

THE SEWANEE MOUNTAIN MESSENGER

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Friday, Aug. 11, 2023

The Sewanee Elementary School Supply Drive was a huge success. SES Principal Allison Dietz thanks the community for their generosity. Pictured are Millicent Foreman, Sewanee Civic Association Secretary, Principal Dietz, and Ken Taylor, Sewanee Civic Association Vice-President.

St. Mary's: What's in a Name?

Although St. Mary's Sewanee and St. Mary's convent both have "St. Mary's" in their name, they are two separate organizations. We often hear from folks who have mistaken one of us for the other. It's easy to do, and we want to help everyone know the difference.

Both organizations live on St. Mary's Lane (can this get any more confusing?). The Sisters of St. Mary live in the convent down the road from the retreat center. They have a regular schedule of chapel services that are open to the public. The Sisters make candles using recycled wax from Episcopal churches from all over the United States. Names that people know them by are, "the convent," "the Sisters," "Sisters of St. Mary," "the nuns," "the Community of St. Mary," and all sorts of other names that center around the Sisters. They express their way of life through care for the body, the soul, and the earth. Their ministries include providing spiritual direction, working with volunteers and interns in their organic garden, offering individuals a place to stay for personal and spiritual retreats, and going out to churches and schools to preach and teach.

St. Mary's Sewanee: The Ayres Center for Spiritual Development, is a retreat center that hosts retreats for churches, vestries, meditation groups, quilters and others. Sponsored programs focused on contemplation, such as centering prayer and mindfulness are hosted at the center as well. Individuals also come to the retreat center for personal retreats where they can journal, hike, and be a part of the creation around them. St. Mary's Sewanee is also known as, "St. Mary's," "SMS," "the retreat center," "a spiritual retreat center," and other similar names, almost all of which include "St. Mary's." There is a staff of 11 who work there, sculpture - and I used to do wood providing a place of rest, renewal and reconnection for all guests who carving, but nothing that big." come to the retreat center.

Each organization relies on donations to operate, and sometimes the World War II cannon, the mayor someone slicing you with a knife." donations go to the wrong place. We encourage those making donations thought a soldier from that era to confirm which place they intend their contribution by making sure that made sense and charged Van Dyke



Ron Van Dyke transformed a dead maple tree into a nine-foot wooden statue of a World War II soldier.

Ron Van Dyke Creates Wooden Statue

by Beth Riner, Messenger Staff Writer

It took artist Ron Van Dyke 37 then finally wood-carving chisels hours and a trip to the emergency room to transform a dead maple tree into a nine-foot wooden statue of a few days in rainy June. of a World War II soldier.

This past June, Altamont Mayor ana Barrett asked Van Dyke to look at the tree on the Old Grundy County Courthouse Square to see what he could do with it. A lightning strike had killed the tree.

They just hated to cut it down proportionate." without doing something," Van Dyke recalled. "The mayor called me because she knew I was doing

Since the tree was next to a Fourth of July dedication. "I'm glad they trusted my artisstitches. say I had to do it in a certain way," Van Dyke said. "They left it up to me on how to design it."

for the finest detailing. He worked on it over the course

"Whenever the weather was

good, I'd come out here and work on it a little bit," he noted. Passersby, including veterans, would stop to watch as he worked.

"It turned out pretty good," he added. "It's tricky to get everything

Calamity struck on the last grind of the project — the grinder slipped, came back, grabbed his shirt, and ripped into his forearm.

"It cut me wide open," he said. "It didn't hurt — it was so fast like the down the road to drive him

Beersheba **Springs Arts** and Crafts Fair

The annual Beersheba Springs Arts and Crafts Fair will be from 9 a.m. to 5 p.m., Saturday, Aug. 26 and 9 a.m. to 4 p.m., Sun-day, Aug. 27, at the Beersheba Springs Assembly, 58 Hege Ave., Beersheba Springs. The weekend will feature many beautiful and unique arts and crafts from vendors located all across Tennessee and from different states. Food vendors will also be available. Follow them on Facebook for more information.

Summer Meal Program Distributed 26,975 Meals

The South Cumberland Summer Meal Program (SCSMP) recently wrapped up its ninth an-nual summer of operation. Dur-ing eight weeks in June and July the program distributed 26,795 meals to more than 850 youth.

SCSMP is a federally funded, state-administered program sponsored by University of the South. This Summer Food Service Program, a program of Federal Nutrition Services / United States Department of Agriculture, is a partnership between South Cumberland Plateau AmeriCorps VISTA Project, South Cumberland Plateau AmeriCorps, University of the South Sewanee Dining, TN Department of Human Services, South Cumberland Community Fund, and local community partner organizations in Grundy County and Franklin County that opted to serve as meal site locations.

In 2023, meal sites included Beersheba Springs Assembly, Community Harvest Church of He called a buddy who lived God, Epiphany Mission Church, Franklin County Prevention Co-

somewhere on the check there is a note clarifying to which organization with completing it in time for a the 30 miles to the emergency room alition, Franklin County Public the donation is intended.

You can find more information about the Sisters of St. Mary at <www. communityofstmarysouth.org>, and St. Mary's Sewanee at <www. tic creativity because they didn't stmaryssewanee.org>.



Staff from St. Mary's Sewanee, and the Sisters of St. Mary remind you which ones are the nuns and which ones are not.

Although he researched the artery." Internet to see what a World War II soldier looked like, the shape of the tree itself drove Van Dyke's design. Its lowest limb looked like a saluting arm.

"It was amazing," he said. "The tree limb was just growing that way. I cut off that limb to make two arms — one arm's straight, and one arm's saluting."

With his design in mind, Van Dyke came out with a chainsaw and started carving the trunk of the tree.

"You just rough it out with the big chainsaw, and then you go in with smaller saws and start doing details," he explained. He used a small side grinder with a woodcutting blade for more detail and

in McMinnville where he got 13

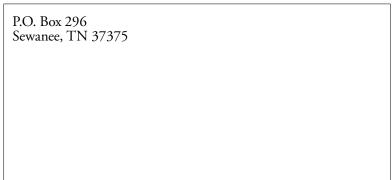
That's not bad for 50 years of carving," he said. "That's the only really bad accident I've had. I could have bled to death if it had cut an

He went back to work on the tatue the very next day.

"When I got through, I sealed it with wood sealer, and then I put

Library, Grundy County Housing Authority, Grundy Recovery Alliance Community Endeavors, Grundy Safe Communities Coalition Palmer Community Center, Pelham United Methodist Church St. James' Midway Community Park Pavilion, Tracy City Public Library, and Wings of Hope. In 2023, the program also participated in the Grundy County Health Council's annual

(Continued on page 5) Back to School Bash event.



Buy Local Food at These Markets

The Sewanee Gardeners' Market is open 8-10 a.m., every Saturday at Hawkins Lane. Locally-produced fruits and vegetables, baked goods, plants and flowers will be available.

The South Cumberland Farmer's Market has breads, fruits, vegetables, eggs, coffee, meats and more available. Ordering takes place each week online from Friday at 9 p.m. to Monday at 10 a.m. Curbside pickup is on Tuesdays, 4:30–6 p.m., at the Sewanee Community Center. To order go to <https://southcumberlandfarmersmarket.com>.

A Fresh Mess Market is on Mondays from 4–6 p.m., at Harton Park in Monteagle.

The Franklin County Farmers' Market is open 7 a.m. to noon, Tuesday, Thursday and Saturday in Winchester, next to the Franklin County Annex building. Follow them on Facebook.

Volunteers Needed to Help Socialize Dogs and Cats

MARC dogs and cats would love your attention. Are you free for a couple hours? Do you want to spend some spare time with a special dog or cat?

MARC's pups would love to go for a two hours play day with you. Take one to the park, or the river, to your work or your house. Enrichment Director, Athletics-Swimming; will keep the dogs happy as we find them their perfect forever homes.

Our cats and kittens also need socialization with humans. You can spend two hours or less playing with them at our MARC office to help them survive the boredom of waiting for someone to come adopt them. Health Services; Student Outreach

Stop by any Saturday around 11 a.m. to "borrow a dog" or to play with kitties. They can't wait to see you.

The MARC Office is located at 225 Sequatchie Lane, Sequatchie TN 37374.

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University Job Opportunities

Exempt Positions: Advancement Officer, University Relations; Assistant Director, Sewanee Fund, University Relations, Sewanee Fund; Assistant Track and Cross-Country Coach, Athletics; Assistant/Associate Director for Student Programs, Student Services; Content & Communications Strategist, M&C for Admission & Financial Aid, M&C; Director of Athletic Communications, Athletics; Director of Community Standards, Student Success; Energy Specialist, Facilities Management; Equity, Equal Opportunity, and Title IX Coordinator, Diversity, Equity, and Inclusion; Executive Assistant to the Vice Provost for Diversity, Equity, & Inclusion, Diversity, Equity, & Inclusion; Head Swimming & Diving Coach/Aquatic Head Women's Basketball Coach, Athletics-Women's Basketball; Nurse Practitioner, University and Instruction Librarian, Information Literacy and Instructional Technology.

Non-Exempt Positions: Administrative Assistant to the University Chaplain, All Saints' Chapel; Assistant Manager of Sewanee Dining, Sewanee Dining; Catering Team Lead, Sewanee Catering; Childcare Provider, University Child Care Center; Custodian (Multiple Positions), Facilities Management, Building Services; Equestrian and Farm Hand, Sewanee Equestrian Center; Facility Coordinator, Chen Hall, Chen Hall; First Cook, Sewanee



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For more information call (931) 598-1381. Apply at <https:// jobs.sewanee.edu>.

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BBB

Security Camera



individuals, their families and all those who are serving our country in your thoughts and prayers:

Blaze Cassidy Barry Brandon Brawley Justin Brawley James Gregory Cowan Mark Gallagher Nathaniel P. Gallagher Peter Green Zachary Green Jackson B. Guenther Steven Tyler Jeffery Gabriel Lloyd Waylon Case McBee Wiley Colton McBee Bailey Jackson McLean Andrew Midgett Jose D. Ramirez Ill Troy (Nick) Sepulveda Źachary Sherrill Allison Tucker Nick Worley If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Shirley M. Lawson at <slawson@sewanee.edu>.







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Display Advertising Deadline: Monday, 5 p.m. <ads@sewaneemessenger.com>

News and Calendar Deadline: Tuesday, 5 p.m. Kiki Beavers <news@sewaneemessenger. com>

Classified Advertising Deadline: Wednesday, noon April Minkler <classifieds@sewanee messenger.com>

MESSENGER HOURS

Monday, Tuesday and Wednesday 9 a.m. to 4 p.m. Thursday—Production Day Closed Friday—Circulation Day Closed



Letters to the Editor Policy

***** ALL TYPES OF LAND SURVEYS

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters

need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines. We strive to print all letters we receive, but publication is not guaranteed. Letters should be factually accurate. Letters that are deemed unsuitable for publica-

tion shall not be printed elsewhere in the newspaper, including as a paid advertisement.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from indi-viduals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, leave it at our office, 418 St. Mary's Ln., or send your email to <news@sewaneemessenger.com>. —KB



Upcoming Meetings

Franklin County School Board

The Franklin County School Board is scheduled to meet at 6 p.m., Monday, Aug. 14, at 215 S. College St., Winchester.

Sewanee Utility District

The Sewanee Utility District of Franklin and Marion Counties Board of Commissioners is scheduled to meet at 5 p.m., Tuesday, Aug. 15, at 10 a.m. to 1 p.m., Tuesday and the utility office on Sherwood Road. If a customer is unable to attend but wishes to bring a matter to the board, call (931) 598-5611, visit the office, or call a board member. The board members are Doug Cameron, Johnny Hughes, Donnie McBee, Charlie Smith, and Clay Yeatman.

Rotary Club Meeting

The Monteagle-Sewanee Rotary Club transitions on Thursday, Aug. 17 to a new permanent meeting venue at St. Mary's Sewanee, located at 770 St. Mary's Lane. The club will meet at 8 a.m. for breakfast followed by a program presented by Sara Figal, Director of the Nashville Conflict Resolution Center. Figal will share the mission, goals and workings of their Center.

Caregivers Group Open to New Members

Folks at Home responded to a constant and ongoing need to support members of our community who were caring for chronically or terminally ill relatives and friends by establishing its Caregivers Group ing education to practicing nurses, in 2011. The group meets for an hour the first and third Tuesday of the month, at 12:30 p.m., in Brooks Hall next door to the Parish of St. Mark and St. Paul. This is a free program to offer a safe place Health System-Sewanee. The Shop for caregivers to discuss the difficulties and heartache of longterm is located at 1096 University Ave., caregiving, to share solutions to various problems, and inform each other of local home care and nursing options. All are welcome. For information, contact Folks@Home at (931) 598-0303 or <folksathomesewanee@gmail.com>.

FCDP Monthly Meeting

The Franklin County Democratic Party will meet in-person at 6 p.m., Tuesday, Aug. 22, at the Franklin County Annex, 839 Dinah Shore Blvd., Winchester.

EQB Club

Members of the EQB Club will gather at 11:30 a.m., Wednesday, Aug. 23, at St. Mary's Sewanee. Lunch will be served at noon. At about 12:30 p.m., we will have the pleasure of a Lead by The Rev. Dr. Ray Gotko, carillonneur at the University of the South presenting "The Carillon in Sewanee and Beyond." Interested non-members are welcome to arrive at 12:30 p.m. and sit in on the presentation

After the lead at St. Mary's, the tower will be open at University of the South for those wishing to climb up the tower and see the carillon in person.

Walk to Remember Our Children at September Meeting

The Highland Rim Chapter of the Compassionate Friends will host a "Walk to Remember Our Children" at the September meeting. Anyone who has lost a child, grandchild, or sibling is invited to honor their loved one on this commemorative walk. A social finger food potluck will follow the walk. Please mark your calendars for this event, Sunday, Sept. 10, from 2-3:30 p.m. The event will be at the Frazier McEwen Park in the pavilion next to the baseball Stadium behind Tullahoma High School. You do not have to walk to participate.

Those who participated last year please remember to wear your Tshirt and bring your poster. You may want to bring a picture if you don't Admission is free. have a poster.

Sewanee Community Council

The next meeting of the Community Council is scheduled for Monday, Sept. 25, 2023, at 7 p.m.

We have reserved Monday, Aug. 28, 2023, as a possible meeting date and will meet then if there are urgent concerns. If there are any items for discussion that cannot wait until September, please submit them to mccsn.org>. the Provost's office by noon on Wednesday, Aug. 16.

Hospitality Shop Hours

The Hospitality Shop will be closed for our summer break through Friday, Aug. 18. We will resume normal business hours at 10 a.m., Saturday, Aug. 19.

The Hospitality Shop is open Thursday, and 10 a.m. to 2 p.m., Saturday. The Hospitality Shop accepts donations of clothing, household goods, jewelry and knickknacks. Please leave clean and well-maintained items in the bin at the rear of the building. There are two external donation bins. One is for clothing. One is for everything else. Please bag or box these two types of donations separately. The Shop cannot take large pieces of furniture, mattresses or electronics.

Proceeds from sales are used to furnish scholarships to area high school graduates who wish to enter the medical field, and for continuphysical therapists and others embloved at the Southern Tennessee Sewanee.

Register for the 30th Annual **MCCSN** Walk-A-Thon

The 30th annual Multi-County Cancer Support Network (MCCSN) Walk-A-Thon will be from 6-10:30 p.m., Friday, Sept. 8, at the old FCHS football stadium, 801 Dinah Shore Blvd., Winchester.

The annual community event raises funds for the MCCSN, a registered 501(c)(3) nonprofit organization that provides emotional, education and financial assistance to cancer patients residing in Bedford, Coffee, Franklin, Grundy, Lincoln, Marion, Moore and Warren Counties. There will be entertainment, food, live music and activities for attendees.

The last date for team names, memorials, honorariums and sponsorships to be included in the Walk-A-Thon booklet is Friday, Aug. 18.

For more information call (931) 967-0904, or go to <www.

MMUMC Curbside Food Distribution

Morton Memorial United Methodist Church is scheduled to have its monthly curbside food distribution on Saturday, Aug. 12, from 8–10 a.m.

Drivers should enter the food distribution line from behind the church where they will be directed to the loading area. If you are unable to load your own vehicle, volunteers will be there to assist.

Many thanks to all the organizations and individuals who contribute to make this food available, especially during these difficult times.

Morton Memorial United Methodist Church is located at 322 West Main St., Monteagle.

Round Up for Project Help

The Sewanee Utility District's billing software now has the ability to round up your bill to the nearest dollar with the difference going to our Project Help fund. Project Help collects donations from our customers and passes them on to the Community Action Committee (CAC) of St. Mark and St. Paul, where it is used to pay folks' water and sewer bill when they need a bit of help.

Please consider rounding up your bill for this worthy cause - it really makes a difference in our community.

Call the office at (931) 598-5611 to enroll or if you have any questions.

2023 Tennessee Sales Tax Holiday

For 2023, Tennessee's General Assembly has approved a threemonth grocery tax holiday on food and food ingredients which ends at 11:59 p.m. on Tuesday, Oct. 31, 2023.

Go to <https://www.tn.gov/revenue/taxes/sales-and-use-tax/salestax-holiday.html> for more information.



And by appointment

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Church News

Christ Church

The Tenth Sunday after Trinity will be kept at Christ Church on Aug. 13. Fr. Mike Agerton will lots of people refer to taking a be the preacher. On each of the walk on the water in reference to Summer Sundays we have had visitors, even if they arrive at 1 p.m. at least next to impossible. Re-While we don't have a huge lunch every Sunday, we have managed but Peter was also out of the boat to feed everyone and to share what walking on the water until he was we have, including home grown overcome with fear. Where can vegetables. Our service begins at we walk today so long as we don't 10:45 a.m.

Morton Memorial United Methodist

Whether in church or not, something being impossible, or member that not only our Lord, lose our vision?

To hear more, accept this invitation to worship at Morton

Obituaries

Carolyn Joan Johnson

Carolyn Joan Johnson, age 80, died on July 28, 2023, at St. Thomas Rutherford Hospital, Murfreesboro. She was born on July 4, 1943, in rist is in the church and is also Tracy City, to Melvin and Hazel Kilgore Campbell. She worked as a Purchasing Director for Erlanger Hospital in the 1970's, came back to page and remains available there Grundy County where she was office secretary at Monteagle Elementary until moving to Murfreesboro. She was preceded in death by her parents; husband, Grady Johnson; and brother, Malcolm "Dickie" Campbell.

She is survived by her children, Carolyn S. Johnson Land, Kenneth (Louise) Johnson and Taria Johnson; sisters, Delores Layne, Ophelia Hicks, Dean Burrows, and Renaye Smith, two grandchildren, and two great-grandchildren.

Graveside Services were on Aug. 4, 2023, at Plainview Cemetery. For complete obituary go to <www.cumberlandfuneralhome.net>.

Charles Dwayne Marion

Charles Dwayne Marion, age 55 of Cowan, died on Aug. 1, 2023, at Vanderbilt Medical Center, Nashville. He was born on Jan. 10, 1968, in Fayetteville, to Charles and Mary Reba Seymour Marion. He was a U.S. Army veteran. He was a tractor diesel mechanic at Tri-Green Equipment, and recently began work as a ranch foreman. He was preceded in death by his mother; and sister, Angela Marion Bragg.

He is survived by his father, Charlie Marion of Estill Springs; wife, Cookie Marion of Cowan; children, Jarred (Mikaley "Sweetie") Marion, Zac (Rebecca) Marion, Allison (Greg) Dietz, all of Winchester, and Zane Rollins of Cowan, three grandchildren, and special friend, Tim Cole.

A Celebration of Life was on Aug. 5, 2023, at Cowan Cumberland Presbyterian Church with The Rev. Ronnie Pittenger officiating. In lieu of flowers, the family requests memorial donations be made to Cowan Cumberland Presbyterian Church. For complete obituary go to <www. moorecortner.com>.

R. B. Ray

R. B. Ray, age 73 of Cowan, died on Aug. 4, 2023, at STRHS-S. He was born on July 26, 1950, to Robert Harvey Ray Sr and Thelma George Ray. He was preceded in death by his parents; brother and sister-in-law, Robert and Charlotte Ray; brother-in-law, Franklin T. "Frankie" Morris; and nephew, Chris Morris.

He is survived by his wife, Decla Ray of Cowan; four nieces; one nephew; several great- and great-great-nieces and nephews; four cousins, and numerous beloved friends.

In accordance with his wishes, there will be no funeral or memorial services. Memorial donations may be made in his honor to a charity of your choice. For complete obituary go to <www.moorecortner.com>.

Jason "Skinny" Thomas

Jason "Skinny" Thomas, age 43 of Tracy City, died on July 31, 2023. He was born on Jan. 4, 1980, to James and Patricia Myers Thomas. He was preceded in death by his father.

He is survived by his mother, Patricia Thomas; longtime girlfriend, Stacey Melton; sons, Greg Melton and Colby Melton; brothers, James "Fuji" Thomas and Michael Thomas; many friends and family members:

service is Matthew 14:22-33. service, weather permitting. Nursery services and a children's idea about worship at Morton streamed at the Morton Memorial Facebook page.

ministries. This Saturday, from Claiborne Hall. 8-10 a.m., our Food Ministry team will be offering substantial food baskets to approximately 250 families. To receive food, drivers should enter the food distribution line, which begins behind the church. Volunteers are also welcome, and should arrive before 7:45 a.m. and park in the CVS lot on Sunday, Aug. 27. next door.

St. Mark and St. Paul

The 8:30 a.m. Holy Euchalivestreamed on our Facebook afterward. The second service is at

Memorial United Methodist this 11 a.m. This Sunday, Aug. 6, the Sunday. The text for the 11 a.m. second service will be an outdoor

Nursery services: Infants and program are provided. If you toddlers through three year olds are unable to attend or want an are invited to gather on the playground on Sunday mornings from Memorial, the service will be live 8:15 a.m. to noon. The nursery will be at the playground of St. Mark and St. Paul, or in the child This church has many active care classroom at the lower level of

> Connections Coffee Hour begins on Sunday Aug. 13, from 9:45-10:45 a.m., in Kennerly Hall.

> Youth Sunday School resumes on Sunday, Aug. 27, from 9:45-10:45 a.m., upstairs in Brooks Hall. The Sunday Forum resumes

> Godly Play meets on Sunday at 9:45 a.m. Godly Play is a Montessori based approach to Christian formation for children, age 3 through entering fourth grade. Godly Play meets in classrooms in the parish hall and on the playground.

Church Calendar

Abundant Life Assembly of God, Cowan 10:30 a.m. Worship, Sunday All Saints' Chapel 10 a.m. Holy Eucharist 5 p.m. Choral Evensong (Friday, July 14) Bible Baptist Church, Monteagle 10 a.m. Worship Service, Sunday 5:30 p.m. Evening Service, Sunday 5:30 p.m. Evening Worship, Wednesday Calvary Baptist Church, Winchester 10 a.m. Sunday School 11 a.m. Worship Service, Sunday

4 p.m. Evening Worship, Sunday 7 p.m. Prayer Meeting, Wednesday Chapman Chapel Church of the Nazarene, Pelham

9:30 a.m. Sunday School, Sunday

10:45 a.m. Morning Worship, Sunday 6 p.m. Evening Worship, Sunday 7 p.m. Bible study, Wednesday

Christ Church Monteagle

10:45 a.m. Holy Communion, Sunday

Christ Church, Tracy City (STEM)

10 a.m. Bible Study, Sunday

11 a.m. Holy Eucharist, Sunday

Christ the King Anglican Church, Decherd

9 a.m. Sunday Service, Sunday

6:30 p.m. Healing/prayer service

City Light Church, Monteagle

10:45 a.m. Worship Service, Sunday, online

Cowan Fellowship Church

11 a.m. Worship Service, Sunday

Cumberland Presbyterian Church, Cowan 11 a.m. Worship, Sunday

Cumberland Presbyterian Church, Monteagle 9:45 a.m. Sunday School, Sunday

11 a.m. Worship Service, Sunday

Cumberland Presbyterian Church, Sewanee 9 a.m. Worship Service, Sunday

10 a.m. Sunday School, Sunday

Decherd Presbyterian Church

11 a.m. Worship (Sunday)

Decherd United Methodist Church 9:45 a.m. Sunday School, Sunday 10:50 a.m. Worship Service, Sunday Epiphany Mission, Sherwood (STEM) 10 a.m. Holy Eucharist Rite II, Sunday First Baptist Church, Cowan 9:15 a.m. Sunday School, Sunday 10:25 a.m. Worship, Sunday First Church of the Nazarene, Cowan 11 a.m. Worship Service, Sunday Good Shepherd Catholic Church, Decherd 5 p.m. Mass, Saturday 10:30 a.m. Mass, Sunday 12:30 p.m. Spanish Mass, Sunday Goshen C. P. Church, Winchester 11 a.m. Worship Service, Sunday Grace Fellowship Church 10:30 a.m. Sunday School/Worship Service Harrison Chapel Methodist Church, Midway 10 a.m. Sunday School 11 a.m. Sunday Morning Service 5 p.m. Sunday Evening Service Highpointe Apostolic Church, Monteagle 10 a.m. Sunday School, Sunday 11 a.m. Worship, Sunday 7 p.m. Worship, Wednesday Hobbs Hill Community Church, Tracy City 10 a.m. Sunday School, Sunday 11 a.m. Morning Service, Sunday5 p.m. Evening Service, Sunday6 p.m. Evening Service, Wednesday

We will honor Parish Organist Kathy Sturgis for her service to the parish and the wider church at a reception following the 11 a.m. service on Sunday, Aug. 20.

Tullahoma Sangha

Tullahoma Sangha, a Zen Buddhist meditation and study group, meets each Wednesday at 6 p.m. at Unitarian Universalist Church of Tullahoma. The service will consist of zazen (meditation), a short lesson, and discussion. The church is located at 3536 New Manchester Hwy., Tullahoma. For more information, call (931) 588-8935.

Unitarian Universalist

The service begins Sunday at 10 a.m., followed by refreshments and a discussion period. The church is located at 3536 New Manchester Hwy., Tullahoma. For more information call (931) 455-8626, or visit the church's website at <www.tullahomauu. org>.

Midway Baptist Church 9:45 a.m. Sunday School, Sunday 10:45 a.m. Morning Service, Sunday 6 p.m. Evening Service, Sunday 6 p.m. Bible Study, Wednesday Midway Church of Christ 10 a.m. Bible Study, Sunday 11 a.m. Morning Service, Sunday 6 p.m. Evening Service, Sunday Monteagle Church of Christ 11 a.m. Morning Service, Sunday 6 p.m. Bible Study, Wednesday Monteagle First Baptist Church 11 a.m. Worship Service, Sunday 6 p.m. Bible Study, Wednesday Monteagle Seventh-Day Adventist Church 10 a.m. Bible Study, Saturday 11 a.m. Worship, Saturday 7 p.m. Prayer and Study, Tuesday Morton Memorial United Methodist, Monteagle service available online after noon Sunday, link is at <https://www.mortonmemorialumc.com> on FB 10 a.m. Sunday School, until 10:45 a.m. 11 a.m. Worship Service, Sunday Mountain of God Tabernacle, Monteagle online worship services. Call (931) 924-5339 or go to <https://www.tdworldministries.org> 11 a.m. Worship Service, Sunday 6 p.m. Prayer Service, Wednesday New Creations Ministries, Rayburn Chapel 4 p.m. Prayer Meeting, Sunday New Hope Church of God in Christ, Cowan 11 a.m. Sunday Service, Sunday 6 p.m. Sunday Service, Sunday Pelham United Methodist Church 9:45 a.m. Sunday School, Sunday 11 a.m. Worship Service, Sunday St. Agnes' Episcopal Church, Cowan 11 a.m. Holy Eucharist, Sunday St. James Episcopal Church 9 a.m. Holy Eucharist Rite II, (and Facebook livestream), Sunday St. Margaret Mary Catholic Church, Alto 8 a.m. Mass, Sunday St. Mark & St. Paul 8:30 a.m. Holy Eucharist, indoors, livestream Facebook, YouTube later 8:30 a.m. Nursery, basement of Kennerly Hall (Sewanee Children's Center), Sunday 9:45 a.m. Godly Play, Sunday 11 a.m. Holy Eucharist, Sunday St. Mary's Sewanee Retreat Center 3:45 p.m. Centering Support Group, Thursday Sewanee Church of God 10 a.m. Worship Service, Sunday Sisters of St. Mary Convent Chapel 7 a.m. Morning Prayer, Tuesday–Friday 7:30 a.m. Morning Prayer, Saturday 8 a.m. Holy Eucharist, Sunday Tracy City First Baptist Church 10:45 a.m. Morning Worship, Sunday Trinity Episcopal Church, Winchester (STEM) 10:30 a.m. Holy Eucharist, Sunday 12:30 p.m. Noonday Prayer and Lectionary Bible Study, Tuesday, <tec213@bellsouth.net> Unitarian Universalist Church, Tullahoma 10 a.m. Service, Sunday 6 p.m. Tullahoma Sangha, Wednesday Valley Home Community Church, Pelham 10 a m. Sunday School 11 a.m. Morning Service, Sunday

and his faithful dog, Gizmo.

Funeral Services were on Aug. 4, 2023, from the Chapel of Cumberland Funeral Home, Monteagle, with Bro. Paul Tittle officiating. Interment followed in Summerfield Cemetery. For complete obituary go to <www.cumberlandfuneralhome.net>.



Free Hepatitis C Testing on Aug. 17

Clinic, free Hepatitis C testing will be provided by Cempa Cares of Chattanooga. The testing will occur 1–4 p.m., Thursday, Aug. 17, at the Altamont Community Center, 143 Dickerson St. Test results will be provided about 20 minutes which still bears his name. after screening. If a resident tests be provided.

offer free medical management such as further testing, care plan, and medication for those who are uninsured. Hepatitis C is curable. Please email Tom Phelps with any questions <tphelps52@gmail. com>.

Community Arts & Crafts Fair and Trash & Treasures Yard Sale

Come shop for the delightful crafts made by people in our community. See what treasures you can find in the Trash and Treasures Yard Sale. The event will be from 9 a.m. to 5 p.m., Friday and Saturday, Sept. 15-16, at the Morton Memorial United Methodist Church in Monteagle.

The event is a fundraiser for Morton's missions, including the church's monthly food ministry, Isaiah 117 House, Sleep in Heavenly Peace and Monteagle Elementary School.

There will be gifts galore, plus Fall and Christmas Crafts – a great time to get some Christmas shopping done. And a chance to find a treasure among your neighbors' down-sizing cast offs. There will also be some food to eat while you browse and some frozen food to take home with you for dinner.

If you want to participate with your own crafts and/or treasures. contact Carol Bennett at (931) 315-9871 for details and to sign up. Deadline to reserve a space is Sept. 1.

The event will be in front of and inside the church's Fellowship Center, which is to the right of the sanctuary, 322 W. Main St.,

Statue (continued from page 1)

paint on it," he said. "That will preserve it for a long time." Van Dyke, 69, grew up in Chattanooga's East Ridge and moved in 1976 to Altamont, where he bought five acres and a house for \$8,000. Van Dyke's family used to drive through the area on the way to visit his Through the Tracy City Free grandmother, and he fell in love with the rugged beauty of the bluffs.

"People can't believe I did that," Van Dyke said. "Nobody wanted to live here — it was such a Wild West. It was crazy — moonshiners, car strippers, marijuana growers, and crankheads. When I first came here, the Klan was in sheets in the highway taking up donations in buckets."

He found work teaching survival skills at Skymont Scout Reservation, the 2,000-acre Boy Scout camp, where he discovered an unknown cave,

When the ranger at the camp told him they were looking for somebody positive, further consultation will to work the fire tower in Altamont, Van Dyke jumped at the chance.

"I was young back then and could make it to the top," he laughed. The Tracy City Free Clinic will tower, known as the Last Lookout, was one of several used to triangulate the location of wildfires and was the last to shut down as aircraft replaced the workers manning them.

He'd work the two jobs about three-quarters of the year and then spend the rest of his time working on his cabin and focusing on his art. A mostly self-taught artist, Van Dyke started out in wood carving

and woodworking and got into making sculpture out of recycled metal. 'There was a lot of junk up here and a lot of metal in the mountains," he explained. "I started going to the scrapyard in McMinnville every two weeks to buy scrap. Back then you could buy all you wanted for 25 cents a pound. I had buckets of stuff that I would make things out of — animals and flowers and whatever."

Van Dyke quickly became known on the craft show circuit for his metal sculpture.

"I did that for about 25 years, and then they decided it was dangerous to let people walk around scrapyards, and they wouldn't let me look no more.

He was working on stone patios at the time and started carving faces out of the stones.

"People would buy those as fast as I could make them," he said. "An artist has to be really flexible and pay attention to what his client wants. I'd make stuff out of anything I found.

"I'm just into everything — building stuff, building houses. One guy even called me to see if I could build him a coffin. He didn't have enough money to buy anything, but he said he needed it in three days. He had cancer, and they told him he was dying. He got buried in it about a week later."

Often called a Renaissance man, Van Dyke began writing during Covid. He hopes to market a historical fiction book on hobos to the Tennessee Valley Railroad Museum in Chattanooga and self-publish a collection of supernatural short stories.

After selling his cabin, he bought property past Greeter Falls, where he ran Fern Falls, a bed-and-breakfast, for about five years until the recession hit.

"I have a 30-foot waterfall in my backyard," he said, adding that he is thinking about renting rooms again (without the breakfast) in the near future

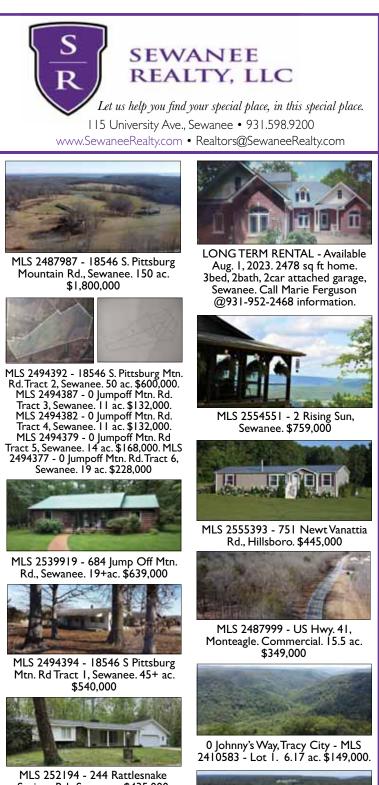
Van Dyke will have his work for sale from 9 a.m. to 4 p.m. on Saturday, Oct. 7, at the Fall Sewanee Arts and Crafts Fair during the University of the South's Family Weekend.



MARC Offers Vaccine and Microchip Clinic

Marion Animal Resource Connection (MARC) will have a vaccine and microchip clinic from 10 a.m. to 4 p.m., Saturday, Aug. 28 at Hannah Pickett Park Pavilion, 24 Dixie Lee Ave., Monteagle.

This clinic is for dogs of people living in Grundy County and in the counties of Marion and Franklin on the mountain (and down to Sherwood, and Jump Off Road, to around the Franklin State Forest area). One shot including distemper, adenovirus, parainfluenza, and parvo, a microchip, and an ID Tag will be available, free, for dogs of people who cannot otherwise afford them. Distemper and parvo are deadly and contagious to other dogs and mostly are preventable. Microchipping and providing ID tags will help reunite the many wandering or lost dogs seen in our communities with their families. This clinic is sponsored by South Cumberland Community Fund and Petco Love.





Ron Williams Affiliate Broker **4**23.598.9817 tideron2000@

SENIOR CENTER NEWS

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Please call (931) 598-0771 by 9 a.m. to order lunch. Menus follow:

Monday, Aug. 14: Crack chicken, rice, peaches and cottage cheese.

Tuesday, Aug. 15: Philly steak sandwich, chips.

Wednesday, Aug. 16: Chef salad, crackers, dessert. Thursday, Aug. 17: Goulash, Mexican combread.

Friday, Aug. 18: Barbecue pork chops, mashed potatoes, veggie blend, roll.

Menus may vary. For information call the center at (931) 598-0771

Chair exercise with Ruth Wendling is from 10:30-11:45 a.m. on Mondays and Wednesdays.

Game days are from 10 a.m. to noon on Fridays.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.

Angel Designs Wanted at the Lemon Fair

The Lemon Fair is asking students, local artists and other creative folks to submit designs to the Angel Wing Mural Contest called "What Does Your Sewanee Angel Look Like?" by Thursday, Aug. 31, 2023. Submissions may be emailed to <info@thelemonfairsewanee.com> or dropped off at the store at 60 University Avenue in downtown Sewanee. A panel of judges will select the winning design, which will be painted on the side of the building adjacent to the Sewanee Angel Park. All contest submissions will be used to create notecards, greeting cards, coffee mugs, or tea towels, with proceeds going to the Sewanee Community Chest, a 501(c)(3) nonprofit.



Quiet Mountain Oasis 565 JUMPOFF MOUNTAIN ROAD

Sewanee, TN

SEWANEENOWANDTHEN

Sewanee Trust for Historic Preservation

South was first proposed by Bishop Leonidas a high-toned Virginia gentleman and graduate Polk of Louisiana in an open letter to the other southern bishops dated July 1, 1856. The cornerstone of what was to be the principal building of the university was laid on October 10, 1860. The war brought the effort to a halt. The effort was revived following the war, and the junior department of the university opened on September 18, 1868, with nine students. The following is from the August 8, 1869, issue of the Memphis Daily Appeal.

CORRESPONDENCE.

Letter from the University of the South. University Place, Tenn., August 1, 1869.

Editors Appeal: The present site of the University was selected by Bishops Polk, Otey, Elliott, and others, after a careful and thorough survey of the State. Nine thousand acres of land on the plateau of the Cumberland mountains, on the point designated Sewanee, east of Nashville about eighty-five miles, were by donation and purchase procured. Some two years since the first University buildings were erected, those put up prior to the war having been destroyed. Since then the following buildings constituting University property have gone up: University Chapel [St. Augustine's Chapel], an edifice of rare simplicity and beauty; attached to this a temporary recitation apartment extending out on either side north and south of main building, west body of chapel constituting a spacious lecture hall. South wing, wing of Otey Hall, center building and boarding house. Tremlett Hall, the largest and handsomest of the university buildings, capacitated to lodge a hundred students. Private buildings, gracing the grounds and built up during the last three years, are the following: Residence [Kendal House] of the Chancellor, the venerable Bishop Wm. M. Green, of Miss., with its nicely sodded walks and tastily arranged flower beds, doing honor to their tasty designer; residence of Vice-Chancellor, our energetic Bishop Quintard, than which a neater cottage cannot be found in the country, with its beautifully laid off front, containing many rare flowers and shrubs from European soil; residence of Maj. G. R. Fairbanks [Rebel's Rest], Treasurer of the University and the Florida historian, a gentleman of undoubted capacities to whom the people of the South must ever feel under obligations for services rendered during the war as a soldier of his country, and since for his strenuous efforts in behalf of the University, which have in a great degree brought matters to so highly progressive state. This house is built of sawed logs, with bow and double windows, a beautiful latticed piazza to the front, with many creeping vines covering the cornice work. It stands back from the pike some fifty yards, shaded by huge forest trees, and overlooking a beautiful green gorge where Otey spring is ever issuing forth its cool sparking waters. In addition to the natural beauties of this place, there is an exquisite flower garden in the front, speaking in fragrant praise of the delicate hand that we have often seen guiding a hoe among its flowers. To the north, and joining fences with this, is the residence of Prof.

What would become the University of the Robert Dabney, "Virginia Place." Prof. Dabney, of Hampton Sidney College, who served in the Virginia legislature during the war, is Professor of Latin and Metaphysics in the University, and in either department is the first man of his day.

Tremlett Hall, of which we have spoken, joins fences with "Virginia Place," and to the north of this and the extreme northern building is Marbury Hall, and quartering for the time being, a highly respectable gentleman of latter day note, Mr. C.D. Hall. To the south of of the Chancellor's dwelling, where resides the highly esteemed Professor of Mathematics and Bookkeeping, G. Berkeley Green, is "Waverly," the picturesque residence of University Chaplin, Rev. Dr. F. L. Knight, D.D., and in this neighborhood, are the respective residences of Mr. W. H. Tomlinson, who has lately made large additions to his house, and lives in un- exceptionable style, Bishop Gregg of Texas [Ambler Hall], a Christian of high order and a trustee of the University, and Dr. Vaughan a highly respectable professional gentleman, late of Columbus, Miss.

All the improvements of which we have spoken, have been made during the last three years, and the carpenter's hammer yet resounds through different parts of the grounds, in the erection of buildings and adding to those already occupied. This Institution recommends itself to the public in various ways, being two thousand feet above the sea level, and near a thousand feet above the surrounding country. The climate is unexceptionably salubrious and delightful. No more healthy locality can be found in the South. It is a high-toned, social resort. The most stringent laws are in force touching the importation of spirituous liquors, and situated as we have stated on the plateau of the Cumberlands, nine miles from any valley settlement where doubtful characters hold high festival, students will neither have the inclination to engage in unbecoming sports, or be influenced by outside parties to violate the social law and order of the Institution.

The corps of Professors engaged in the finest in the United States. Gen. J.L. Gorgas, of Georgia and late of the C.S.A. Quartermaster Department, a West Pointer, of unimpeachable abilities, stands at the head of the corps. Headmaster of the University and Professor of Mathematics, French, and History. Prof. Robert Dabney, of whom we have already spoken. Rev. Dr. F.L. Knight, D.D., Professor of Modern Languages, Col. Frank Sevier, late of Gen. Polk's staff, Senior Proctor and Master of the Grammar School. Prof. G. Berkeley Green (son of the Bishop), Assistant Professor of Mathematics and Book-keeping.

Eighty odd students from ten different States comprise the number of pupils at present on the matriculate roll, and others are coming in daily.

The remarkably low rates of board and tuition, together with the before mentioned advantages, will justify you in withdrawing your sons from other schools and sending them here. Three hundred and twenty-five dollars covers all expenses, washing included. Boarding houses are in the hands of highly respectable and responsible parties, and the heart of a boy is as much trained as his head.

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Upcoming Programs at St. Mary's Sewanee Retreat Center

Labyrinths and Lenses September 9th

Grace In Dying and Centering Prayer November 11th

> Mindfulness on the Mountain December 1st-3rd

Advent Centering Prayer December 8th-10th

*2024 Program Schedule Now Available Online

Rest Renew Reconnect more information or to register, go to <www.stmaryssewanee.org>

Donate to MARC

The animals helped by the Marion Animal Resource Connection (MARC) have continuing needs for their care. Here is a wish list for this week's items we could use: pee pads, wet cat food, Purina puppy chow and clumping cat litter.

Donations may be dropped at Taylor's Mercantile in Sewanee, or at the MARC Office. An Amazon Wish List is also available at <https://a.co/7119w5J>.

 \hat{M} ARC is a 501(c)(3) nonprofit organization of volunteer citizens concerned about the welfare of animals. MARC was created to assist people and animals to live more humanely, and to help ease the social burden of too many stray dogs and cats.

The Sewanee Mountain MESSENGER • Friday, Aug. 11, 2023 • 7

Animal Harbor Bone Drop

annual Bone Drop on Saturday, Aug. 26. Participants purchase a bone for \$100 for a chance to win \$3,000. This year's event will help raise money to support the work at the shelter.

56 Nor-Nan Rd., Winchester. falls closest to the center of a target wins up to \$3,000. The second ticipants do not have to be present fundraising campaign. to win. Entries must be received by 4 p.m., Friday, Aug. 25.

kid's bouncy inflatable, Decherd gift through PayPal Giving. fire and rescue fire truck on site, shelter tours, food vendors, dog agility demonstrations and more.

For more information or to purchase a bone, text Emily at (931) 308-8785 or email < executive director@animalharbor.org>. The sign up form is available at <https:// www.animalharbor.org>.



Community Chest Applications Available

The Sewanee Community Chest (SCC) is pleased to announce the Animal Harbor is hosting its beginning of the 2023-24 grant cycle. All nonprofits that benefit the community are encouraged to apply.

The 2023-24 funding application can be downloaded from the website at <https://sewaneecivic.org>. The application deadline is Friday, Sept. 15, 2023. Approved grant funds will be distributed starting in April 2024, contingent on funding availability.

This year, organizations can also apply online with this form https:// The drop will be at 5–7 p.m., forms.gle/LdHvuL8xTccw26yp6>. It does require you to have a Gmail Saturday, Aug. 26, at the shelter, email account.

The SCC is a nonprofit organization and relies on funding from the The bones will be dropped from community to support charitable programs and initiatives. The SCC 50 feet in the air by the Decherd supports local organizations that have requested basic needs funding Fire Department. The bone that for quality of life, community aid, children's programs, and those who are beyond Sewanee but still serve our entire community. With your support, the SCC will continue to provide aid where it matters most: closest to the bullseye will win elder care, food, books, housing, scholarships, spay/neuter programs for \$1,500 and the third closest to animals, recreational spaces and funding for the local elementary school. the bullseye will win \$500. Par- As the 2023–24 grant cycle begins, the SCC is also kicking off its yearly

The SCC urges everyone who benefits from life in this community, whether you live, work, or visit, to give generously. Donations are tax There will also be family fun deductible. Contributions, payroll deductions and pledges are accepted filled entertainment, including a at any time at P.O. Box 99, Sewanee, TN 37375. You can also make a

For more information, email <sewaneecommunitychest@gmail. com>. The Sewanee Community Chest is sponsored by the Sewanee Civic Association.

Save the Date for Fall Heritage Festival

Make plans to go to the 10th annual Fall Heritage Festival. This free community event will be Sept. 15–17, in Cowan.

Year after year, large crowds attend the three-day event that features more than 150 vendors (food, craft and arts); exhibits; entertainment, fireworks and family fun. Approximately 6,000 people attended this event in 2022 with over a dozen states represented. The event is a fundraiser for the Cowan Railroad Museum.

For more information go to <www.fallheritagefestival.org> or follow on Facebook at FallHeritageFestivalCowanTn.

SES MENUS

Monday-Friday, Aug. 14-18 BREAKFAST

Each day, students select one or two items.

Monday, Aug. 14: Breakfast croissant sandwich, fruit, fruit iice, milk.

Tuesday, Aug. 15: Pizza bagel, fruit, fruit juice, milk.

Wednesday, Aug. 16: Breakfast sandwich, fruit, juice, milk. Thursday, Aug. 17: Breakfast crescent roll or cinnamon pullpart, fruit, fruit juice, milk.

Friday, Aug. 18: Meat biscuit, fruit, fruit juice, milk.

LUNCH

Monday, Aug. 14: Steak, gravy, mashed potatoes, green peas, dinner roll, fruit, milk.

Tuesday, Aug. 15: Barbecue, hamburger bun, potatoes, tossed salad, Great Northern beans, fruit, milk.

Wednesday, Aug. 16: Chicken, waffle, fresh veggie cup, buttered corn, fruit, milk.

Thursday, Aug. 17: Walking taco, tossed salad, pinto beans, salsa, fruit, milk.

Friday, Aug. 18: Breaded mozzarella cheese sticks, fresh broccoli cup, marinara sauce, fries, fruit, milk.

A variety of fruit, fruit juice and milk is offered daily for breakfast. Daily offerings for lunch may include yogurt bag, sandwich, wrap, Bento box or pizza munchable. Menus subject to change. Go to <https://www. fcstn.net/menus-mealpricing>.

Back to School Bash

The St. James Midway Community Park will be hosting a Back to School Bash from 10 a.m. to 1 p.m., Saturday, Aug. 12. The Sewanee Volunteer Fire Department will be bringing a fire truck, and there will be hot dogs. Donations of school supplies are welcome. Everyone is invited.



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A Community Clay Workshop at Buchanan.

'Woven Wind' Community **Clay Workshop**

As part of the "Woven Wind" collaborative exhibition, the University Art Gallery invites the Sewanee community to participate in a workshop to produce clay vessels that will be displayed as part of the exhibition. The workshop will be on Saturday, Aug. 12, from 9:30–11 a.m. at St. Andrew's-Sewanee School. No experience or skill in working with clay is necessary.

"Woven Wind" began with a critical investigation of the Lovell family archive held in the University of the South's William R. Laurie University Archives and Special Collections. The family archive includes documentation of enslaved persons held on the family's plantations in Mississippi.

"Woven Wind" invites us to remember together, to activate and read past archival materials, and to work towards community and healing in the present.

Participants in the workshop will build clay vessels representing cypress knees, hear from artist Vesna Pavlović, and listen to the oral histories of the Toles family descendants. The cypress knees, emblematic of memory, will be placed around campus and in the Sewanee community during the exhibition, on view in the University Art Gallery Aug. 23 through Oct. 11, 2023.

All ages and abilities are welcome, and participation is free and open to the public.

Please email Shelley MacLaren at <sjmaclar@sewanee.edu> to reserve one of the open places in the workshop.

The Community Clay workshop has been made possible by Art, Art History, and Visual Studies, the University Lectures Committee, the Roberson Project on Slavery, Race, and Reconciliation, and a Smith Experiential Learning Grant.



'SpongeBob Musical' at the Millennium

"The SpongeBob Musical" is set to make a splash with audiences oung and old beginning Aug. 4, when Millennium Rep's Teen Actors graphic show "52Frames" is open Guild brings this dynamic song and dance-filled show to the stage at the 🛛 at the Artisan Depot in Cowan, Manchester Arts Center. Join SpongeBob, Patrick, Sandy, Squidward, and the whole Bikini Bottom gang as they come together to save their undersea world from a volcano. Can the power of optimism really save the world?

The musical features original songs by Yolanda Adams, Steven Tyler and Joe Perry of Aerosmith, Sara Bareilles, Jonathan Coulton, Alexander Ebert of Edward Sharpe & The Magnetic Zeros, The Flaming Lips, Lady Antebellum, Cyndi Lauper, John Legend, Panic! At the Disco, Plain White T's, They Might Be Giants and T.I., and songs by David Bowie, Tom Kenny and Andy Paley.

Director Haylee Eaton's cast includes Eliza Griffey, Zoe Stinson, a job with the University of the Wayne Medley, Maye Hansen, Carter Jernigan, Tucker Johnson, Talia Dillard, Loralei Petty, Mars Jones, Kohen West, Erin Maccagnone, Aubrey Johnson, Ethan Bennett, Jay Eaton, Thomas Keith, Hannah Ryan, James Petty, Kaylee Hensley, Aliza Freeze, Marylynn Colter, Amanda Randolph, Elsie Lazalier, Abby Troyer, Lucy Smith, David Lozoya, Zach Sons, and Levi Willow.

Music director is Jonathon Duke, and choreography is by Gianna Afflerbaugh.

The SpongeBob Musical runs Aug. 11-13, Fridays and Saturdays at 7:30 p.m. and Sundays at 2 p.m. Tickets are \$15 for adults, \$13 for seniors and military, and \$10 for students, and are available at <www. millenniumrep.org> or by calling (931) 570-4489.

The MAC is located just off the Manchester square at 128 E. Main St.

'Garrison Keillor Tonight' in The Caverns on Sept. 17

Garrison Keillor has been entertaining audiences for more than 50 years, notably with the radio show he created, "Prairie Home Companion," which ran from 1974 to 2016. But on Sept. 17, the author and radio personality will add a new milestone to his career by performing inside a cave for the very first time. Keillor will bring his latest show, "Garrison Keillor Tonight," to The Caverns, a worldfamous cave venue located in Grundy County.

Garrison Keillor Tonight is an evening of stand-up, storytelling, audience song, and poetry. One man, one microphone. There are sung sonnets, limericks and musical jokes, and the thread that runs through it is the beauty of growing old — and what better setting to underscore the passage of time than inside a natural Tennessee cave that took millions of years to form?

During the subterranean show, guests will hear news from Lake Wobegon, the fictional Minnesota town Keillor created, booming with new entrepreneurs, makers of artisanal firewood and gourmet meatloaf, breeders of composting worms, and dogs trained to do childcare. But some things endure, such as the formation of the Living Flag on Main Street, citizens in tight formation wearing red, white or blue caps, and Mr. Keillor among them, standing close to old neighbors, Myrtle Krebsbach ("Truckstop") and Julie Christensen ("Bruno, The Fishing Dog") and Clint Bunsen. And an a cappella sing-along with the audience singing from memory an odd medley of patriotic songs, pop standards, hymns, and ending with the national anthem.

Reserved seating, yurt and VIP packages, and camping passes for "Garrison Keillor Tonight" in The Caverns are on sale at <https:// www.thecaverns.com/event/garrison-keillor-tonight-in-the-caverns>. With limited seating available, guests are encouraged to secure their tickets early.

Located in Grundy County, The Caverns is a world-renowned destination known for live music in beautiful natural settings, the Emmywinning PBS television series The Caverns Sessions, and a magical cave system for different skill levels of exploration. Inside The Caverns subterranean venue, guests to "The Greatest Show Under Earth" revel in the prehistoric venue's natural acoustics and otherworldly beauty. The outdoor amphitheater sits at the foot of the Cumberland Plateau with the rolling Tennessee hills as a backdrop. Whether underground or above ground, live music at The Caverns is a bucket list experience

'52Frames' at **Artisan Depot**

MarthaLee McCarthy's photosponsored by the Franklin County Arts Guild. McCarthy has enjoyed capturing life's images since she was young. Inspired by her dad's love of photography, she signed up for a darkroom class as a sophomore in college and became hooked on what would turn out to be a lifelong passion.

In 2003, her husband accepted South, and the family moved to Sewanee from Georgia. She began working as an English teacher at Franklin County High School, where she taught photography to her yearbook journalism students.

The current show was born while the pandemic was raging when she joined approximately 3,500 other photographers from all over the world in a photo challenge called 52Frames. Participants in the challenge are given the opportunity to join small groups of other photographers from around the globe to both support and critique one another. She is now in her third year of the challenge, and has friends in Norway, India, England, Australia, New Zealand, France, and Brazil, as well as others from all across the United States.

McCarthy's show will run through Aug. 27 at the Artisan Depot Gallery, 204 Cumberland St., Cowan. The Artisan Depot is open Thursday, Friday, Saturday, and Sunday from noon to 5 p.m.

Historic Sewanee Downtown **Exhibit**

"Historic Sewanee Downtown, 150 Years" is currently on display in the Museum Gallery of the William R. Laurie University Archives and Special Collections building through Dec. 15, 2023. The Sewanee Historic Downtown Digital Exhibit and Walking Tour of Historic Downtown Sewanee is available at <https://library. sewanee.edu/archives/exhibits>.

Viewing hours are 1–5 p.m., Monday through Friday, or by appointment. Support from the University of the South and the Sewanee Trust for Historic Preservation made the research for and presentation of this exhibit possible.

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hat keeps fans coming back time and again. On-site camping available after most shows. Daily guided walking tours and adventure cave tours of The Caverns cave system offered 7 days a week. Go to <https://www.thecaverns.com> for more information.

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Tennessee State Library & Archives Hosts Free Author Talks **Event** This Friday

The Tennessee State Library & Archives is excited to host a free Author Talks event with special guest Bill Carey as he explores previously unknown stories of life in 19th century Tennessee on Friday, Aug. 11, 2023, from noon until 1:00 p.m. CT.

The talk will take attendees on a journey into the past and examine how steamboats, railroads and the telegraph changed Tennessean's lives and transformed Tennessee's history.

Tennessee author Bill Carey is a monthly columnist for Tennessee Magazine and the founder of the Tennessee History for Kids organization. He has written several books, including "Fortunes, Fiddles and Fried Chicken: A Nashville Business History and Runaways," "Coffles and Fancy Girls: A History of Slavery in Tennessee." His newest book, "True Tales of Tennessee: Earthquake to Railroad," details the stories of people and events that have often been overlooked.

Held at the Library & Archives, this event is free to attend. Attendees are welcome to bring their lunch. Seating is limited. To make a reservation, visit <bit.ly/TSLA-AuthorTalks>.

The Library & Archives is located at 1001 Rep. John Lewis Way North on Bicentennial Capitol Mall State Park, across from the Tennessee State Museum. The Library & Archives garage is on Junior Gilliam Way.

For the latest information about this event, follow social media channels: Facebook: Tennessee State Library & Archives and Instagram: @tnlibarchives and the Secretary of State's Twitter account: @tnsecofstate.

To learn more about the Library & Archives or schedule a research visit, call (615) 741-2764, email <ask@tsla.libanswers.com>, or visit <sos.tn.gov/tsla/plan-your-visit>.

HOME GAMES

Mark Fino Named Sewanee Swim and Dive Head Coach

The University of the South's in our pursuit of championships,'

success in Division III athletics, not in their physical abilities and their only in the pool but with the type mental and emotional well-being. of student-athletes he has mentored and educated," says Director of fulfilling mission in the warm and Athletics John Shackelford "He's a inviting atmosphere of Sewanee strong recruiter, a passionate moti- makes me even more enthusiastic vator, and an exceptional teacher. about the journey ahead.' We're thrilled to add Mark to our staff to continue the great legacy of Sewanee swimming and diving. Mark, Veronica, and their two Chattahoochee Gold Swim Team

Fino brings to Sewanee a wealth for 280 athletes. He coached a U.S. of experience, having coached collegiately for 18 years. His last mer Junior National Qualifiers, collegiate head coach position was and his athletes broke team records at John Carroll University in Uni- in the 100-yard fly, 200-meter free, versity Heights, Ohio. He coached and 800-meter free. Additionally, the Blue Streaks for seven years he created and founded Dunmoor and led the university's men's and Swim Team, Inc., a nonprofit swim women's teams to four Ohio Ath- team serving children from ages letic Conference (OAC) titles from 4 to 16. 2017 to 2020. In his seven seasons, Fino had 11 NCAA Division III Fino served as an assistant coach All-American performances, five at Oberlin College in 2002, was NCAA honorable mention All-American performances, and had at least one swimmer or diver provisionally qualify for the NCAA Championships in each of his seven his tenure, he became the all-time seasons. Fino also received eight leader in career dual meet wins in OAC Coach of the Year awards, and coached athletes to six OAC Diver of the Year awards and five

His teams produced 231 All-OAC ference Championships. finishes, captured 112 conference titles, and broke 90 school records and 36 conference records.

into collegiate coaching, where I all coursework toward his master's can focus on nurturing the com- of education in exercise science plete growth of each individual from Cleveland State University.

Department of Athletics an- Fino says. "Throughout my coachnounced that Mark Fino has ac- ing journey, I've consistently used cepted the position of head coach of coaching to impart valuable lessons Sewanee's swim and dive program. and facilitate the all-around devel-"Coach Fino has a long record of opment of young athletes—both The prospect of carrying out this

While taking a break from college coaching, in 2022, Fino became the site head coach of the young sons will be great additions to the Sewanee community." in Cumming, Georgia, where he managed full- and part-time staff Open Qualifier, Winter and Sum-

Before coaching at John Carroll, elevated to head women's coach in 2004, and was then chosen to lead both the men's and women's programs in 2006. Over the course of women's swimming and diving at Oberlin, leading the program to its best finish and most points scored OAC Swimmer of the Year awards. in the North Coast Athletic Con-

Fino graduated with a bachelor's degree in psychology from Kalamazoo College, where he swam "I'm thrilled to be getting back for four years. He then completed

Sewanee Youth Soccer **Registration Open**

Sewanee Youth Soccer registration is open for ages 3+, groups Lil Kickers through U12.

Cost is Lil Kickers, \$60 per player, U6+, \$75 per player. Uniform included in registration cost. Register online at <https://www.fcsoccer. org/> or contact <georgialhewitt@gmail.com>.

Soccer will be at the Sewanee Community Ballfields on Ball Park Rd., on Saturdays, beginning Sept. 9, 2023.

Sewanee Youth Soccer will be using the academy soccer model which allows players to participate without following the rules of team formation. Players will gather for practice and game day scrimmages by age group, rather than team, for skill development and small sided games. By having a variety of different groupings during practices and intramural games the kids get more touches on the ball while playing soccer with all of their friends. Little Kickers, U6, U8, U10, and U12 age groups are available in Sewanee. Depending on enrollment some age groups may combine. Please consider volunteering when you register your player.

John Shackelford Named Recipient of the 2023 ITA **Meritorious Service Award**

The Intercollegiate Tennis Association announced on Aug. 8 that current Sewanee Director of Athletics and former Director of Tennis John Shackelford has been honored for his outstanding commitment and contributions to collegiate tennis as the 2023 Meritorious Service Award recipient presented by ConantLeadership.

The ITA Meritorious Service Award is given annually in recognition of an ITA coach who has made major contributions and shown commitment to the ITA and college tennis. Shackelford will attend the 2023 ITA Leadership Weekend in New York City, where he will be recognized with other ITA award winners before the start of the 2023 U.S. Open.

"As both the governing body and coaches association for college tennis, the ITA Meritorious Service Award is one of our most important awards," says ITA Chief Executive Officer Dr. Timothy Russell. "John Shackelford exemplified the long-standing combination of commitment to leadership and mentorship both on and off the court with service to our sport, including as the tournament director for ITA National Team Indoor Championships, which are a critical part of our competitive structure.'

The Meritorious Service Award has been presented annually since 2014 and is presented to coaches across all divisions.

During Shackelford's tenure as director of tennis and head men's tennis coach, the men's tennis team won 551 career matches, 12 conference titles, made 16 appearances in the NCAA Tournament, and had four ITA top-10 rankings. Shackelford compiled a career record of 529-276 and holds the title for the most successful men's coach in Sewanee athletics history. He coached 17 All-Americans and 96 All-Conference players in his 32-year career.

"I played my first ITA event on the campus of Wake Forest in the fall of 1982 and was hosting a regional just two years later while coaching at UNC-Asheville. In those early years of playing and coaching, your focus is on being successful and achieving the goals you've set for yourself and your team. As those decades unfold in our lives, there's a natural shift in our focus from success to service. I've treasured the hundreds of relationships my wife, Conchie, and I have built with our fellow coaches, the players I've been honored to work with, and the many programs we've competed against," says Shackelford. "In the end, the pleasure has all been mine, and this generous honor recognizes the efforts of the numerous friends I've served with. Thank you to the ITA, the various committees that support their work, and most importantly to the student-athletes whose competitive and educational experiences are the reason for our work.'

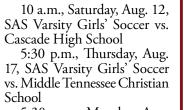
Shackelford was named the 2017 ITA Atlantic South Coach of the Year, two-time Southern Collegiate Conference Men's Tennis Coach of the Year award winner, and Southern Athletic Association Coach of the Year winner.

Shackelford also served the university from 2011 to 2016 as the Special Assistant to the Vice-Chancellor, the Chairman of the Cornerstore Initiative, and lead the ReThink Task Force which examined and reported on student life issues outside of the classroom. He now enters his second season as Director of Athletics.

New to the Mountain?

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5:30 p.m., Monday, Aug. 21, SAS Varsity Volleyball vs. Lincoln County High School 5 p.m., Wednesday, Aug. 23, SAS Varsity volleyball vs. Franklin County High School 5 p.m., Thursday, Aug. 24, SAS Varsity Volleyball vs. Berean Academy

5:30 p.m., Tuesday, Aug. 29, SAS Varsity Girls' Soccer vs. Collegedale Academy 6 p.m., Thursday, Aug. 31, SAS Varsity Volleyball vs. Boyd Christian School

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NATURENOTES by Yolande Gottfried



Spider lilly. Photo by Chris Waldrup

Spider Lillies and Butterflies

Chris Waldrup reported seeing Carolina Spider Lilies with the Huntsville Outdoor Adventures meetup group on the Bradford Creek Greenway in Madison, Alabama last week. "They were everywhere in the woods in a marshy area. Amazing and beautiful." The Flora of Tennessee lists it in the Amaryllis Family while the USDA Plant Database lists it in the Lily Family and calls it the Northern Spiderlily even though its distribution is mainly in the Southeast (but not in Franklin County). Isn't plant taxonomy great?

The Smith-Boeth Monarch Waystation reports the return-(finally!) of some butterflies. They have seen the Eastern Tiger Swallowtail, the Silver-spotted Skipper, the Pearl Crescent, and the Red Admiral. The Red Admiral has appeared in their garden for five straight years, in the same spot at the same time. We also have had a Red Admiral visitor and noted the general absence of butterflies in the garden. Rick and Stephanie speculate that maybe the late hard freeze we had affected pupae overwintering under leaves and in leaf litter and the plants they depend on. Alas, no monarchs have yet appeared at the Waystation. Check out their website <https://www.monteaglemonarchs.com/> for some great photographs.



State Park Offerings

Please note: To confirm that these events will occur as listed go to chttps://tnstateparks.com/parks/events/south-cumberland>, <https://</pre>

tnstateparks.com/parks/events/savage-gulf> or call (931) 924-2980. New Moon Hiking at Stone Door—Savage Gulf State Park, Fri-day, Aug. 18, 8:30 p.m. CDT. Cost, \$10. https://tnstateparks.com/ parks/events/savage-gulf>. (Registration closes at midnight the day before the event. This hike has a maximum of 10 participants. Please **pre-register**). Join Park Ranger Spencer Baxter at Stone Door Ranger Station, 1183 Stone Door Rd., Beersheba Springs, for a 2-mile round trip hike to several overlooks to experience the night sky in beautiful Savage Gulf State Park. Bring your own headlamp, sturdy hiking boots, appropriate clothing for the weather, and the spirit of adventure. (Note: This event will be offered again on Sunday Aug. 27).

Three Forks Lake Shore Hike—Savage Gulf State Park, Sunday, Aug. 20, 8:30 a.m. CDT. Cost, \$5. <https://tnstateparks.com/parks/ events/savage-gulf>. Meet Park Ranger Todd Childress at Stone Door Ranger Station, 1183 Stone Door Rd., Beersheba Springs, for a 3.5-mile morning hike around the secluded Three Forks Lake, the newest addition to Savage Gulf State Park. Bring water, walking shoes and bug spray. Note: Off-trail hiking is only permitted with authorized park staff and should never be done unsupervised.

Explore the Great Stone Door—Savage Gulf State Park, Thursday, Aug. 24, 9 a.m. CDT. Cost, \$5. <https://tnstateparks.com/parks/ events/savage-gulf>. Meet Park Ranger Todd Childress at Stone Door Ranger Station, 1183 Stone Door Rd., Beersheba Springs, for a 2.5-mile moderate guided hike surrounded by beautiful views of Savage Gulf and a unique perspective of the Great Stone Door. Guests should bring ample water and wear hiking appropriate shoes. Note: Off-trail hiking is only permitted with authorized park staff and should never be done alone.

Ravens Point Hike—South Cumberland State Park, Thursday, Aug. 31, 9 a.m. CDT. Cost, \$10. < https://tnstateparks.com/parks/ events/south-cumberland>. (Registration closes at midnight the day before the event. Please pre-register.) Meet Park Ranger Hannah Sheley at Fiery Gizzard North Trailhead, 131 Fiery Gizzard Rd., Tracy City, to go on a moderate (but with significant elevation changes at certain points) out-and-back hike to Ravens Point, passing Blue Hole, Sycamore, and Yellow Pine Falls, and several amazing overlooks. You'll stop at Ravens Point for lunch. Wear sturdy hiking shoes, bring plenty of water and pack a lunch. Hike suitable for ages 13+.

Join the Trail Friends

The Friends of South Cumberland State Parks, in conjunction with the park managers and rangers, have implemented a volunteer program, called Trail Friends, at five popular trailheads in the parks.

Trail Friends are stationed at these trailheads during periods of high visitor traffic to welcome hikers, provide information and answer questions about the trails.

Since implementation, Trail Friends have assisted thousands of park visitors with information about the special attractions in the parks, the range and specifics of what is here, and about critical safe behaviors. Fall Season 2022 marked the beginning of the sixth year of service to the park.

In Savage Gulf State Park, trailheads Trail Friends typically staff include Savage Gulf North (Stone Door) in the Beersheba area; Savage Gulf West (Greeter Falls), near Altamont; Savage Gulf East (Savage Falls). In South Cumberland State Park, Trail Friends typically staff Fiery Gizzard North (Grundy Forest), in Tracy City; and Fiery Gizzard South (Foster Falls), between Tracy City and Jasper.

Volunteers are generally needed from 8 a.m. to 4 p.m. on weekends and holidays, during peak Park visitation periods. Volunteers sign up on the Tennessee State Parks volunteer website (Galaxy Digital) to work at the trailhead of their choice, at times and on days of their choosing. Trail Friends volunteers wear identifying apparel and identification badges; and set out signage at the trailhead so park visitors know that the Trail Friends are there to help.

To learn more about the Trail Friends program, please go to <https:// www.friendsofsouthcumberland.org/how-to-become-a-trail-friend. html>.

Nature Photography Presentation



Sall



Hank

MARC's Mountain **Adoptables**

Sally is so cute. Her foster mom says, "She is the cuddler of the litter. Sally is happy to lie in your lap and watch her siblings play." She and her siblings are around 11 weeks old and busy, playful puppies. She is brown and white with a black face and currently weighs around 20 pounds. Sally will make a wonderful faithful and loving addition to some lucky family.

Hank is a loving kitten just waiting for his forever family to adopt him. He is full of fun and curiosity and will entertain you for hours if you so choose. Hank also likes to be loved on. He is litter trained and has been living inside. Hank is black and around 16 weeks old. Don't wait. Adopt him soon and enjoy all the kitten

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Join Kay and Richard Gross at 9 a.m., Saturday, Aug. 12, at the Tims Ford State Park Nature Center for an exciting, informative, and beautiful Nature Photography slide show and presentation. Gross is a retired Motlow Professor of Biology, Geology, and Photography, with a passion for nature and learning. Some of his photographs have been featured in various magazines throughout the years. Join us for this exciting presentation as we learn about photography techniques and tips. Hope to see you there.

Registration is required online or at Tims Ford Visitors Center the day of the program. The fee and all donations go to support the Nature Center animals and programs. Go to https://tnstateparks.com/parks/ events/tims-ford/#/?park=tims-ford> to register.

DAY	DATE	HI LO	Week's Stats:		
Mon	July 31	86 65	Avg max temp =	82	
Tue	Aug 01	84 61	Avg min temp =	67	
Wed	Aug 02	84 67	Avg temp =	74	
Thu	Aug 03	74 69	Precipitation =	2.48"	
Fri	Aug 04	77 67	-		
Sat	Aug 05	85 68	Reported by Sand	dy Gilliam	
Sun	Aug 06	86 69	Domain Ra	anger	

antics

If you would like to learn more about Sally and Hank, please fill out an Adoption Application on the MARC website <www. marc4change.org> and/or contact Sue Scruggs, cell phone (423) 619-3845. These pets are fostering on the Sewanee-Monteagle Mountain and are easy to meet. All MARC animals ready for adoption are spayed or neutered and up-to-date on their vaccines and preventatives.

MARC - Marion Animal Resource Connection is a 501(c)3 nonprofit animal welfare organization. It is not a shelter and relies on foster homes to save animals. MARC also provides low cost and free spay/neuter procedures for animals and is available for teaching humane care of animals in schools and to community organizations.

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WED	3:00 - 6:00	2:00 - 5:00
THU	3:00 - 6:00	2:00 - 5:00
FRI	3:00 - 6:00	2:00 - 5:00
SAT	8:00 - 4:00	8:00 - 4:00
SUN	CLOSED	CLOSED

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Vacationing in Books

I could never have dreamt that there were such goings-on in the world between the covers of books, such sandstorms and ice blasts of words, such staggering peace, such enormous laughter, such and so many blinding bright lights, splashing all over the pages in a million bits and pieces all of which were words, words, words, and each of which were alive forever in its own delight and glory and oddity and light.

--Dylan Thomas, Notes on the Art of Reading







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Community Calendar

Friday, Aug. 11 by Robin Bates

- 9 a.m. CAC office open, until 11 a.m. 9 a.m. Yin Yoga, Anneli, High Vibes, Country
- Mart, Monteagle, until 10:15 a.m. 10 a.m. You Fit, Betsy, Community Center; and
- at noon; sign up required

Saturday, Aug. 12

- 8 a.m. MMUMC monthly curbside food distribution, 322 W. Main St., Monteagle, until 10 a.m.
- 8 a.m. Chess Club, FC Library, Winchester, until 11 a.m.
- 8 a.m. Sewanee Gardeners' Market, Hawkins Lane, until 10 a.m..
- 9:30 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:45 a.m.
- 9:30 a.m. 'Woven Wind' Clay Workshop, SAS; until 11 a.m.; email Shelley MacLaren, <sjmaclar@sewanee.edu> to participate
- 10 a.m. Back to School Bash, St. James Midway Community Park

Sunday, Aug. 13

- 1 p.m. YouFit, Betsy, Community Center; also at 2:30 p.m.; sign-up required
- 4 p.m. Hatha Yoga, Helen, Community Center
- 5 p.m. Restorative Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until
- 6:15 p.m.

Monday, Aug. 14

- 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m. 4 p.m. Flow Yoga, Anneli, High Vibes, Country
 - Mart, Monteagle, until 5:30 p.m. 4 p.m. Fresh Mess Market, Harton Park, Mon-
- teagle, until 6 p.m. 5:30 p.m. Pilates, intermediate, Bruce, 293 Ball
 - Park Rd. 6 p.m. FC School Board, 215 S. College St.,
 - Winchester
 - 6 p.m. GriefShare Group, Wesley House, 322 W. Main St., Monteagle, until 8 p.m.
 - 6 p.m. Karate, (age 6+), Cimino-Hurt, Legion Hall, until 7:30 p.m.; more info/sign up, <jmhurt@gmail.com> or text (703) 801-4754

Tuesday, Aug. 15

- 8 a.m. GC Food Bank, 114 S. Industrial Park Rd., Coalmont, until 10 a.m.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. Pilates, beginners, Kim, 293 Ball Park Rd.
- 11:30 a.m. Grundy County Rotary, Dutch Maid Bakery, Tracy City
- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 12:30 p.m. Caregivers' Group, Brooks Hall, next door to St. Mark & St. Paul

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4:30 p.m. S. Cumberland Farmers' Market pickup, Community Center, until 5:30 p.m.

5 p.m. Vinyasa Yoga, High Vibes, Country Mart, Monteagle, until 6:15 p.m.

Wednesday, Aug. 16

- 9 9 a.m. CAC office open, until 11 a.m. 9 a.m. Pilates, intermediate, Kim, 293 Ball Park Rd
 - 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.
- 5 p.m. Gentle Yoga, Knees & Hips, (\$15), Camp, High Vibes, Country Mart, Monteagle, until 6 p.m.
- 5:15 p.m. Meditation, High Vibes, Country Mart, Monteagle, until 6:15 p.m.
- 5:30 p.m. Pilates, intermediate, Bruce, 293 Ball Park Rd.
- 5:30 p.m. Hatha Yoga, Helen, Community Center
- 6:30 p.m. Kundalini Yoga/Meditation, Pippa, (\$15) High Vibes, Country Mart, Monteagle

Thursday, Aug. 17

- 8 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 9:15 a.m. 8 a.m. Monteagle-Sewanee Rotary, Sara Figal,
- St. Mary's Sewanee
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Nature Journaling, until 11 a.m.; more info email <mpriestley150@gmail.com>
- 10 a.m. Pilates, beginners, Kim, 293 Ball Park Rd.
- 11 a.m. FC Federated Republican Women, Merle's, 632 David Crockett Hwy., Winchester; meeting follows lunch
- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 1 p.m. Free Hepatitis C Testing, Altamont Community Center, 143 Dickerson St., until 4 p.m.
- 5:30 p.m. Ecstatic Dance, High Vibes, Country Mart, Monteagle, until 6:30 p.m.
 - 6 p.m. Karate, (age 6+), Cimino-Hurt, Legion Hall, until 7:30 p.m.; more info/sign up, <jmhurt@gmail.com>

Friday, Aug. 18

- 9 a.m. CAC office open, until 11 a.m. 9 a.m. Yin Yoga, Anneli, High Vibes, Country
- Mart, Monteagle, until 10:15 a.m. 10 a.m. You Fit, Betsy, Community Center; and

at noon; sign up required

Local 12-Step Meetings

Friday 7 p.m., AA, open, Christ Church, Tracy City Saturday 7 p.m., NA, open, Decherd United Methodist Sunday 6:30 p.m., the Wesley House,



5 p.m. DAV, Winchester Chpt. 71, VFW Building, AEDC Rd., Estill Springs; business meeting after dinner at 5:45 p.m. 5 p.m. Sewanee Utility District board, Utility Office, Sherwood Road

MMUMC

Monday

- 5 p.m., 12-Step Women's Study Group, Brooks Hall, (931) 327-5551
- 7 p.m., AA, open, Christ Church, Tracy City

Tuesday

7 p.m., AA, open, First Baptist, Altamont

7 p.m., AA, open, Trinity Episcopal Church, Winchester

Wednesday

10 a.m., AA, closed, Clifftops, (931) 924-3493 7 p.m., NA, Decherd United Methodist

Thursday

6 p.m., Life's Healing Choice, Grundy County Recovery Alliance, Coalmont

7 p.m., Al-Anon, First UMC, Winchester

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HOURS: Mon-Fri 8 am-4:30 pm | Sat 8 am-noon | Closed Sun