

THE SEWANEE MOUNTAIN

ESSENG

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Sting Blazer participants from Midstate. Left to Right:Colten Waller, Kat Carpenter, Gillian O'Connell, Maddie Van de Ven, Toby Van de Ven.

String Blazers Contribute Music in the Community and Throughout Middle **Tennessee**

The Sewanee based youth string ensemble, String Blazers, has had a very busy fall season. Under the direction of Tammy Hobbs, the group originally formed in 2017 has grown into a multifaceted program that that difference. But Smith stressed, includes players between the ages of 8 and 17. String Blazers performed alongside the younger group String Cheese for the St. Mark and St. Paul Christmas pageant and prior to that alongside the Sewanee Symphony Orchestra. In addition, a quartet of the highest level students has begun life." Smith cited housing, parents' performing in local long term care facilities and churches.

Perhaps most impressively, the group recently sent five students to the many influences on a child. audition for the prestigious midstate orchestra. Those who participated Equally important, today variincluded Toby Van de Ven who played the viola and was selected to ous "mediums for receiving info" perform with the 11-12 grade orchestra. Maddie Van de Ven played the existed alongside books. Smith cello and was selected to perform with the 9-10 orchestra. Kat Carpenter pointed to TicTok, Instagram, played the violin and was selected to perform with the 9-10 midstate and YouTube as tools for helping orchestra and in April will attend the All State Orchestra. Colton Waller students "understand the world." was initially selected as an alternate, but was then able to perform in concert in January. Gillian O'Connell was the youngest participant series "Crash Course Black Ameriand while she was not selected this year to perform, found the process motivating to continue working toward the goal of winning a spot next year. The audition process was rigorous, requiring each student to learn the present. For Smith, one of the asked how "nonblacks" could do and be ready to perform all 12 major scales in three octaves by memory, a selected piece of music, and sightreading. The students then performed in "not sacrificing intellectual rigor their work in front of judges and were selected from many participants at the expense of the legibility and is the conversation when a black in the midstate area. The concerts took place following four rehearsals accessibility" crucial to reaching person is not in the room to say, over the weekend of Jan. 11-13, 2024 in Murfreesboro.

As the director of the String Blazers, Tammy Hobbs is very excited to have such a great showing from the Sewanee area string ensemble. ing into "the trap of defining black sexist comment when there were If you see Tammy or these young musicians please congratulate them on their efforts.

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With the snow and ice this past week, University students went to find the best sledding hill in Sewanee. Photo from the University of the South

Racial Healing in a World of Multiple Realities

by Leslie Lytle, Messenger Staff Writer

taneously," said Clint Smith taking realize, "In a world of so much racial healing. In a virtual conversa- lose my sense of gratitude." A theme tion, Smith responded to questions in his work is "holding multiple from students engaged in Truth, things as true at once ... to take Racial Healing, and Transforma-seriously the indignities inflicted tion work at Mount Holyoke, on blacks ... but not define them Spelman, Sewanee, the Joseph by pain." and Evelyn Lowery Institute for Justice and Human Rights, and the can Studies major and politics Andrew Young Center for Global minor, posed a question about Leadership of Atlanta. Smith's a victim of the Bloody Sunday remarks traveled from plantation weddings, to YouTube, to renaming Confederate monuments, to giving the unpopular answer to ncomfortable questions.

Ph.D. in Education, staff writer name means." What was more imfor The Atlantic, and author of the bestselling "How the Word Is Passed: A Reckoning With the equality or the fact that Pettus was History of Slavery Across America," Smith acknowledged as a black Ku Klux Klan and former Conchild observing the difference in communities, he formed "racist personally found it unthinkable to ideas about [his] own community." Books and art helped him understand history and the why of "focusing on education alone is myopic ... education alone won't singularly change the trajectory of a employment, and income as among making analogies between cir-

can History" mines the truth about black history from 1619 to challenges in recounting history lay accessibility" crucial to reaching those who lack "cultural capital." Another challenge lay in not fall-

"Joy and despair can exist simul- wise, his children have made him question about his formula for beauty and ugliness, I don't want to

Delana Turner, Sewanee Amerimassacre who objected to renaming Edmund Pettus bridge, afraid what the bridge symbolized would be lost to memory. Smith saw the circumstance as "an opportunity to A Harvard graduate with a have a conversation about what the portant? The bridge's symbolic siga Grand Marshall of the Alabama celebrate a wedding on a plantation that was the "site of exploitation," yet he knew blacks who regarded a planation wedding as "reclaiming the space" for their own.

Noting another challenge, Smith cited the importance of being "empirically precise" when cumstances. He gave the example of comparing chattel slavery to the notoriously horrific Angola Prison where 70 percent of the inmates were black men. Failure to be precise resulted in failing to understand "the actual realities." Smith's 50-episode YouTube Being born into slavery was one reality and the school-to-prison pipeline another.

Emma Quirks from Holyoke the work of racial healing. Smith answered with a question: "What thank you'?" He pointed out, for women, it was easier to object to a tion, all good or all bad," Smith won't be rewarded," Smith said. insisted. "The world has multiple His answer: "not always. Being jusrealities." Having children has tice oriented is not a finish line, but made Smith startingly aware of "the unfathomable circumstance" of children elsewhere. But, like-

Call for SCA Board **Nominations**

The Sewanee Civic Association occur at the annual membership working in fundraising and for munitychest@gmail.com>. nonprofits is a plus, but any adult who resides in the area and shares concerns of the community is welcome. The secretary and treasurer positions are open.

The Sewanee Civic Association manages the Sewanee Community Chest and the Sewanee Classifieds, and sponsors projects deemed by the membership to be beneficial to the community.

Nominations are due by Monday, Feb. 12. The slate will be presented at the March 4 mempership meeting. Voting will

invites nominations for the 2024- meeting on May 6. For more in-25 Board of Directors. Experience formation, email at < sewaneecom- us on University Avenue," Benton

Sewanee: **ADA** Compliance, University Avenue Redesign, Snow

by Leslie Lytle, Messenger Staff

At the Jan. 22 Zoom meeting, the Sewanee Community Council learned about plans for increasing ADA compliant parking and the University Avenue redesign being pursued. The council also received an overview of how the campus deals with severe snow and ice conditions and University plans for future preparedness.

Asked to speak on ADA accessible parking, especially for access to All Saint's Chapel, ADA Director Matt Brown said restoring some ADA accessible parking on University Avenue was under consideration. Brown explained renovation of the Wellness Complex resulted in five of six parking spaces on University Avenue being moved to the rear of the building. "We realized we had an issue when an employee broke her foot and couldn't get to the building,"

Elaborating, Acting Provost Scott Wilson said he had been in conversation with a civil engineer about reconfiguring the bike lanes and adding three or four ADA compliant parking spaces between the Wellness Complex and the Chapel to facilitate accessibility to those locations as well as to Mc-Clurg Dining Hall. The University Avenue "redesign" would need to be approved first by the Franklin County Road Commission then the Franklin County Commission. Wilson hoped for progress by the fall.

Brown encouraged community members to report barriers to page (ADA Report A Barrier). He stressed configuring ADA parking needed to take into consideration both the distance to the destination and number of spots.

Robert Benton, Assistant Vice President for Facilities Management, provided an overview of snow removal practices and the impact of the recent severe storm. "The state typically takes care of the highway from the interstate to the hospital, and then they try to help

(Continued on page 6)

P.O. Box 296 Sewanee, TN 37375

Voter Registration Information

Tuesday, March 5, 2024 Presidential Preference Primary and County Primary; Voter Registration Deadline: Monday, Feb. 5, 2024.

Thursday, Aug. 1, 2024 State/Federal Primary and County General Election; Voter Registration Deadline: Tuesday, July 2, 2024.

Tuesday, Nov. 5, 2024 State/Federal General Election; Voter Registration Deadline: Monday, Oct. 7, 2024.

For more information, go to Franklin County http://franklincotn. us>, phone (931) 967-1893. In Grundy County http://grundycountytn. net>, phone (931) 692-3551. In Marion County <www.marionvotes. com>, phone (423) 942-2108.

Contact information for election offices, samples ballots and more can also be found at https://sos.tn.gov/elections>.

Tennesseans voting should remember to bring valid state or federal photo identification with them to the polls. For information about what types of ID are acceptable, visit <GoVoteTN.com> or call (877)

Voters can also download the GoVoteTN app. Voters can find early voting and Election Day polling locations, view sample ballots, see names of elected officials and districts, as well as access online election results through the application. Go to <GoVoteTN.com>.

Women's Book Study

The Sewanee Women's 12-Step Study Group will be conducting a book study based on the book, "Breathing Under Water" by Richard Rohr. This book connects the gospel and the 12 steps of recovery to bring transformation from our addictive and destructive patterns in daily life, thus bringing healing to ourselves and our world. Father Rohr is an internationally respected spiritual author and lecturer.

The on-going group will be meeting via Zoom on Mondays from 5-6 p.m. starting Jan. 29. For questions and Zoom access please call (931) 327-5551. There is no charge other than purchase of the book. All women in the community are invited to attend.



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University Job Opportunities

Exempt Positions: Advancement Officer, University Relations: Assistant Dean of Residential Life, Residential Life; Assistant Director of Operations, Residential Life, Student Success; Assistant Director, Sewanee Fund, University Relations, Sewanee Fund; Assistant/Associate Director for Student Programs, Student Services; Associate Men's and Women's Tennis Coach, Athletics; Content & Communications Strategist, M&C for Admission & Financial Aid, M&C; Energy Specialist, Facilities Management; Equity, Equal Opportunity, and Title IX Coordinator, Diversity, Equity, and Inclusion; Financial Aid Counselor/Senior Financial Aid Counselor, Financial Aid; Lay Chaplain, All Saints' Chapel.

Non-Exempt Positions: Catering Team Lead, Sewanee Catering; Childcare Provider, University Child Care Center; Domain Recreation Post-Baccalaureate Fellow, OESS; Equestrian and Farm Hand, Sewanee Equestrian Center; GIS and Database Technician, Facilities Management; Golf Shop Assistant, (Part-Time) Business Services, Golf Course; Golf Course Greenskeeper (10-Month Position), Grounds and Landscaping; On-Call Catering Attendant, Sewanee Dining;



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Police Officer (Full-Time), Sewanee Police Department; Second Cook, Sewanee Dining; Sewanee Dining Associate, Sewanee Dining; Tiger Bay Pub, Sewanee Dining Associate, Sewanee Dining; Technology Access and Support Technician, LITS, Technology and Access Support; University Choir Recruitment Coordinator, All Saints' Chapel.

For more information call (931) 598-1381. Apply at https:// jobs.sewanee.edu>.

Marion County Hazard Mitigation Plan Survey

Marion County EMA is updating the Marion County Hazard Mitigation Plan. Your feedback on this survey https://www.surveymonkey. com/r/MarionEMA24> will help ensure our plan revision reflects the citizens' needs. The purpose of the Hazard Mitigation Plan is to identify hazards that could affect our county and develop plans and strategies to protect our citizens during these emergencies.

Thank you for taking time to complete our short survey. The Marion County Emergency Management Agency will be hosting public meetings in February 2024 to review and update our plan. If you would like information regarding the dates of public meetings, please go to the Marion County EMA website at <www.tnmcema.org>. To take the survey online, please use the Link below. If you have further questions or would like more information, please contact Steve Lamb, Marion County EMA, <slamb@marioncountyn.net>, phone (423) 605-1288.

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Blaze Cassidy Barry Brandon Brawley Justin Brawley James Gregory Cowan Mark Gallagher Nathaniel P. Gallagher Peter Green Zachary Green Jackson B. Guenther Steven Tyler Jeffery Gabriel Lloyd Waylon Case McBee Wiley Colton McBee Bailey Jackson McLean Andrew Midgett Jose D. Ramirez III Troy (Nick) Sepulveda Źachary Sherrill Allison Tucker Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Shirley M. Lawson at <slawson@sewanee.edu>.

Russell L. Leonard

ATTORNEY AT LAW

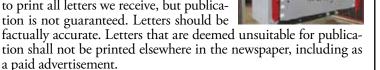
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Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters

need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines. We strive to print all letters we receive, but publica-



Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, leave it at our office, 418 St. Mary's Ln., or send your email to <news@sewaneemessenger.com>. — KB

MESSENGER INFORMATION

Phone: (931) 598-9949

Display Advertising Deadline: Monday, 5 p.m. <ads@sewaneemessenger.com>

News and Calendar

Deadline: Tuesday, 5 p.m. Kiki Beavers <news@sewaneemessenger. com>

Classified Advertising

Deadline: Wednesday, noon April Minkler <classifieds@sewanee messenger.com>

MESSENGER HOURS

Monday, Tuesday and Wednesday 9 a.m. to 4 p.m. Thursday — Production Day Closed Friday — Circulation Day Closed

Upcoming Meetings

Marion County Commission

The Marion County Commission will meet at 6 p.m., Monday, Jan. 29, at the Lawson Building, 300 Ridley Ave., Jasper.

Sewanee Utility District

The Sewanee Utility District of Franklin and Marion Counties Board of Commissioners is scheduled to meet at 5 p.m., Tuesday, Jan. 30, at the utility office on Sherwood Road. If a customer is unable to attend but wishes to bring a matter to the board, call (931) 598-5611, visit the Franklin Country Club, office, or call a board member. The board members are Doug Cameron, Johnny Hughes, Donnie McBee, Charlie Smith, and Clay Yeatman. will bring us a fascinating program titled "Women in the Spirit Voting continues for the SUD Board of Commissioners until 4 p.m., Tuesday, Jan. 30.

EQB Club

Members of the EQB Club will gather at 11:30 a.m., Wednesday, Jan. 31, at St. Mary's Sewanee. Lunch will be served at 11:50 a.m. At about 12:25 p.m., we will have the pleasure of the Lead on "Growing Fungi with Midway Mushrooms" by Pledger Schaefer. Interested non-members are welcome to arrive at 12:25 p.m. and sit in on the presentation.

Monteagle-Sewanee Rotary Club

The Monteagle-Sewanee Rotary Club will meet at 8 a.m., Thursday, Feb. 1, at St. Mary's Sewanee. The presentation will be given by Fulbright Scholar in History, Dr. Arden Chao who will discuss "Election in Taiwan, Skepticism Toward the U.S., and the Strategy of Communist China."

Monteagle Planning Commission

There will be a Special Called Workshop of the Monteagle Planning mountain and the surrounding Commission at 4 p.m., Tuesday, Feb. 6, 2024, in the Monteagle Town Hall. The purpose of this special called workshop is to go over the agenda for the subsequent Planning Commission meeting.

Strategic Planning at the University

participate in the coming months. Convocation Hall.

The University is organizing its three pillars:

Mind: A Renewed Curriculum for the 21st Century

Heart: Preparing Students for Citizenship, Leadership and Lives of Meaning and Significance

tory, Recreation Site, Sanctuary

As part of the information gathering process, the strategic planning

Scott Wilson, acting provost, ticipate in open town hall meetings. announced an update on the stra- The open town hall sessions will be tegic planning process, which will at the following dates and times: at provide a number of opportunities 7 p.m., Tuesday, Feb. 13, and at 10 for our various constituents to a.m., Wednesday, Feb. 21, both in

These meetings are an imporstrategic plan around the following tant opportunity for you to par- Feb. 2, at the Winchester Livery, ticipate in planning the direction 122 N. Jefferson St., Winchester, of the University's development, to learn about prevention and and your engagement with this treatment of heart disease from process in encouraged. The University has contracted Dr. Dawn at STRHS-Winchester/Sewanee. Wiese, former vice president for A free breakfast will be provided as Place: The Domain as Labora- student affairs at Washington and well as a fasting glucose and lipid Lee, as a consultant to facilitate panel. Please arrive at 7 a.m. for the these conversations. Wiese is both lab panel. The program will begin knowledgeable about Sewanee and at 8 a.m. liberal arts colleges, and she has committee is inviting all members assisted a variety of organizations Seating is limited: <southerntnwinof the Sewanee community to par- with strategic planning processes.

SWC to Meet Feb. 12

After a long break the Sewanee Woman's Club will gather at St. Mary's Sewanee on Monday, Feb. 12, to catch up on family news, Christmas experiences, and holiday trips. The social hour after such a long break will be joyful.

Julie Cobb, manager of the Industry." The spirit industry has long been an integral part of the economy of Tennessee with the growing number of distilleries in our area. Women are taking an increasingly important role in all aspects of spirit production. Cobb may bring samples of our famous Tennessee spirits.

Members will gather at 11:30 a.m. at St Mary's for social time followed by lunch at 11:50 a.m. The cost of the lunch is \$20, and the cost of membership is a bargain at just \$10. Sewanee Woman's Club is open to all ladies to come socialize and pick up new ideas with your friends and neighbors from the

Please make reservations by noon, Sunday, Feb. 4, to Michele Freeman at: <mfree4691@icloud. com> or by phone (931) 636-1904.

Go Red for Women **Breakfast**

Join STRHS for a Go Red for Women breakfast on Friday, providers and department leaders

Please use the link to register. chester.com/event/122>.

Black History Month Presentation

To observe Black History Month, the Feb. 6 program at the South Pittsburg Historic Preservation Society meeting will be on William Augustus "Gus" Hyatt (1900-1988). David Head will talk about the South Pittsburg man who at age 14 went to work and became a master molder and pattern maker at Lodge Cast Iron. The Society meets at 6 p.m., Tuesday, Feb. 6 CST, in the Community Room of the Sequatchie Valley Electric Cooperative, Cedar Ave and 6th Street, South Pittsburg. All are invited. Free admission.

Local Food Available

The South Cumberland Farmer's Market has breads, fruits, vegetables, eggs, coffee, meats and more available. Ordering takes place each week online from Friday at 9 p.m. to Monday at 10 a.m. Curbside pickup is on Tuesdays, 4:30-6 p.m., at the Sewanee Community Center. To order go to https://southcumberlandfarmersmarket.com>.

Support local. Shop local.











Church News

All Saints' Chapel

On Sunday, All Saints' Chapel will gather for worship during the academic year at 8 a.m., Holy Eucharist, Rite 1 and at 11 a.m., Holy Eucharist, Rite 2. The 6:30 p.m. service is Growing in Grace, an informal, student-led service.

Christ Church

"Then three Sundays to prepare for the time of Fast and Prayer" so goes a hymn which has been used to teach the liturgical Christian year. This year Epiphany was very short, far too short for those of us who love it. Ash Wednesday will fall on Valentine's Day which is a bit of a challenge. So Christ Church will outline some possibilities on this Sunday at the 10:45 a.m. as well as touching on The Conversion of St.Paul, which falls on Jan. 25.

The service is Holy Communion with hymns designed to be helpful as well as singable. "How Paul was changed and why Anthony Hopkins said, "Playing Paul was harder than playing Hannibal Lecter." theme. You are invited.

Morton Memorial UMC

Morton Memorial UMC will celebrate discipleship with a children's message about steps we take, literally and figuratively. The sermon is titled "A Step" with some information about John Wesley, the Anglican priest who started "Methodism" as a means toward being a follower of Christ.

An opportunity to be anointed with oil will be offered during worship with prayers for healing.

There are several readings suggested by the Common Lectionary 13, we are warned about challenges are welcome.

that knowledge can pose, especially when we forget others may not be where we are in our faith journey. Another is Psalm 111. In it, we're told that the fear of the Lord is the beginning of wisdom, and that means being in awe for where we fit in His creation.

Morton offers two adult discussion groups each Sunday at 9:30 a.m. This month, we began a new group on Sunday mornings led by John Hille. It will use "Peter, Paul, and Mary (Magdalene)," a book by historian Bart Ehrman, that explores how gospels and letters tell how these three shaped the early church. This group meets in the Wesley House, which is between the church and CVS. Bob Askew leads a second, ongoing group that meets in the education wing of the church and discusses the scripture readings scheduled in the common lectionary. Visitors to both groups are welcome, and no book has to be purchased.

Come for the music, the prayers and the celebration of worship of God this and every Sunday. of where they may be in their faith

St. James Episcopal

St. James, located at 898 Midway Rd., is a thriving, growing, and warmly welcoming church. Our weekly service is on Sundays at 9 a.m. followed by a time for fellowship. These services are also live streamed on our Facebook page.

From 9:30-10:30 a.m., Saturday, Jan. 27, there will be a Men's Breakfast. To let us know you're coming, please email <vicar@ stjamessewanee.org>.

There will be a Potluck Supper for this week. In 1 Corinthians 8:1- at 6 p.m., Wednesday, Feb. 7. All

Obituaries

Kanchanben Motichand Malde

Kanchanben Motichand Malde, age 85 of Sewanee, died on Jan. 16, 2024. She was born on March 7, 1939, in Nairobi, Kenya, to Nathoo Ladhu and Muriben Shah. Together with her late husband Moti, Kanchan co-founded The Malde Camera Company in Arusha, Tanzania, turning it into a respected name in the film industry, working with giants such as Universal Studios and Paramount Pictures. Kanchan and Moti worked with and befriended icons such as John Wayne and Howard Hawks, as well as Prince Bernhard of the Netherlands, who at the time was chairman of the World Wildlife Fund. After more than 30 years in the U.K., Kanchan and Moti moved to Sewanee, to be near their beloved grandsons. The Sewanee community welcomed them with open arms, and Kanchan continued to make new friends and cook wonderful meals with them right up to the end of her life. She was preceded in death by her parents and husband.

She is survived by her sons, Bharat, Pradip, and Mayur; daughters- Decherd United Methodist Church in-law Angelika, Rachel, and Stacey; two grandsons Luca and Kiran, and her cherished cat, Ming.

In lieu of flowers, friends and family are invited to make a donation in Kanchan's honor to the charity of their choice, or to Animal Harbor in Winchester, Tenn., https://www.animalharbor.org/. If flowers are preferred, a florist option is Taylor's Mercantile in Sewanee, https:// taylorsmercantile.com/>. For complete obituary go to <www.cumberlandfuneralhome.net>.

Danny Lynn McDonald

Danny Lynn McDonald, age 81 of Decherd, died on Jan. 2, 2024 at Alive Hospice Hospital, Nashville. He was born on Sept. 4, 1942, in Sewanee, to Fess and Hallie Austin McDonald. After graduating from Franklin County High School, he attended radio school in Atlanta, Ga., and was a radio announcer for both WCDT and WZYX for two decades. After leaving radio, he spent 21 years with Cowan Stone Company and retired from MTEK as Safety Director, after which he worked part time at Walmart and as a substitute aide at Franklin County High School. He was preceded in death by his parents; and sister, Barbara Lee McDonald Denney.

He is survived by his wife of 61 years, Nancy Keese McDonald; daughter, Danna (Darren) Cox, two grandsons, and many extended family members.

Funeral Services were on Jan. 6, 2024 from the Chapel of Moore-Cortner Funeral Home with The Rev. Dr. Michael Clark officiating. Interment followed in Cowan Montgomery Cemetery. The family is especially grateful to Dr. Tiffany Hines, Charter of Franklin Assisted
Living, and Alive Hospice of Nashville for their loving care, and in lieu
of flowers, requests memorial donations to St. Jude Children's Research

Marble Plains Baptist Church, Winchester Hospital or a hospice of your choice. For complete obituary go to < www. moorecortner.com>

St. Mark and St. Paul

The 8:30 a.m. Sunday Holy Eucharist is in the church. The 11 a.m. service will be livestreamed on our Facebook page and remains available there afterward.

Nursery services: Infants and toddlers through three year olds are invited to gather on the playground on Sunday mornings from 8:30 to noon. The nursery will be held at the playground of St. Mark and St. Paul, or in the child care classroom at the lower level of Claiborne Hall.

Sunday School at 9:45 a.m.: Godly Play is a Montessori based approach to Christian formation for children, age 3 through entering fourth grade. Godly Play meets in classrooms in the parish hall and on the playground. Youth Sunday School (grades 5-12) meets in Brooks Hall.

The Bells of Sewanee" will be the subject of The Rev. Dr. Raymond Gotko's Sunday Forum talk this Sunday at St. Mark and

St. Paul. The talk will be in Kennerly Hall from 9:45-10:45 a.m. Accompanying the talk will be a slide show addressing the history and the function of the bells of Sewanee, together with a brief look at bell ringing in the United Kingdom and the Low Countries.

Rev. Gotko is the current carillonneur at the college and principal instructor in bell ringing in Breslin Tower. He is a retired Episcopal priest and former tenured professor of music at the University of Georgia.

Lenten Soup Series: "Green Gospel: Foundations of Ecotheology" Wednesdays, Feb 21-Mar 20 beginning at 5:30 p.m., we will share a simple meal and talk about Dr. John Gatta's new book "Green Gospel: Foundations of Ecotheology," with the author facilitating discussion. The book comes out March 5; we have a PDF copy to share with those who pre-order from Amazon.

CAC Pantry Sunday

Pantry Sunday for the Community Action Committee (CAC) is scheduled for the first Sunday of the month. All are welcome to contribute. Please bring your food offerings to the Parish of St. Mark and St. Paul for collection or deliver directly to the CAC located at 216 University Ave., Sewanee.

The typical bag of groceries includes beans, pasta, macaroni and cheese, peanut butter, vegetables, fruit, and soup.

The CAC is an outreach ministry of the Parish of St. Mark and St. Paul, with generous support from the Sewanee Community Chest, other organizations and individuals across the Mountain. For more than 50 years, the CAC has provided food, financial assistance, and educational support for persons in the greater Sewanee community. For more information contact the CAC at (931) 598-5927.

Church Calendar

This may well be a PreLenten Morton welcomes all, regardless Abundant Life Assembly of God, Cowan 10:30 a.m. Worship, Sunday All Saints' Chapel

8 a.m. Holy Eucharist, Sunday 11 a.m. Holy Eucharist, Sunday Bible Baptist Church, Monteagle

10 a.m. Worship Service, Sunday 5:30 p.m. Evening Service, Sunday 5:30 p.m. Evening Worship, Wednesday Calvary Baptist Church, Winchester

10 a.m. Sunday School

11 a.m. Worship Service, Sunday 4 p.m. Evening Worship, Sunday 7 p.m. Prayer Meeting, Wednesday Chapman Chapel Church of the

Nazarene, Pelham

9:30 a.m. Sunday School, Sunday 10:45 a.m. Morning Worship, Sunday 6 p.m. Evening Worship, Sunday 7 p.m. Bible study, Wednesday

Christ Church Monteagle 10:45 a.m. Holy Communion, Sunday

Christ Church, Tracy City (STEM) 10 a.m. Bible Study, Sunday

11 a.m. Holy Eucharist, Sunday Christ the King Anglican Church, Decherd 9 a.m. Sunday Service, Sunday

6:30 p.m. Healing/prayer service City Light Church, Monteagle 0:45 a.m. Worship Service, Sunday Cowan Fellowship Church

11 a.m. Worship Service, Sunday Cumberland Presbyterian Church, Cowan 11 a.m. Worship, Sunday Cumberland Presbyterian Church, Monteagle

9:45 a.m. Sunday School, Sunday 11 a.m. Worship Service, Sunday Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service, Sunday 10 a.m. Sunday School, Sunday Decherd Presbyterian Church

11 a.m. Worship (Sunday) 9:45 a.m. Sunday School, Sunday 10:50 a.m. Worship Service, Sunday

Epiphany Mission, Sherwood (ST 10 a.m. Holy Eucharist Rite II, Sunday First Baptist Church, Cowan

9:15 a.m. Sunday School, Sunday 10:25 a.m. Worship, Sunday First Church of the Nazarene, Cowan

11 a.m. Worship Service, Sunday Good Shepherd Catholic Church, Decherd 5 p.m. Mass, Saturday 10:30 a.m. Mass, Sunday

12:30 p.m. Spanish Mass, Sunday Goshen C. P. Church, Winchester 11 a.m. Worship Service, Sunday Grace Fellowship Church

0:30 a.m. Sunday School/Worship Service Harrison Chapel Methodist Church, Midway 10 a.m. Sunday School

11 a.m. Sunday Morning Service 5 p.m. Sunday Evening Service Highpointe Apostolic Church, Monteagle 10 a.m. Sunday School, Sunday

11 a.m. Worship, Sunday 7 p.m. Worship, Wednesday Hobbs Hill Community Church, Tracy City

10 a.m. Sunday School, Sunday 11 a.m. Morning Service, Sunday

9:30 a.m. Sunday School, Sunday 10:30 a.m. Morning Service, Sunday 5 p.m. Evening Service, Sunday 6 p.m. Mid-week Service, Wednesday

Midway Baptist Church 9:45 a.m. Sunday School, Sunday

10:45 a.m. Morning Service, Sunday 6 p.m. Evening Service, Sunday 6 p.m. Bible Study, Wednesday Midway Church of Christ

10 a.m. Bible Study, Sunday 11 a.m. Morning Service, Sunday 6 p.m. Evening Service, Sunday

Monteagle Church of Christ 11 a.m. Morning Service, Sunday 6 p.m. Bible Study, Wednesday

Monteagle First Baptist Church

11 a.m. Worship Service, Sunday 6 p.m. Bible Study, Wednesday Monteagle Seventh-day Adventist Church

10 a.m. Bible Study, Saturday 11 a.m. Worship, Saturday 7 p.m. Prayer and Study, Tuesday Morton Memorial United Methodist, Mon-

teagle

service available online after noon Sunday, link is at https://www.mortonmemorialumc.com on FB

10 a.m. Sunday School, until 10:45 a.m. 11 a.m. Worship Service, Sunday

Mountain of God Tabernacle, Monteagle online worship services. Call (931) 924-5339 or go to https://www.tdworldministries.org

11 a.m. Worship Service, Sunday 6 p.m. Prayer Service, Wednesday New Creations Ministries, Rayburn Chapel

4 p.m. Prayer Meeting, Sunday New Hope Church of God in Christ, Cowan

11 a.m. Sunday Service, Sunday 6 p.m. Sunday Service, Sunday **Pelham United Methodist Church** 9:45 a.m. Sunday School, Sunday

11 a.m. Worship Service, Sunday St. Agnes' Episcopal Church, Cowan 11 a.m. Holy Eucharist, Sunday

St. James-Midway Episcopal Church 9 a.m. Holy Eucharist Rite II, (and Facebook livestream), Sunday

St. Margaret Mary Catholic Church, Alto 8 a.m. Mass, Sunday

St. Mark & St. Paul 8:30 a.m. Nursery, basement of Kennerly Hall (Sewanee Children's Center), Sunday

8:30 a.m. Holy Eucharist, indoors, livestream Facebook, YouTube later, Sunday 9:45 a.m. Godly Play, Sunday

9:45 a.m. Youth Sunday School, Brooks Hall 9:45 a.m. Sunday Forum, Kennerly Hall

11 a.m. Holy Éucharist, Sunday St. Mary's Sewanee Retreat Center 3:45 p.m. Centering Support Group, Thursday Sewanee Church of God

10 a.m. Worship Service, Sunday Sisters of St. Mary Convent Chapel

7 a.m. Morning Prayer, Tuesday–Friday 7:30 a.m. Morning Prayer, Saturday 8 a.m. Holy Eucharist, Sunday

Tracy City First Baptist Church 10:45 a.m. Morning Worship, Sunday Trinity Episcopal Church, Winchester (STEM) 10:30 a.m. Holy Eucharist, Sunday

12:30 p.m. Noonday Prayer and Lectionary Bible Study, Tuesday, <tec213@bellsouth.net> Unitarian Universalist Church, Tullahoma

10 a.m. Service, Sunday 6 p.m. Tullahoma Sangha, Wednesday Valley Home Community Church, Pelham 10 a m. Sunday School 11 a.m. Morning Service, Sunday

SCCF Announces 2023 Philanthropy Internship Grants

of the Philanthropy Internship Program with public acknowledgement of \$30,000 in grant funding totaling over \$210,000, with the of the year.

The Philanthropy Internship Program is a partnership between the SCCF and the University of the South, where the source of the grants is two endowments at the the program comprise the grants committee. The program is a two-semester course at the University, where students learn broadly about the program helped them better those lessons to their own grantis the instructor for the program. and agency to address these is- program by increasing the number In addition, local philanthropy sues through an equitable and of feral cats that can be trapped. leaders contribute their time in collaborative philanthropic lens. The pet crates will enable MARC guest lectures.

erine Belser, C'25 and Emma them." Grace Hendrickson, C'25. "The philanthropy interns really took seriously their roles as grants com- terFi will add an online borrower's mittee members," said Goforth. "They carefully reviewed the 11 grant applications submitted and researched each grant applicant's organization to better understand the organization, its mission and proposed project."

Students gain practical experience in the work of philanthropic foundations. They shadow the the Easter semester. They then act electronically will be beneficial for be inaccessible. as their own mini-foundation in clients after they repay their Betthe Advent semester, conducting terFi loan and move to community their own grants making process and awarding money to advance the impactful work of local nonprofit organizations on the South Cumberland Plateau.

Since 2016, the program has invested over \$200,000 in funding to approximately 30 area nonprofit and government agencies.

Goforth was pleased with the work of the interns beyond the thoughtful grant assessment process they conducted, including developing a brochure for grant applicants on interview tips and providing recommendations to the Community Fund on how to develop more inclusive grantmaking.

At the grant awards ceremony, the philanthropy interns awarded a total of \$30,000 in funds to BetterFi, Folks at Home, Grundy County Food Bank, Housing Sewanee, Marion Animal Resource Connection, Monteagle Elementary School, Mountain Goat Trail Alliance, Mountain T.O.P. and Town of Tracy City.

A highlight of the grant awards ceremony each year is the keynote address given by a philanthropic leader. This year's keynote was

given by Linsley Kinkade, senior and this lending library, with readnity Fund (SCCF) finished out its U.S. programs director for Win- ings from Harvard Health, will in 2022 alone, and providing \$5 2023 grantmaking at a celebration rock International. Winrock is help improve the wellness of the million in economic benefit, proa global nonprofit organization members of Folks at Home. headquartered in Little Rock, Ark., whose mission is to "empower the to local nonprofit organizations disadvantaged, increase economic funding from this grant will allow Community Fund made grants about/>. The philanthropy interns for the building. In doing so, this Philanthropy Internship Program Kinkade to discuss her philanown. Said Emma Grace Hendrickson, "Ms. Kinkade's emphasis on the importance of supporting the their vision for the project greatly grant applicants was passion first

> For the philanthropy interns, community, including systems and

and foremost.

Grant recipients BetterFi: \$1,680 project—Betportal to their new loan platform to allow borrowers the opportunity to independently keep track of their banking portals.

candlerpiano.com

\$5,000 of a \$6,791 project—The communities. works diligently to serve roughly 156 households per month.

wanee is currently on track to build of the third homes in the organiza-tion's innovative Sherwood Springs additional funding for the project. development.

Adri Silva reflected, "Through the to place additional dogs into foster This year's philanthropy in-terns included Lily Brady, C'24, I have learned that philanthropy committee recognized that helping Kendall Buck, C'24, Adri Silva, is less about giving to people and to control the cat and dog popula-C'24, Delana Turner, C'24, Cath- more about serving alongside tion and securing homes for feral cats and abandoned dogs contributes to the health, financial stability and quality of life for people on the

plateau. Monteagle Elementary School: \$3,123.00 of a \$4,678.00 project— Capitalizing on the strengths of the BetterFi loan data, see the current highly rural community's access amount owed on their loan, make to land for hunting and fishing, payments, and view an updated Monteagle Elementary School will impact, and its capacity to be amortization schedule. Adding an implement an archery education successful in implementing its online borrowing portal will also program to encourage physical build financial autonomy for the education for a wide student popuclients, but most importantly build lation. The low impact sport is an dignity as credit information can upstream approach that is positive be privately accessed without the and inclusive for children of all South Cumberland Community need to talk to an employee. This levels and serves as a gateway to Fund's grants committee during ability to access loan information scholarships that would otherwise

> Mountain Goat Trail Alliance: \$3,009 of a \$6128 project—The banks and credit unions as they will funding from this grant will allow already have familiarity with online the Mountain Goat Trail Alliance to install cameras along the Moun-Folks at Home: \$561 project— tain Goat Trail in Tracy City and Folks at Home will implement a Monteagle. In doing so, the trail lending library that will provide alliance will be able to document readings on a variety of preventive the trespassing and vandalism that health topics. Folks at Home sup- discourages residents and visitors ports its members through home from using the trail. Connecting and health support for its members, communities through 12 miles

of trail, attracting 60,000 people tecting the Mountain Goat Trail Grundy County Food Bank: is protecting the surrounding

Mountain T.O.P.: \$5,000 of and government agencies. Through opportunity and sustain natural the Grundy County Food Bank an \$81,000 project—Mountain four grant rounds in 2023, the resources." https://winrock.org/ to purchase stainless steel tables T.O.P. is collaborating with the Grundy County High School had the opportunity to meet with will create a sanitary environment residential and commercial confor the distribution of groceries. struction program to build a onerepresenting the final grant round thropic journey and share their The Grundy County Food bank bedroom house for a housing insecure person in Grundy County. The home will be sold to the home Housing Sewanee: \$5,000 of buyer at a low interest rate, and the people behind a mission and seeing a \$47,000 project—Housing Se-proceeds will pay for the materials cost for the next home. The initiaspoke to me, because what I was its 20th home since 1993, and this tive has garnered the interest of University, and where students in looking for when talking with the grant will support the construction Tennessee College of Applied Technology, and they are now providing

Town of Tracy City: \$5,000 of MARC (Marion Animal Res- a \$6,350 project—Tracy City plans philanthropy in America and apply understand the broader Plateau cue Connection): \$1,627—The to purchase and install sunshades funds will be used to purchase live in Roundhouse Park. The shades making. Katie Goforth, director structures of power and privilege traps and pet crates. The traps will will be placed over the play area of community development for that create inequity and deficits, allow the expansion of MARC's and playground equipment in both the Fund and the University, and develop their own abilities successful feral cat spay/neuter order to keep direct sunlight off the children.

Established in 2012, South Cumberland Community Fund works to improve the quality of life across the Plateau by increasing philanthropy and supporting leadership of the area's communities, schools, and nonprofit organizations. Since its founding, the community fund has reinvested nearly \$2 million in projects that benefit the Plateau.

America's **Real Sister Act Lecture**

For most people, Whoopi Goldberg's performance as Sister Mary Clarence in the "Sister Act" film franchise is the dominant interpretation of an African American nun and the desegregation of white Catholic sisterhood in the United States. In her lecture titled, "America's Real Sister Act: Excavating the Hidden History of Black Catholic Nuns in the United States," Shannen Williams will explore the story of how generations of Black women and girls called to the sacred vows of poverty, chastity, and obedience fought against racism, sexism, and exclusion. In so doing, she will turn attention to women's religious life as a stronghold of white supremacy and racial segregation, and thus an important battleground in the long African American freedom

Join us at 6 p.m., Thursday, Feb. 1, in Convocation Hall. This event is free and open to the public. For more information visit: <theology. sewanee.edu/williams>.

Williams is associate professor of history at the University of Dayton. Williams is the author of 'Subversive Habits: Black Catholic Nuns in the Long African American Freedom Struggle," which was published by Duke University Press in May 2022.

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Council (continued from page 1)

said. "The counties try to help us less than sidewalks and slowed the best they can, but the counties traffic flow without negatively treme nature of the storm. Midway through the week Grundy County said, 'we can't help anymore.' We learned a lot." Equipment purchased in 1992 was nearing the end of its useful life, according to

A resident suggested reaching out to community partners and asking the sand plant to supply sand to improve traction. Benton explained sand would clog the sewer drains creating a future prob-lem. Wilson said the University Emergency Management Team planned to meet to strategize "how to better position ourselves for the next storm."

Reporting on the Traffic Safety Committee formed several months ago, council member Michael Payne stressed the importance of establishing criteria to evaluate traffic flow, citing the impact on bikes, pedestrians, and cars; the volume and speed of traffic; and whether tentatively 9 a.m. at the Mountain or not there were sidewalks. The Goat Trailhead. committee had discussed the benefits of "speed humps" which cost 25.

were overwhelmed due to the ex- impacting the speed of emergency vehicles. Franklin County Road Commissioner Johnny Hughes had questioned if speed humps would impede snow removal. Payne suggested Sewanee might consider a "test case" with speed humps on Benton, and purchasing deicing a few streets and having a profes-equipment was being considered. a few streets and having a profes-sional analyze Sewanee's traffic sional analyze Sewanee's traffic safety. Superintendent of Leases and Community Relations Sallie Green said a small amount of funding might be available from the Community Service budget.

The council appointed Payne to serve on the Agenda Committee, replacing John Solomon whose term ended. The committee reviews potential agenda items submitted for the council's consideration to determine if the topic is one the council should address or if the subject should be referred to another entity.

The annual community trash pick-up is scheduled for Saturday, April 27, with the starting time

The council meets next March

American Pickers to Film in Tennessee

The American Pickers are excited to return to Tennessee. They plan o film episodes of The History Channel hit television series throughout our area in March 2024.

American Pickers is a documentary series that explores the fascinating world of antique "picking" on The History Channel. The hit show follows skilled pickers in the business, as they hunt for America's most valuable antiques.

They are always excited to find historically significant or rare items, n addition to unforgettable Characters and their collections.

As they hit the back roads from coast to coast, the Pickers are on a mission to recycle and rescue forgotten relics. Along the way, they want to meet characters with amazing stories and fun items. They hope to give historically significant objects a new lease on life while learning a thing or two about America's past along the way. The Pickers have seen a lot of rusty gold over the years and are always looking to discover something they've never seen before. They are ready to find extraordinary items and hear fascinating tales about them.

The American Pickers TV Show is looking for leads and would love to explore your hidden treasure. If you or someone you know has a unique item, story to tell, and is ready to sell...we would love to hear from you! Please note, the Pickers do not pick stores, flea markets, malls, auction businesses, museums, or anything open to the public. If interested, please send us your name, phone number, location, and description of the collection with photos to <americanpickers@cineflix.com> or call (646) 493-2184, facebook: @GotAPick.

Tell them you saw it in the Messenger. Advertisers make the news go 'round.

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Please call 598-0771 by 9 a.m. to order lunch. Menus follow:

Monday, Jan. 29: Reuben sandwich, chips.

Tuesday, Jan. 30: Chili, pimento cheese sandwich.

Wednesday, Jan. 31: Chicken & dumplings, sweet potato casserole, green beans,

Thursday, Feb. 1: Menus not available at time of publication.

Friday, Feb. 2: Menus not available at time of publica-

Menus may vary. For information call the center at 598-0771.

Chair exercise with Ruth Wendling is from 10:30-11:45 a.m. on Mondays and Wednesdays.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.

Mountain T.O.P. 2024 **Friends** Weekend

Join Mountain T.O.P. on Feb. 22-25, for a weekend of service, fellowship, and remembrance. There will be optional in-camp facility work during the day Friday and Saturday. Payment is not required for this program but is greatly appreciated to cover some of the costs.

There will also be the 11th annual Brick and Mortar Dinner at 5 p.m., Saturday, Feb. 24. There will be an online and in-person auction. Friends Weekend 2024 is our

11th annual celebration of the community of servant-hearted volunteers that Mountain T.O.P. has built. We spend the weekend focusing on in-camp repairs, exploration of the Cumberland Plateau and fellowship with life-long friends. We hope to see you there.

For more information and to register, go to https://www. mountain-top.org/>, under the Register tab.

ONLINE AUCTION Tuesday, February 6th @ 10am

COMPLETELY RENOVATED 3 BR 3 BA BRICK HOUSE 163 12TH ST, TRACY CITY, TN 37387

PREVIEW/INSPECTION: Saturday, February 3rd 12-2pm or by appointment

Directions: From downtown Tracy City turn right on Main St then right on 12th St. Property is on the right.







This house is MOVE IN READY! This 3 bedroom 3 bathroom brick house has been completely renovated and features a living room, large dining room, kitchen with island, master bedroom suite, sunroom, screened in back porch, and utility room. Renovations include replacement windows, new exterior/interior doors, refurbished metal roof, LVP and tile flooring, fresh paint, new cabinets and vanities throughout, granite countertops, tile walk-in shower, new tankless water heater, new attic insulation, encapsulated crawlspace, new plumbing throughout, new electric, new HVAC, handicap accessible ramp, and Winton Auction and Realty has conducted a presale home inspection so you can bid with confidence! If you are an outdoors enthusiast, this house is surrounded by many parks to include the Fiery Gizzard Recreation Area, Grundy Lakes, and South Cumberland State Park. This property could make a fantastic short term rental with both The University of the South and The Caverns music venue being only 20 minutes away!

ATTENTION REALTORS!

This auction offers buyer friendly terms! We will provide a free home inspection prior to the sale upon request, \$10,000 earnest money down day of sale, and we are offering a 2% referral bonus of the final bid price if the client is the successful high bidder and closes as contracted and monies are dispersed. To qualify for this commission, Winton Auction & Realty must receive the Broker Participation Form located at our website within 24 hours prior to the close of bidding as advertised.

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Contents of this ad were derived from sources believed to be correct but not guaranteed. Online terms and conditions take precedence. Houses built before 1978 are subject to lead based paint. In accordance with federal law, all potential buyers will be allowed 10 days prior to sale to have house inspected at their expense or a form will be signed day of auction waiving rights.





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SES MENUS

Monday–Friday, Jan. 29–Feb. 2 BREAKFAST

Monday, Jan. 29: Breakfast bread slice, fruit, fruit juice, milk.

Tuesday, Jan. 30: Pancake wrap, fruit, fruit juice, milk. Wednesday, Jan. 31: Meat

biscuit, fruit, juice, milk.

Thursday, Feb. 1: Cinnamon roll, fruit, fruit juice, milk.

Friday, Feb. 2: Meat sand.

mon roll, fruit, fruit juice, milk. **Friday, Feb. 2:** Meat sandwich, fruit, fruit juice, milk.

LUNCH

Monday, Jan. 29: Chicken nuggets, mashed potatoes, green beans, dinner roll, fruit, milk

Tuesday, Jan. 30: Mozzarella cheese sticks, marinara sauce, buttered corn, carrot dippers, fruit, milk.

Wednesday, Jan. 31: Hamburger or cheeseburger, crinklecut fries, baked beans, bun, fruit, milk.

Thursday, Feb. 1: Chicken drumstick, or thigh, mashed potatoes, steamed broccoli, dinner roll fruit, milk.

Friday, Feb. 2: Pizza, seasoned potato wedges, Great Northern or pinto beans, chocolate chip cookie, fruit, milk.

A variety of fruit, fruit juice and milk is offered daily for breakfast. Daily offerings for lunch may include yogurt bag, sandwich, wrap, Bento box or pizza munchable. Menus subject to change. Go to https://www.fcstn.net/menus-mealpricing.

SAS Honor Roll

The following local students were named to Honors Lists at St. Andrew's-Sewanee School for Quarter 2 of the 2023-24 school year. Overall, 88 students, including 19 boarding and 69 day students, achieved academic distinction for the second quarter.

Students who earn an average of 93 or above with no grade below 83 are named to the High Honors List for academic achievement. Students with average ranges between 83 and 92 and who have received no grade below 80 are named to the Honors List. Satisfactory completion of PEAK, our co-curricular program, is required for students to be eligible for the Honor Roll.

High Honors

Karen Badgley, Sewanee Elliott Benson, Sewanee Charley Buckner, Pelham Kat Carpenter, Sewanee Lilly Crigger, Sewanee Anja Dombrowski, Sewanee Jackson Frazier, Sewanee Loulie Frazier, Sewanee Grey Givens, Jasper Arthur Glacet, Sewanee Eliza Griffey, Sewanee Onawa Henson, Whitwell Ellie Jenkins, Sewanee Nadya Kuriachaia, Sewanee Kiran Malde, Sewanee Kieran McCrorey, Belvidere Briley Meador, Decherd Reese Michaels, Sewanee Theo Michaels, Sewanee Micah Moody, Sewanee Susanne Morrissey, Jasper Ivy Moser, Sewanee Caroline Neubauer, Belvidere Prem Patel, Altamont Elisabeth Perkins, Sewanee Amelia Pond, Sewanee Sarah Grace Powell, Sewanee Emery Preslar, Sewanee Theo Schrader, Sewanee Eliot Sparacio, Sewanee Elijah Stark, Sewanee

Julia Sumpter, Cowan Ally Syler, Monteagle Harper Thompson, Sewanee Mia Val, Tracy City Maddie Van de Ven, Sewanee Toby Van de Ven, Sewanee Taylor Wells, Winchester Stella Wilson, Monteagle Emma Wockasen, Monteagle

Honors

Ethan Allen, Sewanee Lydia Andrews, Sewanee Grayson Cleveland, South Pittsburg Miren Colbert, Sewanee Cameron Crawford, Sewanee Drew DeLorme, Sewanee Andrew Gallaway, Jasper Sam Goodpaster, Sewanee Will Hernandez, Monteagle Lennon Kilgore, Jasper Emilie Leathers, Jasper Sarah Russell Leonard, Sewanee Mary Ming Lynch, Sewanee Eoin Pate, Sewanee Madison Rogers, Jasper Mark Rogers, Jasper William Schrader, Sewanee Jack Shattuck, Monteagle Emmett True, Cowan Sam Weintraub, Decherd Griff Wilson, Sewanee

Spring Classes at Cumberland Folk School

Announcing new classes at the Cumberland Folk School for this Spring. The Cumberland Folk School, located at Sequatchie Cove Farm, is a place to celebrate and commune around traditional crafts and skills, offering weekend workshops taught by skilled craftspeople. Our classes are built upon the inherent connection between traditional skills, sustainable land management, and farming to teach self, reliance and the use of natural materials to create beautiful utilitarian objects. Go to <www.cumberlandfolkschool.com> for more information, detailed class listings, and to sign up for upcoming classes.

The Apothecary Garden, Feb. 10, Growing, gathering and herbal medicine making in your own back yard with Leah Larabell of High

Baking with Einkorn, March 30, Introduction to milling and baking with Einkorn with Erik Zilen of Chattanooga's beloved Niedlov's Bakery.

Birding by Ear, April 27, Join local birder Richard Candler, author of Birding Sewanee, on a morning bird walk around Sequatchie Cove Farm. A class for both beginners, who will learn some ID basics, and also advanced birders to gather with others and bird Sequatchie Cove Farm's Property.

Indigo Dyeing and Katazome printing, May 5, In love with indigo? In this class, Katazome and Indigo dyeing, you will explore the centuries-old Japanese technique of using stencils and a rice paste resist to make patterns on fabric then dipped into an indigo vat.



<WWW.SEWANEEMESSENGER.COM>

Round Up for Project Help

The Sewanee Utility District's billing software has the ability to round up your bill to the nearest dollar with the difference going to the Project Help fund. Project Help collects donations from SUD customers and passes them on to the Community Action Committee, where it is used to pay folks' water and sewer bill when they need a bit of help.

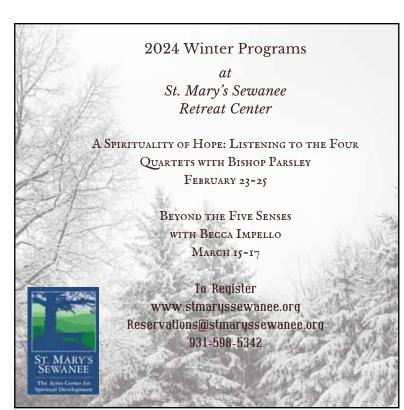
Please consider rounding up your bill for this worthy cause – it really makes a difference in our community.

Call the office at (931) 598-5611 to enroll or if you have any questions.





(931) 703-0558 jgoodson@myerspoint.com myerspoint.com





Tennessee Wildlife Calendar Photo Contest Open

The Tennessee Wildlife Resources Agency is now accepting entries for its 2024-25 photo contest for publication in Tennessee Wildlife's annual calendar and license cards. All interested photographers are invited to submit up to 10 of their best photos on fishing, hunting, boating, and wildlife species native to Tennessee.

This year's contest returns to a TWRA traditional August-July format by popular demand. The selected winning entries will appear in the 2024-25 calendar which begins in August 2024. Photographers must submit their photo entries by March 29, 2024.

Photos must be horizontal (landscape), in JPEG format, sized to print no smaller than 8-1/2" by 11", and resolution should be at least 300 pixels/inch. Visit <tnwildlife.org> and click the calendar contest button to submit an entry. If a photo is selected for the calendar edition, the photographer will

receive a cash stipend of \$60. Tennessee Wildlife is the official magazine for the Tennessee Wildlife Resources Agency. Subscription rates are \$10 for one year, \$17 for two years and \$25 for three years.

'Studying the Landscape' at the UAG

The University Art Gallery is delighted to present Philip Juras's "Studying the Landscape: Observation, Conservation, and Restoration," on view in the University Art Gallery through March 31. The artist will present his work in conversation at 5 p.m., Wednesday, Jan. 31, in Guerry Auditorium. Free and open to the public.

Landscape paintings invite and construct a relationship between the viewer and the place depicted.

Philip Juras paints in oil on canvas in a visual language familiar from the American tradition of landscape painting, but turns that visual tradition to close observation of lesser known and forgotten ecosystems, with the purpose of inviting conservation and restoration.

In "Studying the Landscape," Juras portrays fire adapted grasslands, woodlands and savannas in Tennessee, Illinois, and Georgia. Some record the artist's impressions from particular managed natural areas. Some, especially among the larger works, recreate views of sites as they might have appeared before European-American settlement.

When Juras observes and depicts a landscape, he sees things many of us might not — soil type, centuries-long histories of growth and disturbance, native plants and habitats.

His paintings invite viewers to read the landscape differently. To attend to environments that have not historically been the focus of attention, to understand their histories and the disturbances that make them possible, to value the biodiversity they support, as well as to see and enjoy their aesthetic effects.

Halting the decline of these once widespread systems and their diverse plant and animal species depends on continuing and renewed stewardship. For Juras, "in these 'natural' landscapes, humans are very much a part of nature, rather than apart from it."

Please note that the UAG is closed for the University of the South's Spring Break from March 6 through 16.

LUNCH Anniversary Celebration

Lunch is turning one! Come celebrate with us Friday, Feb. 2, from 5-8 p.m., at 24 University Ave. We will have happy hour drinks and will be serving French food to celebrate.

'The Ambient Pause' at the **Carlos Gallery**

The Carlos Gallery in the Visual Arts Building at the University of the South is pleased to present "The Ambient Pause (A Rest from the Noise)" by artist Christina Foard. The exhibit is on display through March. An artist talk and reception will be at 5 p.m., Tuesday, March 5.

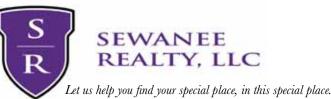
Painting interior/exterior scenes and making objects is a necessary personal Christina Foard response to experiences, emotions, and environments. Regardless of shifts in iconography, her work incorporates perceptions about time, memories, and often includes quotidian objects as symbolic placeholders. Foard translates observed scenes and incorporates invented components. Structure and pattern tend to be her preferred starting place, and throughout, she strives to remain in a state of "play," housed in a curiosity and openness. She responds most to marks where there's an intuitive response, a humanness, captured sensitivity, or personification over highly controlled or known outcomes. When Foard gets stuck in the puzzle of formal aesthetic concerns, she finds that altering and experimenting with materials advances and deepens her ideation. The history of the marks and movements within a piece, the history of a specific place, and her own history converge as primary elements in the making of the work.

Foard was born in Panama City, Fla. She has a BFA in Painting and Printmaking at the University of Cincinnati. From 1990-2003 she was a project manager in the budding online learning industry in the D.C. area. In 2003 she moved to Jacksonville, Fla., and until 2014 was a Museum Educator at the Cummer Museum of Art and Gardens She directed the Arts in Medicine program at UF Medical Center in Jacksonville from 2008-2015. In 2014 she moved to Athens, Ga., and got her MFA from the University of Georgia, and for several years served as a part-time faculty member. Foard is currently a full time studio artist, co-owner of a small communications company, a Clarke/Oconee County CASA advocate in support of foster children, and is the proud mom of three grown children, and two grown step-sons.

Carlos Gallery Visual Arts Building is located at 105 Kennerly Rd., Sewanee. Gallery hours at 8 a.m. to 5 p.m., Monday-Friday, and 1-5 p.m., Saturday.

Voice Recital: Victor Esparza

Victor Esparza will present a Voice Recital at 3 p.m., Saturday, Feb. 10, in St. Luke's Chapel, with Vicki Collinsworth, piano



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- 637 Magnolia Dr., Winchester. \$699,500



MLS 2599861 - 76 Wood Bluff Rd., Winchester. \$389,500



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Williams, Bigham Net 19 Apiece in Men's Hoops Victory

Fletcher Bigham and Rashaun Williams each posted 19 points and Sewanee put together a 21-6 run midway through the second half, breaking open a tie game en route to an 87-80 win against Hendrix College in men's basketball action on Jan. 21, at Juhan Gymnasium.

The Tigers (7-11, 3-4) recorded their first two-game winning streak since netting three straight victories from Dec. 2-16 and pulled within one game of fourth place Millsaps College in the conference standings.

Cody Baerlocher and Tre Corrigan each made 3-pointers to start the decisive run, which came just after an 8-0 spurt by the Warriors (3-15, 0-7) that knotted the game at 62 with 11 minutes to play.

Luka Avaliani and Baerlocher both connected on layups before two foul shots and a short jumper from Williams. Russ Marr then drilled back-to-back triples for an \$3-68 advantage with 5:45 remaining in the game, forcing a timeout by Hendrix.

Avaliani and Marr both netted 14 points and the Tigers made 8-of-17 from behind the arc in the second half while Hendrix cooled off from 3-point range in the final 20 minutes, going 3-for-18 after a 6-of-12 effort in the first period. Bigham, a freshman, tied his season-high in points, posting 16 of those in the first half.

Darvis Rasperry, Jr., led all scorers with 20 points while Daniel Cobb collected 12 points and Jonathan Ryan added 10 for Hendrix.

The Warriors started quickly, making 5-of-8 from the field with three 3-pointers to open the game, jumping out to a 13-4 lead four minutes into the contest.

Williams connected on a three for the Tigers, starting an 8-0 run to knot the game at 16, with Bigham adding a 3-pointer as well as a short jumper and Corrigan's two foul shots evening the contest seven minutes into the game.

Avaliani's runner off the glass put Sewanee in front, 20-19, but Hendrix answered with an 11-3 run, with Colten Berry and Caleb Squires each posting a pair of baskets and Drew Mayo hitting a triple for the

Sewanee posted a 17-5 spurt over a six-minute stretch late in the period, with Bigham netting six points and Marr adding two foul shots and a layup. Graham Smith's old-fashioned 3-point play ended the run, giving the Tigers a 42-37 edge, but Jonathan Ryan answered with a triple for Hendrix and the Tigers held a 45-43 lead at intermission.

Swim and Dive Finishes Last **Dual Meet of the Season**

On the boards, there were two

tions. In the first one, Katie Walker

finished just 2.02 points behind

The Tigers finished the last 2:27.18 in the 200 IM for another double-dual meet of the season third place for the Tigers. against the University of Tennessee Southern and Rhodes on Jan. separate one-meter dive competi-22, in Sewanee. The men and the women picked up a win over UT Southern but fell to Rhodes on

free with a time of 22.30 and collected two third-place finishes in the 200 back, and the 400 medley relay. Joining Mabry on the 400 medley relay team were Jackson for Sewanee. Pillow, Naeem Mangum, and Joseph Aidan Ocasio. Mangum also picked up a second-place finish in the 200 breast. Ocasio earned a trip to the podium again in the 100 free as he finished in third with a time of 53.23. The Tigers had another relay team on the podium as Connor Engel, Connor Young, Peter Heck, and Pillow finished second in the 400 free relay. Young also finished third in the 200 fly.

The women had four secondplace finishes as Audrey Francell collected three of the four. Francell was just .40 off her career-best time in the 50 free, with a time of 25.07. Her second second-place finish came in the 200 fly, and rounded out her night on the 400 free relay team with Riley Carswell, Natalia Evans, and Mary-Louise LeMieux. LeMieux collected the Tiger's fourth second-place finish of the night in the 500 free. In the 50 free, LeMieux finished right behind her teammate clocking in at 25.75. Evans also recorded a career-best time in the 100 free, as she finished just .82 behind her opponent for third place with a time of 56.93.

Ava Mack collected two thirdplace finishes for the night in the 200 free and the 200 back. In the 1000 free, Sophie Yanoshik collected another bronze for the Tigers with a finish of 11:56.69. Finally, Aurelia Willett posted a time of Gymnasium.

and led 34-19 early in the second Hendrix stayed within 10 points wanee never lost the lead.

of the third quarter but an 8-1 run by the Tigers pushed their advantage to nine, 46-37, with Antoine making two free throws and Wright collecting a pair of field between five and nine points the and an old-fashioned 3-point play remainder of the period, with 3-pointer and Olivia Falvey made a tage into the second quarter and pair of triples, part of her 18-point effort.

with 44 seconds remaining in the quarter made it a nine-point game again, but Riley Brady made a layup for the Warriors to end the period, with Sewanee taking a 62-55 edge to the final eight minutes.

Antoine started the final period with a layup and made 1-of-2 free throws on the next possession, pushing the lead back to 10, but turnovers during that stretch. the Warriors answered with a jumper and a 3-pointer by Natalie Edmonson.

Falvey made another triple on the other end and Faith Humphrey hit a runner in the lane, but the Warriors kept bombing away, with Megan Gray making another trifecta for the visitors, who finished 8-for-28 from behind the arc, 4-of-

Antoine scored again underher opponent for second place with neath and Wright made a layup 161.25 points, and Greta Cobb fin- on the break, stretching the ad-On the men's side, George ished in third with 145.87 points. vantage back to nine. Ava Knoedl Mabry collected the best results as he took home first in the 50 third place on the podium. In the and Brady followed with a layup, second round, Greta Cobb col-pulling the Warriors within, 76lected first for the women, collect- 72, with just under two minutes ing 216.60. For the men, collecting to play, but that was as close as

Tiger Women Outlast Hendrix, 83-76

Kayla Antoine and Cydney corner on the ensuing Sewanee pos-Wright both netted 19 points, session and Antoine made a layup helping Sewanee jump out to an after a miss by the Warriors. Falvey early lead and holding off Hendrix and Humphry each connected on College, 83-76, in women's basketball action on Jan. 21, at Juhan 30 seconds to ice the game for the

The Tigers (4-14, 2-5 SAA) started the game with a 17-3 run quarter, but the Warriors (2-16, $(\hat{0}-7)$ ended the first half with a 15-4 spurt, pulling within four, and the entire second half, though Se-

goals. The Sewanee lead remained Brianna Keating-Rendon hitting a

Antoine's basket plus the foul

11 in the fourth quarter.

171.90, Will Snead collected third Hendrix would get.

Wright drilled a three from the

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1-of-2 at the foul line in the final Tigers.

Shay Conn and Humphrey both finished with 12 points for Sewanee, giving the home team five players in double figures. Brady led three Hendrix players in doubledigits with 16 points while Megan Gray netted 15 and Knoedl had 14, including four triples.

Sewanee jumped out to a 17-3 Hendrix posted the first basket lead six minutes into the game, with Falvey netting eight of the first 11 points of the contest with a pair of 3-pointers and Conn adding a triple. The Warriors cut into the deficit before the end of the period thanks to a basket by Shelby Heil from Brady.

The Tigers took a 23-13 advanscored seven straight in the first 90 seconds of the period, with a field goal by Humphrey and a 3-pointer and short jumper from Conn, forcing a timeout by Hendrix.

Sewanee led 34-19 with 6:45 left before the half after a layup by Humphrey, but the Warriors put together a 15-4 spurt to end the quarter, with the Tigers making just 1-of-9 from the field, 2-for-4 at the foul line and committing three

HOME GAMES

2 p.m., Saturday, Jan. 27, SAS Varsity Boys' Basketball vs. Boyd Buchanan

Saturday, Jan. 27, University Track and Field, Tiger Indoor Meet

6 p.m., Monday, Jan. 29, SAS Varsity Girls' Basketball vs. South Pittsburg

7:30 p.m., Monday, Jan. 29, SAS Varsity Boys' Basketball vs. South Pittsburg

5 p.m., Tuesday, Jan. 30, SAS Varsity Girls' Basketball vs. Berean Academuy 6:30 p.m., Tuesday, Jan.

30, SAS Varsity Boys' Basketball vs. Berean Academy 4 p.m., Friday, Feb. 2, SAS Varsity Boys' Basketball

vs. Berean Academy 6 p.m., Friday, Feb. 2, Women's Basketball vs.

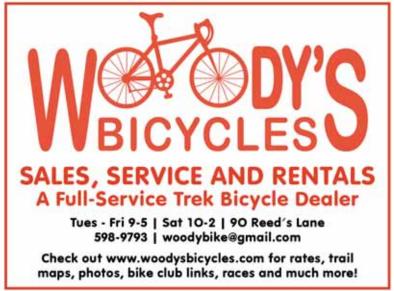
8 p.m., Friday, Feb. 2, Men's Basketball vs. Mill-





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NATURENOTES

by Yolande Gottfried

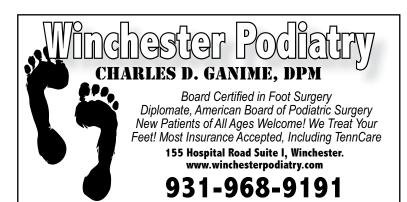
Big Trees on Campus

There are several gingkos on campus — a large one is near the intersection of Texas Avenue and University Avenue. These are the trees whose leaves Ken Taylor uses for his famous gingko roses used in decorating the Chapel for Lessons and Carols. These leaves usually turn yellow and then fall all at once in a 48 hour period. If you happen to be nearby when the leaves do drop, stand under the tree and allow yourself to be showered — it is supposed to bring good luck. Gingkoes are often referred to as a living fossil. They are native to China, extinct or nearly extinct in their natural habitats, but now cultivated worldwide. Their relationship to other plants is unclear. In some classifications, they have their own division in the plant kingdom and are the only species in that division. The fruiting structure is similar in some ways to that of gymnosperms (a naked seed). The leaves, with the distinctive dichotomous branching of the veins, forking repeatedly, are more like those of ferns. A little local gingko lore: gingkoes are dioecious, that is, male and female flowers are borne on separate individuals. Some of the older, larger, gingkoes on campus were living blameless lives when a male gingko was planted in Guerry Garth. Now, the flowers of these female trees can be fertilized, producing the smelly, squishy "fruits" that have the old sneaker/locker-room smell of sweaty feet (and other even less pleasant substances) due to the butyric acid they emit. There are also a number of large White Pines, with their own lore. White pines are the easiest among our local pines to learn to identify: they have needles in clusters of five and branches in whorls along the trunk. Around Sewanee they have been planted and have spread from there. According to "Under the Sun at Sewanee," the Imperial German Ambassodor visited the University in 1904 and brought a gift of seedlings, reportedly from the Black Forest, of American white pine! This is supposedly the origin of the oldest pines historically around St. Luke's, St. Mary's, St. Andrew's, the Academy, and the house at Morgan's Steep. Another account maintains that they were planted to commemorate the visit of President Taft in 1911. What is more certain is that many were planted under Charles Cheston along fire lanes and in plantations such as that at Louisiana Circle as well as elsewhere on the Domain. Finally, a Black Walnut near the sidewalk in the area of the Chapel makes itself known by the large fruits that drop in the fall. The meat is tasty but only squirrels can get to it, and that not easily – I watched one once at that very tree for about an hour. Note the large compound leaves with around 20 pairs of leaflets.

Nature Journaling Continues

The Nature Journalling group, sponsored by the Sewanee Herbarium, meets Thursdays, 9-11 a.m. Grab a pencil and paper and plan to join us. Email kmpriestley0150@gmail.com for more information and meeting location.











MARC's Mountain Adoptables

Meet Leo & Roy

Leo is living life with gusto as he he learns about being a Good Dog. He happily greets anyone he meets while he works on heeling on the leash. He sits for his treat, loves his toys, fetches very well and sleeps quietly all night curled on his fluffy warm bed in his crate. He was pleased to wear a jacket while running in the snow with our furry old dogs this last week. They are teaching him respect and boundaries. Leo has an exotic look with his almond-shaped eyes, velvety black face and symmetric brindle tiger stripes. He is around seven months old and weighs around 60 pounds, has a lot of love to give and adores being cuddled. Leo is ready to find his forever active family. If Leo sounds like your kind of guy, come meet him and fall in love.

Roy has been waiting a very long time for his special person to adopt him. He is so loving and sweet with his people. He does not do well with other cats. Roy is around 10 years old and weighs about 12 pounds. He is beautiful with long gray tabby and white hair. He looks a lot like a Norwegian Forest Cat mix. Roy is feline AIDS positive, which is passed to other cats through bites and blood but he can live a good long life. He should not go outside where he could get into fights with other cats. Unfortunately he has been having to live in one or two rooms because his rescuer has other cats. Roy would really like to have a whole house to explore and a loving forever family. Could you be just the right person for Roy? Check him out. You won't be sorry.

If you would like to learn more about Leo and Roy, please fill out an Adoption Application on the MARC website <www.marc4change. org> and/or contact Sue Scruggs, cell phone (423) 619-3845. These pets are fostering on the Sewanee-Monteagle Mountain and are easy to meet. All MARC animals ready for adoption are spayed or neutered and up to date on their vaccines and preventatives.

MARC - Marion Animal Resource Connection is a 501(c)(3) non-profit animal welfare organization. It is not a shelter and relies on foster homes to save animals. MARC also provides low cost and free spay/neuter procedures for animals and is available for teaching humane care of animals in schools and to community organizations.

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WEATHER

DAY	DATE	HI LO	DAY	DATE	HI LO
Mon	Dec 25	62 48	Mon	Jan 02	42 27
Tue	Dec 26	58 33	Tue	Jan 03	38 29
Wed	Dec 27	48 32	Wed	Jan 04	40 30
Thu	Dec 28	53 30	Thu	Jan 05	48 41
Fri	Dec 29	42 31	Fri	Jan 06	43 33
Sat	Dec 30	34 30	Sat	Jan 07	45 30
Sun	Dec 31	37 28	Sun	Jan 08	47 44
Week's Stats:		Week's Stats:			
Avg max temp =		48	Avg max temp =		43
Avg min temp =		33	Avg min temp =		33
Avg temp =		40	Avg temp =		38
Precipitation =		0.85"	Precipitation = 0.47"		

Reported by Sandy Gilliam, Domain Ranger

State Park Offerings

Please note: To confirm that these events will occur as listed go to https://tnstateparks.com/parks/events/savage-gulf or call (931) 924-2980.

Grundy Lakes History Hike— South Cumberland State Park, Tuesday, Jan. 30, 1–2 p.m. CST. Cost, \$8. https://tnstateparks. com/parks/events/south-cumberland>. Meet at: 587 Lakes Road, Tracy City. Join Ranger Jessie to learn about the different history that occurred there prior to current day. We will learn about the Coke ovens, the convict leasing system, and the CCC history that all took place in that area. Due to work being done on the Dam, most of this program will take place within a short distance of the parking lot. We will take a short hike to see where a piece of history took place, this hike will be around half a mile round trip and is rated as easy/moderate since we will be going up an incline that is moderately rocky and rooty to the one way road that leads around the lake. We will then come back the same way. Please wear sturdy shoes and appropriate clothing.

Day Loop Hike—Savage Gulf State Park, Monday, Feb. 12, 8:30 a.m.-12:30 p.m., CST. Cost \$5, 12 and under, \$10 Adults. https://tnstateparks. com/parks/events/savage-gulf>. (Registration closes at midnight the day before the event. Please preregister.) Meet at: Savage Gulf East Ranger Station, 3157 SR 399, Palmer. Join us on a 5 mile (round trip, approximate) guided hike of the Savage Gulf Day Loop. Bring along desired water and food, as these are not provided. Wear sturdy shoes in which to hike. Weather permitting. This is a basic, introductory hike to the east side of Savage Gulf. The challenge lies mostly in the overall distance. We sometimes discuss what we see, sometimes just chat, and sometimes just enjoy what we see around us. The areas around overlooks can be treacherous in terms of keeping your footing. The potential to slip and fall exists, and extreme care is needed. Attendee cancellations must be made no later than 24 hours prior to the program's scheduled start in order to receive a refund.

Sewanee Herbarium Event, Feb. 3

Winter Green—an Introduction to Mosses and Ferns, Saturday, Feb. 3, 10 a.m.-noon, with Yolande Gottfried. Whether the groundhog told us that winter is here to stay or that spring is just around the corner, winter is a great time to take a look at mosses, some ferns, lichens, and other non-flowering plants. Herbarium Associate Yolande Gottfried will introduce interested participants to some of the "lower plants." Do mosses freeze? What is an Irish valentine? Are lichens really plants? Come with your questions and specimens, if you like! We will meet indoors with specimens provided to examine and, weather permitting, take a short walk outdoors to see them in the field. Meet in the Sewanee Herbarium on the first floor of Spencer Hall, Room 173, on the campus of the University of the South. The main entrance is across from duPont Library and there is parking behind the library. Bring a hand lens or a magnifying glass if you have one.

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News and Calendar: Tuesday, 5 p.m. Display Advertising: Monday, 5 p.m. Classified Advertising: Wednesday, noon



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FROMBARDTOVERSE

by Robin Bates **Emerging from the Cold**

A cold coming we had of it, Just the worst time of the year For a journey, and such a long journey: The ways deep and the weather sharp, The very dead of winter.' And the camels galled, sorefooted, refractory, Lying down in the melting snow. There were times we regretted The summer palaces on slopes, the terraces, And the silken girls bringing sherbet. Then the camel men cursing and grumbling and running away, and wanting their liquor and women, And the night-fires going out, and the lack of shelters, And the cities hostile and the towns unfriendly And the villages dirty and charging high prices: A hard time we had of it. At the end we preferred to travel all night, Sleeping in snatches, With the voices singing in our ears, saying That this was all folly.

Then at dawn we came down to a temperate valley, Wet, below the snow line, smelling of vegetation; With a running stream and a water-mill beating the darkness, And three trees on the low sky,

And an old white horse galloped away in the meadow. Then we came to a tavern with vine-leaves over the lintel, Six hands at an open door dicing for pieces of silver, And feet kicking the empty wine-skins. But there was no information, and so we continued

And arriving at evening, not a moment too soon Finding the place; it was (you might say) satisfactory.

All this was a long time ago, I remember, And I would do it again, but set down This set down This: were we led all that way for Birth or Death? There was a Birth, certainly We had evidence and no doubt. I had seen birth and death, But had thought they were different; this Birth was Hard and bitter agony for us, like Death, our death. We returned to our places, these Kingdoms, But no longer at ease here, in the old dispensation, With an alien people clutching their gods. I should be glad of another death.

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--T.S. Eliot, Journey of the Magi

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BEGINNER PILATES January 23-This class will educate you about the fundamentals of healthy Pilates movement that fosters alignment, bone and joint protection and improves balance, all while giving you a great, full body workout. You will learn how to identify postural issues and imbalances as well as learn to correct them. Whether you're a complete beginner or seeking to enhance your skills, you will experience personalized guidance and ways to modify exercises according to your

Kim has 23 years experience as an AFAA certified Personal Trainer and 19 years as a certified Pilates Method Alliance instructor. She has extensively studied core activation and how it is compromised with some of the top instructors from around the globe. Elevate your Pilates practice with Kim's expertise and embrace a healthier you.

YOU FIT INTRO January 28- Designed to introduce the You Fit content and prepare you for the full You Fit class, this is a great way to start. The introductory class will be offered on 3 consecutive Sundays from 2:30 -3:30 pm, January 28 through Feb 11. The content will vary week by week, but will always include energetic cardio, total body, lower body, and upper body exercises with an extra emphasis on instruction and proper form. We'll work at a slightly slower pace than regular You Fit and will perform fewer exercises in each category, to allow more time for instruction. You'll still get a great workout! Class is limited to 6 participants and advanced registration is required. Register through the website or by contacting Betsy Miller at wvbetsy@hotmail.com or 352-538-0645.

www.bodyworksyouniversity.com 423-322-1443

Community Calendar

Friday, Jan. 26

9 a.m. CAC office open, until 11 a.m.

9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.

10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required

Saturday, Jan. 27

9:30 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:45 a.m.

10 a.m. Hospitality Shop open, until 2 p.m.

11:55 a.m. Met Opera Live, "Carmen," William Ralston Music Listening Library; tickets: https://www.tickettailor.com/events/ sewaneesummermusicfestival/992830>

Sunday, Jan. 28

1 p.m. You Fit, Betsy, Community Center; and at 2:30 p.m.; sign up required

2 p.m. Knitting Circle, Mooney's, until 4 p.m. 4 p.m. Hatha Yoga, Helen, Community Center

Monday, Jan. 29

9 a.m. Pilates, intermediate, Kim, 293 Ball Park

10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.

4 p.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 5:15 p.m.

5 p.m. Monteagle Town Council, City Hall

6 p.m. Marion County Commission, Lawson Building, 300 Ridley Ave., Jasper

Tuesday, Jan. 30

8 a.m. GC Food Bank, 114 S. Industrial Park Rd., Coalmont, until 10 a.m.

9 a.m. CAC office open, until 11 a.m.

9 a.m. Flow Yoga, Anneli, High Vibes, Country Feb. 2 • Groundhog Day Mart, Monteagle, until 10:15 a.m.

10 a.m. Pilates, beginners, Kim, 293 Ball Park Rd. 10 a.m. Hospitality Shop open, until 1 p.m.

11:30 a.m. Grundy County Rotary, Dutch Maid

Bakery, Tracy City noon Pilates, intermediate, Kim, 293 Ball Park

4:30 p.m. S. Cumberland Farmers' Market pickup,

Community Center, until 5:30 p.m. 4 p.m. SUD Commissioner voting ends

5 p.m. SUD Board of Commissioners Meeting,

150 Sherwood Rd. 5 p.m. Vinyasa Yoga, High Vibes, Country

Mart, Monteagle, until 6:15 p.m.

5:30 p.m. Gentle Flow Yoga, Pippa, 293 Ball Park Rd., until 6:30 p.m.

Wednesday, Jan. 31

9 a.m. CAC office open, until 11 a.m.

9 a.m. Pilates, intermediate, Kim, 293 Ball Park

10 a.m. Writers' Group, 212 Sherwood Rd., more info: (931) 598-0915

10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.

11:30 a.m. EQB Club, St. Mary's Sewanee; lunch at 11:50 a.m.; Lead, "Growing Fungi with Midway Mushrooms," Pledger Schaefer, at 12:25 p.m.

5 p.m. Artist Presentation, Philip Jura, "Studying the Landscape," free, Guerry

5:30 p.m. Hatha Yoga, Helen, Community Center 6:30 p.m. Kundalini Yoga/Meditation, Pippa, (\$15) High Vibes, Country Mart, Monteagle

Thursday, Feb. 1

8 a.m. Monteagle-Sewanee Rotary, St. Mary's Sewanee, Dr. Arden Chao, "Election in Taiwan..."

9 a.m. CAC office open, until 11 a.m.

9 a.m. Herbarium Nature Journaling, more info email <mpriestley0150@gmail.com>

9 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.

9:30 a.m. Body Recall, Judy, Monteagle City Hall, until 10:30 a.m.; more info <msjmagoo@gmail.com>

10 a.m. Pilates, beginner, Kim, 293 Ball Park Rd.

10 a.m. Hospitality Shop open, until 1 p.m. noon Pilates, intermediate, Kim, 293 Ball Park

6 p.m. Lecture, America's Real Sister Act, Shannon Williams, free, Convocation Hall

9 a.m. CAC office open, until 11 a.m.

9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.

10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required

Meetings Friday

7 p.m., AA, open, Christ Church, Tracy City Saturday

Local 12-Step

7 p.m., NA, open, Decherd United Methodist

Sunday

6:30 p.m., the Wesley House, MMUMC

Monday

4 p.m., 12-Step Women's Study Group, Brooks Hall, (931) 327-5551, not on Dec. 25 or Jan. 1, resumes at 5 p.m., Jan. 8 7 p.m., AA, open, Christ Church, Tracy City

Tuesday

7 p.m., AA, open, First Baptist, Altamont 7 p.m., AA, open, Trinity Episcopal Church, Winchester

Wednesday

10 a.m., AA, closed, Clifftops, (931) 924-3493 7 p.m., NA, Decherd United Methodist **Thursday**

6 p.m., Life's Healing

Choice, Grundy County Recovery Alliance, Coal-

7 p.m., Al-Anon, First UMC, Winchester

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