "The Fog Rolls In!" The athletic department could save money by all of us wearing drab heather grey T-shirts with no logos at all.

In 1986 students at University of California-Santa Cruz were successful in pressuring their administration to change the university mascot from the Sea Lions to a much more popular and clever one, Banana Slugs. As we celebrate Sewanee Athletic Hall of Fame weekend and the great traditions of many wonderful Tigers from years past, perhaps our students will see the fog roll in on a cold November day and begin a movement that celebrates the uniqueness of our special Mountain by pulling a new mascot out of thick air.

## Home Games

**Today, Oct. 23**  
5 pm Tigers Women's Soccer v Berry  
7 pm GCHS V Football v Sequatchie County HS  
7:30 pm Tigers Men's Soccer v Berry

**Saturday, Oct. 24**  
11 am Tigers Volleyball v Hendrix  
1 pm Tigers Football v Centre

**Sunday, Oct. 25**  
Noon Tigers Women's Soccer v Wesleyan (Ga.)  
1 pm Tigers Volleyball v Rhodes

**Monday, Oct. 26**  
4:30 pm SES Girls' Basketball v Broadview at North MS  
5:30 pm SES Boys' Basketball v Broadview at North MS  
6 pm FCHS JV Football v Page School

**Thursday, Oct. 29**  
4:30 pm SES Girls' Basketball v Decherd at North MS  
5:30 pm SES Boys' Basketball v Decherd at North MS  
6 pm SAS MS Girls' Basketball v Tracy City Elementary  
7 pm SAS JV Boys' Basketball v Tracy City Elementary

**Friday, Oct. 30**  
4 pm Tigers Swim/Dive Sewanee Invitational Meet (through Oct. 31)  
7 pm FCHS V Football v Shelbyville (Senior Night)



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# NATURENOTES

## In Memoriam: Jean Yeatman

A Lake Eva Stroll

by Yolande Gottfried

Last fall, Jean Yeatman asked me to help keep Nature Notes going while she dealt with some health issues. I saw this as temporary at the time and expected to be taking walks with her and for her to be writing Nature Notes when she was well again.

A year later, she is no longer with us, and her interment and memorial service are this weekend. It seems an appropriate time to remember her in this column. I decided to do that by taking a memorial walk around Lake Eva and reporting on it here. Jean really loved the place where she lived and never wanted to leave it. I am grateful that she was able to remain there until the end of her life.

Armed with a list of the "Autumn Flora of Lake Eva" put together by Jean and Harry Yeatman for a Tennessee Native Plant Society walk on October 6, 2001, my husband, Robin, and I set forth.

We didn't spot all of the over 50 plants on the list, but we did find numerous beautiful blue bottle gentians and even watched a bumblebee push its way through the closed petals to pollinate the flower (one of the few, if not the only, insects that can do this). Others still in bloom were bushy aster, nodding ladies' tresses orchids and candyroot. Water-shield covered parts of the lake, and the shore was lined with compact-head broom-sedge, wool grass (a bulrush), wood oats and cattails. Also prominent were ferns—royal, cinnamon, New York, netted chain-and fan—and foxtail club mosses.

The trees (too many to list, according to the Yeatmans) were in glorious color on that sunny day, a lovely day to be remembering Jean.

## Exhibit Highlights New Deal's Impact on Tennessee

It was one of the most transformative attempts at economic reform in our country's history: In response to the Great Depression, President Franklin Delano Roosevelt launched a series of programs under the New Deal banner that were aimed at jump-starting the United States' faltering economy. The New Deal changed the course of U.S. history, and Tennessee's history in particular. A free exhibit now on display in the lobby of the Tennessee State Library and Archives provides an overview of the New Deal, as well as details about some of the programs that had the greatest impact on the Volunteer State.

For example, the New Deal led to the creation of the Tennessee Valley Authority, which built a network of hydroelectric dams throughout

the region that provided electricity to rural communities across Tennessee, but also displaced about 82,000 people from their homes. The Civilian Conservation Corps developed the state's park system, and other programs, such as the Civil Works Administration, Public Works Administration and Works Progress Administration, built infrastructure like housing, roads, bridges, airports, hospitals and schools around the state.

The exhibit is open to the public during the Tennessee State Library and Archives' normal operating hours, which are from 8 a.m. until 4:30 p.m. Tuesdays through Saturdays. The Tennessee State Library and Archives building is located at 403 Seventh Avenue North, directly west of the State Capitol in downtown Nashville.



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## MGT Walk for Diabetes Research

Delta Tau Delta Fraternity of the University of the South is sponsoring a walk on the Mountain Goat Trail on Sunday, Oct. 25, on behalf of the Juvenile Diabetes Research Foundation (JDRF).

"Sewanee JDRF One Walk is a short walk supporting the JDRF Middle Tennessee chapter. All campus organizations, fraternities, sororities and clubs are encouraged to form a team and participate," said Logan Stockton, chapter president of Delta Tau Delta.

The walk will begin at 1:30 p.m. at the Hawkins Lane end of the Mountain Goat Trail in Sewanee. The walk will go a mile on the trail and return. For more information or to donate, go online to <[www2.jdrf.org/site/TR?fr\\_id=5498&pg=entry](http://www2.jdrf.org/site/TR?fr_id=5498&pg=entry)>.

## State Park Offerings

**Saturday, Oct. 24**

**Savage Falls Hike**—Meet Ranger Gheesling at 1 p.m. at Savage Gulf ranger station, 177 Hwy. 399, Palmer, for this approximately 4-mile round-trip hike. The 30-foot waterfall marks the head of Savage Creek Gulf. This is a relatively flat, easy hike. Bring water and wear sturdy shoes.

**Sunday, Oct. 25**

**Halloween Lost Cove Cave Trip**—Join Ranger Park at 8 a.m. at Carter State Natural Area parking lot, 8398 Sherwood Rd. (Hwy 56), Sherwood, for an exciting, adventurous excursion. Wear a costume (if you wish!) that you don't mind getting dirty, or walking 5 miles in, and sturdy shoes. Also bring a change of clothes, snacks and plenty of water. This is a wild cave tour; no handrails or walkways will be available, just your hands, feet and sometimes knees. \$3 per person, reservation required. Call (931) 924-2980 for more information or to sign up.

**Wednesday, Oct. 28**

**Savage Day Loop Trail Run**—Runners at all levels are welcome to meet Ranger Gheesling at 8:30 a.m. at Savage Gulf ranger station, 3177 Hwy. 399, Palmer, for this 4.2-mile run along the exciting, scenic and relatively flat Savage Day Loop.

The South Cumberland State Park Visitors' Center is located on Highway 41 South between Monteagle and Tracy City and is open 8 a.m.-4:30 p.m. seven days a week. For more information call (931) 924-2980.



Lady



Harley

## Pets of the Week

### Meet Lady & Harley

The Franklin County Humane Society's Animal Harbor offers these two delightful pets for adoption.

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Every Friday is Black Friday at Animal Harbor. On Fridays, adoption fees are reduced 50 percent for black or mostly black pets over 4 months old who have been at Animal Harbor for more than a month.

Pets adopted from Animal Harbor qualify for a free post-adoption wellness exam by local veterinarians. Animal Harbor is now open at its new shelter at 56 Nor-Nan Rd., off AEDC Road in Winchester.

Call 962-4472 for information, and check out other pets at <[www.animalharbor.com](http://www.animalharbor.com)>.

## Have Your Garden, and Eat It, Too

by Tess Steele, C'18, Special to the Messenger

Living in this delightfully rural and pastoral part of Tennessee, residents of the Sewanee area are fortunate to have land in which to garden. That being said, the potential to incorporate food with flowers is one that is not always utilized, or even recognized. With a few simple adjustments, gardeners can have successful beds that are just as edible as they are aesthetically pleasing.

This shift toward gardens that can serve dual purposes is part of the edible landscape movement, one that is beginning to gain popularity. There are many well-known plants that can add to both the functionality and lushness of a garden, including herbs, trees, and even lawn weeds.

Lawn weeds can be a pest in the garden, but a beautiful addition to the table. A prime example of a perennial with purpose is the dandelion. Notorious for its difficulty in eradication because of its exceptionally long roots, dandelions are completely edible and surprisingly versatile. The flower and root can be cooked or boiled, making a great vegetable addition to a stir-fried dish. The root can also serve as a coffee substitute when roasted. The most commonly used part of the dandelion are the leaves. The leaves have a bit of a bite, and can be used similarly to spinach or arugula in salads, on sandwiches and other dishes. Like all plants, there is an ideal time to harvest dandelion greens. Early spring and after the first fall frost are ideal, with the bitterness of the plant being the lowest. The dandelion is also a great source of vitamins A and C, and iron.

There is also an incredibly wide variety of trees that can not only provide much-needed shade in summer and beautiful foliage in fall, but also fruits and nuts. Plum trees offer both fruit and edible blossoms; walnut and pecan trees produce wonderful nuts; and many other trees including apple, fig, and pear have sweet fruits that can be used in jams, sweet or savory dishes, or enjoyed raw.

For more information on edible landscaping, St. Mary's Convent is having a program with June Mays, part of the Ora et Labora Program Series [see page 3 for workshop details].

For more information, look at David Beaulieu's "Death to Dandelions! (or Maybe Not?)" at <[About.com](http://About.com)> and "Edible Landscaping with Charlie Nardozzi" by the National Gardening Association.

—Tess Steele is a Bonner Scholar at the University of the South.

## GLASS RECYCLING GUIDELINES

*at Glass Recycling Site on Kennerly Avenue behind PPS in Sewanee*



~ Sort glass into four colors: green, brown, clear, blue.

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Of her lamé sheath,

Every veil  
In the woodwind's wail,

Until she's bare  
In the whistling air

Her arms held high  
To the rocking sky

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In her Giacometti splendor

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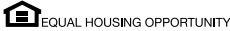
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# Community Calendar

### Today, Oct. 23

- 8:30 am Yoga with Carolyn, Comm Center
- 9:00 am CAC office open, until 11 am
- 10:00 am Game day, Senior Center
- 12:00 pm Spinal spa with Kim, Fowler Center
- 3:00 pm Lecture, Ramirez-Jasso, Gailor
- 3:30 pm Dance with Debbie, 4–7, Comm Ctr
- 4:15 pm Dance with Debbie, 8/up, Comm Ctr
- 4:30 pm Lecture, Renwick, Convocation Hall
- 5:00 pm Bible study, Mtn of God Tabernacle, Monteagle
- 5:00 pm Reception, Franklin Co. Arts Guild, Cowan
- 7:30 pm “Metamorphoses,” Tennessee Williams Center
- 7:30 pm Movie, “Paper Towns,” SUT

### Saturday, Oct. 24

- 8:30 am Yoga with Richard, Comm Center
- 9:00 am Animal Harbor rummage sale, until 2 pm
- 10:00 am Hospitality Shop open, until noon
- 10:00 am Mountain T.O.P. Fall Festival, until 2 pm
- 12:00 pm Rotary Golf Tournament, Course at Sewanee
- 1:30 pm Delta Tau Delta JDRF Walk, meet Hawkins Lane
- 3:00 pm MGTA benefit, Modern Dave’s, until 6 pm
- 7:30 pm “Metamorphoses,” Tennessee Williams Center
- 7:30 pm Movie, “Paper Towns,” SUT

### Sunday, Oct. 25

- 1:30 pm MGT Walk for Diabetes, meet at Hawkins Lane
- 2:00 pm Yeatman memorial reception, St. Mark’s Hall, Otey
- 2:00 pm “Metamorphoses,” Tennessee Williams Center
- 4:00 pm Yoga with Helen, Comm Center
- 5:00 pm Women’s Bible Study, Midway Baptist
- 5:30 pm Shape-note Singing, Convocation Hall, until 7:30 pm
- 7:30 pm Movie, “Paper Towns,” SUT

### Monday, Oct. 26

- 9:00 am CAC office open, until 11 am
- 9:00 am Yoga with Sandra, St. Mary’s Sewanee
- 9:00 am Coffee with Coach, Pat Johnson, Blue Chair
- 10:30 am Chair exercise with Ruth, Senior Center
- 11:30 am “Don’t Meth With Us” at Cowan Elementary
- 1:30 pm Sewanee Garden Club, 891 Deepwoods Rd.
- 5:30 pm Yoga with Sandra, St. Mary’s Sewanee
- 6:00 pm Cowan Commercial Club, Cowan Ctr for Arts
- 6:00 pm Karate, youth @ 6; adults @ 7, Legion Hall
- 7:00 pm Centering Prayer, Otey sanctuary
- 7:00 pm Sewanee Community Council, Senior Center
- 7:00 pm Sewanee Chorale practice, Hargrove Auditorium

### Tuesday, Oct. 27

- 8:30 am Yoga with Carolyn, Comm Center
- 9:00 am CAC office open, until 11 am
- 9:00 am Pilates with Kim, beginners, Fowler Center
- 9:30 am Hospitality Shop open, until 2 pm
- 10:30 am Bingo, Senior Center
- 11:00 am Tai Chi with Kathleen, intermediate, Comm Ctr
- 11:30 am Grundy County Rotary, Dutch Maid, Tracy City
- 11:30 am Thurmond Library Grand Opening, Otey
- 12:00 pm Food with Friends luncheon, CAC, Otey
- 12:00 pm Pilates with Kim, intermediate, Fowler Center
- 12:30 pm Carillon concert, Bordley, Shapard Tower
- 3:30 pm Centering Prayer support, St. Mary’s Sewanee
- 4:30 pm Lecture, Merritt, Gailor; reception following
- 4:30 pm Mountain T.O.P. housing fair, Altamont
- 5:00 pm Sewanee Utility District board meeting, SUD office
- 6:30 pm Prayer and study, 7th Day Adventist, Monteagle
- 6:45 pm SES Halloween Reverse Parade, starts at SES

### Wednesday, Oct. 28

- 9:00 am CAC office pantry day, until 11 am
- 10:00 am Pilates with Kim, intermediate, Fowler Center
- 10:00 am Senior Center writing group, Kelley residence

- 10:30 am Chair exercise with Ruth, Senior Center
- 12:00 pm EQB luncheon, St. Mary’s Sewanee
- 12:00 pm Pilates with Kim, beginners, Fowler Center
- 5:00 pm Planning for Long-term Care, Sewanee Inn
- 5:30 pm Book study, St. James parish hall
- 5:30 pm Yoga with Helen, Comm Center
- 7:00 pm Bible study, Midway Baptist Church
- 7:00 pm Big Chess, Angel Park until 10 pm
- 7:00 pm Catechumenate, Women’s Center
- 7:30 pm Movie, “Young Frankenstein,” (free) SUT
- 8:00 pm Sewanee Review open house, McGriff

### Thursday, Oct. 29

- 8:00 am Monteagle-Sewanee Rotary, Sewanee Inn
- 9:00 am CAC office open, until 11 am
- 9:00 am Nature journaling, Trink’s Terrace, Abbo’s Alley
- 9:00 am Pilates with Kim, beginners, Fowler
- 9:00 am Yoga with Becky, Comm Center
- 9:30 am Hospitality Shop open, until 2 pm
- 10:30 am Tai Chi with Kathleen, advanced, Comm Ctr
- 12:00 pm Pilates with Kim, intermediate, Fowler
- 12:30 pm Carillon concert, Bordley, Shapard Tower
- 12:30 pm Episcopal Peace Fellowship, Otey
- 1:00 pm “Don’t Meth With Us” at Sewanee Elementary
- 1:30 pm Folks@Home Support Group, 598-0303
- 2:00 pm Knitting circle, Mooney’s, until 4 pm
- 6:00 pm Karate, youth@6, adults@7, Legion Hall
- 7:00 pm Survivors’ support group, Morton Memorial
- 7:30 pm Movie, “Mission Impossible: Rouge Nation,” SUT

### Friday, Oct. 30

Deadline for lunch reservations for Episcopal Church Women meeting  
Deadline for lunch reservations for Sewanee Woman’s Club meeting

- 8:30 am Yoga with Carolyn, Comm Center
- 9:00 am CAC office open, until 11 am
- 10:00 am Game day, Senior Center
- 12:00 pm Spinal spa with Kim, Fowler Center
- 3:30 pm Dance with Debbie, 4–7, Comm Ctr
- 4:15 pm Dance with Debbie, 8/up, Comm Ctr
- 5:00 pm Bible study, Mtn of God Tabernacle, Monteagle
- 7:30 pm SSO Halloween concert, Guerry
- 7:30 pm Movie, “Mission Impossible: Rouge Nation” SUT

### LOCAL 12-STEP MEETINGS

#### Friday

- 7:00 am AA, open, Holy Comforter, Monteagle
- 7:00 pm AA, open, Christ Church, Tracy City

#### Saturday

- 7:30 pm NA, open, Decherd United Methodist
- 7:30 pm AA, open, Claiborne Parish House, Otey

#### Sunday

- 6:30 pm AA, open, Holy Comforter, Monteagle

#### Monday

- 5:00 pm Women’s 12-step, Claiborne Parish House, Otey
- 7:00 pm AA, open, Christ Church, Tracy City

#### Tuesday

- 7:00 pm AA, open, First Baptist, Altamont
- 7:30 pm AA, open, Claiborne Parish House, Otey

#### Wednesday

- 10:00 am AA, closed, Clifftops, (931) 924-3493
- 4:30 pm AA, “Tea-Totallers” women’s group, Clifftops, (931) 924-3493

- 7:00 pm NA, open, Decherd United Methodist
- 7:30 pm AA, open, Holy Comforter, Monteagle

#### Thursday

- 12:00 pm AA, (931) 924-3493 for location
- 7:00 pm AA, open, St. James
- 7:30 pm Adult Children of Alcoholics, Dysfunctional Families, Claiborne Parish House, Otey

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