



The Annual Friday School has begun at Sewanee Elementary. For four consecutive Friday afternoons, students will have the opportunity to participate in enrichment classes ranging from gardening and soccer to chemistry and photography. Community volunteers lead the classes and direct the students in the various activities. PE teacher David Gilliam and Friday School volunteer Woody Deutsch lead students on a bike ride during Friday School.



Sarah Marhevsky, right, received the 35th annual Community Service Award at the April 18 Sewanee Civic Association meeting. Also pictured is SCA board member Megan Roberts.

## Sewanee's Anti-Diet Dietician

by Kevin Cummings, Messenger Staff Writer

Mary Pate-Bennett often doesn't subscribe to convention when it comes to healthy eating. A registered dietician in Sewanee, she challenges the morality assigned to food and society's message that thin is better.

"I feel as if we all have some type of disordered eating, we all have issues with food," she said. "There are very few people who are just intuitive eaters and who don't think about food and just live their lives."

Becoming a healthy intuitive eater, with reduced food-related guilt are worthy goals, she said.

"For a lot of people it is very emotional talking about food, why they eat the way they do, where they eat and the types of food they eat," Pate-Bennett said. "There's a lot of shame involved so it does take some opening up and talking to figure out how to heal them and get on the right path for learning how to eat the foods that are going to make them feel the best."

She dislikes diets and said weight loss is not her primary motivation, nor her definition of success. People in small bodies can still have diabetes and heart disease, she said, and often genetics dictate someone's size. Body acceptance is an important tenet to her practice.

"In our society we are presented with the idea that if you are in a large body then you must be unhealthy and you need to lose weight to be healthy. The science doesn't say that's true," she said. "You can be in a large body and have diabetes, hypertension and heart disease, but you can be in a large body and have absolutely no issues."

Pate-Bennett grew up in Sewanee and attended St. Andrew's-Sewanee School, like her four siblings. She graduated from the University of the South with an undergraduate degree in psychology.

While working in the kitchen at a French bistro in Nashville (where she met her husband), she changed course and decided to pursue nutrition as a career. Pate-Bennett earned her undergraduate degree from Middle Tennessee State University and her graduate degree from the University of Tennessee.

She moved to San Diego, where her husband's family lives, and worked there as a dietician in a hospital prior to working at the Women, Infants and Children (WIC) nutrition program. She and her husband, James, moved to Sewanee a few years ago to raise their daughter, who is now two-years-old.

Pate-Bennett is a mixture of counselor and nutritionist, helping people remove the guilt and power that food has over their lives. Eating comes with

(Continued on page 5)

## Community-Wide Yard Sale

The Sewanee Community Center is coordinating the community-wide yard sales, to be held 8 a.m.–1 p.m., Saturday, April 28.

A \$15 registration fee and form is required. This fee will be used to print maps highlighting the sales that day, printing an official yard sign for your house, and placing advertisements in local papers including Sewanee, Manchester, Tullahoma, Monteagle, Winchester and other surrounding communities.

You can participate by either having a sale at your home or join up with others at the Community Center. Maybe you don't have many items for sale or would rather be in a larger group—you can reserve space inside the Center.

Deadline to register is April 20.

If you have any questions please email Rachel Petropoulos at <rpetropo@gmail.com>.

The registration form can be found at <<http://www.sewaneecommunitycenter.org/>>.

## Fourth of July Theme Announced

The Fourth of July planning committee is proud to announce that the 2018 theme is "From Sea to Shining Sea." We hope you will join us on Tuesday, July 3, for the Street Dance and Wednesday, July 4, for an all-day commemoration of who we are and what it took to get here. Be on the lookout for more information to sign up for the arts and crafts fair, mutt show, pie eating contest, cake decorating contest, or parade.

## Scholarship Sewanee on April 27

Scholarship Sewanee, the University's annual celebration of student scholarship, research, and creativity, this year will be held Friday, April 27. Additional events related to student scholarship and creative endeavors will be held during that week.

Scholarship Sewanee 2018 will feature 88 posters and 55 oral presentations representing biology, physics, chemistry, earth and environmental systems, politics, economics, English, history, visual arts, and more. (The complete schedule may be found here at <<http://programme.exordo.com/sewanee2018/>>). Scholarship Sewanee began more than 20 years ago as a half-day poster session, at which approximately 40 posters affiliated with the sciences were on display.

The McCrady Lecture, begun in 2013, will bring Karen Till to campus this year. Till is a professor in the Department of Geography at Maynooth University in Kildare, Ireland. She is a cultural geographer, ethnographer, and curator who engages in collaborative research about place, memory, and creative practice. Till is also the director of the Space&Place Research Collaborative. Her presentation, "Difficult Pasts and the Care of Place: Memory-Work as Imagining More Just Futures," will be held at 1 p.m., Friday, April 27, in Blackman Auditorium. A reception will follow.

Just prior to Scholarship Sewanee,

(Continued on page 5)



Archival photo of St. Mark's from 1957.

## Adult Forum Celebrates Merger Anniversary of Two Parishes

Otey Parish welcomes the community this Sunday to celebrate 50 years after St. Mark's Parish merged with Otey Memorial Parish. At 10 a.m., in St. Mark's Parish Hall, Otey rector Rob Lamborn will speak about the history of St. Mark's. Lamborn will be using commentary from Matilda Dunn's thesis on the merger of the two parishes and the work of the Katie Bradshaw and Sara Milford in creating the video "Can I Get a Witness? Documenting, Preserving, and Sharing the History of the St. Mark's Community." Visitors are encouraged to share stories at this time.

There will be an 11 a.m. Worship and Holy Eucharist followed by a noon reception/coffee hour at St. Mark's Parish Hall.

Come celebrate and share memories of the impact on our community of the St. Mark's families: Taylor, Staten, Hill, Winton, Kennerly, Childress, Beasley, Shedd, Turner, Patton, Tate, Burnett and many more.

## Ice Cream Social to Celebrate Boo and Trink

by Kevin Cummings, Messenger Staff Writer

The two women first met while bound for India near the end of WWII and they remained friends for more than 70 years, both activists, humanitarians and adventurers with fierce spirits.

Marion "Trink" Beasley passed away in February, but she and friend Marymor "Boo" Cravens often celebrated their April birthdays together with ice cream. Friends, community members and shoppers are invited to gather at Thurmond Library to honor the Sewanee stalwarts with a free ice cream social on April 28 between 1 and 2:30 p.m., the same day as the community-wide yard sale.

Trink would have been 97 and Boo is marking her 96th birthday.

"Both women were of similar temperament and beliefs, fiery, with strong reactions to the mistreatment of people," said Trink's daughter, Gabrielle. "They both had open houses,

welcoming everyone, no matter their belief, background or race. They also had wonderful senses of humor with little regard for the proper way of doing things."

Boo and Trink were activists for women's rights and other social justice issues. The kindred spirits met in Washington, D.C., during orientation for the American Red Cross, prior to serving near Calcutta, India, at a holding camp for U.S. soldiers returning from fighting in WWII. They were roommates on the boat to India and tentmates while in India.

A stroke in 2008 slowed Trink down a little, but she was still active in the fight for social justice. She had a sticker on the back of her wheelchair that read, "Who Would Jesus Bomb?"

Before retiring to Sewanee in 1990, the Wisconsin native traveled the world on humanitarian and medical

(Continued on page 5)

P.O. Box 296  
Sewanee, TN 37375



# Letters

## NATIONAL VOLUNTEER WEEK

### To the Editor:

The week of April 15-21 is National Volunteer Week! I just wanted to take a moment to give a much deserved recognition and big shout to our wonderful and amazing hospice volunteers. As I've recently told our volunteers, words just seem to fail me at times to convey how truly special they are to me and to our hospice program. They are selfless folks who give so freely of their time of service to others. I have no idea who wrote this quote... "The last good thing that may happen in a person's life is a hospice volunteer" but I couldn't agree more! The love, compassion and empathy I see is quite simply a beautiful thing.

Thank you our beloved Compassus patient care, administrative Volunteers and all hospice volunteers across the land. You are a true blessing to all of those lives you touch and you will never be forgotten.

Most sincerely from a grateful volunteer coordinator and staff!

*Julia Logan-Mayes, Volunteer Coordinator, Compassus Hospice & Palliative Care, Serving Bedford, Cannon, Coffee, Franklin, Grundy and Moore counties*

## TOWN HALL

### To the Editor:

If you live in Sherwood, Midway, and parts of Jump Off and don't get high-speed broadband internet, please come to a town hall meeting organized by Ben Lomand Communications, which is trying to get a Community Connect Grant. The meeting will take place at Otey Parish on Monday, April 23, at 6 p.m. Communities without high speed internet are at an economic disadvantage, and we must level the playing field for all of our residents.

*Helen Stapleton, County Commissioner, District 5, Seat B, Chair of IT Committee*

## GOOD PEOPLE, GOOD COMMUNITY

### To the Editor:

Providing firewood for people in need in the community is an extra benefit from the Housing Sewanee home that volunteers are building. Joe Porter has harvested six to eight cords of wood from trees cut to make room for the first house Housing Sewanee will build in the Sherwood Springs development. Most of the wood has been distributed to local families that depend on it as their primary source of heating. Joe is doing what he can to help his neighbors. Often times a free load of wood allows the recipient to buy needed food, medicine or other essentials.

In my 10 years of living in Sewanee, I have met many individuals like Joe that go about their daily lives lending a helping hand. I am grateful to live in such a loving community.

*Mickey Suarez, Sewanee*

## Celebrate Oyster Night!

**6:30 p.m., April 29**

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## University Job Opportunities

**Exempt Positions:** Content Specialist, Marketing and Communications; Executive Chef, Sewanee Dining; Executive Director of the Beecken Center, Beecken Center/Education for Ministry; Manager, University Child Care Center; Purchasing Manager, Business Services.

**Non-Exempt Positions:** Access Services Specialist, Collections Management; Admission Operations Specialist, Admission; Assistant Visit Coordinator and Receptionist, Admission; Biographical Entry Specialist, Advancement Services; Campus Security Officer (10 positions), Police Department; Childcare Provider (Temporary), University Child Care Center; Food Service Worker (Temporary), Sewanee Dining; Full-Time Police Officer, Police Department; Part-Time Dispatcher/Communications Officer, Police Department; Part-Time Police Officer, Police Department; Research Coordinator (Aquatic Ecologist), Environmental Stewardship & Sustainability; Woods Lab Shop Coordinator (Temporary), Technology Access & Support.

For more information call (931) 598-1381. Apply at <[jobs.sewaneec.edu](http://jobs.sewaneec.edu)>.

## St. Andrew's- Sewanee Job Opportunities

**Exempt Positions:** Athletic Trainer; Music Teacher/Musical Director; Physics Teacher; Assistant Chaplain; Admission Counselor; Mathematics Teacher; Father Flye Fellowship.

**Non-Exempt and Part-Time Positions:** Alumni and Capital Campaign Assistant; Staff Accountant.

To apply, go to <[www.sasweb.org/employment](http://www.sasweb.org/employment)>.

## Messenger Break Ahead

The Messenger will be on break May 21-25. We will be back in the office Tuesday, May 29 and in print on Friday, June 1, for the official start of summer on the Mountain. Deadlines for the June 1 issue are display advertising, Monday, May 28, at 5 p.m.; news/calendar, 5 p.m., Tuesday, May 29; and classified ads, noon, Wednesday, May 30.

During the summer, a number of clubs do not meet and churches often change their schedules. Please let the Messenger know by phone or email before 4 p.m., Tuesday, May 29, if your organization's schedule will differ from the one we publish regularly in our printed and online calendars.



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## Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a day-time telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, come by our office, 418 St. Mary's Ln., or send your email to <[news@sewaneemessenger.com](mailto:news@sewaneemessenger.com)>. —KB



[sewaneemessenger.com](http://sewaneemessenger.com)
[themountainnow.com](http://themountainnow.com)

Published as a public service to the community since 1985, 3,500 copies are printed on Fridays, 46 times a year, and distributed to 96 locations across the Plateau for pickup, free of charge. This publication is made possible by the patronage of our advertisers and by contributions from the University of the South (print production) and the Sewanee Community Chest.

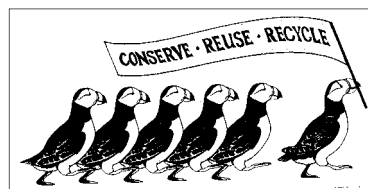
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## Curbside Recycling

Residential curbside recycling pickup in Sewanee is on the first and third Friday of each month. Friday, April 20, will be a pickup day.

Recyclable materials must be separated by type and placed in blue bags by the side of the road no later than 7:30 a.m. Please do not put out general household trash on this day. Blue bags may be picked up in the University Lease and Community Relations Office, 400 University Ave. (the Blue House) or at the Facilities Management office on Georgia Ave.

## Serving Where Called

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Cassiday Barry  
James Gregory Cowan  
Nathaniel P. Gallagher  
Peter Green  
Zachary Green  
Robert Mainzer  
Forrest McBee  
Andrew Midgett  
Jose D. Ramirez III  
Troy (Nick) Sepulveda  
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Louise Irwin, 598-5864.

## MESSENGER DEADLINES & CONTACTS

Phone: (931) 598-9949

### News & Calendar

Tuesday, 5 p.m.

Kiki Beavers

[news@sewaneemessenger.com](mailto:news@sewaneemessenger.com)

### Sports

Kevin Cummings

[sewaneesports@gmail.com](mailto:sewaneesports@gmail.com)

### Display Advertising

Monday, 5 p.m.

[ads@sewaneemessenger.com](mailto:ads@sewaneemessenger.com)

### Classified Advertising

Wednesday, noon

April Minkler

[classifieds@sewaneemessenger.com](mailto:classifieds@sewaneemessenger.com)

## MESSENGER HOURS

Monday, Tuesday & Wednesday  
9 a.m.—4 p.m.

Thursday—Production Day  
9 a.m. until pages are completed  
(usually mid-afternoon)

Friday—Circulation Day  
Closed

[www.sewaneemessenger.com](http://www.sewaneemessenger.com)



## Upcoming Meetings

### United Daughters of the Confederacy

The UDC Kirby-Smith Chapter 327 Sewanee will meet at 11 a.m., Saturday, April 21, at the Oak Restaurant in Manchester. The meeting begins at 11:15 a.m.

### Coffee with the Coach

Coffee with the Coach, an opportunity to learn more about Sewanee's sports teams, meets for the final time until next fall at 9 a.m., Monday, April 23, with University of the South Athletic Director Mark Webb, who will present the year in review. Gather at the Blue Chair Tavern for free coffee and conversation.

### Community Council

The next meeting of the Community Council is scheduled for 7 p.m., Monday, April 23, at the Sewanee Senior Citizen's Center. The agenda includes approval of the February minutes; parks group presentation by Burnett and Myers—Potter; potential new cell tower placement—Berner; organizing a trash pick-up—Byerly and White; approve meeting dates for 2018-19—Berner; resolution for Joe David McBee—Berner; announcements and/or questions.

### SUD Board of Commissioners

The Sewanee Utility District of Franklin and Marion Counties Board of Commissioners will have its regular meeting at 5 p.m., Tuesday, April 24, at the utility office on Sherwood Road. If a customer is unable to attend but wishes to bring a matter to the board, call 598-5611, visit the office, or call a board member. Your board members are Art Hanson, Randall Henley, Ronnie Hoosier, Charlie Smith and Paul Evans.

### EQB Meeting

Members of the EQB Club will meet for lunch at noon, Wednesday, April 25, at St. Mary's Sewanee.

### DivorceCare

On Wednesday, April 25, from 6–7:30 p.m., DivorceCare, a nationwide nondenominational 13-week support group for separated and divorced individuals will meet off of Main Street in Monteagle. Please go to <www.divorcecare.org> and type in your zip code for further information on the Monteagle location and how to register. Contact Daniel or Becky Lehmann at <eaglesrest1517@gmail.com> or call (615) 294-4748 for more information.

### Area Rotary Club Meetings

The Grundy County Rotary Club meets at 11:30 a.m., Tuesdays at Dutch Maid Bakery in Tracy City. The Monteagle-Sewanee Rotary Club will meet at 8 a.m., Thursday, April 26, at the Sewanee Inn. Beth Stubbs, past Rotary District Governor, will present the program.

### Laurel Lake Garden Club Plant Sale

The annual Laurel Lake Garden Club Plant Sale will take place this year on Saturday, April 28, from 9 a.m. until noon at Harton Park in Monteagle. All plants are healthy and the prices are excellent. Proceeds will be used to care for the Eagle Garden at Harton Park. For more information contact Becky Reed, <jmbfreed@gmail.com>.

### FCDP Meeting

The Franklin County Democratic Party monthly meeting will be at 9 a.m., Saturday, April 28, at the Franklin County Annex Small Meeting Room, 839 Dinah Shore Blvd., Winchester.

### Railroad Park Work Day Rescheduled

Cowan area residents and business owners will hold the 19th annual Work Day in the Railroad Park at 9:30 a.m., Saturday, April 28, in downtown Cowan. The goal is to freshen and repair the downtown railroad park in time for seasonal tourist traffic. Everyone is invited to participate.

For more information email <visitcowan@gmail.com>. The Work Day is co-sponsored by Cowan Railroad Museum and Cowan Commercial Club.

### Monteagle Town Council

The Town of Monteagle Council will meet at 6 p.m., Monday, April 30, at the Monteagle City Hall.

### Village Update Meeting

Meet with Frank Gladu, Special Assistant to the Vice Chancellor, to discuss the Village development updates. Meet 10–11 a.m., or 5:30–6:30 p.m., Tuesday, May 1, at the Blue Chair Tavern. Coffee will be served and everyone in the community is welcome.

### Alzheimer's Support Group

The Alzheimer's Support Group through the Alzheimer's Association meets at 6 p.m., the first Tuesday of each month, at the Willows of Winchester Health and Rehab Center's conference room, located at 32 Memorial Drive, Winchester. The support group is for caregivers and families caring for anyone with memory impairment. The next meeting will be Tuesday, May 1.

### Fourth of July Planning

Anyone interested in helping to plan for the annual Fourth of July is welcome to attend the next planning session at 5 p.m., Monday, May 14, at the Sewanee Senior Citizen's Center.

Calendar: [sewaneemessenger.com](http://sewaneemessenger.com)

## Garden Club Meeting

The Sewanee Garden Club is planning an excursion to Mary's Greenhouse in McMinnville, on Monday, April 23. Those wishing to carpool or caravan will gather in the Piggly Wiggly parking lot at 9:30 a.m. Visitors and guests are welcome. Plan on lunching at a local McMinnville restaurant or bring your own. Bottled water, sun hat, and comfortable shoes for walking through the numerous greenhouses are recommended. Dress to keep cool if the day is warm as greenhouses can be humid. Bear in mind that "bring-home" space for all those tempting plants will be limited if you are in a carpool. And there will certainly be tempting plants—52 greenhouses—shop or just revel in the profusion.

For more information, please contact Flournoy Rogers at (931) 598-0733 or <semmesrogers@gmail.com>.

## Summer Meal Program Training Sessions

The University of the South's Office of Civic Engagement and McClurg Dining Hall in partnership with the South Cumberland Community Fund announce their sponsorship of the 2018 Summer Food Service Program (SFSP). The SFSP is administered in Tennessee by the Department of Human Services under an agreement with the U.S. Department of Agriculture (USDA).

Popularly known as the South Cumberland Summer Meal Program, the meal sessions will begin June 4 and end July 27. Meals will be provided to all children without charge. Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, sex, age or disability. If your organization is interested in becoming a meal site or for more information, email <sfpvista@gmail.com>.

We welcome summer reading, sports and enrichment programs, vacation bible school, libraries, etc., to partner with us. All partner sites must be within a 45-minute drive from the University of the South. If you are a partner site or would like to become one, USDA requires mandatory attendance at one of the following Information and Training Sessions held on University of the South's campus:

Wednesday, April 25, 5:30–6:30 p.m. at McClurg Dining Hall A, B, C, rooms;

Thursday, May 3, noon–1 p.m. at McClurg Dining Hall A, B, C, rooms;

Wednesday, May 9, 5:30–6:30 p.m. at McClurg Dining Hall A, B, C, rooms.

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## Trustee Relations Meeting

The Trustee Community Relations Committee will be in Sewanee on Thursday, April 26, at which time the Community Council will update the Trustees on topics of interest and concern to our community. If you have topics that you would like the Council to consider, please contact a Council member.

Community members are invited to join the Trustees and Council members for a reception at 5:30 p.m., Thursday, April 26, in the new upstairs venue at Shenanigans.

Members of the Community Council include: Abbey Shockley, Annie Armour, Charles Whitmer, Cindy Potter, Flournoy Rogers, Jeremy Carlson, John McCardell, June Weber, Kate Reed, Louise Irwin, Michael D. Gardner, Nancy Berner, Pamela Byerly, Phil White, Pixie Dozier, Rich Barrali, Sallie Green, Shirley Taylor, and Theresa Shackelford.

## Stoker-Stampfli Farm Work Days

The Stoker-Stampfli Farm Museum in Gruetli-Laager needs your help. On April 20 and 21, there will be work days to do some needed repairs on the farm, beginning at 10 a.m. These work days will help repair and preserve this 149-year-old farm that is in the care of the Grundy County Swiss Historical Society. This event is open to anyone who would graciously like to help. Come with hammer, shovel, paint brush, rake, power tools or cleaning equipment; whatever your skill is we can use your help. Some projects include: clean, sand and stain the outside of the caretaker cottage as well as lay plastic under the cottage; build a rail for the front porch and steps; replace a post and beam at the barn; and shave bark from pine logs for rebuilding the tiny log house.

Also, mark your calendar for the upcoming Swiss Celebration on July 28.

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# Church News

## All Saints’ Chapel

Growing in Grace will continue this Sunday, April 22, at 6:30 p.m. in All Saints’ Chapel. Our speakers this semester will address significant gathering places in their lives. Christ assures us “where two or three are gathered in my name, I am there among them” (Matthew 18:20, NRSV). We return again and again to certain communities and physical spaces in the hope of also being in the presence of something divine. Where are those places for us? Who are the people we become our purest selves in? How do we experience Christ’s presence when only two or three stand with us? Jonathan Brown, a senior in the college, will reflect on these questions with us. For more information, email Lay Chaplain Kayla Deep at <kayla.deep@sewanee.edu>.

## Christ Church Monteagle

“Seeing is believing,” a new short play by Martha Millsaps will be presented during the morning service at Christ Church Monteagle on Sunday morning, April 22. Children, and some parents, act the parts as Mary Magdalene goes to the tomb expecting to find the body of Jesus there and, instead receives the greeting of the Risen Lord. Then the scene changes to the Upper Room where Jesus comes through a closed door and appears to the 11, including Thomas.

Last Sunday the theme was “The Good Shepherd,” and as Eastertide unfolds and moves toward the Ascension, the readings from the Gospel look back to the teachings Jesus gave in the Upper Room before his Passion. The readings from the Epistles give instructions about how to live and to cope with a world where the followers

of Jesus were such a tiny group as to be, in modern jargon, “not even a blip on the screen.”

The Sunday School at Christ Church uses the Catechesis of the Good Shepherd and adds many art projects and other enrichments like the plays. Even children who come for the first time and others who are on the mountain for the weekend or even for a day enjoy the plays and other special activities.

Lunch is served each Sunday following the service. The Eucharist begins around 10:30 a.m.

## Christ the King

Christ the King Anglican Church located at 1231 Cumberland St., Decherd, invites you to their third annual Pork Loin Cookery, Bake Sale, and Yard Sale. The yard sale is 8 a.m.–noon, Friday and Saturday, May 4 and 5. The pork loin sale is noon–3

p.m., Saturday, May 5. These will be cooked and ready for pick-up, and cost \$25. There will also be a bake sale 9 a.m.–2 p.m. in the Parish Hall on Saturday. A barbecue lunch serving pulled pork plates will be from 11 a.m.–2 p.m. Cost is \$10 for adults and \$5 for children 12 and under. Carry out will also be available.

## Otey Parish

This Sunday, the Lectionary Class will explore Sunday’s gospel, in the Claiborne Parish House, Adult Education Room. Children ages 3–11 are invited to meet their friends for Godly Play. Youth Sunday School will be in Brooks Hall. Infants 6 weeks to children 4 years old are invited to the nursery beginning at 8:30 a.m. There will be nursery for both services and the Sunday School Hour.

The Right Rev. Bauerschmidt will be visiting Otey on April 29. On that

Sunday, there will be only one service at 11 a.m., with a festive coffee hour to follow. The undesignated offering on this Sunday will be for the Bishop’s Discretionary Fund.

## Unitarian Universalist

The Unitarian Universalist Church of Tullahoma’s speaker this week will be Will Prater on “Is It Necessary? Is It Kind?” The service begins Sunday at 10 a.m., followed by refreshments and a discussion period. The church is located at 3536 New Manchester Hwy., Tullahoma. For more information, call (931) 455-8626, or visit the church’s website at <www.tullahomauu.org>.

*If your church is in our print circulation area and would like to be listed below, please send the information to <news@sewaneeemessenger.com> or phone 598-9949.*

# Church Calendar

## Weekday Services April 20–27

7:30 a.m. Morning Prayer, Otey  
7:30 a.m. Morning Prayer, St. Mary’s Convent (not Mon)  
8 a.m. Holy Eucharist, St. Mary’s Convent (not Mon)  
8:30 a.m. Morning Prayer, St. Augustine’s (M–F)  
9 a.m. Communion, Good Shepherd, Decherd (M,W)  
9 a.m. Mass, Good Shepherd, Decherd (Tu/Thur/Fri)  
11:30 a.m. Prayer/Healing, Morton Memorial (1st/3rd Thur)  
1 p.m. Centering Prayer, Trinity, Winchester (Wed)  
3:30 p.m. Centering Prayer, St. Mary’s Sewanee (Tues)  
4 p.m. Evening Prayer, St. Augustine’s (M–F)  
4:30 p.m. Evening Prayer, Otey (M–F)  
7 p.m. Centering Prayer, St. Paul’s Chapel, Otey (Mon)  
7 p.m. Spanish Mass, Good Shepherd, Decherd (Thur)  
9 p.m. Univ Choir Compline, Guerry Garth (4/25)

## Saturday, April 21

7:30 a.m. Morning Prayer, St. Mary’s Convent  
8 a.m. Holy Eucharist, St. Mary’s Convent  
10 a.m. Sabbath School, Monteagle 7th Day Adventist  
11 a.m. Worship Service, Monteagle 7th Day Adventist  
4 p.m. Confession, Good Shepherd Decherd  
4:30 p.m. Evening Prayer, St. Mary’s Convent  
5 p.m. Mass, Good Shepherd

## Sunday, April 22

### All Saints’ Chapel

8 a.m. Holy Eucharist Rite  
11 a.m. Holy Eucharist Rite

### Bible Baptist Church, Monteagle

10 a.m. Worship Service  
5:30 p.m. Evening Service

### Chapman Chapel Church of the Nazarene, Pelham

9:30 a.m. Sunday School  
10:45 a.m. Morning Worship  
6 p.m. Evening Worship

### Christ Church, Monteagle

10:30 a.m. Holy Eucharist

### Christ Episcopal Church, Alto

9 a.m. Sunday School  
10 a.m. Holy Eucharist

### Christ Episcopal Church, Tracy City

10 a.m. Adult Bible Study  
11 a.m. Holy Eucharist (child care provided)

### Christ the King Anglican, Decherd

9 a.m. Sunday Service

### Cowan Fellowship Church

10 a.m. Sunday School  
11 a.m. Worship Service

### Cumberland Presbyterian Church, Monteagle

9 a.m. Fellowship  
11 a.m. Worship Service

### Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service  
10 a.m. Sunday School

### Decherd United Methodist Church

9:45 a.m. Sunday School  
10:50 a.m. Worship Service

### Epiphany Mission Church, Sherwood

10 a.m. Holy Eucharist Rite II

### Good Shepherd Catholic Church, Decherd

10 a.m. Mass  
2 p.m. Spanish Mass

### Grace Fellowship Church

10:30 a.m. Sunday School/Worship Service

### Harrison Chapel Methodist Church

10 a.m. Sunday School  
11 a.m. Worship Service  
5 p.m. Worship Service

## Midway Baptist Church

9:45 a.m. Sunday School  
10:45 a.m. Morning Service  
6 p.m. Evening Service

## Midway Church of Christ

10 a.m. Bible Study  
11 a.m. Morning Service  
6 p.m. Evening Service

## Ministry Baptist Church, Old Co-op Bldg., Pelham

10 a.m. Sunday School  
10:45 a.m. Breakfast  
11 a.m. Worship Service

## Monteagle First Baptist Church

10 a.m. Sunday School  
11 a.m. Worship Service  
6 p.m. Evening Worship

## Morton Memorial United Methodist, Monteagle

9:45 a.m. Sunday School  
11 a.m. Worship Service

## New Beginnings Church, Monteagle

10:30 a.m. Worship Service

## New Beginnings Church, Pelham

9:45 a.m. Worship Service

## Otey Memorial Parish Church • St. Mark’s Sunday

8:50 a.m. Holy Eucharist  
11 a.m. Holy Eucharist

## Pelham United Methodist Church

9:45 a.m. Sunday School  
11 a.m. Worship Service

## St. Agnes’ Episcopal Church, Cowan

11 a.m. Holy Eucharist Rite I

## St. James Episcopal Church

9 a.m. Holy Eucharist Rite II

## St. Margaret Mary Catholic Church, Alto

8 a.m. Mass

## Sewanee Church of God

10 a.m. Sunday School  
11 a.m. Morning Service  
6 p.m. Evening Service

## Sisters of St. Mary’s Convent

8 a.m. Holy Eucharist  
5 p.m. Evensong

## Tracy City First Baptist Church

9:45 a.m. Sunday School  
10:45 a.m. Morning Worship  
5:30 p.m. Youth Group  
6 p.m. Evening Worship

## Trinity Episcopal Church, Winchester

9:30 a.m. Christian Formation  
10:30 a.m. Holy Eucharist Rite II

## Valley Home Community Church, Pelham

10 a.m. Sunday School, Worship Service

## Wednesday, April 25

6 a.m. Morning Prayer, Cowan Fellowship  
10 a.m. Bible study, Sewanee Cumb. Presb. Church  
Noon Holy Communion, Christ Church, Monteagle  
5 p.m. KAs/Bible Study/meal, Monteagle First Baptist  
5:30 p.m. Evening Worship, Bible Baptist, Monteagle  
5:45 p.m. Youth Bible study/meal, Monteagle First Baptist  
6 p.m. Adult Bible study, Monteagle First Baptist  
6 p.m. Celtic Communion, Holy Comforter, Monteagle  
6 p.m. Prayer and Bible study, Midway Baptist  
6 p.m. Evening Prayer, Trinity, Winchester  
6:30 p.m. Community Harvest Church, Coalmont  
6:30 p.m. Prayer Service, Harrison Chapel, Midway  
6:30 p.m. Youth group, Tracy City First Baptist  
7 p.m. Adult Formation, Epiphany, Sherwood  
7 p.m. Bible study, Chapman’s Chapel, Pelham  
7 p.m. Evening Worship, Tracy City First Baptist

## University Choir to Sing Compline

A service of Compline will be sung on Wednesday, April 25, at 9 p.m. in Guerry Garth. Members of the University Choir will sing from an edition published by the Plainsong and Medieval Society, in cooperation with the Royal School of Church Music. The chants are written in medieval neumes, from an edition by J.H. Arnold, professor of Medieval History, King’s College, Cambridge, U.K.. Candles and incense will accompany the silence as choristers sing the brief service. (The rain location is All Saints’ Chapel.)

Compline has enjoyed an increasing presence, especially among young adults. The brief service of 15–20 minutes contains some notable distinctions from the usual 21st century worship. First is the darkness; only candle light illuminates the area. Upon entering a dark building we have no choice but to stop; allowing our eyes to adjust. The mind follows as we slow down to find our way in the dark.

St. Mark’s Episcopal Cathedral, Seattle, Wash., which has held weekly compline services since 1956, is noted for students sitting and lying on the floors, in chairs, wherever they find a place for solitary meditation while the service is sung. Another element is vested leadership/clergy; or their distinct absence. This removes the possibility of visual distraction and a “performance” factor. Clergy and choir are not seen; they do not address the assembled, rather their prayers rise on behalf of all who are present. Compline services are known, and offered for the very reason that they transcend denominations, offering those of many faiths, or no faith, the space to simply “be.”

The service took form over the first six centuries and by the sixth century, the Rule of Benedict, a guide used in monasteries across Europe stated in Rule #42: “When all, therefore, are gathered together, let them say Compline; and when they come out from Compline, no one shall be allowed to say anything from that time on. And if anyone should be found evading this rule of silence, let her undergo severe punishment.”

The University Choir and All Saints’ Chapel invite you to take time, be still, and listen.

Contrary to St. Benedict’s rules, all are invited to refreshments in Convocation Hall following the service. Speaking is encouraged.

# Obituary

## Ann Workman Brewster

Ann Workman Brewster died Thursday, April 19, 2018. A resident of Sewanee at the time of her death, she was born in Greenville, Miss., November 20, 1963, and was a graduate of Greenville High School. A 1976 family trip to Europe introduced her to a love of foreign travel that ranged from East Africa to Nepal, with stops in Cambodia and much of Europe.

She graduated from the University of North Carolina at Chapel Hill in 1985 with degrees in physics and religion, and was a member of Zeta Tau Alpha sorority. Following graduation, she served for two years as an Episcopal missionary teacher at St. Julian’s Academy in Siaya, Kenya, and for two years in Japan as an English language instructor for faculty members of the University of Osaka.

An Austin Scholar at the Kellogg School of Management at Northwestern University in Evanston, Ill., she received her master’s degree in 1993 and was employed by United Technologies before founding The Terabin Group, an SAP computer consulting firm.

She is survived by her husband John Brewster, Jr., and their children Alexander and Sarah, all of Sewanee; her parents, Liz and Noel Workman of Signal Mountain, Tenn., and her brother, Phillip (Denise) Workman, and two nephews, Andrew and Avery Workman, all of Helena, Ala.

A memorial service will be held at 2 p.m., Saturday, April 21, at Otey Memorial Parish in Sewanee. In lieu of flowers, the family suggests donations in her name may be made to Housing Sewanee, Inc., PO Box 3152, Sewanee, TN 37375, a local charity near and dear to her heart.



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**Dietician** (from page 1)

Mary Pate-Bennett cooks a meal for her family at home. A dietician in Sewanee, she says her career combines her love of cooking with counseling and nutrition science.

so many conditions, she said, some established in childhood when kids had to clear their plate or food was used as a reward.

"My goal with clients is to help them realize how many rules they've set up for themselves," she said. "Eating dessert without deserving it makes them feel guilty and they will punish themselves and the next day they'll eat clean or healthy."

She said she strives to break the diet-binge cycle and the assigning of labels to food.

"There's all these ideas around foods that put them in a category they should not be put in," she said. "Food should not be used for these negative emotional reasons but our society sets it up to do that."

When it comes to cognitive therapy, Pate-Bennett said that is not her specialty, so sometimes she refers clients to therapists to help tackle underlying challenges.

Therapist Kate Gunderson has worked with some of Pate-Bennett's clients.

"Mary's emphasis on 'intuitive eating' jibes well with cognitive therapy, offering a means to reframe eating habits," Gunderson said. "Banished are diet books, starvation, food police, self-recrimination. Instead the cognitive process encourages awareness of 'internal monologue,' positive self-talk and engagement in life-affirming activities."

Gunderson said she has heard positive feedback from those who have sought Pate-Bennett's expertise.

"Clients who see Mary report feeling heard, supported and aided on

their path towards healthy and sustainable dietary changes," Gunderson said. "Mary is a bright, committed and caring practitioner—a real asset in our small community."

Pate-Bennett said she is very happy with her career choice and its rewards.

"It's immensely satisfying to see the changes in people, seeing people who maybe have not been completely relieved of their guilt with food but who just feel significantly better about it," she said. "Just helping people wade through all the information that's out there is satisfying."

Pate-Bennett is also a certified lactation counselor. Visits are by appointment only at her office at the University Wellness Center Annex. For more information, call (931) 636-8669 or visit <mountaindietitian.com>.

**Scholarship** (from page 1)

the Sewanee Festival of Speaking and Listening will showcase student speakers from across the University engaging in topics of political, legal, social, scientific, cultural, professional and rhetorical significance, from April 23–26. In addition, the senior art majors' exhibition, "A Tear in the Veil," will be on display in the University Art Gallery from 10 a.m.–5 p.m. Tuesday–Friday, and noon–4 p.m. Saturday and Sunday. The University jazz ensemble will present its end-of-semester concert at 7 p.m. Thursday, April 26, in St. Luke's Chapel.

Immediately following the conclusion of Scholarship Sewanee, the Department of Physics and Astronomy will induct four students into Sigma Pi Sigma, the national Physics Honor Society. Finally, the Gospel Choir will hold its end-of-semester concert at 7 p.m. Saturday, April 28, in St. Luke's Chapel.

**Animal Harbor Fundraiser**

On Saturday, April 28, from noon–4 p.m., pilots Catherine Cavagnaro, Zach Colescott, Ric Lehman, John Wilcox and Michael Moore will host a Flyover Fundraiser for Animal Harbor at the Sewanee airport. With a \$25 donation you can fly high, experience the breathtaking panorama below, and help support adoptable cats and dogs at the Animal Harbor. For more information email Catherine Cavagnaro at <catherine@aceaerobaticschool.com>.



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**Ice Cream Social** (from page 1)

missions with her husband, physician William Boddie Rogers Beasley.

Trink's first job was as an air traffic controller in Cincinnati and she held a variety of interesting positions, but once said the dream job she never got to do was driving an 18-wheeler around the country.

Family friend John Bratton said he loved and admired the Beasley family and has high praise for Trink.

"She was among the most gracious ladies that I have ever known," Bratton said. "She was beautiful in every sense of the word, and her life was one of service to others. She served this community and others in many ways, especially families coming to live here and also foreign students who were invited to her home for delicious meals."

Boo spent her life in social work, helping with adoptions and caring for the mentally ill in Tennessee, Virginia and New York City. Boo's final job in social work was as director of social services at Moccasin Bend Psychiatric in Chattanooga.

The New Orleans native visited Sewanee during her youth, staying at Powhatan, the boarding house which the daughters of Gen. Edmund Kirby Smith operated.

Boo's grandparents also lived in Sewanee and she called the town "heaven" as a child. Sewanee is where she eventually met her husband, Duval "Duvie" Cravens Jr., an Air Force veteran who ran the Sewanee bookstore.

Trudy Cunningham, one of the organizers of the ice cream social, said the idea developed after Trink's funeral, when several friends suggested a celebration of the "friendship of Boo and Trink, their love of social justice, books and ice cream, and the radical hospitality they were known for, both here in Sewanee and literally around the world."

Trudy hopes people will stop in and share stories of the duo and "have a nutty buddy with Boo."

If Boo is unable to attend due to health reasons, the party will go on with the possibility of Facetimeing with her at home.

Thurmond Library is funding the ice cream social through money from its last book sale.

Boo's actual birthday was April 15. Birthday cards and correspondence can be sent to her at 1190 DuBose St., Monteagle, TN 37356.



Trink Beasley (left) and Boo Cravens remained friends for more than 70 years and often celebrated their birthdays together. On April 28, community members are invited to have ice cream to celebrate the women and their friendship.

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## Memories in Fabric and Thread Workshop

Folks at Home will sponsor a free eight session workshop for seniors, "Memories in Fabric and Thread" from May 8 through May 31. This course encourages older folks to preserve and enhance meaningful mementoes or events in a small quilt format. Funding support is provided by Creative Aging Tennessee, a partnership of the Tennessee Department of Health, the Tennessee Commission on Aging and Disability, and the Tennessee Arts Commission.

Participants will learn a range of methods to preserve materials, images and small treasured objects. Techniques to be taught include designing through writing and sketching, foundation piecing, fabric collage using various adhesives and techniques, drawing on fabrics, new interpretations of hand embroidery, the use of embellishments, and finishing. Sewing skills are not required but a sense of adventure is a must.

Class size is limited to 12 so sign up soon. Contact Folks at Home at <folksathomevista@gmail.com> or (931) 598-0303 for details and registration.

This course will be taught by Diane Getty, a local professional artist and teacher whose work can be seen on Facebook at Diane Getty Designs.



Fabric piece by Diane Getty.



First grade students at Sewanee Elementary were assigned the task of creating a container that would safely make it to the ground without breaking. Thank you to King's Tree Service and Isaac King for making this such a great memory for these first graders! Pictured is Archer Ladd with his teacher, Barbara King.

## Scout Worm Casting Fundraiser

Sewanee Boy Scout Troop 14 is selling locally sourced, premium worm castings for the troop's annual fundraiser. The Scouts are working hard to help fund a National High Adventure Camp at Sea Base in Florida, in December 2018. Worm castings are extremely rich in organic matter and make an excellent soil amendment for vegetable gardens and flower beds as well as container plants. Each bag is 1 cubic foot and weighs approximately 25-28 pounds. Bags are priced at \$15 each. A cubic yard is priced at \$200, with a 1 yard minimum purchase, although half yard increments above the minimum purchase are welcome. Bulk price is approximately half the cost of the bagged equivalent, and the troop is also offering bulk delivery this year. Please call Alex Neubauer at (931) 308-9343, email <tanagerhill@gmail.com>, or contact a Scout to place orders and arrange pick-up.

## Sewanee Community Chest Spotlight: South Cumberland Farmer's Market

The 2017-18 Sewanee Community Chest (SCC) Fund Drive is underway. Sponsored by the Sewanee Civic Association, the SCC raises money yearly for local charitable organizations serving the area. This year's goal will help local organizations that have requested basic needs funding for quality of life, community aid, children's programs, and those who are beyond Sewanee but still serve our entire community. Currently, \$85,000 of the goal has been raised in donations and pledges.

This week we shine the spotlight on the South Cumberland Farmer's Market.

The South Cumberland Farmer's Market (SCFM) is an organization of farmers and agricultural producers who work together to facilitate and expand the sales of local products; provide education and support to farmers and consumers; and lay the groundwork for a just, equitable, and sustainable local food economy. The vision of the SCFM is to create a vibrant local food economy that provides prosperity to farmers and rural communities and increases access to fresh, healthy, local food for everyone.

More than 60 farm/producer families are registered growers who benefit economically by selling through the SCFM. An average of 50 customer families a week have access to reasonably priced, fresh locally grown food by purchasing through the SCFM. It's not uncommon for small farmers and producers who get their start at the market to expand their business to wholesale customers. Two examples are the Bread Peddler whose baked goods are now available at the Piggly Wiggly and elsewhere and Brown's Hollar Creations, which is now a source for eggs purchased by

University Food Services.

SCFM is requesting \$1,000 to aid in maintaining the market manager's pay at a level comparable to minimum wage. The SCFM was established in 2007 on a nonprofit model. The market manager is the only paid employee. Volunteers contribute nearly 100 hours a month to facilitate the operation of the market. In 2012, SCFM was refused nonprofit status by the state of Tennessee because the market's primary mission is not charitable or educational, but rather to increase the sales base for local farmers and provide the community with fresh, locally grown food. In 2013, the market began assessing farmers a 3 percent fee on all sales to pay a market manager. As of September 1, 2016, SCFM had no market manager due to the low wage, and was in danger of closing. To make the market manager position more attractive, SCFM scaled back the market manager's responsibilities and raised the market manager's wage slightly by increasing the fee assessed to farmers to 4 percent. With the combination of reduced duties and generous Community Chest gift, the market manager now earns over \$8 per hour.

Since 1908, the goal of the Sewanee Community Chest has been to help citizens by funding the community. Through Community Chest donations, local organizations provide for basic needs in the community such as books, food, recreational spaces, elder care, children's educational needs and more. The Sewanee Community Chest is a 501(c)(3) nonprofit organization, and donations are tax-deductible. Send your donation to Sewanee Community Chest, P.O. Box 99, Sewanee, TN 37375. For more information or to give through PayPal, go to <www.sewaneecivic.wordpress.com>.

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### WORLD-WIDE LABYRINTH DAY AT ST. MARY'S SEWANEE

May 5 at 1 p.m.

Participants may come walk at any time. This event is weather permitting.



All good things must come to an end.

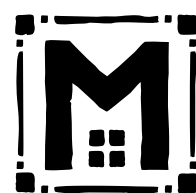
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## Senior Center Menus

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Call 598-0771 by 9 a.m. to order lunch. Menus may vary.

**Monday, April 23:** Meatball sub, chips, dessert.

**Tuesday, April 24:** Catfish, baked potato, slaw, hushpuppies, dessert.

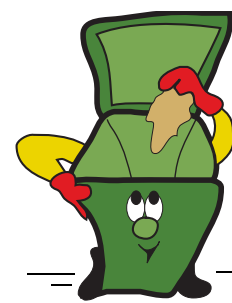
**Wednesday, April 25:** Liver and onions, mashed potatoes, peas, roll, dessert.

**Thursday, April 26:** Baked spaghetti, salad, garlic bread, dessert.

**Friday, April 27:** Sweet and sour chicken, rice, egg roll, dessert.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.

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## Cumberland Teaching Gardens Welcomes Network Coordinators

The Cumberland Teaching Gardens (CTG) welcomes AmeriCorps VISTAs Ritchie Wai and Barbara Roberts as the network's new co-coordinators.

The network also said tearful good-byes to Erin Lee, the former network coordinator, but Wai and Roberts are ready to carry on her work.

"Erin was infectious and enthusiastic about this network, and it spread to everyone she interacted with," said Wai. "She'll be missed, but she's not leaving without having made an impact and started something big."

Lee served as a VISTA since February 2017. Her service brought 14 gardens under the umbrella of the network, expanded infrastructure capacity and trained more than 50 garden educators through workshops and other resources.

Wai met Lee at the University Farm where he was serving as a VISTA on an aquaponics project. Wai quickly caught the CTG bug. He has been a supporter of CTG since and volunteered in his free time to building the network.

Wai joined VISTA for another year-long term to co-coordinate the network with Barbara Roberts, who joined VISTA last month.

Roberts studied sustainable agriculture at Appalachian State University in Boone, N.C., where she realized that the benefits of working in the dirt go beyond growing food to eat. Gardens are a tool that reach across disciplines, from nutrition to mental health to business, and build community and teamwork, she said.

"Gardening in your backyard is great for you and your family," Roberts said. "Gardening in an educational garden is great for you, your family and the rest of your community for generations to come."

The DuBose Conference Center in Monteagle echoed the importance of gardens and community when they announced CTG as an official community partner last month. The center has hosted CTG's last two workshops, which are free to attend, on seed starting and composting.

Roberts and Wai said they hope to draw more individuals and organizations to share resources to sustain the network. They plan to develop a CTG board and garden site committees, as well as establish CTG as a nonprofit.

"It's community members and partners like DuBose that will carry this network forward," Wai said. "CTG is built on the idea that few people have everything it takes to make gardens happen, but everyone has some skill, knowledge, or resource to contribute."

If you're interested in joining a board, volunteering at a garden, or learning more about CTG, you can contact Roberts at <sewaneevistagarden@gmail.com>, Wai at <sewaneevistactg@gmail.com>, or follow CTG's Facebook page, @CumberlandTeachingGardens.

## Twenty-Second Annual National Cornbread Festival

This year on April 28 and 29, more than 25,000 festival-goers from throughout the southeast gather here to enjoy the sights, sounds and tastes of the 22nd annual National Cornbread Festival (NCF). South Pittsburg hosts a celebration of cornbread, often considered the cornerstone of southern cuisine.

Admission to the NCF is \$7.

One of the highlights of the festival is the National Cornbread Cook-off. Sponsored by Lodge Cast Iron, Dollywood and Cracker Barrel, the contest features 10 finalists from throughout the United States. The cook-off is a main dish or entrée contest, with a packet of Martha White Cornmeal and a piece Lodge seasoned cast iron cookware, the required tools. The finalists' recipes are selected by the Cornbread Cook-off committee before the event.

The 22nd Annual 4-H Cook-off will be held on Sunday, April 29.

Fans of cornbread will enjoy a wide range of delicious cornmeal creations in Cornbread Alley (admission to Cornbread Alley is \$5). From traditional cornbread recipes to New Year's Fritters, Hush Puppies and Fluffy Zucchini Cornbread, the recipes are lip-smacking good. Next to Cornbread Alley is a food court with vendors selling southern favorites like cotton candy, hotdogs, fried turkey legs, water/soft drinks and much more.

From Cedar Avenue's 1st Street to 4th Street, five stages, including the

historic Princess Theatre, feature more than 50 musical acts on Saturday and Sunday. Top performers Exile will be performing their No. 1 hit "Kiss You All Over" on Saturday and Grammy and Dove award-winning Doyle Lawson & Quicksilver will perform on Sunday. Additionally, the streets of the festival are filled with the sounds of country, bluegrass, blues, old-time fiddlers, southern gospel, jazz and rock.

Other activities at the NCF include over 70 arts and crafts vendors and a Rock 'n Roll-themed children's corner with games and inflatables.

The NCF features antique tractors, blacksmith and glass blowing demonstrations, plus a huge carnival. Other attractions are a classic car cruise-in, tours of historic South Pittsburg, a 5K road race and spin the giveaway wheel sponsored by Martha White, producer of high-quality flour and cornmeal since 1899.

Sunday's schedule includes an ecumenical service and pancake breakfast as well as the other events featured on Saturday.

If attendees are courageous, they can compete in cornbread eating contests, buttermilk chugging races or a frozen T-shirt contest.

Be sure to tour the Lodge Cast Iron Cookware foundry; the 122-year-old company is the oldest family-owned cookware company in the U.S.

For more information go to <nationalcornbread.com/>.

## Grief Recovery Celebrate Pilates Seminar Day 2018


Folks at Home is offering a Grief Recovery Basics Seminar to the community. The seminar will be 11:30 a.m.-1 p.m., Thursday, April 26, at St. James Episcopal Church in Midway. Lunch is provided.

This is a structured, action-based, educational program. It is based on the book "The Grief Recovery Handbook" 20th anniversary edition. The seminar will be facilitated by R. Jack Kennington, with Compassus Hospice and Palliative Care.

For more information or to reserve a spot, contact Folks at Home (931) 598-0303, or email <folksathome.sewanee@gmail.com>.

Come join Bruce Manuel and Kim Butters in celebrating Pilates Day, on Thursday, May 3. Relax, refresh, and recharge with an invigorating free mat class on the Spenser Quad lawn, across from duPont library at 9 a.m. and noon. In case of rain, the mat classes will be held in the Fowler Center Dance Room.

At 2 p.m. that afternoon, there will be a free showing of "A Tribute to Joseph Pilates," a documentary about the life and work of the founder of the Pilates Method of physical conditioning. The movie will be shown in the Fowler Center Dance Room.



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Many of you may have seen in the last couple of weeks some advertising posted for my office in newspapers and on Facebook of a very sweet infant baby girl and the ad says "IS YOUR CHILD WELL ADJUSTED?" and the precious baby who is our "PATIENT OF THE MONTH" for March. I would like to take this opportunity to provide chiropractic education on why newborns/infants should have a chiropractic spinal check-up and chiropractic care.

If there is any time in a human's life that chiropractic care is needed the most, it is right after birth. The birthing process can be very traumatic to a baby's spine and it can be harmed. The baby may suffer one or multiple subluxations of the spine. Subluxations of the spine are misalignments of the spine. Why do subluxations matter? Subluxations place pressure on nerves which in turn cause dysfunction in the area of the body in which they are located. Just to mention a few of these dysfunctions are vomiting, hyperactivity, sleeplessness, colic, earaches, nose, ear and throat infections, allergies, breast-feeding problems, Erb's palsy, torticollis (twisted neck), unbalanced face and skull development, foot inversion. Although it is not proclaimed that chiropractic is a cure for any of these conditions, it has been observed in chiropractic studies and by chiropractors for the last one hundred years that these conditions respond very positively to chiropractic care.

With this being said, I firmly believe that all infants, experiencing problems or not, should have a spinal exam and chiropractic care after birth. Rest assured that the techniques that I use in my office are gentle and safe. It doesn't stop here though because chiropractic care is a lifestyle health choice for all ages from infants to the elderly. I encourage all parents to provide the opportunity for their newborns to start their lives off with optimal health and avoid problems that could affect them for a lifetime.

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spirit of youth in  
everything.”  
William Shakespeare*

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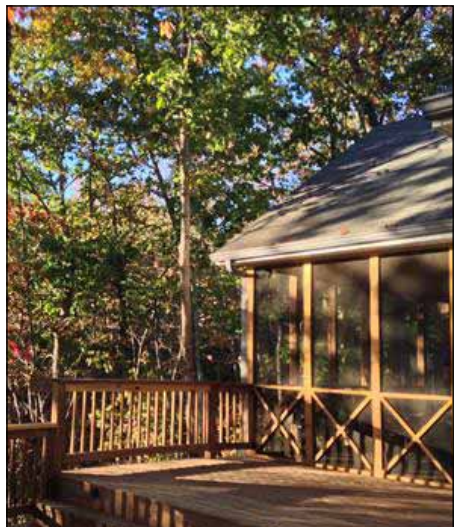
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MLS 1920763 - 226 Myers Dr.,  
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BLUFF - MLS 1810644 - 294 Jackson  
Point Rd., Sewanee. 20.9 acres. \$299,500



BLUFF - MLS 1773059 - 1804 Clifftops  
Ave., Monteagle. 6.9 acres. \$995,000



MLS 1920773 - 72 Girault Jones,  
Sewanee. \$415,000



BLUFF - MLS 1777974 - 3480 Sherwood  
Rd., Sewanee. \$310,000



BLUFF - MLS 1878711 - 226 Rattlesnake  
Springs Ln., Sewanee. \$799,000



BLUFF - MLS 1886899 - 569 Haynes  
Rd., Sewanee. 5.1 acres. \$549,000



MLS 1918371 - 375 Caldwell Rd.,  
Sewanee. 4 acres. \$229,000



BLUFF - MLS 1847887 - 1832 Ridge Cliff  
Dr., Monteagle. \$299,900



MLS 1899886 - 144 Campbell Court,  
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BLUFF - MLS 1850420 - 1710 Stage  
Coach Rd., Sewanee. 31+ acres.  
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MLS 1901778 - 52 Sherwood Trail,  
Sewanee. \$348,000



MLS 1884126 - 21 Mont Parnasse Blvd.,  
Sewanee. 3.4 acres. \$299,500



MLS 1891347 - 715 Orange Hill Rd.,  
Tracy City. \$279,000



MLS 1514972 - 202 Main St.,  
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MLS 1884814 - 143 Winns Circle,  
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MLS 1843620 - 2120 Lakeshore Dr.,  
Clifftops. 5 acres. \$469,000



BLUFF - MLS 1656823 - 1613 Laurel Lake  
Dr., Monteagle. 5.3 acres. \$449,900



BLUFF - MLS 1906326 - 208 Vanderbilt Ln.,  
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MLS 1905336 - 204 Wiggins Creek Dr.,  
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16 Laurel Lake Rd.	1722522	\$97,500
3 Horseshoe Ln. 5.6 ac	1608010	\$60,000
38 Long View Ln. 2.56 ac	1787091	\$99,000
36 Long View Ln. 2.56 ac	1877280	\$49,000
7 Jackson Pt. Rd.	1714853	\$75,000
37 Jackson Pt. Rd.	1579614	\$75,000
Jackson Pt. Rd. 12.45 ac	1911600	\$125,600
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7 Saddletree Ln.	1726054	\$70,000
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2335 Sarvisberry 5.3 ac	1831124	\$39,000
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Pine Dr. 3.22 ac	1894027	\$40,000
#22 Shadow Rock 1.18 ac	1906497	\$24,000
362 Haynes Rd. 10 ac	1910953	\$84,000





SAS Latin teacher William Seavey and SAS's 2018 National Latin Exam Award winners (left to right): Abi Cassell, Bruce Rzuima, Elijah Seavey, Katie Giltner, Jayla McLaurin, Nneka Okolo, Gus Croom, Tyeler Rawlins, Mac Croom, and Riley Burnette. Not Pictured: Juliette French

# SAS Students Receive National Latin Exam Recognition

Thirty-two St. Andrew's-Sewanee students were joined by more than 143,000 students from all 50 states and 24 foreign countries in taking the 2018 National Latin Exam. Eleven SAS students earned commendatory awards, including three medalists. Earning the Cum Laude award were junior Bruce Ruzima of Kigali, Rwanda (Latin I); senior Tyeler Rawlins of New Hope, Tenn., eighth grader Gus Croom of Sewanee, Tenn. and sophomore Jayla McLaurin of Las Vegas, Nev. (Latin II), and ninth grader Abi Cassell of Sewanee, Tenn. (Latin III). Earning the Magna Cum Laude award were ninth grader Juliette French of Port Orange, Fla. (Latin I), eighth grader Riley Burnette of Monteagle, Tenn. (Latin II), and senior Katie Giltner of Manchester, Tenn. (Latin IV). SAS Silver Maxima Cum Laude level medalists were sophomore Nneka Okolo of Medina, Tenn. (Latin I), eighth grader Elijah Seavey of Monteagle, Tenn. and eighth grader Mac Croom of Sewanee, Tenn. (Latin II).

Latin students at SAS are taught by language department coordinator William Seavey. Students begin language study in sixth grade and are required to take two years of study in the same language at the upper school level for graduation. They may choose from among Chinese, Latin, or Spanish. Students may continue study in the same language through advanced levels, either at SAS or at the University of the South. ELL courses are available for non-native speakers who require additional course work.

# School Calendar

April 24-25, Monteagle Elementary Pre-K registration, 8 a.m.-2 p.m.  
April 27, Last day of classes, School of Theology  
May 1, No School - Staff Development, Franklin County  
May 2, Last Day of Classes, University of the South  
May 4, Last Day of Final Examinations, School of Theology  
May 9, Last Day of Final Examinations, University of the South  
May 11, Commencement, School of Theology  
May 12, Baccalaureate, University of the South  
May 13, Commencement, University of the South  
May 15-18, May Term, School of Theology  
May 17, FCHS Graduation, Franklin County  
May 18, Huntland Graduation, Franklin County  
May 18-20, Commencement Weekend, St. Andrew's-Sewanee  
May 24, Last Day of School for Students, Franklin County  
May 24, No School - Staff Development, Marion County  
May 24, Graduation Day, Grundy County  
May 25, Administrative Day, Franklin County  
May 25, Last Day of School for Students, Marion County  
May 25, Last Day of School for Students, Grundy County



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# SES Menus

**Monday-Friday,**  
**April 23-27**  
**LUNCH**

**Monday, April 23:** Turkey wrap or Mozzarella cheese sticks or PBJ school box, baked beans, potato wedges, marinara sauce, fruit.

**Tuesday, April 24:** Turkey gravy and noodles or steak and gravy or ham school box, mashed potatoes, green peas, fresh veggie cup, fruit, dinner roll.

**Wednesday, April 25:** Taco, chips and cheese or hamburger/cheeseburger, pinto beans, potato sidewinders, sandwich trims, veggie juice, fruit.

**Thursday, April 26:** Barbecue rib or hot ham and cheese sandwich or ham school box, green beans, side salad, deli roasted potatoes, fruit.

**Friday, April 27:** Pizza or chicken sliders, side salad, steamed broccoli, buttered corn, fruit, cookie.

# BREAKFAST

Each day, students select one or two items.

**Monday, April 23:** Poptart, yogurt or breakfast pizza.

**Tuesday, April 24:** Biscuit, sausage, gravy, jelly.

**Wednesday, April 25:** Egg patty with cheese, toast or banana bread slice.

**Thursday, April 26:** Beef sticks, gravy, biscuit or chocolate crescent.

**Friday, April 27:** Pancake, scrambled eggs or sausage pancake stick.

*Options available every breakfast: assorted cereal, assorted fruit and juice, milk varieties.*

*Menus subject to change.*

# CES Pre-K Constructing Hands-On Projects

Coalmont Elementary School Pre-K students, with the help of the Home Depot of Manchester, have been hard at work with "new construction" in the classroom.

Students and parents have been given the unique opportunity to work together in the classroom with materials donated by the Home Depot to teach the students about construction, building, using tools, safety, and cooperation in completing a project together.

"We were able to bring parents and students together into our classroom

and put them in a safe learning environment where they were allowed to learn, explore, and build with tools and materials," Pre-K teacher Barbara Bryant said. "Parents and guardians were there to guide, direct, and model appropriate ways to use tools and work with the pre-k students in their comfort zones."

Bryant added, "this gives the students a boost of self-confidence and sense of accomplishment at a critical stage in their educational development."



Coalmont Elementary Pre-K students and family members show off their construction projects with materials donated by the Home Depot of Manchester.



Monteagle Elementary recognizes classes with 18 days of perfect attendance with the help of the BUZZ Club. On March 22, the Pre-K class at Monteagle Elementary was honored with an assembly to acknowledge their milestone. This celebration was followed up with an ice cream sundae party sponsored by the South Cumberland Chamber of Commerce member of the BUZZ Club. Thanks for everyone's support in this accomplishment.



**April's Sparkle Award**  
recipient is  
**Lennox Kinningham,**  
age 5, from Sewanee

Each month, Dr. Chris Mathews draws the name of one member of his "No cavity club" from a hat! For more information, call 598-0088.



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## AT THE MOVIES

### SEWANEE UNION THEATRE

Friday–Sunday, April 20–22, 7:30 p.m.

*Three Billboards Outside Ebbing, Missouri*

R • 115 minutes

After months have passed without a culprit in her daughter's murder case, Mildred Hayes makes a bold move, painting three signs leading into her town with a controversial message directed at William Willoughby, the town's revered chief of police. When his second-in-command, Officer Dixon—an immature mother's boy with a penchant for violence—gets involved, the battle is only exacerbated.

### CINEMA GUILD

Wednesday, April 25, 7:30 p.m.

*Saving Mr. Banks*

PG-13 • 126 minutes

Spurred on by a promise he made to his daughters, Walt Disney (Tom Hanks) embarks on what would become a 20-year quest to obtain the movie rights to "Mary Poppins." The author, P.L. Travers (Emma Thompson), proves to be an uncompromising curmudgeon who has no intention of letting her beloved characters become mangled in the Hollywood machine. However, when the books stop selling and she finds herself in need of money, Travers reluctantly agrees to consider Disney's proposition.

### SEWANEE UNION THEATRE

Thursday–Sunday, April 26–29, 7:30 p.m.

*The Shape of Water*

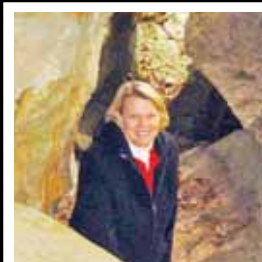
R • 123 minutes

Elisa is a mute, isolated woman who works as a cleaning lady in a hidden, high-security government laboratory in 1962 Baltimore. Her life changes forever when she discovers the lab's classified secret—a mysterious, scaled creature from South America that lives in a water tank. As Elisa develops a unique bond with her new friend, she soon learns that its fate and very survival lies in the hands of a hostile government agent and a marine biologist.

*Movies are \$3 for students and \$4 for adults, unless otherwise noted. Cinema Guild movies are free. The SUT is located on South Carolina Ave., behind Thompson Union. The SUT accepts Domain Dollars and credit/debit cards.*

*There will be one more Cinema Guild movie on Wednesday, May 2, then the SUT will take a break, reopening in June.*

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*Pictured are members of the Sewanee Chorale during a recent rehearsal.*

## The Sewanee Chorale Performs ‘Singing Through History’

"Singing Through History," the Sewanee Chorale's spring performance, compiles an eclectic list of choral selections that includes music composed for royalty, significant events, notable figures and Broadway musicals based on these themes.

Willhousky's dramatic arrangement of The Battle Hymn of the Republic represents two remarkable figures of the 20th century, the Rev. Dr. Martin Luther King, Jr. and Sir Winston Churchill. Both men included the piece in writing plans for their funerals. King frequently invited Mahalia Jackson to sing "Precious Lord, Take My Hand" at civil rights rallies and an arrangement will be sung to commemorate the 50th anniversary of King's assassination.

A movement from each of two famous concert mass settings, Haydn's Lord Nelson Mass and Mozart's Coronation Mass will also be performed. Haydn titled his 1798 mass setting as Missa in Augustiis, (mass in times of distress) and there is abundant speculation on how Lord Nelson became associated with the work. Nelson visited Vienna and the Esterhazy Court en route to England at about the time of the first performance.

This is Haydn's only mass written in a minor key, however the Chorale will sing the jubilant final section, Dona Nobis Pacem. Mozart's mass was first performed Easter Day, 1779. In following decades it was often performed for imperial occasions and by the 19th century, it was referred to as the "coronation" mass. Soprano Melanie Rowell, T'18, and soloists from the University Choir will join the Chorale in this performance.

English composer Henry Purcell (1659-1695) served four monarchs. Women of the Chorale will sing "Sound the Trumpet" from "Come Ye Sons of Art," composed in 1694 for the birthday of Queen Mary II. "Thou Knowest Lord the Secrets of our Hearts," composed by Purcell for her funeral will also be performed. Soprano Caitlin Berends, C'20, will sing Handel's "Eternal Source of Light Divine" from the Birthday Ode for Queen Anne. "O Taste and See" composed by Ralph Vaughan Williams for the 1953 coronation of Queen Elizabeth II will bring the royal collection into the 20th century.

Lighter fare includes "Camelot" and "If Ever I Would Leave You" from the Broadway musical, Camelot. A women's ensemble will sing a close

harmony version of "I'm Going to Wash that Man Right Out of My Hair" from South Pacific.

Assistant professor of voice, Jessica Usherwood will perform Stephen Paulus' stirring work, "The Road Home" with the Chorale. Composed in 2001, it is based on the 1833 shaped-note tune "Prospect" from The Sacred Harp Hymnal. The text speaks to themes of fear and hope, set by poet Michael Dennis Browne and the piece was frequently used as an eloquent offering in 9/11 community memorial services. Paulus was later commissioned to compose a work for orchestra and chorus that premiered in 2011, at New York's Lincoln Center to mark the tenth anniversary of the tragedy.

To close the evening's musical tour of history, the Chorale will sing Leonard Cohen's "Hallelujah." Much has been written about the meaning of Cohen's text which includes the title word, 'hallelujah' thirty-three times. Cohen says it best, "There is a religious Hallelujah, but there are many other ones. When one looks at the world and his proper life there's only one thing to say, it is 'Hallelujah.'"

The free concert takes place at 7:30 p.m., Friday, April 20, at All Saints' Chapel.

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Portrait of Hunter, 2018; ribbon on plywood, 10 x 6 inches by Maria Monterde

## 'He, she, they, as I observe them' Exhibition by Maria Monterde

The Carlos Gallery in the Nabit Art Building at the University of the South is pleased to present "He, she, they, as I observe them," an exhibition of mixed-media works and drawings by Art Honors candidate (2018), Maria Monterde. There will be an artist talk 11:30–noon, Friday, April 27, in Convocation Hall. The artist reception will be 4:30–6 p.m., April 27, at the Carlos Gallery.

Using photography, drawing, and fabric sculpture, Monterde's work explores the concepts of gender identities, expressions, and stereotypes. "By reversing the gender binary system already in place: male and female, blue and pink, masculine and feminine, etc., I highlight the restrictive nature of the male and female gender binary." What might be seen as a "masculine" face is colored in pink tones, for example, while a more perceivably "feminine" face is depicted in blues. Portraits, composed of "gendered" fabrics, materials, and colors, investigate outward presentation as an expression of identity, while figure drawings on translucent paper look at the gendering of body parts and the assumptions that might come with physical identifiers.

"He, she, they, as I observe them" places us in a broader conversation about cultural definitions of gender, and reframes our expectations of, and around, identity expression.

The Carlos Gallery, Nabit Art Building, is located on 105 Kennerly Rd., Sewanee. Gallery hours are Monday–Friday, 8 a.m.–5 p.m., and Saturday and Sunday 1–5 p.m. For more information contact Jessica Wohl at 598–1256 or <jewohl@sewanee.edu>.

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## Music Events

### An Evening of Song with Carolyn Bruce

The community is invited to the senior recital of St. Andrew's-Sewanee School student Carolyn Bruce on Friday, April 20, at 7 p.m. at McCrory Hall for the Performing Arts on the campus of St. Andrew's-Sewanee School. Carolyn is the daughter of Alex and Kathryn Bruce of Monteagle, Tenn.

Carolyn will be singing an array of Broadway musical numbers showcasing her Mezzo / Alto voice. Under the guidance and instruction of Gary Scheufler, Carolyn will explore the breadth of range and style Mezzo/Altos have brought to life on the stage and looks forward to sharing her knowledge with the audience.

Though there is no charge for admission, Carolyn will be accepting donations to support the Guatemala Youth Initiative. This program promotes early childhood development, teen health, and high school education in some of the most impoverished areas of Guatemala.

Light refreshments will be served following the recital.

### 'Gloria in Spring' Concert

On Friday, April 27, at 7:30 p.m., the Sewanee Symphony Orchestra (SSO) in conjunction with the University Choir, will perform selections from "Carmen" by Bizet, "Elijah" by Mendelssohn, and "Christ on the Mount of Olives" by Beethoven. Geoffrey Ward and the SSO brass will fill the acoustic space of All Saints' with a performance of Gabrieli's "2 Canzoni." Additionally, the SSO will perform Debussy's famous work "La Cathédrale Engloutie" and an arrangement of Abreu's "Tico-Tico," a festive piece inspired by Brazilian samba.

### Carillon Students Present Concert

The University carillon students will present a concert at 3 p.m., Sunday, April 29, in Shapard Tower. The performances will be shown via video feed to a TV monitor located on the grounds between All Saints' Chapel and McClurg Dining Hall.

The students performing will be "Theo" Evans, Tom Hatling, Xueqiao Li, Landon Manning, Jana Michalik, Madeline Naylor, and Lequi Zhang.

Their program will be a mix of traditional carillon music and arrangements for carillon of folk and popular tunes.

## York Leads Open Mic SCC Benefit at The V

On Thursday, April 26, at 7 p.m., local singer, songwriter, and mom Ida York invites other musicians and spoken-word artists to The V in Monteagle to join her on stage for an SCC benefit performance. Everyone is invited to enjoy the show.

Drinks, including beer, will be for sale, with snacks provided by parents of the Sewanee Children's Center. There's no cover charge but the SCC hopes you'll find that a \$10 donation is a small price to pay for a great night out with friends.

Ida grew up in Sewanee; her history in art and painting shows up in the rich imagery of her lyrics. But she doesn't want to be the only one on stage. If you are 21 or older and are curious about the Plateau's local talent, or if you've been seeking an enthusiastic audience, please come on out to The V at 8135 Hwy. 41, Monteagle.

## William Ralston Listening Library Events

Sunday, April 22, 6 p.m., Caitlin Berends, C'20, Opera.

Monday, April 23, 6–7 p.m., Brant Lewis, C'19, Prog to Punk. 7–9 p.m., Isabel Butler and Heidi Hayne, C'20, Earth's Mixtape: Beyonce's Lemonade.

Tuesday, April 24, 5–6 p.m., Tori Hinshaw, C'19, Muscle Shoals: The Eagles. 6–9 p.m., Jackson Campbell, C'20, The Kitchen Sink Sessions: Hip-hop selections in honor of Kendrick Lamar.

Wednesday, April 25, 5–6 p.m., Jeremy O'Neill, C'21, Around the

World. 6–7 p.m., Katie Norman, C'18, '90s Throwbacks. 7–8 p.m., Anna Wilson, C'20.

Thursday, April 26, 5–7 p.m., Annie Bowers, C'20, Chamber Music. 7–9 p.m., Bramwell Atkins, C'21, Going for Baroque.

The William Ralston Listening Library is located on the second floor of duPont Library. Keep up with the Ralston Listening Library's weekly schedule on the webpage <<http://www.sewanee.edu/ralstonlisteninglibrary/>> or <<https://www.facebook.com/theralstonroom/>>.

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St. Andrew's-Sewanee's Sarah Grace Burns, right, competes in the 100 hurdles at a recent home track meet. Photo by St. Andrew's-Sewanee

## SAS Track Travels to Baylor

On April 10, St. Andrew's-Sewanee School trekked to Chattanooga to compete against South Pittsburg High School and host school Baylor. SAS finished ahead of South Pittsburg but behind Baylor with the final score of the meet Baylor 191, SAS 72 and South Pittsburg 38.

SAS had top three finishes in the following boys' events: 800, second place, junior Ryan Val (Tracy City); 4x400, second place, sophomore Eli Andrews (Sewanee), senior Jack Si-

mons (Sewanee), junior Seth Walker (Monteagle) and freshman Michael Vaughn (Winchester); 1600, second place, Michael Vaughan, third place, Seth Walker; high jump, first place, senior Emmanuel Thombs (Raleigh, N.C.); triple jump, second, sophomore Edmundo Cortes (Mexico); and shot put, first, Jalen Tillman (Parkville, Md.).

SAS had top three finishes in the

(Continued on page 13)

## SAS Boys' Varsity Soccer Recap

The St. Andrew's-Sewanee School boys' varsity soccer team shut out Sil-verdale Baptist Academy of Chattanooga, 7-0, at home on April 17. The win improved the Mountain Lions to 4-5 this season.

Steven Zhu, a senior boarding student from Shanghai, China, was top scorer for SAS, with five goals, including four in the first half.

A dependable playmaker, midfielder Gabe Stevens, a junior boarding student from Hacmel, Haiti, provided three assists, including two crosses and service up the middle.

Stevens led a team break in the match with the call, "Family on three."

Aidan Smith, a sophomore from Sewanee who plays a commanding role as center back for SAS, found the back of the net from a strong, low strike from the top of the box in the second half.

Ivan Akiri, a senior boarding student from Nairobi, Kenya, also scored for the Mountain Lions.

On April 13, the SAS boys' varsity soccer team lost on the road to Tullahoma High School, 3-0.

Tullahoma got on the scoreboard early from a volley off a cross and led 1-0 at halftime.

"We were even in play, except for that first goal," said SAS head coach Har-ison Camp.

In the second half, Tullahoma found the back of the net two more times, despite strong defensive efforts by SAS.

In goal for the Mountain Lions was Cailan McLean, a sophomore day student from Sewanee. Zhu was recognized as a player of the match.

On April 12, Boyd Buchanan School of Chattanooga shut out SAS, 7-0, in an away match.

Boyd Buchanan racked up five goals in the first half, including one goal in the first four minutes of action. Other goals were from play up the middle, inside the

(Continued on page 13)



Elliott Benson

## Middle School Boys Advance

On April 16, the St. Andrew's-Sewanee middle school boys' soccer team defeated Fayetteville City School, 4-0, in the first round of the Central Tennessee Conference tournament.

The Mountain Lions play at West-wood Middle School in the semifinals today (Friday).

Goals were scored by Gus Croom, Ryland Thomas and Luca Malde.

(Continued on page 13)

## SAS Girls' Tennis Plays at Rotary

The St. Andrew's-Sewanee School varsity girls' tennis team competed in the 62nd annual Chattanooga Rotary Club Tennis Championships on April 6.

The SAS girls had a strong showing against teams from Tennessee, Ala-bama and Kentucky. The Mountain Lions picked up quarterfinal round wins in singles from Ester Yang at No. 1 against Randolph; Tessa Shackelford at No. 2 against Randolph; and Anna Post at No. 4 against University School of Nashville.

Carla Hof (No. 3) and Jenna Black (No. 5) fell to players from Huntsville, and Sarah Simons (No. 6) lost to a player from Signal Mountain, but all three put forth a great effort.

In the semifinal round, Yang dropped a hard fought match to Chattanooga Christian School's top player 7-5, 7-5.

Shackelford was outlasted by a player from McCracken, and Post was barely edged out by a player from Signal Mountain in a three set, mara-thon match.

On the doubles front, Yang and Shackelford lost to Knox Catho-lic, and J. Black and Simons lost to Huntsville. At No. 2 doubles, Post and Hof dominated the team from Randolph before falling in the semi-final round to Chattanooga Christian School.

SAS finished fifth in the tourna-ment, ahead of University School of Nashville, Signal Mountain and Randolph.



Elizabeth Taylor of St. Andrew's-Sewanee's middle school volleyball team plays at the net in a recent match. Taylor had six hits in the team's regular season finale win over Monteagle Elementary School, 2-1. Lucy Cassell had four hits and three aces for SAS and Libby Neubauer had seven hits. Photo by St. Andrew's-Sewanee

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**Track** (from page 12) —

following girls' events: 1600, first place, junior Sophia Patterson (Sewanee); triple jump, second, sophomore Sarah Beth Hobby (South Pittsburg), third, sophomore Nneka Okolo (Medina, Tenn.); 400, first, freshman Sarah Grace Burns (Sewanee), second, sophomore Lucy Carroll (Sewanee); 4x200, second, senior Taylor Warmbrod (Belvidere, Tenn.), senior Lyndsey Wall (Winchester), freshman Hannah Warmbrod (Belvidere) and freshman Sarah Grace Burns; 200, third, senior Sam Kennard (Amelia Island, Fla.); 4x100, second, Sarah Beth Hobby, Sam Kennard, Nneka Okolo and Jayla McLaurin (Las Vegas); 100 hurdles, second, Sarah Grace Burns; long jump, second, Sarah Beth Hobby, third, Nneka Okolo; discus, second, sophomore Isabelle Gordy (Sewanee); and shot put, second, Isabelle Gordy, third, Laurel Wall.

"The kids competed very well," said head coach Sam Montgomery, "we are getting better every day."

**Wiedmer to Talk UT Football**

Mark Wiedmer, longtime Chattanooga Times Free Press sports writer, will speak on Monday, April 23, at 7 p.m. at Decherd Presbyterian Church.

Wiedmer will discuss University of Tennessee football, including former coaches Johnny Majors and Phil Fulmer.

Organizers said all sports fans are invited.

**National Cornbread Festival 5K**

The 22nd annual National Cornbread Festival 5K Road Race is set for Saturday, April 28.

The 5k competitive run is chip-timed with Jaguar timing, and the event also features a 5k walk and 1-mile fun run.

The event starts in front of Lodge Manufacturing Co. in South Pittsburg, beginning at 8 a.m.

Participants receive a free wicking T-shirt with registration. For more information and to register go to <nationalcornbread.com/entertainment/5k-run>.

**Lifeguard Training**

The Winchester Swimplex will offer lifeguard training April 23-26, continuing April 30 to May 4.

The training includes 27 hours of classroom and pool work and will include lifesaving skills, CPR, First Aid, AED and oxygen administration.

Cost is \$150 and is due in full at the time of registration. First class starts at 6:30 p.m. Register at the Winchester Swimplex.

For more information call (931) 962-4204.

**Home Games**

**Friday, April 20**

University Men's Lacrosse, SAA Conference Tournament, First Round  
Univeristy Track and Field, SAA Championships

University Women's Lacrosse, SAA Conference Tournament, First Round

4 p.m., SAS MS Tennis vs. Warren County Middle School

**Wednesday, April 25**

5 p.m., SAS Varsity Boys' Soccer vs. Shelbyville Central High School

**Thursday, April 26**

SAS Varsity Track and Field vs. Franklin County, South Pittsburg

**Thursday, May 3**

Noon, SAS Varsity Tennis, DII-A East Region Individual Tournament



Sewanee senior Karagan Day won the javelin competition on April 13 with a throw of 34.94 meters. Photo by Lyn Hutchinson

**Sewanee Competes in Mountain Laurel Invite**

The Sewanee track and field teams concluded the regular season at home on April 13 with the Mountain Laurel Twilight Invitational.

For Sewanee, on the women's side, Karagan Day claimed top honors in the javelin throw. After a 34.71-meter throw on her first attempt, she improved her throw by 0.23 meters to clear 34.94 meters, 1.67 meters better than Emory's Taylor Robinson.

In the 100 meters, Meredith Stuber sprinted to a 13.27-second, fifth place finish. A personal best in the event, the junior now ranks 13th in the conference. In the 200 meters, she came in seventh with a personal best 27.24-second clip, ninth-best in the Southern Athletic Association.

Stuber also competed in the long jump, clearing 4.93 meters for a second place finish in the event. Her jump stands at fourth in the conference for the season.

Tricia Murphy also improved her mark in the 800 meters, running to the tune of 2:30.56 for fifth place.

The team of Kelsie Schiavone, Elizabeth Shackelford, Clay McKnight and Stuber finished second in the 4x400 relay with a season-best time of 4:21.32.

In the 4x100 relay, the quartet of Haven Watson, Shackelford, Schiavone and Stuber ran to a 50.97-second mark, good for third and a season-best.

On the men's side for the Tigers, Ash Midyett improved his time in the 400 meters, running a 51.06-second time, good for fourth place and seventh in the SAA.

In the 3,000 meters, Owen Legrone finished eighth, running to a time of 9:24.83.

Minju Lee cleared 6.1 meters in the long jump to claim sixth place.

**Tiger Softball Closes Regular Season in Birmingham**

The Sewanee softball team lost a doubleheader at Birmingham-Southern College to finish the regular season on April 15.

The seventh-seeded Tigers (4-30, 1-17) were scheduled to play a rematch with BSC in the first round of the Southern Athletic Association tournament in Chattanooga on April 19.

In game one against BSC on April 15, the Panthers (26-13, 13-5) pummeled the Tigers, 12-1. In game two,

BSC cruised to a 16-5 win.

The Tigers' Rachel Hoffman totaled three hits on the day, two hits in game one, with two RBI. Charley Shirey went 3-for-3 with a run scored, while Jackie O'Reilly tallied two RBI.

O'Reilly (4-18) suffered the loss on the mound in the opener, allowing seven earned in four innings, while Rowan Jordan (0-2) took the loss in the series finale, with 12 earned runs in 1.2 innings.



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**Sewanee Tennis Teams Undefeated in Conference**

The No. 11 Sewanee women's tennis team finished Southern Athletic Association play with a 9-0 sweep at Berry College on April 14 to earn its sixth straight conference regular season championship.

The men's team (18-5, 6-0) also secured its sixth straight SAA regular season crown, earning an undefeated conference record with an 8-1 win at Berry.

In the women's matches for Sewanee (18-4, 6-0), 14th-ranked Clementina Davila and Catherine Owen won 8-1 in doubles over Berry (7-8, 2-4).

The women's team completed the conference regular season at 28-0 in singles matches and 18-0 in doubles.

**Women's singles results**

1. No. 38 Davila (Sewanee) def. Sara Myers (Berry) 6-2, 6-1.

2. No. 32 Owen (Sewanee) def. Kathryn Barker (Berry) 6-2, 7-6 (3-0).

3. Sara Thompson (Sewanee) def. Sarah Murray (Berry) 6-2, 6-1.

4. Darby Duval (Sewanee) def. Emmie Cornell (Berry) 6-0, 6-4.

5. Maura McCrary (Sewanee) def. Karleigh Dills (Berry) 6-0, 6-0.

6. Taylor Sprouse (Sewanee) def. Alexis Williams (Berry) retired.

**Doubles results**

1. No. 14 Davila/Owen (Sewanee) def. Sara Myers/Barker (Berry) 8-1.

2. McCrary/Sprouse (Sewanee) def. Emmie Cornell/Sarah Murray (Berry) 8-2.

3. Darby Duval/Sara Thompson (Sewanee) def. Karleigh Dills/Sydney Stone (Berry) retired.

Both the men and women play in the SAA tournament in Murfreesboro today (Friday).



Will Pratt (left) scored five goals in Sewanee's home loss to Berry on April 14. The lacrosse team hosts a tournament game today (Friday). Photo by Lyn Hutchinson

**MS Boys** (from page 12) — **Soccer** (from page 12) —

Strong play was also seen from center back Spears Askwes.

In the final match of the regular season on April 11, SAS fell at home to Cascade Middle School, 3-2, in a hard fought battle.

Cascade went up early with three goals in the first 20 minutes of the match.

However, in the second half, the Mountain Lions fought back with Raulston Barnett scoring off an assist from Elliott Benson, followed by a quick penalty kick goal by Mac Croom.

box, combination play, and off a corner.

In the second half, the Mountain Lions limited Boyd Buchanan to two additional goals, including one from a crowded box.

Stevens put a strong strike on frame for the Mountain Lions, but the shot was saved.

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## NATURENOTES



Sarvisberry

### Foster Falls and Sarvisberry

Walking around the rim at Foster Falls with a Trials and Trilliums hike last Saturday, we heard the songs of several of the returning warblers—Hooded, Black-and-white, and Black-throated Green Warblers, all birds of mature forests. I also heard my first wood thrush of the season.

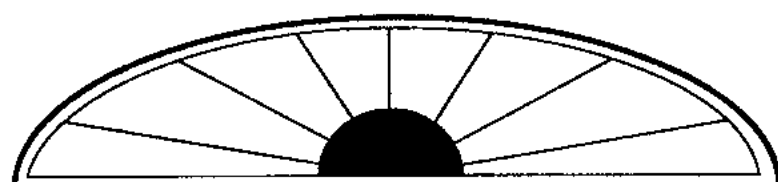
There were several woody plants in bloom, especially Serviceberry or Shadbush, also commonly called Sarvis in our area. It is usually the earliest tree to bloom in the woods, but seems to be late this year. I had always heard that the name Sarvis or Serviceberry alluded to the season of the year when the tree bloomed and itinerant preachers were able to reach the more mountainous areas to hold services not available all winter. However, it may be a form of the word "sorbus" from a Latin word for the fruit of a related species. The name shadbush refers to the tree blooming when the shad (a large type of herring) are running in eastern North America. And then there is also the name Juneberry. Another member of the rose family in bloom was chokeberry.

In the power-line clearing was a fine display of bird's-foot violet and bluets. The bird's-foot violet is so-called because the leaf is very divided and unlike the typical heart-shaped violet leaf. It has many color variations—"roosters" have the two upper petals, a darker blue, and "hens" have all pale petals, among others. Along the trail, trailing arbutus was still in bloom, along with halberd-leaved violet and some early blue violet.

—reported by Yolande Gottfried



Bird's-foot-violet. Photo by Yolande Gottfried



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## Herbarium Events

**Shakerag Hollow**—Saturday, April 21, 9 a.m. and Sunday, April 22 (Earth Day!), 2 p.m., Herbarium Staff. Celebrate Earth Day with a walk among the abundant and diverse spring wildflowers of this partly old-growth forest area. Meet at the Green's View parking lot (past the golf course). Two miles, moderate to strenuous, with one fairly challenging incline.

**Piney Point**—Saturday, April 28, 1 p.m., Yolande Gottfried. The community of plants that grows on the sandstone outcrops along the trail to Piney Point, including the rare elf orpine, is a special one. This moderate one-to-two hour walk begins at the tennis courts at St. Andrew's-Sewanee School (beyond the football field).

**Nature Journaling**—A group meets for nature journaling on Thursdays from 9–11 a.m. Bring an unlined journal (or a few sheets of unlined paper) and a pen or pencil. No experience needed. Meet in Woods Lab room G-10.

Wear appropriate shoes on all of these walks. Risks involved in hiking include physical exertion, rough terrain, forces of nature, and other hazards not present in everyday life. Picking flowers and digging plants are prohibited in all of the above-mentioned natural areas.

For more information on these or other Sewanee Herbarium events, contact Yolande Gottfried at (931) 598-3346 or by email at <ygottfri@sewanee.edu>. A map of meeting place locations is available at <http://sewanee.edu/media/offices/herbarium/sewanee\_herbarium\_maps.pdf>.

## Weather

DAY	DATE	HI	LO
Mon	Apr 09	61	39
Tue	Apr 10	61	32
Wed	Apr 11	64	38
Thu	Apr 12	75	58
Fri	Apr 13	77	59
Sat	Apr 14	64	43
Sun	Apr 15	45	30

**Week's Stats:**  
Avg max temp = 64  
Avg min temp = 43  
Avg temp = 53  
Precipitation = 3.00"

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Bella



Yakko

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## State Park Offerings

Please note: To confirm that these events will occur as listed go to <http://tnstateparks.com/parks/events/southcumberland/#/?park=south-cumberland> or call (931) 924-2980.

### Sunday, April 22

**Earth Day Cleanup**—Meet Ranger Jessie McNeel from 1–3 p.m. at the Grundy Lakes parking lot, 587 Lakes Rd., Tracy City, to help clean up the park at Grundy Lakes. Lots of wildlife call the Grundy Lakes home. Help protect them from the litter that people leave on a daily basis. You'll help with cleaning Grundy Lakes parking lot, swim beach, and trail around Lower Grundy Lake. Dress for the weather and please wear sturdy footwear.

### Tuesday, April 24

**Fiery Gizzard Through Hike**—(Fee: \$50) Preregistration required. Limit six people. Meet Ranger John Ball at Grundy Forest trailhead, 131 Fiery Gizzard Rd., at 7 a.m. CDT, for this very difficult 13-mile day hike. Pre-requisites: Be capable of hiking 13 miles continuously, in rough terrain;

must have the following equipment; backpack, minimum 3 liters of water, extra layers (rain gear, insulation, etc), headlamp, backup headlamp/light, extra batteries, appropriate footwear (no brand new boots!), small first aid kit, lunch, other snacks you may want, some means of water purification, hat, trekking poles, sunglasses, camera, etc. Email <John.Ball@tn.gov>.

### Friday, April 27

**Greeter Falls Waterfall Hike**—Meet Ranger Aaron Reid at 2:30 p.m. at Greeter Falls parking lot, just past 550 Greeter Falls Rd., Altamont, for a moderate 2-mile hike around Greeter Falls Loop trail. One of the best short waterfall hikes in the area. See both Greeter Falls and Boardtree Falls, two of the most beautiful on the Plateau. Bring water, snacks, and wear sturdy shoes. Email: <aaron.reid@tn.gov>.

The South Cumberland State Park Visitors' Center is located on Highway 41 South between Monteagle and Tracy City and is open 8 a.m.–4:30 p.m. seven days a week. For more information call (931) 924-2980.

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**INTEGRATED CARE MANAGER:** Mountain Valley Mental Health Center connection office, Tracy City has an immediate Full-time opening.

**Exemplary Duties/Responsibilities:** Development of strong therapeutic alliance and rapport for successful telehealth interventions in the Grundy County Schools, Grundy County Health Department, and various medical provider clinics in Grundy County. Coordination of services using a strengths-based, wrap around technique to engage traditional resources that support the recovery for individuals with mental illness, using a patient-centered approach. The Integrated Care Manager will be the liaison between the technology-driven care and trusted relationships between the patient and provider. **Qualifications:** Minimum Bachelor's Degree (Master's preferred) with mental health experience and knowledge of issues facing the mentally ill and barriers to care, including medical, dental, behavioral health, and recovery services. Knowledge of available resources on the South Cumberland Plateau and regionally. Ability to work with others in the community to access services. Ability to work as a team member to meet program goals and expectations, including the ability to have flexible work hours to accommodate client needs. Public relation skills with speaking abilities. Willingness to travel in the communities as necessary. Attention to detail required. Competitive salaries and excellent benefits. Send resume to: VBHCS Human Resources-PO Box 4755-Chattanooga, TN 37405. EQUAL OPPORTUNITY EMPLOYER.

**JOB OPENING AT MOONEY'S:** Full or part-time, permanent position. Talk to Joan. 924-7400.

**JOB OPPORTUNITY:** Tracy City Library. 20 hours/week. Do you have a high school education? Working knowledge of computers? Experience with books and libraries? Can you work independently? Send or bring letter of interest and resume to: Tracy City Hall, 50 Main St., P.O. Box 277, Tracy City, TN 37387 by April 30. For more information, call Glenda at (931)692-2768.

## ENGINE REPAIR

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## PLANNING ON BURNING BRUSH?

You need to call the Sewanee Fire Tower (598-5535, Mon-Fri, 8-4:30) to obtain a permit, if you intend to burn brush between now and May 15.

In Grundy County, (931) 692-3732; and in Marion County (423) 942-3665.

Additional phone numbers and an online burn permit can be found by visiting <www.BurnSafeTN.org>.

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## Contact Information for Your Local Elected Officials

### SEWANEE COMMUNITY COUNCIL

**District 1**  
Flournoy Rogers: 598-0733  
June Weber: 636-2246  
**District 2**  
Pam Byerly: 598-5957  
Louise Irwin: 598-5864  
**District 3**  
Pixie Dozier: 598-5869  
Charles Whitmer: 636-7527  
**District 4**  
Richard Barrali: (423) 667-9075  
Phil White: 598-5846  
*At-large Representatives*  
Annie Armour: 463-2033  
Cindy Potter: 598-5773  
Kate Reed: 598-3271  
Theresa Shackelford: 598-0422  
**FRANKLIN COUNTY COMMISSIONER**  
Johnny Hughes: 598-5350  
Helen Stapleton: 598-9731

### FRANKLIN COUNTY SCHOOL BOARD REPRESENTATIVE

Adam Tucker: 598-0648

### SEWANEE UTILITY DISTRICT BOARD

Paul Evans: (931) 952-8289  
Art Hanson: 598-9443  
Randall Henley: 636-3753  
Ronnie Hoosier: 598-9372  
Charlie Smith: 598-0500

### FRANKLIN COUNTY ROAD COMMISSIONER

Joe David McBee: 598-5819

### FRANKLIN COUNTY MAYOR

**RICHARD STEWART**  
Website: www.franklincotn.us  
Email: Richard.Stewart@franklincotn.us  
1 South Jefferson St.  
Winchester, TN 37398  
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## PUBLIC NOTICE

**THESEWANEEUTILITYDISTRICT OF FRANKLIN AND MARION COUNTIES BOARD OF COMMISSIONERS** will have its regular meeting at 5 p.m., Tuesday, April 24, at the utility office on Sherwood Road. If a customer is unable to attend but wishes to bring a matter to the board, call 598-5611, visit the office, or call a board member. Your board members are Art Hanson, Randall Henley, Ronnie Hoosier, Charlie Smith and Paul Evans.

**NOTICE:** The Sewanee Utility District of Franklin and Marion Counties 2017 Water Quality Report (CCR) will be published in the Sewanee Mountain Messenger on Friday, April 27, 2018. This report will also be Available online at <http://www.sewaneutility.org/temp/wp-content/uploads/2018/04/2017-SUD-CCR.pdf>

## STORAGE CLEAN-OUT& YARD SALES

**STORAGE-CLEAN-OUT SALE!** Friday, April 20, 9 a.m.–5 p.m.; Saturday, April 21, 9 a.m.–1 p.m. Small portable dishwasher, antique table/leaves, seats 12; boutique dressing-table, mobility scooter; large collection women's XL–3XL apparel; Christmas galore; more too numerous to mention. 14275 U.S. Hwy. 41, Tracy, (first house west of old high school). NO EARLY BIRDS!

**COMMUNITY-WIDE SEWANEE YARD SALE:** Saturday, April 28, 8 a.m.–1 p.m. Multiple sites around town plus booths at Sewanee Community Center. Maps available at Sewanee Community Center located at 39 Ball Park Rd. behind Sewanee Market.

**INSIDE/OUTSIDE:** Summer items now in! Children's/adults' apparel, household items, movies/games. Open Friday/Saturday, 8 a.m.–?? (931) 598-5614. Midway Market, 969 Midway Rd., Sewanee.

Your ad could be here.

## WANTED

**HOUSE FOR RENT:** Summer rental wanted. Sewanee/Monteagle area. Three to four months. Dates are flexible. Single, 40-year-old male. No pets. No smoking. Good local references. (850) 261-4727.

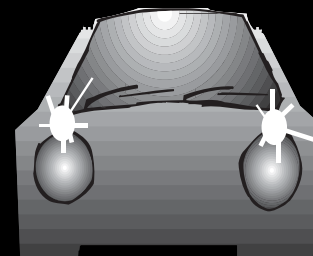
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The Convenience Center for household garbage, trash and recycling is located on Missouri Avenue. Its hours are: Monday, 1–6 p.m.; Tuesday through Friday, 3–6 p.m.; Saturday, 8 a.m.–4 p.m. There are blue recycling bins for metal (tin, appliances, etc.), newspapers/magazines, some plastic #1-#7, cardboard and aluminum cans.



## TRAFFIC REMINDERS

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# BARDTOVERSE

by Phoebe Bates

LXVII

The best captain does not plunge headlong  
Nor is the best soldier a fellow hot to fight.  
The greatest victor wins without a battle:  
He who overcomes men understands them.  
There is a quality of quietness  
Which quickens people by no stress:  
"Fellowship with heaven," as of old  
Is fellowship with men and keeps its hold.

LXXVII

What is more fluid, more yielding than water?  
Yet back it comes again, wearing down the rigid strength  
Which cannot yield to withstand it.  
So it is that the strong are overcome by the weak,  
The haughty by the humble.  
This we know  
But never learn,  
So that wise men tell us,  
"He who bites the dust  
Is owner of the earth,  
He who is scapegoat is King"  
They seem to twist the truth.

LXIX

If terms to end a quarrel leave bad feeling,  
What good are they?  
So a sensible man takes the poor end of the bargain  
Without quibbling.  
Foolish to be a stickler;  
Though heaven prefer no man,  
A sensible man prefers heaven.

—from *The Way of Life (the Book of Tao)*, tr. by Witter Binner

Community calendar online:  
sewaneemessenger.com

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# Community Calendar

## Today, Friday, April 20

Deadline to register for April 28 Community Yard Sale

- 7 a.m. Curbside recycling
- 8:30 a.m. Deep Stretch Yoga, Darryl Anne, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 10 a.m. Game day, Senior Ctr.
- Noon Spinal Spa with Kim, Fowler Ctr.
- Noon Spring Party Concert, Spencer Hall lawn
- 4:30 p.m. Art reception, senior artists, Univ Gallery, Ga. Ave.
- 7 p.m. Senior voice recital, Bruce, SAS McCrory Hall
- 7:30 p.m. Concert, Sewanee Chorale, (free) All Saints'
- 7:30 p.m. Movie, "3 Billboards Outside Ebbing, MO," SUT

## Saturday, April 21

- 8:30 a.m. Move, Melt, Meditate Yoga, Richard, Comm Ctr
- 9 a.m. Herbarium Shakerag walk, Gottfried, meet @ Green's View
- 9:30 a.m. Hospitality Shop open, 1096 Univ Ave., until noon
- 11 a.m. UDC Kirby-Smith Chapter 327 Sewanee, Oak Restaurant, Manchester
- 7:30 p.m. Movie, "3 Billboards Outside Ebbing, MO," SUT

## Sunday, April 22 • Earth Day

- 2 p.m. Herbarium Shakerag walk, Gottfried, meet @ Green's View
- 2 p.m. Knitting circle, Mooney's, until 4 p.m.
- 3:30 p.m. The Farm and the Barn, Univ Farm, Brakefield Rd
- 6 p.m. Ralston Listening, Berends, Opera
- 6 p.m. Hatha Yoga, Helen, Comm Ctr.
- 7:30 p.m. Movie, "3 Billboards Outside Ebbing, MO," SUT

## Monday, April 23

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Coffee with the Coach, Blue Chair
- 9:30 a.m. Sewanee Garden Club meets at Piggly Wiggly pkg lot, carpool to Mary's Greenhouse, McMinnville
- 9:30 a.m. Yoga, Darryl Anne, St. Mary's Sewanee
- 10:30 a.m. Chair Exercise, Ruth, Comm Ctr.
- 5 p.m. Grundy Library Bd Open House, Altamont Library
- 5:30 p.m. Yoga for Strength/Healing, Pippa, Comm Ctr.
- 6 p.m. Karate, youth, Legion Hall; adults, 7 p.m.
- 6 p.m. Ralston Listening, Lewis, Prog to Punk
- 6 p.m. Town hall, Ben Lomand Connect, Otey
- 7 p.m. Community Council, Sewanee Senior Center
- 7 p.m. Ralston Listening, Butler/Hayne, Earth's Mixtape

## Tuesday, April 24

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee
- 8 a.m. MES Pre-K Registration, until 2 p.m.
- 8:30 a.m. Deep Stretch Yoga, Darryl Anne, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, Kim, beginner, Fowler Ctr.
- 9:30 a.m. Crafting ladies, Morton Memorial, Monteagle
- 9:30 a.m. Hospitality Shop open, 1096 Univ Ave., 1 p.m.
- 10:30 a.m. Bingo, Senior Ctr.
- 11:30 a.m. Grundy County Rotary, Dutch Maid, Tracy City
- Noon Pilates, Bruce, beginner mat, 91 Univ Ave.
- Noon Pilates, Kim, intermediate, Fowler Ctr.
- 3 p.m. Tai Chi, (beginners), Kathleen, Amer. Legion Hall
- 4:30 p.m. Gessell lecture, Davenport, McGriff House

Our readers want  
to know your  
business.  
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- 5 p.m. Pilates, Bruce, beginner mat, 91 Univ Ave.
- 5 p.m. Ralston Listening, Hinshaw, The Eagles
- 5 p.m. SUD board meeting, 150 Sherwood Rd.
- 5:30 p.m. Yoga, Darryl Anne, St. Mary's Sewanee
- 6 p.m. Ralston Listening, Campbell, Kendrick Lamar
- 6:30 p.m. Social dancing, Valerie, beginner, Comm Ctr.
- 7 p.m. Acoustic Jam, old water bldg, Tracy, until 8:30 p.m.
- 7:30 p.m. Social dancing, Valerie, continuing, Comm Ctr.

## Wednesday, April 25

- 8 a.m. MES Pre-K Registration, until 2 p.m.
- 9 a.m. CAC office open, until 11 a.m.
- 10 a.m. Pilates with Kim, intermediate, Fowler Ctr.
- 10 a.m. Writers' group, 212 Sherwood Rd.
- 10 a.m. Story time, FC Library, 105 S. Porter St., W'chester
- 10:30 a.m. Chair Exercise, Ruth, Comm Ctr.
- Noon EQB luncheon, St. Mary's Sewanee
- 5 p.m. Ralston Listening, O'Neill, Around the World
- 5:30 p.m. Hatha Yoga, Helen, Comm Ctr.
- 6 p.m. Divorce support group series, for location <www.divorcecare.org> or call (615) 294-4748
- 6 p.m. Ralston Listening, Norman, Throwbacks
- 7 p.m. Ralston Listening, Wilson
- 7:30 p.m. Movie, CG, "Saving Mr. Banks," (free), SUT

## Thursday, April 26

- 8 a.m. Monteagle-Sewanee Rotary, Sewanee Inn
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Nature Journaling, Woods Lab G-10, until 11 a.m.
- 9 a.m. Pilates with Kim, beginner, Fowler Ctr.
- 9:30 a.m. Hospitality Shop open, 1096 Univ Ave, until 1p.m.
- 11 a.m. Tai Chi, (advanced), Kathleen, Comm Ctr.
- 11:30 a.m. Grief Recovery seminar, Kennington, St. James
- Noon Pilates, Bruce, beginner mat, 91 Univ Ave
- Noon Pilates, Kim, intermediate, Fowler Ctr.
- 12:30 p.m. Episcopal Peace Fellowship, Brooks Hall, Otey
- 1:30 p.m. Folks@Home support group, 598-0303
- 2 p.m. Knitting circle, Mooney's, until 4 p.m.
- 3 p.m. Tai Chi, (beginners), Kathleen, Amer. Legion Hall
- 3:30 p.m. Tutoring, K-5, St. James; parent pickup 5 p.m.
- 5 p.m. Pilates, Bruce, beginner mat, 91 Univ Ave
- 5 p.m. Ralston Listening, Bowers, Chamber Music
- 5:30 p.m. Trustees' Community Relations Committee reception, Shenanigans, upstairs
- 6 p.m. Karate, youth, Legion Hall; adults, 7 p.m.
- 7 p.m. Ralston Listening, Atkins, Going for Baroque
- 7:30 p.m. Movie, "The Shape of Water," SUT

## Friday, April 27

Last day of classes, School of Theology

- 8:30 a.m. Deep Stretch Yoga, Darryl Anne, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Senior art talks, Convo Hall, until 11 a.m.
- 10 a.m. Game day, Senior Ctr.
- 11:30 a.m. Senior art talks, Convo Hall, until 1:30 p.m.
- Noon Spinal Spa with Kim, Fowler Ctr
- 4:30 p.m. Art reception, Monterde, Nabit Bldg, until 6 p.m.
- 7:30 p.m. Movie, "The Shape of Water," SUT
- 7:30 p.m. Concert, "Gloria in Spring," Sewanee Symphony Orchestra and University Choir, Guerry

## LOCAL 12-STEP MEETINGS

- Friday**
  - 7 p.m. AA, open, Christ Church, Tracy City
- Saturday**
  - 7:30 p.m. NA, open, Decherd United Methodist
  - 7:30 p.m. AA, open, Claiborne Parish House, Otey
- Sunday**
  - 6:30 p.m. AA, open, Holy Comforter, Monteagle
- Monday**
  - 5 p.m. Women's 12-step, Brooks Hall, Otey
  - 7 p.m. AA, open, Christ Church, Tracy City
- Tuesday**
  - 7 p.m. AA, open, First Baptist, Altamont
  - 7:30 p.m. AA, open, Claiborne Parish House, Otey
- Wednesday**
  - 10 a.m. AA, closed, Clifftops, (931) 924-3493
  - 7 p.m. NA, open, Decherd United Methodist
  - 7:30 p.m. AA, open, Holy Comforter, Monteagle
- Thursday**
  - 7 p.m. Al-Anon, First United Methodist Church, Winchester

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Help our Mountain communities.

## SHARE YOUR NEWS.