



# THE SEWANEE MOUNTAIN MESSENGER

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Friday, March 15, 2024



On March 2, the American Foundation for Suicide Prevention (AFSP) hosted an "Out of Darkness Walk" on campus at Sewanee. The walk began at the Quad and went to the Chapel of the Apostles and back. It was an opportunity for people to come together to acknowledge the ways in which suicide and mental health conditions have affected our lives and the lives of those we love and care about. There was an excellent turnout of more than 90 people. More than \$1,800 was raised for research and for suicide prevention education for the American Foundation for Suicide Prevention. Thanks to all who came out and shared in this space of solidarity, remembrance, and hope.

## SCRLT Bluebell Island Ramble, March 23

The South Cumberland Regional Land Trust (SCRLT) will be hosting the annual Bluebell Island Ramble starting at 10 a.m., on Saturday, March 23.

Meet on the Elk River side of the driveway to Tyson Foods (13811 David Crockett Highway/US Hwy. 64 just south of I-24 exit 127) and we'll walk approximately 1/4 mile along the river and explore the spring wildflowers and new growth on Bluebell Island. All ages are welcome.

Please note that the crossing to the island usually involves a temporary bridge arranged on a log with rope handholds, but please don't let concerns about your or others' ability to cross the bridge deter you from coming. We'll do everything we can to assist and there is a lot to enjoy even if you can't get across to the island.

Founded in 1993, SCRLT's mission is to conserve and protect ecologically unique land in the South Cumberland region. Bluebell Island was acquired in 1996 and was SCRLT's first land conservation initiative off the Plateau protecting the delicate wildflower habitat on the island.

Updates and other information can be found at SCRLT's Facebook and Instagram pages, at <www.scr.lt.org> or you can contact us any time via email at <hello@scr.lt.org>.

## Community Conversations for Health Equity Planned

South Cumberland Community Fund invites the public to a series of five community conversations that will result in a health equity plan for communities along the Mountain Goat Trail Corridor. A meal and childcare will be provided. The meetings will run from 5:30 to 7:30 p.m. as follows:

March 18, Gruetli Community Center

March 25, Coalmont Community Center

April 15, Palmer Community Center

April 16, Dutch Maid Bakery

April 25, Monteagle City Hall

These community conversations are part of a larger project to develop a health equity plan for the Plateau. The project is supported by a grant from the TN Department of Health, and it is being implemented by the Community Development Committee of South Cumberland Community Fund.

"A crucial part of this project is getting community input and community buy-in" said Tom Sanders, executive director of South Cumberland Community Fund. "We want to make it accessible to everyone, and that is why we are providing a meal and childcare."

The conversations will center on what people in each community would like to see in their built environment – assets such as parks, housing, access to the trail, transportation, and potential businesses. A big part of the discussion will be about what assets the communities already have and how those can be connected to the trail.

To sign up, use the QR code in the advertisement in the paper or get in touch with the Community Fund at <talk@southcumberlandcommunityfund.org>. You can also call (931) 954-9116 and leave a message.

The public is invited to all the community conversations, but the conversation will focus on the particular community in which the event is taking place.

"We know that when the trail is complete that it will be a big boon for visitors that will boost the local economy," said Tom Sanders, executive director of the Fund. "We wanted to make sure that it brings just as big a benefit to the folks who live here in terms of opportunity for healthy living."

After the initial planning meetings take place this spring, planners at the Civic Design Center in

(Continued on page 5)

## WMTN-LP Radio Named Best in Nation

Seven St. Andrew's-Sewanee School students and faculty sponsor J.R. Ankney traveled to New York City to attend the Intercollegiate Broadcasting Radio Conference on March 1-2. In addition to attending radio broadcasting workshops with industry professionals, the St. Andrew's-Sewanee radio station WMTN, 93.1 & 103.1, also was nominated for 15 "best in the nation" awards.

In the annual award ceremony competing against vastly larger schools across the nation, WMTN emerged with a Best In the Nation Award in the "Best Foreign Language show" category. They beat Carmel High School with 5,400 students and New Albany High School with over 2,000 students.

The other nominations included Best Radio Drama, Best Documentary, Best Public Affairs Program, Best Morning Show, Best Spot News Interview, Best Show Promotional Poster, Best Website, Best Podcast, Best Station or Event Promo, Best Show Promo, Best Public Service Announcement, Best use of Sound Effects, Best Liner/Sweeper and Best Station ID.

Faculty Sponsor J.R. Ankney, who will be turning over the faculty sponsor job to faculty member Stephen Brehm next year, said, "I'm beyond thrilled to have been part of the meteoric rise of WMTN, and I am so proud of every student who has contributed to our successes over the past two years. I cannot wait to see where WMTN can go under Brehm's capable leadership, and I am excited for the next chapter for the station."

Headmaster Karl Sjolund had this to say about the successes of the radio team: "It's always great when the students' hard work pays off in such visible ways. SAS is a small school that does big things, and I couldn't be more proud of the WMTN crew for everything they've accomplished this year."

For more information about WMTN, the VOICE of the mountain visit <sasradio.org>, or tune us in at 93.1, & 103.1 on the FM dial.

## FC Schools: Graduation Requirements, Raises, Therapy Dogs

by Leslie Lytle, Messenger Staff Writer

At the March 11 meeting the Franklin County School Board approved changes to graduation requirements, discussed teacher raises recommended by PECCA, and considered a policy allowing therapy dogs. The board also learned about proposed amendments to the Education Freedom Scholarship Act and welcomed Roger Alsup, former Franklin County High School principal, as Human Resources Supervisor.

(Continued on page 5)



Sewanee Elementary Students of the Month for February: fifth grade, Charlie Rodgers; fourth grade, David Gray; third grade, Micah Gipson; second grade, John Austin; first grade, Griffin Stewart; Kindergarten, Palmer Every Meadows

## Monteagle's Recreation Future: Communication, Kids, Getting to 'Go'

by Leslie Lytle, Messenger Staff Writer

What do people in Monteagle do for recreation? Of the 100 respondents to a recent survey, 81 percent listed walking and jogging. But equally interesting, the next nine activities ranked in order of preference scored relatively similarly in popularity. Participation in exercise class, biking, pickle ball, baseball, art classes, volleyball, archery, dance, and skateboarding ranged from 18-8 percent. The highest number of respondents (32 percent) were 50 or over, but the 13-15 year age group came in a close second (28.2 percent). Recreation

Committee Chair Ty Burnette pointed out the older age bracket had the advantage of spanning far more years than the younger age groups. What do people want that they do not have? Soccer and bocce ball. Why is the Monteagle Recreation Committee collecting this data, what next, and how will Monteagle get to "go"? A March 7 townhall meeting plumbed the survey results to answer those questions.

"The things that get said on the front end are what you start on and where you go," Burnette said. He

(Continued on page 5)

## Community Service Award Nominations Accepted

The Sewanee Civic Association invites nominations for the 41st annual Community Service Award. The award recognizes the person or organization that has made outstanding contributions to our community. The recipient is one who has helped make Sewanee a better place and has improved the quality of life for everyone in the area. Nominations are due by Friday, March 15.

Past recipients are not eligible to receive the award again. Send the name of your nominee, along with a paragraph of why you are nominating the person or group, to <sewaneecommunitychest@gmail.com>. Nominations can also be mailed to the Sewanee Civic Association, P.O. Box 99, Sewanee, TN 37375.

The service awards will be presented at the SCA annual membership meeting that is planned for Monday, May 6. Please join us to celebrate those who serve the community.

Past recipients include Georgia Hewitt; Felix Wilson; Sue Scruggs; John Solomon; Kiki Beavers; Mountain Mask Initiative; Amanda Knight; the Sherrill family; Sarah Marhevsky; Kat O'Donohue; Mickey Suarez; GSA Allies; Pixie Dozier; Barbara Schlichting; Helen Bailey; Sewanee Youth Soccer; Dr. Matt Petrilla; Harry and Jean Yeatman; Marshall Hawkins; Karen Keele; Helen Shedd; Tom Watson; Susan Binkley; the Sewanee Senior Center Food Pantry (Lena McBee, Sue Hawkins, Charlsie Green); George and Ruth Ramseur; Dr. John Gessell; Dora Turner; the Community Action Committee; Geraldine Hewitt Piccard; Myrtis Keppler; Connie Warner; Ina May Myers; Pete Green; Duval and Boo Cravens; Housing Sewanee; Betty Nick Chitty; Harry and Millie Dodd; the Sisters of St. Mary; Martha Dugan; Emerald-Hodgson Hospital Auxiliary; David Green; Joe David McBee; Robert Lancaster; Maria Webb; Galon Sherrill; Doug Cameron; Phoebe Bates; Marilyn Powell; and Louise Irwin.

P.O. Box 296  
Sewanee, TN 37375





On March 2, the Cowan Commercial Club gave a special welcome to Harley Cross and the team at Wander Brew - a new coffee and ice cream shop. The photo and ribbon cutting took place during the grand opening event. Wander Brew is located on the corner at 100 E. Cumberland Street in Cowan's Depot District.

# Build an Easter Meal Basket for a CAC Family

Please consider building an Easter Meal Basket for a CAC family this season.

Leading up to Easter, CAC is collecting food items to build meal baskets for our families in need of an Easter meal. We hope you will join us in this effort by signing up to purchase the food items for either a small family or a large family.

All items can be dropped off in regular grocery bags, and we will assemble and decorate baskets for distribution. If anyone has medium to large sized baskets that you would like to donate to CAC, we will happily accept them.

Please bring items to CAC, 216 University Avenue, Sewanee, by Wednesday, March 20, preferably during our operating hours of Monday through Friday, 9–11 a.m. to ensure items can be properly stored.

We appreciate your generosity in helping CAC bring meals to all our families this Easter.

For more information on how to help, or to coordinate another drop off time, please contact Sarah at <cac@stmarkstpaul.org> or (757) 619-6548.

If you are interested in receiving an Easter Meal Basket, please visit the Community Action Committee or call the office at (931) 598-5927.



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# University Job Opportunities

**Exempt Positions:** Advancement Officer, University Relations; Area Coordinator, Residential Life; Assistant Dean of Residential Life, Residential Life; Assistant Director, Sewanee Fund, University Relations, Sewanee Fund; Assistant Football Coach, Athletics, Football; Assistant Women's Soccer Coach, Athletics, Soccer; Associate Director of Operations, Admissions and Financial Aid; Associate University Registrar for Information Systems and Operations, Student Success; Athletic Trainer, Athletics; Content & Communications Strategist, M&C for Admission & Financial Aid, M&C; Digital Archivist, Archives and Special Collections, Library & Information Technology Services; Director, Sewanee Young Writers' Conference, Sewanee Young Writers' Conference; Energy Specialist, Facilities Management; Project Assistant and Accounts Manager, Campus Planning, Design, & Construction; Staff Clinician (Part-Time), Counseling and Psychological Services.

**Non-Exempt Positions:** Assistant Manager of Tiger Bay Pub, Sewanee Dining, Tiger Bay Pub; Barn and Stable Worker, Equestrian Center; Catering Team Lead, Sewanee Catering; Custodian, FM, Building Services; Domain Recreation Post-Baccalaureate Fellow, OESS; Equestrian and Farm Hand, Sewanee Equestrian Center; Event Coordinator, Academic Affairs, Dean of the College's Office; Facilities Inspections & Auxiliary Operations Custodial Support, FM, Building Services; First Cook, Sewanee Dining, McClurg; Golf



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Course Greenskeeper (10-Month Position), Grounds and Landscaping; Groundskeeper I, FM, Grounds & Landscaping; Office Coordinator, Conference & Business Services, Business, Conference Services; On-Call Catering Attendant, Sewanee Dining; Police Officer (Full-Time), Sewanee Police Department; Police Officer (Part-Time), Sewanee Police Department; Second Cook, Sewanee Dining, Biehl Commons; Second Cook, Sewanee Dining, McClurg; Second Cook, Sewanee Dining, Tiger Bay Pub; Sewanee Catering Logistics Coordinator, Sewanee Catering; Sewanee Dining Associate, Sewanee Dining, McClurg; Sewanee Dining Associate, Sewanee Dining, Tiger Bay Pub.

For more information call (931) 598-1381. Apply at <https://jobs.sewanee.edu>.




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**Letters to the Editor Policy**  
Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines.  
Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, come by our office, 418 St. Mary's Ln., or send your email to <news@sewanee messenger.com>. — KB



Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Blaze Cassidy Barry  
Brandon Brawley  
Justin Brawley  
James Gregory Cowan  
Mark Gallagher  
Nathaniel P. Gallagher  
Peter Green  
Zachary Green  
Jackson B. Guenther  
Steven Tyler Jeffery  
Gabriel Lloyd  
Waylon Case McBee  
Wiley Colton McBee  
Bailey Jackson McLean  
Andrew Midgett  
Jose D. Ramirez III  
Troy (Nick) Sepulveda  
Zachary Sherrill  
Allison Tucker  
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Shirley M. Lawson at <slawson@sewanee.edu>.



**MESSENGER INFORMATION**  
Phone: (931) 598-9949

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Deadline: Tuesday, 5 p.m.  
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**Classified Advertising**  
Deadline: Wednesday, noon  
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Monday, Tuesday and Wednesday  
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Thursday — Production Day  
Closed  
Friday — Circulation Day  
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# Upcoming Meetings

## Franklin County Democratic Party Announces County Convention

The Franklin County Democratic Party will host its Democratic County Presidential Convention on Saturday, March 16, 2024, at Franklin County Annex 839 Dinah Shore Avenue to select representation from the county to attend the Congressional District Convention on April 6.

The doors open for registration at 11 a.m. and the convention is open to all registered voters in the county who are supporters of the Democratic Party, have voted in the March 2024 Presidential Primary, and who agree to support the nominee of the Democratic Party in the 2024 Presidential election. The convention will begin at noon when the doors will close. Come early for a snack. The party welcomes all who wish to participate in selecting Tennessee's delegates to the Democratic Presidential Convention in Chicago the week of Aug. 19, 2024.

Information about becoming a DNC delegate and the rules governing the DNC Delegate Selection Process may be obtained from <tnpd.org>, or from the Tennessee Democratic Party, 4900 Centennial Blvd., Ste. 300, Nashville, TN 37209, (615) 327-9779.

## Coffee with the Coach

Coffee with the Coach, an opportunity to learn more about Sewanee's sports teams, will live stream the meeting at 9 a.m., Monday, March 18, with Lucy Majors. The livestream will be available at <sewaneetigers.com/watch>. The meeting will also be in-person at the Blue Chair.

## Sewanee Utility District

The Sewanee Utility District of Franklin and Marion Counties Board of Commissioners is scheduled to meet at 5 p.m., Tuesday, March 19, at the utility office on Sherwood Road. If a customer is unable to attend but wishes to bring a matter to the board, call (931) 598-5611, visit the office, or call a board member. The board members are Doug Cameron, Johnny Hughes, Donnie McBee, Charlie Smith, and Clay Yeatman.

## Monteagle-Sewanee Rotary Club

The Monteagle-Sewanee Rotary Club is scheduled to meet at 8 a.m., Thursday, March 21, at St. Mary's Sewanee.

## Sewanee Community Council

The next meeting of the Community Council is scheduled for Monday, March 25, at 7 p.m. Items for the agenda should have been submitted to the Provost's office by March 13.

## EQB Club

Members of the EQB Club will gather at 11:30 a.m., Wednesday, March 27, at St. Mary's Sewanee. Lunch will be served at 11:50 a.m. At about 12:25 p.m., we will have the pleasure of the Lead from Rebecca Van de Ven on "Reflections from the Holy Land." Interested non-members are welcome to arrive at 12:25 p.m. and sit in on the presentation.

# Biehl Commons Dedication

The University is dedicating Biehl Commons from 5–6:30 p.m., Sunday, March 17. The event is open to the public. Refreshments will be available. The Kash Wright Trio will provide the music. Biehl Commons is located on the corner of University Avenue and South Carolina Avenue, across from All Saints' Chapel.



## MICHELLE M. BENJAMIN, JD Attorney & Counselor at Law

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# Local Food Available

The South Cumberland Farmer's Market has breads, fruits, vegetables, eggs, coffee, meats and more available. Ordering takes place each week online from Friday at 9 p.m. to Monday at 10 a.m. Curbside pickup is on Tuesdays, 4:30–6 p.m., at the Sewanee Community Center. To order go to <[https://openfoodnetwork.net/south-cumberland-farmer-market/shop#/shop\\_panel](https://openfoodnetwork.net/south-cumberland-farmer-market/shop#/shop_panel)>.

There will be a Spring Fling farmers market celebration on market pickup day, from 4–6 p.m., Tuesday, March 19 with live music, market vendors, and fun garden themed activities.

# Hospitality Shop Closed for Spring Break

The Hospitality Shop will be closed through March 18, and will reopen Tuesday, March 19, with spring merchandise throughout the shop. Regular hours for the Hospitality Shop are Tuesday and Thursday, 10 a.m. to 1 p.m., and Saturday, 10 a.m. to 2 p.m.

*Support local businesses. Shop and dine locally.*

# Nonfood Supply Drive to Benefit the CAC

The Sewanee Civic Association is inviting individuals, local groups and businesses to help collect donations of nonfood items for the Community Action Committee (CAC). This collection will augment the services provided by the CAC food pantry. Supplemental Nutrition Assistance Program benefits cannot be used to purchase any nonfood items, which includes pet food, cleaning supplies, paper products, household supplies, detergent, menstrual products, diapers, or other personal care items.

This is where you can help. Collect nonfood items April 8–12, and then deliver from 1–3 p.m., Friday, April 12, to the CAC at 216 University Ave., Sewanee. Individuals may also take their nonfood donations between April 8–12, to donation bins around campus at the SPO and duPont Library, and Taylor's Mercantile in Sewanee. You may also take donations to the CAC, Monday through Friday, 9–11 a.m.

There is an Amazon wish list from the Sewanee Community Chest for those who want to order nonfood items. These will be delivered to the CAC. The Amazon link is <<https://a.co/f6TXKX4>>.

The CAC will oversee the distribution of the donations to those in need. The CAC is an outreach ministry of the Parish of St. Mark and St. Paul, with generous support from the Sewanee Community Chest, other organizations and individuals across the Mountain. For more than 50 years, the CAC has provided food, financial assistance, and educational support for persons in the greater Sewanee community.

This is part of the Sewanee Civic Association Treasures for the Chest initiative, a campaign to help promote community-wide service of giving time, support and donations. Volunteers are needed. To volunteer contact <[sewaneecommunitychest@gmail.com](mailto:sewaneecommunitychest@gmail.com)>. The event is sponsored by the Community Action Committee, the Office of Civic Engagement, the Sewanee Civic Association, and the Sewanee Community Chest.

# International Book Club

The Office of Global Citizenship and duPont Library are teaming up to host a book club centered on international books. We invite students, faculty, staff and community members to join. Dates for the book club sessions will be announced soon. The book choices are "Cate Diary Yon & Mu" by Junjo Ito, "Haroun and the Sea of Stories" by Salman Rushdie, and "A Long Petal of the Sea" by Isabel Allende. To vote for the book by March 22, go to <<https://bit.ly/sewaneaintlbookclub>>. For questions, please contact Sarah Marhevsky at <[samarhev@sewanee.edu](mailto:samarhev@sewanee.edu)>.



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MLS 2617003 - 1058 Deepwoods Rd., Lot 118, Sewanee. 12+ ac. \$875,000



MLS 2615726 - Mossy Oak Lot #35, 5.5 ac. \$63,000



MLS 2599861 - 76 Wood Bluff Rd., Winchester. \$389,500



0 Johnny's Way, Tracy City - MLS 2410583 - Lot 1. 6.17 ac. \$149,000.



MLS 2595082 - 776 Georgia Ave., Sewanee. \$389,500



MLS 2551836 - 215 Shadow Rock Rd., Monteagle. \$289,500

## LOTS & LAND

William B. Martin Rd. 4+ac	2420264	\$60,000
0 Timberwood, 335 SOLD	2495526	\$65,000
0 Timberwood, 6+ac, 339 SOLD	2539084	\$64,900
0 Timberwood, 13+ac, 340 SOLD	2539090	\$128,900
148 Galloway Ln., 14.12 ac	2624351	\$299,000
<b>BLUFF</b>		
Box House Rd. 5.6 ac	2497235	\$108,000
Falling Cliffs Dr., SOLD	2389298	\$119,000



LAKE FRONT - MLS 2597407 - 637 Magnolia Dr., Winchester. \$699,500



BLUFF - MLS 2611563 - 225 Hollingsworth Cove, Monteagle. \$650,000



MLS 2539919 - 684 Jump Off Mtn. Rd., Sewanee. 19+ac. \$540,000



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# Church News

## All Saints’ Chapel

On Sunday, All Saints’ Chapel will gather for worship during the academic year at 8 a.m., Holy Eucharist, Rite 1 and at 11 a.m., Holy Eucharist, Rite 2. The 6:30 p.m. service is Growing in Grace, an informal, student-led service.

## Christ Church

Christ Church will celebrate St. Patrick’s Day and also keep the beginning of the last part of Lent, called Passiontide, on Sunday, March 17. While the Hymn called “St. Patrick’s Breastplate” was not written by St. Patrick it certainly reflects his spirit and his devotion. Following the service of Holy Communion an Irish Lunch will be served. The service begins at 10:45 a.m. and the lunch begins at noon.

## Morton Memorial UMC

“Lift High the Cross” will be the theme of the sermon this week, as we continue our Lenten journey at Morton. Our scriptures will include the Gospel according to John, chapter 12, verses 20-3, which is a foretelling of the death of our Lord and how God would be glorified (and is continually glorified in the Resurrection!). We will consider how another passage appointed for the day (Jeremiah 31:31-34) describes how we may be God’s people and learn by heart what being a child of God is intended to be.

Children are welcome at Morton and are given an opportunity to interact with our pastor during worship. All God’s Children will involve checking on the growing cocoon in the tree in the Sanctuary this Lenten season, as well as singing and making a joyful noise with rhythm instruments. Following worship, children who are five and older will have time together with Ms. Margaret in Children’s Church.

Come for the music, the prayers and the celebration of worship of God this and every Sunday. All are invited to wear green in honor of St. Patrick’s Day, as we note how the saints have influenced our lives through their lives and legends. Morton Memorial United Methodist Church welcomes all, regardless of where they may be in their faith journeys. To learn more, accept this invitation to worship with us. If you are unable to attend and want to sample worship at Morton, the service is live streamed on Morton’s Facebook page and is available there in the week following the service.

Morton has many ministries serving the larger community of South Cumberland. This Saturday, volunteers from Morton and from Monteagle-Sewanee Rotary will be delivering 16 beds to area children and youth who currently have no

bed to call their own. This is part of our ongoing support of Sleep in Heavenly Peace.

## St. James Episcopal

St. James, located at 898 Midway Rd., is a thriving, growing, and warmly welcoming church. Our weekly service, Holy Eucharist Rite II is at 9 a.m., on Sunday, followed by a time for fellowship. These services are also live streamed on our Facebook page. Ash Wednesday simple supper and Lenten book study will be 5:30-7 p.m., March 20. The book will be “The Practice of the Presence of God” by Brother Lawrence. Holy Week services: Maundy Thursday at 5:30 p.m., Good Friday at 5:30 p.m., Easter morning at 9 a.m.

## St. Mark and St. Paul

Holy Eucharists are at 8:30 a.m. and 11 a.m. The 11 a.m. service will be livestreamed on our Facebook page and remains available there afterward.

Nursery services: Infants and toddlers through three year olds are invited to gather downstairs in Claiborne Hall.

Godly Play for Children: Two Montessori-based classes meet 9:45-10:45 a.m. in the Godly Play rooms.

Youth Sunday School meets at 9:45 a.m. upstairs in Brooks Hall, or on the porch in good weather.

This week in Sunday Forum, Sister Madeleine Mary will talk about Creating in the Garden. Sr. Madeleine Mary is a member of the Southern Province of the Community of St. Mary, an Episcopal Benedictine monastic community for women. In addition to preaching, teaching, and leading retreats and spiritual direction, the Sisters also engage in significant work on the land. They produce jams and jellies from the fruit of their labor. They also provide an internship for young people, who are invited to experience a year of the Benedict rhythm of work and prayer at St. Mary’s, rooted in S.O.I.L. (Sacramental, Organic, Intentional Living).

The Sunday Forum meets at 9:45 a.m. each week in Kennerly Hall of Claiborne Parish House, the building just behind the church. Coffee and snacks are served, and everyone is welcome to come meet Sr. Madeleine Mary and hear the presentation. It will also be livestreamed and recorded on our Facebook page.

## St. Mary’s Convent

The convent and chapel will be closed through March 15. Services will resume on Saturday, March 16.

All are welcome to join the Sisters of St. Mary for “Compost: Our Role in Earth’s Renewal” contemplative prayer service. This is a

time of prayer, music, readings, and video reflections at 7 p.m., Friday, March 22, at St. Mary’s Convent at 1110 St. Mary’s Lane in Sewanee.

## Tulahoma Sangha

Tulahoma Sangha, a Zen Buddhist meditation and study group, meets each Wednesday at 6 p.m. at Unitarian Universalist Church of Tulahoma. The service will consist of zazen (meditation), a short lesson, and discussion. The church is located at 3536 New Manchester Hwy., Tulahoma. For more information, call (931) 588-8935.

## Unitarian Universalist

The service begins Sunday at 10 a.m., followed by refreshments and a discussion period. The church is located at 3536 New Manchester Hwy., Tulahoma. For more information call (931) 455-8626, or visit the church’s website at <www.tulahomauu.org>.

## Abundant Life Assembly of God, Cowan

10:30 a.m. Worship, Sunday

## All Saints’ Chapel

8 a.m. Holy Eucharist, Sunday

11 a.m. Holy Eucharist, Sunday

## Bible Baptist Church, Monteagle

10 a.m. Worship Service, Sunday

5:30 p.m. Evening Service, Sunday

5:30 p.m. Evening Worship, Wednesday

## Calvary Baptist Church, Winchester

10 a.m. Sunday School

11 a.m. Worship Service, Sunday

4 p.m. Evening Worship, Sunday

7 p.m. Prayer Meeting, Wednesday

## Christ Church Monteagle

10:45 a.m. Holy Communion, Sunday

## Christ Church, Tracy City (STEM)

10 a.m. Bible Study, Sunday

11 a.m. Holy Eucharist, Sunday

## Christ the King Anglican Church, Decherd

9 a.m. Sunday Service, Sunday

6:30 p.m. Healing/prayer service

## City Light Church, Monteagle

10:45 a.m. Worship Service, Sunday

## Cowan Fellowship Church

11 a.m. Worship Service, Sunday

## Cumberland Presbyterian Church, Cowan

11 a.m. Worship, Sunday

## Cumberland Presbyterian Church, Monteagle

9:45 a.m. Sunday School, Sunday

11 a.m. Worship Service, Sunday

## Cumberland Presbyterian Church, Sewanee

9 a.m. Worship Service, Sunday

10 a.m. Sunday School, Sunday

## Decherd Presbyterian Church

11 a.m. Worship (Sunday)

## Decherd United Methodist Church

9:45 a.m. Sunday School, Sunday

10:50 a.m. Worship Service, Sunday

## Epiphany Mission, Sherwood (STEM)

10 a.m. Holy Eucharist Rite II, Sunday

## First Baptist Church, Cowan

9:15 a.m. Sunday School, Sunday

10:25 a.m. Worship, Sunday

## First Church of the Nazarene, Cowan

11 a.m. Worship Service, Sunday

## Good Shepherd Catholic Church, Decherd

5 p.m. Mass, Saturday

10:30 a.m. Mass, Sunday

12:30 p.m. Spanish Mass, Sunday

## Goshen C. P. Church, Winchester

11 a.m. Worship Service, Sunday

## Grace Fellowship Church

10:30 a.m. Sunday School/Worship Service

## Harrison Chapel Methodist Church, Midway

10 a.m. Sunday School

11 a.m. Sunday Morning Service

5 p.m. Sunday Evening Service

## Highpointe Apostolic Church, Monteagle

10 a.m. Sunday School, Sunday

11 a.m. Worship, Sunday

7 p.m. Worship, Wednesday

## Hobbs Hill Community Church, Tracy City

10 a.m. Sunday School, Sunday

11 a.m. Morning Service, Sunday

5 p.m. Evening Service, Sunday

6 p.m. Evening Service, Wednesday

## Marble Plains Baptist Church, Winchester

9:30 a.m. Sunday School, Sunday

10:30 a.m. Morning Service, Sunday

# ‘Cultivating Spiritual Resiliency in a Climate-Changed World’

All are welcome to join the Sisters of St. Mary for this opportunity to connect and explore The Episcopal Church’s climate justice work and faith as we empower each other to answer our biblical call to climate action in a faithful, sustainable, and loving way. Stephanie Peramas is an Episcopal Church Delegate to the United Nations Climate Change Conference, an Episcopal Church Ecojustice Fellow, and a long-term Organic Prayer Program intern at St. Mary’s Convent. Her presentation will incorporate reflections from her experience and witness as a virtual delegate representing Presiding Bishop Michael Curry

and The Episcopal Church at the 28th Conference of the Parties to the United Nations Framework Convention on Climate Change (COP28), which received heightened attention this year in global news. In addition, this interactive offering will foster conversations fueled by a deeper interpretation of the intersection of faith and climate change as well as reflections on spiritual tools readily available within the Episcopal faith to combat emotional fatigue and so much more. Come join us on Saturday, March 23, at 10 a.m., at the convent chapel. This event is free and open to all. Register online at <communityofstmarysouth.org>.

# Church Calendar

5 p.m. Evening Service, Sunday

6 p.m. Mid-week Service, Wednesday

## Midway Baptist Church

9:45 a.m. Sunday School, Sunday

10:45 a.m. Morning Service, Sunday

6 p.m. Evening Service, Sunday

6 p.m. Bible Study, Wednesday

## Midway Church of Christ

10 a.m. Bible Study, Sunday

11 a.m. Morning Service, Sunday

6 p.m. Evening Service, Sunday

## Monteagle Church of Christ

11 a.m. Morning Service, Sunday

6 p.m. Bible Study, Wednesday

## Monteagle First Baptist Church

11 a.m. Worship Service, Sunday

6 p.m. Bible Study, Wednesday

## Monteagle Seventh-day Adventist Church

10 a.m. Bible Study, Saturday

11 a.m. Worship, Saturday

7 p.m. Prayer and Study, Tuesday

## Morton Memorial United Methodist, Monteagle

service available online after noon Sunday, link is at

<https://www.mortonmemorialumc.com> on FB

10 a.m. Sunday School, until 10:45 a.m.

11 a.m. Worship Service, Sunday

## Mountain of God Tabernacle, Monteagle

online worship services. Call (931) 924-5339 or go to

<https://www.tdworldministries.org>

11 a.m. Worship Service, Sunday

6 p.m. Prayer Service, Wednesday

## New Creations Ministries, Rayburn Chapel

4 p.m. Prayer Meeting, Sunday

## New Hope Church of God in Christ, Cowan

11 a.m. Sunday Service, Sunday

6 p.m. Sunday Service, Sunday

## Pelham United Methodist Church

9:45 a.m. Sunday School, Sunday

11 a.m. Worship Service, Sunday

## St. Agnes’ Episcopal Church, Cowan

11 a.m. Holy Eucharist, Sunday

## St. James-Midway Episcopal Church

9 a.m. Holy Eucharist Rite II, (and Facebook

livestream), Sunday

## St. Margaret Mary Catholic Church, Alto

8 a.m. Mass, Sunday

## St. Mark & St. Paul

8:30 a.m. Nursery, basement of Kennerly Hall

(Sewanee Children’s Center), Sunday

8:30 a.m. Holy Eucharist, Sunday

9:45 a.m. Godly Play, Sunday

9:45 a.m. Youth Sunday School, Brooks Hall

9:45 a.m. Sunday Forum, Kennerly Hall

11 a.m. Holy Eucharist, Sunday, livestream

Facebook

## St. Mary’s Sewanee Retreat Center

3:45 p.m. Centering Support Group, Thursday

## Sewanee Church of God

10 a.m. Worship Service, Sunday

## Sisters of St. Mary Convent Chapel

7 a.m. Morning Prayer, Tuesday–Friday

7:30 a.m. Morning Prayer, Saturday

8 a.m. Holy Eucharist, Sunday

## Tracy City First Baptist Church

10:45 a.m. Morning Worship, Sunday

## Trinity Episcopal Church, Winchester (STEM)

10:30 a.m. Holy Eucharist, Sunday

12:30 p.m. Lectionary Bible Study, Tuesday

## Unitarian Universalist Church, Tulahoma

10 a.m. Service, Sunday

6 p.m. Tulahoma Sangha, Wednesday

## Valley Home Community Church, Pelham

10 a.m. Sunday School

11 a.m. Morning Service, Sunday

# Death Notice

## The Rev. Dr. Charles DuBois

The Rev. Dr. Charles DuBois, retired Professor of Pastoral Care at the School of Theology died on March 8, 2024, at his home in Warminster, Pa. He taught at the School of Theology from 1986 until 1997 serving in a variety of roles, first as the director of field education and later as professor of pastoral theology and associate dean for student affairs.

Before coming to Sewanee, he was a parish priest for 28 years, serving in Pennsylvania and New Jersey. His wise counsel and wry sense of humor, together with his profound humility and grace, made him a role model and mentor for a generation of graduates and priests. He was preceded in death by his wife of 59 years, Ruth (née Jarvis).

He is survived by two sons, Carl (Sharon) and Ken (Susan), and one granddaughter.

*If your church is in our print circulation area and would like to be listed in the Church Calendar, please send service times, church address and contact information to <news@sewaneemessenger.com> or phone (931) 598-9949.*



**Monteagle** (from page 1)

explained the Recreation Committee formed when a group of residents suggested Monteagle apply for a grant to build a pickle ball court. To apply for grants, Monteagle needed a "recreation plan." Facilitator Eddie Krenson stressed the survey provided "quantitative data." The missing piece essential for a Recreation Plan and for grant writing was "qualitative data, what people are thinking and feeling."

A Sewanee grad who played baseball at the University, went on to earn a Doctorate in Education, and to serve as a teacher and coach, Krenson led attendees in an exercise to take the survey results to the next level. Attendees responded to three questions writing their answers on notecards: What are the greatest strengths for recreation in Monteagle?; What are Monteagle's greatest limitations and weaknesses in the area of recreation?; and What suggestions would you have to improve Monteagle's recreational opportunities? Two topics repeatedly reared their heads in the attendees' responses: communication and kids.

Attendees raved about the areas' parks and hiking trails, but insisted, "People moving into the area don't know what we have." Likewise, despite advertising via Facebook and newspapers, following an event residents often objected, "I didn't know about it." Suggestions for ramping up the communication network included electronic bulletin boards, notices in water bills, a mural or map at city hall featuring area attractions, a tourist information center, an information table at the flea market, realtors distributing "welcome packets," and a pamphlet detailing attractions. "A pamphlet with a map wouldn't be that expensive," a resident said, "and the other side could list business sponsors."

On the subject of youth, many expressed nostalgia for a bygone era. "Technology has taken over," one resident said. "Parents need to take their kids to the park rather than take them somewhere to be babysat. The ballpark used to be packed on Sundays." Another resident recalled kids organizing neighborhood baseball and football games. Another recalled more emphasis on team sports in school — "Baseball was what we did in school so it was what we did out of school." The overarching question: How do we recapture that enthusiasm?

Last year Monteagle lacked enough youth participation to field a baseball team. This year, Monteagle has partnered with Tracy City for baseball. Burnette suggested Monteagle could "take the lead on soccer," although Monteagle lacked the space for a full-size soccer field. A parent suggested a possible partnership with St. Andrew's-Sewanee School. Another partnership opportunity could follow from encouraging Monteagle Elementary School to focus more on organized sports.

Is there a soccer team in Monteagle's future? Will Monteagle have a pickle ball court or a bocce ball court. Burnette expressed surprise at the interest in bocce ball. "A bocce ball court would be relatively easy to do and wouldn't cost a lot."

Krenson will collate the responses to the questions, rank them hierarchically, and draft a narrative for use in a recreation plan and grant writing, a story about "what people are thinking and feeling." Interested in getting involved? Watch the Messenger for information on the next Recreation Committee meeting. To contact Burnette leave a message at City Hall or email <tyburnette@gmail.com>.

**FC Schools** (continued from page 1)

The change to the graduation policy allows students to substitute marching band, cheerleading, or an athletic program for the required one-half (1/2) credit in physical education. "It doesn't make sense a student in a semester of football should be required to take a half semester of PE, as well," Alsup said, speaking from the perspective of a former high-school principal. "In addition, it allows students to take another class [in the PE time slot] that could be content based," said Director of Schools Cary Holman. Alsup did not anticipate the change significantly impacting the number of PE teachers needed. Holman pointed out teachers frequently had dual certification.

The Franklin County PECCA (Professional Educators Collaborative Conferencing Act) team consists of representatives from the Franklin County Education Association and the board of education management. The recommended pay scale calls for a 5 percent salary increase for all certified employees and a years-of-service wage increase for teachers who have served 24 years or more. By last year's pay scale, years-of-service increases stopped at 23 years. "We plan to use the 5 percent increase to build the budget," said Board Vice-Chair Lance Williams. With an April deadline for budget approval on the horizon, the board will hold a working session April 4, 6 p.m., to parse the details.

South Middle School Principal Tara Brewer appealed to the board to adopt a Tennessee School Board Association policy allowing therapy dogs. Brewer first experienced the "joy" and "calming" effect therapy dogs could bring to a classroom when teaching special ed at Cowan Elementary. Recently an emotional support dog visited South Middle School. "I was amazed at the students who came out of their shell," Brewer said. "When is Bo coming back?" the children wanted to know afterwards. Therapy dogs are trained to be around people, welcome petting, and tolerate noise, chaos, and even tail pulling. Research has shown therapy dogs increase wellbeing and decrease depression, pain, and anxiety. Physiological measurement shows

therapy dogs positively impact brain chemistry levels of cortisol and dopamine. From a classroom perspective, therapy dogs reduce test anxiety and help conflicted students de-escalate, especially key for students navigating the challenges of adolescence. Brewer told the story of a defensive angry student who after spending five minutes with a therapy dog was ready to go back to class.

Other Franklin County school principals have expressed interest in the program, Brewer said. Several Tennessee school districts have therapy dog policies. According to board member Sarah Marhevsky, proposed state legislation called for a pilot program placing therapy dogs in schools.

Updating the board on the Education Freedom Scholarship Act which would award vouchers for private school and home school education, Marhevsky said the Tennessee House and Senate had introduced 39 and 17 page amendments, respectively. The House version does not require testing accountability for students awarded vouchers, but on a positive note, would mean the state paid a higher portion of teacher insurance premiums and provided for alternatives to fourth-grade retention for students with inadequate test scores. The Senate version would allow voucher money to pay for attending a public school in a different county.

Speaking against the Education Freedom Scholarship Act, board member Sara Liechty said when North Carolina adopted a similar plan, 90 percent of the students awarded vouchers were already attending private schools, meaning they had the financial resources to do so. Liechty also noted private schools were not required to teach Tennessee or U.S. history.

Holman announced the state recently honored Cowan Elementary, North Lake Elementary, and Sewanee Elementary with the designation Reward Schools, the top distinction a school can earn for academic growth and achievement. Holman praised principals Cynthia Young (Cowan), Sherry Sells (North Lake), and Allison Dietz (Sewanee) "for their leadership."

**Conversations** (continued from page 1)

Nashville will develop a Health Equity Plan, which will present how Grundy citizens believe the best development can take place to take their health into account. That plan will then inform the development of a "Design Your Neighborhood" curriculum in local schools.

The "Design Your Neighborhood" phase of the project will be developed by Dr. Katy Morgan, Sewanee professor, and teachers and administrators in the schools. Through Design Your Neighborhood, a three-week civic project for 6th through 8th grade students, Grundy County's youngest citizens will learn about health equity in the built environment, design connectivity plans for their communities, and engage in creative placemaking that reflects their communities' identity. In April of 2025, students will host a Community Design Exhibition to share their art, design ideas, and priorities for community connectivity. At the exhibition, youth will engage community stakeholders, local elected officials, and other leaders in an effort to elevate youth voice in long-term community planning. The grant will then conclude with a revised Health Equity Plan that includes youth priorities for healthy development.

Anyone wishing to be part of this project should contact the Fund at <talk@southcumberlandcommunityfund.org>.

Online and in color.  
<SEWANEEMESSENGER.COM>

**Community Conversations**

South Cumberland Community Fund has received a grant from the TN Dept. of Health in its Healthy Built Environment Program. The grant will allow us to hold community design meetings in communities along the Mountain Goat Trail Corridor to plan how this resource can best benefit the people of the South Cumberland Plateau. We will look at parks, housing, access to the trail, transportation, and potential businesses, as well as the unique features of each community. Please RSVP with the QR code or with Tom Sanders at 931-954-9116 or at director@southcumberlandcommunityfund.org.



RSVP

All meetings are at 5:30 CST and include a meal and childcare!

**Gruetli Conversation — Monday, March 18th**

Gruetli Community Center, 27781 TN-108, Gruetli-Laager, TN 37339

**Coalmont Conversation — Monday, March 25th**

Coalmont Community Center, 60 Phipps St, Coalmont, TN 37313

**Palmer Conversation — Monday, April 15th**

Palmer Community Center, 35 School Road, Palmer, TN 37365

**Tracy City Conversation — Tuesday, April 16th**

Dutch Maid Bakery, 109 Main St, Tracy City, TN 37387

**Monteagle Conversation — Monday, April 25th**

Monteagle City Hall, 16 Dixie Lee Ave, Monteagle, TN 37356

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# Trails & Trilliums 2024 Highlights

There is still time to register for the Trails & Trilliums Naturalist Rally, April 19-21. Come for the weekend or spend a full day in beautiful Beersheba Springs on Saturday or Sunday. Many author talks and AV presentations will take place in a large auditorium, so space is not an issue. One-day passes are available for either day. A native plant sale and Family Adventure Days for children will also be held Saturday and Sunday. Come out and support the Friends of the Parks! Registration and all information: <www.TrailsAndTrilliums.org>.

On Saturday, sign up for  
Bran Potter's AV talk on the geology of Stone Door and Greeter Falls  
The Trails & Trilliums' Welcome Session "Conserving Great Spaces" with Greer Tidwell, who has oversight of all TN state Parks  
Mary Priestley's author talk on her new book, "The Essential Mack Prichard: Writings of a Conservation Hero" (with a book signing to follow)

"Tennessee Wildflowers – A Collection of Photos and Stories about our Wonderful Natural Decorations" by State Naturalist Emeritus Randy Hedgepath

A talk on "Night Lights: An Introduction to the Fireflies of Tennessee," by Holly Taylor, Asst. State Naturalist

There are also programs on Bats, Making a Moss Lawn, Tennessee Bees, How to Treat Hemlocks, and more. Saturday evening ends with the Wine & Wildflowers BBQ at The Big Red Barn, a night hike at Stone Door, a Star Party and a bonfire.

Sunday highlights include:  
Guided hikes (with spaces available) to Stone Door, Laurel Falls, Foster Falls, Fiery Gizzard, and the Savage Day Loop

A morning bird walk, a history walk around Beersheba Springs and a Mushroom foraging walk

An outdoor morning service at Vesper Point overlooking the Stone Door valley.

An author talk on "Birding in the South Cumberland Region" by Angus Prichard

An AV presentation on "Nature Photography – The Art of Seeing," by Robin Conover, Photography Editor of Tennessee Magazine

A Forest Bathing workshop with Melissa Jean of Nashville

Jon Evans talk on "Old Growth Forests on the Cumberland Plateau"

"Edible, Medicinal, and Poisonous Plants of Tennessee" with expert John Ford

Patrick Dean's author talk on "Nature's Messenger: Mark Catesby's Adventures in a New World"

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# Bishop Reynolds Forum at SAS

On Thursday, March 21, St. Andrew's-Sewanee School hosts the 29th Bishop Reynolds Forum at 1 p.m. in the Main Hall of McCrory Hall for the Performing Arts, with a reception to follow in the Green Room. The public is cordially invited to attend. Established in 1993 by family, friends, and associates of the late George Lazenby Reynolds, Jr., former Bishop of Tennessee, the Forum provides an annual setting in which the Episcopal community on the Mountain can explore a variety of life issues by way of a yearly guest lecturer. As a church leader, Bishop Reynolds was one who understood that vigor of intellect and moral imagination depend on a lively sense of connection between oneself and the great range of life's issues that affect the individual, the church, and society.

This year's speaker is The Very Rev. Marcus G. Halley, Chaplain to the College and Dean of Spiritual and Religious Life at Trinity College. He is a graduate of Johnson C. Smith University, the Interdenominational Theological Center, and the School of Theology at the University of the South, where he received his S.T.M. and D.Min. degrees. Known as an engaging speaker, Halley's presentation is titled "The Wisdom of Spiritual Wanderers: Interfaith Perspectives for (Re)Learning to Dialogue Across Our Differences."

Marcus concentrates his ministry and leadership at the intersection of his vocational and academic expertise and interests: Christian liturgy & embodied spiritual practice, reconciliation & social justice, and leadership development. He seeks to build bridges between various communities and empower diverse communities to do the work of collectively building new possibilities. Inspired by the works of Kelly Brown Douglas, Martin Luther King, Desmond Tutu, and others, Marcus sees religious practice as a way to shape a more loving, compassionate, and just world.

The lecture and reception are free and open to the public.

# Leadership Talk: Richardson Uses Ted Lasso to Inspire Others

Rondal Richardson, a seasoned professional in the entertainment industry and nationally recognized expert in entertainment philanthropy, will offer "Leadership Lessons: A TED Lasso Talk," at 4 p.m., Monday, March 25, at Convocation Hall. The talk is co-sponsored by Sewanee's Center for Leadership and its chapter of Omicron Delta Kappa, the national leadership honor society; it is free and open to the public.

An alumnus of the class of 1991, Richardson currently serves as the senior entertainment and donor services liaison at the Community Foundation of Middle Tennessee. Inspired by the character Ted Lasso from the popular TV series, Richardson sees profound parallels between Lasso's experiences and his own career journey. He aims to distill the show's impactful insights into his own leadership philosophy by intertwining clips of his favorite Ted Lasso leadership moments with stories of his own experiences.

Throughout his career, Richardson has overseen diverse projects in the entertainment realm, spanning music, film, television, magazine placements, New York Times best-selling book launches,

cause marketing, and philanthropic strategies for clients and partners nationwide. At the Community Foundation of Middle Tennessee, Richardson provides philanthropic support for Kelsea Ballerini, Tyler Childers, Eric Church, Kelly Clarkson, Chris Stapleton, Taylor Swift, Lainey Wilson, Trisha Yearwood, and more than 100 sports and entertainment partners. In the last two decades, he has helped to raise over \$215 million for charitable endeavors around the country. He previously served as Entertainment Industry Relations Manager for Vanderbilt University and has served as a voting member of both the Country Music Association and Academy of Country Music for more than 25 years.

Richardson currently serves on the University's Board of Trustees. During his time as a student at Sewanee, he was honored with the Algernon Sydney Sullivan Award for Character; he held the position of Sigma Nu commander, head proctor, and was active in ODK, the Order of the Gown, Student Assembly, the Discipline Committee, Highlanders, and Red Ribbon.

# SENIOR CENTER NEWS

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Please call (931) 598-0771 by 9 a.m. to order lunch. Menus follow:

**Monday, March 18:** Pintos and pork salad (similar to taco salad but pork instead of beef).

**Tuesday, March 19:** Baked spaghetti, salad, garlic bread.

**Wednesday, March 20:** Goulash, Mexican cornbread.

**Thursday, March 21:** Italian tortellini soup, garlic bread, dessert.

**Friday, March 22:** Chicken enchiladas, rice, refried beans.

Chair exercise with Ruth Wendling is from 10:30–11:45 a.m. on Mondays and Wednesdays.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.

# Sewanee Community-Wide Yard Sale, April 13

The Sewanee Community Center is sponsoring the community-wide yard sale from 8 a.m. to noon, Saturday, April 13. Registration is required by April 4, and the fee is \$15.

You can participate by either having a sale at your home (feel free to combine your efforts with a friend) or join up with others at the Community Center. Space is limited in the Community Center. All participants will be listed on the official map that will be distributed that day. Advertising will be in local papers in the surrounding areas, and an official yard sign will be available.

Please go to page 11 for the registration form.

# Anita Goodstein Lecture, March 21

Please join the History Department for the 2024 Anita S. Goodstein Lecture in Women's History titled: "Ayohka: Bridging Cherokee Educational Pasts, Presents, and Futures," by Julie L. Reed. The lecture will be at 6 p.m., Thursday, March 21, in Convocation Hall.

Julie L. Reed, a citizen of the Cherokee Nation, received her Ph.D. in History from the University of North Carolina. She is the author of "Serving the Nation: Cherokee Sovereignty and Social Welfare, 1800-1907." Her current book project is a history of Cherokee education, and she is also co-authoring a new history of the Cherokee Nation, supported by a grant from the National Endowment for the Humanities. She is a co-host of the blog Think Tsalagi and is a featured scholar in the new season of Native America by PBS.



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# SES MENUS

Monday–Friday,  
March 18–22  
BREAKFAST

**Monday, March 18:** Pancake wrap, fruit, fruit juice, milk.  
**Tuesday, March 19:** Pizza bagel, fruit, fruit juice, milk.  
**Wednesday, March 20:** Breakfast sandwich, fruit, fruit juice, milk.  
**Thursday, March 21:** Cinnamon pull-apart, fruit, fruit juice, milk.  
**Friday, March 22:** Bacon, egg & cheese biscuit, fruit, fruit juice, milk.

## LUNCH

**Monday, March 18:** Steak, gravy, mashed potatoes, green peas, dinner roll, fruit, milk.  
**Tuesday, March 19:** Crazy chicken, crinkle-cut fries, tossed salad, Great Northern beans, fruit, milk.  
**Wednesday, March 20:** Corn dog, fresh broccoli cup, buttered corn crinkle-cut fries, fruit, milk.  
**Thursday, March 21:** Lasagna, tossed salad, pinto beans, salsa, fruit, milk.  
**Friday, March 22:** Chicken fillet, fresh veggie cup, buttered corn, waffles, fruit, milk.  
*A variety of fruit, fruit juice and milk is offered daily for breakfast. Daily offerings for lunch may include yogurt bag, sandwich, wrap, Bento box or pizza munchable. Menus subject to change. Go to <<https://www.fcstn.net/menus-mealpricing>>.*

# Franklin County Preschool Application Process

Register your child at the school you wish your child to attend during the 2024-2025 school year if accepted. Applications are accepted 1–5 p.m., Thursday, April 4, 2024.  
Child must be 4 years old by Aug. 15, 2024 to apply for Preschool for the 2024-2025 school year.  
Documents required: certified birth certificate; immunization record & current physical report (on TN Dept. of Health form); proof of residence (utility bill, rent receipt, etc.); Proof of income required for eligibility, (2023 W-2's or tax return preferred, or last three consecutive pay stubs showing gross income, or Letter of Food Stamp Proof).  
For more information contact Patti Limbaugh at (931) 967-0626.

# Franklin County Kindergarten Registration

You must register your child at the school that your child is zoned to attend during the 2023-2024 school year, between 1–5 p.m., Thursday, April 11, 2024.  
A child must reach the age of 5 years by Aug. 15, 2024, to enroll in Kindergarten for the 2024-2025 school year.  
Items to bring: child's certified birth certificate; child's immunization record and current physician's physical report (both are on the TN Dept. of Health Certificate of Immunization form); and proof of residency.  
For more information contact Patti Limbaugh at (931) 967-0626.

# Spring Classes at Cumberland Folk School

The Cumberland Folk School, located at Sequatchie Cove Farm, is a place to celebrate and commune around traditional crafts and skills, offering weekend workshops taught by skilled craftspeople. Our classes are built upon the inherent connection between traditional skills, sustainable land management, and farming to teach self-reliance and the use of natural materials to create beautiful utilitarian objects. Go to <[www.cumberlandfolkschool.com](http://www.cumberlandfolkschool.com)> for more information, detailed class listings, and to sign up for upcoming classes.  
Baking with Einkorn, March 30, Introduction to milling and baking with Einkorn with Erik Zilen of Chattanooga's beloved Niedlov's Bakery.  
Birding by Ear, April 27, Join local birder Richard Candler, author of "Birding Sewanee," on a morning bird walk around Sequatchie Cove Farm. A class for both beginners, who will learn some ID basics, and also advanced birders to gather with others and bird Sequatchie Cove Farm's property.  
Indigo Dyeing and Katazome printing, May 5, In love with indigo? In this class, Katazome and Indigo dyeing, you will explore the centuries-old Japanese technique of using stencils and a rice paste resist to make patterns on fabric then dipped into an indigo vat.  
Mushroom Foraging, May 11, Learn essential mushroom biology and romp through the woods in search of choice edibles with this hands-on, half-day program with Midway Mushrooms.  
Shaker Divided Carriers, May 18, Build the beautiful and functional divided carrier variation of the traditional Shaker boxes with woodworker Heather Ashworth.  
Hand Brooms, May 19, Learn to make three styles of whisk brooms; the angel wing, turkey wing and Japanese triad broom with broom maker and woodworker Heather Ashworth.

# Boing Youth Conference Empowers Local Students to Take the Lead

The Campora Family Resource Center, in partnership with Katie Go-forth of the University of the South's Office of Civic Engagement and the South Cumberland Community Fund, successfully held the Boing Youth Conference on March 8 at the University of the South. This innovative event brought together students from Franklin County High School, Huntland High School and Middle School, North Middle School, South Middle School, Winchester Christian Academy, St. Andrew's-Sewanee School, Tracy Elementary Middle School, and Pelham Elementary Middle School students, empowering them to embrace leadership roles within their educational communities.

"The conference would not have been possible without the invaluable support of our generous sponsors and community partners," said Eric Vanzant, Director at the Campora Family Resource Center. "We express our sincere gratitude to Dr. Fogarty with Fogarty and Roberson Orthodontics for donating a tremendous amount of swag that the students loved. Thank you to the Franklin County's Mayor's Office for their financial contribution that helped fund the conference. The South Cumberland Community Fund also played a vital role by paying the registration fees for students from Grundy County and St. Andrew's-Sewanee School. Additionally, we had dedicated community partners and AmeriCorps volunteers who served as guides, ensuring a smooth experience for all attendees. Last but not least, we extend a heartfelt thank you to Tessa Hill of Sharing Grace and her team of youth volunteers that provided and served a healthy breakfast at our event. We are incredibly grateful for the partnerships and support that made the Boing Youth Conference a reality. By providing our students with the tools and inspiration to become leaders, we are investing in the future of our communities."

The conference featured a thought-provoking keynote address by Dr. Tommie Mabry, who inspired attendees to step up and be successful. Workshops and sessions taught by Richard Reed, Barbara Scales, and Lindsay Konrad throughout the day equipped students with valuable leadership skills, fostering their personal growth and empowering them to become agents of change.

The event was officially opened by Dr. Cary Holman, the Director of Schools for Franklin County School District, who emphasized the district's commitment to nurturing the next generation of leaders.

The Campora Family Resource Center extends its sincere gratitude to all partners, sponsors, and participants who contributed to the success of the Boing Youth Conference, paving the way for a brighter future for our youth and communities.

For more information about the Campora Family Resource Center and its initiatives, please visit <<https://www.fcstn.net/camporafamilyresourcecenter>>.



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## Nature Journaling Continues

The Nature Journaling group, sponsored by the Sewanee Herbarium, meets Thursdays, 9-11 a.m. Grab a pencil and paper and plan to join us. Email <mpriestley0150@gmail.com> for more information and meeting location.

## Easter Egg Hunt, March 23

St. James/Midway Community Park is hosting an Easter Egg Hunt at 2 p.m., Saturday, March 23. There will be prizes for each age group. Family pictures will be available with a \$5 donation. Donations of candy and prize baskets are now being accepted. For more information contact Amanda Knight at (931) 691-0962 or <amandaknight294@yahoo.com>.

## Monteagle Easter Egg Hunt

The Town of Monteagle is hosting an Easter Egg Hunt at 11 a.m., Saturday, March 23, at the Hannah Pickett Park, 24 Dixie Lee Ave., behind the May Justus Memorial Library.

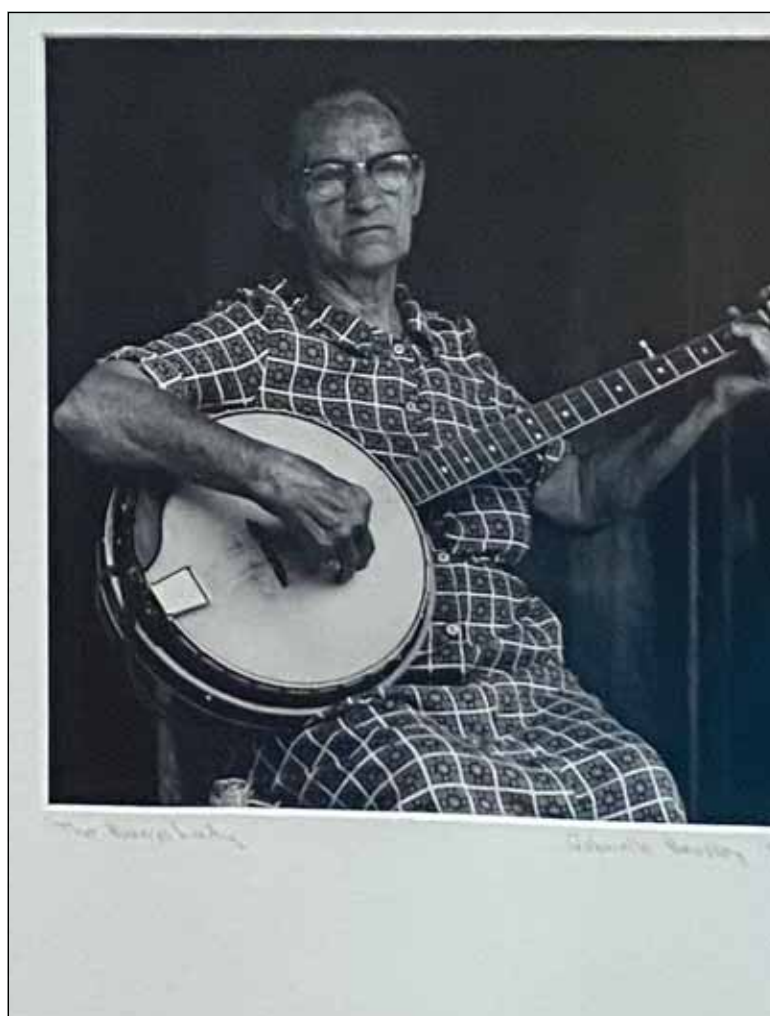
Bring your own bag or basket to collect eggs. You can have your picture made with the Easter Bunny. The first 300 children get a free hotdog. This event is free and open to all. Rain date is Saturday, March 30.

## ‘La Forza del Destino’-MET LIVE in HD

“La Forza del Destino” will be presented from 11:55 a.m. to 2:55 p.m., Saturday, March 16, in the William Ralston Music Listening Library.

Music Director Yannick Nézet-Séguin conducts Verdi’s grand tale of ill-fated love, deadly vendettas, and family strife, with stellar soprano Lise Davidsen as the noble Leonora, one of the repertoire’s most tormented—and thrilling—heroines. Director Mariusz Trelinski delivers the company’s first new Forza in nearly 30 years, setting the scene in a contemporary world and making extensive use of the Met’s turntable to represent the unstoppable advance of destiny that drives the opera’s chain of calamitous events. The distinguished cast also features tenor Brian Jagde as Leonora’s forbidden beloved, Don Alvaro; baritone Igor Golovatenko as her vengeful brother, Don Carlo; mezzo-soprano Judit Kutasi as the fortune teller Preziosilla; bass-baritone Patrick Carfizzi as Fra Melitone; and bass Soloman Howard as both Leonora’s father and Padre Guardiano.

Tickets available here: <<https://www.tickettailor.com/events/sewaneesummermusicfestival/992830>>.



Gabrielle Beasley will have a show at Stirling’s on display through April 5. A reception for “Captured Moments: People and Places in Leslie County, Kentucky” will be 3–5 p.m., Thursday, March 21. “The Banjo Lady.” Copyright by Gabrielle Beasley

## ‘Roméo et Juliette’ - MET LIVE in HD

“Roméo et Juliette” - MET LIVE in HD will be presented at 11:45 a.m., Saturday, March 23, in the William Ralston Music Listening Library. Two singers at the height of their powers — radiant soprano Nadine Sierra and tenor sensation Benjamin Bernheim — come together as the star-crossed lovers in Gounod’s sumptuous Shakespeare adaptation, with Met Music Director Yannick Nézet-Séguin on the podium to conduct one of the repertoire’s most romantic scores. Bartlett Sher’s towering staging also features baritone Will Liverman and tenor Frederick Ballentine as the archrivals Mercutio and Tybalt, mezzo-soprano Samantha Hankey as the mischievous pageboy Stéphano, and bass-baritone Alfred Walker as Frère Laurent. Tickets available here: <<https://www.tickettailor.com/events/sewaneesummermusicfestival/992830>>.

## Tennessee Wildlife Calendar Photo Contest Open

The Tennessee Wildlife Resources Agency is now accepting entries for its 2024-25 photo contest for publication in Tennessee Wildlife’s annual calendar and license cards. All interested photographers are invited to submit up to 10 of their best photos on fishing, hunting, boating, and wildlife species native to Tennessee. Submit photo entries by March 29, to <[tnwildlife.org](http://tnwildlife.org)>. Photos must be horizontal (landscape), in JPEG format, sized to print no smaller than 8-1/2” by 11”, and resolution should be at least 300 pixels/inch. Visit <[tnwildlife.org](http://tnwildlife.org)> and click the calendar contest button to submit an entry. If a photo is selected for the calendar edition, the photographer will receive a cash stipend of \$60.

## ‘Studying the Landscape’ at the UAG

The University Art Gallery is delighted to present Philip Juras’s “Studying the Landscape: Observation, Conservation, and Restoration,” on view in the University Art Gallery through March 31.

Landscape paintings invite and construct a relationship between the viewer and the place depicted.

Philip Juras paints in oil on canvas in a visual language familiar from the American tradition of landscape painting, but turns that visual tradition to close observation of lesser known and forgotten ecosystems, with the purpose of inviting conservation and restoration.

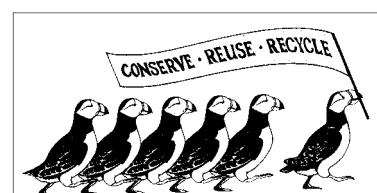
In “Studying the Landscape,” Juras portrays fire adapted grasslands, woodlands and savannas in Tennessee, Illinois, and Georgia. Some record the artist’s impressions from particular managed natural areas. Some, especially among the larger works, recreate views of sites as they might have appeared before European-American settlement.

When Juras observes and depicts a landscape, he sees things many of us might not — soil type, centuries-long histories of growth and disturbance, native plants and habitats.

His paintings invite viewers to read the landscape differently; to attend to environments that have not historically been the focus of attention, to understand their histories and the disturbances that make them possible, to value the biodiversity they support, as well as to see and enjoy their aesthetic effects.

## MES Spring Arts and Crafts Show

Monteagle Elementary will host a spring bazaar. On Friday, April 12, the Arts and Crafts Festival begins at 3 p.m., There will be more than 30 vendors inside and outside of the school. Food trucks will also be available. At 5 p.m., the Spring School Festival begins with games, face painting and a dance, until 8 p.m. From 9 a.m. to 4 p.m., Saturday, April 13, the Arts and Crafts Festival continues. All are welcome.



## St. Mary's Sewanee Sponsored Programs

**Mindfulness on the Mountain**  
May 3rd-5th

**Five Day Centering Prayer**  
June 5th-9th

**Tending Our Souls, Women’s Writing Retreat**  
June 27th-30th

**Weekend Centering Prayer**  
August 2nd-4th

Package pricing varies.  
Visit the website for more information.

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# SAS MS Boys' Soccer Undeclared

On Feb. 29, the St. Andrew's-Sewanee School boys' middle school soccer team defeated Cascade Middle School, 2-0, bringing the team's record to 3-0 on the season. The top scorer for the match was Max Goodpaster, with two unassisted goals. Other outstanding performances included Konrad Knoll with a six-save shutout; and the back line with an impressive defensive display.

On March 4, the team defeated Webb Bell Buckle, 3-2, bringing the team's record to 4-0 on the season. The top scorer for the match was Max Goodpaster, with two goals. Other outstanding performances included Peter Au with an outstanding goal from nearly half-field and multiple blocked shots; Mason Sparacio with two assists; and Konrad Knoll with seven saves. According to SAS Coach Larson Heitzenrater, "The boys showed how to push through when facing adversity, playing with intensity and class." The team's next match will be Monday, March 18, at Community School.

# SAS Varsity Soccer Pre-Season Update

On March 4, the SAS boys' varsity soccer team traveled to Bell Buckle to tackle a talented squad from Webb School. The preseason scrimmage ended with an 0-2 result for the SAS Mountain Lions. Head Coach Marion Knoll praised her team, "I could not possibly be more proud of our result against Webb on Monday night. The team played with intensity, passion, and patience for a full 80 minutes. It was exciting soccer, and there were many moments that could have tipped the score in our direction. The final score was not certain until late in the match, and the SAS team never gave up. I'm thrilled to see how well these boys are playing after 3 short weeks of the season, and I can't wait to see what they are capable of by the end of the season."

In previous preseason play, the SAS boys soccer team defeated Warren County, 1-0, and fell to both Lincoln County and Franklin County respectively. The SAS varsity boys' soccer team will host Marion County High School at home at 5 p.m., Monday, March 26.

# HOME GAMES

3 p.m., Sunday, March 17, Men's Lacrosse vs. Oglethorpe  
5:30 p.m., Tuesday, March 19, SAS MS Girls' Volleyball vs. Swiss Memorial  
3:30 p.m., Wednesday, March 20, SAS Varsity Tennis vs. Coffee County Central  
5:30 p.m., Wednesday, March 20, SAS MS Boys' Soccer vs. Webb  
3 p.m., Monday, March 25, Women's Tennis vs. Colby College  
6 p.m., Monday, March 25, Men's Lacrosse vs. Oberlin

# Women's Lacrosse Takes Down Southwestern, 19-9

Elizabeth Muller and Emma Burns both tallied five points on three goals and two assists as 13 additional players collected at least one point as Sewanee defeated Southwestern in women's lacrosse action on March 10, at Puett Field.

Sewanee got off to a quick start, in the first period as they tallied four unanswered goals. Southwestern collected only one goal in the first period with 7:11 on the clock, before the Tigers posted four more.

Sewanee capitalized on a quick green card on Southwestern, as Marlin Price scored a man-up goal 35 seconds into the game. Sally Herrington collected three goals, and Emma Burns, Claire Saverino, Finley Connors, and Caroline Harlick tallied the Tigers' other goals in the first period.

Burns opened the second with her second goal of the day and Elizabeth Muller connected with Brooke Sigmon for a 10-1 Sewanee lead. The Pirates tallied three goals to end the second, two from a free-possession shot, and one as a man-up goal.

Southwestern capitalized on another man-up opportunity with another goal in the third. Burns then connected with Muller at 10:08 on the clock. Price recorded her second goal of the day off a caused turnover and ground ball from Clara Earley.

A Sewanee turnover led to the Pirates' sixth goal of the day, but Herrington quickly got the goal back off an assist from Connors.

A draw-control win from Herrington led to another goal from Connors with an assist from Morgan Boylan for a 14-6 Sewanee lead.

Southwestern connected on another man-up opportunity to cut Sewanee's lead to half.

Sigmon took control of play as she forced a caused turnover, got the ground ball, and then scored her second goal of the day.

The Pirates won the following draw control and tallied a quick goal, but Sewanee went on a four-to-one goal run to end the game, 19-9. Sewanee's goals came from Ella Townsend, Burns, and two from Muller.

Defensively, Herrington won six draw controls, Price registered five, Townsend posted four and Winnie Pajcic and Claire Dillard collected one apiece. Both Pajcic and Dillard also caused two turnovers and Pajcic recorded three ground balls. Earley also picked up three ground balls, and Sigmon, Harlick, and Molly Starkey tallied two a piece.

# Register for the Mountain Goat Trail Race

The Mountain Goat Trail Race will be on Saturday, March 30. The half-marathon begins in Mountain Outfitters in Monteagle at 8 a.m. Central, and will run on the Mountain Goat Trail to Sewanee, looping on side roads before returning to the finish at Mountain Outfitters.

The two-mile walk begins at 10:15 a.m. Central at LaBella Pearl's Restaurant in Sewanee, and the five-mile run begins at 9:30 a.m. Central in downtown Sewanee, both finishing at Mountain Outfitters.

All entrants will receive a race T-shirt and some other goodies as well. Packet pickup is noon to 5 p.m., Friday, March 29, at Tower Community Bank in Monteagle, or 6:45-7:30 a.m., Saturday, March 30, at Mountain Outfitters.

Registration closes at 6 p.m., Friday, March 29. Go to <<https://www.mountaingoattrail.org/race>> to register. For more information contact <[info@mountaingoattrail.org](mailto:info@mountaingoattrail.org)>.

# SAS Middle School Basketball Players Named to All-Conference Team

In a testament to their dedication and prowess on the court, three middle school basketball players, Catherine Barnett, Aubrey Blosser, and Mason Rudder from St. Andrew's-Sewanee, have been selected to The Super Six All-Conference Team. Barnett, Blosser, and Rudder have showcased strong skills and leadership throughout the season. Their selection to the All-Conference Team underscores their tenacious work ethic and contributions to the SAS basketball teams. Congratulations to them on this well-deserved recognition, and may their future endeavors be filled with continued success and achievement.

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# Women's Tennis Takes Down No. 28 Bowdoin

Sarah Livingston won a 6-3, 6-4 decision at No. 4 singles to clinch the match for the 14th ranked women's tennis team over Bowdoin College, the 28th ranked team in the nation.

All three doubles matches of the day were concluded with an 8-4 score with the Tigers coming out on top of two of the three. Nicole Nowak and Mariella Congeni came away with the first point of the day with a win over Elizabeth Yu and Zoe Sun at No. 3. Bowdoin tied it up as Caroline Stuhlfaut and Hannah Buckhout bested Ansley Carpenter and Sarah Livingston at No.2, but Brooke Despriet and Katherine Petty came away with the win at No. 1 for the 2-1 lead going into singles.

Petty continued the momentum for Sewanee winning at No. 1, 7-5, 6-2. Despriet tallied a 4-1 lead for Sewanee with a 6-3, 7-5 decision at line two. Livingston clinched the match over No. 28 Bowdoin for Sewanee with a 6-4, 7-5 win over Sun.

Bowdoin tallied their final two points of the day next as Congeni had to retire at line five in the third set. Carpenter fell at line three in a tight match, with each set decided in a tie breaker, 6-7 (4), 6-7 (5).

Nowak recorded a three set thriller at line six, 7-5, 3-6, 6-2 for the final 6-3 score.

# Men's Tennis Falls to No. 4 Case Western Reserve

Peyton Erck posted a straight-set singles win but fourth-ranked Case Western Reserve swept the doubles matches and won four singles outings in straight sets in an 8-1 victory over 11th-ranked Sewanee in men's tennis action on March 11, in Claremont, Calif.

The loss ended a three-match winning streak for the Tigers (5-3). The Spartans (10-1) won all three doubles matches, with Sahil Daval and Anmay Devaraj defeating Andre-Remi Jajobi and Erck, 8-4, at No. 2 before Vishwa Aduru and Diego Maza won 8-5 at No. 1 against Jordan Theron and Quinn Wicklund. Daniel French and Yuvraj Narang collected a 7-5 decision in a tiebreaker at No. 3 versus Gil Weston and Talman Ramsey.

In singles, Case Western Reserve won in straight sets at No's. 3-6, starting with a 6-0, 6-1, decision at No. 6 by Maza against Henry Hyden. Ajay Mahenthiran defeated Ramsey, 6-3, 6-2, at No. 3 while Ansh Shah posted a 6-4, 6-2, victory against Wicklund at No. 4.

Erck registered a 6-2, 6-2, win at No. 2 over Michael Sutanto, but Casey Hishinuma claimed a 6-2, 7-6 (6) decision at No. 5 versus Weston and Aduru outlasted Theron at No. 1, 2-6, 7-5, 11-9.

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## NATURENOTES

by Yolande Gottfried



Trailing Arbutus. Photo by Lin Cameron

### Epigaea Repens

An often over-looked early bloomer and herald of spring is the Trailing Arbutus, *Epigaea repens*. The leathery leaves are evergreen, persisting in a mat on the ground through the winter, thus giving the plant a head start for spring blooming. I love its scientific name, “*Epigaea*” meaning upon Gaia, the earth, and “*repens*” meaning, of course, creeping on the surface. In Tennessee it is found on the Cumberland Plateau and in the mountains. It occurs on dry, acidic, nutrient-poor soil and often in association with pines or Mountain Laurel. It is in the Heath Family along with Mountain Laurel and blueberries. One place to look for it is at Morgan Steep under, indeed, the Mountain Laurel. Another spot is in some areas of the Caldwell Rim Trail. The flowers are white or pink with five petals, with a spicy fragrance, but you have to get down on your knees to smell them unless they are growing on a handy bank of soil. Please don’t pick them, though, or it may disrupt the plant and result in its death. Queen bumblebees who have spent the winter hibernating in the soil are attracted to the abundant nectar in the flowers and are their common pollinator. Another name for Trailing Arbutus is Mayflower, probably because it blooms in May in New England, where it is the state flower of Massachusetts, but maybe also because of an association with the Pilgrims, heralding spring after that grueling winter of 1621.



Carter



Chubby

## MARC’s Mountain Adoptables

### Meet Carter & Chubby

Hello, I am Carter. I am a long haired gray and white neutered male kitten. I am around eight months old. I am a little shy when first meeting new people but once I get to know you I am a complete love bug, at least that’s what my foster mom says. I would love to meet you and maybe we could snuggle and love on each other.

My name is Chubby and I am an adorable, affectionate, 2-3 year old, full-blooded St. Bernard. My humans brought me into their loving home but forgot to tell me that their apartment was pretty small and that soon they would be expecting a beautiful baby daughter. As she got bigger, so did I and everyone, though very sad, feels like the best thing is for me to find a great home with a new family, and lots of room to frolic. I am a playful, loyal companion who enjoys love and attention, excellent with children and other animals (dogs and cats). I’m real smart – I know basic commands and am an angel on a leash. As with St. Bernards, I do drool and shed, but these things are totally outweighed by my finer points – did I mention how handsome I am? If after all of this info you think I am your guy, come meet me.

If you would like to learn more about Carter and Chubby, please fill out an Adoption Application on the MARC website <[www.marc4change.org](http://www.marc4change.org)> and/or contact Sue Scruggs, cell phone (423) 619-3845. These pets are fostering on the Sewanee-Monteagle Mountain and are easy to meet. All MARC animals ready for adoption are spayed or neutered and up-to-date on their vaccines and preventatives.

MARC - Marion Animal Resource Connection is a 501(c)(3) non-profit animal welfare organization. It is not a shelter and relies on foster homes to save animals. MARC also provides low cost and free spay/neuter procedures for animals and is available for teaching humane care of animals in schools and to community organizations.

## DREMC Home Energy Workshops

Get valuable advice on how to improve the energy efficiency of your home before summer arrives. The Home Energy Workshop will be held in Decherd on Tuesday, March 19, at 6 p.m. at the DREMC office located at 1738 Decherd Blvd.

Home Energy Workshops are conducted by DREMC’s Residential Energy Advisor who helps attendees better understand how energy is used in the home, what repairs or upgrades will make the biggest impact on your energy bill and more.

Workshop participants will also learn about rebates available through the TVA EnergyRight Residential Services Program for

existing homes and new home construction that encourage energy efficiency. The rebates are designed to assist DREMC members in achieving their goals to improve energy efficiency year-round and create a more comfortable home.

The event includes a light supper, plus each participating household will receive a free energy-saving starter kit.

For more information about DREMC’s Home Energy Workshops or to enroll, visit <[www.dremc.com/workshop](http://www.dremc.com/workshop)> or call (931) 680-5880. Due to limited space, please reserve your seat in advance. Other Home Energy Workshops being offered by DREMC are listed on their website.

## Registration Open for ‘Hike-a-Thon’ Supporting Nature

Registration is open for TennGreen Land Conservancy’s April Hike-a-Thon, a month-long competition that supports the protection of Tennessee’s lands and waters. This virtually-managed fundraising event is unlike any other in the Southeast, allowing participants to enjoy the outdoors from anywhere while raising funds and awareness to protect the lands they love.

Registration is free, and there’s something for everyone. Competitions are held for all levels of hikers, paddlers, trail runners, climbers, mountain bikers, and more. The adventure portion of the event starts April 1, though participants may start fundraising as soon as they’re registered.

Proceeds from this month-long event benefit TennGreen Land Conservancy, a 501(c)(3) environmental nonprofit and the oldest accredited statewide land conservancy in Tennessee.

Register for the Hike-a-Thon now at <[hikeathon.info](http://hikeathon.info)>.

If you have questions or need assistance, please contact Carolyn Rehm, TennGreen Land Conservancy’s Communications Manager, at <[hikeathon@tenngreen.org](mailto:hikeathon@tenngreen.org)> or (615) 329-4441 ext. 107.

Donations to the Hike-a-Thon can be made through the Hike-a-Thon website.

## State Park Offerings

Please note: To confirm that these events will occur as listed go to <<https://tnstateparks.com/parks/events/south-cumberland>>, <<https://tnstateparks.com/parks/events/savage-gulf>> or call (931) 924-2980.

**Spring Hike—Savage Gulf State Park, Saturday, March 23, 10 a.m. CDT. Cost, \$0/Attendee; \$10/Attendee+Donation; \$10/Donation (Not attending); \$20/Attendee+Donation; \$20/Donation (Not Attending)—** <<https://tnstateparks.com/parks/events/savage-gulf>>. (Registration closes at midnight the day before the event. Please pre-register.) Join Park Ranger Spencer Baxter at Stone Door Ranger Station (Savage Gulf North) Parking lot, 1183 Stone Door Rd., Beersheba Springs, for a 2 mile roundtrip hike to the Great Stone Door. This hike is overall easy with some small elevation and some rocky terrain, but will take visitors to the best overlook in the park. Visitors are encouraged to bring boots, water, and weather appropriate clothing.

**Explore the Door—Savage Gulf State Park, Sunday, March 24, 1 p.m. CDT. Cost, \$5.** <<https://tnstateparks.com/parks/events/savage-gulf>>. (Limited to the first 10 people to register. Registration closes at midnight the day before the event.) Join Park Ranger Todd Childress at Stone Door Ranger Station (Savage Gulf North), 1183 Stone Door Rd., Beersheba Springs, for this 2.5-mile moderate guided hike, surrounded by beautiful views of Savage Gulf and a unique perspective of the Stone Door. Guests should bring ample water, wear hiking appropriate shoes, and be comfortable moving over rocks and roots. Off-Trail hiking is only allowed with park staff and should never be done alone.

**Savage Gulf Day Loop Hike—Savage Gulf State Park, Friday, March 29, 9 a.m. CDT. Cost, \$5/12+under, \$10/Adults.** <<https://tnstateparks.com/parks/events/savage-gulf>>. (Registration closes at midnight the day before the event. Please pre-register.) Join Park Ranger Spencer Baxter at Savage Gulf East Ranger Station, 3157 SR 399, Palmer, for a 5-mile (round trip, approximate) basic, introductory guided hike of the east side of Savage Gulf Day Loop. Bring desired water and food, and wear sturdy shoes and weather-appropriate clothing. The areas around overlooks can be treacherous in terms of keeping your footing. The potential to slip and fall exists, and extreme care is needed. Attendee cancellations must be made no later than 24 hours prior to the program’s scheduled start in order to receive a refund.

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MARC, 225 Sequatchie Ln., Sequatchie, TN  
Taylor’s Mercantile, 10 University Ave., Sewanee, on  
Thursday and Friday before noon  
SCAN the Amazon Wish List <https://a.co/7119w5J>



## WEATHER

DAY	DATE	HI	LO
Mon	Mar 04	61	54
Tue	Mar 05	58	56
Wed	Mar 06	54	49
Thu	Mar 07	69	55
Fri	Mar 08	61	52
Sat	Mar 09	54	34
Sun	Mar 10	50	30

Week’s Stats:

Avg max temp = 58

Avg min temp = 47

Avg temp = 53

Precipitation = 2.46"

Reported by Sandy Gilliam  
Domain Ranger



# Messenger Classifieds

## ART

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## EMPLOYMENT

**CHURCH MUSICIAN:**  
Episcopal Parish of St. Mark & St. Paul, Sewanee. Quarter-time or possibly more for a skilled organist & choir director, to begin preferably between June and August. See full posting at <www.stmarkstpaul.org>. Applications that arrive by April 20, 2024 will receive first consideration.

**ST. ANDREW'S-SEWANEE SCHOOL** seeks candidates for the Father Flye Fellowship in Teaching, Outdoor Education, Coaching, and Residential Life. This one-year fellowship offers aspiring independent school educators experience in the classroom, outdoor education, coaching, and student support. Submit a letter of interest, a résumé with references, and a statement of educational philosophy to Father Flye Fellowship. Direct applications and inquiries to: Father Flye Fellowship Committee c/o Andrea Booher <employment@sasweb.org>, Assistant to the Head of School. <https://www.sasweb.org/about/people/employment>. St. Andrew's-Sewanee School is an Equal Opportunity Employer.

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## ESTATE SALE

**ESTATE SALE!** 8 a.m.-6 p.m. Thursday-Saturday, March 14-16, 2024. Dr. Harry and Mo Nisbett, 941 West Lincoln Street, Tullahoma. This home is full to the top! Lots of great items: Civil War room divider; 18th-century tall glass front cabinet, antique 4-poster trundle bed, authentic Persian rugs, both large and small; beautiful china; glassware; beautiful antique furniture; hand-made rocking chair; vintage wooden chairs; cast-iron dinner bell; vintage books. Plus many other high-quality household items. Cash, Venmo, Credit Cards Accepted, Checks with ID. Pictures at <estatesale.net>, <https://www.barbarasclassyfinds.com>. Barbara Bull (931) 607-1101, or Mary Summitt. (502) 422-2221. Email <bbullll@comcast.net>.

*Support local.  
Shop local.*

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**FIREWOOD FOR SALE:**  
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<ads@sewaneemessenger.com>

**WEAR WHITE AT NIGHT.**  
Walkers and bikers should wear light, reflective clothing after dusk. Don't assume drivers can see you — be on the lookout for your own safety.



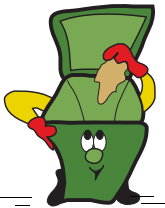
## WHERE DO I RECYCLE THIS?

**Special Garbage:**  
Items for drop off only at Franklin County Solid Waste Management, 419 Joyce Lane, Winchester:  
Electronics  
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Televisions  
All Other Electronics  
Ink Cartridges  
Rechargeable Batteries  
Books, hard back and paper backed

Commercial waste must be disposed of at the Republic Transfer Station, 9577 Tullahoma Hwy., Estill Springs.

FOR MORE INFORMATION  
<https://www.franklincotn.us/solidwaste.html>

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ST. MARK'S COMMUNITY CENTER

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REACH OUT AND READ  
LITTLE BELLAS

[sewaneecivic.org](http://sewaneecivic.org)

P.O. BOX 99  
SEWANEE, TN 37375

**GRATEFUL FOR THE GIFTS!**

## 2024 Sewanee Community-Wide Yard Sales – Registration Form

Saturday, April 13<sup>th</sup> – 8:00 am – 12:00 pm



You can participate by either having a sale at your home (feel free to combine your efforts with a friend!) or join up with others at the Community Center. All participants will be listed on the official map that will be distributed that day. Advertising will be in local papers in the surrounding areas.

Maybe you don't have many items for sale, live further from town, or would rather be in a larger group. You can reserve space inside the Center too.

**Yes! I want to participate in the Sewanee community-wide yard sales. Entries due 4/4/24**

- ☐ I will have a sale at my home and want to be include on the official map.
- ☐ I want to have booth space at the Sewanee Community Center (limited tables available)

Contact Name:	_____
Mailing Address:	_____
City, State, Zip:	_____
Phone #:	_____
Email:	_____
Location of Sale, if different than mailing address:	_____
Fee included:	\$15 (for advertising, map printing, official yard sign)

- Check all items that will be available – these will be highlighted on the map listings.
- |  |   |
|--|---|
| <input type="checkbox"/> art                   | <input type="checkbox"/> computer/electronics |
| <input type="checkbox"/> antiques              | <input type="checkbox"/> exercise equipment   |
| <input type="checkbox"/> appliances            | <input type="checkbox"/> furniture            |
| <input type="checkbox"/> baby/children clothes | <input type="checkbox"/> garden supplies      |
| <input type="checkbox"/> teen clothes          | <input type="checkbox"/> housewares           |
| <input type="checkbox"/> adult clothes         | <input type="checkbox"/> musical instruments  |
| <input type="checkbox"/> baby furniture        | <input type="checkbox"/> tools                |
| <input type="checkbox"/> bicycles, toys        | <input type="checkbox"/> other: _____         |
| <input type="checkbox"/> books                 | <input type="checkbox"/> other: _____         |

**Mail form and \$15 to:**  
Sewanee Community Center  
39 Ball Park Road  
Sewanee, TN 37375  
  
Contact Sarah Gore for more information –  
sewaneecc@gmail.com



# FROM BARD TO VERSE

by Robin Bates

## March 17 – St. Patrick’s Day

Green, blue, yellow and red –  
God is down in the swamps and marshes  
Sensational as April and almost incred-  
ible the flowering of our catharsis.  
A humble scene in a backward place  
Where no one important ever looked  
The raving flowers looked up in the face  
Of the One and the Endless, the Mind that has baulked  
The profoundest of mortals. A primrose, a violet,  
A violent wild iris – but mostly anonymous performers  
Yet an important occasion as the Muse at her toilet  
Prepared to inform the local farmers  
That beautiful, beautiful, beautiful God  
Was breathing His love by a cut-away bog.

--Patrick Kavanagh, *The One*

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Fri. 9am-11am

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# Community Calendar

## Friday, March 15

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required

## Saturday, March 16

- 9:30 a.m. Vinyasa Flow, Anneli, High Vibes, Country Mart, Monteagle, until 10:45 a.m.
- 11 a.m. Pancakes in the Park, Tracy City Fire Dept., Tracy Mini Park, until 11 a.m.
- 11:55 a.m. MET LIVE in HD, "La Forza del Desirino," Ralston Music Listening Library, tickets: <<https://www.tickettailor.com/events/sewaneesummermusicfestival/992830>>.
- noon FC Democratic Party Convention, FC Annex, 839 Dinah Shore Blvd.
- 2 p.m. GCB Ministries Easter Egg Hunt, South Cumberland State Park
- 4 p.m. Meet the Artist Reception, Musa Suber, Artisan Depot, 204 Cumberland St., Cowan, until 7 p.m.

## Sunday, March 17 • St. Patrick’s Day

- 1 p.m. You Fit, Betsy, Community Center; Introductory class at 2:30 p.m.; sign up required
- 2 p.m. Knitting Circle, Mooney’s, until 4 p.m.
- 4 p.m. Hatha Yoga, Helen, Community Center
- 5 p.m. Biehl Commons Dedication, corner University and South Carolina Avenues, until 6:30 p.m.

## Monday, March 18

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Coffee with the Coach, Lucy Majors, in-person and livestream, Blue Chair
- 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 9 a.m. Pilates, intermediate, Kim, 293 Ball Park Rd.
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.
- 5:30 p.m. SCCF Health Equity Conversation, Gruetli Community Center, 27804 S. R. 108, until 7:30 p.m.
- 5:30 p.m. Hatha Flow, Anneli, High Vibes, Country Mart, Monteagle, until 6:45 p.m.
- 5:30 p.m. Pilates, Mat Class, all levels, Kim, 293 Ball Park Rd.

## Tuesday, March 19 • Spring Equinox

- 8 a.m. GC Food Bank, 114 S. Industrial Park Rd., Coalmont, until 10 a.m.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Mixed Flow, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. Hospitality Shop open, until 2 p.m.
- 10 a.m. Pilates, beginners, Kim, 293 Ball Park Rd.
- 11:30 a.m. Grundy County Rotary, Dutch Maid Bakery, Tracy City
- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 4 p.m. Spring Fling Celebration, S. Cumberland Farmers’ Market pickup, Community Center, until 6 p.m.
- 5 p.m. GriefShare support group/weekly seminar, MMUMC Wesley House
- 5 p.m. Sewanee Utility District Board, Utility Office, Sherwood Rd.
- 5:30 p.m. Gentle Flow Yoga, Pippa, 293 Ball Park Rd., until 6:30 p.m.

## Wednesday, March 20

- 9 a.m. CAC office open, until 11 a.m.

- 9 a.m. Pilates, intermediate, Kim, 293 Ball Park Rd.
- 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 10 a.m. Writers’ Group, 212 Sherwood Rd., more info: (931) 598-0915
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.
- 5 p.m. Mobility & Flexibility, Camp, High Vibes, Country Mart, Monteagle, until 6 p.m.
- 5:30 p.m. Hatha Yoga, Helen, Community Center
- 6:30 p.m. Kundalini, Pippa, High Vibes, Country Mart, Monteagle

## Thursday, March 21

- 8 a.m. Monteagle-Sewanee Rotary, St. Mary’s Sewanee
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Herbarium Nature Journaling, more info email <[mpriestley0150@gmail.com](mailto:mpriestley0150@gmail.com)>
- 9 a.m. Wild Card, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 9:30 a.m. Body Recall exercise class, Judy, Monteagle City Hall, until 10:30 a.m.; more info <[msjmagoo@gmail.com](mailto:msjmagoo@gmail.com)>
- 10 a.m. Hospitality Shop open, until 2 p.m.
- 10 a.m. Pilates, beginner, Kim, 293 Ball Park Rd.
- 11 a.m. FCFRW, Oasis Restaurant, Winchester; meeting follows lunch
- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 1 p.m. SAS Bishop Reynolds Forum, McCrory Hall; reception follows, 290 Quintard Rd.
- 3 p.m. Reception, Gabrielle Beasley, "Captured Moments: People and Places in Leslie Co., Ky.," Stirling’s, until 5 p.m.
- 5:30 p.m. Pilates Mat Class, Bruce Manuel, High Vibes, Country Mart, Monteagle
- 6 p.m. Anita Goodstein lecture, "Ayohka: Bridging Cherokee Educational Past, Presents, and Futures," Julie Reed, Convocation Hall

## Friday, March 22

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required
- 11 a.m. All Seasons Spring Craft Show, Monterey Station, Cowan, until 6 p.m.

## Local 12-Step Meetings

### Friday

7 p.m., AA, open, Christ Church, Tracy City

### Saturday

7 p.m., NA, open, Dechard United Methodist

### Sunday

6:30 p.m., the Wesley House, MMUMC

### Monday

5 p.m., 12-Step Women’s Study Group. Call (931) 327-5551 for information and for the Zoom link  
7 p.m., AA, open, Christ Church, Tracy City

### Tuesday

7 p.m., AA, open, First Baptist, Altamont  
7 p.m., AA, open, Trinity Episcopal Church, Winchester

### Wednesday

10 a.m., AA, closed, Clifftops, (931) 924-3493  
7 p.m., NA, Dechard United Methodist

### Thursday

6 p.m., Life’s Healing Choice, Grundy County Recovery Alliance, Coalmont  
7 p.m., Al-Anon, First UMC, Winchester

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