



THE SEWANEE MOUNTAIN MESSENGER

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Friday, Aug. 31, 2018

Community Council Approves Parks Committee Members

Six Council Seats up for Election

by Leslie Lytle
Messenger Staff Writer

At the Aug. 27 meeting, the Seawanee Community Council approved the appointment of representatives to serve on the Parks Committee, taking the final step needed to officially create a formal entity charged with overseeing Seawanee community parks. In April, the council authorized the committee's formation.

"This is a historic undertaking," said Dixon Myers. Myers played an active role in the committee's formation. "It's been a year and half in the making." In the past, the entity responsible for oversight and maintenance of Seawanee's community parks was never clearly defined.

Seawanee Civic Association (SCA) board member Stephen Burnett cited the SCA's investigation into renovating the ballpark as the "catalyst."

The SCA spearheaded the recent renovation of Elliott Park and has been providing oversight for the Dog Park. In the fall of 2016 then SCA President Lynn Stubblefield brought the deplorable condition of the ballpark to the SCA's atten-

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Monteagle Approves Fire Department Grants; Weighs Two High Cost Projects

by Leslie Lytle, Messenger Staff Writer

At the Aug. 28 meeting, the Monteagle City Council authorized the fire department to apply for two matching grants that will require contributions on the part of the city if funded. The Council also discussed two high-priority high cost projects: replacing the leaking community center roof and a matching grant with a September application deadline, which would extend the Mountain Goat Trail across the interstate.

The council approved the fire department's request to apply for a FEMA Assistance Grant for a new engine and to employ a grant writer, cost \$500, to draft and administer the grant. If the grant is received, the city will be required to pay for 20 percent of the new engine. The cost will depend on the engine's specifications.

The council also authorized the fire department to apply for a \$3,000 Tennessee Municipal League grant for safety equipment. The city's portion of the 50:50 match will be \$1,500 if the grant is received.

The department is waiting for a response to a Tennessee Division of Forestry grant application for



Welcome to the University Class of 2022! Photo by Lyn Hutchinson

SUD Approves EMA Antenna on Water Tank

by Leslie Lytle, Messenger Staff Writer

Scott Smith from the Franklin County Emergency Management Agency (EMA) addressed the SUD board at the Aug. 28 meeting, requesting permission to mount a radio antenna on the SUD farm tank.

The EMA received funding to improve connectivity in the county, Smith said. The proposed six-site simulcast system will allow county-wide communication for law enforcement and other responders. A communication from any given site will be heard at all the other sites and all sites will be able to respond. With the present system, sometimes only one-way communication is possible, according to Smith.

"The proposed site on the water tank will cover Roark's Cove and Cowan," Smith said. An antenna tower being erected on the Old CCC Road in the Jump Off community will cover the rest of the mountaintop.

Smith stressed facilitating county-wide communication was "critical to law enforcement." Coincident with the area's population growth "call rates are way up."

The six-site plan will also make the county ready to adopt digital technology. "Digital weakens the signal so it takes more sites," Smith said.

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No Shame in Getting Help

by Kevin Cummings
Messenger Staff Writer

Note: This is the third in a series of articles related to the Monteagle-Seawanee Rotary Club's Hunger Walk on Saturday, Sept. 1, at Seawanee Angel Park. The event will raise funds for local food banks. To register, visit <thehungerwalk.com>.

A spectrum of people seek help through local food banks, including those trying to bridge dire financial situations.

One local man, who is referred to as "Rick" to protect his family's privacy, said when he first moved to the Seawanee area, the Community Action Committee (CAC) at Otey Parish helped his family with food and other needs.

"I wasn't at a place in business to provide well enough," he said. "It was winter. It was very cold and the heating unit in the house we were renting was very expensive to run and CAC helped us pay that bill."

Another woman who was between jobs came to CAC for money for a car repair, so CAC loaned her \$700, said Betty Carpenter, director of the program.

"You have to have faith in humanity to do this job and you have to trust people," Carpenter said, noting that "99.9 percent of the

(Continued on page 7)

Local Team Develops Plan to Capitalize on the Area's Natural and Cultural Assets

A team from Tracy City participated in a three-day workshop designed specifically for towns and communities bordering national or state parks, forests, and other treasured public lands in the Appalachian Region. Working with national and regional experts on sustainable tourism, economic development, the arts, natural and cultural resources, transportation, and branding, the four-person team crafted a new vision that focuses on the unique Appalachian assets that make the South Cumberland Plateau an appealing place to live, work and recreate.

The Tracy City team included Nadene Moore, with the Tracy City Council and Grundy Historical Society; Christi Teasley, with the Grundy Area Arts Council; Patrick Dean, with Mountain Goat Trail Alliance; and Emily Partin, with Grundy County Schools. The team has worked together on multiple projects for the Tracy City area, all in an effort to revitalize the historic downtown section of town.

Tracy City team member Emily Partin explained the origins of the project. "In a recent community needs assessment, Tracy City residents expressed a desire for more safe gathering places for families. To meet this need, the Town purchased a tract of land in the historic district where the old Railroad Roundhouse once stood. We believe the development of this area as the Tracy City Old Roundhouse Park, a simple green space in town with a pavilion and seating, will provide opportunities for both old and young to gather together. I think that's what our community wants."

The partnership of the Appalachian Regional Commission, the National Endowment for the Arts, The Conservation Fund, and HTC Partners convened the program. This pilot offering of the Advanced Project Implementation Workshop for Appalachian Gateway Communities was designed for communities that already had a record of success in transforming their area and were ready to take their efforts to a new level. The program featured customized coaching sessions and instructional sessions on topics including building and sustaining capacity, engaging youth, financing and measuring success. Seven Appalachian communities with participants that included public land managers, elected officials, business and tourism representatives, civic leaders, and community arts representatives were accepted to attend the pilot workshop.

Interestingly, as the Mountain Goat Trail snakes its way across the Plateau, it runs straight through the proposed park. "The park will be the very center of the 35-plus miles of trail between Cowan and Palmer," Partin said, "making this a great trailhead." Tracy City expects to see an economic uptick as a result of both the Mountain Goat Trail and The Old Roundhouse Park.

"The Tracy City/Mountain Goat Trail/Grundy Area Arts Council partnership was an ideal candidate for the Appalachian Gateway

(Continued on page 6)



From left, Emily Partin, with Grundy County Schools, Nadene Moore, with the Tracy City Council and Grundy Historical Society, Christi Teasley, with the Grundy Area Arts Council, and Patrick Dean, with Mountain Goat Trail Alliance participated in workshops for Appalachian Gateway Communities.

P.O. Box 296
Seawanee, TN 37375



Rachel Alvarez signing the Honor Code on Tuesday.
Photo by Lyn Hutchinson

CAC Pantry Sunday

Pantry Sunday for the Community Action Committee (CAC) is Sunday, Sept. 2, for participating churches: St. James, Otey, Cumberland Presbyterian and All Saints' Chapel. Please bring your food offerings to Sunday services. The typical bag of groceries includes: rice, beans, pasta, macaroni and cheese, peanut butter, and cans of vegetables, fruit and soup. The cost for a complete bag is less than \$15.

The CAC is an outreach ministry of Otey Parish, with generous support from the Sewanee Community Chest and individuals across the Mountain. For more than 42 years, the CAC has provided food, financial assistance and educational support for persons in the greater Sewanee community. For more information contact the CAC at 598-5927.

Fall Retreats at St. Mary's Sewanee

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5 pm, Friday Sept. 28 to 11 am, Sunday, Sept. 30
\$365/\$465 includes lodging and meals
\$265 for commuters

Coming Up.....

- Habits of the Heart for Faith Communities
- Making Meaning: Art Inspired by Poetry
- Drawing Closer to God: Writing an Archangel Icon

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email <reservations@stmaryssewanee.org>
or go online to <www.stmaryssewanee.org>.



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August Lease Committee Summary

The following items were approved: July minutes; request to add a dormer on the house on Lease No. 238, located at 710 Lake O'Donnell Road; request to put Hardie shake siding on the house at Lease No. 682, located at 216 Kentucky Avenue; request to build a garage on Lease No. 659, located at 147 Louisiana Circle; request to build a garage on Lease No. 705, located at 388 Alabama Avenue; request to paint the house on Lease No. 837, located at 620 Georgia Avenue; request to transfer lease 967, located at 134 Carpenter's Circle to David and Sydney Shipp.

Leasehold information is available online at <leases.sewanee.edu> or by calling the lease office at 598-1998.

Please be sure and contact the Franklin County Planning and Zoning for any needed permits as well as the local utility companies to ensure there are no issues before beginning your project.

Planning and Zoning office, (931) 967-0981; Duck River Electric Membership Corporation (931) 598-5228; Sewanee Utility District, water and sewer, (931) 598-5611; Elk River Public Utility District, natural gas, (931) 967-2110.

Agenda items are due by the fifth of each month for Lease Committee meetings. If the fifth falls on a weekend, then items are due the following Monday. Lease Committee meetings are normally the third Tuesday of the month.

Labor Day Closings

Labor Day is Monday, Sept. 3. All federal, state and county offices will be closed, as will banks and public schools. The CAC and Otey Parish offices, The Sewanee Mountain Messenger office, and the Sewanee Senior Center will be closed. University offices and St. Andrew's-Sewanee School will be open. The duPont Library and Fowler Center will observe regular hours.

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Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, come by our office, 418 St. Mary's Ln., or send your email to <news@sewaneemessenger.com>. —KB



— THE SEWANEE MOUNTAIN — MESSENGER

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University Job Opportunities

Exempt Positions: Assistant Director, Sewanee Fund (2 positions), University Advancement; Coordinator for Fraternity and Sorority Life, Student Life; Director, Community Standards, Student Life; Purchasing Manager, Business Services.

Non-Exempt Positions: Campus Security Officer (10 positions), Police Department; Food Service Worker (Temporary), Sewanee Dining; Part-Time Police Officer, Police Department; Student Program Coordinator, Babson Center.

For more information call (931) 598-1381. Apply at <jobs.sewanee.edu>.

Hospitality Shop Reopens

The Hospitality Shop will reopen at 9 a.m., Tuesday, Sept. 4. Proceeds from sales are used for scholarships to area high school graduates going into health care professions.

The Hospitality Shop is open Tuesdays and Thursdays 9:30 a.m.–1 p.m., and Saturdays 9:30 a.m.–noon.

Serving Where Called

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Cassiday Barry
James Gregory Cowan
Nathaniel P. Gallagher
Peter Green
Zachary Green
Forrest McBee
Andrew Midgett
Jose D. Ramirez III
Troy (Nick) Sepulveda
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Louise Irwin, 598-5864.

MESSENGER DEADLINES & CONTACTS

Phone: (931) 598-9949

News and Calendar
Tuesday, 5 p.m.
Kiki Beavers
news@sewaneemessenger.com

Sports
Kevin Cummings
sewaneesports@gmail.com

Display Advertising
Monday, 5 p.m.
ads@sewaneemessenger.com

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Wednesday, noon
April Minkler
classifieds@sewaneemessenger.com

MESSENGER HOURS

Monday, Tuesday and Wednesday
9 a.m.–4 p.m.

Thursday—Production Day
9 a.m. until pages are completed
(usually mid-afternoon)

Friday—Circulation Day
Closed

Upcoming Meetings

Coffee with the Coach

Coffee with the Coach, an opportunity to learn more about Sewanee's sports teams, will be at 9 a.m., Monday, Sept. 3, with University of the South football coach Travis Rundle. Gather at the Blue Chair Tavern for free coffee and conversation.

Village Update Meeting

Meet with Frank Gladu, Special Assistant to the Vice-Chancellor, to discuss the Village development updates. Meet at 10–11 a.m., or 5:30–6:30 p.m., Tuesday, Sept. 4, at the Blue Chair Tavern. This month's meeting feature will be the designs for the Bookstore and the Specialty Food Market/apartment building. Coffee will be served and everyone in the community is welcome.

Monteagle City Council

There will be a special called meeting of the Monteagle City Council at 6 p.m., Tuesday, Sept. 4. The purpose of this meeting is to discuss the Mountain Goat Trail. This will be the only item on the agenda.

Area Rotary Club Meetings

The Grundy County Rotary Club meets at 11:30 a.m., Tuesdays at Dutch Maid Bakery in Tracy City. The Monteagle-Sewanee Rotary Club will meet at 8 a.m., Thursday, Sept. 6, at the Monteagle Inn for a club assembly.

Academy for Lifelong Learning

The 10th season of The Academy for Lifelong Learning (ALLL) at Sewanee will begin on Thursday, Sept. 6. John McCardell Jr., the 16th Vice-Chancellor of the University of the South will be the opening speaker for the new season. John's talk will be "Writing Southern History: Where to Begin." McCardell's talk will begin promptly at noon in Lower Cravens, on Kentucky Avenue in Sewanee. Parking is available in the Tennessee Williams Parking Lot, adjacent to Lower Cravens. Plan to arrive at 11:30 a.m. to renew your membership in the Academy or join for the first time. Coffee and homemade cookies will be available. The annual membership fee is \$20 or one may pay \$3 per session. For more information about the program, call Anne Davis at (931) 924-4465.

Caregivers Groups

The Folks at Home's Caregivers Group meets weekly on Thursday, 1–2:30 p.m., in Otey Parish's St. Mark's Hall. There is no charge and new members are welcome. Contact Folks at Home at (931) 598-0303 or <folksathomesewanee@gmail.com>.

MCDP Meetings

The executive committee of the Marion County Democratic Party will meet at 10 a.m., Saturday, Sept. 8, at the Marion County Democratic Headquarters. A meeting of the Women's Democratic Committee will be at noon, Saturday, Sept. 8. The headquarters is located at 33 Courthouse Sq., in Jasper.

UDC Meeting

The UDC Chapter 327 Kirby-Smith Sewanee monthly meeting will be on Saturday, Sept. 8, beginning at 11 a.m. at the Oak Restaurant, in Manchester.

CCJP Meeting

On Sunday, Sept. 9, at 3 p.m. the Cumberland Center for Justice and Peace Board will meet in the Sewanee Community Center. All members and any interested persons from the community are welcome to attend.

FCDP Monthly Meeting

The Franklin County Democratic Party will have its monthly meeting at 9 a.m., Saturday, Sept. 15, at the FCDP Headquarters, 420 E. Main St., in Decherd.

Sewanee Woman's Club Reservation Due Today

The first meeting of Sewanee Woman's Club will be noon, Monday, Sept. 10, at the DuBose Conference Center in Monteagle. The club welcomes all women to join. Dues are \$5 per year and are used to support Thurmond Library and community projects. Reservations are due today (Friday), Aug. 31.

The Sewanee Woman's Club programs this year will feature "Women Who Volunteer."

Lunch (\$14) for this meeting will be cream of broccoli soup, chef salad with roast turkey, hot Irish soda bread with butter and chocolate mousse with strawberries. Reservations are required. To make a reservation call Janet Miller Schmidt at (504) 858-5221 or Glyn Ruppe Melnyk at <g.ruppemelnyk2015@gmail.com>. A vegetarian choice is offered; please request this when making a reservation.

The Sewanee Woman's Club hosts luncheon meetings on the second Monday of each month, September through May, except January. There is an optional social time at 11 a.m., with lunch at noon and programs following. Every effort is made to keep to this schedule to accommodate professional women's lunch hours. Childcare is available upon request.

Sewanee Emeritus Association

The Sewanee Emeritus Association has announced its meetings for the first semester. The group meets monthly on the second Thursday, this year beginning Sept. 13. The meetings feature speakers with a wide range of interests and topics and are held at 4:30 p.m. in the Torian Room of duPont Library.

Opening this year's programs on Sept. 13, Hilary Ward, visiting assistant professor of music, will describe the behind-the-scenes work for the Summer Music Festival. On Oct. 11, professor John Gatta of the English department will speak on his new book, "Spirits of Place in American Literary Culture." On Nov. 8, professor Jennifer Matthews and assistant professor Courtney World, both in the department of theatre and dance, will talk about the role of theater and dance in the University curriculum. The meetings are open to all, and refreshments are offered after the presentations.

SCA Meeting Sept. 6

The Sewanee Civic Association (SCA) will meet Thursday, Sept. 6, at St. Mark's Hall, Otey Parish.

Social time with wine begins at 5:30 p.m., and dinner begins at 6 p.m. The business meeting begins at 6:30 p.m., followed by a brief program. The dinner is free and open to the public. This year, free children's activities will be available. Please RSVP by today (Friday), Aug. 31, to <sewaneecivic@gmail.com>.

Mary Priestley will present the program on "The South Cumberland Plateau: A Noah's Ark for Plants." Priestley is curator of the Sewanee Herbarium and active member of the Friends of South Cumberland State Park. She has authored several books, both for adults and children, including "Fiery Gizzard," "Voices from the Wilderness" and the newly-released "Sewanee Wildflowers in Watercolor." She and her husband, retired mathematics professor Mac Priestley, are longtime Sewanee residents.

A favorite topic of Mary's is the plant diversity of Tennessee, particularly of the South Cumberland Plateau. In this talk, she discusses some factors contributing to the rich biodiversity of our area.

This year, the SCA is celebrating 110 years of civic opportunities in the community. The association brings together community members for social and service opportunities. The SCA is the sponsoring organization for Cub Scout Pack 152, Sewanee Classifieds and the Sewanee Community Chest. Any adult who resides in the area and shares concerns of the community is invited to participate.

For more information, go to <www.sewaneecivic.org>.

SOA to Share Tools for Helping to Elect Progressives

Sewanee Organize and Act (SOA) will host an informational session at 5:30 p.m., Thursday, Sept. 13, at the Sewanee Community Center. The focus will be on connecting those interested in helping elect progressive candidates with specific actions that they can do to support the candidates of their choice. Whether it's making phone calls, writing postcards, or going door-to-door to talk to voters, SOA will put those interested in touch with those who can use their help.

SOA was formed in early 2017 to promote progressive issues. It includes members in Franklin, Grundy, and Marion counties. For more information, email <sewaneeeorganizeandact@gmail.com>.



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SHOW OPENING
Tuesday, Sept. 4

ARTIST RECEPTION
Friday, Sept. 7

*Please do not bring art before August 31.

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Church News

All Saints’ Chapel

The Catechumenate begins Wednesday, Sept. 5, at 6:30 p.m. in the Bairnwick Women’s Center with a meal catered by Mountain Goat Market. Catechumenate, from a Greek word meaning “learning and exploring,” is a place where we explore what it means to be a human being and what it means to be a person of faith in our community. This is a great place to meet new people and build relationships. Food, prayer, questions, and conversation power this process.

Growing in Grace begins this Sunday, Sept. 2, at 6:30 p.m. in All Saints’ Chapel. Fran McKendree, musician and storyteller, will be sharing his music and story with us. This informal worship service is designed for students and community members, featuring student-led acoustic music, a different guest speaker each week, and Holy Communion. This semester, each of our speakers will meditate on the act of Breaking Ground. We will explore the idea that breaking ground—beginning something new or forging into unfamiliar territory—is a holy, if laborious, act. We want to believe that diving into a new venture, reconstructing a torn relationship, or starting a fresh phase of life will be easy, but when we encounter experiences and perspectives unlike our own, our

instinct is to retreat to the familiar and forget the unknown. This semester, we will explore how the vulnerability of newness molds us into the resilient and accepting being God created us to be. We hope to see you there—bring a friend!

Email Lay Chaplain Kayla Deep at <kayla.deep@sewanee.edu> for directions or more information.

Christ Church Celebration

Christ Church, the oldest continuously operating Episcopal Church on the South Cumberland Plateau, will celebrate its 150th anniversary, Sept. 8-9. The public is invited to the community celebration, which dates its beginning from an outdoor service at a sawmill in Tracy City in 1868. egistration for the event begins Saturday at 9 a.m. in the Father Adamz Memorial Parish House with complimentary coffee and pastries. The parish house will also be the site of exhibits.

Music begins at 11 a.m., followed by a barbecue at noon. Music continues that afternoon.

On Sunday, Sept. 9, starting at 11 a.m., there will be a traditional worship service in the church, which is listed on the National Register of Historic Places, followed by a reception in the parish house.

For more information, visit the church’s website at <www.christ-church-tc.org>.

Otey Parish

This Sunday, the Lectionary Class will explore Sunday’s gospel, in the Claiborne Parish House, Adult Education Room. Children ages 3–11 are invited to meet their friends for Godly Play. Youth Ministry will be in Brooks Hall. Infants 6 weeks to children 4-years-old are invited to the nursery beginning at 8:30 a.m. There will be nursery for both services and the Sunday School Hour.

Rob Lamborn and Jeannie Babb will speak on “A Wrinkle in Time and Its Message for Our Time” during the Adult Forum. The discussion will reflect and build on ideas presented during the VB-Us lecture series which featured Amy Lamborn, Rob MacSwain and Mimi Dupree. Please note the new

time: Beginning Sept. 2, all Christian Education classes will begin at 9:45 a.m. in St. Mark’s Hall in Claiborne Parish House.

From September through December, Otey’s early service will begin at 8:30 a.m. (instead of 8:50 a.m.); Christian Formation will take place at 9:45-10:45 a.m. (instead of 10 a.m.), and the late service will remain at 11 a.m. This change was proposed by the Christian Formation Committee to provide more time for formation classes and less need to rush between worship and formation on Sunday mornings. The schedule’s effectiveness will be evaluated toward the end of the trial period before a decision whether to make it permanent in the new year.

Episcopal 101

Are you new to the Episcopal Church? Attending for a while and want to know more? A longtime member who would like a refresher course? Episcopal 101 is the course for you! On Sundays at 9:45 a.m., beginning Sept. 9, we will explore Episcopal/Anglican understandings of worship, the Bible, prayer and spirituality, ethics, church history, and more. While this course provides preparation for Confirmation, Reception from another denomination, or Reaffirmation of Baptismal Vows, the only requirement for participation is the desire to learn! To sign up or for more information, please contact Rob Lamborn at <oteyparishrector@gmail.com>.

Church Calendar

Weekday Services Aug. 31–Sept. 7

7 a.m. Centering Prayer, Taylor’s Creek, Estill
7:30 a.m. Morning Prayer, Otey
7:30 a.m. Morning Prayer, St. Mary’s Convent (not M)
8 a.m. Holy Eucharist, St. Mary’s Convent (not M)
8:30 a.m. Morning Prayer, St. Augustine’s
9 a.m. Communion, Good Shepherd, Decherd (M,W)
9 a.m. Mass, Good Shepherd, Decherd (T/Th/F)
11:30 a.m. Prayer/Healing, Morton Memorial (1st/3rd Th)
3:30 p.m. Centering Prayer, St. Mary’s Sewanee (T)
4 p.m. Centering Prayer, McRae Room, adjacent to Anna’s House, St. Mary’s Sewanee (W)
4 p.m. Evening Prayer, St. Augustine’s
4:30 p.m. Evening Prayer, Otey (M–F)
7 p.m. Centering Prayer, St. Paul’s, Otey (M)
7 p.m. Spanish Mass, Good Shepherd, Decherd (Th)

Saturday, Sept. 1

7:30 a.m. Morning Prayer, St. Mary’s Convent
10 a.m. Sabbath School, Monteagle Seventh Day Adventist
11 a.m. Worship Service, Monteagle Seventh Day Adventist
4:30 p.m. Evening Prayer, St. Mary’s Convent
5 p.m. Mass, Good Shepherd, Decherd

Sunday, Sept. 2 • CAC Pantry Sunday

All Saints’ Chapel

8 a.m. Holy Eucharist
11 a.m. Holy Eucharist
6:30 p.m. Growing in Grace

Bible Baptist Church, Monteagle

10 a.m. Worship Service–Crystle Elam in concert
5:30 p.m. Evening Service

Chapman Chapel Church of the Nazarene, Pelham

9:30 a.m. Sunday School
10:45 a.m. Morning Worship
6 p.m. Evening Worship

Christ Church, Monteagle

10:30 a.m. Holy Eucharist

Christ Episcopal Church, Alto

9 a.m. Sunday School
10 a.m. Holy Eucharist

Christ Episcopal Church, Tracy City

10 a.m. Adult Bible Study
11 a.m. Holy Eucharist (child care provided)

Christ the King Anglican, Decherd

9 a.m. Sunday Service
Cowan Fellowship Church

10 a.m. Sunday School
11 a.m. Worship Service

Cumberland Presbyterian Church, Monteagle

9:30 a.m. Bible Study
11 a.m. Worship Service

Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service
10 a.m. Sunday School

Decherd United Methodist Church

9:45 a.m. Sunday School
10:50 a.m. Worship Service

Epiphany Mission Church, Sherwood

10 a.m. Holy Eucharist Rite II

Good Shepherd Catholic Church, Decherd

10 a.m. Mass
2 p.m. Spanish Mass

Grace Fellowship Church

10:30 a.m. Sunday School/Worship Service

Harrison Chapel Methodist Church

10 a.m. Sunday School
11 a.m. Worship Service

5 p.m. Worship Service

Midway Baptist Church

9:45 a.m. Sunday School
10:45 a.m. Morning Service

6 p.m. Evening Service

Midway Church of Christ

10 a.m. Bible Study
11 a.m. Morning Service
6 p.m. Evening Service

Monteagle First Baptist Church

10 a.m. Sunday School
11 a.m. Worship Service
6 p.m. Evening Worship

Morton Memorial United Methodist, Monteagle

9:45 a.m. Sunday School
11 a.m. Worship Service

New Beginnings Church, Monteagle

10:30 a.m. Worship Service

New Beginnings Church, Pelham

9:45 a.m. Worship Service

Otey Memorial Parish Church (note new times)

8:30 a.m. Holy Eucharist
9:45 a.m. Lectionary Class, Adult Forum, Godly Play
11 a.m. Holy Eucharist

Pelham United Methodist Church

9:45 a.m. Sunday School
11 a.m. Worship Service

St. Agnes’ Episcopal Church, Cowan

11 a.m. Holy Eucharist Rite I

St. James Episcopal Church

9 a.m. Holy Eucharist Rite II

St. Margaret Mary Catholic Church, Alto

8 a.m. Mass

Sewanee Church of God

10 a.m. Sunday School
11 a.m. Morning Service
6 p.m. Evening Service

Sisters of St. Mary’s Convent

8 a.m. Holy Eucharist
5 p.m. Evensong

Tracy City First Baptist Church

9:45 a.m. Sunday School
10:45 a.m. Morning Worship

5:30 p.m. Youth Group

6 p.m. Evening Worship

Trinity Episcopal Church, Winchester

9:30 a.m. Christian Formation
10:30 a.m. Holy Eucharist Rite II

Valley Home Community Church, Pelham

10 a.m. Sunday School, Worship Service

Wednesday, Sept. 5

6 a.m. Morning Prayer, Cowan Fellowship
8:30 a.m. Morning Prayer, All Saints’
9 a.m. Communion, Good Shepherd, Decherd
10 a.m. Bible Study, Sewanee C.P. Church
Noon Communion, Christ Church, Monteagle
4 p.m. Evening Prayer, All Saints’
5 p.m. KAs/Bible study/meal, Monteagle First Baptist

5:30 p.m. Evening Worship, Bible Baptist, Monteagle
5:45 p.m. Youth Bible study/meal, Monteagle First Baptist

6 p.m. Bible study, Monteagle First Baptist
6 p.m. Prayer and Bible study, Midway Baptist
6 p.m. Evening Prayer, Trinity, Winchester
6:30 p.m. Community Harvest Church, Coalmont
6:30 p.m. Prayer Service, Harrison Chpl, Midway
6:30 p.m. Youth group, Tracy City First Baptist
7 p.m. Adult Formation, Epiphany, Sherwood
7 p.m. Bible study, Chapman’s Chapel, Pelham
7 p.m. Evening Worship, Tracy First Baptist

Obituaries

John Alden Bragg

John Alden Bragg, age 93, died on Aug. 19, 2018. He was born to John Roy Bradd and Chloe Adcock Bragg. He graduated from Sewanee Military Academy, and served in the U.S. Army during World War II, engaged as a member of the 147th Regimental Infantry Group, at the Admiralty Islands, Iwo Jima and Okinawa. After the war he graduated with honors from the University of the South; he was a member of the Order of Gownsmen, Phi Gamma Delta fraternity and the Red Ribbon Society. He did graduate work at the University of Virginia and Middle Tennessee State University. He joined the faculty of Battle Ground Academy in 1950, serving over the next 40 years in too many positions to list here. He was preceded in death by his parents; wife, Jane McCrane Bragg; and sister, Virginia Roy “Joy” Bragg.

He is survived by his daughter, Rebecca (Marc) Bragg McNamee; two grandchildren, one great-grandchild, and many nieces and nephews.

A Celebration of Life Service was on Aug. 27 at First United Methodist Church, Franklin, Tenn. Memorials may be made to the BGA Endowment Fund of First United Methodist Church. For complete obituary go to <www.williamsonmemorial.com>.

John Hunter Thomas Jr.

John Hunter Thomas Jr., age 62 of Huntsville, Ala., died on Aug. 24, 2018. He was born on June 20, 1956, in Gadsden, Ala., to Shirley Brooks Thomas and John Thomas. He was the director of personnel of the Huntsville Symphony, principal bassoon, and teacher. He also mentored countless young musicians and he changed many lives, and was a beloved member of the Sewanee Summer Music Festival faculty. He was preceded in death by his parents; and brother Mike Thomas.

He is survived by his wife, Karen; brother Chris Thomas; aunts, Alice and Raynell; uncles, Monroe (Alice), and Allen, (Becky); sister-in-law, Dorothy Thomas; one niece and five nephews.

The family will receive friends for a Tribute to the Bassoon King from 11 a.m. until 5 p.m. on Saturday, Sept. 22, 2018, at the University of Alabama, Huntsville Recital Hall. In lieu of flowers, contributions can be made to the Ark Inc. of Huntsville, Forgotten Felines, and scholarship donations can be mailed to Sewanee Summer Music Festival Attn: Hilary Dow Ward, 735 University Ave., Sewanee, TN 37383. Please Include Hunter Thomas Bassoon Scholarship in the memo line.

Upcoming Retreats

A Labyrinth Journey

Connecting with Your Creativity through Walking & Writing
September 28–30
Presenters Margy Oehmig and Terry Price

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put Perfection in the
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BLUFF - MLS 1964395 - 211 Rising Sun Lane, Sewanee. \$295,000



MLS 1952909 - 1573 Carter Rd., Decherd. \$234,500



BLUFF - MLS 1930811 - 146 Jackson Point Rd., Sewanee. 13+acres. \$299,500



BLUFF - MLS 1777974 - 3480 Sherwood Rd., Sewanee. \$310,000



MLS 1891347 - 715 Orange Hill Rd., Tracy City. \$279,000



BLUFF - MLS 1959372 - 1844 Ridge Cliff Dr., Monteagle. \$338,000

BLUFF TRACTS

Old Sewanee Rd. 53+ac	1846822	\$296,000
14 Jackson Pt. Rd 18.6 ac	1803643	\$129,500
3 Horseshoe Ln. 5.6 ac	1608010	\$60,000
38 Long View Ln. 2.56 ac	1954806	\$99,000
7 Jackson Pt. Rd. 18.6 ac	1714853	\$75,000
1 Jackson Pt. Rd. 12.45 ac	1911600	\$125,600
11 Jackson Pt. Rd. 19+ ac	1911497	\$120,000
7 Saddletree Ln.	1954791	\$75,000
25 Old Sewanee Rd. 5.2 ac	1741756	\$119,000
Partin Farm Rd. 6.5 ac	1902508	\$64,500
9 Saddletree Ln. 2.01 ac	1948632	\$66,000



BLUFF - MLS 1810644 - 294 Jackson Point Rd., Sewanee. 20.9 acres. \$299,500



BLUFF - MLS 1850420 - 1710 Stage Coach Rd., Sewanee. 31+ acres. \$765,000



BLUFF - MLS 1906326 - 208 Vanderbilt Ln., Sewanee. \$849,000



BLUFF - MLS 1945408 - 506 Ingman Cliff Rd., 3.05 acres. \$688,000



MLS 1905336 - 204 Wiggins Creek Dr., Sewanee. \$390,000



MLS 1933943 - 13052 Hwy 41, Tracy City. 4 acres. \$149,500



MLS 1884814 - 143 Winns Circle, Sewanee. \$385,000



BLUFF - MLS 1923054 - 1833 Laurel Lake Dr., Monteagle. \$439,000



BLUFF - MLS 1936071 - 162 St. Clare Lane, Sewanee. 7+acres. \$528,000



MLS 1956405 - 171 Maple St., Sewanee. \$274,500



LAKEFRONT - MLS- 1949994 - 681 Magnolia Dr., Winchester. \$779,500



BLUFF - MLS 1773059 - 1804 Clifftops Ave., Monteagle. 6.9 acres. \$995,000



BLUFF - MLS 1886899 - 569 Haynes Rd., Sewanee. 5.1 acres. \$499,900



MLS 1514972 - 202 Main St., Monteagle. \$112,000



MLS 1901778 - 52 Sherwood Trail, Sewanee. \$348,000



BLUFF - MLS 1878711 - 226 Rattlesnake Springs Ln., Sewanee. \$799,000



BLUFF - MLS 1656823 - 1613 Laurel Lake Dr., Monteagle. 5.3 acres. \$449,900



MLS 1924650 - 890 Boswell Ct., Monteagle. 3+acres. \$319,000

LOTS & LAND

126 Deep Woods 6.4 ac	1948499	\$39,900
127 Deep Woods 5.8 ac	1948503	\$39,900
13 Deerwood Dr. 2.98 ac	1946339	\$18,500
14 Deerwood Dr. 2.97 ac	1946347	\$18,500
16 Deerwood Dr. 2.98 ac	1946349	\$18,500
33 Westlake Ave. 5.3 ac	1800077	\$75,000
43 Bluff Woods	1774625	\$28,000
57 Edgewater Ct. Win.	1906419	\$32,000
St. Mary's Ln. 10 ac	1820182	\$85,000
Montvue Dr. 5 ac	1714856	\$54,900
55 Lake Louisa 4.2 ac	1900500	\$38,880
Pine Dr. 16.1 ac	1894605	\$149,000
Pine Dr. 3.22 ac	1894027	\$40,000
#22 Shadow Rock 1.18 ac	1906497	\$24,000
362 Haynes Rd. 10 ac	1910953	\$84,000

Community Council *(from page 1)*

tion. The SCA also reviewed the needs of other community parks and sought the advice of Myers, who played a key role in the 2003 rehabilitation of the ballpark.

Along with Burnett and Myers, Sarah Marhevsky and Brent Tate will serve as community representatives on the Parks Committee. Amanda Knight and Diane Fielding will serve as representatives from youth baseball and soccer. Superintendent of Leases Sally Green and William Shealy from Facilities Management will serve as ex-officio members.

At the Sept. 6 SCA meeting, the membership will vote on transferring park assets and Memorandum of Understanding responsibilities from the SCA to the newly formed Parks Committee.

Council election officer Charles Whitmer provided an overview of the upcoming council election. The seats now held by Annie Armour (at-large representative), Richard Barrali (District 4), Pam Byerly (District 2), Kate Reed (at-large representative), Flournoy

Rogers (District 1), and Whitmer (District 3) will be open for election. Armour will not seek reelection.

Prospective candidates need to submit a petition signed by 10 registered voters from their district. For at-large candidates, the 10 signatures can come from any registered voter residing in Sewanee. Petitions are available from Whitmer <charles.whitmer@gmail.com>. A district map can be viewed at the Lease Office website <http://www.sewanee.edu/offices/leases/community-council>.

Early voting will be held from Oct. 17–Nov. 1 at the Lease Office. Regular voting will take place at Sewanee Elementary School coincident with the General Election on Nov. 6.

Vice-Chancellor John McCa-
rdell welcomed two new council representatives from the University student population, Gray Hodsdon from the School of Theology and College of Arts and Sciences sophomore Adam Foster.



Students moving boards for Housing Sewanee during PRE.
Photo by Lyn Hutchinson

SUD *(from page 1)*

Speaking to possible concerns, SUD manager Ben Beavers said OSHA regulations prohibited obstructions on the ladder, but OSHA compliant mounting brackets were available. Beavers also stressed the contract with the EMA would need to stipulate the EMA was responsible for making any adaptations necessary for SUD to maintain the tank and for restoring the site to its original condition if the equipment was no longer used.

In addition to the antenna, the proposal calls for an 8 feet by 12 feet metal equipment building within the water tank's fenced perimeter.

The board voted to approve the concept, with final approval contingent on review of the contract and related documents.

"It's a good public service thing," Beavers said in support of the decision. "It won't help SUD in particular, but the entire county will benefit."

Updating the board on the waterline replacement project, Beavers said the contractor was running a little behind, but expected to complete the project on schedule. The section most likely to impact students was already completed. Shrubs and gravel disturbed by the construction will be replaced. "The most frequent comment I'm hearing from customers is about how clean the construction site is," Beavers said.

In response to the board's charge to perform a cross-connection survey of all commercial customers to determine if the customer needed to install a backflow prevention device, Beavers identified 59 accounts. He expects to complete the inspections before the end of the year. "Six of the 59 already have backflow prevention devices," Beavers noted. Among those slated for inspection were several institutional customers, Beavers said.

Looking to possible outcomes, Beavers suggested that if more than 60 percent of the commercial accounts inspected needed backflow prevention devices, the board should consider a policy change "requiring the devices for all commercial customers. If it's only 10-15 percent, the policy is likely adequate." The current policy requires backflow prevention devices in any situation where there is a possibility of drinking water contamination by fluid from outside sources.

Beavers provided the board with a draft of the revised South Cumberland Regional Drought Plan. Beavers revised the document on behalf of the four area water utilities. Different from the original drought plan, created following the drought of 2007, the revised plan allows the individual utilities to set their own trigger points for water-use restriction and rate changes to accommodate drought management. Like the original plan, the revised plan stipulates if one utility declares a need for voluntary or mandatory restricted water usage, the other utilities will follow the same practice.

The SUD board meets next on Sept. 25.

Hope to see a change in government?**MIDTERM ELECTIONS are
Nov. 6**

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- WRITE POSTCARDS

Thursday - Sept. 13
5:30 pm

Sewanee Community Center

Please join us to see how you can
make a difference!

Local *(from page 1)*

Communities Initiative because of the terrific natural and cultural resources and the emphasis of the arts in its community's plans," said Director of The Conservation Fund's Conservation Leadership Network, Katie Allen. "It's our goal to help communities capitalize on the success of their efforts to date and to continue to foster valuable partnerships, reinforce development plans that balance environmental and economic goals, and enable places like Tracy City to become even more vibrant and thriving communities."

The Appalachian Gateway Communities Regional Workshop is part of an initiative developed by the Appalachian Regional Commission and the National Endowment for the Arts. Since 2007, the Gateway Initiative has helped gateway communities across Appalachia expand tourism and other economic development opportunities through community assessments, tourism planning workshops and grants for project implementation. The Conservation Fund and HTC Partners have partnered to strengthen the leadership capacity of towns, cities and communities that neighbor publicly protected natural and recreational lands in distressed, transitional or at-risk counties.

The workshop was held at the National Conservation Training Center in Shepherdstown, W. Va.

Monteagle *(from page 1)*

to apply for a million-dollar Multimodal Grant on the city's behalf to construct the section of the trail crossing the interstate.

If funded, the 95:5 matching grant would obligate the city to a \$50,000 contribution to the project.

"How long would we have to pay?" asked Alderman Kenneth Gipson.

Wilson said the city would need a line of credit to pay 5 percent of each bill as it came in over the two-year construction period. He stressed the Southeast Development District Multimodal Grant was the only grant of this type available to rural communities.

"We're committed to making it work for you all," Wilson insisted, "and we want to discuss how."

The council will hold a special called meeting for that purpose at 6 p.m., Tuesday, Sept. 4.

In the interim, council members will meet with visiting TDOT engineers who will offer advice on the challenging interstate-crossing section of the trail. Using the old railroad bridge is being considered, Wilson said.

Reporting on Parks and Recreation, Jessica Blalock said high winds damaged the outdoor video screen used for free children's movies. Blalock will get bids on replacing the screen. Blalock will also get bids on replacing a broken angel statue.

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Help (from page 1) — time” that trust is earned.

One morning, Carpenter found an envelope in her office, which included the \$700 repayment plus an extra \$50 to help someone else.

Another man lost everything in a fire and CAC helped him rebuild his life.

“We see people who are going through a rough patch and need temporary help,” Carpenter said. “I think that it’s pretty well known in the community that we’re here, and we can help you in a way that doesn’t make people feel bad.”

Shame and embarrassment are obstacles to accepting support, but Amy Wilson, director of Morton Memorial UMC Food Ministry in Monteagle, said the staff and volunteers treat those in need with respect.

“I think that people realize we are not going to judge them for seeking assistance,” she said. “I think they understand that we are there to help.”

“I would say there is no reason to be embarrassed or ashamed,” Wilson added. “Pride can be a powerful thing...We all need help at some point whether it’s with food or comfort or any support. We are all in this world together and we should help one another however we can.”

Rick said when he went to CAC, the director at the time made him and his family feel comfortable.

“I felt empowered, I didn’t feel ashamed,” he said. “I expected to feel ashamed and embarrassed, but we felt believed in, like our story had been heard before, like we weren’t alone and that’s what they were there for.”

Now that Rick is in a better financial position, he donates to CAC. There are other current and former clients of CAC and Morton Memorial who also donate back to the programs through volunteer hours or financial donations.

“Many of our clients pitch in for the monthly Community Meals by helping with set-up and clean-up,” Carpenter said. “Others have often manned the desk when the regular volunteers were unable to do so.”

For more information on getting assistance, call Morton Memorial at (931) 924-2192 or contact CAC at (931) 598-5927 or <cacoteyparish@gmail.com>.

The fourth annual Hunger Walk will be held Saturday, Sep. 1. Registration begins at 8 a.m. at the Angel Park in Sewanee. The walk begins at 9 a.m. Registration is free for children under 12, \$15 for students and \$25 for adults. Participants receive a T-shirt.

For more information on the Hunger Walk, go to <thehungerwalk.com> or <www.facebook.com/SewaneeHungerWalk/>.

A Constellation of Holistic Health Providers

by Leslie Lytle, Messenger Staff Writer

“It’s all connected,” shines as the mantra of the Sewanee Holistic Health (SHH) providers. They offer an eclectic array of health care modalities: psychological counseling; acupuncture and Reiki; drug and addiction counseling; and therapeutic massage.

Holistic health, as the name implies, means treating the whole person, not just a specific ailment.

Two of the practitioners, Reiki master Eva Malaspino and licensed psychological counselor Maryellen McCone came to their current professions via careers in nursing.

“Holistic health and traditional health care are good partners,” insisted Malaspino who pointed out more than 800 hospitals use Reiki for pain management in pre- and post-operative care.

“When I worked at the University Health Center as a nurse, it became apparent to me physical ailments were often related to deeper issues,” McCone said. “Stress causes a lot of problems.”

“I encourage people to explore cures,” said licensed massage therapist Regina Rourk Childress. “I can empathize with people with chronic pain, because I’ve been there.” Afflicted with chronic back pain, a combination of chiropractic care, massage, and physical therapy finally brought Childress relief and led her to a career in massage therapy.

Childress most frequently sees clients with neck and shoulder pain or low back and hip pain. While manual labor is sometimes the cause, she cites office work and driving as prime culprits.

“The human body isn’t designed to be sitting all day with the arms forward.”

Psychological counselor Kate Gunderson points to “isolation” as a big issue with many clients she sees. She recommends people seek professional help when they find themselves “stuck and ruminating about the same stuff, mired in regret.”

Gunderson stresses the importance of an “external view, someone who doesn’t have a dog in the game. I’m a co-traveller with my clients. I look at the person in their context, all that’s within their control in the big picture.”

Licensed alcohol and drug abuse counselor David Burnett said people often seek his help in a crisis. “They’re in the legal system for DUI, public drunk, or some type of arrest.”

Burnett was recently named Counselor of the Year by the Tennessee Association of Alcoholism & Drug Abuse Counselors. He involves his clients in the treatment process by “giving them homework and getting them to set their own treatment goals. I’m not a fixer. I help with the fix.”

Acknowledging people’s resistance to seeking help, McCone said, “We can’t fix everything on our own. We’re hard wired for community.”

McCone’s cognitive approach focuses on reducing anxiety through mindfulness and meditation. Pointing to “the science behind the therapy,” McCone explained, “the amygdala brain structure operates on memory, and memory connections often generate emotional responses inappropriate to the present circumstance. Meditation helps the amygdala become less reactive.”

Malaspino uses Reiki manipulation of the body’s energy fields not only to relieve physical pain, but to address a vast array of emotional conditions ranging from PTSD in veterans and sexual abuse victims to end of life transition.

Acupuncturist David Tharp’s practice is founded on the Chinese medicine philosophy of relieving stress and pain by restoring the body to a state of health through manipulation of energy flow along the body’s energy pathways. Tharp is also certified in dispensing and creating herbal remedies.

Licensed clinical social worker and therapist Bennett Bridgers-Carlos specializes in treating anxiety, depression, trauma and PTSD.

SHH practitioners share office space in the Sewanee Folks at Home building at 141 University Ave. Most of the group formerly practiced at the Stillpoint facility between Sewanee and Monteagle. They welcomed an in-town location when office space became available. See the SHH website <www.sewaneeholistichealth.com> for provider contact information.

Many of the SHH practitioners take insurance or will arrange payment on a sliding scale basis.

“I want to provide treatment to anyone who wants it,” Gunderson said. “It lets me work with a diverse demographic.”

A synergistic relationship exists between the SHH practitioners who frequently recommend treatment by one of their colleagues. Treating the whole person in the way that will most benefit the client is the goal.

Writer Kiese Laymon Returns to Sewanee

Following his visit to campus last November, Kiese Laymon returns as writer-in-residence from Sept. 5-10. Laymon will give a reading and join a panel discussion—both open to the public—as well as work with students and faculty.

At 7 p.m. Wednesday, Sept. 5, Laymon will read from his memoir “Heavy” (available next month), followed by a conversation and reception, all in Convocation Hall. In “Heavy,” Laymon writes eloquently and honestly about growing up a hard-headed black son to a complicated and brilliant black mother in Jackson, Miss.

A panel discussion on “Southern Writing in the 21st Century,” with Laymon, John Grammer, Michael Griffith, Elyzabeth Wilder, and Caroline Randall Williams, will be held at 5 p.m., Monday, Sept. 10, in Convocation Hall, followed by a reception.

Laymon will also give a student writing workshop, hold a listening session in the Ralston Room, meet with faculty, and speak with students about careers in writing.

Laymon graduated from Oberlin College and received an M.F.A. in fiction from Indiana University. He is currently the Ottilie Schillig Professor of English and Creative Writing at the University of Mississippi; he previously served as the Distinguished Visiting Professor of Nonfiction at the Univer-



Kiese Laymon

sity of Iowa. Laymon is the author of the novel “Long Division” and a collection of essays, “How to Slowly Kill Yourself and Others in America.”

Laymon has written essays, stories, and reviews for numerous publications including Esquire, New York Times, NPR, and Paris Review. Following the publication of “Heavy,” a novel, “And So On,” is expected in 2019.

These events are sponsored by American Studies, Brown Foundation Fellowship, Career and Leadership Development, Center for Teaching, English Department, Office of the Dean of the College, Office of the Dean of Students, Office of Multicultural Affairs, Project on Slavery, Race, and Reconciliation, Sewanee School of Letters, and the Sewanee Review.

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Oehmig and Price to Lead Writing & Walking Retreat at St. Mary's Sewanee

"When external events compel us to look outward, it is precisely the time when we need to look inward," according to Margy Oehmig, who will lead a retreat, "A Labyrinth Journey: Connecting Your Creativity through Walking and Writing," Sept. 28-30, at St. Mary's Sewanee. Joining her to lead the retreat will be Terry Price.

Through a blend of walking the St. Mary's Sewanee labyrinth, creative writing and journaling, and time for quiet and reflection, the retreat will help participants learn new ways to incorporate the labyrinth into their life. Although no writing experience is necessary, seasoned writers will learn how the labyrinth can enhance their practice.

The labyrinth is a meditative tool, Oehmig said, that offers healing and transformation within its path toward integration and wholeness. Unlike a maze which is designed to block the way and cause confusion, the labyrinth has a single, circuitous path that leads to the center and back out. A metaphor for life and the spiritual journey, it is full of twists and turns as it, time after time, winds its way close to the middle before returning to the outer perimeter.

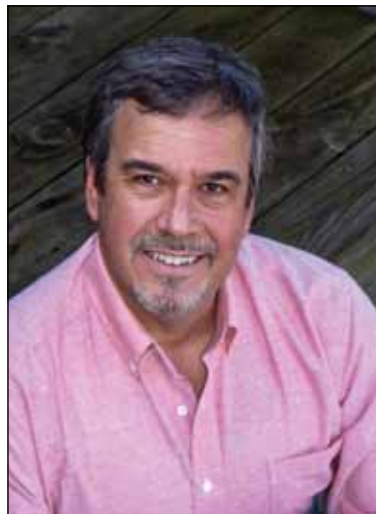
This retreat is a chance to "come together with others of like mind, to get away in an idyllic setting, away from the routine, the requirements, the numbing repetition of existence, to find and reclaim our art and, therefore, ultimately our lives," Price said.

Oehmig, who lives in Chattanooga, received her training as a labyrinth facilitator at Chartres Cathedral under the tutelage of Lauren Artress, author of "Walking a Sacred Path." She has long been drawn to the labyrinth as a contemplative tool and uses it in combination with her Centering Prayer practice to quiet the mind, still the body, and listen to the quiet voice within. She holds a master's in fine arts in art history.

Price is a writer, photographer, and labyrinth facilitator who holds a master's in fine arts in writing from Spalding University in Louisville. His writing has appeared in



Margy Oehmig



Terry Price

many publications including The Trunk, The Tennessee Writer, the Timber Creek Review, New Southerner, The Best of New Southerner and 2nd & Church. His essays have been nominated twice for the Pushcart Prize.

"A Labyrinth Journey" begins at 5 p.m., Friday, Sept. 28 and ends at 11 a.m., Sunday, Sept. 30. The fee, which includes meals and lodging, is \$365 for a single in St. Mary's Hall; \$465 for a single in Anna House; for commuters (no lodging), the fee is \$265. For more information about this retreat, including making reservations, call St. Mary's Sewanee at 931-598-5342, email <reservations@stmaryssewanee.org>, or go online to <www.stmaryssewanee.org>.

Born to Bluegrass but Drawn to Bach

Lenda Sherrell is a native of Sparta, the home to Lester Flatt of the legendary Bill Monroe and the Blue Grass Boys. She attended school with Flatt's daughter and listened to the Grand Ole Opry on Saturday nights with her father. Having sung in the choir at the First Baptist Church of Sparta, she knew by heart many of the favorite "old time" hymns.

At age nine, her classical piano teacher, Catherine Thom, introduced her to Bach. She was smitten. "Bach's mathematical way of composing clicked with me," said Sherrell, who continued her musical studies at Middle Tennessee State University while also earning a degree in business administration. She often returned home on weekends and played the organ at her church.

"It was the first time the congregation had heard Bach," said Sherrell, who has enriched worship services with her music at churches from Memphis to Montana.

She continues that legacy next month, with an organ recital of sacred and secular music to help celebrate the 150th anniversary of Christ Church in Tracy City. The public is invited to the celebration event, which will be held on Sept. 8, at 530 10th St., Tracy City. Festivities kick off at 9 a.m. There is no admission charge.

On the Rock, a gospel group from nearby Gruetli-Laager, will perform outside that morning at 11 a.m., followed at 1 p.m. by Bazzania, an all-girl band with a unique Americana sound based out of Sewanee. Barbecue will be served between the two performances. Sherrell's organ recital begins at 2 p.m.

The organist is the former comptroller at McCallie, a prep school for boys in Chattanooga. Married to her high school sweetheart, obstetrician and Christ Church senior warden Jim Sherrell, they have two adult children and four grandchildren. Both are now retired and live on Monteagle Mountain.

The Sherrells have visited all 50 states and hiked parts of the Appalachian Trail. They have attended bluegrass festivals from Idaho to Virginia and many places in between. While traveling in Europe, they visited Germany where she played on many of the organs in the churches where Bach lived and worked. "That was a thrill," said Lenda.

Sherrell follows in the footsteps of Albert Bonholzer, Christ Church's organist from 1950 to 1986. While studying at the University of the South, he too visited churches in Europe and played their pipe organs. He was the first bell master, or carillonneur, at All Saints' Chapel in Sewanee.

Installed in 1949, the hand-crafted pipe organ at Christ Church was built by M.P. Moller of Hagerstown, Md. Although some parts have been restored, the organ today sounds much as it did when it was installed, according to William H. Barger, whose company, Barger & Nix Organs, of McDonald, Tenn., services the organ.

For more information, visit the church's website at <www.christ-church-tc.org>.



Lenda Sherrell

SENIOR CENTER NEWS

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Please call 598-0771 by 9 a.m. to order lunch. Menus follow:

Monday, Sept. 3: Closed, Labor Day

Tuesday, Sept. 4: Chicken strips, baked potato, kale salad, roll, dessert.

Wednesday, Sept. 5: Fish, white beans, slaw, hushpuppies, dessert.

Thursday, Sept. 6: Cream beef on toast, green beans, dessert.

Friday, Sept. 7: Steak, gravy, mashed potatoes, peas and carrots, roll, dessert.

Menus may vary. For information call the center at 598-0771.

Events

At 12:30 p.m., Thursday, Sept. 6, at the Sewanee Senior Center, Barbara Roberts, Americorps Vista worker will present information about elevated gardens. All are welcome to attend.

On Tuesday, Sept. 25, from 10 a.m. until noon, free flu shots will be given by pharmacist Doug Dye at the Sewanee Senior Center. Bring Medicare card.

Regular Activity Schedule

Chair exercises, Mondays and Wednesdays, 10:30-11:15 a.m.; Tuesdays at 10:30 a.m., the group plays bingo, with prizes; Wednesdays at 10 a.m., the writing group gathers at 212 Sherwood Rd.; Fridays at 10 a.m. is game time.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.



HEARING HEALTH NEWS

by Debbie Gamache,
M.S. CCC-A Audiologist

HEARING AID CARE

Hearing instruments are electronic appliances. They need cleaning and care just like any other appliance would. You should inspect and clean your hearing aid daily wiping it off with a soft cloth and using the cleaning tools that you were given when you purchased your hearing aids. Persons with active lifestyles will also benefit from using a drying appliance for hearing aids nightly. Remember, like any other appliance, your hearing aid is going to need the occasional tune up and maintenance. Regular maintenance will help keep your instrument in good working condition.

At Debbie Gamache's The Hearing Center LLC, we recommend coming in to have your hearing aids cleaned and checked at least every 3-6 months. We will counsel you on continuing care and maintenance. Please feel free to contact our center at 931-393-2051 if you are interested in repair and maintenance for your hearing aids. We are located at 705 NW Atlantic St. Suite B, Tullahoma. You can also visit our website at www.thehearingcenterllc.com.



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VILLAGEREPORT

by Frank X. Gladu

It has been a year since I began doing a monthly Messenger report on the progress and updates regarding the Village project. During that time, we have moved forward on several fronts and are in a position to begin the actual work of building some improvements in Downtown Sewanee. Here is a summary of what has been accomplished this past year and what lies ahead in the coming year.

The Tennessee Department of transportation has worked on the project to narrow the road along the half mile stretch of Highway 41A between Kentucky and Kennerly Avenues. They are completing the right of way part of the project and once complete will develop a construction schedule.

Additional housing opportunities have been informed by the recommendations submitted to the Provost by the Housing Study group. The University is planning to identify and make available additional home sites for employees who want to build houses. In addition, we are close to entering into agreements with developers and builders to provide additional housing units including apartments, attached and detached single family homes. Construction on some of these units could begin in the coming year.

The specialty food market building with apartments on the upper levels is planned for the corner of Lake O'Donnell and Highway 41A across from Taylor's Mercantile. A conceptual design of the building has been completed and the identification of possible tenants for both the retail and living spaces has begun.

Contributions from donors to the University's Stronger Truer Capital Campaign have generated funds to start the design of the Village Green civic space. We expect to work on this design in the coming year and will be ready to move forward on the creation of this space when the existing market can be taken down after the specialty food market building is built.

The University Bookstore will be relocated to the Village between the Sewanee Post Office and Tower Community Bank on University Avenue. The design has been completed and a selection of a general contractor is underway with hopes of breaking ground on this project in the fall. The opening of the new Bookstore is hoped to happen before the start of the next academic year.

Other significant activities include the completion of a market demand analysis for both retail and housing for Sewanee and a parking study that identified a potential of more than 900 parking spaces throughout the Village. A stormwater study is underway and scheduled to be completed by the end of 2018. In addition, significant efforts have been made to keep people informed. Communications include this monthly report, monthly open meetings held at the Blue Chair, the formation of an advisory group to guide the progress of the project and availability to meet with anyone that has questions or comments related to the project. There is also a website that contains details about the project at <www.sewanee.edu/village>.

Because living space in Sewanee is such an important part of the Village plan, several locations have been identified to create single family homes. We encourage and invite builders interested in investing in and building homes in Sewanee to submit a Request for Qualifications located at www.sewanee.edu/Village. Click on DEVELOPER RFQ or call me at (931) 598-3397 for more information.

This coming year will be an exciting one for this project. Several activities will begin setting the stage for a vibrant and active downtown.

The next update meeting will be at 10 a.m., Tuesday, Sept. 4, and repeated at 5:30 p.m. at the Blue Chair. The featured topic this month will be to review the designs of two new buildings: the bookstore and the specialty food market with apartments.

Hope to see you there!
Frank

Frank X. Gladu is a Special Assistant to the Vice-Chancellor and Project Manager for the Sewanee Village Development. He can be reached at <fxgladu@sewanee.edu> or (931) 598-3397. More information can be obtained at <www.sewanee.edu/village>.



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Tigers Don't Leave Tracks! Program

Tigers Don't Leave Tracks!—aimed at educating students about sustainability and helping them reduce their use of single-use plastics, continues at Sewanee Elementary. The students will continue their sustainability efforts this year with two Litterless Lunch Audits and the ongoing Reusable Bag Project.

Show your support by continuing to bring your reusable bags to local businesses. Mooney's, The Lemon Fair, Village Wine and Spirits, and Montegale Wine and Spirits are all making donations to the school every time you bring your own bag.

The Piggly Wiggly is hosting a draw in support of the project. When you bring your own bags to The Pig, write the name of a teacher or a class on the back of your receipt (grade 2, Mrs. Camp's class, Principal's Choice, etc.) and put it in the Tigers Don't Leave Tracks! jar at the front of the store. Those receipts will be collected periodically and entered in prize draws. The winning classes will receive sturdy Klean Kanteen water bottles for everyone. Together, we can give reusable water bottles to all the children in the school and help them in their efforts to reduce their use.

Thank you for supporting Tigers Don't Leave Tracks! and Sewanee Elementary.

Support local businesses!

SES MENUS

Monday–Friday,
Sept. 3–7
LUNCH

Monday, Sept. 3: Closed, Labor Day.

Tuesday, Sept. 4: Steak and gravy or chicken patty, mashed potatoes, green peas, buttered corn, dinner roll, fruit variety.

Wednesday, Sept. 5: Zesty orange chicken or macaroni and cheese, cheesy broccoli, garden salad, veggie juice, garlic breadstick, rice or noodles, fruit variety.

Thursday, Sept. 6: Cheesy breadsticks or mini corndogs, potato smiles, pinto beans, marinara sauce, fruit variety.

Friday, Sept. 7: Spaghetti or popcorn chicken, veggie dippers, garden salad, green beans, garlic breadstick, fruit variety.

BREAKFAST

Each day, students select one or two items.

Monday, Sept. 3: Closed, Labor Day.

Tuesday, Sept. 4: Biscuit, sausage or chicken, gravy, jelly.

Wednesday, Sept. 5: Chocolate muffin, yogurt or parfait, or bacon, egg and cheese croissant.

Thursday, Sept. 6: Cinnamon roll, cheese stick or chocolate crescent.

Friday, Sept. 7: Biscuit, sausage or chicken, gravy, jelly.

Options available every breakfast: assorted cereal, assorted fruit and juice, milk varieties. Menus subject to change.

School Calendar

Sept. 3, Labor Day, No School Franklin, Grundy and Marion

Sept. 21, Foundations' Day Convocation, University of the South

Sept. 21–23, Family Weekend, University of the South

Sept. 25–27, DuBose Lectures, School of Theology

Sept. 28–30, Upper School Family Weekend, St. Andrew's-Sewanee

Oct. 5–12, Fall Break, Franklin County

Oct. 8–12, Fall Break, Marion County

Oct. 12, Founders' Day Convocation, University of the South

Oct. 12–19, Fall Break, Grundy County

Oct. 18–21, Fall Break, University of the South, St. Andrew's-Sewanee

We the People

Between now and Nov. 6,
SOA members are
concentrating all efforts to
MOBILIZE THE VOTE for the
midterm election. Join us at
5:30 p.m., Thursday, Sept. 13,
at the Sewanee Community Center
for information on how you can
support this effort.

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AT THE MOVIES

SEWANEE UNION THEATRE

Friday–Sunday, Aug. 31–Sept. 2, 7:30 p.m.

Avengers: Infinity War

PG-13 • 160 minutes

From Marvel Studios, just about every superhero you could think of plus their allies join forces to defeat the ultimate evil—Thanos. Thanos is on a mission to gather all six Infinity Stones, which could ultimately end the universe. Rated PG-13 for intense sequences of sci-fi violence and action throughout, language and some crude references.

CINEMA GUILD

Wednesday, Sept. 5, 7:30 p.m., free

Jurassic Park (1993)

PG-13 • 127 minutes

In Steven Spielberg's massive blockbuster, paleontologists Alan Grant (Sam Neill) and Ellie Sattler (Laura Dern) and mathematician Ian Malcolm (Jeff Goldblum) are among a select group chosen to tour an island theme park populated by dinosaurs created from prehistoric DNA. While the park's mastermind, billionaire John Hammond (Richard Attenborough) assures everyone that the facility is safe, they find out otherwise when various ferocious predators break free and go on the hunt. Rated PG-13 for intense science fiction terror.

SEWANEE UNION THEATRE

Thursday–Sunday, Sept. 6–9, 7:30 p.m.

Jurassic World: Fallen Kingdom

PG-13 • 130 minutes

Three years after the destruction of the Jurassic World theme park, Owen Grady (Chris Pratt) and Claire Dearing (Bryce Dallas Howard) return to the island of Isla Nublar to save the remaining dinosaurs from a volcano that's about to erupt. They soon encounter terrifying new breeds of gigantic dinosaurs, while uncovering a conspiracy that threatens the entire planet. Rated PG-13 for intense sequences of sci-fi violence and peril.

Movies are \$3 for students and \$4 for adults, unless otherwise noted. Cinema Guild movies are free. The SUT is located on South Carolina Ave., behind Thompson Union. The SUT accepts Domain Dollars and credit/debit cards.

September Festival of Arts Slated for IONA

The August Festival of Arts at IONA: Art Sanctuary begins Tuesday, Sept. 11, with readings and art exhibits. The public is welcome, all events are free and parking is available.

A photography exhibit "Angels Are Here" by Trudy Cunningham will be available Sept. 11–13, from 5 to 7 p.m., and Sept. 14–16 from 1 to 3 p.m. Refreshments are served after each program. IONA is at 630 Garnertown Rd., in Sewanee.

Cunningham will present her work at 5 p.m., Tuesday, Sept. 11. Cunningham sees the world through the lens of a camera, but she is more a cropper than a photographer. What you see is what caught her eye again, this time on the computer as she reviewed and ordered some results from her pointing and shooting photos.

This exhibit includes 40 or more Sewanee faces that caught Trudy's attention over the last 17 years, a few other faces, and photos of other places where angels gather. If you remember seeing Trudy and her camera in a room or event in Sewanee, you may recognize your earlier self on the wall at IONA.

Readings on Sept. 11 include creative fiction by Brooks Egerton; poetry by Sally Hubbard; and a reading by author Dudley Delffs.

Brooks Egerton writes short fiction and plays. He formerly was an investigative reporter at The Dallas Morning News.

Sally Hubbard is a Sewanee native, a former associate editor of Studies in English Literature 1500-1900 at Rice University in Houston, a lifelong singer, and occasional poet. Sally will read from her book, "Yesterday's Water: A Caregiver's Poem Journal," about her years of caregiving for her husband, Charles Hubbard.

Dudley J. Delffs, Ph.D., is an award-winning writer of both fiction and nonfiction, and president and founder of Creative Fidelity, Inc., an agency focused on writing, editing, and consulting for top-tier authors, agents and publishers. His latest book "The Faith of Dolly Parton," was released this summer.

On Wednesday, Sept. 12, readers include Chris McDonough with creative writing; Jeannie Babb reading poetry; and creative fiction by Patrick Dean.

Chris McDonough, Ph.D., holds the Alderson-Tillinghast Chair in the Humanities. He teaches a wide range of courses at Sewanee, including Latin language and literature, mythology, litera-



"Angels Are Here." Photo by Trudy Cunningham

ture in translation, and Classics in Cinema. He writes a blog <<https://uncomeyandbroken.wordpress.com>>, with observations classical and not-so-classical.

Jeannie Babb moved to Sewanee in 2010 to attend the School of Theology, where she earned an M.A. in Theology in 2012 and an STM in 2013. Jeannie is the Christian Formation director at Otey Memorial Parish. She also commutes to Ringgold, Ga., where her family has been in the lumber business for many generations. Jeannie's passions include dynamic performance of her original poetry, playing with photography, and year-round lake swimming. Publishing credits range from University of the South and School of Theology magazines to "Garden & Gun."

Patrick Dean has been the Executive Director of the Mountain Goat Trail Alliance, a rails-to-trails project on Tennessee's Cumberland Plateau, since 2014. Before joining the MGTA, he worked at St. Andrew's-Sewanee School, where he taught English and history and coordinated the outdoor-education program. He believes he is the only writer to have been published by both the Wall Street Journal

editorial page and the Sewanee Theological Review.

Thursday, Sept. 13 will feature gardening by Lee Stapleton; creative writing by Laura Willis; letters to the editor by Helen Stapleton; and poetry by David Baker.

Laura Lapins Willis is a writer of memoir and creative nonfiction. She is the author of "Finding God in a Bag of Groceries" (Abingdon Press, 2013) and has been published online at Tweetspeak Poetry, "Mothers Always Write," Cokesbury Commons, and <MakesYouMom.com>. She's lived on the Mountain for 27 years.

David Newton Baker spent his first career writing and producing music for film and television, airing on ABC, PBS Kids and The Disney Channel. He also produced two studio albums as a singer-songwriter and played his music for many years in southwestern Colorado before embarking on a writing career in essay and poetry. David is working on his first book of short poems, titled "Word Windows," and was recently featured in the online journal, "Happy Few."

IONA: Art Sanctuary, founded by artist Ed Carlos, exists to offer a place for writers and artists to share their creative work with each other and the community, and our emphasis is the source: creativity and spirituality.

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At the Galleries

Artisan Depot

The Artisan Depot is pleased to host Dick Wollam's "One Man Show" member show. The exhibit will be up through Sept. 16.

The Artisan Depot will display a new community show "Craft: Art Made by Hand" through Oct. 14.

The Artisan Depot is operated by the Franklin County Arts Guild and is located at 204 Cumberland St. East, Cowan. Gallery hours are noon to 5 p.m. on Thursday, Friday and Sunday, and 11 a.m. to 5 p.m. on Saturday. For more information contact Diana Lamb at (931) 308-4130.

Frame Gallery

Frame Gallery in Sewanee is hosting a community-wide art show for its September exhibition. Artists of all ages are invited to bring one piece to show or sell to the shop today (Friday), Aug. 31, between 10 a.m.-5 p.m., or Saturday, Sept. 1, between 9 a.m.-1 p.m.

The show will open on Tuesday, Sept. 4, with a reception for the artists on Friday, Sept. 7, and will be on display through the month.

The Frame Gallery is at 12569 Sollace M. Freeman Hwy., in Sewanee. The frame shop and gallery's regular hours are 10 a.m. to 5 p.m., Tuesday through Friday, and 9 a.m. to 1 p.m. on Saturday.

SAS Art Gallery

The SAS Gallery at St. Andrew's-Sewanee School will open the 2018-19 gallery season with sublime, highly-detailed drawings by Tara Shukla. Shukla's "Bone Drawings" will be in the SAS Gallery through Sept. 21.

In conjunction with the SAS exhibit, Shukla will offer a one-day public drawing workshop, "Nature Close Up: Drawing Natural Forms from Observation," from 9 a.m.-4 p.m., Saturday, Sept. 1. The workshop will begin with exercises to develop observational skills and build to a more sustained drawing. Elements of drawing from line to form, value, and texture will be explored, emphasizing the detailed charcoal technique visible in Shukla's drawings. The workshop also will look at the work of diverse artists who have drawn and interpreted nature using a range of drawing styles from expressive to botanically accurate. Contact Gallery Director Julie Jones at <sasgallery@sasweb.org> for more information and to register.



'The Pantocrator' Icon Writing Workshop

An icon writing workshop will begin mid-September with three available time slots. Each class meets weekly for seven weeks.

Dates and times are Tuesdays, Sept. 11-Oct. 23, 10 a.m. until noon, or 6-8 p.m.; or, Wednesday, Sept. 12-Oct. 24, 10 a.m. until noon.

The cost is \$185 and includes all supplies. No previous art experience necessary. Icon writing is considered a form of visual prayer and workshops are primarily conducted in silence while listening to meditative music such as Gregorian Chants. Space is limited to eight students per class. For more information and to register contact Martha Keeble, (931) 598-0640 or email <martha.keeble@gmail.com>.

Rising Sun Music Fest

The third annual Rising Sun Music Fest will be held Saturday, Sept. 8, in historic Downtown Winchester at the Kiwanis Club of Franklin County Amphitheater on North College Street. There will be sponsors, vendors and a great lineup of music. The music begins at 4 p.m.

This outdoor event will have grass seating along with spots for chairs (please bring your own). There will be various vendors with items for sale. There will also be beer for sale (cash only). You may not bring your own alcohol to this event.

UAG Presents 'Fabrics of Socialism'

The University Art Gallery (UAG) proudly presents Vesna Pavlović's "Fabrics of Socialism," on view through Oct. 14. Offering "a psychological portrait of an era burdened with photographic representation of socialist propaganda," Pavlović invites visitors to consider the role of photography in the fabrication and remembrance of communal identity.

Please join us at 5 p.m., Friday, Sept. 14, in Convocation Hall for Pavlović's presentation of "Fabrics of Socialism" and a reception. The event is free and open to the public.

On Sunday, Oct. 14, Pavlović, professor Woody Register and students from History 328: Slavery, Race and the University will host a Community Screening Event in Convocation Hall. This Community Screening will be dedicated to the presentation and interpretation of materials from the Lovell Family Papers housed in University Archives and Special Collections. The event will begin at 4 p.m. and is free and open to the public.

The University Art Gallery is located on Georgia Avenue. The gallery is free, accessible, and open to the public. Hours are 10 a.m.-5 p.m. Tuesday through Friday and noon-4 p.m. on Saturday and Sunday. Call (931) 598-1223 for more information, visit our website at <gallery.sewanee.edu>, or follow us on Facebook.

Call for Veterans' Artwork

To honor military veterans of Franklin County and the surrounding area, the Franklin County Arts Guild is planning a Special Veterans Community Show at the Artisan Depot in Cowan.

The show opens Oct. 18 and a Veterans and Friends reception is set for Nov. 11, from 2 to 5 p.m. at the Artisan Depot.

Military veteran artists working in any media (painting, sculpting, photography, carving, pottery, etc.) on any subject, are cordially invited to submit and show their work at this show. Work can be submitted at the Artisan Depot between the hours of noon and 5 p.m., Oct. 11-14.

Non-veterans wanting to show appreciation and honor veterans are invited to submit a veteran-themed piece of art to the show.

For more information contact Margie Gallagher at (252) 864-0393.

Boykin Book Signing Sept. 3

The community is invited to a book signing with Sarah Boykin on Monday, Sept. 3, 4:30-6:30 p.m., at the Gailor Cabin, 120 North Carolina Ave., in Sewanee. Bob and Lessley Hynson and John and Lynn Adams are hosts for the event.

Sarah J. Boykin and Susan M. Hunter are the authors of "Southern Homes and Plan Books: The Architectural Legacy of Leila Ross Wilburn," which showcases the architectural legacy and design philosophy of Leila Ross Wilburn (1885-1967). This legacy includes hundreds of houses designed in a variety of popular architectural styles, from craftsman bungalows to colonial revival homes and ranch houses, and offered as mail-order house plans in Wilburn's plan books published from 1914-1960. Wilburn opened her architectural firm in Atlanta in 1908 and practiced until her death in 1967. In supplying economical house designs as affordable stock plans and publishing them in plan books that were available throughout the Southeast, Wilburn facilitated homeownership and became a champion of the middle class.

The book provides a survey of the southern homes built from Wilburn's plan books, examining Wilburn's legacy and her achievements as a plan book architect. It includes beautiful photographs of houses built from her plans, along with illustrations from the plan books themselves and other related documents from the time. Readers can see how Wilburn's plan designs were realized as individual houses and also how they influenced the development of 20th century neighborhoods in the Atlanta area, most notably Druid Hills, Morningside, Virginia-Highland, and Candler Park, and the MAK (McDonough-Adams-Kings Highway) Historic District in Decatur. Today, Wilburn's houses are enjoyed as appealing, historic homes throughout the Southeast, and represent some of the richest examples of southern vernacular architecture to emerge from the plan book tradition.

Sarah J. Boykin is a graduate of the University of the South and holds a master's degree in architecture from the University of Texas at Austin. An architect with more than 25 years of experience, she has managed a wide range of projects, with notable contributions in the development of arts facilities, the preservation of historic sites and cultural landscapes, and sustainable design. For more than two decades she has been documenting the architectural work of Leila Ross Wilburn, captivated and inspired by Wilburn's life and legacy.

Susan M. Hunter is an independent writer in the Atlanta area who has published some of the first work on Wilburn. She received a master's degree from American University and completed doctoral work in art history at Emory University, where she first began her research on Wilburn. She discovered Wilburn as a resident of a Wilburn house in the Atlanta area.

Books will be for sale at the event, and are also available at the University Bookstore in Sewanee.



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SAS middle school girls' soccer coach Margot Burns tries to rally her team against South Middle School on Aug. 23. Photos by St. Andrew's-Sewanee

Mountain Lions Fall to South Middle School

On August 23, St. Andrew's-Sewanee middle school girls' soccer team kicked off its regular season at home against South Middle School.

The Mountain Lions fell short, losing 3-0.

Despite the loss, the young squad fought hard to the end with strong play from center back Lucy Cassell and goalkeeper Libby

Neubauer.

First year players Drew Delorme and Elisabeth Perkins made their presence known with good distribution from the center and high pressure up top.

"We are a young team," commented SAS coach Margot Burns. "We have much to learn, but I am proud of the progress we are making each day."



SAS middle school girls' soccer players compete against South Middle School in a home game on Aug. 23.

Walk with Ease Program

With the help of a grant from the South Cumberland Community Fund, Folks at Home will lead a Sewanee session of the National Arthritis Foundation's Walk with Ease program in September.

This is a fitness program designed to reduce pain and improve health. The Walk with Ease program includes techniques to

(Continued on page 13)



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Hawks Edge SAS in Volleyball

The St. Andrew's-Sewanee School varsity volleyball team lost to Richard Hardy Memorial School on Aug. 27 in five sets, 24-26, 18-25, 22-25, 25-19 and 15-11.

In the season opener at home, Kendale James led SAS with 21 assists, four kills and two aces; Katie Finn Hurst had six kills and four digs; Saje Mangru posted five kills and one ace; Justine Rogers had five kills; Zoe Wallace had seven digs; and both Meredith Foster and Morgan Phares earned two aces apiece.

"We are a young team, but I really liked the way our players stayed focused and positive throughout this exciting and intense match. I expect we will grow tremendously as we journey through this season together," said head coach Rob Zeitler.

Golf Team Loses to Boyd Buchanan

The St. Andrews-Sewanee School boys' varsity golf team lost to Boyd Buchanan High School on Aug. 23 in SAS's season opener at the Brainerd Golf Course in Chattanooga.

Boyd Buchanan posted a 197, while SAS shot 215.

Tyler Rodgers was the low scorer for the Mountain Lions with a nine-hole score of 47, followed by Ethan Hargis (51), Luca Malde (57) and Cameron Weaver.

"I was very encouraged by the team's overall performance, especially with this being our first match of the season," said SAS golf coach Curt Williams.

Tell them you saw it in the Messenger!

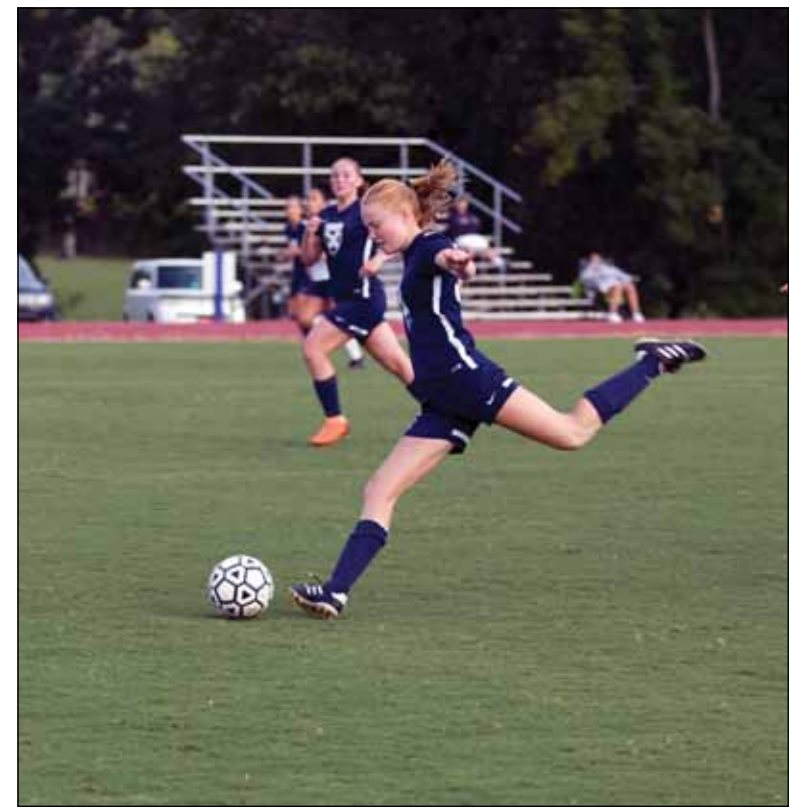
SAS Girls' Varsity Soccer Wins Opener

The St. Andrew's-Sewanee girls' varsity soccer team upended the Chattanooga School for the Arts and Sciences 2-1 at home to open their season with a strong team victory. In a very competitive contest, both teams applied offensive pressure in the first half, but the defenses held firm, with neither giving up a significant scoring opportunity.

After an exiting halftime tied 0-0, Cecilia Schultz subbed in for Sarah Beth Hobby at goalkeeper, allowing Hobby to move up and attack from the midfield. With 30 minutes remaining in the contest, Hobby found Kate Butler at the 18, and Butler unleashed a rocket right foot that sailed untouched into the corner of the goal to give the Mountain Lions the first lead of the game. Hobby later scored unassisted to secure the victory.

The SAS defense, led by center backs Sarah Grace Burns and Lucy Carroll, controlled the flow of the game, while Sophia Hartman anchored the midfield with physical and heady play on both offense and defense. Schultz filled in admirably as a freshman at keeper, making timely saves and distributing the ball effectively to her teammates.

This year's team is relatively young, and their opening-game victory is a testament to the continuity of the SAS soccer program led by Varsity Girls' Coach Camp. Be sure to come out and support them as they look to build on their success this season.



SAS girls' varsity soccer player Sarah Grace Burns kicks the ball in a home match versus Chattanooga School for the Arts and Sciences on Aug. 23. Photo by St. Andrew's-Sewanee

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Mountain Goat Mud Run Set for Oct. 20

The first Mountain Goat Mud Run, sponsored by Tenacity Adventure Fitness and the Mountain Goat Trail Alliance, will be in Tracy City on Saturday, Oct. 20.

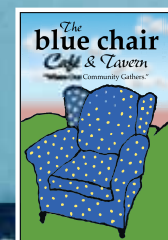
The event is a three-mile obstacle course mud run with 15 natural obstacles on the side and top of a mountain on Cove Creek Farm in Tracy City. The day's festivities start

(Continued on page 13)



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Men's Golf Ranked 18th

The Sewanee men's golf team enters the 2018-19 season ranked 18th in the preseason Bushnell Golfweek Coaches Poll, the Golf Coaches Association of America announced on Aug. 24.

Posting 108 points in the poll, the Tigers finished in a tie for second last season at the 2018 Southern Athletic Association (SAA) Men's Golf Championships.

Sewanee joins Rhodes (15th) and Oglethorpe (17th) in the top-25 from the SAA.

Reigning National Champion Methodist is the preseason favorite, earning 14 of the first-place votes.

The Tigers will open the season Sept. 9, with the SAA Preview at the Greystone Golf Club in Dickson, Tenn.

Volleyball Preview

The Nancy Mueller-Culver era begins today (Friday) for Sewanee volleyball, as the Tigers play in the Rhodes Invitational.

Spending time with two NCAA Division I institutions, Mueller-Culver coached at South Florida (1999-2003) and Illinois-Chicago (2004-08), and has a career 174-151 record as a head coach.

She coached at Boyd Buchanan School in Chattanooga from 2015-18.

After making a statement in her freshman campaign, Destiny Stewart returns looking to build her career numbers. The outside hitter slammed 424 kills and collected a multitude of honors last season.

Stephanie Price returns after leading the Tigers last year in total blocks with 68.

Mason Gardella was also a great threat on the defensive attack for the Tigers. Of her 67 total blocks, 49 came in conference play, good for third-best in the Southern Athletic Association.

HOME GAMES

Friday, Aug. 31

6 p.m., University Women's Soccer vs. Huntingdon

Saturday, Sept. 1

10 a.m., University Field Hockey vs. Ohio Wesleyan

2:30 p.m., University Women's Soccer vs. Meredith

Sunday, Sept. 2

University Women's Golf vs. Belmont

Noon, University Field Hockey vs. Eastern Mennonite

Tuesday, Sept. 4

4 p.m., SAS Golf vs. Chattanooga Christian School, Collegedale Academy

4:30 p.m., SAS MS Girls' Soccer vs. Lady Patriots

6 p.m., University Volleyball vs. Covenant

7 p.m., University Men's Soccer vs. Covenant

Thursday, Sept. 6

4 p.m., SAS Golf vs. Grundy County High School, Middle Tennessee Christian School

4:30 p.m., SAS Cross Country vs. multiple teams

5 p.m., SAS MS Girls' Soccer vs. Cascade Middle School

Friday, Sept. 7

4 p.m., SAS Football vs. Franklin Christian Academy

Saturday, Sept. 8

University Women's Golf vs. Oglethorpe

1 p.m., University Football vs. Washington & Lee



Above: A PRE-Orientation group bonds on a ropes course in Sewanee on Aug. 23. The outing program for first-year Sewanee students offers outdoor opportunities to learn the campus and adjust to life on the Domain. **Below:** Sewanee Students traverse the wall on the ropes course on Aug. 24. Photos by Lyn Hutchinson



With Ease (from page 12)

create and maintain a safe walking program and it will help the participants improve flexibility, stamina and strength.

Walk with Ease will be on Mondays, Wednesdays, and Fridays from 8:30 to 9:30 a.m. beginning

Sept. 17 and ending Oct. 26. Each class will begin and end at the Sewanee football field. For more information or to register, call Folks at Home (931) 598-0303 or email <assistantfolksathome@gmail.com>.

No MGT Parkrun Sept. 1

The Mountain Goat Trail Parkrun is cancelled on Sept. 1 for the Monteagle-Sewanee Rotary Club's Hunger Walk.

The Parkrun, a free, weekly, timed 5k event, starts on Saturdays at 9 a.m. at Pearl's. Register at <parkrun.us/register>.

J & J GARAGE

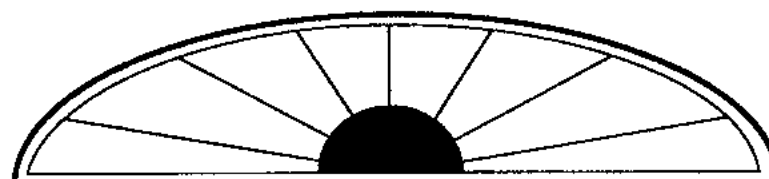
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Sewanee Football Kicks Off Sept. 1

Sewanee football begins its second season under head coach Travis Rundle with the season opener at Kenyon (Ohio) on Sept. 1 at 11 a.m. Central Time.

First and 10

1. Season number 124: Sewanee football enters its 124th season of collegiate football.

2. Leading over the Lords: The Tigers hold an 8-1 record over the Kenyon Lords all-time, with the first meeting on Nov. 30, 1946. Sewanee defeated Kenyon, 32-7.

3. The Buckeye State: Sewanee holds an 8-3 record against institutions from the state of Ohio.

4. #Sewanee2022: The Purple and Gold welcome 28 freshmen players to the Domain for the 2018 season.

5. The defense changes everything: Sewanee's 21 interceptions were the most in the Southern Athletic Association (SAA) in 2017, and one better than national runner-up Mary Hardin-Baylor (Texas).

6. Primary players in the secondary: William Phillips and Wesley Porter each picked off the opposing quarterback five times in 2017, and both earned SAA conference honors.

7. 98 degrees: SAA Newcomer of the Year William Phillips opened his collegiate career with a memorable fumble recovery for a touchdown. He ran the ball back 98 yards, which is the best in the NCAA Championships era (1973-Present).

8. Menancin' Menefee: Lee Menefee returns as the team's leading tackler. The First Team All-Conference selection finished with 95 total tackles, second-best in the league.

9. Truth or Darras?: Alex Darras returns under center for the Tigers in 2018, throwing for 56.6 percent, 1,412 yards and eight scores last season.

10. Taking a look back...: The Tigers finished the 2017 season with a 3-7 record, 2-6 in SAA play.

News and Notes

Eyeing the opposing QB: In last season's matchup with the Lords, the Purple and Gold picked off Thomas Merkle five times in the game, led by William Phillips with two picks each.

Two weeks later, against Austin College, Sewanee also got to the quarterback five times, and Phillips led the charge for that contest as well with two picks.

Last season, Sewanee finished with 21 interceptions, and despite losing John Cleveland in the secondary with his six picks, Phillips and Wesley Porter each recorded five last season.

Volunteer winning: Through 123 years of college football on the Domain, Sewanee has a winning record against institutions from the state of Tennessee, 155-118-11.

I Darras you: The Furman transfer threw for 1,412 yards on 56.6 percent completions with eight touchdowns last season.

Mud Run (from page 12)

at 2 p.m. and continue until after sunset when there will be a bonfire, live music beginning at 5 p.m., and a pig roast to celebrate the fall harvest.

The cost for adults is \$50 in advance or \$65 the week of the event. The cost for kids is \$20 in advance or \$35 the week of the event.

All proceeds go to the Mountain Goat Trail Alliance. For more information or to register, visit <mountaingoattrail.org/race>.

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NATURENOTES

By Jean Yeatman

In memory of Jean Yeatman, who passed away three years ago this month, the Messenger is reprinting her last Nature Notes. Jean and her husband Harry faithfully maintained Nature Notes for many decades until their deaths. They are sorely missed. From the Aug. 29, 2014 issue.



Warblers and Tanagers

"The fall bird migration is in full swing," Jean Yeatman reports, "and the trees along my bluff are full of those difficult-to-identify fall warblers. They are losing their bright summer colors and changing into duller traveling feathers for their trip south for the winter. One that is easy to identify is the Black and White Warbler, with its black and white stripes. A male Scarlet Tanager flew up, in its changing feathers, the greenish feathers gradually replacing the red ones. The black wings are retained. By the time the Tanagers reach their winter quarters in South America, they are covered in greenish feathers, and the people down there wonder why we think they are so beautiful."

State Park Offerings

Please note: To confirm that these events will occur as listed go to <<http://tnstateparks.com/parks/events/southcumberland/#?park=south-cumberland>> or call (931) 924-2980.

Saturday, Sept. 1

Greeter Falls Nature & Waterfall Hike (free)—Join Seasonal Interpretive Ranger Spencer Baxter at 10 a.m. at Greeter Falls trailhead/parking lot, 550 Greeter Falls Rd., Altamont, for a 1.5-mile hike through the Greeter Falls loop to experience some of the best waterfalls in the Park. Some uneven and steep trail portions dictate appropriate footwear. Water and bug/sun protection also recommended.

Stone Door Geology Hike (free)—Join Seasonal Interpretive Ranger Spencer Baxter again at 12:30 p.m. at Stone Door Ranger Station, 1183 Stone Door Rd., Beersheba Springs, (just down the road from Altamont), to explore the geology of South Cumberland State Park, the Grand Stone Door staircase and the breath-taking overlooks of Savage Gulf. You will learn how the park was formed and about some of the incredible geology inside the park and in the state of Tennessee. Visitors are encouraged to wear sturdy shoes or hiking boots, bring water, a camera, and sun/bug protection.

Sunday, Sept. 2

Buggytop Cave Expedition (\$10)—Once more, SIR Spencer Baxter leads the way, for this incredible journey into Buggytop Cave. Meet him at 10 a.m. at the Buggytop Cave parking area, 6398 Sherwood Rd., for a 6-hour trek, five overall miles of hiking with close to a mile in the cave itself. Rated strenuous to extreme due to the nature of caving. Closed-toed boots or shoes, headlamp, water and food that can be put into a small backpack, and an adventurous spirit are a must. Helmets for safety will be provided by the Park. Updates will be given in case of dangerous conditions from weather.

Saturday, Sept. 8

Grundy Forest Nature Hike (Free)—Meet SIR Spencer at 2 p.m. at Fiery Gizzard pavilion, 131 Fiery Gizzard Rd., Tracy City, for a 2-mile hike on the Day Loop of the famous and beloved Fiery Gizzard Trail. You will be exploring natural features and some human-made ones. This hike is short but has some uneven terrain, so proper footwear (shoes or boots) are recommended. Bring water, snacks, sun/bug protection.

Sherwood Forest Trailwork (Free)—Join Ranger Jason Reynolds and other South Cumberland trailblazers to help create this

branched-new loop trail. This area is open for a variety of uses, but is still in progress. If you have favorite trail-building tools or gloves feel free to bring them. You can only access Sherwood Forest from Old CCC Camp Road, which is off of Jumpoff Road. There is not access from Sherwood Road!

The South Cumberland State Park Visitors' Center is located on Highway 41 South between Monteagle and Tracy City and is open 8 a.m.–4:30 p.m. seven days a week. For more information call (931) 924-2980.

Join the Trail Friends Fall Season

Trail Friends are volunteers from the Friends of South Cumberland State Park, a nonprofit support organization headquartered in Sewanee. Trail Friends, offering a cheery welcome and much-needed information about the Park, the natural surroundings, and the specifics of the trails, staff five of the busiest trailheads in the South Cumberland State Park. Trail Friends also walk their assigned trails and their help is very much appreciated.

The group is accepting new members and online training is now available. The fall season begins Saturday, Sept. 1, and extends on weekends through Sunday, Nov. 18. Literally thousands of people have been helped by this small group of enthusiastic outdoor lovers.

The Kickoff Meet and Greet takes place at 3 p.m., Sunday, Sept. 9, at the South Cumberland State Park Visitor Center Pavilion. To find out more about this dynamic group, go to <www.friendsofsouthcumberland.org/trail-friends.html>.

Goldenrod Gala Tickets Available

The second annual Goldenrod Gala—a fundraiser for the Friends of South Cumberland State Park—is set for Saturday, Oct. 6 at The Caverns in Pelham.

The evening will feature artisan-crafted cocktails, beers and wines; a catered dinner; and after-dinner live music and dancing in the new performance hall at The Caverns, which is also the new home of the popular PBS television series "Bluegrass Underground." This year's Gala will also feature the "Adventure Auction," which offers off-trail nature expeditions led by expert guides.

Proceeds from the Goldenrod Gala support a wide range of Friends' initiatives on behalf of South Cumberland State Park. A limited number of tables and individual seats are still available, and may be reserved online at <GoldenrodGala.org>.

The Friends of South Cumberland are also seeking business sponsors and donors to sign-on in support of the Goldenrod Gala and its mission for the park. Those interested may email Friends at <friendsofsouthcumberland@gmail.com> for more information.

The Friends of South Cumberland is a group of volunteer citizens dedicated to supporting the South Cumberland State Park, at 30,837 acres, Tennessee's largest state park. A 1993 law passed by the Tennessee General Assembly allows state parks to contract with and receive financial assistance from a friends group organized according to the law. Now, private citizens can be involved with and support the park through both volunteer work and financial support.

As a 501(c)(3) nonprofit membership corporation, funding for the Friends of South Cumberland is derived from individual and corporate memberships and from private donations.

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Tue	Aug 21	78	58
Wed	Aug 22	78	60
Thu	Aug 23	79	60
Fri	Aug 24	83	65
Sat	Aug 25	85	67
Sun	Aug 26	83	68

Week's Stats:
Avg max temp = 81
Avg min temp = 63
Avg temp = 72
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*Reported by Sandy Gilliam
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Reviews at <www.thelocalmoverusa.com>.

PUBLIC NOTICE

NOTICE: There will be a special called meeting of the Monteagle City Council on September 4, 2018 at 6 p.m. The purpose of this meeting is to discuss the Mountain Goat Trail. This will be the only item on the agenda.

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INDOOR/OUTDOOR- YARD SALE

HALF PRICE SALE: Extra bargains on summer items! Children's/adults' apparel, household items, movies/games. Open Friday/Saturday, 8 a.m.-??, Midway Market, 969 Midway Rd., Sewanee. (931) 598-5614.

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VOTER REGISTRATION DEADLINE
for the November 6 Federal and State General Election is October 9!

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Register to vote online! You can also check your status or learn more about the registration process. Go to <http://www.govotetn.com> for more information.

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BARDTOVERSE

by Phoebe Bates

Labor Day, Sept. 3, 2018

Yonder see the morning blink:
The sun is up, and up must I,
To wash and dress and eat and drink
And look at things and talk and think
And work, and God knows why.

Oh often have I washed and dressed
And what's to show for all my pain?
Let me lie abed and rest:
Ten thousand times I've done my best
And all's to do again.

—A. E. Housman, "Yonder See the Morning"



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BEGINNER PILATES CLASSES
Starting Sept. 4 at the Fowler Center in Sewanee

The class will start by educating you about the fundamentals of healthy movement that align and protect your bones and joints and improve the balance. Stretching and facial release techniques are taught at the beginning of each class to help you achieve a more optimal alignment and better body awareness. The Pilates principals are then taught step by step, carefully building into the Pilates Mat exercises. Modifications and corrections are provided as needed so that you will achieve optimum strength and correct form. You will look and feel like a new person!!

Beginner Classes will meet 9 am on Tuesday/ Thursday.
Intermediate Classes meet 9 am on Monday/Wednesday or 12 noon on Tuesday/Thursday.

Private and Duet sessions on Pilates Equipment available by appointment Monday through Friday.

Spinal Spa and Fascial Release Class at noon on Friday.
Classes are \$12 per single class, \$10 if purchased in monthly blocks. Discounts for attending 4 or more classes per week.

Contact Kim Butters, PMA Pilates Instructor and AFAA Personal Trainer
423-322-1443 or kim_butters59@hotmail.com

Community Calendar

Today, Friday, Aug. 31

RSVP Civic Assoc. Dinner, <sewaneecivic@gmail.com>
RSVP Sewanee Woman's Club lunch call (504) 858-5221 or email <g.ruppemelnyk2015@gmail.com>

- 9 a.m. CAC office open, until 11 a.m.
- 10 a.m. Bring one piece of art to Frame Gallery to show or sell, until 5 p.m. or Sept. 1
- 10 a.m. Game day, Senior Ctr.
- 10 a.m. Thurmond Library book sale, Otey, until 6 p.m.
- Noon Spinal Spa, Kim, Fowler Ctr.
- 3 p.m. TN Baha'i School, DuBose, Monteagle
- 7:30 p.m. Movie, "Avengers: Infinity War," SUT

Saturday, Sept. 1

- Marketplace Consignment, Cowan, through Sept. 8*
- 8 a.m. Rotary Hunger Walk registration begins, Angel Park; walk begins at 9 a.m.
 - 8 a.m. Sewanee Gardener's Market, Hawkins Lane, until 10 a.m.
 - 8:30 a.m. Yoga, Richard, Comm Ctr., until 10 a.m.
 - 10 a.m. Thurmond Library book sale, Otey, until 6 p.m.
 - 7:30 p.m. Movie, "Avengers: Infinity War," SUT

Sunday, Sept. 2 • CAC Pantry Sunday

- 2 p.m. Knitting circle, Mooney's, until 4 p.m.
- 4 p.m. Hatha Yoga, Helen, Comm Ctr.
- 7:30 p.m. Movie, "Avengers: Infinity War," SUT

Monday, Sept. 3 • Labor Day

- FC, GC, MC Schools No Classes*
- 9 a.m. Coffee with U of S Football Coach Travis Rundle, Blue Chair Tavern
 - 9 a.m. Pilates, intermediate, Kim, Fowler Ctr.
 - 4:30 p.m. Book signing, Boykin, Gailor Cabin, 120 N. Carolina Ave., until 6:30 p.m.
 - 5:30 p.m. Yoga for Strength/Healing, Pippa, Comm Ctr.
 - 6:30 p.m. Sewanee Chorale rehearsal, Guerry Hall Room 220

Tuesday, Sept. 4

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee
- 8 a.m. Godly Play/PMO, Otey, until 10:30 a.m. <oteyformation@gmail.com>
- 8:30 a.m. Deep Stretch Yoga, Darrylann, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, beginners, Kim, Fowler Ctr.
- 9:30 a.m. Crafting ladies, MMUMC, Monteagle
- 10 a.m. Village Update, Gladu, Blue Chair
- 10:30 a.m. Bingo, Senior Ctr.
- 11:30 a.m. Grundy Co. Rotary, Dutch Maid Bakery
- Noon Pilates, intermediate, Kim, Fowler Ctr.
- 5:30 p.m. Village Update, Gladu, Blue Chair
- 5:30 p.m. Yoga, Darrylann, St. Mary's Sewanee
- 6 p.m. Monteagle City Council special called meeting, Monteagle City Hall
- 6:30 p.m. Beginners ballroom dance, Valerie and Phillip, Comm Ctr.; intermed. 7:30 p.m.

Wednesday, Sept. 5

- Lease Agenda items due, <pealsup@sewaneec.edu>*
- 9 a.m. CAC office open, until 11 a.m.

- 9 a.m. Pilates, intermediate, Kim, Fowler Ctr.
- 9:30 a.m. STLS, FC Country Club, Winchester
- 10 a.m. Writers' group, 212 Sherwood Rd.
- 10:30 a.m. Chair Exercise, Ruth, Comm Ctr.
- 11:30 a.m. EQB, St. Mary's Sewanee; lunch at noon
- 5:30 p.m. Hatha Yoga, Helen, Comm Ctr.
- 6:30 p.m. Catechumenate, dinner, Women's Ctr.
- 7 p.m. Reading, Laymon, Convocation Hall; conversation, reception follow
- 7:30 p.m. Movie, "Jurassic Park," (CG, free) SUT

Thursday, Sept. 6

- 7 a.m. Qi Gong on the Bluff, Wall, St. Mary's Sewanee
- 8 a.m. Monteagle-Sewanee Rotary, Monteagle Inn
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Nature Journaling, Woods Lab G-10
- Noon Lifelong Learning, McCardell, Lower Cravens Hall, Kentucky Avenue
- Noon Pilates, intermediate, Kim, Fowler Ctr.
- 12:30 p.m. Episcopal Peace Fellowship, Brooks Hall, Otey
- 1 p.m. Folks@Home Caregiver's Group, St. Mark's Hall, Otey
- 2 p.m. Knitting circle, Mooney's, until 4 p.m.
- 5:30 p.m. Sewanee Civic Association, St. Mark's Hall, Otey
- 6 p.m. Karate, youth, Legion Hall; adults, 7 p.m.
- 6:30 p.m. MCCSN kick-off picnic/covered dish/ bingo night, 501 W. Broad St., Decherd
- 7:30 p.m. Movie, "Jurassic World: Fallen Kingdom," SUT

Friday, Sept. 7

- 7 a.m. Curbside Recycling
- 8:30 a.m. Deep Stretch Yoga, Darrylann, Comm Ctr.
- 9 a.m. CAC office open, until 11 a.m.
- 10 a.m. Game day, Senior Ctr.
- Noon Spinal Spa, Kim, Fowler Ctr.
- 7:30 p.m. Movie, "Jurassic World: Fallen Kingdom," SUT

Local 12-Step Meetings

Friday
7 p.m. AA, open, Christ Church, Tracy City

Saturday
7:30 p.m. NA, open, Decherd United Methodist
7:30 p.m. AA, open, Claiborne Parish House, Otey

Sunday
6:30 p.m. AA, open, Holy Comforter, Monteagle

Monday
5 p.m. Women's 12-step, Brooks Hall, Otey
7 p.m. AA, open, Christ Church, Tracy City

Tuesday
7 p.m. AA, open, First Baptist, Altamont
7:30 p.m. AA, open, Claiborne Parish House, Otey

Wednesday
10 a.m. AA, closed, Clifftops, (931) 924-3493
7 p.m. NA, open, Decherd United Methodist
7:30 p.m. AA, open, Holy Comforter, Monteagle

Thursday
6 p.m. ACA, open, St. James Episcopal, Midway
7 p.m. Al-Anon, First UMC, Winchester

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