



THE SEWANEE MOUNTAIN MESSENGER

Volume XXXIV No. 45

sewaneemessenger.com

Friday, Dec. 14, 2018

School Board Approves Middle School Funding Request; Supports Sherwood Community Center Changes

by Leslie Lytle
Messenger Staff Writer

At the Dec. 10 meeting, the Franklin County School Board passed a resolution asking the county commission "to offer and issue instruments of funding in the amount of \$48 million to fund construction" of two new middle schools. The board also voiced support of an initiative to repair or replace the Crow Creek Community Center in Sherwood.

In July, the county commission authorized spending \$1.8 million to design the new middle schools. Last month the school board approved the completed design.

"We need to move forward in a timely manner," said Director of Schools Stanley Bean. Delaying construction could cause the total cost to increase 10-20 percent, annually \$5-10 million, due to increased construction costs from tariff regulations and increased interest rates.

"We could get under four percent interest if we get in right now," Bean projected.

The county finance committee will review the funding request at the Jan. 3 meeting, with a vote by the county commission expected on Jan. 21.

Fifth District Commissioner Johnny Hughes asked the board to consider a proposal by local industry to repair Crow Creek Community Center or build a new facility at the current site. "The building is in bad shape," Hughes said.

Between \$40,000-\$60,000 has

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Middle Schools Will Require Property Tax Increase

by Leslie Lytle
Messenger Staff Writer

At the Dec. 11 Franklin County Commission School Committee meeting, financial advisor Ashley McNulty projected a need to increase the property tax rate by 11 cents to pay the \$48 million construction cost for two new middle schools. For a \$100,000 home, by law taxed at 25 percent of assessed value, the total annual tax bill would increase \$27.50.

School Committee Chair Angie Fuller said the commission was previously told only a five cent increase would be needed to pay for the new middle schools.

"There wasn't a firm estimate on the cost until the design build was completed by the architects," McNulty said.

McNulty's projections are based on additional funds becoming available in 2024 when the new high school is paid off. With the 11 cent increase, the Education Debt Service Fund will realize approximately \$3 million annually in revenue, the total estimated annual payment needed to pay off the middle school's debt over a 25 year period.

Former county commissioner Dave Van Buskirk asked if a property tax increase could be avoided by only paying interest on the debt until 2024.

"The county would need approval of the state comptroller," McNulty said. "It would be a difficult sell. The comptroller would likely view it as the county putting off what they needed to do."

By law, the county is required to keep 50 percent of the annual debt payment owed in the debt service fund. "It might be possible to decrease property taxes after 2024," McNulty speculated. Increase in property values could make more money available for the schools.

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Community Chest Update; Speaker Examines Retirement

by Leslie Lytle
Messenger Staff Writer

Members and guests at the Dec. 6 Seawanee Civic Association dinner meeting heard an update on the Community Chest's progress toward its goal followed by an engaging presentation about retirement planning. Financial advisor Mike Forster summed up retirement quality of life predictors with three clever questions about everyday entities: light bulbs, ice cream and lunch.

The Seawanee Community Chest has raised \$46,000 towards its \$110,000 goal, said SCA Vice President Brandon Barry. A Giving Tuesday campaign surpassed its \$1,000 match.

The benchmark is for the Community Chest to raise 80 percent of the total before the end of the

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Object Idea Exchange at UAG

by Bailey Basham
Messenger Staff Writer

A bright orange mechanical pencil to represent the responsibility of students at the University; a plastic spoon to represent the community built around a shared table; a blue and white floral tea cup that was always filled with coffee for anyone who came to visit — these are just a few of the items collected by the Isle of Printing Automat at Communication Station: Object Idea Exchange.

Hosted in the University Art Gallery (UAG), the Object Idea Exchange is the third in a series of projects called Communication Stations, designed by Nashville-based artist and Isle of Printing owner Bryce McCloud. The goal of the stations is to start conversations and both receive and broadcast ideas.

To bring this goal to life, McCloud built an Automat, almost like a vending machine, that accepts an object from the participant, analyzes the meaning of the gift and then sends out a gift that another participant brought. Along with the gift, the participant writes an explanation of why the object is important to them or to Seawanee.

"The idea behind the Object Idea Exchange is that every object tells a story," said Shelley MacLaren, director of the University Art Gallery. "Everyone is invited to bring an object that represents something about Seawanee, the community or something they want to share with the community. You put something in, and after a few seconds, the Automat gives you something in return that someone else has donated. It becomes a conversation mediated by the

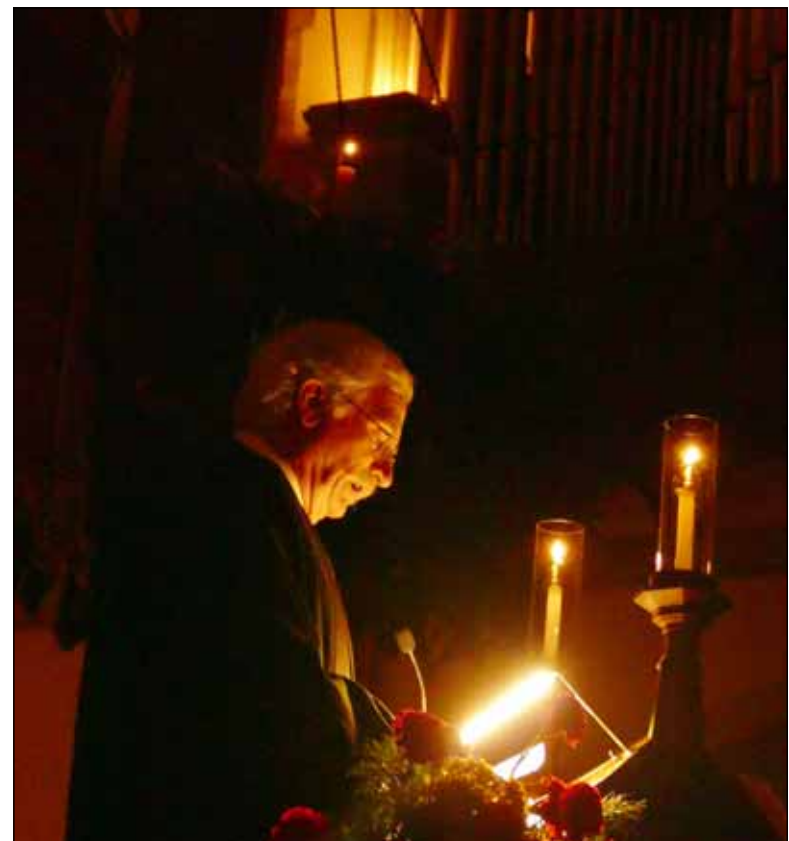
(Continued on page 7)



Members of the Sherrill family, Katie, Tracie and James, were present at the dedication of Seawanee Volunteer Fire Department Engine No. 1 in memory of Captain Clea Sherrill.



Director of Schools, Stanley Bean, visited with second graders at Seawanee Elementary as part of the 12 Days of STREAM with Director Bean. Second grader, Sarah Margaret Roberts, was Director Bean's special helper during his reading of the story, Merry Christmas Mr. Mouse. Afterwards, the students enjoyed a STEM activity under the direction of Miranda Wilkenson. Pictured are Director Bean with Mrs. Godfrey's second grade class at SES.



Bran Potter reading a lesson on Saturday during Lessons and Carols. Photo by Lyn Hutchinson

Sewanee Chorale Christmas Concert

The Seawanee Chorale, under the direction of Ruth S. Cobb, will present a Christmas Concert at 3 p.m., Sunday, Dec. 16, in All Saints' Chapel. Selections will include "Riu Riu Chiu," a rollicking carol of the Spanish Renaissance that includes verses sung by male soloists with percussion accompaniment. In contrast, John Rutter's setting of the Robert Herrick text, "What Sweeter Music," is a gentle melody with lush harmonies sung by the choir. It wouldn't be a Seawanee Chorale concert without a taste of Broadway, and this performance includes the number, "We Need a Little Christmas" from Mame. Caitlin Berends, C'20, and Anna Burklin, C'18, will sing the duet, "Laudamus te" from Vivaldi's Gloria, and a group of chamber singers will perform James MacMillan's (b. 1959) "O Radiant Dawn" from his Strathclyde Motets.

The audience will have the opportunity to join in singing familiar Christmas carols, accompanied by Zachary Zwahlen, assistant university organist. Of special interest is the Seawanee community's singing of "Silent Night," along with communities around the world celebrating the 200th anniversary of the first performance of the carol on Christmas Eve, 1818. The carol has been translated to more than 300 languages/dialects and in 2011 was added to the UNESCO Intangible Cultural Heritage list.

The concert is free and open to the public, with ample parking available on University Avenue.

P.O. Box 296
Seawanee, TN 37375

Letters

BEHOLD HOW GOOD

To the Editor:

Woody Register understands things in the article about the 1899 football team. He aptly commented about the way the “working class” have been ignored in Sewanee, as well as in society around the world. He spoke of trainer Cal Burrows and how his work and efforts are ignored. Not only people like Cal Burrows but all manual laborers are relegated to obscurity: the men at the shop, the women in the laundry, the janitors and domestic workers. We were expected to go to the back door with our hats in our hands.

Mrs. Mary “Conrod” Oliver Collins and her mother Miss Bertha Conrod’s last name was not spoken of or acknowledged until the death of “Miss” Mary’s brother. The census spelled it Conrod and Consod. In actuality the name was CONRAD.

We did not matter in those days. At least we had something to recognize their kind souls by—unlike the two slaves buried near Allen Gipson’s and Bob Stewman’s plots in the University Cemetery: “Our Mammy Feb. 27, 1879” and “In Memory of Ben and Catherine.” No last names. Were these indeed slaves of Bishop Quintard, as I was told?

Sewanee has changed for the better. With the advent of women in the student body, it has gotten friendlier. Starting with Sam Williamson, Joe and Trudy Cunningham, and John and Bonnie McCardell, I feel that there is more concern about the real people who toil behind the scene to make this place work. Behold How Good. “Ecce Quam Bonum.”

*James C. Gipson, C’66,
Sewanee*

COAT DRIVE THANKS

To the Editor:

We would like to express a heartfelt thank you to all of the families

and individuals who donated coats to our recent Morton Memorial UMC coat drive. During the months of October and November we were able to give 165 coats to children and adults.

The response of both the Sewanee and Monteagle communities was extremely generous. We also wish to thank the staff at both Regions Bank in Sewanee and Tower Community Bank in Monteagle for helping us collect the coats.

Wishing you the warmest of holidays and blessings in the year to come.

Karen Noffsinger and Morton Memorial UMC

JUST A MATTER OF TIME

To the Editor:

Taylor Caldwell prefaced her 1970 novel “The Great Lion of God” on the life of St. Paul with the statement “The Roman empire was declining in the days of Saul of Tarsish (sic) as the American Republic is declining today, and for the very same reasons: permissiveness in society, immorality, the Welfare State, the brutal destruction of the middle class, cynical disregard of the established human virtues and principles and ethics, the pursuit of materialistic wealth, venal politicians who cater to the masses for votes, inflation, criminality, the abandonment of religion, the attitude that ‘anything goes,’ riots, street demonstrations, scandals in public office, contempt for good and honorable men, and the philosophy that ‘God is dead’ and that man is supreme.”

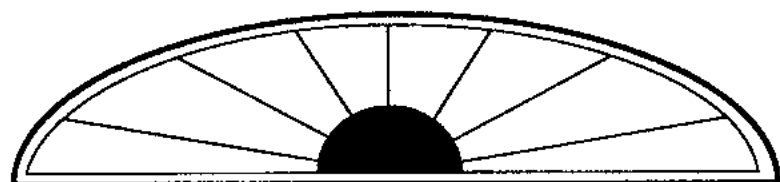
A famous philosopher once said that “those who fail to learn from history are doomed to repeat it.”

Words of wisdom. Time to wake up.

Don Shannonhouse, Monteagle



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University Job Opportunities

Exempt Positions: Assistant Athletic Trainer, Athletics; Director, Student Accessibility Service, Student Life Administration; Head Field Hockey Coach, Athletics; Director, Advancement Services, University Advancement.

Non-Exempt Positions: Assistant Manager, Sewanee Dining; Barn/Stable Worker, Equestrian Center; Campus Security Officer (10 positions), Police Department; Catering Attendants (on call), Sewanee Catering; Classroom and Computer Lab Technician, Technology Access & Support; Custodian (multiple positions), Facilities Management; First Cook, Sewanee Dining; Food Service Worker (Temporary), Sewanee Dining; Food Service Worker, Sewanee Catering; Mentor Network Manager, Thriving in Ministry; Office Program Specialist, School of Theology.

For more information call (931) 598-1381. Apply at <jobs.sewanee.edu>.

Messenger Break Ahead

There is one more issue in December on Dec. 21. The staff will take a two-week break and return to the office on Monday, Jan. 7, with the first issue of 2019 on Friday, Jan. 11.

If your organization or church has a different schedule during these upcoming holidays than we normally post, please send the updates to <news@sewaneemessenger.com> or call the office at 598-9949.

Convenience Center Holiday Hours

Closed Monday, Dec. 24 and Tuesday, Dec. 25, for Christmas, and closed Monday, Dec. 31 and Tuesday, Jan. 1 for New Years.

The Center is normally open noon–5 p.m. on Mondays; 2–5 p.m. on Tuesdays–Fridays; 8 a.m.–4 p.m. on Saturdays, and closed on Sundays.

For more information go to <www.franklincountyttn.us>.

In Sewanee, Joe B. Long will keep his regular garbage route except for Christmas Day. All scheduled pickups for Dec. 25 will be completed on Dec. 26.

*We're glad you're reading
the Messenger!*

Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, come by our office, 418 St. Mary's Ln., or send your email to <news@sewaneemessenger.com>. —KB



— THE SEWANEE MOUNTAIN —
MESSENGER

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Lease Committee Meeting Summary

The following items were approved: October minutes; request for an addition and new metal roof on Lease 1055, located at 45 Sherwood Rd.; request to transfer Lease No. 475, located at 246 Curlicue Rd., to Russell T. and Diane C. Fielding; request to transfer Lease No. 1002, located at 677 Breakfield Rd., to William C. and Kelly W. Montgomery; request to transfer Lease No. 1008, located at 143 Winn's Cir. to John D. and Lea Ellen Agee. Request to paint the house on Lease No. 669A, located at 41 Sherwood Rd.; and request to redesign the dormers on the house of Lease No. 111, located at 289 University Ave.

Leasehold information is available online at <leases.sewanee.edu> or by calling the lease office at 598-1998.

Please be sure and contact the Franklin County Planning and Zoning for any needed permits as well as the local utility companies to ensure there are no issues before beginning your project.

Planning and Zoning office, (931) 967-0981;

Duck River Electric Membership Corporation, (931) 598-5228; Sewanee Utility District, water and sewer, (931) 598-5611;

Elk River Public Utility District, natural gas, (931) 967-2110.

Agenda items are due by the fifth of each month for Lease Committee meetings. If the fifth falls on a weekend, then items are due the following Monday. Lease Committee meetings are normally the third Tuesday of the month.

Serving Where Called

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Blaze Cassidy Barry
James Gregory Cowan
Nathaniel P. Gallagher
Peter Green
Zachary Green
Gabriel Lloyd
Forrest McBee
Andrew Midgett
Jose D. Ramirez III
Troy (Nick) Sepulveda
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Louise Irwin, 598-5864.

MESSENGER DEADLINES & CONTACTS

Phone: (931) 598-9949

News and Calendar

Tuesday, 5 p.m.

Kiki Beavers

news@sewaneemessenger.com

Sports

Tuesday, 5 p.m.

sports@sewaneemessenger.com

Display Advertising

Monday, 5 p.m.

ads@sewaneemessenger.com

Classified Advertising

Wednesday, noon

April Minkler

classifieds@sewaneemessenger.com

MESSENGER HOURS

Monday, Tuesday and
Wednesday
9 a.m.–4 p.m.

Thursday—Production Day
9 a.m. until pages are completed
(usually mid-afternoon)

Friday—Circulation Day
Closed

Curbside Recycling

Residential curbside recycling pickup in Sewanee is on the first and third Friday of each month. Friday, Dec. 21, will be a pickup day.

Recyclable materials must be separated by type and placed in blue bags by the side of the road no later than 7:30 a.m. Please do not put out general household trash on this day. Blue bags may be picked up in the University Lease and Community Relations Office, 400 University Ave. (the Blue House) or at the Facilities Management office on Georgia Avenue.

Holiday Closings

The Hospitality Shop will be open tomorrow, Saturday, Dec. 15, from 9:30 a.m. until noon. It will then close until Tuesday, Jan. 15, 2019, when it will reopen at 9:30 a.m. All Christmas items are half-price.

There will be no ballroom dancing classes at the Community Center after Tuesday, Dec. 18. Classes will resume Jan. 8, 2019.

The Community Action Committee will be closed Dec. 24 through Jan. 2.

Federal holidays are Dec. 25 and Jan. 1. The post office and banks will be closed.

The Fowler Center will be closed on Dec. 25.

duPont Library Hours

The Jessie Ball duPont Library hours over the holiday break are as follows: Thursday, Dec. 20, 7:30 a.m.–5 p.m.; Friday, Dec. 21, 7:30 a.m.–5 p.m.; Saturday, Dec. 22–Tuesday, Jan. 1, closed; Wednesday, Jan. 2–Friday, Jan. 4, 7:30 a.m.–5 p.m.; Saturday and Sunday, Jan. 5 and 6, closed; Jan. 7–11, 7:30 a.m.–5 p.m.; Saturday, Jan. 12, 9 a.m.–6 p.m.; and Sunday, Jan. 13, 1–10 p.m.

For more information go to <https://library.sewanee.edu/library_hours>.



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*The big wreath comes together at the Friday Greening of the Chapel.
Photo by Lyn Hutchinson*

St. Mary's Sewanee Invites Crèches for Open House

St. Mary's Sewanee: The Ayres Center for Spiritual Development invites community members to come for a Christmas Open House, 3–6 p.m., Saturday, Dec. 22. The event will feature Nativity scenes (also known as crèches) from around the world that members of the community will provide on loan for the afternoon. Last year, more than two dozen crèches, from the simplest to the elaborate, were on display.

In addition to the Nativity scenes, there will be light refreshments, Christmas music and beautiful holiday decorations.

Community members are invited to participate by sharing their interesting or special Nativity scenes. To learn more, or to let us know if you are going to bring a crèche, please call Mary Beth Best at St. Mary's Sewanee (598-5342) or email <reservations@stmaryssewanee.org>. Plan to deliver the Nativity scenes to the retreat center from 9–11 a.m., Saturday, Dec. 22, for set up, and pick up after 6 p.m., following the close of the open house.

Lifelong Learning to Meet Jan. 3

The Sewanee Seminars/Academy for Lifelong Learning will welcome Liz Norell, political commentator, at noon, Thursday, Jan. 3. Norell, a Sewanee resident, will offer her apolitical views in the context of “We hold these truths to be Self-Evident: How to Keep Your Sanity in a Highly Partisan America.”

Norell has five degrees, all dealing with public policy, and has spoken and written on this topic all across the country. She has been on faculty at Sewanee, Vanderbilt, UTC, and Arkansas and currently at Chattanooga State. At UTC, she was voted as the most outstanding professor. Lifelong Learning program staff first heard her speak at MSSA and were impressed by her candor and independence.

This session will be held in Lower Cravens at 435 Kentucky Ave. The hour long session will begin promptly at noon. Coffee, water and cookies will be provided. Ample parking will be available at the Tennessee Williams Center lot. Cost is \$3 for this session, or \$20 for the academic year. Contact Stephen Burnett at (931) 598-5479 for any questions pertaining to this session.

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Upcoming Meetings

Coffee with the Coach

Coffee with the Coach, an opportunity to learn more about Sewanee's sports teams, continues at 9 a.m., Monday, Dec. 17, with Nate Parrish. Gather at the Blue Chair Tavern for free coffee and conversation.

STHP Meeting

The Sewanee Trust for Historic Preservation will meet at 4 p.m., Monday, Dec. 17, at the Otey Adult Education Room. All are invited to attend.

Town of Monteagle

The Town of Monteagle will have a workshop at 5 p.m., Monday, Dec. 17, in the conference room at City Hall. On Wednesday, Dec. 19 at 5 p.m., there will be a special called meeting in the conference room at City Hall. The purpose of this meeting is to discuss the Codes Enforcement Officer, a fence for the City Shop, and repairs to the Community Center.

SUD Meeting

The Sewanee Utility District of Franklin and Marion Counties Board of Commissioners will have its regular meeting at 5 p.m., Tuesday, Dec. 18, at the utility office on Sherwood Road.

Area Rotary Club Meetings

The Grundy County Rotary Club meets at 11:30 a.m., Tuesdays at Dutch Maid Bakery in Tracy City. The Monteagle-Sewanee Rotary will not meet on Dec. 20 or Dec. 27. The Monteagle-Sewanee Rotary Club will meet at 8 a.m., Thursday, Jan. 3, at the Sewanee Inn for a club assembly. On Thursday, Jan. 10, Claude Buckley, artist, will present the program.

Village Update Meeting

Meet with Frank Gladu, Special Assistant to the Vice-Chancellor, to discuss the Village development updates. Meet at 10–11 a.m., Wednesday, Jan. 2, at the Blue Chair Tavern. Coffee will be served and everyone in the community is welcome.

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Church News

All Saints’ Chapel

Christmas Break Schedule—Beginning next Sunday, Dec. 23, there will only be an 8 a.m. Eucharist held on the Sundays during Christmas break. The 11 a.m. Eucharist will resume on Jan. 20, 2019. Daily services will end after Evening Prayer on Wednesday, Dec. 19, and will resume on Tuesday, Jan. 15, 2019, beginning with Morning Prayer at 8:30 a.m. The chapel offices will be closed starting Monday, Dec. 24, and will reopen on Wednesday, Jan. 2, 2019.

Students, staff, faculty, and community members have donated nearly 100 gifts that will be distributed by the Community Action Committee to brighten Christmas for area families.

The gifts will be presented and blessed at the 11 a.m. service at All Saints’ Chapel, Sunday, Dec. 16. Join us for this celebration, (with Sewanee Sweets) at the last University service (11 a.m.) of the Michaelmas term.

Christ Church Monteagle

Rain and fog reigned over the mountain last weekend and influ-

enced attendance at both the All Saints’ Lessons and Carols and the concert of the Voices of Lee University at Jim Oliver’s Smokehouse. Even the parades in many of our area towns were either canceled or postponed. But our area still has many opportunities to enjoy the season. Christ Church Monteagle is pleased to announce our Lessons and Carols, which is the Sunday morning service on Dec. 16. It starts around 10:30 a.m.

While adults read some of the Lessons, children enjoy reading and we will have readers of all ages from very young people through college and to seniors. Advent carols have been an English tradition for centuries and were brought to the colonies even before the American Revolution. Some are easily sung, and lend themselves to congregational singing, and yet are rarely heard. This is also Rose Sunday in the Anglican Tradition. The rose candle in the Advent wreath is lit on this day, and rose colored vestments and hangings are used. Visitors are always welcomed and even expected.

Lunch follows, and people are always welcome to take meals to

shut-ins or others in need.

Otey Parish

This Sunday, Dec. 16, in Christian Formation, at 9:45 a.m., The Lectionary Class will explore Sunday’s gospel, Claiborne Parish House, Adult Education Room. Infants 6 weeks to children 4 years old are invited to the nursery beginning at 8:30 a.m. There will be nursery

for both services and the Sunday School Hour. Children ages 3-11 are invited to join us in the Godly Play 2 room, next to the Adult Ed. room where the Lectionary Class meets. Youth Ministry meets in Brooks Hall.

Rebecca Wright, Professor of Old Testament and Hebrew at the School of Theology in Sewanee, will speak on “Isaiah 40: The

Biblical World in 41 Verses” at the Adult Forum. This is a chapter drawn upon by New Testament Writers, and is especially appropriate for Advent. Her presentation will show what “exegesis” means, and how this passage enriches our understanding of the basic biblical message—that God loves the whole of creation and wants to be

(Continued on page 5)

Church Calendar

Weekday Services Dec. 14–21

7 a.m. Centering Prayer, Taylor’s Creek Greenway, Estill Springs (W)
7:30 a.m. Morning Prayer, Otey
7:30 a.m. Morning Prayer, St. Mary’s Convent (not M)
8 a.m. Holy Eucharist, St. Mary’s Convent (not M)
8:30 a.m. Morning Prayer, St. Augustine’s (ends 12/19)
9 a.m. Communion, Good Shepherd, Decherd (M,W)
9 a.m. Mass, Good Shepherd, Decherd (T/Th/F)
11:30 a.m. Prayer/Healing, Morton Memorial (1st/3rd Th)
Noon Contemplative Eucharist with Healing, Chapel, St. Mary’s Sewanee (T)
3:30 p.m. Centering Prayer, St. Mary’s Sewanee (T)
4 p.m. Centering Prayer, McRae Room, adjacent to Anna’s House, St. Mary’s Sewanee (W)
4 p.m. Evening Prayer, St. Augustine’s (ends 12/19)
4:30 p.m. Evening Prayer, Otey (M–F)
5 p.m. Evening Prayer, St. Mary’s Convent
6 p.m. Blue Christmas, Trinity Episcopal (12/20)
6 p.m. Blue Christmas, St. James (12/21)
7 p.m. Centering Prayer, St. Paul’s, Otey (M)
7 p.m. Spanish Mass, Good Shepherd, Decherd (Th)

Saturday, Dec. 15

7:30 a.m. Morning Prayer, St. Mary’s Convent
10 a.m. Sabbath School, Monteagle Seventh Day Adventist
11 a.m. Worship Service, Monteagle Seventh Day Adventist
5 p.m. Evensong, St. Mary’s Convent
5 p.m. Mass, Good Shepherd, Decherd

Sunday, Dec. 16

All Saints’ Chapel

8 a.m. Holy Eucharist
11 a.m. Holy Eucharist, blessing Angel Tree gifts

Baha’i Faith

10 a.m. Devotions, (931) 598-9517 for directions

Bible Baptist Church, Monteagle

10 a.m. Worship Service
5:30 p.m. Evening Service

Chapman Chapel Church of the Nazarene, Pelham

9:30 a.m. Sunday School
10:45 a.m. Morning Worship
6 p.m. Evening Worship

Christ Church, Monteagle

10:30 a.m. Holy Eucharist

Christ Episcopal Church, Alto

9 a.m. Sunday School
10 a.m. Holy Eucharist

Christ Episcopal Church, Tracy City

10 a.m. Adult Bible Study
11 a.m. Holy Eucharist (child care provided)

Christ the King Anglican, Decherd

9 a.m. Sunday Service

Cowan Fellowship Church

10 a.m. Sunday School
11 a.m. Worship Service

Cowan First Baptist Church

6 p.m. Christmas Cantata, reception

Cumberland Presbyterian Church, Cowan

11 a.m. Two-choir Cantata

Cumberland Presbyterian Church, Monteagle

9:30 a.m. Bible Study
11 a.m. Worship Service

Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service
10 a.m. Sunday School

Decherd United Methodist Church

9:45 a.m. Sunday School
10:50 a.m. Worship Service

Epiphany Mission Church, Sherwood

10 a.m. Holy Eucharist Rite II

Good Shepherd Catholic Church, Decherd

10 a.m. Mass
2 p.m. Spanish Mass

Grace Fellowship Church

10:30 a.m. Sunday School/Worship Service

Harrison Chapel Methodist Church

10 a.m. Sunday School

11 a.m. Worship Service
5 p.m. Worship Service

Midway Baptist Church

9:45 a.m. Sunday School
10:45 a.m. Morning Service
6 p.m. Evening Service

Midway Church of Christ

10 a.m. Bible Study
11 a.m. Morning Service
6 p.m. Evening Service

Monteagle First Baptist Church

10 a.m. Sunday School
11 a.m. Worship Service
6 p.m. Evening Worship

Morton Memorial United Methodist, Monteagle

9:45 a.m. Sunday School
11 a.m. Worship Service
4:30 p.m. A Mountain Christmas Music Service

New Beginnings Church, Monteagle

10:30 a.m. Worship Service

New Beginnings Church, Pelham

9:45 a.m. Worship Service

Otey Memorial Parish Church

8:30 a.m. Holy Eucharist
9:45 a.m. Godly Play, Lectionary Class, Adult Forum
11 a.m. Holy Eucharist
4:30 p.m. Christmas Pageant, refreshments

Pelham United Methodist Church

9:45 a.m. Sunday School
11 a.m. Worship Service

St. Agnes’ Episcopal Church, Cowan

11 a.m. Holy Eucharist Rite I

St. James Episcopal Church

9 a.m. Holy Eucharist Rite II

St. Margaret Mary Catholic Church, Alto

8 a.m. Mass

Sewanee Church of God

10 a.m. Sunday School
11 a.m. Morning Service
6 p.m. Evening Service

Sisters of St. Mary’s Convent

8 a.m. Holy Eucharist
5 p.m. Evensong

Tracy City First Baptist Church

9:45 a.m. Sunday School
10:45 a.m. Morning Worship
5:30 p.m. Youth Group
6 p.m. Evening Worship

Trinity Episcopal Church, Winchester

9:30 a.m. Christian Formation
10:30 a.m. Holy Eucharist Rite II

Unitarian Universalist Church, Tullahoma

10 a.m. Sunday Service
11 a.m. Discussion Circle

Valley Home Community Church, Pelham

10 a.m. Sunday School, Worship Service

Wednesday, Dec. 19

6 a.m. Morning Prayer, Cowan Fellowship
8:30 a.m. Morning Prayer, All Saints’
9 a.m. Communion, Good Shepherd, Decherd
10 a.m. Bible Study, Sewanee C.P. Church
Noon Communion, Christ Church, Monteagle
4 p.m. Evening Prayer, All Saints’
5 p.m. KAs/Bible study/meal, Monteagle First Baptist

5:30 p.m. Evening Worship, Bible Baptist, Monteagle
5:45 p.m. Youth Bible study/meal, Monteagle First Baptist

6 p.m. Bible study, Monteagle First Baptist
6 p.m. Evening Prayer, Trinity, Winchester
6 p.m. Prayer and Bible study, Midway Baptist
6 p.m. Tullahoma Sangha, Zen Buddhist meditation, UU Church, Manchester

6:30 p.m. Community Harvest Church, Coalmont
6:30 p.m. Prayer Service, Harrison Chpl, Midway
6:30 p.m. Youth group, Tracy City First Baptist
7 p.m. Adult Formation, Epiphany, Sherwood
7 p.m. Bible study, Chapman’s Chapel, Pelham
7 p.m. Evening Worship, Tracy First Baptist

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Obituaries

Elizabeth Moore Engsberg

Elizabeth Moore “Betty” Engsberg, a much-loved member of Sewanee’s community, died on Dec. 9, 2018, her 93rd birthday, at her home in Alexian Village, Signal Mountain, Tenn. She was born on Dec. 9, 1925, in Wytheville, Va. She was a member of the Daughters of the American Revolution (DAR), All Saints’ Alter Guild, the Fortnightly book club, and an editor for the Sewanee Review. She was a life-long active member of the Episcopal Church. Her love for flowers was apparent in her floral arrangements for the Chapel, her many gardens, and her greenhouse. Given her quiet nature, no one would ever have guessed she could still beat two tables of bridge players well into her 90s. A gentle, gracious, strong, and optimistic soul, Betty never had a cross word or complaint. She was a loyal and true friend to all, and she will be greatly missed by those she loved. She was preceded in death by her parents; and her husband, Paul.

She is survived by her son, Towson Paul (Dede) Engsberg of Chattanooga; daughter, Elizabeth E. (Robert) Meyer of Charlotte, N.C., and one grandson.

A Memorial Service will be at 11 a.m., Saturday, Jan. 5, 2019, in All Saints’ Chapel. In lieu of flowers, memorials may be made to the Sewanee Community Chest and/or The University of the South.

Mary Frances Prince Gallagher

Mary Frances Prince Gallagher, age 89 of Pelham, died on Dec. 6, 2018, at Southern Tennessee Regional Health System-Sewanee. She was born on Oct. 8, 1929, in Sewanee, to J.D. and Irene Hawkins Prince. She was preceded in death by her husband, Joseph Clark Gallagher; sisters Juanita Mankin and Doris Ann Edwards; brother Harry Prince; and step-mother, Geneva Prince.

She is survived by her sons, David (Peggy) Gallagher, Paul (Connie) Gallagher, Michael (Wanda) Gallagher, and Mark (Angie) Gallagher; daughters, Teresa (Joey) Blalock, and Mary Jo Gallagher; brother Larry (Ruth) Prince; sisters Louise Irwin and Janis Stovall; 15 grandchildren; 16 great-grandchildren; and several nieces and nephews.

Funeral Mass was on Dec. 10 at Good Shepherd Catholic Church. Interment followed in Franklin Memorial Gardens. For complete obituary go to <www.moorecortner.com>.

Freeland Roy “Cooney” Terrill Jr.

Freeland Roy “Cooney” Terrill Jr., age 62, died on Dec. 6, 2018, at his home. He was born on Aug. 17, 1956, to Freeland Roy and Irene Terrill. He was preceded in death by his parents; and father-in-law, Billy Ray Layne.

He is survived by his wife, Denise Terrill; daughter, Leah Terrill (Michael) Jackson; son, Scott (Shellie) Coker; sister, Tana (Jim) Lowrie, mother-in-law, Delores Layne; brother-in-law, Steve Layne; five grandchildren, one great-grandchild, one niece and one nephew.

A Celebration of Life service was on Dec. 9 at Cumberland Funeral Home. Interment of ashes followed in Eastern Star Cemetery, Sewanee. For complete obituary go to <www.cumberlandfuneralhome.net>.

QUIET

tuesdays

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Bring lunch if you’d like to enjoy the campus between events.

7 am

Qi Gong on the Bluff

Noon

Contemplative Eucharist & Healing

3:30 pm

Centering Prayer

5 pm

Yoga (\$8/session) **note new time*

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Church News (from page 4)

in relationship with us. Coffee and tea are provided. All are welcome!

There will be a Christmas Pageant at 4 p.m., Sunday, Dec. 16. Refreshments will follow.

Anyone wishing to donate memorial/thanksgiving poinsettias for the Christmas altar flowers please contact Diane Jones at <djones.sewanee@gmail.com> or (615) 594-4805 by Dec. 18. The cost is \$40. This will be listed in a separate insert for the Christmas Eve and Christmas services.

St. Agnes' Episcopal

St. Agnes' Episcopal Church in Cowan will celebrate "The Nativity of Our Lord" at 4 p.m., Dec. 24. This will be a traditional Christmas Eve service with lessons and hymns. Following the service all are invited to the Father Werlein Memorial Christmas Reception in the church parish hall. St. Agnes' is located at 105 England St. East, Cowan (behind Fiesta Grill). For more information call the church at (931) 636-6313.

St. James

"Faithful—Christmas Through The Eyes of Joseph" is a four-week long Advent Study/Journey toward a greater understanding of Joseph, the man God chose to be the earthly father of Jesus Christ.

The Wednesday evenings begin with a potluck supper from 5:30–6 p.m., followed by the study sessions. The book is available online at <www.abbingtonpress.com>.

Blue Christmas Service of Prayer, is a service of hope and remembrance. Join us at 6 p.m., Friday, Dec. 21.

At 9 a.m., Sunday, Dec. 23, there will be Lessons and Carols and the Holy Eucharist.

At 6 p.m., Monday, Dec. 24, the Holy Eucharist is followed by a cookie fest. Please bring goodies to share.

Please join St. James Church in celebrating The Rev. Linda Hutton's ministry on the Mountain on Sunday, Dec. 30. The service begins at 9 a.m. Following the service we will celebrate with a potluck dinner. We have several surprises in store for Linda (and Peter). St. James hopes you will join us in celebrating Linda, as she retires and begins a new chapter in her life.

Unitarian Universalist

The Unitarian Universalist Church of Tullahoma's speaker this Sunday will be KC Reddy on "Transcendentalism." The service begins Sunday at 10 a.m. The church is located at 3536 New Manchester Hwy., Tullahoma. For more information, call (931) 455-8626, or visit the church's website at <www.tullahomauu.org>.



Sister Madeleine Mary during a lecture.

Advent Sabbath: A Quiet Day in Preparation for Advent

On Dec. 1, St. Mary's Convent kicked off the season of Advent with a quiet day, a regular offering of the Sisters. A quiet day is a day set aside to be intentionally quiet, to re-center one's self, and to find peace in the middle of our hectic and busy lives. The program was split into three sessions, with lectures by Sister Madeleine Mary, Prioress at the Community of St. Mary, periods of quiet reflection in between the sessions, and a tasty lunch.

The theme of the program was centered on the connection between Advent and the Sabbath, with both being times of contemplation and anticipation. Sister Madeleine Mary explored this link by presenting the history of the Sabbath, its purpose, and its importance to the vitality of the spirit. The way in which Sister Madeleine Mary conveyed this message was both moving and calming, informative and encouraging. In a time where our lives are so driven by the hustle and bustle of society and its demands, we need this observance of pause and reflection more than ever. As Sister Madeleine Mary stated during the second session, "Take time to re-create the spirit. We are more than what we do."

Located on the edge of the Mountain, St. Mary's Convent has a breathtaking view. During the quiet time in between the sessions, guests were invited to find a place to relax anywhere on the first floor. One of the preferred places seemed to be the common space, around the fire, looking out of the great windows onto the foggy scene of the valley below. The hospitality and warmth of the sisters, as well as the tranquility of the environment, were ever present during these periods of reflection.

The mission of the Sisterhood of St. Mary is, "Caring for the body, the soul, and the earth." Whether you are looking for a place to worship, to go on a retreat, seeking spiritual direction, or if you just want to get to know the sisters better, you are sure to find an abundance of spiritual support, benevolence, and peace at St. Mary's Convent.

St. Mary's Convent offers quiet days and other programs throughout the year. The next quiet day will be in preparation for Holy Week on March 9, 2019. Titled "Lazarus, Come Out," the quiet day will be led by New Testament scholar and poet, Bonnie Thurston. She is the author or editor of twenty-two theological books and six collections of poetry. Thurston taught at the university level for thirty years and has also served as a pastor at five churches and two overseas ministries. She is a spiritual director, an experienced retreat leader, and a founding member and past president of the International Thomas Merton Society. Those interested should watch for more information on registration in the near future.

'A Mountain Christmas' at Morton Memorial

The choir of Morton Memorial United Methodist Church in Monteagle invites everyone to an evening of wonderful Christmas music, at 4:30 p.m., Sunday, Dec. 16. The choir will perform traditional Appalachian carols, southern harmony tunes and southern spirituals. The Tracy Acoustic Jam will play gathering music before the service begins.

Beloved storyteller and folk musician Susan Ramsay will tell the story of "The Boy Who Went to See Santa Claus," and will also perform on dulcimer with her husband and saxophonist Neal Ramsay.

Also featured will be Nashville banjoist, vocalist and music therapist Pam Gadd.

A reception will follow the service in the Ministry Center. Morton Memorial is located at 322 W. Main St., in Monteagle. All are most welcome.

Christ Church Monteagle

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Christmas Blessings
and a
Good New Year.



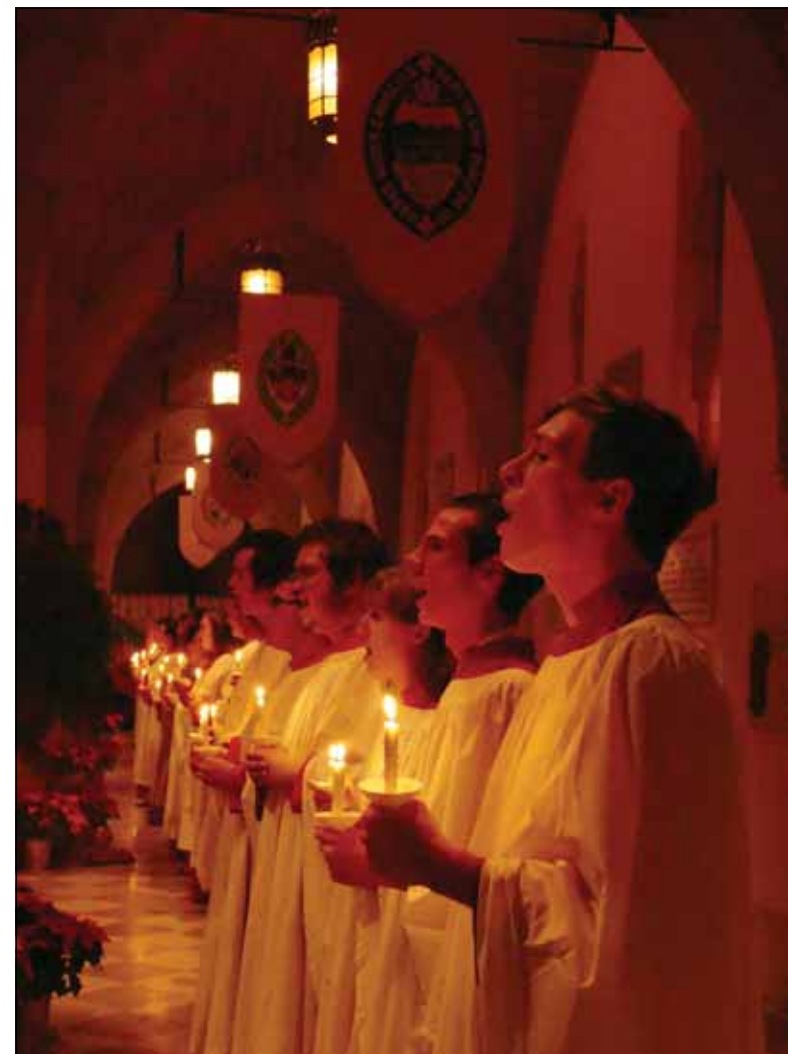
December 16 at 10:30 am:
Lessons and Carols

Christmas Eve at 5 pm:
Holy Communion with Carols
Christmas Feast Following

Christmas Day at 11 am:
Holy Communion

December 30 at 10:30 am:
Holy Communion

January 6 at 10:30 am:
Epiphany Service



The choir at the end of the Sunday service at Lessons and Carols.
Photo by Lyn Hutchinson



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School Board (from page 1)

already been spent in attempts to address the leaking roof, said Sherwood Fire Chief Terry Pack.

Lhoist, a local employer which manufactures crushed stone, wants to repair the building or build a new facility.

"We want to get involved in the community," said plant manager Don Spanos. Many Lhoist employees are from families who worked in the Sherwood-area crushed stone business for generations.

At issue is the deed to the property, formerly Sherwood Elementary School, which states the premises can be used for "operating a community center and that purpose only" or title to the property will revert back to the Franklin County Board of Education.

Pack proposed the 6- to 7-acre site would also be a good location for a new fire hall. Spanos said he would like to see a storm shelter erected at the site.

"Maybe the deed should be changed before they move forward to give them flexibility," proposed school board representative Adam Tucker.

Following up on that suggestion, Lhoist attorneys will draft a revision to the deed and present it for review by the county schools' attorney.

Spanos acknowledged some community members opposed tearing the building down. Lhoist plans to host town hall meetings if the project moves forward to solicit public opinion.

Revisiting the Naming of School Facilities discussion ongoing for the past several months, the board approved a policy formalizing the criteria and circumstances under which school facilities could be named or renamed. A request to name the Franklin County High School band room after former band and choir director Tommy Isbell brought the discussion to the fore.

"When the recommendation was made in August, we didn't have a policy," said Assistant Superintendent Linda Foster.

In keeping with the board's request, Foster adapted the Tennessee School Board facilities naming policy with the added stipulation school system employees cannot be considered for facilities naming recognition until "two years from the last day of employment."

The board also approved granting tenure to 15 teachers who had satisfied the requirements. Three of the approved teachers had been granted tenure earlier, resigned, and then were reemployed by the school system for the required two year period.

Bean announced the Franklin County Schools had scored well on the state 2018 District Accountability assessment receiving the rank of "advancing," the second highest indicator. Bean called attention to the number of well-known "prestigious schools" receiving the "advancing" rating.

The board meets next Jan. 14

Property Tax (from page 1)

Van Buskirk pointed out county residents currently paid less in property taxes than in 2006.

County Commissioner Gene Snead argued for building one consolidated school instead of two. "Over time, the cost of operating two campuses will far exceed the cost of operating one campus."

Initially the school board proposed building a single consolidated school, estimated cost \$55 million.

"We looked at six locations," said Director of Schools Stanley Bean. Some locations were excessively costly and others would have required transporting students long distances. "A community poll favored two schools 70 percent to 30 percent," Bean noted.

The current middle schools suffer from leaking roofs that have defied repair, mold infestation, and exposed wiring due to technological advances requiring additional circuitry.

"I worked at South Middle School two days and got sick as a dog," Fuller said. "The environmentalists could close the schools. I never voted for a property tax before, but we have our backs up against the wall."

The leaking gym roofs at the middle schools make it necessary to warn visiting schools games may need to be delayed. And without air conditioning, temperatures can exceed 90 degrees. "Schools hate coming here," observed SMS teacher and coach Peggy Hegwood.

The new middle schools will retain the current gyms with the roofs replaced and HVAC added.

Asked why the roofs on the other pods couldn't be replaced, construction manager Gary Clardy explained the roofs had different underlayment complicating attaching a new roof and the expansion joints between the pods dammed up water causing leaks.

"You'd spend \$4.5 million to \$5 million on each school and still have the conditions inside to deal with," Clardy added getting a warranty on the replacement roofs could be problematic.

Bean pointed out delaying construction could add 10-20 percent annually to the total price tag for the new schools. "That's 5 million annually and that's the low estimate."

McAnulty said as little as one half a percent increase in interest rates could increase the total cost by \$3.7 million.

The county commission will vote on the middle school funding request Jan. 21.

Chest (from page 1)

year. To contribute, mail a check to P.O. Box 99, Sewanee, TN 37375 or donate online by visiting <www.sewaneecivic.org>.

A person-size thermometer at the Sewanee Post Office tracks the progress of the campaign and highlights grant recipients. Community Chest supported programs that provide food, books, child care, promote animal welfare and make possible a host of other initiatives that enhance the quality of life in Sewanee and the surrounding vicinity.

Forster's talk on retirement planning focused on quality of life predictors determined by respondents' answers to three simple questions developed by the MIT Age Lab.

Underlying the question "Who will change my light bulbs?" is the wish "to stay where you're most independent," Forster said. "Nine out of ten people want to age in place, but little things like changing light bulbs become challenging." An adult child helping aging parents is less likely than in the past since in most young families today both husband and wife work outside the home and have children of their own to care for.

Answering the question, "How will I get an ice cream cone?" addresses transportation needs. Transportation costs are the second largest budgetary expense, at 15 percent, second only to household expenses, with health care costs third. In addition to cost, safety also enters into the equation. "We're living longer and getting behind the wheel may present a risk to yourself or others," Forster noted.

"Who will I have lunch with?" is a question about how a person will go about remaining socially engaged. "Having a healthy social network adds to quality of life," Forster said. "It gets harder to make friends as we get older, particularly for men who are less adept at regenerating social networks after retirement."

Looking to the financial side of things, Forster suggested a retired person not spend over 4-5 percent of their net worth annually, although acknowledging, "At age 95, you can spend more." He cautioned purchasing power could be cut in half by inflation over a 20-40 year retirement period.

Long-term care in a facility for the aged averages \$65,000 annually in Tennessee at the present, Forster said. "The average stay is 2.7 years." Long-term care health insurance can help offset the expense. Forster advised purchasing a policy at age 50. "Beyond the age of 65-70 the premium cost is so high, you're better off to be self-insured."

Forster offered several suggestions for outfitting a home to facilitate aging in place—walk-in showers and tubs, lower drawers and cabinets, a ranch style house.

A former Sewanee resident, Forster moved here with his family as a teen and graduated from the University with a B.S. in economics. Employed by Raymond James in Nashville, Forster visits Sewanee every Wednesday. Prospective clients can arrange to meet with him when he's in town by contacting (615) 764-4156.

Forster stressed how much to allocate to investments and risk level when planning for retirement was particular to an individual's circumstances. "Clients expect more from financial advisors today. It's not just about investments."

The SCA meets next Feb. 7. Dues, \$10 annually, can be paid at <www.sewaneecivic.org> or by mailing a check to P.O. Box 222, Sewanee, TN 37375. Membership includes a year's subscription to Sewanee Classifieds, an email based service.

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Photo showing the exposed wiring and mold problems at South Middle School.

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UAG (from page 1) —

machine between the people about someone else's idea about Sewanee."

Accompanying the blue and white tea floral tea cup was a story of a participant's grandmother Iola, who was known for always having a pot of coffee on for anyone who might stop by.

"She always used the tea cups for coffee, and she'd have a pot on all day," the anonymous participant said. "She was always just a person who took care of people. She drove for Meals on Wheels her whole life, and she made crazy crafts for the church bazaar. She loved card games and cheating at them, and she had a wicked sense of fun and a real sense of how to take care of people. Community is really about those things. It's about that pot of coffee and offering it to anyone and everyone."

McCloud, who is of the belief that art can make a difference in civic life, said the point of the project is to create spaces for conversation.

"When I first started it with the Our Town project, I wanted to try out different avenues of communicating. We had people in Nashville get to know each other through portraiture. I was teaching a class at Penland right before the election in 2016 when I saw that people were having a really difficult time bridging this sort of ideological divide," he said. "I kept thinking about how in the world we live in, we're all the same as we have been forever, but there's this feeling of otherness. I think art has the power to bridge that, and I've been trying different methods of cracking the code."

And in any community, stepping outside of comfort can be valuable.

"I think in any community, we fall into patterns of who we're comfortable talking to and who we gravitate toward. Projects like this one are a way to surprise us out of those patterns and to build new ones—it's a way of reaching out to people we might not talk to otherwise for whatever reason that might be," said MacLaren.

The installation will be in the University Art Gallery until Dec. 16. Objects can also be viewed at <www.instagram.com/object_x_idea>.

Rethinking Lending

by Leslie Lytle, Messenger Staff Writer

Compared to traditional lending institutions, MoFi has radically different criterion for accessing who gets money and why they get it. President and CEO David Glaser addressed the community at a Nov. 28 lecture sponsored by the Babson Center for Global Commerce.

The mission of the Montana based financial institutions serving the northern Rockies "is to deliver capital to poor communities," explained Glaser. Community Development Financial Institutions (CDFI) like MoFi have a "double bottom line, to create both social and financial return."

"MoFi is a nonprofit, but we're profitable," Glaser stressed. "We don't pay out profits to shareholders. We put the profits back into the organization."

"In the past 40 years there's been an accumulation of wealth in the top 5 percent of the U.S. population. Forty percent of Americans don't have \$1,000 in savings. They live on the edge worried every day what's going to happen."

Embracing the challenge of how to use capital to help those people, Glaser left his career as a business-minded environmental scientist and joined MoFi in 2010.

MoFi got its start making loans to startups and small businesses that had hit a rough spot. Banks frequently send MoFi clients who don't qualify for bank loans. MoFi charges slightly higher interest than banks with the goal of "getting people to bankable as quickly as possible."

Success in small business ventures inspired MoFi to look for other ways to help.

One was to assist initiatives qualifying for New Market Tax Credits that incentivize development in low income areas. A MoFi bolstered business created 220 jobs in a town of 1,000.

Consumer Small Dollar loans help people who would otherwise be victims of predatory lenders charging fees equivalent to 50-500 percent interest. A woman came to MoFi who was about to put her car up for collateral to repair her trailer so she wouldn't get kicked out of the trailer park. MoFi made her a 2.5 percent loan she was able repay. If she'd borrowed from the predatory lender, she would have lost not only her car, but without transportation, lost her job and home.

MoFi focuses on clients' willingness and ability to repay a loan, sometimes putting them on no interest to begin with.

Return on Capital loans assist trailer park residents in purchasing the land beneath their homes. People immediately begin improving the area with playgrounds and other amenities once they own the land, Glaser pointed out.

Another popular MoFi initiative is Home Now down payment assistance where clients receive the down payment for their home purchase as a gift or 30-year no interest loan.

"This is the product we're most proud of because of the impact on everyday people like teachers, firefighters, and hospital workers," Glaser said.

MoFi makes a small profit on the transaction by buying the mortgage from the bank then selling it to U.S. Bank which repays MoFi for their investment plus a small premium. U.S. Bank benefits by earning a boost to their Credit Regulatory Agency score.

A single bank incentivizing people to buy homes could lead to trouble like the 2008 housing bubble, Glaser stressed, explaining why U.S. Bank didn't offer no interest loans on its own.

MoFi uses a logarithm with 99 percent accuracy to assess the likelihood clients will repay loans. But Glaser attributes MoFi's remarkable .12 percent loss rate to two less quantifiable factors. One, MoFi's classification as a CDFI gives the institution "flexibility," freedom from banking regulations that enable MoFi to employee strategies like temporary no-interest loans where rates increase when people can pay more.

The other factor is even more subjective. Glaser predicts without it, MoFi's loss would increase to 6-12 percent. "Each loan comes with love," said Glaser.

St. Olaf Choir to Perform in Sewanee, Jan. 31
Tickets Available Now

The famous St. Olaf Choir will be starting their Winter tour on Thursday, Jan. 31, 2019, at All Saints' Chapel at the University of the South. This special recital is a ticketed event and will feature the 75-voice choir under the direction of Anton Armstrong. The choir was founded in 1912 and they have been singing for capacity audiences in the U.S. and abroad for more

than a century. The members of the choir are full-time undergraduate students who rehearse five times weekly. This St. Olaf Choir Tour will include recitals in Tennessee, South Carolina, Georgia and Florida. This is an event that you must experience. The start time for the recital is 7:30 p.m. Tickets are available for purchase on the St. Olaf website at <events.stolaf.edu>.

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ST. MARY'S SEWANEETENNESSEE
CHRISTMAS OPEN HOUSE

3 to 6 p.m., Saturday, December 22

The event will feature Nativity scenes (also known as crèches) from around the world that members of the community will provide on loan for the afternoon, as well as light refreshments, Christmas music, and beautiful holiday decorations.

Community members are invited to participate by sharing their interesting or special Nativity scenes. Please deliver crèches to the retreat center 9 - 11 a.m., on Saturday, Dec. 22 for set up. Call St. Mary's Sewanee at 598-5342 for more information



Sewanee Pediatrics Recognized by NCQA

Sewanee Pediatrics and Adolescent Medicine was recently recognized by the National Committee for Quality Assurance (NCQA) as a Patient Centered Medical Home (PCMH). In 2016, Sewanee Pediatrics was selected to participate in the TennCare PCMH program to address quality, access, and cost in primary care. A PCMH is not only a place, but is a partnership with one's primary care doctor. To qualify as a PCMH, a practice must meet 65 criteria in six areas: Team-based Care, Knowing and Managing Your Patients, Patient Centered Access and Continuity, Care Management and Support, Care Coordination and Transition, and Performance Measurement and Quality Improvement. A practice that functions as a PCMH provides better support and communication to their patients and their families, allows for patients to create stronger relationships with their doctor, and ultimately leads to a healthier community.

Dr. Amy Evans, the medical director at Sewanee Pediatrics, founded the practice in 1994. At that time, there were no pediatric practices in the area. Dr. Evans says that the practice has followed many of the PCMH goals for years but achieving this recognition takes it to the next level. "Sixty percent of our patients are covered by TennCare, the medicaid program for the state of Tennessee," said Evans. "And as such, many of our families struggle financially and have many unmet healthcare needs. All of our families are juggling many things in life, including their children's healthcare needs. By becoming a PCMH, we are doing our part to address those needs in a proactive way."

Dr. Mary Heath said that the Patient Centered Medical Home process has been very helpful for the practice. "Not only has PCMH allowed our staff to become more engaged in our quality improvement efforts, it allows us to better assist our patients and their families; helping them to stay on task and to continue to prioritize their children's health care needs."

The Patient Centered Medical Home model provides Sewanee Pediatrics with the framework to provide high quality, well coordinated and accessible medical care to the pediatric population in and around the Cumberland Plateau. Sewanee Pediatrics is excited to share their news with the local community about receiving this prestigious national quality recognition status. If you would like to learn more about this office, please visit the Sewanee Pediatrics website at <www.sewanee-pediatrics.com> or call (931) 598-9761.

Christmas Baskets Available

The Sisters of St. Mary are selling Christmas baskets, \$50 each, available for pick up. There are two options this year, a wise men themed basket and an angel basket. Both contain a handmade St Mary's candle and jam, in addition to a St. Mary's photo card, plus a locally made soap and a Thistle Farms product. Call the convent at (931) 598-0046 to order.



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2019 Campaign for Balance

Just in time for making your New Year's resolutions, Folks at Home announces the 2019 Campaign for Balance. In collaboration with other members of the community including the talented Matter of Balance Team, Ruth Wendling's excellent chair exercise class, Kathleen O'Donohue's popular beginning and intermediate Tai Chi classes, and a capstone ballroom dancing class lead by Valerie and Philip Lorenz, Folks at Home and friends will provide plenty of opportunities throughout the year to ensure you remain faithful to your resolutions.

Feeling nervous about jumping in? Don't be.

There will be opportunities to build up your confidence starting in January. Try attending Ruth Wendling's chair exercise class at the Sewanee Community Center in January and February. It is a great class and it will enhance your mobility, flexibility, range of motion and balance. (Space is limited so get your reservation in early.) Not into seated exercises? No problem. Folks at Home will be offering a six week Walk with Ease class at the Fowler Center beginning Jan. 14.

The Walk with Ease class, led by Canale Intern Sarah Cordell, will include stretching and walking and strengthening exercises. Continue the journey to better balance with a new offering in March called "Tai Ji Quan Moving for Better Balance" (TJQMBB). TJQMBB is based on traditional Tai Chi but tailored specifically for balance enhancement. It was developed at the University of Oregon and has seen impressive results in balance improvement. TJQMBB is a six month program that will meet twice a week for one hour at the Sewanee Community Center. September and the exquisite fall colors will usher in SAIL, (Stay Active and Independent for Life), a Washington State program brought to you by Folks at Home and co-taught by Wall Wofford and Sarah Cordell. With your balance tuned up, you may be ready to join us for a four week ballroom dance class to end the year in style. This class will be led by Valerie and Philip Lorenz in November.

Please call Folks at Home at 598-0303 or email <assistantfolk.sathome@gmail.com> for more information and to register.

Shop and dine locally!



This year, Monteagle Elementary School and local churches collected 125 shoe boxes for Operation Christmas Child. This drive was organized by Monteagle school teacher, Natalie Burkard. She has held the drive for 9 years and has collected around 1,000 boxes. The boxes are filled with toys, hygiene items, and school supplies. This program, a section of Samaritan's Purse run by Franklin Graham, delivers these boxes to children all over the world that are experiencing famine, poverty, and/or natural disasters. This is a wonderful program and Mrs. Natalie thanks everyone that was able to participate.

Post Office Price Changes in 2019

The United States Postal Service filed notice with the Postal Regulatory Commission (PRC) today of price changes to take effect Jan. 27, 2019.

The proposed prices, approved by the Governors of the Postal Service, would raise Mailing Services product prices approximately 2.5 percent. Shipping Services price increases vary by product. For example, Priority Mail Express will increase 3.9 percent and Priority Mail will increase 5.9 percent. Although Mailing Services price increases are based on the Consumer Price Index (CPI), Shipping Services prices are primarily adjusted according to market conditions. The Governors believe these new rates will keep the Postal Service competitive while providing the agency with needed revenue.

If favorably reviewed by the PRC, the new prices will include a 5-cent increase in the price of a First-Class Mail Forever stamp, from 50 cents to 55 cents. The single-piece additional ounce price will be reduced to 15 cents, so a 2-ounce stamped letter, such as a typical wedding invitation, will cost less to mail, decreasing from 71 cents to 70 cents.

For more information, go to <https://about.usps.com/news/national-releases/2018/pr18_086.htm>.

SENIOR CENTER NEWS

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Please call 598-0771 by 9 a.m. to order lunch. Menus follow:

Monday, Dec. 17: BLT soup, grilled cheese sandwich, dessert.

Tuesday, Dec. 18: Quiche, salad, dessert.

Wednesday, Dec. 19: Christmas Lunch (\$8)-Stuffed pork loin, sweet potato casserole, green bean casserole, fried apples, roll, dessert.

Thursday, Dec. 20: Sweet and sour chicken, rice, egg roll, dessert.

Friday, Dec. 21: Sub sandwich, chips, dessert.

Menus may vary. For information call the center at 598-0771.

Regular Activity Schedule

Chair exercises, Mondays and Wednesdays, 10:30-11:15 a.m.; Tuesdays at 10:30 a.m., the group plays bingo, with prizes; Wednesdays at 10 a.m., the writing group gathers at 212 Sherwood Rd.; Fridays at 10 a.m. is game time.



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|||

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myerspoint.net

SES MENUS

**Monday-Friday,
Dec. 17-21
LUNCH**

Monday, Dec. 17: Macaroni and cheese, barbecue rib patty, veggie blend, garden salad, dinner roll, fruit.

Tuesday, Dec. 18: Hamburger or cheeseburger, mini corn dogs, baked beans, potato wedges, veggie juice, fruit, hamburger bun.

Wednesday, Dec. 19: Abbreviated day, no meals served.

Thursday, Dec. 20: No school.

Friday, Dec. 21: No school.

BREAKFAST

Each day, students select one or two items.

Monday, Dec. 17: Manager's choice.

Tuesday, Dec. 18: Manager's choice.

Wednesday, Dec. 19: Abbreviated day; no meals served.

Thursday, Dec. 20: No school.

Friday, Dec. 21: No school. Options available every breakfast: assorted cereal, assorted fruit and juice, milk varieties.

Menus subject to change.

SCHOOL CALENDAR

Dec. 19, Last day of final examinations, University of the South

Dec. 19, Abbreviated day, Franklin County

Dec. 20-Jan. 7, Christmas Break, Franklin and Marion Counties

Dec. 21-Jan. 7, Christmas Break, St. Andrew's-Sewanee

Dec. 21, Abbreviated day, Grundy County

Dec. 24-Jan. 6, Christmas Break, Grundy County

Jan. 7, School resumes, Grundy and Marion counties

Jan. 8, School resumes, Franklin County, St. Andrew's-Sewanee

Jan. 14, First day of classes, School of Theology

Jan. 15, First day of classes, University of the South

Jan. 18, Winter Convocation, University of the South

Jan. 21, MLK Day, no school, Franklin, Grundy and Marion counties



COFFEE HOUSE

Normal hours through
Dec. 18.

Hours Dec. 19-21,
7:30-4:30.

Closed for Christmas
Break, Dec. 22-Jan. 1.
Reopen Jan. 2-14,
7:30-4:30.

Monday-Friday, closed
Saturday & Sunday.



598-1786



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Cole Joins SAS as Director of Advancement

St. Andrew's-Sewanee School is pleased to announce the appointment of Lesley Cole to the position of Director of Advancement (formerly Director of Development).

Cole has an extensive background in the nonprofit and corporate sectors and brings skills in leadership, program development, goal setting, and data analysis. Most importantly, she understands relationships are at the heart of inspiring philanthropy.

In her most recent position as Director of Development for Oglethorpe University, Cole worked closely with the vice president to set the strategic direction of the Development and Alumni Relations department. In June, Oglethorpe successfully concluded a \$20 million capital campaign. Cole contributed to those efforts by collaborating to define the campaign's scope; identifying lead and major gift prospects; providing staff support to the campaign steering committee; and soliciting five and six-figure gifts. This work closely followed her involvement in Oglethorpe's largest capital, and first comprehensive, campaign in 2013, which exceeded its \$50 million goal ahead of schedule. In her previous position as Director of the Annual Fund at Oglethorpe, Cole managed multiple record-setting Annual Funds.

Before coming to Oglethorpe, Cole served as Director of Development at Lakeview Academy in Gainesville, Ga. At Lakeview, Cole worked with the head of school and trustees to build a comprehensive fundraising program and define the work of the board and the advancement committee. During her tenure, annual giving increased three-fold, and more than 50 percent of a capital campaign goal was secured in six months.

Early in her career, in the financial services industry, Cole successfully managed domestic and international projects which resulted in multi-million-dollar contracts for National Data Corporation.

The search committee was impressed by the balance Lesley brought with her interest in metrics and management and a commitment to cultivating donor relationships. Per Lesley, "I derive great joy in meeting people, hearing their stories, and listening beyond these stories to help people define and fulfill their personal philanthropic plans."

Cole is a graduate and active alumna of Auburn University and an engaged participant in the Council for Advancement and Support of Education (CASE). She enjoys travel and hiking and is currently working on her first novel. In addition to her Georgia residences, she has lived and worked in Toronto and London.



Monteagle Elementary School Pre-K students and parents enjoyed a holiday ornament celebration on Dec. 11. Parents and students participated in making several ornaments including a candy cane, a wreath, a mouse, and a Christmas character with their picture. This is an annual event we host for students and parents to make cherished memories together. We appreciate everyone's participation in this event.

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Grundy County District Attendance Supervisor Val Nunley presented Tracy City Elementary Principal Paul Conry and Vice Principal Melissa Tipton with the district attendance trophy. Tracy City Elementary led the district in attendance for the month of October with 95.48 percent.

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"Peace on earth will come to stay when we live Christmas every day." Helen Steiner Rice



Merry Christmas! from Margaret, Patsy, Shelley and Ward



BLUFF - MLS 1923054 - 1833 Laurel Lake Dr., Monteagle. \$439,000



MLS 1995053 - 114 Maxon Ln., Sewanee. \$449,900



LAKEFRONT - MLS 1949994 - 681 Magnolia Dr., Winchester. \$779,500



MLS 1994452 - 24 Overton Ave., Monteagle. \$219,000



BLUFF - MLS 1878711 - 226 Rattlesnake Springs Ln., Sewanee. \$749,000



MLS 1975436 - 57 Diamond Dr., Winchester. \$235,000

CAMPUS RENTAL - 2 bd, 2 ba, \$1,400 monthly - call 931-598-9200



MLS 1901778 - 52 Sherwood Trail, Sewanee. \$348,000



BLUFF - MLS 1964395 - 211 Rising Sun Lane, Sewanee. 5.26 acres. \$295,000



MLS 1956405 - 171 Maple St., Sewanee. \$274,500



BLUFF - MLS 1974844 - 1613 Laurel Lake Dr., Monteagle. 5.3 acres. \$445,000



MLS 1891347 - 715 Orange Hill Rd., Tracy City. \$279,000



MLS 1952909 - 1573 Carter Rd., Decherd. \$229,500



BLUFF - MLS 1994448 - 294 Jackson Point Rd., Sewanee. 20.9 acres. \$299,500



MLS 1983502 - 174 Carpenter Cir., Sewanee. \$525,000



MLS 1924650 - 890 Boswell Ct., Monteagle. 3+ acres. \$319,000



MLS 1982786 - 212 Tennessee Ave., Sewanee. \$315,000



MLS 1884814 - 143 Winns Circle, Sewanee. \$375,000



MLS 1975100 - 677 Breakfield Rd., Sewanee. \$479,000



MLS 1986674 - 246 Curlicue Rd., Sewanee. \$348,000



BLUFF - MLS 1906326 - 208 Vanderbilt Ln., Sewanee. \$849,000



BLUFF - MLS 1945408 - 506 Ingman Cliff Rd., 3.05 acres. \$688,000



BLUFF - MLS 1886899 - 569 Haynes Rd., Sewanee. 5.1 acres. \$499,900



BLUFF - MLS 1850420 - 1710 Stage Coach Rd., Sewanee. 31+ acres. \$765,000



BLUFF - MLS 1930811 - 146 Jackson Point Rd., Sewanee. 13+ acres. \$299,500

BLUFF TRACTS

Old Sewanee Rd. 53+ac	1846822	\$296,000
14 Jackson Pt. Rd 18.6 ac	1803643	\$129,500
3 Horseshoe Ln. 5.6 ac	1608010	\$60,000
38 Long View Ln. 2.56 ac	1954806	\$99,000
1 Jackson Pt. Rd. 12.45 ac	1911600	\$125,600
11 Jackson Pt. Rd. 19+ ac	1911497	\$120,000
7 Saddletree Ln.	1954791	\$75,000
15 Saddletree Ln. 6.12 ac	1978549	\$75,000
Partin Farm Rd. 6.5 ac	1902508	\$64,500
9 Saddletree Ln. 2.01 ac	1948632	\$66,000
37 Jackson Pt. Rd. 3.97 ac	1965687	\$85,000
12 Saddletree Ln. 2.15 ac	1960834	\$79,500

LOTS & LAND

20 Jackson Pt Rd.	1974540	\$37,500
126 Deep Woods 6.4 ac	1948499	\$34,900
127 Deep Woods 5.8 ac	1948503	\$34,900
13 Deerwood Dr. 2.98 ac	1946339	\$18,500
14 Deerwood Dr. 2.97 ac	1946347	\$18,500
16 Deerwood Dr. 2.98 ac	1946349	\$18,500
33 Westlake Ave. 5.3 ac	1800077	\$75,000
57 Edgewater Ct. Win.	1906419	\$32,000
St. Mary's Ln. 10 ac	1820182	\$85,000
Montvue Dr. 5 ac	1714856	\$54,900
55 Lake Louise	1900500	\$38,880
Pine Dr. 16.1 ac	1894605	\$149,000
Pine Dr. 3.22 ac	1894027	\$40,000
#22 Shadow Rock 1.18 ac	1906497	\$24,000
362 Haynes Rd. 10 ac	1910953	\$84,000
Hwy 41, Jasper 10 ac.	1906899	\$125,000

Artist Professional Development Workshop

Tennessee Craft announces its 2019 Professional Development Workshop, "Make Your Art. Make It Work." hosted and co-sponsored by Watkins College of Art on Saturday, Jan. 19, 2019. Registration begins at 9 a.m., and the workshop is from 9:30 a.m. to 5 p.m. A Maker Mixer for workshop participants will follow at Fort Houston, Nashville, that evening from 5:30 p.m. to 7:30 p.m.

Early Bird ticket prices are available through Dec. 31: Tennessee Craft Member, \$125; non-member, \$175; student, \$75; Tennessee Craft Members group of four or more, \$100; non-member group of four or more, \$150.

To register for the workshop, go to <<https://www.eventbrite.com/e/make-your-art-make-it-work-online-markets-social-media-taxes-tickets-49627585444>>.

Independent makers are responsible for the creation of one-of-a-kind art, as well as the finances, marketing and sales of their business. Tennessee Craft's workshops help artists grow their craft careers by bringing professionals together to share emerging trends and best practices on the industry topics most requested by artists in its workshop and member surveys.

"Make Your Art. Make it Work" provides models of craft business success to encourage artists to build their craft into financially viable careers. Emerging maker Elan Kandel said after the last workshop, "We got to see a range of diverse craft artists, and each of them had a different career path, but they all arrived at that success point making a living doing what they love."

This year's presenters include Audry Deal-McEver (clay), Jessica Hagar (fiber/textile), Kacie Lynn (fiber/textile), Jessica Rudolph, CPA (Kraft CPAs), Lindsay Walker (jewelry) and Becky Ziemer (clay). The proceeds from the workshop fund the Summer Study Scholarship Program in partnership with the Appalachian Center for Craft and Arrowmont School of Arts and Crafts.

For more information on Tennessee Craft workshops, visit <<https://tennesseecraft.org/programs/scholarships/>>.

2019 Shows at the Artisan Depot

The Franklin County Arts Guild is showcasing several new artists in 2019, with member shows and community shows. Participation in community shows is open to the public. The Franklin County Arts Guild invites original contributions from Franklin County artists of all ages in any media for inclusion in its Community Arts Shows at the Artisan Depot. Individuals wishing to submit work for a community show should submit their work at the Artisan Depot during gallery operating hours. Each artist is free to interpret the theme of each show as they wish. All work must be submitted ready for display. Membership in the Guild and gallery fees are not required for these shows but members can also participate.

Blue Tape Mob Art, Jan. 10–27; Art Goes Pop, Jan. 31–March 17, reception Feb. 2;

Facing Forward, March 21–May 5, reception March 22;

Found in the Making, May 9–June 9, reception May 10;

Blue Tape Mob Art, June 13–30;

Hidden Things, July 5–Aug. 11, reception July 5;

All Creatures, Aug. 15–Oct. 27, reception Aug. 16;

Veterans, October 31–Nov. 17; Winter, Nov. 21–Dec. 22, reception Nov. 22.

The 2019 Member shows include:

Morrison & Run, Jan. 10–Feb. 24, reception Jan. 11;

Kim Phillips, Feb. 28–April 14, reception March 1;

Andy Gay, April 18–June 2, reception April 26;

Eva Malaspino, June 6–July 21, reception June 7;

Margie Gallagher, July 25–Sept. 8, reception July 26;

Lockmiller, Ingles & Ragland, Sept. 12–Oct. 27, reception Sept. 13;

Blue Tape Mob Art, Oct. 23–Nov. 17;

Julie Barrett Cataldo, Nov. 21–Dec. 22, reception Nov. 22.

The Artisan Depot is operated by the Franklin County Arts Guild and is located at 204 Cumberland St. East, Cowan. Gallery hours are noon to 5 p.m. on Thursday, Friday and Sunday, and 11 a.m. to 5 p.m. on Saturday. For more information, including intake dates for art, go to <www.franklincoarts.org>.

ads@sewaneemessenger.com

At the Galleries

Artisan Depot

The member show "Snow" will be displayed through Dec. 23.

The Artisan Depot is operated by the Franklin County Arts Guild and is located at 204 Cumberland St. East, Cowan. Gallery hours are noon to 5 p.m. on Thursday, Friday and Sunday, and 11 a.m. to 5 p.m. on Saturday. For more information contact Diana Lamb at (931) 308-4130.

Frame Gallery

Frame Gallery's exhibit, "Art of the Spirit: Woodcuts and Etchings" by Margaret Adams Parker will be on display through Dec. 29.

The Frame Gallery is located at 12569 Sollace M. Freeman Hwy., Sewanee. The frame shop and gallery's regular hours are 10 a.m. to 5 p.m., Tuesday through Friday, and 10 a.m. to 2 p.m. on Saturday.

University Archives

The University Archives and Special Collections has a new exhibit, "Under the Microscope: An Exploration of Sewanee's Scientific Past."

The exhibit will run through Jan. 22, 2019. Normal exhibit hours are Monday-Friday, from 1–5 p.m.

University Art Gallery

The University Art Gallery is delighted to host Nashville-based Isle of Printing's interactive exhibition Communication Station: Automated Exchange through Dec. 16.

The project will be on view at the University Art Gallery during regular hours, 10 a.m.–5 p.m. Tuesday through Friday and noon–4 p.m. on Saturday and Sunday. The University Art Gallery is located on Georgia Avenue. Call (931) 598-1223 for more information, visit our website at <gallery.sewaneedu.edu>, or follow us on Facebook.



SEWANEENOW AND THEN

Sewanee Trust for Historic Preservation

In The Sewanee Cook Book, the one called the New, Revised Edition and published in 1958, is "A Collection of Autographed Receipts from Southern Homes and Plantations." Toward the back of the book is an interesting section containing "Christmas Menus Of Long Ago." Here is the introduction:

"In the North, Thanksgiving Day is generally considered the greatest festival of the year, and a 'gathering of the clan.' But in the South, Christmas stands out as the one Great Day of Happiness and 'Peace, goodwill toward men,' with the young and old, rich and poor.

"Christmas Eve night all little children hang up their stockings by the chimney, knowing that good old Santa Claus will surely be there; and on the hearthstone they place a bowl of meal and water for him to give his 'eight tiny reindeer.'

"When Christmas Day opens, every member of the household gathers before breakfast to join in a glass of eggnog, which is always made by the mistress herself, all wishing each other a long life of happiness and health. Then comes the usual Christmas breakfast, invariably of fruit, broiled quail and bacon, beaten biscuit and waffles, eggs, fried hominy, fried apples, tea and coffee. As the meal is finished the children of the family sound the note that the Christmas Tree is lighted. Immediately there is an exodus from the dining room, followed closely by the older people, to where the great Christmas Tree stands in all of its glittering beauty, laden with gifts for everyone.

"At twelve o'clock there is another 'eggnog drinking' as of old, around the old dining-room table, to enjoy again a glass taken with doughnuts, fruit cake, nuts and raisins, and candy." If you have misplaced your eggnog recipe by this time of the day, here is the one from the book used by Queenie Woods Washington: 12 eggs, yolks and whites beaten separately; 12 T. (3/4 c.) granulated sugar; 1 quart double cream; 1 pint whiskey; 1/2 pint Jamaica rum. Beat yolks of eggs until very light, then add whiskey and rum, beating all the time. Have cream whipped to a stiff froth and fold it into the eggs and whiskey, then fold in the stiffly beaten whites of the eggs. If it has to stand longer than 5 minutes, put on ice.

Back to the Christmas celebration: "As the day fades, dinner is announced; this is, of course the very merriest meal of them all. The huge turkey is brought in, and then from every youngster who may be there, there is a burst of joy as the ever familiar "Christmas piggy with the red apple in his mouth" is brought in and is placed alongside the turkey. Then come all the other traditional goodies which Christmas Day never fails to bring."

Several sample menus are offered in the cookbook. This one, "Christmas Dinner in Tennessee, 1849-1925," was served by Queenie Woods Washington's mother, Mrs. Robert Woods, of Nashville and Sewanee: Oyster soup, celery, home-made wafers, turkey stuffed with chestnuts, roast pig, spiced round, macaroni with cheese, salsify, Irish potatoes, caramel sweet potatoes, corn pone, beaten biscuits, cranberry sauce, peach pickle, blazing plum pudding, Charlotte Russe, wine jelly, fruit cake, coconut cake, crullers, raisins, nuts, figs, coffee, claret, champagne, Madeira.

After such a meal, one wonders how much enthusiasm the diners had for the next activity. As the description goes, "The great day generally closes by everyone joining in an old time merry dance to an old time merry tune, before good-nights are said. Then the host and hostess and their guests retire to their rooms; thus ends a Christmas Day at a country home in Tennessee."

May you and yours eat well, dance well, and enjoy the Christmas Great Day of Happiness.



MICHELLE M. BENJAMIN, JD Attorney & Counselor at Law

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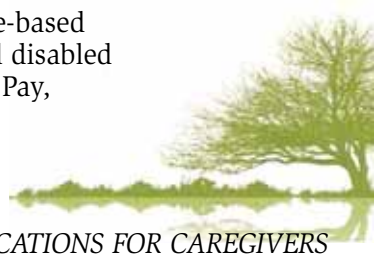
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FIND YOUR HAPPY PLACE...AT SHENANIGANS



Sewanee residents raised a little over \$2,000 for St. Jude and ran the half- and full-marathon race on Dec. 1. Pictured are Remington Loose, Adam Tucker, Lane Beaumont and Becca Loose. Not shown are Diane Fielding, Andrea Del Balso, Jade Barry and Lauryl Tucker.

Middle School Boys' Basketball Update

The Mountain Lions avenged a loss earlier in the season by handing the Coalmont Rebels a decisive loss in turn, 45-32 at the Jingle Bell Tournament on Dec. 1. After an even first quarter, SAS picked the Rebel defense apart and never looked back. Kyler Cantrell led all scorers with a season high 22 points. Spears Askew followed with eight, Ethan Hargis had five, Ryan Ostrowski had four, then three each were added by Cecil Rodgers and Emery Preslar. A trey in the final seconds of the game was sixth-grader Preslar's first basket in the Big 8.

The Mountain Lions suffered a loss at home Dec. 6, against league leader Tracy City by a score of 36-29. SAS had the Eagles beaten on the court, but leading rebounder and scorer Kyler Cantrell sat out all of the third quarter with four fouls, during which time the Eagle

sixth grade stand-out Sam Parson sank four consecutive 3-pointers and helped Tracy pull away. Parson ended up with a game-high 23 points. Cantrell and Ethan Hargis had eight each for SAS, followed by Spears Askew with five, Aiden Tate four, and Ryan Ostrowski and Cecil Rodgers with two each.

The Mountain Lions fell short in the second round of the Jingle Bell against a sharp defensive effort from South Pittsburg on Dec. 8, 41-30. Kyler Cantrell dominated the interior for the first half but was stymied by fouls in the second, ending up with 16 points. Spears Askew provided driving lessons and notched seven. Aiden Tate played solid defense and added four, and Ethan Hargis chipped in a 3-pointer. For South Pittsburg, Cash Tipton played well on both ends and totaled 20 points.

Prize Earning Cures for Holiday Over Indulgence

by Leslie Lytle, Messenger Staff Writer

Need a nudge to counteract holiday overeating and couch-potato behavior? Three area programs offer rewards and prizes for engaging in health promoting activities, and they're all free: Passport for Health, Healthy Parks Healthy Person, and Park Run.

Participate in a walk-run event, a nutrition event, a reverse diabetes course, a substance abuse support group or any other Grundy County Health Council qualifying activity, and for each event receive a stamp on your Passport to Health. Fill a page with six stamps and earn a prize. Fill all five pages in your passport and earn even better prizes.

The kickoff event in July at the Tracy City Save-a-Lot featured Grundy County UT Extension Agent Jennifer Banks who prepared a corn, cucumber, and tomato salad from locally grown goodies. Qualifying events include attending any Extension Office or Health Council program. See the Health Council calendar for a full list of upcoming activities (<http://www.grundycountyhealthcouncil.org/calendar/>).

Passport booklets are available at all sanctioned events or by contacting VISTA volunteer Caroline Todd <gchc.vista2@gmail.com>.

"We have some great prizes," said Todd who designed the program in conjunction with Grundy County's designation as a Healthier Tennessee Community. Prizes range from hats and T-shirts to fitness equipment like wick-away towels and stop watches.

Or maybe you'd like to earn a night camping or a \$20 gift shop coupon at a Tennessee state park. Download the Healthy Parks Healthy Person App <app.healthyparkstn.com> and start racking up points toward your goal. Go hiking, walking, running, biking, paddling, or rock climbing at any local, state, or national park and log up to 10 points a day.

Healthy Parks Healthy Person was launched in the summer of 2017 as a partnership between Tennessee State Parks and the Tennessee Department of Health. "The program offers an incentive for residents to engage in healthy activities," said Brock Hill, Deputy Commissioner of Parks and Conservation.

Other rewards include free golf, swimming, hiking with a ranger, or dining at a state park. Park restaurants now emphasize "healthy, sustainable, and nutritious menu items," said Deputy Communications Director Kim Schofinski. Some compost and grow their own produce on site.

"People are untrusting that Park Run is free," said Kristin Sturgill, founder of the timed 5K walk-run event on the Mountain Goat Trail. The emphasis is on community. Park Run leaves from the Pearl's parking lot every Saturday at 9 a.m.

Participants receive an identifying barcode and their participation is logged on the website <parkrun.us/MountainGoatTrail> along with their time for that week.

Those who wish to can track their improvement. "But it's not a race," Sturgill stressed. "We don't reward for the best time. We reward for coming."

"No one finishes last. A volunteer trail walker brings up the rear," Sturgill explained. "It's a family friendly event. We get a lot of walkers and kids in strollers." Dogs on leashes are also welcome.

May 19 marked the first local Park Run, and since then the internationally sanctioned event has attracted participants from all over the world including South Africa, Australia, Ireland, and the UK. A participant's identifying barcode is recognized at Park Run events worldwide and used to record their participation and time.

Logging 50 runs earns participants a T-shirt. And, Park Run is a qualifying Passport for Health event, so participants get a passport stamp for each run, too.

"Studies have proven the benefits of outdoor exercise," Schofinski said. "People report significantly higher feelings of enthusiasm, pleasure and self-esteem when exercising outdoors in a natural setting."

Maybe that should be reward enough for getting outside and doing something. But, if not, go for the prizes. A little nudge always helps.

SHARE YOUR SPORTS NEWS
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SAS MS Girls' Basketball Goes 7-3

The SAS middle school girls' basketball team raced out to an 8-0 first quarter lead, behind six points from Nailah Hamilton, and never looked back for a 34-12 victory over Tracy City Elementary, on Dec. 6. Madison King finished with a game high 14 points, as Hamilton finished with eight. Laura Crigger added four, Drew Delorme three, Ava Carlos and Lucy Cassell two each and Sara Knight chipped in one.

The team moved to 7-3 in the Big 8 with a win over Monteagle, 31-27, on Dec. 11. Madison King scored 12, of her game high 23, in the second half and Nailah Hamilton added six clutch late game points as the Mountain Lions came up with a huge second half and held on. Down 13-11 at the half, the team came roaring back in the third. Lucy Cassell, back in action after an illness, was a force on the boards, and in the press, and added two points.

SAS Varsity Boys' Basketball Update

St. Andrew's-Sewanee varsity boys' basketball team lost to The Webb School of Bell Buckle on Nov. 27, 63-35. Jaylen Tillman turned in a strong performance at point guard, scoring 12 points. Larson Heitzenrater nine points; Nathan King six points; George Meng five points; Finn Michler two points; Jonathan Rwalinda one point.

The team lost to Berean Academy in overtime Nov. 29, 54-46. The Mountain Lions battled back from an 11-point deficit in the third quarter to take a three-point lead late in the fourth quarter. However, Andrew Hamon of Berean sank a free throw to tie the game up and dominated the overtime period. SAS was led by Jonathan Rwalinda's 17 points; George Meng 12 points and nine rebounds; Larson Heitzenrater six points; Nathan King six points; Jaylen Tillman five points and six assists.

The team picked up a district win on Dec. 6, defeating Collegedale Academy 42-40. Finn Michler hit the game winning shot late in the fourth quarter. SAS was led by Jaylen Tillman's 16 points and six assists; Jonathan Rwalinda 12 points; Larson Heitzenrater nine points; Michler three points; Nathan King two points.

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Women's Basketball Snaps Losing Skid

The Sewanee women's basketball team, thanks to 19 steals, defeated the Scots of Covenant College 69-63, to snap a three-game losing streak, Dec. 6, inside Juhan Gymnasium.

After an opening jump shot by Kinsley Logan, the Tigers forced two straight turnovers and had a 6-0 lead with seven minutes remaining in the opening quarter.

Despite seven turnovers in the opening quarter by the Scots shot 5-of-9 in the period and took a 12-11 lead after the opening stanza.

The teams traded the lead in the second quarter. With 2:47 left in the opening half, Lakeisha Phillips drained two free throws to spark a rally. Sewanee went on a 7-0 run in about a 1:15 span to lead 27-21.

The Scots made it interesting late in the half. The Scots drained a 3-pointer at the end of the half, but it was the home team with the 29-27 lead at the break.

In the second half, Covenant got out to a 37-32 lead with seven minutes remaining in the period, but the Purple and Gold stormed back to stay neck-and-neck with the visitors.

Neither team had more than a four-point lead the rest of the period, and thanks to a Bella Bombassi layup in the final seconds, Sewanee led 48-45 going into the fourth quarter.

Sewanee's biggest lead of the game came with 3:30 left in regulation. The Tigers stretched the lead out to nine points, 62-53 thanks to a 7-0 run.

The Scots attempted a comeback, as they cut the nine-point deficit to three with 18 seconds remaining thanks to a Kaley Hallmark triple. However, the Tigers drained their final four points of the game via free throws to seal the contest.

With the win, the Tigers snap a personal five-game losing streak to the Scots and a three-game losing streak overall.

Kinsley Logan and Ellie Treanton led the Tigers with 16 points apiece. Logan added four steals and two dimes, while Treanton collected four boards and three swipes. Sue Kim posted 15 points.

HOME GAMES

Friday, Jan. 4

6 p.m., University Women's Basketball vs. Hendrix

8 p.m., University Men's Basketball vs. Hendrix

Sunday, Jan. 6

1 p.m., University Women's Basketball vs. Rhodes

3 p.m., University Men's Basketball vs. Rhodes

Monday, Jan. 7

6 p.m., SAS MS Girls' Basketball vs. Coalmont Elementary

7 p.m., SAS MS Boys' Basketball vs. Coalmont Elementary

Tuesday, Jan. 8

5 p.m., SAS V Girls' Basketball vs. Boyd Buchanan

6:30 p.m., SAS V Boys' Basketball vs. Boyd Buchanan

Wednesday, Jan. 9

1 p.m., University Women's Basketball vs. LaGrange

Saturday, Jan. 12

noon, SAS V Swimming, Snowball Invitational

Tuesday, Jan. 15

5 p.m., SAS V Girls' Basketball vs. Silverdale Baptist Academy

6:30 p.m., SAS V Boys' Basketball vs. Silverdale Baptist Academy

Men's Basketball Moves to 9-1 on Season

The Sewanee men's basketball team took down the Bulldogs of Boyce College, 81-66, Dec. 11, inside Juhan Gymnasium.

The teams traded buckets early in the first minutes of the contest. Tied at five points apiece, the Purple and Gold started to heat up. The Tigers went on a 17-4 run in about a six-minute span to lead 22-9.

The Bulldogs got back in the contest, cutting the deficit to as low as six points, 26-18, with 10 minutes left in the opening half. From there, Sewanee went on a 26-15 run for the remainder of the half to take a 49-33 lead into the locker room.

Boyce outscored the home team, 33-32, in the second half, but the Tigers were too much for the winless Bulldogs.

At one point, Sewanee had a lead as large as 28 in the contest, as they contributed 10 fast break points and 20 second-chance points.

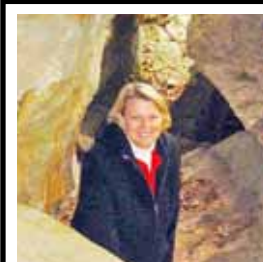
Luke Smith led all scorers with 25 points on 9-of-14 shooting, 6-of-9 from downtown. He also added five rebounds and three dimes.

Adrian Thomas came off the bench and dropped 16 points, while Hunter Buescher added 14 points and six boards.

Matt Lee contributed 12 points and nine rebounds for the Tigers.



Adrian Thomas (No. 11) scored 16 points and had three rebounds in the win over Boyce College. Photo by Lyn Hutchinson



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Laura McIntyre with the team.

McIntyre Steps Down as Coach for the Tigers

Director of Athletics Mark Webb has announced that Field Hockey Head Coach and Assistant Women's Lacrosse coach Laura "Mac" McIntyre is stepping down from her positions to accept the head women's lacrosse coaching position at California Lutheran University.

McIntyre spent the previous five seasons, three as a head coach, with the field hockey program and four as an assistant with the women's lacrosse team.

Coming off Sewanee's first 10-win season since 2015, McIntyre finished with a 10-6 record this past season. In three seasons, she has recorded a 24-23 field hockey coaching record.

After a 6-9 record and a semifinal appearance in the Southern Athletic Association Championship in her first season in 2016, she led her team to a .500 season in 2017 with an 8-8, the first one of those for the field hockey program in two seasons. The team reached the SAA semifinals for the second straight season.

During her tenure at the helm of the hockey program, McIntyre has coached eight All-SAA selections and 25 Academic Honor Roll selections.

With the National Field Hockey Coaches Association (NFHCA), she has coached nine All-Great Lakes Region selections, 14 honorees on the National Academic Squad and the team was garnered to the National Academic Team Award in each of the three seasons as head coach and all five seasons as a member of the field hockey coaching staff.

"Coach McIntyre has served Sewanee Athletics exceedingly well in her role as head field hockey and assistant women's lacrosse coach. We remain grateful for her many contributions to the University and wish her much success in her new opportunity on the West Coast," quoted Webb.

A national search will begin immediately.

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NATURENOTES

by Yolande Gottfried



Euphorbia cyathophora. Photo from Wikipedia

Poinsettia

We think of our Christmas poinsettias as a big red flower, but botanically they are more intricate and more interesting. What seem to be red petals are modified leaves called bracts. Looking more closely, one might think that the greenish-yellow clusters in the center of the bracts are the flowers. In fact, they are a specialized arrangement of many tiny flowers, one female with one pistil and several male, each with one stamen. This particular arrangement is unique to the genus *Euphorbia* in the Spurge family, of which poinsettias are a member. This genus also has the milky sap which is observed when the stems or leaves of poinsettias are broken. When buying a poinsettia, a close look at the flowering parts can indicate how fresh it is—open flowers with stamens emerged and perhaps even dried out mean a less than fresh plant.

Mexico, and parts of Central America, are the native home of the poinsettia. I still remember being amazed by the large poinsettia shrubs in our yard, blooming in January when we first went to Guatemala in 1979. Joel R. Poinsett introduced it to the United States in 1828, when he was the first U.S. Ambassador to Mexico, as well as a botanist and a physician. Dec. 12, the date of his death in 1851, is observed as Poinsettia Day.

Poinsettias will keep well beyond the Christmas season if treated properly. We usually bring them home from church and keep them all winter in indirect light, watering sparingly only when dry. Come spring, I set them out in the garden. They lose the red bracts but continue to be attractive until frost.

There are close relatives of the poinsettia in our native flora. *Euphorbia cyathophora* has the common names Painted Leaf, Wild Poinsettia, and Fire-on-the-Mountain. It looks very much like the Christmas poinsettia but smaller, with less brightly colored bracts, more pink or sometimes white. *Euphorbia dentata*, or Toothed Spurge, is similar but less brightly colored. You may spot them in disturbed locations.



Fidget & Spud



Alfie

Pets of the Week

Meet Fidget, Spud & Alfie

Fidget and Spud are both 15-month-old, small, mixed breed dogs, who came to us from the same home because the owner had to move. Fidget, who has a cheerful heart, has had a bit of an adjustment to shelter life as he and Spud were indoor dogs most of their short lives. He was shy and timid, trembling in his kennel most days, but now he responds well to tender, quiet attention and care. Spud is active, smart, and playful, leash trained, and interacts well with adults, but is a little shy with children. He loves to play with toys, and keeps his kennel very clean (we think he was potty trained as an inside dog). Fidget and Spud are heartworm-negative, current on vaccinations and neutered. They are each waiting patiently to find a loving, forever home, but they could make the perfect “ho-ho-holiday duo” because they are already best buddies.

Alfie, a spunky, 13-week-old, black and white kitten, was found in the middle of Highway 130 when he was only 4 weeks old. It is a miracle he is alive today. Since Alfie has been at the shelter, he has become a favorite of the staff and board members, due to his exuberant, playful personality. He was quite the wild one upon arrival, and had the appetite of at least three kittens! It is said here at the Harbor that he is now on his best behavior so that he can find his forever home with a family that has just as much spunk and excitement for life as he has! Alfie is healthy, current on vaccinations, and will be neutered this week.

Animal Harbor offers substantial adoption fee discounts for seniors and veterans. Pets adopted from Animal Harbor qualify for a free post-adoption wellness exam by local veterinarians.

Animal Harbor is located at 56 Nor-Nan Rd., off AEDC Road, in Winchester. Call Animal Harbor at 962-4472 for information and check out the other pets at <www.animalharbor.org>. Enter the drawing on this site for a free spay or neuter for one of your pets. Please help Animal Harbor continue to save abandoned pets by sending your donations to Animal Harbor, P.O. Box 187, Winchester, TN 37398.

State Parks Host Free Hikes to Bring in the New Year

Tennessee State Parks will offer free, guided hikes at 55 state parks as part of the annual First Day Hike program across the state.

“This is a great way to start off that New Year’s resolution to be more active, and we’re glad Tennessee State Parks can offer these free hikes,” said Brock Hill, deputy commissioner of the Tennessee Department of Environment and Conservation.

The hikes are designed for all ages and abilities. Some hikes are over rugged terrain while others are nice strolls. Each hike is led by an experienced park ranger. The hikes are part of America’s State Parks First Day Hikes in all 50 states.

Information about all the hikes at Tennessee State Parks can be found at <https://tnstateparks.com/about/special-events/first-day-hikes/>.

Hikes feature spectacular views and informative guidance by the rangers. Visitors are encouraged to share photos of their hikes on social media with the hashtag #resolutiontohike.

Tennessee State Parks hosts five annual ranger-led hikes throughout the year. Other statewide hikes Tennessee State Parks offers include Spring Hikes in March, National Trails Day in June, National Public Lands Day in September and the After Thanksgiving Hikes the day after Thanksgiving.

State Park Offerings

Please note: To confirm that these events will occur as listed go to <http://tnstateparks.com/parks/events/southcumberland/#/?park=southcumberland> or call (931) 924-2980.

Saturday, Dec. 15

Big Creek Rim Hike (\$5)—Meet Seasonal Interpretive Ranger John Radford at 9 a.m. at Stone Door Trailhead, 1183 Stone Door Rd., Beersheba Springs, for a fascinating stroll through some of our most scenic woodlands. Big beautiful trees, overlooks and wildlife will be just a few of the many highlights on this excursion. This hike will be approximately 7 miles, so make sure you bring appropriate footwear, water, bug spray and a snack.

Make Your Own Rabbitstick (\$6/adults; \$2/children 12 and under)—Come to the South Cumberland Visitor’s Center, 11745 U.S. Hwy. 41, Monteagle, at 2 p.m. to make your own Rabbitstick! The Rabbitstick is one of the most simple yet effective of the primitive hunting weapons. Many variations of it have been used in almost every culture around the world, including North America. Although it may be known by different names depending on the culture and variation, the basic design and purpose of the Rabbitstick remains the same, which is an easily constructed, hand-thrown weapon designed for the purpose of harvesting small game. Focus will be on construction and throwing techniques of the Rabbitstick and its use in primitive hunting and survival situations. Participants will be provided the materials needed for the program but may want to bring their own knife or other hand implement for carving their Rabbitsticks. There will also be an opportunity for participants to test their Rabbitsticks on targets prior to taking them home.

Winter Waterfall Hike (\$8)—Join Ranger Jessie McNeel at noon at Grundy Forest parking lot, 131 Fiery Gizzard Rd., Tracy City, for a moderate 3-mile hike around the Grundy Forest Day Loop and Sycamore Falls. You will learn the history of the famous Fiery Gizzard Trail, and about old-growth trees and the rock formations you will see from the trail. The hike will start at the north end of the Fiery Gizzard Trail. You will be walking over rocks and roots so please wear sturdy shoes and bring plenty of water and some snacks. Registration is limited to the first 10 people who sign up. Hike will be rain or shine but if dangerous weather is forecast then participants can get a refund.

The South Cumberland State Park Visitors’ Center is located on Highway 41 South between Monteagle and Tracy City and is open 8 a.m.–4:30 p.m. seven days a week. For more information call (931) 924-2980.

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Fri	Dec 07	42	36
Sat	Dec 08	38	34
Sun	Dec 09	38	31

Week’s Stats:
Avg max temp = 40
Avg min temp = 30
Avg temp = 35
Precipitation = 2.35”

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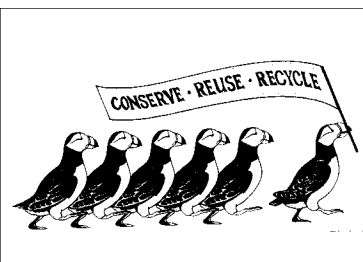
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PUBLIC NOTICE

THE TOWN OF MONTEAGLE will have a workshop at 5 p.m., Monday, Dec. 17, in the Conference Room at City Hall.

THE TOWN OF MONTEAGLE will have a Special Called meeting at 5 p.m., Wednesday, Dec. 19, in the Conference Room at City Hall. The purpose of this meeting is to discuss Codes Enforcement Officer, Fence for City Shop, and repairs to the Community Center.

THE SEWANEE UTILITY DISTRICT OF FRANKLIN AND MARION COUNTIES BOARD OF COMMISSIONERS will have its regular meeting at 5 p.m., Tuesday, Dec. 18, at the utility office on Sherwood Road. If a customer is unable to attend but wishes to bring a matter to the board, call 598-5611, visit the office, or call a board member. Your board members are Art Hanson, Randall Henley, Ronnie Hoosier, Charlie Smith and Paul Evans.

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Did You Know?

The Sewanee Community Chest raises money annually to support basic needs in the community such as books, food, elder care, animal care, recreational space, children's program and more.

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Visit www.sewaneeecivic.org for more information.

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Notebook Paper
Stationery
Junk Mail
Hard/Paperback Books

The Convenience Center for household garbage, trash and recycling is located on Missouri Ave. Its current hours are: Monday, noon–5 p.m.; Tuesday through Friday, 2–5 p.m.; Saturday, 8 a.m.–4 p.m.; Closed Sunday. Closed on national holidays. There are blue recycling bins for metal (tin, appliances, etc.), newspapers/magazines, some plastic containers #1-#7, cardboard and aluminum cans. Glass recycling is on Kennerly Ave. behind Facilities Management. For more information <http://www.franklincotn.us/departments/solid_waste/index.html>.



BARDTOVERSE

by Phoebe Bates

I cannot but remember
When the year grows old—
October—November—
How she disliked the cold!

She used to watch the swallows

Go down across the sky,
And turn from the window
With a little sharp sigh.

And often when the brown leaves
Were brittle on the ground,
And the wind in the chimney
Made a melancholy sound,

She had a look about her
That I wish I could forget—
The look of a scared thing
Sitting in a net!

Oh, beautiful at nightfall
The soft spitting snow!
And beautiful the bare boughs
Rubbing to and fro!

But the roaring of the fire,
And the warmth of fur,
And the boiling of the kettle
Were beautiful to her!

I cannot but remember
When the year grows old—
October—November—
How she disliked the cold!

*When the Year Grows Old,
by Edna St. Vincent Millay
(1892-1950)*



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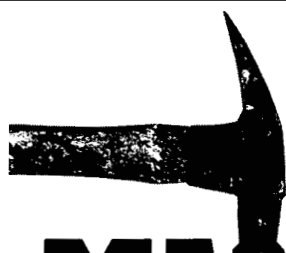
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Sunday, December 16, 2018, 4–6 p.m.

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Community Calendar

Today, Friday, Dec. 14

Last day of Final Exams, School of Theology

- 8:30 a.m. Deep Stretch Yoga, Darylann, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 10 a.m. Game day, Senior Ctr.
- Noon Spinal Spa, Kim, Fowler Ctr.
- 4 p.m. Ralston Rm., Beethoven No. 9, until 5 p.m.

Saturday, Dec. 15

Last day to sign up at <HealthCare.gov>

- 9 a.m. MGT 5K Parkrun, Pearl's parking lot
<parkrun.us/register>
- 9:30 a.m. Hospitality Shop open, until noon, then
closed until Jan. 15, 2019
- 11 a.m. Wreaths Across America Beech Grove
Confederate Cemetery, Exit #97 off I-24
- 6 p.m. Holiday Party, Artisan Depot, Cowan,
until 8 p.m.

Sunday, Dec. 16

- 2 p.m. Knitting circle, Mooney's, until 4 p.m..
- 3 p.m. Sewanee Chorale Christmas Concert,
All Saints' Chapel
- 4 p.m. Community Open House at Chen Hall,
607 University Ave., until 6 p.m.
- 4 p.m. Hatha Yoga, Helen, Comm Ctr.

Monday, Dec. 17

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Coffee w/Coach, Nate Parrish, Blue Chair
- 10:30 a.m. Chair Exercise, Ruth, Community Ctr.
- 4 p.m. STHP Meeting, Otey
- 5 p.m. Pilates for Golfers, Kim, Fowler Ctr.
- 5 p.m. Town of Monteagle workshop, Confer-
ence Room, City Hall
- 5:30 p.m. Yoga, Strength/Healing, Pippa, Comm Ctr.
- 6 p.m. Karate, youth, Legion Hall; adults, 7 p.m.

Tuesday, Dec. 18

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's
Sewanee
- 8 a.m. Godly Play/PMO, Otey, until 10:30
a.m. <oteyformation@gmail.com>
- 8:30 a.m. Deep Stretch Yoga, Darylann, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, beginners, Kim, Fowler Ctr.
- 9:30 a.m. Crafting ladies, MMUMC, Monteagle
- 10:30 a.m. Bingo, Senior Ctr.
- 11:30 a.m. Grundy Co. Rotary, Dutch Maid Bakery
- Noon Pilates, intermediate, Kim, Fowler Ctr.
- 5 p.m. DAV Chapter #71, FC Country Club
- 5 p.m. SUD board, 150 Sherwood Rd.
- 5 p.m. Yoga, Darylann, St. Mary's Sewanee

Wednesday, Dec. 19

FC Schools Abbreviated Day

Last Day of Final Exams, U of S

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, intermediate, Kim, Fowler Ctr.
- 10 a.m. Writers' group, 212 Sherwood Rd.
- 10:30 a.m. Chair exercise, Ruth, Community Ctr.
- 5 p.m. Pilates for Tennis, Kim, Fowler Ctr.
- 5 p.m. Town of Monteagle Special Called
Meeting, Conference Room, City Hall
- 5:30 p.m. Book study, "Faithful-Christmas
Through the Eyes of Joseph," St. James
- 5:30 p.m. Hatha Yoga, Helen, Comm Ctr.

Thursday, Dec. 20

FC, MC Schools Christmas Break, through Jan. 2, 2019

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's
Sewanee
- 9 a.m. Pilates, beginner, Kim, Fowler Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 11 a.m. Tai Chi, ongoing, Kathleen, Comm Ctr.
- Noon Pilates, intermediate, Kim, Fowler Ctr.
- Noon Tai Chi, advanced, Kathleen, Comm Ctr.
- 1 p.m. Folks@Home caregiver's group, St.
Mark's Hall, Otey
- 2 p.m. Knitting circle, Mooney's, until 4 p.m.
- 6 p.m. Karate, youth, Legion Hall; adults, 7 p.m.

Friday, Dec. 21

Christmas Break, SAS, through Jan. 8, 2019

GC Schools Abbreviated Day

- 7 a.m. Curbside recycling
- 8:30 a.m. Deep Stretch Yoga, Darylann, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 10 a.m. Game day, Senior Ctr.
- Noon Spinal Spa, Kim, Fowler Ctr.

Local 12-Step Meetings

Friday

- 7 p.m. AA, open, Christ Church, Tracy
City

Saturday

- 7:30 p.m. NA, open, Decherd United Meth-
odist
- 7:30 p.m. AA, open, Claiborne Parish House,
Otey

Sunday

- 6:30 p.m. AA, open, Holy Comforter, Mon-
teagle

Monday

- 5 p.m. Women's 12-step, Brooks Hall,
Otey
- 7 p.m. AA, open, Christ Church, Tracy
City

Tuesday

- 7 p.m. AA, open, First Baptist, Altamont
- 7:30 p.m. AA, open, Claiborne Parish House,
Otey

Wednesday

- 10 a.m. AA, closed, Clifftops, (931) 924-
3493
- 7 p.m. NA, open, Decherd United Meth-
odist
- 7:30 p.m. AA, open, Holy Comforter, Mon-
teagle

Thursday

- 6 p.m. ACA, open, St. James Episcopal,
Midway
- 7 p.m. Al-Anon, First UMC, Winchester

Community-wide Calendar on the go!

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