

## MGT Race Weekend

The Socumos Mountain Goat Trail Race Weekend is April 7-8.

On Saturday, the fifth annual 5-mile run will begin at 10 a.m. in downtown Sewanee; a 2-mile walk will begin at 10a.m. at Pearl's Fine Dining. Both will finish at Mountain Outfitters in Monteagle. Prizes will be awarded for fastest men's and women's times, as well as for best runner's costume. Registration is \$20 for students; adult registration is \$30 until April 6 and \$35 on the day of the race. Please be aware of pedestrians and runners during that time.

Spring Fest is at Angel Park in Sewanee from 5-8 p.m., on Saturday, featuring live music, food, drinks and activities for kids and the entire family. Local and popular artists Daniel Troutman, Thumping Richards, and Travis Bowlin will perform free for the community as part of the race weekend. Rain location is the American Legion Hall.

Sunday's 13.1-mile run will begin at 7 a.m. in downtown Tracy City and finish in Sewanee at Green's View Road. Registration is \$25 for students; adult registration is \$45 until April 7, and \$55 on the day of the race. Please avoid parking on that side of University Avenue until the race is over (about midday). Please be aware of runners and pedestrians along the course, including at the finish area near Greens View Road and the Sewanee Inn.

All proceeds benefit the Mountain Goat Trail Alliance. For more information go to <mountaingoattrail.org/race>.

## Tea on the Mountain Launches Cookbook

by Kevin Cummings, Messenger Staff Writer

Tea on the Mountain feels closed off from the rest of the world, with a mere hint of the outside peeking through its cloaked windows.

The tea room in Tracy City is a good sanctuary to escape politics, traffic and social media, but it is also a good place to eat some of Myrna Nesbit's "Lemony Chicken," or at least learn how to make it. Myrna and husband Pat, recently released a cookbook with some of Myrna's favorite recipes, which is stocked with family traditions, adaptations and Myrna originals.

A petite woman wearing a tin brooch of an angel carrying a teapot and teacup, she is a comforting presence.

"My grandmother's mother taught her how to make cornbread and she taught my mother and my mother taught me; so that's in the book. Pat's aunt made the best Parker House rolls and that's in there, but mine's not as good as hers. I just can't get that down right yet. I think she didn't tell me everything," Myrna says laughing.

After more than 10 years since opening the tea room and bolstered by customer encouragement, Myrna says she finally got around to moving recipes from the notebooks behind the counter into a cookbook. She says she's most proud of her desserts, like bread pudding and crème brûlée.

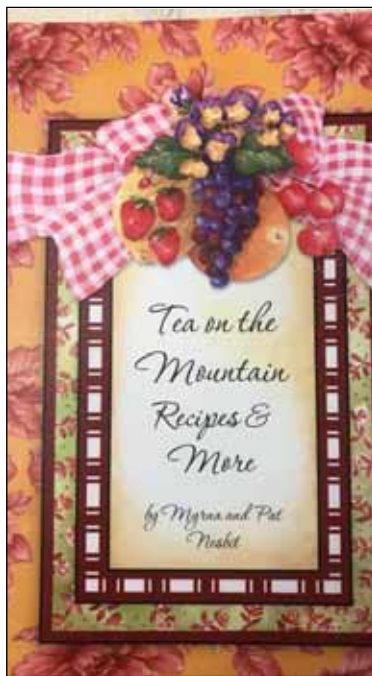
Pat contributed a recipe or two but says Myrna does 99 percent of the cooking and all he did was mostly proofread the new book.

"I'm really not sure why she put my name on it," Pat says.

"So he wouldn't be mad at me," Myrna jokes. "No, he was a big supporter."

The Nesbits have been married for 56 years and first met in 1960 when Pat was a student at the University of the South and Myrna was the front desk clerk at the Sewanee Inn. Pat spent most of his adult life working in the insurance business and Myrna's main occupation was front desk manager at Regency Inn.

When they moved back to Tracy City, Myrna's hometown, from Little Rock,



Tea on the Mountain cookbook cover.

(Continued on page 6)

## Thistle Farms Founder to Deliver Bishop Reynolds Forum Lectures

St. Andrews- Sewanee School welcomes the public to its annual Bishop Reynolds Forum on Tuesday, April 10, at 7 p.m. in McCrory Hall for the Performing Arts. This year's speaker will be Becca Stevens, author, speaker, priest, social entrepreneur, and founder and president of Thistle Farms. A reception will follow the talk.

After experiencing the death of her father and subsequent child abuse when she was five, Becca longed to open a sanctuary for survivors offering a loving community. In 1997, five women who had experienced trafficking, violence, and addiction were welcomed home. Twenty years later, the organization continues to welcome women with free residences that provide housing, medical care, therapy, and education for two years. Residents and graduates earn income through one of four social enterprises. Thistle Farms' global market helps employ more than 1,800 women worldwide, and the national network has more than 40 sister communities.

Becca has been featured in The New York Times, on ABC World News and NPR, and was named a 2016 CNN Hero and a White House "Champion of Change." She was featured in the PBS documentary "A Path Appears," named Humanitarian of the Year by the Small Business Council of America, and inducted into the Tennessee Women's Hall of Fame. Stevens is a 1985 graduate of the University of the South and attended Vanderbilt Divinity School. She has been conferred two honorary doctorates.

Her newest book, "Love Heals," was published by Harper Collins in September of 2017. Becca lives in Nashville with her husband, Grammy-winning songwriter Marcus Hummon, and their three sons.

Becca's visit is made possible through The Bishop Reynolds Forum, which brings a prominent speaker to the SAS campus each year to engage students and the community in a topic of current interest. The Forum was established through an endowment in memory of the Rt. Rev. George Reynolds, the late Bishop of Tennessee, and a graduate and former chaplain of the Sewanee Military Academy and a former trustee and past parent at St. Andrew's-Sewanee School.

In addition to the Tuesday evening talk, Becca will speak at an all-school chapel that morning.



Becca Stevens

## Sewanee Village: Thoughts on Housing

by Leslie Lytle  
Messenger Staff Writer

At the April Sewanee Village update meeting Special Assistant to the Vice-Chancellor Frank Gladu focused the discussion on housing. Of the Sewanee Village Plan's five priority projects—narrowing the U.S. Highway 41A intersection, a grocery-type market, relocating the University bookstore to downtown, a village green, and housing—"Housing is the most challenging," Gladu said. "It presents the most variables and had the highest demand."

"Apartments and multi-family homes are something we're missing," Gladu stressed. It makes sense to "build what we have none of." The plan calls for apartments on the top two stories of the grocery-type market and on the upper stories of other retail buildings proposed for the same tract. Another tract is earmarked for multi-family units such as duplexes and row houses.

"The question is what variety of housing we'll decide to create. I think the slam-dunk is bedroom and studio apartments," Gladu said.

Gladu also acknowledged a possible need for more single family homes in the downtown area. There are only two undeveloped lots left in Parson's Green, according to Gladu, and the downtown plan only identifies three lots for single-family homes.

A tract earmarked for single-family cottage court style housing "has gone

(Continued on page 6)



The All Saints' sacristans carry the Cross up to the Chapel on Good Friday.  
Photo by Lyn Hutchinson

## Grundy County Schools Run Clubs: A Sport Where Everyone Can Participate

by Leslie Lytle, Messenger Staff Writer

"Everyone can walk or run," said Grundy County Schools Health Coordinator Mary Jo Gallagher explaining the impetus that led to the Grundy County elementary schools hosting run clubs. Four years ago, Pelham Elementary School started a run club in response to a recommendation from the Tennessee Health Commission. A federal 1305 grant provided financial support for the program, which has since expanded to include an annual 5K race. This year's race on April 21 signifies a milestone for the program: every elementary school in Grundy County will have a run club participating.

The Grundy County Health Council partnered with the Grundy County Schools to launch the program. "The health council had been chosen to be a recipient of 1305 funding, and we used that to get some 5K clubs up and running," said Tonya Garner who served as the GCHC facilitator at the time. "We'd identified the need for activities other than organized sports for kids to participate in to get them active, and we thought that 5K clubs would be a great place to start."

The federal 1305 grant program offers all 50 states funding to help prevent and control diabetes, heart disease, obesity and associated risk factors and to promote school health. The run clubs held their first 5K three years ago. The runners travel a 3.1 mile stretch on the Mountain Goat Trail between Sewanee and Pearl's Foggy Mountain Café.

The Mountain Goat Trail Alliance (MGTA) recently received a \$317,000 Project Diabetes grant to help complete a section of trail between Monteagle and Tracy City. The health component of the grant supports the Grundy County Health Council with the money directed into the run clubs program. The funding pays for singlets with the runners' school name, transportation, and a meal following the race, said MGTA Executive Director Patrick Dean.

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Students in the Tracy City Elementary run club warm up with stretches.

P.O. Box 296  
Sewanee, TN 37375



## Sen. Bowling Announces Site Development Grants for New Jobs

State Senator Janice Bowling (R-Tullahoma) announced three Site Development Grants have been awarded in Senate District 16 by the Tennessee Department of Economic and Community Development. The funds are allocated as a result of the Rural Economic Opportunity Act, sponsored by Bowling and passed by the General Assembly in 2016, to spur economic development in rural counties. The intent of the act is to ensure Tennessee communities are ready to attract prospective companies by providing funds to better position local industrial sites.

"These grants are great news for the economic development of my district and will help these communities prepare for local industrial growth," said Senator Bowling. "I was happy to sponsor the legislation that made these grants possible and appreciate the work of local officials, Governor Haslam and the team at the Department of Economic and Community Development for securing and distributing these funds."

The grants include:

\$350,000 to the Franklin County Industrial Development Board for the Franklin County Industrial Park #9 (funds will be used to grade and excavate a pad on which to place a 100,000 square foot building);

\$35,977 to Grundy County for the Pelham Industrial Park (funds will be used to conduct due diligence studies, including resistivity).

"I look forward to seeing the growth in these communities and will continue to support their efforts in economic development," added Bowling.

## Correction

In last week's article "At the Movies, it misidentified the movie for April 5-8. The movie will be "Coco" not "The Disaster Artist." We regret the error.

## Addition

There is an addition to the "Fire Drill at FCHS Not a Protest" from the March 23, 2018 issue. The Messenger learned that on the day of the March 14 nationwide walkout honoring students and staff killed at Stoneman Douglas High School in Parkland, Fla., several parents gathered outside Sewanee Elementary School in support of the initiative. The Messenger extends thanks to those who expanded our knowledge of that day's events.

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## Hazardous Waste Collection

The Franklin County Solid Waste Management facility on Joyce Lane will have its annual Hazardous Waste Event, 8 a.m.-1 p.m., Saturday, April 7.

Hazardous household waste is defined as corrosive, flammable, toxic or reactive materials used in your home, car or truck, garden and lawn, such as:

Household Cleaners—Drain openers, oven cleaners, wood/metal cleaners and polishes, toilet bowl cleaners, disinfectants;

Automotive Products—fuel additives, grease/rust solvents, air conditioning refrigerants, starter fluids, auto body putty, antifreeze/coolants, carburetor/fuel injector cleaners;

Lawn/Garden Chemicals—fungicides, herbicides and pesticides;

Home Maintenance Chemicals—oil-based paint, paint thinner, wood preservatives, paint strippers/removers, adhesives;

Miscellaneous—batteries, finger-nail polish remover, pool chemicals, photo processing chemicals, medicines/drugs, reactive compounds (aerosols, compressed gasses), TVs and other electronics, mercury thermometers and thermostats, fluorescent light bulbs, computers and accessories.

No explosive, radioactive, or medical waste materials will be accepted.

For more information call 967-1139 or go to <www.ISWArecycle.net>.

## Curbside Recycling

Residential curbside recycling pickup in Sewanee is on the first and third Friday of each month. Friday, April 6, will be a pickup day.

Recyclable materials must be separated by type and placed in blue bags by the side of the road no later than 7:30 a.m. Please do not put out general household trash on this day. Blue bags may be picked up in the University Lease and Community Relations Office, 400 University Ave. (the Blue House) or at the Facilities Management office on Georgia Ave.

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Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a day-time telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, come by our office, 418 St. Mary's Ln., or send your email to <news@sewaneemessenger.com>. —KB



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## University Job Opportunities

**Exempt Positions:** Content Specialist, Marketing and Communications; Executive Chef, Sewanee Dining; Executive Director of the Beecken Center; Beecken Center/Education for Ministry; Manager, University Child Care Center.

**Non-Exempt Positions:** Admission Operations Specialist, Admission; Assistant Visit Coordinator and Receptionist, Admission; Campus Security Officer (10 positions), Police Department; Financial Aid Coordinator, Financial Aid; Food Service Worker, Sewanee Dining; Full-Time Police Officer, Police Department; Part-Time Dispatcher/Communications Officer, Police Department; Part-Time Police Officer, Police Department; Research Coordinator (Aquatic Ecologist), Environmental Stewardship & Sustainability; Woods Lab Shop Coordinator (Temporary), Technology Access & Support.

For more information call (931) 598-1381. Apply at <jobs.sewanee.edu>.

**We're glad you're reading the Messenger!**

## Serving Where Called

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

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Nathaniel P. Gallagher  
Peter Green  
Zachary Green  
Robert Mainzer  
Forrest McBee  
Andrew Midgett  
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Troy (Nick) Sepulveda  
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Louise Irwin, 598-5864.

## MESSENGER DEADLINES & CONTACTS

Phone: (931) 598-9949

### News & Calendar

Tuesday, 5 p.m.

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news@sewaneemessenger.com

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### Display Advertising

Monday, 5 p.m.

ads@sewaneemessenger.com

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Monday, Tuesday & Wednesday  
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Thursday—Production Day  
9 a.m. until pages are completed  
(usually mid-afternoon)

Friday—Circulation Day  
Closed

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## Upcoming Meetings

### FCDP Meetings

The Franklin County Democratic Party will host a Bean Supper from 5:30–7 p.m., Saturday, April 7, at Capitol Hill Community Center, 5631 AEDC Rd., Winchester. Meet all the local candidates running for office as Democrats along with State Representative John Ray Clemmons. Tickets are \$10 (kids eat free) and you can get them at the door.

There will be a Health Reform Panel: Medicare for All and Medicaid Expansion, 6–7:30 p.m., Wednesday, April 18, at the Community Room at the Franklin County Annex, 839 Dinah Shore Blvd. Laura Helfman MD, and Amy Evans MD will be the local experts.

The FCDP monthly meeting will be at 9 a.m., Saturday, April 21, at the Franklin County Annex Small Meeting Room, 839 Dinah Shore Blvd., Winchester.

### Coffee with the Coach

Coffee with the Coach, an opportunity to learn more about Sewanee's sports teams, will be at 9 a.m., Monday, April 9, with University of the South track and field coach Jeff Heitzenrater. Gather at the Blue Chair Tavern for free coffee and conversation.

### Fourth of July Planning Dates

Anyone interested in helping to plan for the annual Fourth of July is welcome to attend the planning session. The meetings are held on Mondays at 5 p.m. at the Sewanee Senior Citizen's Center. Meeting dates are April 9, May 14, June 4, 11, 18, and 25.

### Franklin County School Board

The Franklin County School Board will meet at 5:30 p.m., Monday, April 9, at the Franklin County Board of Education Building, 215 S. College St., Winchester.

### P.E.O. Sisterhood Meeting

The April meeting of Chapter Z Tennessee of the International P.E.O. Sisterhood will be at 10 a.m., Tuesday, April 10. All unaffiliated members of the P.E.O. Sisterhood who are in the Middle Tennessee area are welcome. Call (931) 962-0202 for more information.

### MCDP Regular Meeting and Potluck

Katie Tillman, the Chair of the Marion County Democratic Party has announced the regular meeting of the Democratic Party. This will be a Meet the Candidates' potluck dinner, so bring a covered dish if possible. The meeting will be 6–8 p.m., Tuesday, April 10, at the Kimball Town Hall Municipal Building, 675 Main St.

### EQB Meeting

Members of the EQB Club will meet for lunch at noon, Wednesday, April 11, at St. Mary's Sewanee. Marietta Poteet will present the lead on "England's Coast to Coast Trail" at 12:30 p.m.

### DivorceCare

On Wednesday, April 11, from 6–7:30 p.m., DivorceCare, a nationwide nondenominational 13-week support group for separated and divorced individuals will meet off of Main Street in Monteagle. Please go to <www.divorcecare.org> and type in your zip code for further information on the Monteagle location and how to register. Contact Daniel or Becky Lehmann at <eaglesrest1517@gmail.com> or call (615) 294-4748 for more information.

### Area Rotary Club Meetings

The Grundy County Rotary Club meets at 11:30 a.m., Tuesdays at Dutch Maid Bakery in Tracy City. The Monteagle-Sewanee Rotary Club will meet at 8 a.m., Thursday, April 12, at the Sewanee Inn. Susan Holmes will present the program on the Cumberland Center for Justice and Peace.

### Railroad Park Work Day

Cowan area residents and business owners will hold the 19th annual Work Day in the Railroad Park at 9:30 a.m., Saturday, April 14, in downtown Cowan. The goal is to freshen and repair the downtown railroad park in time for seasonal tourist traffic. Everyone is invited to participate.

For more information email <visitcowan@gmail.com>. The Work Day is co-sponsored by Cowan Railroad Museum and Cowan Commercial Club.

### Franklin County Commissioners

The Franklin County Board of Commissioners will meet at 7 p.m., Monday, April 16, at the Franklin County Courthouse.

### Tim's Ford Council

Membership meeting for Tim's Ford Council will be at 7 p.m., Thursday, April 19, in the Community Meeting Room at Franklin County Annex, 855 Dinah Shore Blvd., Winchester. The program will be a forum for candidates running for Franklin County Mayor. The meeting is open to the public.

### Community Council

The next meeting of the Community Council is scheduled for 7 p.m., Monday, April 23, at the Senior Citizens' Building. Items for the agenda should be submitted to the Provost's office by noon on Wednesday, April 11.

## Free Income Tax Prep

The IRS-certified Sewanee Volunteer Income Tax Assistance (VITA) Program is processing and filing qualifying residents' income taxes.

Any resident of Franklin, Grundy, or Marion county who makes less than \$54,000 a year, is disabled, or is elderly qualifies for a free tax return.

Each resident interested in filing must bring proof of identification (a photo ID), social security cards (if filing jointly with another person then bring both social security cards and both individuals must be present), wage and earning statements (W-2, 1099, etc.), dividend and interest statements (if this applies to the resident filing), birth dates of the resident(s) and dependent(s), and banking account and routing numbers for direct deposit (found on a blank check).

If a resident filing does not have a social security card, then he/she must bring an IRS Individual Taxpayer Identification Number (ITIN) assignment letter.

Please direct any questions to <economic.development.vista@gmail.com>. Saturday, April 7, 10 a.m.–1 p.m., Franklin County Library (appointment required), 105 S. Porter St., Winchester;

Sunday, April 15, 11 a.m.–4 p.m., Dutch Maid Bakery, 109 Main St., Tracy City.

## Gubernatorial Candidates to Attend Local Democratic Rally

History is being made at the 2018 Grundy County Democratic Party Rally. The two Democratic candidates for the Tennessee Governor's seat, Karl Dean, former Mayor of Nashville, and Representative Craig Fitzhugh, Minority Leader of the Tennessee House of Representatives, will both be in attendance and speak at the Local Party's Rally on Saturday, April 7, at 6 p.m. at the Grundy County High School in Coalmont.

"This is the first time to our knowledge, in the history of the local party, that candidates seeking this high office have been available to speak to our local citizens," said Chairman Larry Hall. "We are excited to provide this opportunity for the citizens of Grundy County to hear the national, state and local candidates to speak about their platforms and what they will work to accomplish for the citizens of Grundy County."

Candidates running for U.S. Congress, Tennessee House of Representatives, and State Executive Committeewoman, as well as all of the local candidates for County Mayor, County Commissioners, Road Superintendent, Sheriff, Trustee, Circuit Court Clerk, County Clerk Constables and Register of Deeds will be in attendance.

## Sewanee Civic Association Annual Meeting, April 18

The Sewanee Civic Association would like to invite the community to a Meet and Greet, Wednesday, April 18, at St. Mark's Hall, Otey Parish. This is final membership meeting for this year. Social time begins at 5:30 p.m. There will be a brief business meeting at 6 p.m., with an update on the Community Chest fund drive and voting of officers. This will be followed by the presentation of the 35th annual Community Service Award.

This year, the SCA is celebrating 110 years of civic opportunities in the community. The association brings together community members for social and service opportunities. The SCA is the sponsoring organization for Cub Scout Pack 152, the Parks Committee, Sewanee Classifieds and the Sewanee Community Chest. Any adult who resides in the area and shares concerns of the community is invited to participate and become a member.

For more information, go to <sewaneeccivc.wordpress.com>.

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# Church News

## All Saints’ Chapel

Growing in Grace will continue Sunday evening, April 8, at 6:30 p.m. in All Saints’ Chapel. Our speakers this semester will address significant gathering places in their lives. Christ assures us “where two or three are gathered in my name, I am there among them” (Matthew 18:20, NRSV). We return again and again to certain communities and physical spaces in the hope of also being in the presence of something divine. Where are those places for us? Who are the people we become our purest selves in? How do we experience Christ’s presence when only two or three stand with us? Tyler Augst, Coordinator of Student Programs at the Office of Civic Engagement and leader of the New Orleans outreach trip, will share with us his New Orleans experience.

Catechumenate continues Wednesday, April 11, at 7 p.m. in the Women’s Center. Desserts and coffee will be provided. Based around fellowship, study, openness, and conversation, the Catechumenate serves as a foundational piece for the Christian faith, as well as a forum for discussion for people of all backgrounds. This week we will explore welcoming prayer. All are welcome! For more information, email Lay Chaplain Kayla Deep at <kayla.deep@sewanee.edu>.

## Christ Church Monteagle

On this Sunday, April 8, Christ Church will keep the Orthodox Easter. This is in honor of some of the first generation of members who were Orthodox and who, having no church of their exact tradition in this area, became part of Christ Church.

# Obituaries

## William Tomphson Cocke III

William Tomphson Cocke III, (C’51) age 88 of Sewanee, died on March 26, 2018, in Charlottesville, Va. He was born on Feb. 12, 1930, in Demopolis, Ala., to Mary Ida Drake and William Tomphson Cocke Jr. During the Korean War, he served as an intelligence officer in the U.S. Navy on board the USS Essex, and attained the rank of lieutenant (junior grade).

He graduated from the University of the South in 1951, and after completing his Ph.D. from Vanderbilt University in 1967, he returned to his alma mater to begin a teaching career in the English department that would last for 30 years. He also served as a faculty trustee, was the director of summer school, was a faculty member for the British Studies at Oxford program, and served as the faculty advisor to the Sewanee chapter of Phi Delta Theta fraternity. He retired in 1997 as the Jesse Spaulding Professor of English Literature, Emeritus. He was preceded in death by his parents; and his wife, Claudia Louise Hunt Cocke.

He is survived by two sons, William Tomphson (Sally Irene Tucker) Cocke IV, of Batesville, Va., and Thomas Lawrence Hunt Cocke, of Nashville; and two grandchildren.

Funeral services will be at 1 p.m. on Saturday, April 14, in All Saints’ Chapel, with interment in the University Cemetery. A reception will follow in the McGriff Alumni House (former Phi Delta Theta fraternity house). In lieu of flowers, memorial gifts may be made to Stronger Truer Sewanee, the Campaign for the University of the South, Office of Advancement, 735 University Ave., Sewanee, TN 37383, or online at <sewanee.edu/stronger-truer>.

## James Edward McBee

James Edward McBee, age 61, of Sherwood, died on March 29, 2018, at Highlands Medical Center in Scottsboro, Ala. He was born on June 9, 1956, in Winchester, to William Edward and Bertha Hill McBee. He was employed for several years at Garner’s Sawmill in Sherwood before becoming disabled. He was preceded in death by his parents; brother, Reynolds McBee; and granddaughter, Britany Sue Shettters.

He is survived by his children, James Allen (Tonya) Wallace of Stevenson, Ala., Michelle (Timothy Sanders) Howard of Monteagle, Edward (April Watkins) Wallace of Stevenson, Ala., and Crystal (Peanut) Shettters of Sherwood; brothers, Johnny (Barbara) McBee of Cowan and Robert McBee of Sherwood; sisters, Linda (Wayne) Prince Leona Pendergrass, and Julie McBee, all of Sherwood, and Brenda (David) Garner of Winchester; 14 grandchildren; and three great-grandchildren.

Funeral services were on March 31, at Sherwood Church of Christ with Bro. Franklin Hill officiating. Interment followed in Mountain View Cemetery, Sherwood. In lieu of flowers the family requests donations be made by contacting Grant Funeral Services. For complete obituary go to <www.grantfuneralservices.net>.

## Memorial Service

### Joan W. Carter

A memorial service for Joan W. Carter, who died on Nov. 16, 2017, will be at 10 a.m. on Saturday, April 7, at Otey Memorial Parish Church. A reception will follow in Otey’s St. Mark’s Hall.

## Otey Parish

This Sunday, the Lectionary Class will explore Sunday’s gospel, in the Claiborne Parish House, Adult Education Room. Children ages 3–11 are invited to meet their friends for Godly Play. Youth Sunday School will meet in Brooks Hall. Infants 6 weeks to children 4 years old are invited to the nursery to the nursery beginning at 8:30 a.m. There will be nursery for both services and the Sunday School Hour.

The Adult Forum: The Rev. Robert C. Lamborn and Jeannie Babb, Christian Formation Director, will present “Otey’s Missional Engagement.” As the parish’s 150th anniversary approaches, the parish will be reflecting on its past and present, including via oral histories, in discerning God’s call for the future.

The Right Rev. Bauerschmidt will be visiting Otey on April 29. On that Sunday, there will be only one service at 11 a.m.

## St. Mary’s Convent

Our next Contemplative Prayer Service is on Friday, April 13, at 6 p.m. at St. Mary’s Convent chapel. The topic is “Spiritual Landscapes,” exploring the human relationship with land. The service has times for music, prayer, readings, and informative videos. All are welcome.

## Taizé Service in Winchester

An ecumenical meditative service of prayer and song from the Taizé Community will be held at Trinity Episcopal Church, 213 1st Ave. NW, Winchester, on the second Sunday of the month, Sunday, April 8, at 7 p.m.

## Tullahoma Sangha

Tullahoma Sangha, a Zen Buddhist meditation and study group, meets each Wednesday at 6 p.m. at Unitarian Universalist Church of Tullahoma. The service will consist of zazen (med-

itation), kinhin (walking meditation) and a short lesson and discussion. Newcomers are welcome; please call ahead and we will have a short orientation at 5:45 p.m. The church is located at 3536 New Manchester Hwy., Tullahoma. For more information, or if you would like to be added to the email group, call (931) 455-8626.

## Unitarian Universalist

The Unitarian Universalist Church of Tullahoma’s speaker this week will be Robin Dunn on “Going Green as a Spiritual Practice.” The service begins Sunday at 10 a.m., followed by refreshments and a discussion period. The church is located at 3536 New Manchester Hwy., Tullahoma. For more information, call (931) 455-8626, or visit the church’s website at <www.tullahomauu.org>.

**Calendar:**  
**sewaneeemessenger.com**

# Church Calendar

## Weekday Services March April 6–13

7:30 a.m. Morning Prayer, Otey  
7:30 a.m. Morning Prayer, St. Mary’s Convent (not Mon)  
8 a.m. Holy Eucharist, St. Mary’s Convent (not Mon)  
8:30 a.m. Morning Prayer, St. Augustine’s (M–F)  
8:30 a.m. Morning Prayer, Christ the King (Tues)  
11:30 a.m. Prayer/Healing, Morton Memorial (1st/3rd Thur)  
1 p.m. Centering Prayer, Trinity, Winchester (Wed)  
3:30 p.m. Centering Prayer, St. Mary’s Sewanee (Tues)  
4 p.m. Evening Prayer, St. Augustine’s (M–F)  
4:30 p.m. Evening Prayer, Otey (M–F)  
6 p.m. Contemplative Prayer, St. Mary’s Convent (4/13)  
7 p.m. Centering Prayer, St. Paul’s Chapel, Otey (Mon)  
7 p.m. Taizé service, St. Luke’s Chapel (4/6)

## Saturday, April 7

7:30 a.m. Morning Prayer, St. Mary’s Convent  
8 a.m. Holy Saturday Liturgy, St. Mary’s Convent  
10 a.m. Sabbath School, Monteagle 7th Day Adventist  
11 a.m. Worship Service, Monteagle 7th Day Adventist  
4:30 p.m. Evening Prayer, St. Mary’s Convent  
5 p.m. Mass, Good Shepherd Catholic, Decherd

## Sunday, April 8

### All Saints’ Chapel

8 a.m. Holy Eucharist Rite  
11 a.m. Holy Eucharist Rite  
6:30 p.m. Growing in Grace

### Bible Baptist Church, Monteagle

10 a.m. Worship Service  
5:30 p.m. Evening Service

### Chapman Chapel Church of the Nazarene, Pelham

9:30 a.m. Sunday School  
10:45 a.m. Morning Worship  
6 p.m. Evening Worship

### Christ Church, Monteagle

10:30 a.m. Holy Eucharist  
10:45 a.m. Sunday School

### Christ Episcopal Church, Alto

9 a.m. Sunday School  
10 a.m. Holy Eucharist

### Christ Episcopal Church, Tracy City

10 a.m. Adult Bible Study  
11 a.m. Holy Eucharist (child care provided)

### Christ the King Anglican, Decherd

9 a.m. Worship Service

### Cowan Fellowship Church

10 a.m. Sunday School  
11 a.m. Worship Service

### Cumberland Presbyterian Church, Monteagle

9 a.m. Fellowship  
11 a.m. Worship Service

### Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service  
10 a.m. Sunday School

### Decherd United Methodist Church

9:45 a.m. Sunday School  
10:50 a.m. Worship Service

### Epiphany Mission Church, Sherwood

10 a.m. Holy Eucharist Rite II

### Good Shepherd Catholic Church, Decherd

10 a.m. Mass  
10 a.m. Spanish Mass

### Grace Fellowship Church

10:30 a.m. Sunday School/Worship Service

### Harrison Chapel Methodist Church

10 a.m. Sunday School  
11 a.m. Worship Service  
5 p.m. Worship Service

### Midway Baptist Church

9:45 a.m. Sunday School  
10:45 a.m. Morning Service  
6 p.m. Evening Service

### Midway Church of Christ

10 a.m. Bible Study  
11 a.m. Morning Service  
6 p.m. Evening Service

### Ministry Baptist Church, Old Co-op Bldg., Pelham

10 a.m. Sunday School  
10:45 a.m. Breakfast  
11 a.m. Worship Service

### Monteagle First Baptist Church

10 a.m. Sunday School  
11 a.m. Worship Service  
6 p.m. Evening Worship

### Morton Memorial United Methodist, Monteagle

9:45 a.m. Sunday School  
11 a.m. Worship Service

### New Beginnings Church, Monteagle

10:30 a.m. Worship Service

### New Beginnings Church, Pelham

9:45 a.m. Worship Service

### Otey Memorial Parish Church

8:50 a.m. Holy Eucharist  
11 a.m. Holy Eucharist

### Pelham United Methodist Church

9:45 a.m. Sunday School  
11 a.m. Worship Service

### St. Agnes’ Episcopal Church, Cowan

11 a.m. Holy Eucharist Rite I

### St. James Episcopal Church

9 a.m. Holy Eucharist Rite II

### St. Margaret Mary Catholic Church, Alto

8 a.m. Mass

### Sewanee Church of God

10 a.m. Sunday School  
11 a.m. Morning Service  
6 p.m. Evening Service

### Sisters of St. Mary’s Convent

8 a.m. Holy Eucharist  
5 p.m. Evensong

### Tracy City First Baptist Church

9:45 a.m. Sunday School  
10:45 a.m. Morning Worship  
5:30 p.m. Youth Group  
6 p.m. Evening Worship

### Trinity Episcopal Church, Winchester

9:30 a.m. Christian Formation  
10:30 a.m. Holy Eucharist Rite II  
7 p.m. Taizé Service (2nd Sunday)

### Valley Home Community Church, Pelham

10 a.m. Sunday School, Worship Service

## Wednesday, April 11

6 a.m. Morning Prayer, Cowan Fellowship  
10 a.m. Bible study, Sewanee Cumb. Presb. Church  
Noon Holy Communion, Christ Church, Monteagle  
5 p.m. KAs/Bible Study/meal, Monteagle First Baptist  
5:30 p.m. Evening Worship, Bible Baptist, Monteagle  
5:45 p.m. Youth Bible study/meal, Monteagle First Baptist  
6 p.m. Adult Bible study, Monteagle First Baptist  
6 p.m. Celtic Communion, Holy Comforter, Monteagle  
6 p.m. Prayer and Bible study, Midway Baptist  
6 p.m. Evening Prayer, Trinity, Winchester  
6:30 p.m. Community Harvest Church, Coalmont  
6:30 p.m. Prayer Service, Harrison Chapel, Midway  
6:30 p.m. Youth group, Tracy City First Baptist  
7 p.m. Adult Formation, Epiphany, Sherwood  
7 p.m. Bible study, Chapman’s Chapel, Pelham  
7 p.m. Evening Worship, Tracy City First Baptist



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*“In every walk with nature one receives far more than he seeks.” John Muir*

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MLS 1843620 - 2120 Lakeshore Dr.,  
Clifftops. 5 acres. \$469,000



BLUFF - MLS 1777974 - 3480 Sherwood  
Rd., Sewanee. \$310,000



BLUFF - MLS 1886899 - 569 Haynes  
Rd., Sewanee. 5.1 acres. \$549,000



MLS 1881983 - 142 N. Carolina Ave.,  
Sewanee. \$495,000



MLS 1901778 - 52 Sherwood Trail,  
Sewanee. \$348,000



MLS 1899886 - 31 Campbell Court,  
Sewanee. \$139,500



MLS 1514972 - 202 Main St.,  
Monteagle. \$112,000



MLS 1884126 - 21 Mont Parnasse Blvd.,  
Sewanee. 3.4 acres. \$299,500



MLS 1884814 - 143 Winns Circle,  
Sewanee. \$385,000



BLUFF - MLS 1773059 - 1804 Clifftops  
Ave., Monteagle. 6.9 acres. \$995,000



MLS 1891347 - 715 Orange Hill Rd.,  
Tracy City. \$279,000



BLUFF - MLS 1847887 - 1832 Ridge Cliff  
Dr., Monteagle. \$299,900



BLUFF - MLS 1810644 - 294 Jackson  
Point Rd., Sewanee. 20.9 acres. \$299,500



BLUFF - MLS 1906326 - 208 Vanderbilt Ln.,  
Sewanee. \$849,000



BLUFF - MLS 1656823 - 1613 Laurel Lake  
Dr., Monteagle. 5.3 acres. \$449,900



BLUFF - MLS 1850420 - 1710 Stage  
Coach Rd., Sewanee. 31+ acres.  
\$765,000



MLS 1905336 - 204 Wiggins Creek Dr.,  
Sewanee. \$390,000

## BLUFF TRACTS

Old Sewanee Rd. 53+ac	1846822	\$296,000
14 Jackson Pt. Rd 18.6 ac	1803643	\$129,500
Hummingbird Ln. 11.7 ac	1868973	\$59,500
15 Saddletree Ln. 6.12 ac	1680519	\$75,000
16 Laurel Lake Rd.	1722522	\$97,500
3 Horseshoe Ln. 5.6 ac	1608010	\$60,000
38 Long View Ln. 2.56 ac	1787091	\$99,000
36 Long View Ln. 2.56 ac	1877280	\$49,000
7 Jackson Pt. Rd.	1714853	\$75,000
37 Jackson Pt. Rd.	1579614	\$75,000
Jackson Pt. Rd. 12.45 ac	1911600	\$125,600
12 Saddletree Ln.	1578117	\$79,500
Jackson Pt. Rd. 19+ ac	1911497	\$120,000
7 Saddletree Ln.	1726054	\$70,000
25 Old Sewanee Rd. 5.2 ac	1741756	\$119,000
Partin Farm Rd. 6.5 ac	1902508	\$64,500
Hwy 41, Jasper 10 ac	1906899	\$125,000



BLUFF - MLS 1878711 - 226 Rattlesnake  
Springs Ln., Sewanee. \$799,000



MLS 1698101 - 41 Sherwood Rd.,  
Sewanee. \$194,000

## LOTS & LAND

17 Cooley's Rift Bl. 5.7 ac	1879330	\$35,000
33 Westlake Ave. 5.3 ac	1800077	\$75,000
Jackson Pt. Rd. 4.8 ac	1714849	\$37,500
Haynes Rd. 6.5 ac	1690261	\$75,000
43 Bluff Woods	1774625	\$28,000
57 Edgewater Ct. Win.	1813506	\$35,000
2335 Sarvisberry 5.3 ac	1831124	\$39,000
St. Marys Ln. 10 ac	1820182	\$85,000
Montvue Dr. 5 ac	1714856	\$54,900
Sarvisberry Pl.	1875529	\$69,000
8 Jackson Point Rd.	1734341	\$36,000
55 Lake Louisa 4.2 ac	1900500	\$38,800
Pine Dr. 16.1 ac	1894605	\$149,000
Pine Dr. 3.22 ac	1894027	\$40,000
#22 Shadow Rock 1.18 ac	1906497	\$24,000
362 Haynes Rd. 10 ac	1910953	\$84,000



## Tea on the Mountain *(from page 1)*

Ark., a tea room and restaurant was both an inviting prospect and uncharted territory. They loved hosting tea for friends at home and were inspired by their experiences in tea rooms in places like London, Paris, Switzerland, Hong Kong, Sydney and Hawaii.

"We enjoyed serving teas to people," Myrna says. "It was an easy way to entertain; it was an impressive way to entertain. You could do little bitty things and it looked great or you could do big elaborate things and it still would work great in a tea."

The tea lovers say the experience of running the restaurant has been the hardest and most rewarding work of their lives.

"I did not expect to meet all the wonderful people that we've met. People we would have never come in

contact with any other way," Pat says. "I didn't expect it to be so much fun either."

The Nesbits say when they started Tea on the Mountain they decided to continue in five-year increments and are now on their third run.

"I'm serious, as long as we can stand up and work we're going to do it; it's too much fun to quit," Pat says. "It's kind of like getting hold of a tiger's tail; you can't let go."

The tea room and restaurant is open from 11:30 a.m. to 4 p.m., Thursday, Friday and Saturday. Afternoon tea, high tea, and dinner are also available by reservation.

The "Tea on the Mountain Recipes and More" cookbook is available for \$15 at the tea room and via the Tea on the Mountain Facebook page.

## Village *(from page 1)*

through many redesigns" to address drainage issues, Gladu said. "We're now looking at building at the rear of the lot where the house used to be located."

Gladu also suggested the possibility of working with the planner to release lots outside the downtown area. Plans call for only single-family homes in the area of the Sewanee Village outside downtown. Groupings of lots with conveniently located utilities would offer less expensive options to both individuals wanting to build and to developers who might want to build four or five homes, Gladu pointed out. He speculated that the rule allowing only University employees to build might be relaxed as is the case in Parson's Green where permanent residents are allowed to build, but not second-home owners.

Provost Nancy Berner was in the process of reviewing the initial report from the Housing Study Group, Gladu said. He expected Berner to share the findings of the report at the end of April.

According to Gladu, Berner has already acted on one recommendation from the Housing Study Group, allowing University employees currently residing in University rental housing to rent for up to four years instead of just three. Gladu explained the three-year rental policy was instituted to accommodate an influx of new faculty, but that need no longer exists.

"The idea of University rental housing has always been as a transition place until people decide where they want to live more permanently," Gladu said. The University rents only to employees. The rental policy, like the policy allowing only University employees to build, intends to ensure employees have a place to live.

Gladu compared the University's experience with rental housing to a roller coaster ride, with demand ranging from extremely high to extremely low "for no rhyme or reason."

In a discussion about how increasing retail growth depended on not just increasing housing but on attracting visitors, a new resident in the community suggested an RV park as a way to accommodate temporary residents.

Providing an update on other projects, Gladu said a funding gift earmarked for design of the village green will likely result in selection of a landscape architect in the near future. Gladu stressed the Sewanee Market located on the lot proposed for the green couldn't close until the new grocery was built. Gladu plans to meet with a developer interested in the multi-use grocery-apartment project next week.

## Run Club *(from page 1)*

The Tennessee Department of Health provides the clubs with a Run Club Tool Kit, Gallagher said. In the six-week program, students learn warm-up stretches, the importance of hydrations, how to dress for the weather, and other tips like using sunscreen. The age limit is left up to the sponsoring school. All participating students must have a physical.

The clubs meet one or two times a week. Faculty sponsors coordinate activities in most of the clubs, but in some parent volunteers play an active role. This year for the first time the schools had the opportunity to offer the program in both the fall and spring semesters. "We only have one big event, though," Gallagher noted, "and that's the 5K run on April 21."

Students work their way up to running a 5K by starting out walking three minutes and running one in the opening training days, said Tracy City Elementary coach Jan Roberts. As race day approaches, the training activity is four minutes of nonstop running.

The April 21 race starts at 9 a.m., with trophies awarded for first, second and third places in four categories: girls, grades one through five; boys, grades one through five; girls, grades six-eight; and boys, grades six-eight.

Winning the race isn't what the run clubs are about, though. "Playing basketball and baseball is great," Garner said, "but after you get out of school most kids normally stop playing. You teach a kid to have a love for running and you have set them up for a life of health and fitness. That's our goal."

## Community-Wide Yard Sale

### Register by April 20

Once again the Sewanee Community Center is coordinating the community-wide yard sales to be held 8 a.m.-1 p.m., Saturday, April 28.

A \$15 registration fee and form is required. This fee will be used to print maps highlighting the sales that day, printing an official yard sign for your house, and placing advertisements in local papers including Sewanee, Manchester, Tullahoma, Monteagle, Winchester and other surrounding communities.

You can participate by either having a sale at your home (feel free to combine your efforts with a friend!) or join up with others at the Community Center. Maybe you don't have many items for sale or would rather be in a larger group—you can reserve space inside the Center.

Deadline to register is April 20.

If you have any questions please email Rachel Petropoulos at <rpetropo@gmail.com>.

The registration form can be found at <<http://www.sewaneecommunitycenter.org/>>.

## Why You Should Care about Diabetes

by Leslie Lytle, Messenger Staff Writer

Unable to find an affordable diabetes reversal program to offer to area residents, registered nurses Karen and Stephen Wickham created their own, an idea born in 2012. A few years before, Stephen, who also holds a degree in chemistry, accepted an invitation to present at an international health lecture at Ardmore University focusing on diabetes reversal. Up to that time, he regarded diabetes as an incurable disease—"I'd never heard of diabetes reversal. It was a very enlightening experience." Statistics ranking Grundy County last in residents' health, diabetes among the top five issues, prompted the Wickhams to take action.

"We wanted to reach out to our neighbors," Karen said. Stephen stressed the difficulty of talking with patients about diabetes. "The doctor will walk out of the room and the patient will turn to the family and say, 'I didn't understand a thing they said.'"

The Wickhams searched for a program geared not just to controlling diabetes, but aimed at turning back the clock. The first promising program they found required a residential in-patient setting. The only community based program they could find required the presenters to charge participants a \$399 fee. "Our people couldn't afford that," Karen insisted.

Rising to the challenge, Stephen designed a program consisting of six two-hour sessions over a course of six weeks. The sessions consist of a preliminary weigh-in and blood pressure check; enjoying a tasty food sample; sharing time; a lecture; exercise; and table coaching.

"The coach asks the participants what they learned that night and how they can apply what they learned at home," Karen said. The discussion serves as both a review and inspiration. Participants learn something new each week to take home and practice, then come back the next week for more.

Yale University sent a researcher in the field of epidemiology to chart the program's success. The researcher recorded dramatic decreases in blood pressure. Changes in average blood sugar levels (A1c), which fluctuate with diet and exercise, are more difficult to track. A1c changes are currently being accessed over the course of a six-week seminar in Ringgold, Ga.

Area physicians frequently encourage diabetic and pre-diabetic patients to participate in the Wickhams seminars. A Jasper man who recently completed the program cut his insulin use in half and reduced his blood sugar from 190 to 120.

More than 500 people have participated in the Wickhams' reverse diabetes seminars, and the Wickhams have shared their knowledge, training health care professionals from across the Southeast to implement the program.

The Wickhams focus on addressing insulin resistance, not on controlling blood sugar. Fat accumulation in the pancreas and liver interferes with insulins ability to process blood sugar and turn it into energy, Stephen explained. Instead, the sugar is stored as fat, exacerbating the problem as more fat accumulates in the pancreas and liver.

"Diabetes can be reversed by losing one gram of fat in the pancreas, but it's hard to do," Stephen conceded. By the time of a diabetes diagnosis, most people have been developing insulin resistance for 13 years. Reversing the process takes weeks and sometimes months.

Weight loss is critical to reducing insulin resistance, according to the Wickhams, but they stress participants should never lose more than one or two pounds a week to avoid losing the muscle mass necessary for exercise, another key component of the program.

"When a person exercises, insulin can transport 14 times more sugar to the cells for use as energy, instead of storing it as fat," Stephen points out.

Symptoms of diabetes include fatigue, frequent urination, men with a waist over 40 inches and women with a waist over 35 inches, high cholesterol and triglyceride levels, skin tag moles, and migrating aches and pains.

Eighty percent of diabetics have cardiovascular disease, and 68 percent die from cardiovascular events. Other consequences include eye disease and blindness, kidney failure, strokes, amputation from poor circulation, high blood pressure, and birth defects.

One in five health care dollars goes to treating diabetes and diabetes-related ailments, Stephen said.

The Wickhams received the 2013 Governor's Volunteer Stars Award for Grundy County and the 2015 Rural Health Association of Tennessee Merit Award. Stephen also received Lifepoint's Mercy Award from Southern Tennessee Medical Center in 2013.

Frequently churches sponsor the program, with participants responsible only for the cost of the books. No affiliation with the sponsoring church is necessary.

The Wickhams hope to offer several area seminars in the coming year. Participants have reported dramatic results from something as simple as walking 20 minutes after meals and switching from an animal based to a plant based diet where lunch might be pinto beans instead of mac and cheese.

"Our mantra is 'choose health,'" Stephen said. "It's really just a matter of all those little choices we make."



### OPEN HOUSE

1-3 p.m., April 7 and April 8  
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*It's a great year for trilliums. Photo by Sandy Gilliam*

## 15th Annual Trails and Trilliums Festival

Trails and Trilliums is a multi-day celebration of spring, featuring expertly-guided hikes on many of the South Cumberland State Park's most scenic trails. The event will be held April 13–15, at the South Cumberland State Park Visitor Center.

The festival offers a full slate of nature-themed speakers and workshops for the adults at no charge, plus Family Fun activities for children and the adults who come with them, also free of charge. There's music, food and a variety of artists and craft vendors offering works for sale.

Wine and Wildflowers takes place on Saturday, April 14, from 5:30–7 p.m. at the Monteagle Inn. Featuring an outstanding selection of wines and hors d'oeuvres, Wine and Wildflowers will also showcase the Friends' presentation of this year's Trails and Trilliums Tribute Award to longtime Friends supporter and outdoor journalist Bob Butters, whose many articles about the outdoor wonders of the southern Cumberland Plateau and South Cumberland State Park have appeared on his blog, "The Nickajack Naturalist," as well as on <nooga.com>, a Chattanooga-based regional news site. Please join us for a wonderful evening event, support the mission of the Friends, and thank Bob for the amazing work he's done on behalf of Tennessee's largest State Park!

All proceeds from Hiking Pass sales, Wine and Wildflowers ticket sales, food, art and merchandise sales benefit the Friends of South Cumberland State Park, a volunteer-driven, nonprofit organization, working in support of the Park.

Online registration for Trails and Trilliums is now open. Registration is required for all hikes, and for the Wine and Wildflowers celebration. For more information go to <www.trailsandtrilliums.org>.

## Water Conversations: Walking as Witnessing

The community is invited to the "Water Conversations: Walking as Witnessing" lecture by Anna MacLeod from 5–6:30 p.m., Wednesday, April 11, in the Torian Room of duPont Library.

Sculptor Anna MacLeod has traveled the world examining the legacy of industrialism on sacred water bodies and potable water and the resilience of communities facing insecure water futures and climate change uncertainty. She has completed a series of scul-

tures titled "Water Conversations" that explore social, political, cultural and spiritual attitudes towards water in Broken Hill, Australia, the Gobi Desert, Velez Blanco in Spain, and Sante Fe, N.M. Her interdisciplinary work examines transcultural dynamics in water stewardship and adds to Sewanee's "Year of Water" series.

The lecture is sponsored by the University Lectures Committee, Environmental Arts and Humanities, and Environmental Studies

## Leader in Global Health and Development to Speak at Sewanee

Charles MacCormack is the Senior Fellow for NGO Futures at Interaction, the national association of more than 200 U.S. humanitarian and development organizations. He is the annual Omicron Delta Kappa speaker at the University of the South, and will give a talk, "Leadership in a Global Era," at 4:30 p.m., Monday, April 9, in Gailor Auditorium. The public is welcome to attend the talk.

MacCormack also serves as vice-chair of the Millennium Development Goal Health Alliance. Throughout 2016 he served as an advanced leadership fellow at Harvard University. He also served as executive-in-residence at Middlebury College from 2012 to 2016, and works with a number of international think tanks. Each of these undertakings advances knowledge, teaching, and practice of the role of corporations, foundations, NGOs, universities, philanthropists, and media in global health and development.

From 1993 through 2011, MacCormack was president of Save the Children, the world's leading independent nonprofit organization serving children in need. He currently serves on the Board of Save the Children International, which programs more than \$2.1 billion in more than 120 countries.

Throughout his career, Professor MacCormack has served in many consultative and official roles, including service on the Board of World Learning, as a founding board member of Malaria No More, and as a member of the Council on Foreign Relations.

## Friends of the Library Seeking New Members

Whether you are new to the Mountain community or have lived here a while, you are invited to join the Friends of the Library of the University of the South and take advantage of the outstanding resources available to you at the University Library. The Friends of the Library exists to support the Jessie Ball duPont Library as an intellectual, cultural, and social center for Sewanee and beyond.

Since its inception in 1983, the Friends of the Library has supported the Library in many ways including supporting summer internships for Archives and Special Collections and for Digital Projects; providing funding for the video collection, and buying comfortable leather furniture for Library patron use. Other projects include honoring an exemplary work-study student with the Derek Waller Award and purchasing an outdoor book drop.

Stop by the circulation desk at the duPont Library and pick up a Friends of the Library brochure with application or print out a membership form at <library.sewanee.edu/fol>. Mail it to Friends of the Library, Attention: Tim Garner; duPont Library, University of the South, 735 University Ave., Sewanee, TN 37383, or bring it to the Library's circulation desk with your check or cash for membership dues. You may also pay with your credit card through the online link <http://www.sewaneegateway.com/fol>.

The community is invited to attend the final Friends of the Library sponsored program of the Easter semester on Wednesday, April 18, at 4:30 p.m. in Gailor Auditorium, Gailor Hall. Two of the Friends of the Library Board Members are part of the Memory and History Symposium, and will discuss their recent books. William E. Engel will talk about his book, "The Memory Arts in Renaissance England" and W. Brown Patterson will discuss "Thomas Fuller: Discovering England's Religious Past." There will be a reception and book signing following the panel discussion. Membership information will also be available at this program. For more information go to <library.sewanee.edu/fol>.

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## Parini to Speak on New Book 'The Way Of Jesus'

Writer Jay Parini will return to Sewanee this month to speak about his new book, "The Way of Jesus: Living a Spiritual and Ethical Life." His talk will be at 4:30 p.m., Monday, April 16, in Convocation Hall, with a reception and book-signing to follow. Of Parini's latest work, Harvey Cox, author of "The Future of Faith," says, "Parini's Jesus escapes the limitations of the 'historical Jesus' genre without leaving some of the most valuable insights of that effort behind. ... An exquisite book."

The community is invited to Parini's talk.

Parini, who last visited Sewanee in 2015, is a prolific poet, novelist, and biographer, and is the D. E. Axinn Professor of English and Creative Writing at Middlebury College. He is the author of six books of poetry; eight novels, including "The Last Station," which was made into an Academy Award-nominated film in 2009; and biographies of John Steinbeck, Robert Frost, William Faulkner, and Gore Vidal. He writes for various publications, including The New York Times, The Guardian, and The Chronicle of Higher Education.

"The Way of Jesus" has been described as a book for progressive Christians and spiritual seekers who struggle with some of the basic questions about human existence: its limits and sadnesses, and its possibilities for awareness and understanding.

## Wine and Spirit Tasting Event

The Southern Tennessee Ladies Society will host a Wine and Spirit Tasting Event to fund their ongoing scholarship program on Saturday, April 14, from 7–9 p.m. at the Franklin County Country Club in Winchester. Ticket prices are \$30 in advance or \$35 at the door. Tickets can be purchased at Reliable Rental, located at 104 E. Petty Ln., Winchester or by calling Tina Roth at (931) 967-4813. For more information contact STLS at <www.southernladies.com>.

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## LifePoint Health Receives Award for Innovation in Patient Safety

LifePoint Health\* (NASDAQ: LPNT), of which Southern Tennessee Regional Health System Winchester/Sewanee is a part, has been named the recipient of the 2017 John M. Eisenberg Award for Innovation in Patient Safety at the Local Level. Presented annually by The Joint Commission and the National Quality Forum (NQF), the prestigious Eisenberg Awards acknowledge major achievements in healthcare quality and patient safety.

The first investor-owned health system to earn an Eisenberg Award, LifePoint is being recognized for its National Quality Program, a structured process for ensuring consistent, high standards of quality and patient safety. Created in partnership with Duke University Health System, this program has led to significant enhancements across the LifePoint network, including a more than 60 percent improvement in aggregate patient safety. STRHS Winchester/Sewanee is enrolled and actively participating in this program.

"We are so proud to be part of an organization like LifePoint that is deeply committed to providing high quality care and ensuring the safety of all patients," said Russ Spray, chief executive officer of STRHS Winchester/Sewanee. "Through the National Quality Program, our team has worked closely with Duke and LifePoint quality coaches to further strengthen our culture of safety, continuously work to improve care and enhance the patient experience for those we serve."

The LifePoint National Quality Program is a data-driven program implemented in LifePoint's facilities across the nation. Rooted in patient-

centeredness, the program is focused on leadership that empowers people, proven systems of performance improvement, and a culture of safety. This initiative has helped create a highly reliable culture of safety and drive enhancements across the LifePoint system, including a 62 percent improvement in aggregate patient safety compared to the company's 2010 baseline and 12 months of zero central-line infections at 73 percent of its hospitals. Additionally, from 2010 to 2017, hospital-acquired infections at LifePoint hospitals decreased by 78 percent for urinary tract infections, 58 percent for sepsis infection, and 73 percent for pneumonia.

"The LifePoint National Quality Program has established at the hospital and system level an ongoing, measurable approach to driving sustainable improvements in patient safety, quality and patient experience," said Rusty Holman, MD, chief medical officer for LifePoint Health. "Because of the diverse hospitals within the LifePoint system, this program offers many lessons for how healthcare facilities of all types and sizes serving a variety of patient populations can operationalize quality, create a national learning laboratory, and engineer a sustainable culture of safety."

The Eisenberg Awards, launched in 2002, honor the late John M. Eisenberg, MD, MBA, former administrator of the Agency for Healthcare Research and Quality (AHRQ). The Eisenberg Awards honor those making strides in innovating patient safety and quality at the individual level, local level and national level. For more information, go to <www.lifepointhealth.net/news>.

## Senior Center Menus

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Call 598-0771 by 9 a.m. to order lunch. Menus may vary.

April 9: Chicken salad on croissant, chips, dessert.

April 10: Meat loaf, pinto beans, slaw, cornbread, dessert.

April 11: Shepherd's pie, salad, dessert.

April 12: Steak, gravy, mashed potatoes, green beans, roll, dessert.

April 13: Cheeseburger, French fries, dessert.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.

### Regular Activity Schedule

Chair exercises, Mondays and Wednesdays, 10:30–11:15 a.m.; Tuesdays at 10:30 a.m., the group plays bingo, with prizes; Wednesdays at 10 a.m., the writing group gathers at 212 Sherwood Rd.; Fridays at 10 a.m. is game time.

## Community Chest Update

Since 1908, the goal of the Sewanee Community Chest has been to help citizens by funding the community. As a nonprofit organization serving three counties on the Cumberland Plateau, this year the Sewanee Community Chest will support local organizations that provide for basic needs in the community such as books, food, recreational spaces, elder care, children's educational needs and more. To date, 67 percent has been raised. If you haven't contributed yet this year, please send your donation now.

For more information, go to <sewaneeccivc.wordpress.com> or email <sewaneeccivc@gmail.com>. Donations can be made by credit, debit, or PayPal, either one-time or recurring. Checks may be mailed to Sewanee Community Chest, P.O. Box 99, Sewanee, TN 37375. The Sewanee Community Chest is a 501(c)(3) organization and donations are tax deductible.

## Managing Concerns About Falling with MOB

Locally trained Matter of Balance volunteer coaches are offering the greater community the opportunity to participate in the "A Matter of Balance" (MOB) program. A Matter of Balance is an eight-week structured group intervention that emphasizes practical strategies to reduce fear of falling and increase activity levels. Participants learn to view falls and fear of falling as controllable, set realistic goals to increase activity, change their environment to reduce fall risk factors, and exercise to increase strength and balance.

Thanks to regional partners and volunteer coaches, there will be an eight-week session of the Matter of Balance (MOB) course in both Monteagle and Sewanee. The course will meet in Monteagle each Monday and Wednesday, 1–3 p.m., beginning Wednesday, April 11 and continuing through Monday, May 7. In Sewanee, the course will meet each Tuesday and Thursday, 10:15 a.m.–12:15 p.m., beginning Tuesday, April 10 and continuing through Thursday, May 3. Each group will meet twice weekly for two hours. Pre-registration is required and you will receive course locations at that time. A \$10 donation for this course is requested.

Call (931) 598-0303 or email <folksathomevista@gmail.com> for more information. Matter of Balance is offered with support from Folks at Home, DuBose Conference Center, Sewanee Community Center, Erlanger Health System, and Southern Tennessee Regional Health System-Winchester & Sewanee.

## MLK Anniversary Events Continue

To mark the 50th anniversary of the assassination of Martin Luther King Jr., the University of the South is holding a series of events with the theme "Crossing the Bridge: Living the Legacy of MLK." The special events will continue on April 10, and 17.

All events in the series are free and open to the public:

Tuesday, April 10, 7 p.m. in Hargrove Auditorium, Hamilton Hall at the School of Theology—The community is invited to a panel discussion titled "Visions of Unity: Letter from Birmingham Jail and the Legacy of Bishop Carpenter." Panelists will consider the historical connection between Bishop Carpenter (Sewanee's chancellor from 1961–67) and King's iconic letter, considering what this historical moment has to teach us today. Sponsored by the Diversity and Reconciliation Committee at the School of Theology and the Sewanee Project on Slavery, Race, and Reconciliation.

Tuesday, April 17, 7 p.m. in Convocation Hall—Diane Nash, an icon of the American Civil Rights movement, will speak on "The Movements of the '60s: A Legacy for Today." Nash was prominently involved with integrating lunch counters through sit-ins, the Freedom Riders, the Student Nonviolent Coordinating Committee, and King's Southern Christian Leadership Conference, and was part of a committee that promoted the passage of the Civil Rights Act of 1964. Nash's presentation is sponsored by the Sewanee Project on Slavery, Race, and Reconciliation, Bairnwick Women's Center, Women's and Gender Studies, and the Center for Speaking and Listening.

## Partner with the 2018 Summer Meal Program

The University of the South's Office of Civic Engagement and McClurg Dining Hall in partnership with the South Cumberland Community Fund announce their sponsorship of the 2018 Summer Food Service Program (SFSP). The SFSP is administered in Tennessee by the Department of Human Services under an agreement with the U.S. Department of Agriculture (USDA).


Popularly known as the South Cumberland Summer Meal Program, the meal sessions will begin June 4 and end July 27. Meals will be provided to all children without charge. Acceptance and participation requirements for the program and all activities are the same for all regardless of race, color, national origin, sex, age or disability. If your organization is interested in becoming a meal site or for more information, email <sfpvista@gmail.com>.

We welcome summer reading, sports and enrichment programs, vacation bible school, libraries, etc., to partner with us. All partner sites must be within a 45-minute drive from the University of the South. If you are a partner site or would like to become one, USDA requires mandatory attendance at one of the following Information and Training Sessions held on University of the South's campus:

Wednesday, April 25, 5:30–6:30 p.m. at McClurg Dining Hall A, B, C rooms;

Thursday, May 3, noon–1 p.m. at McClurg Dining Hall A, B, C rooms;

Wednesday, May 9, 5:30–6:30 p.m. at McClurg Dining Hall A, B, C rooms.



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## SES Menus

**Monday–Friday,  
April 9–13  
LUNCH**

**Monday, April 9:** Macaroni and cheese or chicken fajita, green peas, vegetable juice, steamed carrots, tortilla, fruit.

**Tuesday, April 10:** Ham/turkey/cheese club or hamburger/cheeseburger or PBJ school box, potato smiles, veggie cup, green beans, fruit.

**Wednesday, April 11:** Oriental chicken or Mexican pasta bake, side salad, steamed broccoli, shoepeg corn, fruit, garlic knot, noodles or rice.

**Thursday, April 12:** Pizza or ham and cheese wrap, French fries, vegetable juice, fresh veggies, dip, fruit, rice krispy treat.

**Friday, April 13:** Taco or cheesy nachos or turkey school box, refried beans, buttered corn, lettuce/tomato cup, salsa, fruit, tortilla chips or shell.

### BREAKFAST

Each day, students select one or two items.

**Monday, April 9:** Pancake or waffle or French toast sticks, bacon (optional).

**Tuesday, April 10:** Biscuit, sausage or chicken, gravy, jelly.

**Wednesday, April 11:** Scrambled eggs, toast or breakfast pizza.

**Thursday, April 12:** Donut hole, yogurt or donut.

**Friday, April 13:** Biscuit, sausage, gravy, jelly.

*Options available every breakfast:  
assorted cereal, assorted  
fruit and juice, milk varieties.  
Menus subject to change.*

## Join the SCC for a Delicious Night

If you'd like to shake it up a bit, meet some new people, or spend time with your neighbors, reserve a ticket to the second annual SCC Progressive Dinner. The evening begins at 5:30 p.m., Saturday, May 5, with cocktails and appetizers at one home, entrée at a second home, and dessert at a third. Tickets are \$25 per person and come with addresses for your epicurean journey. Reserve your place at the table today with Shana Minkin at <seminkin@sewanee.edu> or Sandy Glacet at <sewaneechildrenscenter@gmail.com>. All proceeds from the dinner go to the Sewanee Children's Center, which is supported by funding from the Sewanee Community Chest.



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## An Evening of Song with Carolyn Bruce

The community is invited to the senior recital of St. Andrew's-Sewanee School student Carolyn Bruce on Friday, April 20, at 7 p.m. at McCrory Hall for the Performing Arts on the campus of St. Andrew's-Sewanee School. Carolyn is the daughter of Alex and Kathryn Bruce of Monteagle, Tenn.

Carolyn will be singing an array of Broadway musical numbers showcasing her Mezzo / Alto voice. Under the guidance and instruction of Gary Scheufler, Carolyn will explore the breadth of range and style Mezzo/Altos have brought to life on the stage and looks forward to sharing her knowledge with the audience.

Though there is no charge for admission, Carolyn will be accepting donations to support the Guatemala Youth Initiative. This program promotes early childhood development, teen health, and high school education in some of the most impoverished areas of Guatemala.

Light refreshments will be served following the recital.



Carolyn Bruce

## Genocide Awareness and Prevention Talks at SAS

Throughout the month of April, the SAS History Club will be observing Genocide Awareness and Prevention Month with a series of talks. All talks are held at 10:15 a.m. in Room 4 of Bishop Bratton Hall in the school's academic complex. Visitors must sign in at the receptionist's desk.

Tuesday, April 10—"Rwanda: How Many 'Acts of Genocide' Does It Take?" by Ryan Ghertner '18;

Tuesday, April 17—"Ukraine: Stalin's Famine or Genocide?" by Sophia Patterson '19;

Tuesday, April 24—"Myanmar: Is the Rohingya Crisis a Genocide in Our Own Time?" by Matthew Mollica '18.

The SAS History Club is sponsored by department coordinator Geoffrey Smith and is one of the most active clubs at the school with students offering talks on topics of their choosing throughout the year.

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## Local Students on SAS Honor Roll

The following students from Franklin, Coffee, Grundy and Marion counties were named to the Honors Lists for the third grading period of the 2017-18 school year. Overall, 88 students, including 32 boarding and 56 day students, achieved academic distinction for the third quarter.

Students who earn an average of 93 or above with no grade below 83 are named to the High Honors List for academic achievement. Students with average ranges between 83 and 92 and who have received no grade below 80 are named to the Honors List. Satisfactory completion of afternoon programs is required for students to be eligible for the Honor Roll.

### High Honors

Porter Neubauer, Belvidere  
Hannah Warmbrod, Belvidere  
Carolyn Bruce, Monteagle  
Chloe Fontenelle, Monteagle  
Tyler Rawlins, New Hope  
Cate Bachman, Sewanee  
Sarah Grace Burns, Sewanee  
Lucy Carroll, Sewanee  
Abi Cassell, Sewanee  
Blake Drinen, Sewanee  
Evan Fox, Sewanee  
Myers Gorrell, Sewanee  
Harrison Hartman, Sewanee  
Sophia Hartman, Sewanee  
J.T. Jenkins, Sewanee  
Zolon Knoll, Sewanee  
Daniel McDonough, Sewanee  
Sophia Patterson, Sewanee  
Genevieve Rogers, Sewanee  
Justine Rogers, Sewanee  
Tessa Shackelford, Sewanee  
Jack Simons, Sewanee  
Aidan Smith, Sewanee  
Izzie Spinelli, Sewanee  
Gabriel Pongdee, Tracy City  
Saje Mangru, Winchester

### Honors

Taylor Warmbrod, Belvidere  
Jarrett Willis, Hillsboro  
Luciana Mollica, Monteagle  
Matthew Mollica, Monteagle  
Seth Walker, Monteagle  
Rachel Alvarez, Sewanee  
Aubrey Black, Sewanee  
Kate Butler, Sewanee  
John Grammer, Sewanee  
Peter Haight, Sewanee  
Larson Heitzenrater, Sewanee  
Nathan King, Sewanee  
Joe McDonough, Sewanee  
Timothy Nelson, Sewanee  
Isabella Randolph, Sewanee  
Mariel Rinck, Sewanee  
David Shipps, Sewanee  
Curtis Gill, South Pittsburg  
Davis Gill, South Pittsburg  
Sarah Beth Hobby, South Pittsburg  
Kendale James, Tracy City  
Ryan Val, Tracy City  
Catherine Gray, Winchester  
Reagan Rhoton, Winchester  
Laurel Wall, Winchester  
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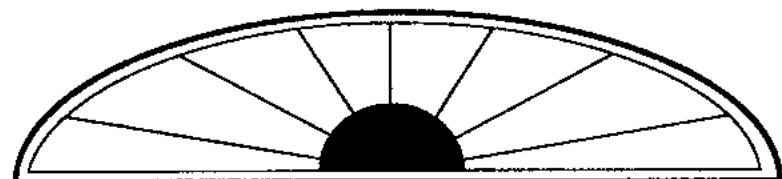
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## AT THE MOVIES

### SEWANEE UNION THEATRE

Friday–Sunday, April 6–8, 7:30 p.m.

Saturday, April 7, 2 p.m.

#### Coco

PG • 109 minutes

Despite his family's generations-old ban on music, young Miguel dreams of becoming an accomplished musician like his idol Ernesto de la Cruz. Desperate to prove his talent, Miguel finds himself in the stunning and colorful Land of the Dead. After meeting a charming trickster named Héctor, the two new friends embark on an extraordinary journey to unlock the real story behind Miguel's family history.

### CINEMA GUILD

Wednesday, April 11, 7:30 p.m.

**Batman: Mask of the Phantasm**

PG • 76 minutes

In this animated feature set in the 1940s, the troubled yet heroic Batman (Kevin Conroy) is pitted against a mysterious figure who is rubbing out Gotham City's most dangerous criminals, and who many believe is the caped crusader himself. Batman's alter ego, millionaire Bruce Wayne, is about to get married to the lovely Andrea Beaumont (Dana Delany), who helps him recover from his need to avenge his parents' murder—meaning that his crime-fighting days may be numbered.

### SEWANEE UNION THEATRE

Thursday–Sunday, April 12–15, 7:30 p.m.

**The Greatest Showman**

PG • 106 minutes

Inspired by the imagination of P.T. Barnum, "The Greatest Showman" is an original musical that celebrates the birth of show business and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.


*Movies are \$3 for students and \$4 for adults, unless otherwise noted. Cinema Guild movies are free. The SUT is located on South Carolina Ave., behind Thompson Union. The SUT accepts Domain Dollars and credit/debit cards.*

## Solos, Duets, Trios Recital

The voice studio of Jessica Usherwood will present its second annual Solos, Duets, Trios recital on Sunday, April 15, at 3 p.m. in St. Luke's Chapel. Selections will include songs from "Hansel and Gretel," "Anastasia," "Les Misérables," "White Christmas," "The Greatest Showman," "Diamonds," and "Side Show."



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Charles Pappas, "Mirror", 2018

## 'A Tear in the Veil:' 2018 Senior Art Major Exhibition

The University Art Gallery proudly presents "A Tear in the Veil," an exhibition of work by the University of the South's graduating senior art majors: Aidan Bliss, Caney Hummon, Relly King, Maria Monterde, Charles Pappas, Hunter Swenson and Brook Vann.

With "A Tear in the Veil," the University of the South's graduating senior art majors ask viewers to look beyond the immediacy of surface appearances and first encounters to consider broader implications and deeper truths. Their work, from multimedia portraits to photographs, questions meaning and how it is made. The power and associations of different media and materials are questioned, as are the meanings given to repeating forms.

In his work, Aidan Bliss considers the art of photography in the digital age, and how we navigate between "the collective art that is web content" and the individual moment and analog image. With his irreverent oil paintings of mythological figures, Caney Hummon aims to "ask the questions we all have lurking in the back of our minds" about the truths purportedly represented by the stories of religion and mythology. In drawing and painting, Relly King manipulates and repeats female forms. Her multilayered compositions encourage the viewer to consider assumptions made about body image, as well as definitions of femininity and female empowerment. In her multimedia work, Maria Monterde plays with the gendered meanings attached to materials, disrupting stereotypical associations and seeking flexible or alternate performances of identity. Charles Pappas treats his photographs as testament to the relationship between the photographer and his subject. Hunter Swenson turns his lens to finding moments of quiet and stillness in the midst of absurdity. Brook Vann draws on her experience as a triplet to explore non-verbal communication and gesture, repetition and multiples.

Please join us for a series of special events in association with the exhibition: an opening reception at 4:30 p.m., Friday, April 20, artist talks on Friday, April 27, from 9 to 11 a.m. and 11:30 to 1:30 p.m. in Convocation Hall, and a Baccalaureate reception on Saturday, May 12, from 1 to 3 p.m., celebrating the graduating artists and the close of a successful exhibition season.

Sewanee's University Art Gallery is located on Georgia Avenue. The gallery is free, accessible, and open to the public. Hours are 10 a.m.–5 p.m. Tuesday through Friday and noon–4 p.m. on Saturday and Sunday. Please note that the UAG is closed during academic breaks. Call (931) 598-1968 for more information, visit the website at <gallery.sewanee.edu>, or follow us on Facebook.



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## Ben Sollee in Concert

The cellist-singer-songwriter Ben Sollee and his band Kentucky Native perform in Guerry Auditorium, Thursday, April 12, at 8:15 p.m. Thanks to generous underwriting by the Stowe artist-in-residence program, entrance is free. NPR describes Sollee as "not only an unconventional cellist, but also an unconventional human being. Recently, he took his cello, walked up the long steps of the Lincoln Memorial on the mall in D.C. and began to perform. It's not legal to do that, but Sollee—the guy who bikes his cello across the country—is not a follower." Visit <npr.org> to hear Sollee's performance framed by the Lincoln Memorial.

Sollee first came to national attention with his striking cover of Sam Cooke's "A Change is Gonna Come" (released in 2008) and then a few years later with his Tiny Desk Concert for NPR. His collaborations include Abigail Washburn and the Sparrow Quartet, Jim James of My Morning Jacket, and the 2014 Paul Simon tribute at Carnegie Hall. His music and lifestyle manifest authentic commitments to mindfulness and respect for the environment come (see his popular TedX talk at <https://www.youtube.com/watch?v=P4cV0idkOEI>). His 2010 album "Dear Companion" marshaled the force of song in opposition to mountaintop-removal mining. His Kentucky upbringing furnishes material and imagery for many of his songs.

"Sewanee has shown interest in maintaining and developing roots throughout the local community with programs including Bonner and Finding Your Place (FYP)," said Jackson Campbell, a student instrumental in preparation for this event. "So, having an artist like Ben Sollee who not only pushes for social and environmental justice in his local area, but also whose music is purposefully representative of the many people in his community, is a great opportunity."

Sollee's visit is sponsored by the Music Department, with financial underwriting from the Stowe artist-in-residence program, and supported by the Barry Family Endowed Fund for Traditional Music.

## Trumpet and Organ Recital

Peter Bond, trumpeter in the Metropolitan Opera Orchestra at Lincoln Center in New York City and Sewanee Summer Music Festival faculty member will perform with Geoffrey Ward, University Organist and Choirmaster at All Saints' Chapel. The recital will take place at 6:30 p.m., Monday, April 16. The event is free and open to the public.

A reception will immediately follow at the McGriff Alumni House. All are welcome to come hear about the upcoming Festival and meet the new SSF Director John Kilkenny, and Assistant Director Hilary Ward.



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## Latham Awarded the Tarumoto Short Fiction Prize

Adam Latham, C'03, is the 2018 winner of the Rebecca Mitchell Tarumoto Short Fiction Prize for outstanding short fiction. His story, "The Lizard Man," published in the Fall 2016 issue of the online journal Blackbird, was selected by the editors among fiction published in the journal over the previous two-year period.

Latham is the associate director of marketing and admission for the Sewanee Writers' Conference. He will receive the award at Virginia Commonwealth University and give a reading from his prize-winning work, in conjunction with a reading by the well-known short fiction writer, poet, and essayist David Jauss.

"Latham's story features clear, poignant prose that weaves together encounters with both grief and the supernatural in the hunt for an apocryphal monster that is also a search for relief and absolution from an unbearable guilt," said the editors in announcing the award. "The Lizard Man monster, referred to in the title and story, actually arises from legendary accounts of a reptilian humanoid lurking in and around the woods of Lee County, South Carolina."

## 30 Years of Perpetual Motion

Perpetual Motion this year celebrates 30 years of dance. Performances are at 7 p.m., April 6, and 7, in Guerry Auditorium.

Perpetual Motion 2018 will feature 24 pieces of original student choreography, in styles from Afro-Caribbean to Irish to swing, and performances will include more than 80 University student dancers as well as a few students from St. Andrew's-Sewanee. The public is invited, and performances are free.

Perpetual Motion is a student-led performing dance company that started in 1989 and is designed to give students an opportunity to perform for the Sewanee community in many forms and styles of dance.

Perpetual Motion is also an adventure. It has elements of surprise. Some pieces are raw expressions of emotion. Others are playful forms of art. Previous styles have included belly dance, salsa, country, modern, Irish, classical and modern ballet, hip hop, lyrical, even disco.

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Hunter Swenson, "Summer Snow."

## 'Solitude of the Everyday,' a Solo Exhibition by Hunter Swenson

The Carlos Gallery in the Nabit Art Building at the University of the South is pleased to present "Solitude of the Everyday," an exhibition of photographs by Art Honors candidate, Hunter Swenson, C'18. The community is invited to an artist reception 4:30–6 p.m., Friday, April 13, at the Carlos Gallery, and an artist talk 12:30–1:30 p.m., Friday, April 27, in Convocation Hall.

Starting with a concern about the limits of what is expressible, at least photographically, Swenson builds this body of work around the experience of solitude. More than 30 color, and black and white photographs, are sequenced on large expanses of gallery walls, in ways that the arrangements themselves bring attention to the tension between the individual and relational experience. "This work springs from the my day-to-day life," says Hunter. "The images show moments where I felt solitude in myself or in others, but this work is not morbid."

"Solitude of the Everyday" attends to the nature of relationships, even while these are rendered within a frame and seemingly solitary and singular. Hunter Swenson is an Art Honors candidate, majoring in both art and philosophy from Sewanee. Hunter is a photographer and sculptor, whose work deals with experiences, spaces and language. Hunter has done photographic work in Grundy County, Colorado, Haiti, Jamaica and Tanzania. See more at <<http://www.hunterswenson.com>>.

The Carlos Gallery, Nabit Art Building, is located on 105 Kennerly Rd., Sewanee. Gallery hours are Monday–Friday, 8 a.m.–5 p.m., and Saturday and Sunday 1–5 p.m. For more information contact Jessica Wohl at 598–1256 or <[jewohl@sewanee.edu](mailto:jewohl@sewanee.edu)>.



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## 'Angels and Animals'

The Franklin County Arts Guild is pleased to announce the opening of a show of original art by Joy Snead at the Artisan Depot through May 13. "Angels and Animals" is inspired by the artist's wonder and awe at the gifts from God that we experience every day. Joy uses her art to show how whimsical and often comical animals can give us love and companionship, while enlightening us to the fact that angels walk among us every day. The public is invited to a reception of "Angels and Animals" on Friday, April 13, from 5–7 p.m., and refreshments will be served.

Joy Snead is a self-taught artist and a native of Franklin County. She taught at Good Shepherd Catholic School for more than 20 years. When the school closed, she found herself wondering what was next. That is when The Knowledge Nook came into the picture. The Nook, as she likes to call it, is Joy's working art studio. She also provides tutoring, homework help, and, of course, art classes.

"My own art is whimsical, and easygoing," said Joy. "I like to paint with acrylics and watercolors, and I do pencil and ink drawings. I love drawing animals, getting inspiration from the two animals that live at The Nook: Betty, a beautiful veiled chameleon and her sidekick, Wilma, an obnoxious cat."

The Artisan Depot is operated by the Franklin County Arts Guild and is located at 204 Cumberland St. East, Cowan. Gallery hours are noon to 5 p.m. on Thursday, Friday and Sunday, and 11 a.m. to 5 p.m. on Saturday. For more information go to <<http://franklincoarts.weebly.com>> or contact Diana Lamb at (931) 308-4130.

## Upcycle Fashion Show

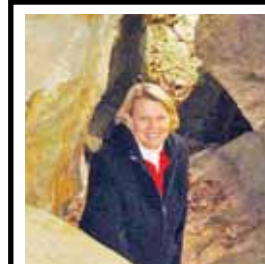
The community is invited to attend the Upcycle Fashion Show, benefiting the Hospitality Shop. The event is at 7 p.m., Thursday, April 12, at the Tennessee Williams Center. Students will model clothing provided by the Hospitality Shop to show the possibilities of dressing fashionably and sustainably. After the show, the audience will be able to shop for looks from the show and more. This is a joint production by the Environmental Residents and the Theatre and Dance department. There will be a special guest appearance by Mary Emma Kingsley, C'13, cofounder of Lady Farmer, a Sustainable Fashion Line.

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## TigerSharks Pre-Swim Registration

University of the South swim coach Max Obermiller is offering the following swim opportunities at the Fowler Center. Register online by April 11 at the TigerSharks website <sewaneetigersharks.swimtopia.com>.

The instructions are for five weeks, Monday through Thursday, April 16 through May 17.

**3:15–4 p.m., Rookie I:** Must be able to swim at least 15 feet on their own, and can swim freestyle and backstroke. This class is for beginning swimmers, and is not a learn-to-swim class. Primary ages are 4-7.

**Rookie II:** Must be able to swim half a length of the pool easily doing freestyle and backstroke. Will be learning breaststroke and butterfly. Primary ages 5-10.

**4–4:45 p.m., JR I:** Can swim a length of the pool easily. Teaching will focus on learning breaststroke and butterfly with conditioning to increase strength. Ages 5-10.

**JR II:** One or two seasons of swim team. Will be refining stroke mechanics for all four strokes with some light training. Primary ages 6-11.

**4:45–6 p.m., Pre-SR:** Have three to four strokes mastered and will work on establishing a training base. Primary ages 7-12.

**SR:** Focus will be on training and further stroke development. Primary ages 13-18.

Cost is \$200 for rookies/juniors, and \$175 for seniors. Payment is due the first day of class. For more information, contact coach Max Obermiller at (931) 636-4091 or <mobermil@sewanee.edu>.



Senior Clementina Davila won her singles match in three sets on March 31, and also claimed victory in doubles with partner Catherine Owen in the Sewanee women's tennis team's 9-0 win over Millsaps. Photo by Lyn Hutchinson

## Sewanee Women's Tennis Victorious on Senior Day

The 11th-ranked Sewanee women's tennis team completed a 9-0 shutout of Millsaps College to cap Senior Day at the Bruton-Guerry Tennis Center on March 31.

Prior to the start of the match, four seniors were honored for their contributions on the court: Maggie Crumbliss, Clementina Davila, Meredith Heitland and Christina Merchant.

The Purple and Gold breezed through doubles, allowing a total of eight points.

In singles, Grace Gaskins of Millsaps forced a third set with Davila, but Davila prevailed with a 10-8 win in

the tiebreak.

Winning their 35th regular season conference match in a row, the Tigers have yet to allow a point in conference play so far in 2018.

### Singles results

1. No. 38 Clementina Davila (Sewanee) def. Grace Gaskins (Millsaps) 6-2, 3-6, 10-8.

2. Christina Merchant (Sewanee) def. Maggie Dabadie (Millsaps) 6-2, 6-1.

3. Ellie Czura (Sewanee) def. Ella Shields (Millsaps) 6-1, 6-1.

4. No. 32 Catherine Owen (Sewanee) def. Jordyn Kanak (Millsaps) 6-0, 6-0.

5. Haley Tucker (Sewanee) def. Morgan Jenkins (Millsaps) 6-1, 6-3.

6. Meredith Heitland (Sewanee) def. Jillian Sandoz (Millsaps) 6-3, 6-2.

### Doubles results

1. No. 14 Clementina Davila/Catherine Owen (Sewanee) def. Ashley Ford/Grace Gaskins (Millsaps) 8-2.

2. Ellie Czura/Christina Merchant (Sewanee) def. Maggie Dabadie/Rachel Beck (Millsaps) 8-3.

3. Haley Tucker/Sara Thompson (Sewanee) def. Reya Hayek/Ella Shields (Millsaps) 8-3.

## Sewanee Baseball Wins Hendrix Series

The Sewanee baseball team earned a series win over the Warriors of Hendrix College after splitting a double-header on March 31.

The Tigers won 3-2 in game one before falling 8-3 in the finale at Montgomery Field. The Tigers won the series opener, 3-1, on March 30.

### Game 1 of doubleheader

Hendrix (9-18, 3-9) scored the first run of the contest in the second inning on an RBI single.

The Tigers' response in the fifth came in a big way. Leading off the inning, Jake Woolard went into launch mode with a solo shot to even the score at a run apiece.

After back-to-back strikeouts, Riley Brandvold hit a double and Derek Hullings gave the Tigers the lead on an RBI single to score Brandvold.

Sewanee (8-18, 3-12) tacked on a key insurance run in the sixth via a bases loaded walk by Jack Galanek.

The visitors chipped away at the lead with an RBI in the seventh, but the Warriors stranded a runner in the eighth before a 1-2-3 ninth inning to secure the series with a 3-2 win.

### Game 2

The Warriors came out swinging and running to start game two. On the third pitch of the contest, Jorge Leon

launched a dinger to open the scoring.

The next batter, Drew Judson, reached base on a walk.

After a foul out and a balk to move him to second, Judson later moved to

(Continued on page 13)



Senior Drew Mancuso pitched the full game in Friday's conference win over Hendrix. Photo by Lyn Hutchinson

## Tiger Softball Swept by Warriors

The Sewanee softball team suffered a three-game series sweep at the hands of the Hendrix Warriors, falling 12-3 in the finale on March 31 at Tiger Softball Field.

The Warriors (12-13, 5-7) opened the contest with an eight-run, eight-hit first inning, capped by Aubrey Brink's grand slam.

Sewanee (4-24, 1-11) broke the shutout in the second thanks to an RBI single by Charley Shirey, scoring Taylor Wagner.

Hendrix made it a 9-1 contest on an RBI single in the third.

The Tigers extended the contest in the fifth, as Jackie O'Reilly and Katie Roth both scored on an error.

In the sixth, leading 9-3, the visitors scored three runs to put the contest away for good.

Roth was perfect at the plate for Sewanee with two hits and a walk, while scoring a run. O'Reilly (4-16) allowed eight earned runs on seven hits in two-thirds of an inning.



Caroline Sweetin chases down a bunt in the series opener against Hendrix College on March 30. Photo by Lyn Hutchinson

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St. Andrew's-Sewanee soccer player Steven Zhu (No. 10) fights for control of the ball in a home match against Cascade on April 2. Photo by St. Andrew's-Sewanee

## SAS Boys' Varsity Soccer Tops Cascade

The St. Andrew's-Sewanee School boys' varsity soccer team on April 2 defeated Cascade High School of Wartrace, Tenn., 3-0, in its first home match of the season. The Mountain Lions moved to 2-2 with the win.

"We played hard," said SAS head coach Harrison Camp. "The real question," he added, "is can we play quicker and combine in the midfield?"

Steven Zhu, a senior boarding student from Shanghai, China, took advantage of a weak back pass by the Champions to get the Mountain Lions on the scoreboard in less than a minute of play.

Before the half, Zhu found the back of the net again, with an assist from Gabe Stevens, a junior boarding student from Jacmel, Haiti.

In the second half, Porter Neubauer, a ninth-grade day student from Belvidere, earned his first goal in varsity action off a rebound inside the box.

"Porter is always in the right place," Camp said.

Cailan McLean, a sophomore day student from Sewanee, was in goal for the Mountain Lions. Aidan Smith, a sophomore day student from Sewanee, and Myers Gorrell, a ninth-grade day student from Sewanee, organized a strong SAS defense as center backs throughout the game.

### Lifeguard Training

The Winchester Swimplex will offer lifeguard training April 23-26, continuing April 30 to May 4.

Cost is \$150. First class starts at 6:30 p.m. Register at the Swimplex. For more info call (931) 962-4204.

## Home Games

### Friday, April 6

4 p.m., SAS MS Tennis vs. Coffee County Middle School

5:30 p.m., SAS MS Boys' Soccer vs. Cascade Middle School

7 p.m., University Men's Lacrosse vs. Rhodes

### Saturday, April 7

noon, 2 p.m., University Softball vs. Millsaps

### Sunday, April 8

noon, University Softball vs. Millsaps

7 p.m., University Men's Lacrosse vs. Hendrix

### Tuesday, April 10

4 p.m., SAS MS Tennis vs. Westwood Middle School

4 p.m., University Men's Tennis vs. Covenant

5 p.m., SAS Varsity Boys' Soccer vs. Webb School

### Thursday, April 12

4 p.m., SAS Varsity Tennis vs. Boyd Buchanan School

5 p.m., SAS MS Volleyball vs. North, Monteagle Elementary School

### Friday, April 13

Univeristy Track and Field Mountain Laurel Twilight Invitational

4 p.m., SAS Varsity Tennis vs. Providence Christian School

### Saturday, April 14

noon, 3 p.m., University Baseball vs. Berry

1 p.m., University Men's Lacrosse vs. Berry

### Sunday, April 15

noon, University Baseball vs. Berry

## Women's Lacrosse Wins Big at Berry

The Sewanee women's lacrosse team cruised to a 19-3 Southern Athletic Association victory at Berry College on March 31.

After Berry (4-8, 1-4) scored the first goal of the contest, the Tigers (11-4, 4-1) responded with seven unanswered goals en route to a 12-2 first half.

In the second half, the Purple and Gold outscored the home team 7-1, as the Tigers scooped up 33 ground-balls in the contest, 24 in the first 30 minutes.

The Tigers forced 28 Berry turnovers, while going 14-of-18 on clears and 8-of-16 in free position shots.

Brooke Winfield led the Tigers with a career-best four goals on four total shots. The junior also assisted on a shot, scooped up three grounders and forced two turnovers.

Catherine Crigler, Preston Cooper, Molly Elkins and Mary Kate Myers each scored two goals for the Tigers.

Grace Fulton won seven draw controls, while Kit Sommi controlled five.

## Tigers Control Colonels

The Sewanee men's lacrosse team improved to 3-0 in Southern Athletic Association play with an 11-6 road victory over Centre College (4-6, 0-3) on March 31.

Jake Vaughn and Hayden Hunt each recorded a hat trick in the win for the Tigers (7-4, 3-0).

Grant Gilmore caused two turnovers and Ryan Stubits won 9-of-17 faceoffs.

Tal Wharton (3-1) saved 13 shots in full time in the game.

## Middle School Soccer Defeats RCA

On March 29, the St. Andrew's-Sewanee middle school boys' soccer team defeated Riverside Christian Academy 5-0, bringing the team to 2-2 on the season.

The Mountain Lions took control of the match from the opening whistle, scoring two goals in the first seven minutes of the match.

Rylan Thomas (eighth grader, Lexington, Ky.) was the first to strike, followed by classmate Mac Croom (Sewanee).

Eight minutes later, Raulston Barnett (seventh grader, Sewanee) scored

off an assist from Gus Croom to extend the SAS lead.

In the second half, Cecil Rodger (sixth grader, Sewanee) and Caleb Palmertree (seventh grader, Sewanee) each scored a goal, with Elliot Cleek and Thomas both earning an assist.

"The players are working hard, and our skills are improving," said head coach Margot Burns. "We look to finish the season out strong."

The Mountain Lions will be in action at home today (Friday) when they take on Cascade Middle School at 5:30 p.m.

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## Baseball (from page 12)

third on a stolen base.

During Layton Burge's at-bat, Judson stole home to score the second run of the inning.

Sewanee answered in the bottom half of the opening inning. After Hullings and Jared Demkowicz started the frame with back-to-back singles, Chris McNulty scored Hullings with an RBI single.

Demkowicz scored after Trey Akins' hit into a double play to even the score at two runs each.

In the fourth, the bats came alive for the Warriors thanks to back-to-back home runs by Ford Sherrington and Noah Gilbert to break the 2-2 tie.

The Warriors made it 5-2 later in the inning with an RBI single.

Sewanee made it a 5-3 contest with a Drew Mancuso homer in the bottom half of the fourth inning.

Hendrix added two runs in the sixth and the seventh to seal the contest.

For Sewanee, Woolard went 2-for-4 with the homer and an RBI in game one.

Brandvold also laced two hits in the afternoon session with a run scored.

Mancuso and Demkowicz each recorded two hits in the series finale.

Justin Lavender (2-2) struck out four men while allowing seven hits and two earned runs in game one, while Jackson Cook (1) notched the save with a clean ninth inning with two punchouts.

Will Collins (0-3) allowed three runs on three hits without recording an out in the series finale.

For Hendrix, Burge went 2-for-3 in game one, driving in both runs.

Gilbert launched two homers in the contest, while Jorge Leon went 2-for-4 with a homer.

Judson, who tallied his 200th career hit in the sixth inning, scored twice and stole three bases.

Hayden Seay (0-3) allowed two earned on five hits, striking out five in 4.2 innings in the opener.

Evan Ingram (3-2) won the distance in game two of the doubleheader, allowing three earned runs on 10 hits.



Andres Carro won in singles and doubles (with partner Jordan Brewer) in the Sewanee men's tennis team's March 31 win over Millsaps. Photo by Lyn Hutchinson



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**Visit one of our meetings and get to know what Rotary is all about.**

Attend a local meeting and meet some of our Monteagle-Sewanee Rotarians. Our Rotary Club often hosts programs of interest to our community at large, including presentations by artists, business leaders and government representatives. Visitors are always welcome!

**Breakfast Meeting Thursday, 8 a.m., Sewanee Inn**

This month's events:

April 5: Club Assembly

April 12: Susan Holmes—Cumberland Center for Justice and Peace

April 19: Bill Davis/Rotaract

April 26: Deb McGrath—Rotary International

For more information, or plan a visit, email Lee Harmon at

[suites@monteagleinn.com](mailto:suites@monteagleinn.com)

[www.monteaglerotary.org](http://www.monteaglerotary.org)





## NATURENOTES

### Redbud and Dogwood

Two flowering trees closely associated with Eastertime are the redbud and the dogwood. In our area, they are often in bloom together at Easter, although this year the dogwoods seem to be lagging behind a little. There are legends associating each tree with the Easter story.

The dogwood was said to be a tall, strong tree at the time of Christ and was thus used as the wood for the cross. The tree was so ashamed of this that it was granted to be small and spindly so as never to be used that way again. In addition, the “flower” was made to be in the shape of a cross, with two larger “petals” and two smaller ones. The brownish notches at the tips of these are said to represent the wounds of Christ and the cluster of flowers in the middle, the crown of thorns. The tiny flowers in that cluster are the true flowers of the dogwood. The “petals” are actually bracts that surrounded those flowers all winter and then opened and expanded, turning white to draw attention to the small, greenish-yellow flowers. The brown notches perhaps come from the weathering those bracts endured—take a good look at a dogwood near you to see the bracts on the closed bud and watch them as they open. Interestingly, though the tree is small, the wood is quite strong and resistant to shock, and has been used for such things as heads of golf clubs, handles for chisels, and shuttles for looms.

The redbud is also known as the Judas tree. It too was supposedly once tall and strong, with white flowers, and was the tree from which Judas hanged himself. Again, the tree was so ashamed of this that the flowers blushed red and tree never grew tall and strong again. This probably referred originally to another species of redbud that grows in the Mediterranean region. Redbuds are in the “bean” family, as can be seen from the shape of the flowers and the fruiting pods. One interesting feature is that the flowers will grow straight out of the bark of larger branches and even the trunk of the tree.

**Jasper King** of Jumpoff Road stopped by to tell us he had seen his first hummingbird at a feeder on April 2, and he heard the first whippoorwill of the year on March 30.

**Freddie Tucker** called in to report seeing two hummingbirds at his feeder on April 4.

—reported by Yolande Gottfried

Share your nature note!  
news@sewaneemessenger.com

### Herbarium Events

Collins Gulf West Hike—Saturday, April 7, 9 a.m., with Mary Priestley—This section of the South Cumberland State Park rivals Shakerag Hollow for diversity and abundance of spring wildflowers. Wear sturdy footwear, pack water and lunch, and bring cameras! Meet at the Collins West trailhead in Gruetli-Laager for a six-mile, moderate to strenuous with 600-foot elevation change hike. For directions to the Collins West trailhead, contact the South Cumberland State Park Visitors' Center (931) 924-2980.

Roark's Cove—Sunday, April 8, 2 p.m., with Yolande Gottfried—A private property at the base of the plateau is being made available for a wildflower walk to see some species not seen on the upper plateau, such as shooting star (Dodecatheon meadia) and possibly some late Virginia bluebells (Mertensia virginica), as well as trilliums and much more. Meet just past the Sewanee tennis courts parking lot (on Green's View Road behind the Sewanee Inn) to carpool or caravan to the location of this easy to moderate walk.

Wear appropriate shoes on all of these walks. Risks involved in hiking include physical exertion, rough terrain, forces of nature, and other hazards not present in everyday life. Picking flowers and digging plants are prohibited in all of the above-mentioned natural areas.

For more information on these or other Sewanee Herbarium events, please contact Yolande Gottfried at the Herbarium (931) 598-3346 or by email at <ygottfri@sewanee.edu>. A map of meeting place locations is available at <http://sewanee.edu/media/offices/herbarium/sewanee\_herbarium\_maps.pdf>.

## State Park Offerings

Please note: To confirm that these events will occur as listed go to <http://tnstateparks.com/parks/events/southcumberland/#/?park=south-cumberland> or call (931) 924-2980.

### Saturday, April 7

**Collins West and Suter Falls Hike**—Join Ranger James Holland at 2 p.m. at Collins West trailhead, 2689 55th Ave., Gruetli-Laager, for a short two mile roundtrip nature hike to the beautiful Collins West Overlook and Suter Falls. Although short in length, this hike contains sections of steep terrain and is very rocky in places. Bring water and wear closed toed shoes.

### Sunday, April 8

**Edible and Medicinal Plants**—Meet Ranger James Holland at 2 p.m. at Savage Gulf Ranger Station, 3177 State Road 399, Palmer, to learn about some of the common edible and medicinal plants found in our area and their traditional uses, then venture into the forest for field identification of some of the plants.

The South Cumberland State Park Visitors' Center is located on Highway 41 South between Monteagle and Tracy City and is open 8 a.m.–4:30 p.m. seven days a week. For more information call (931) 924-2980.

## Animal Harbor Events

Animal Harbor announces two fundraising events.

On Saturday, April 7, from noon–4 p.m., pilots Catherine Cavagnaro, Zach Colescott, Ric Lehman, John Wilcox and Michael Moore will host a Flyover Fundraiser for Animal Harbor at the Sewanee airport. With a \$25 donation you can fly high, experience the breathtaking panorama below, and help support adoptable cats and dogs at the Harbor. For more information email Catherine Cavagnaro at <catherine@aceaerobaticschool.com>. The rain date will be Saturday, April 28, noon–4 p.m.

A Taste for Rescue event will be on Tuesday, April 10, from 5–7 p.m., at Old Mill Manor Restaurant in Winchester. You can help the animals while creating new networking partnerships, reconnecting with old friends, and swapping pet stories with fellow Animal Harbor supporters. The suggested donation is \$25, with all proceeds going to the care of the animals and to support the community programs.

For more information go to <www.animalharbor.org>.



Diogee



Andy

## Pets of the Week

### Meet Diogee & Andy

Animal Harbor offers these two delightful pets for adoption.

Diogee is a white, spotted American Bulldog who longs for affection. He loves tummy rubs, puts his head on your shoulder, and would gladly be a fellow couch potato on chilly winter evenings. Diogee's one weakness is that he has a very strong prey drive and must be adopted by someone who does not have cats or other small dogs, can keep him in the house or fenced-in yard, and can give him lots of love and attention. He has an uncontrollable desire to chase and catch small animals, but in the right setting, he could be the best dog anyone could ever hope to find. One more thing - if you like to hit the open road, Diogee is your man—he loves car rides!

Andy is a sleek handsome one-year-old male domestic short hair. He would prefer to relax in the comfort of his new home as an only cat. Andy has been neutered, microchipped, is FeLV/Fiv negative and up-to-date on his shots.

Animal Harbor offers substantial adoption fee discounts for seniors and veterans. Pets adopted from Animal Harbor qualify for a free post-adoption wellness exam by local veterinarians.

Animal Harbor is located at 56 Nor-Nan Road, off AEDC Road, in Winchester. Call Animal Harbor at (931) 962-4472 for information and check out the other pets at <animalharbor.org>. Enter the drawing on this site for a free spay or neuter for one of your pets. Help Animal Harbor continue to save abandoned pets by sending donations to Animal Harbor, P.O. Box 187, Winchester, TN 37398.



## Weather

DAY	DATE	HI	LO
Mon	Mar 26	52	41
Tue	Mar 27	58	54
Wed	Mar 28	66	54
Thu	Mar 29	65	45
Fri	Mar 30	55	37
Sat	Mar 31	66	53
Sun	Apr 01	70	45

**Week's Stats:**  
Avg max temp = 62  
Avg min temp = 47  
Avg temp = 54  
Precipitation = 0.8"

Reported by Sandy Gilliam  
Domain Ranger

## Restoring Woodland Health with Shortleaf Pine

The Forest Stewards Guild is partnering with the Tennessee Wildlife Federation and The University of the South to expand the capacity for shortleaf restoration at the Domain Forest at Sewanee, and among private woodland owners in the Cumberland Plateau region of Tennessee. The forum “Restoring Woodland Health with Shortleaf Pine” will be from 9 a.m. to 12:30 p.m., Saturday, April 14, at the University of the South. The event is free and open to the public.

Both Tennessee and Kentucky have experienced a 70 to 80 percent reduction in acres occupied by shortleaf pine or shortleaf pine-oak forests since 1980. Over its range, more than 60 percent of shortleaf pine forests are found on private lands, so restoration on private forestlands is critical to reestablishing shortleaf pine and its associated ecosystems.

This free event will bring together private woodland owners, natural resource professionals, and professional members of the Guild to discuss opportunities to enhance woodland health by promoting shortleaf pine forests. The event will include coffee and donuts, presentations on shortleaf pine, visits to multiple field sites, and lunch. Register by April 12, for this field forum on shortleaf pine ecosystem restoration in the Cumberland Plateau of Tennessee. For more information and to register, go to <http://forestguild.org/node/564>.

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# Classifieds

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742 Dixie Lee Ave., Monteagle

**INTEGRATED CARE MANAGER:** Mountain Valley Mental Health Center connection office, Tracy City has an immediate Full-time opening.  
**Exemplary Duties/Responsibilities:** Development of strong therapeutic alliance and rapport for successful telehealth interventions in the Grundy County Schools, Grundy County Health Department, and various medical provider clinics in Grundy County. Coordination of services using a strengths-based, wrap around technique to engage traditional resources that support the recovery for individuals with mental illness, using a patient-centered approach. The Integrated Care Manager will be the liaison between the technology-driven care and trusted relationships between the patient and provider. **Qualifications:** Minimum of a Bachelor's Degree (Master's preferred) with mental health experience and knowledge of issues facing the mentally ill and barriers to care, including medical, dental, behavioral health, and recovery services. Knowledge of available resources on the South Cumberland Plateau and regionally. Ability to work with others in the community to access services. Ability to work as a team member to meet program goals and expectations, including the ability to have flexible work hours to accommodate client needs. Public relation skills with speaking abilities. Willingness to travel in the communities as necessary. Attention to detail required. Competitive salaries and excellent benefits. Send resumé to: VBHCS Human Resources-PO Box 4755-Chatanooga, TN 37405. EQUAL OPPORTUNITY EMPLOYER.

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## ESTATE SALE

### ESTATE SALE

**Cushman House**  
101 Carruthers Road,  
Sewanee, TN  
Saturday April 14, 2018  
10:00-2:00  
Furniture, dishes,  
Sewanee items  
*Many items will be previewed  
via the Sewanee Classifieds*

## HAIR SALON

(931) 598-0033  
**HAIR DEPOT**  
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## PUBLIC NOTICE

**IN THE CHANCERY COURT  
FOR ANDERSON COUNTY,  
TENNESSEE**

In Re the Adoption of:  
Eric Clark Brewer  
DOB: 08/11/1962

Christopher Evan Brewer  
DOB: 10/9/1967

Erin Cathleen Brewer  
DOB: 02/07/1970

Sara Ann Stephens  
and  
Luther Allin Stephens Jr.  
and  
Eric Clark Brewer  
and  
Christopher Evan Brewer  
and  
Erin Cathleen Brewer

Co-Petitioners  
v.  
Billy George Long  
and  
Charles Thomas Brewer

Respondents.  
Non-Resident Notice

In this cause, it appearing from the Complaint, which is sworn to, that the respondent, Billy George Long is a non-resident of the State of Tennessee or whose whereabouts are unknown so that ordinary process cannot be served upon him. Said defendant must file an Answer in the Chancery Court for Anderson County, Tennessee, and with petitioner's attorney, Jennifer L. Chadwell, whose address is P.O. Box 4038, Oak Ridge, Tennessee 37831, within 30 days of the last date of publication or a Judgment by Default may be entered and the cause set for hearing ex parte as to respondent. This notice will be published in the Sewanee Mountain Messenger for four consecutive weeks.

This the \_\_\_\_ day of \_\_\_\_, 2018.

\_\_\_\_\_, Clerk.

Attorney: Jennifer L. Chadwell.

Entered this the \_\_\_\_ day of \_\_\_\_ 2018.

CHANCELLOR

**Troubled?**  
Call  
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## WANTED

**HOUSE FOR RENT:** Summer rental wanted. Sewanee/Monteagle area. Three to four months. Dates are flexible. Single, 40-year-old male. No pets. No smoking. Good local references. (850) 261-4727.

## WOODWORKING

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## YARD SALE

**INSIDE/OUTSIDE:** Summer items now in! Children's/adults' apparel, household items, movies/games. Open Friday/Saturday, 8 a.m.–?? (931) 598-5614. Midway Market, 969 Midway Rd., Sewanee.



## WHERE DO I RECYCLE THIS?

### Paints and Chemicals:

The Household Hazardous Waste Event will be held each year at Franklin County Solid Waste Management on Joyce Lane in Winchester. The event is for the proper disposal of household and garden chemicals, oil based paint, batteries, electronics, fluorescent light bulbs, and mercury thermostats and thermometers. Call (931) 967-1139 for more information.

Latex Paint: Usable paint can be donated and old unusable paint can be filled with kitty litter/sand for drying and disposed in your regular garbage.

### MESSENGER HOURS

Monday, Tuesday & Wednesday

9 a.m. – 4 p.m.

Thursday—Production Day

9 a.m. until pages are completed

(usually mid-afternoon)

Friday—Circulation Day

Closed

**If it matters to you, it matters to the community.**



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# BARDTOVERSE

by Phoebe Bates

Hold on to April; never let her pass!  
Another year before she comes again  
To bring us wind as clear as polished glass  
And apple blossoms in soft, silver rain.  
Hold April when there's music in the air  
When life is resurrected like a dream  
When wild birds sing up flights of windy stair  
And bees love alder blossoms by the stream.  
Hold April's face close to yours land look afar  
Hold April in your arms in dear romance;  
While holding her look to the sun and star  
And with her in her faerie dreamland dance,  
Do not let April go but hold her tight,  
Month of eternal beauty and delight.

— "Hold April" by Jesse Stuart

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# Community Calendar

### Today, Friday, April 6

- 7 a.m. Curbside recycling
- 8:30 a.m. Deep Stretch Yoga, Darryl Anne, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 10 a.m. Game day, Senior Ctr.
- Noon Spinal Spa with Kim, Fowler Ctr.
- 2:30 p.m. Bonner Senior presentations, McGriff, until 5:30 p.m.
- 7 p.m. Perpetual Motion, dance, Guerry
- 7:30 p.m. Movie, "Coco," SUT

### Saturday, April 7

- Socumos Mountain Goat Trail Race Weekend, through April 8*
- 8 a.m. FC Household Hazardous Waste event, Joyce Lane, Winchester, until 1 p.m.
  - 8:30 a.m. Move, Melt, Meditate Yoga, Richard, Comm Ctr
  - 9:30 a.m. Hospitality Shop open, 1096 Univ Ave., until noon
  - 10 a.m. MGT 5-mile run begins, downtown Sewanee
  - 10 a.m. MGT 2-mile walk begins, Pearl's; both options end at Mountain Outfitters, Monteagle
  - 2 p.m. Movie, "Coco," SUT
  - 5 p.m. Spring Fest 2018, Angel Park, until 8 p.m.
  - 5:30 p.m. FCDDP Bean Supper Fundraiser/Rally, 5631 AEDC Rd., Capitol Hill Comm Ctr, Winchester
  - 7 p.m. Perpetual Motion, dance, Guerry
  - 7:30 p.m. Movie, "Coco," SUT

### Sunday, April 8

- 7 a.m. Farmers Insurance MGT Half-Marathon begins, downtown Tracy City
- 2 p.m. Herbarium Roark's Cove walk, Gottfried, meet on Green's View Rd. just past Sewanee tennis court
- 2 p.m. Knitting circle, Mooney's, until 4 p.m.
- 4 p.m. Hatha Yoga, Helen, Comm Ctr.
- 7:30 p.m. Movie, "Coco," SUT

### Monday, April 9

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Coffee w/ Coach Heitzenrater, Blue Chair Tavern
- 9:30 a.m. Yoga, Darryl Anne, St. Mary's Sewanee
- 10 a.m. Pilates with Kim, intermediate, Fowler Ctr.
- 10:30 a.m. Chair Exercise, Ruth, Comm Ctr.
- Noon Sewanee Woman's Club lunch, DuBose
- 4:30 p.m. Global development lecture, McCormack, Gailor
- 5 p.m. July Fourth Planning, Senior Ctr.
- 5:30 p.m. FCBOE, 215 S. College St., Winchester
- 5:30 p.m. Yoga for Strength/Healing, Pippa, Comm Ctr.
- 6 p.m. Documentary, The True Cost, Gailor
- 6:30 p.m. Karate, youth, Legion Hall; adults, 7 p.m.

### Tuesday, April 10

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee
- 8:30 a.m. Deep Stretch Yoga, Darryl Anne, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, Kim, beginner, Fowler Ctr.
- 9:30 a.m. Crafting ladies, Morton Memorial, Monteagle
- 9:30 a.m. Hospitality Shop open, 1096 Univ Ave., until 1 p.m.
- 10 a.m. P.E.O. Sisterhood, Chapter Z, (931) 962-0202
- 10:30 a.m. Bingo, Senior Ctr.
- 11:30 a.m. Grundy County Rotary, Dutch Maid, Tracy City

- Noon Pilates, Bruce, beginner mat, 91 Univ Ave.
- Noon Pilates, Kim, intermediate, Fowler Ctr.
- 5 p.m. Daughters of the King, St. James parish hall
- 5 p.m. Pilates, Bruce, beginner mat, 91 Univ Ave.
- 5:30 p.m. Yoga, Darryl Anne, St. Mary's Sewanee
- 6 p.m. MCDP meeting/potluck, 675 Main St., Kimball
- 6:30 p.m. Social dancing, Valerie, beginner, Comm Ctr.
- 7 p.m. Acoustic Jam, old water bldg, Tracy, until 8:30 p.m.
- 7 p.m. Bp. Reynolds lecture, Stevens, SAS McCrory Hall
- 7 p.m. MLK Panel discussion, S of T Hargrove Aud.
- 7:30 p.m. Social dancing, Valerie, continuing, Comm Ctr.

### Wednesday, April 11

- Community Council agenda items due, Provost Office*
- 9 a.m. CAC office open, until 11 a.m.
  - 10 a.m. Pilates with Kim, intermediate, Fowler Ctr.
  - 10 a.m. Writers' group, 212 Sherwood Rd.
  - 10:30 a.m. Chair Exercise, Ruth, Comm Ctr.
  - Noon EQB luncheon, St. Mary's Sewanee
  - 12:30 p.m. EQB lead, Poteet, St. Mary's Sewanee
  - 5 p.m. Standup Economist, (comedy) Bauman, Gailor
  - 5 p.m. Water lecture, MacLeod, Torian Rm, duPont
  - 5:30 p.m. Hatha Yoga, Helen, Comm Ctr.
  - 6 p.m. Divorce support group series, for location <[www.divorcecare.org](http://www.divorcecare.org)> or call (615) 294-4748
  - 7 p.m. Catechumenate, Women's Ctr.
  - 7:30 p.m. Movie, CG, "Batman: Mask of the Phantasm," (free) SUT

### Thursday, April 12

- FC Library Book Sale, 105 S. Porter St. Winchester, thru April 14*
- 8 a.m. Monteagle Sewanee Rotary, Sewanee Inn
  - 9 a.m. CAC office open, until 11 a.m.
  - 9 a.m. Nature Journaling, Woods Lab G-10, until 11 a.m.
  - 9 a.m. Pilates with Kim, beginner, Fowler Ctr.
  - 9:30 a.m. Hospitality Shop open, 1096 Univ Ave., until 1 p.m.
  - Noon Pilates, Bruce, beginner mat, 91 Univ Ave.
  - Noon Pilates, Kim, intermediate, Fowler Ctr.
  - 12:30 p.m. Episcopal Peace Fellowship, Brooks Hall, Otey
  - 1:30 p.m. Folks@Home support group, St. Mark's Hall, Otey
  - 2 p.m. Knitting circle, Mooney's, until 4 p.m.
  - 3:30 p.m. Tutoring, K-5, St. James; parent pickup 5 p.m.
  - 5 p.m. Gender/Law lecture, Siegler, Women's Center
  - 5 p.m. Pilates, Bruce, beginner mat, 91 Univ Ave.
  - 6 p.m. Karate, youth, Legion Hall; adults, 7 p.m.
  - 7 p.m. Sustainable Fashion Show, TN Williams Center
  - 7:30 p.m. Movie, "The Greatest Showman," SUT
  - 8:15 p.m. Concert, Ben Solee/KY Native, Guerry

### Friday, April 13

- Trails and Trilliums Festival begins*
- 8:30 a.m. Deep Stretch Yoga, Darryl Anne, Comm Ctr.
  - 9 a.m. CAC office open, until 11 a.m.
  - 10 a.m. Game day, Senior Ctr.
  - Noon Spinal Spa with Kim, Fowler Ctr.
  - 4:30 p.m. Artist reception, Swenson, 105 Kernerly, until 6 p.m.
  - 5 p.m. Artist reception, Snead, Artisan Depot, until 7 p.m.
  - 7:30 p.m. Movie, "The Greatest Showman," SUT

**Skirling's**  
COFFEE HOUSE

Be sure to check  
out our made-  
from-scratch  
cookies, scones,  
pies, & quiches!

Mon-Wed, 7:30am-midnight;  
Thurs & Fri, 7:30am-10pm;  
Sat, 9am-10pm; Sun, 9am-midnight  
Georgia Ave., Sewanee

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**Rule #3**  
Be safe.  
Yield to cars at all  
road crossings.

WALK • RUN • CYCLE  
TOGETHER

[mountaingoattrail.org](http://mountaingoattrail.org)

**Local 12-Step Meetings**

**Friday**  
7 p.m. AA, open, Christ Church, Tracy City

**Saturday**  
7:30 p.m. NA, open, Decherd United Methodist  
7:30 p.m. AA, open, Claiborne Parish House, Otey

**Sunday**  
6:30 p.m. AA, open, Holy Comforter, Monteagle

**Monday**  
5 p.m. Women's 12-step, Brooks Hall, Otey  
7 p.m. AA, open, Christ Church, Tracy City

**Tuesday**  
7 p.m. AA, open, First Baptist, Altamont  
7:30 p.m. AA, open, Claiborne Parish House, Otey

**Wednesday**  
10 a.m. AA, closed, Clifftops, (931) 924-3493  
7 p.m. NA, open, Decherd United Methodist  
7:30 p.m. AA, open, Holy Comforter, Monteagle

**Thursday**  
7 p.m. AI-Anon, First United Methodist Church, Winchester

# SPREAD GOOD NEWS.

Help friends get information. Help local businesses succeed.  
Help our Mountain communities.