

# — THE SEWANEE MOUNTAIN — MESSENGER

Volume XXXIX No. 40

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Friday, Oct. 20, 2023



At the Cove Creek Farm petting zoo.

## Cove Creek: Magical Kingdom of Learning and Fun

by Leslie Lytle, Messenger Staff Writer

Just off Monteagle's Main Street, hidden from view by a grassy field that camouflages Cove Creek Farm's existence, a magical world awaits visitors where agriculture, farming, and the food we eat take on a whole new meaning. Driving in visitors are greeted by 150 plump, white turkeys who have never known cages grazing in the field, the first hint of something unique in store. On Saturday and Sunday, from 10 a.m. to 6 p.m., Cove Creek welcomes families to join them in learning, exploring, and having fun.

A highlight of visiting Cove Creek is taking a hayride with farmer Matt Sparacio and learning about the farm's nontraditional practices. "Our goal is to constantly be improving the soil and putting back into the soil, instead of taking away minerals and nutrients," Sparacio explains to his wagonload of riders as they tour, pointing out the cattle grazing on the rear of the farm that day. "We rotationally graze our animals, so the grass gets time to rest, the manure gets incorporated into the soil, and we're storing carbon long term. The goal is to leave the land better than when we got it. Rather than clearing the land for pasture, we're developing

80 acres of silvopasture with five to eight trees per acre which provides shade for the animals during the day and enough sunlight for the grasses to grow."

Cove Creek offers hayrides five times per day. After the hayride, guests can visit the petting zoo and lure the pony, donkey, and goats to become friends, feeding the animals alfalfa pellets and shortgrass for treats.

The vast play area features a 25-foot tall pirate ship with a swaying bridge and fireman's pole for the seriously brave, a bounce pad (and, yes, parents can bounce too), ropes course, hay bale climbing tower, and more, for hours of fun. Cove Creek sought inspiration from materials used around the farm, turning tires into a jungle gym and using huge plastic culverts for human size hamster wheels, an unusual play activity popular with kids and adults alike.

The \$12 general admission fee is for all day. Guests can leave the grounds for lunch and return. The farm has special group rates for school classes, birthday parties, weddings, and other events.

Cove Creek is open year-round. For December, Cove Creek has

(Continued on page 5)

## AngelFest and Celebration for Vice-Chancellor Pearigen

The Sewanee Business Alliance and the University of the South are thrilled to announce an event that combines the vibrancy of AngelFest with the excitement of welcoming its new Vice Chancellor, Rob Pearigen. This occasion promises a perfect blend of family-friendly activities, live entertainment by Entice, and delectable culinary offerings, all set to take place in the heart of downtown Sewanee.

AngelFest will be on Friday, Oct. 20, at Angel Park. Kids activities kick off at 5 p.m., followed by the incredible musical performance from Entice at 7 p.m. University Avenue will be temporarily closed to ensure a safe and enjoyable experience for all attendees. We encourage attendees to utilize designated parking areas and make use of available shuttle services for hassle-free transportation to the event site.

## Trail of Tears Walk

The 2023 Trail of Tears Commemorative Walk will be on Saturday, Oct. 28. The Walk will begin at 11:30 a.m., at the pavilion on 230 Wilson Street off the Old Cowan Road. The solemn walk of 0.8 miles follows the footsteps of the Cherokee in 1838. The walk ends at the Franklin County Library, 105 S. Porter St, Winchester where demonstrations, displays and food are available. The archivist for the Museum of the Cherokee Indian Bo Taylor presents a program at 1 p.m.

Bring your family to commemorate the Cherokee Trail of Tears as it moved through Winchester in October 1838. In October 1838, the Bell Detachment came through Franklin County. This is known as we have a voucher for shoes purchased on the square by Lt. Edward Deas who was assigned to the detachment of approximately 700 Cherokee.

## The Rev. Canon Natalie Arendse to Lecture on Oct. 23

As South Africa looks forward to celebrating 30 years since its first democratic elections, the Rev. Canon Natalie Arendse reflects on how the Anglican Church of South Africa has been silent about the very things for which the "rainbow nation" fought.

Visiting us from Cape Town, South Africa, Arendse is Associate Rector of St. Philip's Anglican Church. In her lecture entitled "Has the Anglican Church of Desmond Tutu Lost her Prophetic Voice?" Arendse will explore this question and others. The lecture will be at 7 p.m., Monday, Oct. 23, in Convocation Hall (760 University Ave.) on the campus of the University of the South.

The lecture is free and open to the public. All are welcome and encouraged to attend on campus or via livestream webinar. For more information visit: <<https://theology.sewanee.edu/>>.

Ordained as deacon in 2004 and to the priesthood in 2005, Arendse served as program manager for theology and development at HOPE Africa, the social development office of the Anglican Church of Southern Africa (ACSA). She then served as chaplain to St. Cyprian's Anglican School for seven years before accepting the call to serve St. Philip's Church, one of six churches in the parish of St. John the Evangelist. She also leads the St. John's Leadership Academy, a formation program for lay and ordained leaders.

Arendse serves as Canon on the Chapter of the Diocese of Cape Town and a Fellowship of Vocation Warden. She is the clerical representative for ACSA to the Anglican Consultative Council and a member of the Advisory Board for Theological Education of ACSA.



Plateau Etiquette Academy volunteers.

## Plateau Etiquette Academy

by Beth Riner, Messenger Staff Writer

Eighteen third graders from Sewanee Elementary School (SES) took a genteel stroll through the social graces at an afterschool etiquette camp last month sponsored by the newly created Plateau Etiquette Academy.

Lifelong Sewanee resident Jade Barry founded the academy along with Midway's Sarah Rose Walker, her friend since the first grade when they were both students in Karen Vaughan's class at SES. Vaughan, now a grandmother of two, actually helped her former pupils teach the camp.

Barry and her husband, Brandon, grew up in Sewanee but had never had any formal etiquette training. Both felt that lack keenly when they left college and entered the business world.

"We were just country kids not exposed to learning the social norms," she explained.

Years later, as established professionals, Brandon, an engineer, and Jade, a dietician, wanted to

make sure that their young son learned those important social skills at an early age.

"It gives kids the tools of what to do in a given situation," Barry said. "It provides them confidence if they know what to do when the time comes, so education is so important."

Other parents in the area felt the same way.

"Sarah and I have been saying for years that we wished we had had etiquette instruction offered to us," she added.

The two friends joined forces to make it happen. Their former teacher was happy to be part of the program.

"Everyone needs to know how to behave well," Vaughan said. "Manners are important. A knowledge of etiquette can open doors, increase self-confidence, and have a positive effect on others. I enjoyed working with

(Continued on page 5)

## Fire on the Mountain Chili Cook-off

The South Cumberland Chamber of Commerce Annual Fire on the Mountain Chili Cook-off will be on Saturday, Oct. 28, at Hannah Pickett Park. The Park is located at 16 Dixie Lee Ave, behind Monteagle City Hall. This year the Chili Cook-off will take place in conjunction with Jeeptoberfest. There will be arts & craft vendors and activities for the children. These events will begin at 10 a.m. and run until 2 p.m.

The Chili Cook-off will be open to the public for the tasting at 10:30 a.m. The public can sample all the entrants' chili for \$5. Chili Cook-off teams will represent some of the surrounding areas, as well as the mountain's finest restaurants, businesses, and community groups. There are two categories of awards for the chili contest. The first award is "People's Choice Best Chili" and the second is "People's Choice Best Booth." The chili can be made on site or brought to the event. The Best Chili first place will receive \$200. The Best Booth will receive \$100.

If you would like to enter the contest or rent a vendor booth, go the chamber's website at: <[southcumberlandchamber.com](http://southcumberlandchamber.com)>. You can also contact the chamber at (931) 924-5353 or email: <[info@southcumberlandchamber.com](mailto:info@southcumberlandchamber.com)>.

P.O. Box 296  
Sewanee, TN 37375

## Letter

### ADA AND EVENTS PARKING

#### To the Editor:

For 30 years, the American Disabilities Act has required only one handicapped parking place per 25 places. Since all parking has been banned on University Avenue in the Central Campus, there is not even one handicapped parking place for All Saints' Chapel and nearby public buildings. Those who are prevented from attending church and events because of this deficit may go to <ADA@sewanee.edu>, and report a barrier or a grievance.

In addition, Sewanee's historic code of hospitality was trashed for the more than 100 Trustees visiting this week for meetings in Convocation Hall. They were greeted by a mile of traffic cones preventing curb parking on University Avenue. Until recently, parking for community members and visitors attending special events and Chapel services was allowed in the bike lanes.

Other countries manage to coordinate bicycle and vehicle use by limiting the hours bike lanes can be used and not allowing use on Sundays. This is apparently against Tennessee law. I hope some compromise can be reached so that the disabled, visitors, and community members can park where needed.

Sincerely,

Sally Hubbard, Sewanee

## University Job Opportunities

**Exempt Positions:** Advancement Officer, University Relations; Assistant Dean of Residential Life, Residential Life; Assistant Director of Operations, Residential Life, Student Success; Assistant Director, Sewanee Fund, University Relations, Sewanee Fund; Assistant/Associate Director for Student Programs, Student Services; Associate Men's and Women's Tennis Coach, Athletics; Content & Communications Strategist, M&C for Admission & Financial Aid, M&C; Energy Specialist, Facilities Management; Equity, Equal Opportunity, and Title IX Coordinator, Diversity, Equity, and Inclusion; Financial Aid Counselor/Senior Financial Aid Counselor, Financial Aid; Lay Chaplain, All Saints' Chapel.

**Non-Exempt Positions:** Catering Team Lead, Sewanee Catering; Childcare Provider, University Child Care Center; Domain Recreation Post-Baccalaureate Fellow, OESS; Equestrian and Farm Hand, Sewanee Equestrian Center; GIS and Database Technician, Facilities Management; Golf Shop Assistant, (Part-Time) Business Services, Golf Course; Golf Course Greenskeeper (10-Month Position), Grounds and Landscaping; On-Call Catering Attendant, Sewanee



## — THE SEWANEE MOUNTAIN — MESSENGER

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## CLARIFICATION

In the story "Power to Effect Change: Another Sand Plant?", from the Oct. 13, 2023 issue, the comment attributed to Commissioner Brandt should have read "Marion County Farm Bureau Vice President James Haskew ... opposed the resolution," not "the Farm Bureau ... opposed the resolution." The Farm Bureau organization has not publicly expressed an opinion on the Powers Act.

## Messenger Break Ahead

It is hard to imagine, but with Halloween upon us, Thanksgiving is soon and Christmas is just around the corner.

The Messenger will be on Thanksgiving break Nov. 20 through Nov. 24. We will be back in the office on Monday, Nov. 27, and back in print on Friday, Dec. 1.

For the upcoming Christmas and New Year's holidays, the Messenger will be on break Dec. 15 through Jan. 5, 2024. The staff will return to the office on Monday, Jan. 8, 2024, with the first issue of the new year on Friday, Jan. 12, 2024.

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### Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines. We strive to print all letters we receive, but publication is not guaranteed. Letters should be factually accurate. Letters that are deemed unsuitable for publication shall not be printed elsewhere in the newspaper, including as a paid advertisement.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, leave it at our office, 418 St. Mary's Ln., or send your email to <news@sewanee-messenger.com>. —KB



## SERVING WHERE CALLED

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

Blaze Cassidy Barry  
Brandon Brawley  
Justin Brawley  
James Gregory Cowan  
Mark Gallagher  
Nathaniel P. Gallagher  
Peter Green  
Zachary Green  
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Bailey Jackson McLean  
Andrew Midgett  
Jose D. Ramirez III  
Troy (Nick) Sepulveda  
Zachary Sherrill  
Allison Tucker  
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Shirley M. Lawson at <slawson@sewanee.edu>.

### MESSENGER INFORMATION

Phone: (931) 598-9949

**Display Advertising**  
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**News and Calendar**  
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### MESSENGER HOURS

Monday, Tuesday and Wednesday  
9 a.m. to 4 p.m.  
Thursday—Production Day  
Closed  
Friday—Circulation Day  
Closed

## Upcoming Meetings

### FCDP Potluck Supper

The Franklin County Democratic Party is hosting a potluck supper at 2:30 p.m., Sunday, Oct. 22, at the Winchester City Park, Pavilion No. 3. All are invited to enjoy food and learn about the upcoming elections. Valerie Lorenz will also be offering line dancing lessons. Please RSVP to Cara Dalton at (401) 640-5573, or sign up to bring a dish to share.

### Coffee with the Coach

Coffee with the Coach, an opportunity to learn more about Sewanee's sports teams, will livestream the meeting at 9 a.m., Monday, Oct. 23, with Mark Fino, Swimming and Diving. The livestream will be available at <<https://sewaneetigers.com/watch>>. The meeting will also be in-person at the Blue Chair.

### Marion County Commission

Marion County Commission meetings are normally scheduled for the fourth Monday of each month. The next meeting is at 6 p.m., Monday, Oct. 23, at the Lawson Building, 300 Ridley Avenue, in Jasper.

### Sewanee Community Council

The following items are on the agenda for the Sewanee Community Council meeting scheduled for Monday, Oct. 23, 2023, at 7 p.m. in-person at the Senior Citizens' Center and online via Zoom. Masks are optional for in-person attendance.

Approval of the September Minutes; How to Submit Agenda Items – Wilson; Community Funding Committee Grant Request – Weber; Traffic Calming Measures/Speed Humps – Payne; Event Parking – Wilson; Announcements and/or Questions.

Join Zoom Meeting: <<https://sewanee-edu.zoom.us/j/86026611484>>. Meeting ID: 860 2661 1484. Join by phone: 1-309-205-3325

### FCDP Monthly Meeting

The Franklin County Democratic Party will meet at 6 p.m., Tuesday, Oct. 24, at 839 Dinah Shore Blvd., Winchester. The meeting will be in the small meeting room next to the Election Commission in the Franklin County Annex.

### Rotary Club Meeting

The Monteagle-Sewanee Rotary Club will meet at 8 a.m., Thursday, Oct. 26, at St. Mary's Sewanee, located at 770 St. Mary's Lane. Our presenter will be author Kevin Wilson, who will discuss his work.

### Town of Monteagle

The Monteagle Town council is scheduled to meet at 5 p.m., Monday, Oct. 30, in the conference room at City Hall.

### St. Mark's Community Association

The St. Mark's Community Association is scheduled to meet at 5 p.m., Tuesday, Nov. 7, at the St. Mark's Community Center, 481 Alabama Ave., Sewanee. Those who want to get involved in spearheading the St. Mark's Community's future are invited to attend. The St. Mark's Community Association welcomes new members. The \$20 membership fee can be paid at Regions Bank or by sending a check, made out to the association, to Evelyn Patton, 157 Palmetto Ave., Sewanee, TN 37375. If you would like to get involved email <[stmarkscommassoc@gmail.com](mailto:stmarkscommassoc@gmail.com)>. For information about renting the center, contact Charliiss Burnett: <[burnettcharliiss@yahoo.com](mailto:burnettcharliiss@yahoo.com)> or (931) 691-4599.

### Sewanee Woman's Club Meeting

The Sewanee Woman's Club will gather on Monday Nov. 13, 2023, at St. Mary's Sewanee.

Adam Martin, CEO of STRHS (Administrator of the Winchester and Emerald Hodgson Hospitals), will give us the latest updates of the new developments within our hospitals. He will detail new diagnostic capabilities, rehabilitation services, and other changes in the care of patients from the Franklin, Grundy and Marion Counties area. This topic is of great interest as health care may be needed now or in the future.

Ladies, come and enjoy social hour beginning at 11:30 a.m. followed by a delicious and nutritious lunch at 11:50 p.m. and the presentation.

Make your reservations by noon, Sunday Nov. 5 to Michele Freeman by email: <[mfree4691@icloud.com](mailto:mfree4691@icloud.com)> or by phone (931) 630 1904.

## Belvidere Firemen's Fish Fry

The Belvidere Fire Department's annual Fish Fry is 11 a.m. to 5 p.m. Saturday, Oct. 28, at the Belvidere Community Center, 349 Belvidere Rd.

Tickets are \$15, adults; \$5, children 4-12; and free for children under 4. The menu is fish, barbecue chicken, chicken strips, hush puppies, fries, baked beans, cole slaw, drinks and homemade desserts. All seating is indoors, and there will be bluegrass music. For information on the fish fry, call Ed Burns at (931) 636-4488.

## Hospitality Shop Hours

The Hospitality Shop is open 10 a.m. to 1 p.m., Tuesday and Thursday, and 10 a.m. to 2 p.m., Saturday. The Hospitality Shop accepts donations of clothing, household goods, jewelry and knickknacks. Please leave clean and well-maintained items in the bin at the rear of the building. There are two external donation bins. One is for clothing. One is for everything else. Please bag or box these two types of donations separately. The Shop cannot take large pieces of furniture, mattresses or electronics. The Shop is located at 1096 University Ave., Sewanee. Shop parking is in the rear of the building.

## Local Food Available

The South Cumberland Farmer's Market has breads, fruits, vegetables, eggs, coffee, meats and more available. Ordering takes place each week online from Friday at 9 p.m. to Monday at 10 a.m. Curbside pickup is on Tuesdays, 4:30-6 p.m., at the Sewanee Community Center. To order go to <<https://southcumberlandfarmersmarket.com>>.



## SCA to Meet Nov. 6

The Sewanee Civic Association will meet at 6 p.m., Monday, Nov. 6, in Kennerly Hall, St. Mark and St. Paul. Social time with wine begins at 5:30 p.m., followed by dinner and a brief business meeting. Presenting the program will be Vice-Chancellor Rob Pearigen and Phoebe Pearigen.

Reservations for dinner are due by Friday, Nov. 3, via email <[sewaneecommunitychest@gmail.com](mailto:sewaneecommunitychest@gmail.com)>. Items for the business meeting include the Sewanee Community Chest and updates on service projects. This year, the SCA is celebrating 115 years of social and service opportunities for the community. The SCA is the sponsoring organization for the Sewanee Classifieds, Treasures for the Chest, and the Sewanee Community Chest. Any adult who resides in the area and shares concerns of the community is invited to participate.

## Free Vaccine and Microchip Clinic

Marion Animal Resource Connection (MARC) will have a vaccine and microchip clinic from 10 a.m. to 4 p.m., Saturday, Nov. 11, at the Beersheba Springs Medical Clinic, 19592 TN-56, Beersheba Springs.

This clinic is for dogs of people living in Grundy County and in the counties of Marion and Franklin on the mountain. One shot including distemper, adenovirus, parainfluenza, and parvo, a microchip, and an ID Tag will be available, free, for dogs of people who cannot otherwise afford them. Distemper and parvo are deadly and contagious to other dogs and mostly are preventable. Microchipping and providing ID tags will help reunite the many wandering or lost dogs seen in our communities with their families. This clinic is sponsored by South Cumberland Community Fund and Petco Love.

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## Cove Creek (continued from page 1)

plans for a holiday lighting display, and in the spring, visitors will be able to bottle feed baby animals. This autumn until Oct. 28, Cove Creek is selling pumpkins of all shapes and sizes, including uniquely colored Cinderella pumpkins, especially sought after for pumpkin decorating contests.

Why did Matt Sparacio and his wife Lauren decide to “go public” with their farm? “The labor demands of regenerative agriculture are so high, the cost of labor eats most of your profits,” Matt said. “The profit margins on agritourism are much higher. It allows us the flexibility and freedom to use the practices we feel are important. We don’t have to compromise on those practices to make a profit.”

“And we get to teach people about regenerative agriculture and its benefits,” Lauren chimed in, sharing in Matt’s enthusiasm about the sustainable farming methods Cove Creek employs.

“People start to understand why our meat prices are higher than the grocery store,” Matt pointed out.

The 179-acre farm extends all the way to the rest area on I-24. “The land has been a farm since 1907,” Matt said. “Touring the acreage, people can see the impact the chickens are having, the impact the turkeys are having. They see the grass coming back where the cows grazed last week. You can only see our cows every once in a while, from the highway, because it takes 60 days of rotation for the cattle herd to make it across the entire farm.”

Next year, Cove Creek hopes to have an on-site food truck offering burgers, pork bratwurst, and carnitas made with meat raised on the farm.

To learn more or to buy meat raised at Cove Creek, visit their website at <www.covecreekfarm.com>. Or better still visit, the farm and see what farming that cares about the earth and the animals is all about. You’ll be glad you did.

## Installation Events for 18th Vice-Chancellor

The University of the South is celebrating the Installation of Robert W. Pearigen, Ph.D. as its 18th vice-chancellor and president with a series of events.

Friday, Oct. 20, 1 p.m., Celebrating Faculty Publications, duPont Library. This event is open to the public

Friday, Oct. 20, 2 p.m., Convocation Hall, Reception and Book Launch celebrating the career of Brown Patterson, C’52, H’12, Rhodes Scholar and Former Dean of the College and Professor of History in collaboration with Friends of the Library. This event is open to the public

Friday, Oct. 20, 12th Annual AngelFest sponsored by the University and the Sewanee Business Alliance. 5 p.m., Kids Fun & Games; 7 p.m., Entice, at Angel Park.

Full schedule available at <sewanee.edu>.

## St. Mary’s Sewanee Thanksgiving Catering is Back

It is hard to believe the 2023 holiday season is already near. The hustle and bustle of holiday parties, travel, and, yes, cooking, can sometimes overwhelm. St. Mary’s Sewanee is here to help.

The excellent St. Mary’s Sewanee culinary team is offering Thanksgiving catering again this year. The menu includes turkey breast, homemade dressing, green beans, sweet potato casserole, gravy, cranberry relish, rolls, and various pies for dessert. An entire meal to serve as many as 6 guests can be ordered (pre-cooked, only reheating required) for \$150. Partial orders can also be placed based on supply. Desserts can be purchased separately.

This offer is for a limited time only, so place your order early by contacting the Reservations office. The deadline for orders is Nov. 10 (or while supplies last). The last day for meals to be picked up is Nov. 22.

All orders must be paid for in advance. Please, no exceptions.

If you want to find Rest, Renew, and time for Reconnect this Thanksgiving Holiday, let us take care of the cooking for you.

To order, contact: Reservations at (931) 598-5342 or <Reservations@stmaryssewanee.org>.

**MEMBERSHIP MEETING, Monday, Nov. 6, KENNERLY HALL**  
Social time begins at 5:30 pm, dinner at 6 pm  
*Sewanee CIVIC ASSOCIATION*  
**RSVP by Friday, Nov. 3, 2023**



*Our special guests are Vice-Chancellor Rob Pearigen and Phoebe Pearigen.  
Photo by Buck Butler.*

**WWW.SEWANEECIVIC.ORG | SEWANEECOMMUNITYCHEST@GMAIL.COM**

## Plateau (continued from page 1)

the parents, some of whom were former students. Their enthusiasm for creating kind and respectful young men and women is admirable.

Another friend, Mandi Oakes, designed the academy’s logo, and Barry worked with Aaron Welch from Big A Marketing to design and print instructional materials, including a mini-etiquette passport and a detailed place setting.

Other volunteers in addition to the Barrys, Walker, Oakes and Vaughan were Courtney Ramirez, Steve Burnett, and Tyler Walker. St. Mark & St. Paul Parish Church in Sewanee provided space for the classes at no charge.

Lessons covered during the afterschool sessions included communication arts of kindness, courtesy, and poise; thank-you note writing and gratitude; and table manners. Participants celebrated completion of the camp with their parents at a final high noon tea.

During the communications-arts session, students rotated through stations to earn stamps on their etiquette passports. Stations included shaking hands,

making requests, holding doors open, making introductions, apologizing, and moving to the right side of the sidewalk when someone approaches.

As part of thank-you note writing, each student received a packet of personalized stationery. Prior to this session, parents filled out a Google form with pertinent information to write the thank-you note.

“That way when they got here, they were ready to write,” Barry explained. “We learned how to address an envelope—where everything goes—and we had a formula for writing a thank-you card.”

Stations returned for the table-manners session.

“We kept it as interactive as we could, and I think it was really good,” Barry said. “One station was just on how to hold your utensils and cut. We had apples, so they had to cut apples.”

Students also learned to pull out chairs, use napkins, pass dishes, and indicate when they were finished eating or going to the restroom.

“There was a whole session on

just putting together a place setting,” she added.

Cost of the etiquette camp was \$75 per child, but scholarships were offered for children who could not afford the cost.

“We wanted to make it very inclusive so that if anybody wanted to do it, they could,” Barry said. “I would never have been able to pay for this as a child, and I would have probably never had access to it—ever. The fact that there could be some sort of mission to teach good manners, to teach social norms, and to give kids the tools on what to do in a given situation—it’s so important. It provides them confidence that they know what to do when the time comes. Wouldn’t it be nice if this was a thing for every kid across the Plateau?”

Barry, who hopes to see that happen, is working with community agencies to secure funding to offer etiquette instruction at other schools in the area.

“There’s only positive results from it—it’s giving kids tools for success,” she said.



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MLS 2551836 - 215 Shadow Rock Rd., Montecagle. \$299,500



MLS 2539919 - 684 Jump Off Mtn Rd., Sewanee. 19+ac. \$599,000



MLS 252194 - 244 Rattlesnake Springs Rd., Sewanee. \$435,000



0 Johnny's Way, Tracy City - MLS 2410583 - Lot 1. 6.17 ac. \$149,000.



MLS 2438938 - 0 US Hwy 41 & Ingman Rd., Montecagle. \$139,999



MLS 2534124 - 446 Favre Circle, Winchester. \$375,000



MLS 2516863 - 817 Lake O'Donnell, Sewanee. \$249,000



MLS 2487987 - 18546 S. Pittsburg Mountain Rd., Sewanee. 150 ac. \$1,800,000



MLS 2494394 - 18546 S Pittsburg Mtn Rd Tract 1, Sewanee. 45+ ac. \$540,000



322 Chase Circle, Fox Run Phase II, Winchester. \$290,000



MLS 2554551 - 2 Rising Sun, Sewanee. \$759,000



MLS 2529372 - 0 Laurel Lake Dr., Montecagle. 66+ ac. Bluff. \$599,000



MLS 2555393 - 751 Newt Vanattia Rd., Hillsboro. \$445,000



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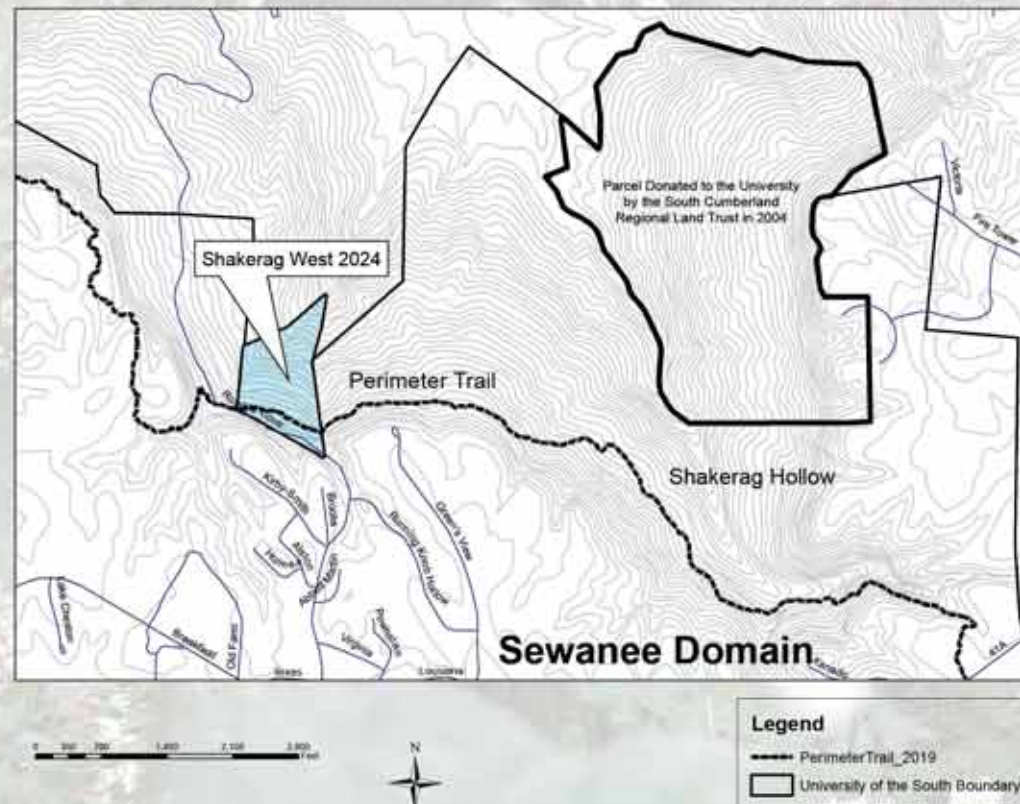
### LOTS & LAND

0 Snake Pond Rd., #1A SOLD	2534346	\$84,799
0 Snake Pond Rd., #1 SOLD	2534341	\$97,845
Jump Off Rd., 5+ ac PENDING	2509339	\$60,000
19 Jackson Pt. Rd. SOLD	2488220	\$15,500
515 Beersheba Springs	2482328	\$55,000
Jackson Pt. Rd., SOLD	2380429	\$48,000
William B. Martin Rd. 4+ac	2420264	\$60,000
0 Timberwood, #335 SOLD	2495526	\$65,000
0 Timberwood, 6+ac #339	2539084	\$64,900
0 Timberwood, 13+ac #340	2539090	\$128,900
<b>BLUFF</b>		
Box House Rd. 5.6 ac	2497235	\$108,000
Falling Cliffs Dr., SOLD	2389298	\$119,000
Preservation Dr., 6.63 ac	2349236	\$70,000

# Shakerag West

## A conservation initiative of the South Cumberland Regional Land Trust.

Up for sale is a beautiful parcel of forested land, bordered by streams and waterfalls and featuring a section of Sewanee's premier hiking trail. SCRLT is halfway to our goal & needs your help to protect this land and maintain trail access for future generations.



**We have 100 days to raise \$150,000.**

Help us establish a conservation easement to ensure uninterrupted access to the trail and its adjoining forest & streams.

Purchase & protect today at  
[www.SCRLT.org](http://www.SCRLT.org)



The SOUTH CUMBERLAND REGIONAL LAND TRUST 501(c)(3) was established in 1993 for the purpose of purchasing and protecting land located on or near the Cumberland Plateau. SCRLT's mission is the conservation of forested lands with unique geological features, old growth forests, and places with rare or endangered species of flora & fauna.

## Community Garden at St. Mark's Center

St. Mark's Community Association has partnered with Growing Roots, Mountain T.O.P., the University Farm, and the Roberson Project to build and operate a community garden at St. Mark's Community Center, funded by a generous grant from South Cumberland Community Fund.

This exciting project has three goals:

Providing healthy produce for the local community

Providing programs focused on garden science, healthy living, and food processing

Providing opportunities to participate and a place to share knowledge and talents

Planning is already underway for the construction of raised beds and deer fencing, sourcing needed materials and tools, and establishing the infrastructure for this garden and should be completed by the end of 2023. Please check out our new website to keep up with current developments: <stmarks-sewanee.org>.

The website also has information about renting the building for your meetings or events. To contact us, please email: <stmarkscommassoc@gmail.com>.



## Castle Counseling Center Celebrating Four Year Anniversary

Gail Castle at Castle Counseling Center, a.k.a. C3, is celebrating four years of being in mental health private practice of which three years have been in Franklin County in downtown Winchester.

Castle said, "It was a good decision to set up a practice in Winchester, there has been a steady growth in the practice each year." She said, "In general, people in Franklin County and surrounding counties, are finding that counseling and/or therapy is making a difference in their ability to manage and cope with life's stressors."

Castle provides counseling/therapy and consulting to individuals, couples, and groups. She sees clients who are 8 years old to 80+ years old. Castle's mission for her mental health practice is to provide a safe space to heal, recover, and thrive from life's struggles, delimas, adversity, and trauma. Castle wants to help her clients improve their overall mental health and wellness. She also consults individuals in self-development, relationships, career development, and goal setting. Castle consults organizations and groups in the nonprofit sector and in the for profit sectors in strategic planning, leadership growth and development, and board development.

Castle specializes in helping people recover and heal from trauma and chronic stress. Whether it be from traumatic events, relationship wounds, and/or childhood trauma, Castle focuses on helping people find ways to manage and cope, heal, and create positive and sustainable pathways for their lives. Castle is trained in several modalities like Cognitive Behavioral Therapy, Emotional Focused Therapy, Mindfulness, Somatic therapy, Grief Therapy, and EMDR. EMDR is a unique form of therapy to reduce the effects and symptoms of trauma and the negative feelings and thoughts that show up in our current lives and relationships. She works with people who have mental health issues that develop from trauma and chronic stress like PTSD, anger, grief, anxiety, and depression. She also has four years of experience in working to help individuals with their addictions and substance use and dependencies.

The office of Castle Counseling Center is located at 100 1st Avenue SW, Old Bank Building Suite 200, Winchester.

C3's website is <c3helpsyou.com>

You can contact Gail at (931) 636-0388 or email her at <gail@c3helpsyou.com>.

Not every counselor is for everyone. Other clinicians/counselors in and around Franklin County and surrounding counties can be found by going to <Psychologytoday.com>. One enters their zip code and a list of counselors in or near your zip code will be provided.

*Tell them you saw it in the Messenger.*

## Location Sought for the 2024 South Cumberland Mural Project

After a successful mural installation on Tracy City's Goat Pen Hostel in summer 2023, the Grundy County Mayor's Office was awarded another Tennessee Arts Commission grant to add to local placemaking efforts in the 2023-2024 fiscal year. Tennessee's South Cumberland Tourism Partnership (TSCTP), which is preserving the region's culture through a multi-year oral history project, has been tasked with implementing the grant and engaged public art nonprofit DMA-events to project-manage the mural installation.

DMA will oversee the creation of a mural that pays homage to the South Cumberland plateau's past, grabs the attention of locals and visitors and provokes interest in visiting the audio sites. The boundaries of this project extend community-wide, and the project will cultivate a sense of community pride in a new place.

DMA is seeking highly visible walls within the South Cumberland region that are brick, cinder block or stucco. All interested parties should email DMA president Kristin Luna at <kristinluna@gmail.com> with their business name and location, as well as a photo of the wall and its approximate size. The deadline to apply is Nov. 15, 2023. Factors that will weigh into the final location decision include visibility that will achieve maximum project impact, as well as wall size, condition and material.

TSCTP is a newly formed nonprofit organization working on both near and longer-term plans to help prepare the region to welcome

visitors. The brainchild of Grundy County Mayor Michael Brady, the TSCTP identifies and promotes responsible tourism opportunities that can create and sustain new local businesses and local jobs.

The larger scope of the partnership's oral history project centers on highlighting the region's rich history that includes lived experiences of the Cherokee Nation, Swiss immigrants, "Zebra Law" convicts, civil rights activists at the Highlander Folk School and coal miners throughout the South Cumberland Plateau. Some of these stories are at risk of being lost forever. The tourism commission aims to engage visitors with the tour and oral history components of the project so they can better appreciate the roots of the vibrant community. In addition to directing people to historical sites that are oftentimes overlooked, the project will facilitate a more engaging and thorough recollection of the past.

Journalists Kristin Luna and Scott van Velsor started 501(c)(3) DMA-events in May 2018 as a catalyst to provide free access to art to rural communities throughout the South. All murals DMA has produced can be found here: <http://bit.ly/DMAMurals>.

The Tennessee Arts Commission offers a variety of distinct funding opportunities to encourage participation in arts activities in communities across all 95 counties. By purchasing the arts Tennessee Specialty License Plate, you are supporting organizations, schools, communities and public art projects like these across Tennessee.

## SEWANEE PERFORMING ARTS SERIES PRESENTS



# JOSHUA ESPINOZA TRIO

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Tickets \$25

Students, Faculty, & Staff get 1 free ticket with Sewanee ID

Purchase Tickets:  
ssmf.sewanee.edu/tickets



*Latino-American jazz pianist Joshua Espinoza blends and bends genres into songs that are immediately relatable yet hard to define.*

## SENIOR CENTER NEWS

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Please call (931) 598-0771 by 9 a.m. to order lunch. Menus follow:

**Monday, Oct. 23:** Chicken, dumplings, fried okra, field peas, cornbread.

**Tuesday, Oct. 24:** Open-face roast beef, mashed potatoes, slaw.  
**Wednesday, Oct. 25:** Barbecue sandwich, baked beans, potato salad.

**Thursday, Oct. 26:** Goulash, Mexican cornbread.

**Friday, Oct. 27:** Stuffed pepper, mashed potatoes, green beans, roll.

Menus may vary. For information call the center at (931) 598-0771.

Chair exercise with Ruth Wendling is from 10:30–11:45 a.m. on Mondays and Wednesdays.

Game days are from 10 a.m. to noon on Fridays.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.

The Sewanee Senior Center's Thanksgiving Meal orders will be taken from Monday, Oct. 23 through Monday, Nov. 6. The meal is \$8, and to place your order, call the Center between 9 a.m. and 1 p.m. weekdays at (931) 598-0771.

## Get Four Free At-Home COVID-19 Tests

Every U.S. household may place an order to receive four free COVID-19 rapid tests delivered directly to your home. Go to <<https://www.covid.gov/tests>>.

Before you throw out "expired" tests, check the FDA website to see if your COVID-19 tests' expiration dates have been extended <<https://www.fda.gov/medical-devices/coronavirus-covid-19-and-medical-devices/home-otc-covid-19-diagnostic-tests#list>>.

Need help placing an order for your at-home tests? Call 1-800-232-0233 (TTY 1-888-720-7489).

## Community Chest Sets Goal

The 2023-24 Sewanee Community Chest (SCC) Fund Drive is underway. Sponsored by the Sewanee Civic Association, the SCC raises money yearly for local organizations serving the area. This year's goal of \$120,000 will help 16 local organizations that have requested basic needs funding for quality of life, community aid, children's programs, and those who are beyond Sewanee but still serve the entire community. The following organizations will receive funding when the goal is met.

- Little Bellas, \$250
- Mountain Goat Trail Alliance, \$1,500
- Reach Out and Read, \$2,030
- Early Literacy Ambassadors, \$2,845
- Fourth of July Celebration, \$3,500
- Sewanee Community Center, \$3,600
- St. Mark's Community Center, \$4,000
- Animal Harbor, \$5,000
- Community Action Committee, \$5,000
- Folks at Home, \$5,000
- MARC, \$10,000
- Sewanee Mountain Messenger, \$12,000
- Housing Sewanee, \$12,000
- Sewanee Children's Center, \$12,000
- Sewanee Senior Center, \$14,000
- SES Parent Organization, \$27,275

The Sewanee Community Chest is a 501(c)(3) nonprofit organization, and donations are tax-deductible. Send your donation to Sewanee Community Chest, P.O. Box 99, Sewanee, TN 37375.

For more information or to give through PayPal Giving or Giving Matters, go to <[www.sewaneecivic.org](http://www.sewaneecivic.org)>. If you are an employee at the University of the South, you can enroll in the payroll deduction program by contacting Human Resources.

## SEWANEENOW AND THEN

*Sewanee Trust for Historic Preservation*

*The following is from the February 18, 1915, issue of the Sewanee Purple.*

### ATTEMPTED ROBBERY OF BANK OF SEWANEENOW Daring Scheme to Get Away With the Mountain Finances Proves Complete Failure NEW SODA JERKER PROVES A HERO

*Cash Register in Supply Store Rifled but only Small Amount Taken. Entrance Effected by Breaking Through Door Pane.*

An elaborately planned robbery of the Bank of Sewanee was foiled Thursday night by our newest friend and hero, 'Doc' Garrison who acts in the capacity of night watchman and daytime drink dispenser at the University Supply Store.

After the telephone cable near the office and also the railroad cables near the station had been sawed through, action started. About two o'clock an entrance into the Supply Store was effected by the demolishing of a door pane in the Toggery Department. The remaining doors were opened with the free use of a crowbar and the attack then started on the vault door. The first "slug" of nitroglycerin tore away the combination. The second which was put into the excavation, proved useless, and attention was then turned to the side wall which after the charge was placed and set off was found to be minus the sum total of a quantity of yellow plaster and all of two bricks.

At this junction, however, our hero arrives and with his trusty "32" Special soon succeeds in demolishing one window sill, crippling one chicken coop (not beyond repair,) and putting the prowling out-post to flight. Spurred to action the "man higher up" forced the outside door and made good his escape.

Meeting at the station the three yeggmen (there seemed to have been three of them) mounted a hand-car and bid the Mountain an affectionate farewell. At the tunnel they caught the push engine and went toward Sherwood. Although the actual participants can be recognized on sight, the combined efforts of men and bloodhounds have availed nothing except the capture of a supposed accomplice, a young boy, who swears he "never done nothin'" and tells a very likely tale to prove it.

The actual losses to the University Supply Store are slight, amounting only to small amounts rifled from the cash registers. We wish to compliment Mr. Garrison on his good work saving the day (or rather night) and wish him from now on many hours of peaceful slumber. In regard to the Bank of Sewanee it is to be congratulated on its ability to withstand all intruders. This is the second attempt to rob it in two years and both have failed utterly. To the telegraph company we extend our sympathy. They truly received a cutting deal.

The supply store was located where the wellness center is now located.

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# OCTOBER 20

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LIVE BAND & DANCING: 7 PM  
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It's our 40th Annual Holiday Open House  
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Sunday, Oct. 29.

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## United for Literacy at MES

On behalf of the United for Literacy Board (UFL), we want to begin by thanking the communities of the plateau for the support that has been given through volunteering in Monteagle Elementary School, involvement in school activities, and financial contributions through the years. The pillar-like support never goes unnoticed. With that being said, we have created what we like to call a "Community Commitment" through United for Literacy, and we look forward to what we know will be continued support.

If you are not already familiar with UFL, we are a collaborative network committed to addressing the literacy crisis for students that attend Monteagle Elementary School. We want to bring Monteagle Elementary students along with parents, businesses, and community volunteers together in an effort to build a more sustainable local workforce creating lifelong learners. This is our second year in operation, and we see many more in the future.

UFL will provide one field trip per year to each grade level at Monteagle Elementary School. Even though this is an immeasurable experience, as many of MES students have never left the plateau, it is deeper than just a field trip. These students will get a field trip that is grounded in classroom knowledge. For example, after studying the American Revolution, the 8th grade will travel to the American Village this year. The American Village is an immersive experience that places students back in revolutionary times, sending messages to Paul Revere's wife, participating in the Second Continental Congress, and even learning how to yell a battle cry while carrying a musket.

Picture this: an eighth grade student leaves MES, and this student has had nine (Kindergarten through eighth grade) significant experiences that have not only shown them a real-world connection to what they have learned in class, but also nine times they have seen what this world has to offer. Because of these thought-provoking adventures, we hope to create not only productive citizens, but specifically Monteagle citizens that bring their own knowledge back full circle to this plateau. However, field trips are not where our mission ends. Last year, we also began offering in-school programs like a visit from the Chattanooga Symphony Orchestra.

To accomplish these goals, we need your financial support. Within our goals, we want to be able to provide the following: transportation, lunch, and admission for field trips. We also want to organize experiences within the school. Many requested trips require contracted transportation instead of a school bus due to location, and this is a large transportation cost, upwards of \$2,000 in some instances. While this may seem an extravagant amount, is it fair to exclude a student from an amazing experience due admission for field trips, as well as monthly offerings for "in-school adventures?" Should they be punished for living in a rural community? At UFL, we say absolutely not. We want them to experience the American Village in Birmingham, the Parthenon in Nashville, the Creative Discovery Museum in Chattanooga, and more. John Keats said, "Nothing ever becomes real until it is experienced." Help us make these dreams become reality through experiences.

Now, how can you help? First, we would love to invite you into the school. What do you love? Appalachian music? Plateau wildlife? Children's novels? We want your expertise shared with our students. Please set up a time to come and provide a program of your choice, we welcome you. Secondly, a monetary contribution would be greatly appreciated. You can stop by Citizens Tri-County Bank Monteagle, TN with cash or check or donate straight to United for Literacy at P.O. Box 1237, Monteagle, TN 37356 with a mailed check. We are a 501(c)3.

Please contact us with any questions: Monteagle Elementary School: (931) 924-2136; Pam Maloof, <pdkm@icloud.com>; Kimberly Partin, <kimberpartin@gmail.com>; Veronica Horton, <vhorton@mctns.net>; Katie Trahan, <katie@quailpropertiesllc.net>; Natalie Burkard, <nburkard@monteagleelementary.org>; Renee McBee, <rmcbee@ctc-online.com>; Rhonda Butner, (931) 924-5785.

## 3,000 Volunteers Needed by Friday

With five days until the tnAchieves mentor recruitment deadline, 3,000 volunteer mentors are still needed to meet student demand. Franklin County still needs 22 mentors to meet the local goal of 48 total mentors.

Those interested in mentoring can visit <<https://www.tnachieves.org/mentors/apply>>. The deadline is this Friday, October 20.

"The need for volunteer mentors is immediate and the opportunity is significant," said tnAchieves Senior Director of Mentors Tyler Ford. "Mentorship clears a path for students to access a post-secondary credential. It opens doors to opportunities and career connections that benefit the student, their family and the community. Anyone invested in the success of local students and the growth of our workforce can make an impact as a tnAchieves mentor!"

Those interested in learning more about tnAchieves mentorship can learn more by reviewing our one-page guide to the role here <<https://tnachieves.org/lib/image/manager/2024%20Mentor%20Program%20Guide.pdf>>. Mentorship takes just one hour per-month, training is provided and weekly support is offered throughout each mentor's work with students!

"Since tnAchieves' beginning 15 years ago, we have recruited community mentors to serve our students," said Krissy DeAlejandro, tnAchieves' President and CEO. "We continue to recruit 8,000 mentors each year as we have seen firsthand the power that local mentorship provides. Mentors offer value not just in helping students navigate the college-going process but also in understanding their path to the workforce. With a significant need for mentors during this final week, we are calling on Tennesseans to stand with students by registering as a tnAchieves mentor!"

Mentors must be 21 years of age and are subject to a background check.

tnAchieves is a 501(c)3 nonprofit that has been providing scholarships with mentor support since 2008. Any interview requests or questions can be directed to Tyler Ford at [tyler@tnachieves.org](mailto:tyler@tnachieves.org) or (309) 945-3446.

## 'Finding Your Anchor' Retreat

In these chaotic, dangerous, and polarized times, it is more important than ever to stay integrated and healthy. This mini-retreat, "Finding Your Anchor in a Changing World," will help you do just that.

Led by Tom Camp, a marriage and family therapist, yoga teacher, spiritual guide, and ordained clergy, this retreat will employ gentle yoga, breath, meditation, relaxation, mini-lectures, and sharing to help you:

Reduce stress and anxiety; reconnect with your body, mind, and spirit; find clarity and purpose in a chaotic world; build community with others who are also committed to living integrated and healthy lives.

We will follow the four mystical

paths of Creation Spirituality:

The path of awe: This path invites us to open our hearts and minds to the wonder and beauty of the world around us.

The path of release: This path helps us to let go of things that are no longer serving us, such as negative thoughts, emotions, and patterns of behavior.

The path of creativity: This path encourages us to express our unique gifts and talents in the world.

The path of transformation: This path is about growing and evolving into our best selves.

Join us from 2-4 p.m., Sunday Oct. 29. To register: <[www.highvibeshealing.com](http://www.highvibeshealing.com)>. Click on Schedule of Classes, scroll down to Find Your Anchor, then click on Book Workshop Now. Fee is \$50.

## SES MENUS

Monday-Friday,  
Oct. 23-27  
BREAKFAST

Each day, students select one or two items.

**Monday, Oct. 23:** Breakfast croissant sandwich, fruit, fruit juice, milk.

**Tuesday, Oct. 24:** pizza bagel, fruit, fruit juice, milk.

**Wednesday, Oct. 25:** Breakfast sandwich, fruit, juice, milk.

**Thursday, Oct. 26:** Breakfast crescent or cinnamon pull-apart, fruit, fruit juice, milk.

**Friday, Oct. 27:** Meat biscuit, fruit, fruit juice, milk.

### LUNCH

**Monday, Oct. 23:** Steak, gravy, mashed potatoes, green peas, dinner roll, fruit, milk.


**Tuesday, Oct. 24:** Pulled pork barbecue, crinkle-cut fries, tossed salad, Great Northern beans, bun, fruit, milk.

**Wednesday, Oct. 25:** Chicken fillet, waffles, fresh veggie cup, buttered corn, fruit, milk.

**Thursday, Oct. 26:** Walking taco, tossed salad, pinto beans, tortilla chips, salsa, fruit, milk.

**Friday, Oct. 27:** Chicken quesadilla, sweet potato fries, fresh broccoli cup, fruit, milk.

*A variety of fruit, fruit juice and milk is offered daily for breakfast. Daily offerings for lunch may include yogurt bag, sandwich, wrap, Bento box or pizza munchable. Menus subject to change. Go to <<https://www.fstn.net/menus-mealpricing>>.*



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## Annie Sellick and Pat Bergeson Duo at Shenanigans

The Annie Sellick and Pat Bergeson Duo will perform on the first and third Thursdays through December at 8 p.m., downstairs Shenanigans. Tickets are \$10. Dates are Oct. 26, Nov. 2, Nov. 16, Dec. 7, and Dec. 21. Shenanigans is located at 12595 Sollace M. Freeman Hwy., Sewanee.

A charismatic couple from Nashville (who got married on the mountain in 2008) bring americana-roots-jazz-rock to the stage in Sewanee. Guitarist Pat Bergeson has performed and recorded with musical royalty Chet Atkins, Jerry Reed, Lyle Lovett, Wynona and Dolly, and garners standing ovations with his second instrument, the harmonica. Annie Sellick is a vocalist with a love for groove, and creatively accompanies herself with stomps, claps, shakes, snaps, as well as a few on guitar or electric bass. She's toured with Mark O'Connor and Tommy Emmanuel, and is known for her engaging stage presence. Shenanigans is proud to host them as they work up new material for their 2024 tour.

## Poetry 4 Today on Your Radio Dial

An exciting, new initiative from WMTN Radio at St. Andrew's Sewanee School is called Poetry 4 Today. The goal is to integrate poetry into our regular listening patterns on the radio dial. To sandwich a poem between a Taylor Swift Song and a Dr. Dre rap. From Dierks Bently to a 21st century sonnet. In short, to make it part of our day, accidentally, like that song you just happened to catch on the radio.

Faculty, friends, students, and staff are invited to join us at their convenience on the SAS campus at our recording studio, to record their original poetry, poetry of their friends, poetry that is in the public domain, or works that they/we have received permission to record and broadcast from our station WMTN. If you'd like to participate contact us at <wmtn@sasweb.org>, and let us know what your idea is. Also let us know how to contact you and how you'd like to participate. We will be working on this project throughout the fall, and invite anyone to join us in this exciting and somewhat radical rethinking of what poetry is, and what poetry could be.

For more information contact WMTN faculty sponsor J.R. Ankney at <jankney@sasweb.org>, or call (423) 635-8960. To livestream the station, go to <https://www.sasradio.org>.

## New Fall Classes at Cumberland Folk School

The Cumberland Folk School, located at Sequatchie Cove Farm, is a place to celebrate and commune around traditional crafts and skills, offering weekend workshops taught by skilled craftspeople. Our classes are built upon the inherent connection between traditional skills, sustainable land management, and farming to teach self-reliance and the use of natural materials to create beautiful utilitarian objects.

Go to <www.cumberlandfolkschool.com> for more information, detailed class listings, and to sign up for upcoming classes.

Immune Tonic and Remedy Making, Oct. 21 — Learn to make three immune supportive remedies that provide beneficial herbs and nutrients to support your body during the winter months. There will be a hands on demo to make fire cider, elderberry syrup and chicken and vegetable bone broth lead by nutritionists Katie Braswell and Sandy Nannen.

Spoon Carving, Oct. 22 — Join Joel Larabell, wooden spoon carver, teacher and enthusiast, for this one day workshop developing your skills in the craft of wooden spoon carving.

Italian Longstitch Journal, Nov. 4 — Explore traditional bookmaking processes to create a unique handmade journal with Sara Dismukes.

Sourdough Bread Baking, Nov. 5 — Learn the techniques to make sourdough bread at home in this afternoon class with Meg and Luke of Meg's Bread. Take home a fresh loaf of bread baked in class, dough for a second loaf to bake at home and a sourdough starter. In this workshop, we will discuss the science and techniques that have helped us develop our basic sourdough bread. You will get to see the processes we use in our commercial kitchen, with tips on how similar results can be achieved in your home.

Candle Making, Nov. 11 and Dec. 16 — Learn to make hand-dipped beeswax taper candles, a holiday family tradition.

Kudzu Baskets, Nov. 12 — Learn the art of basket making as we weave an Appalachian egg or wall basket out of kudzu vines. Taught by generational basketmaker Laurel York.

## Historic Sewanee Downtown Exhibit

"Historic Sewanee Downtown, 150 Years" is currently on display in the Museum Gallery of the William R. Laurie University Archives and Special Collections building through Dec. 15, 2023. The Sewanee Historic Downtown Digital Exhibit and Walking Tour of Historic Downtown Sewanee is available at <https://library.sewanee.edu/archives/exhibits>.

Viewing hours are 1-5 p.m., Monday through Friday, or by appointment. Support from the University of the South and the Sewanee Trust for Historic Preservation made the research for and presentation of this exhibit possible.

## 64th Annual Lessons and Carols

On Christmas Eve, 1918, the Chaplain of King's College, Cambridge took a Cornish Christmas tradition and brought it to the world. Weaving together biblical readings with seasonal music, the service prepared participants to hear the announcement of the birth of Jesus Christ. For over 60 years, Sewanee has hosted its own service, and coming as it does at the end of the Advent semester, the gathering becomes, for many, the Christmas celebration of the University. In addition to the students, staff, and faculty of the University, the service is open to the broader community in Sewanee and beyond.

We look forward to welcoming the extended Sewanee family back into All Saints' Chapel in 2023. With a seats for more than 1,000 guests, we anticipate being able to seat every person who comes to worship in All Saints' Chapel. Two services—Saturday, Dec. 2 at 7 p.m. and Sunday, Dec. 3 at 4 p.m.—feature walk-up seating, and doors will open an hour in advance of the service. The 7 p.m. service on Saturday, Dec. 2 will be live-streamed for friends and family who are unable to attend in person <https://vimeo.com/event/167828>. Please note that large bags or backpacks will not be allowed in All Saints' Chapel. Go to <https://new.sewanee.edu/campus-life/believing/all-saints-chapel/63rd-festival-service-of-lessons-and-carols/> for more information.

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## New Exhibition at the University Gallery

The University Art Gallery is delighted to present Ming Ying Hong's "The One With The... Amalgamations," an exhibition of two series of intricate graphite, charcoal, color pencil, and pastel drawings.

Artist Ming Ying Hong will be on campus to present her work in conversation with Dr. Alison Miller at 5 p.m., Oct. 25, in Guerry Auditorium. Free and open to the public. Reception to follow.

Both series speak to skill, care, and time. Both offer representational fragments that snare viewers. Both are uncomfortable and disrupt expectations.

With "Amalgamations," the artist offers the viewer hybrid forms that bring together categories and experiences normally treated as opposites—inside and outside, male and female, pleasure and pain. The boundaries between categories disappear, and the values and hierarchies assigned to those categories are destabilized and questioned.

In "The One With The..." the artist's fragmented and caricature-like self-portraits confront—and share—the uncomfortable and threatening experience of inhabiting a racialized body, perceived through the filters of misconceptions and stereotypes.

Ming Ying Hong's remarkable drawings ask the viewer to stop and process what they see differently. "Amalgamations" and "The One With The..." prompt us to think about how we understand, categorize, and value visual information, and to consider carefully what's at stake in that process.

"The One With The... Amalgamations" will be on view from Oct. 25 through Dec. 11.

Please note: limited mobility parking for central campus is available on Georgia Avenue in front of the University Art Gallery. After 5 p.m., visitors may park in the blue-lined faculty and staff spaces on Georgia Ave. At all hours visitor parking is available in the white-lined spaces in the Fulford and duPont lots.

Gallery hours are 10 a.m. to 5 p.m., Tuesday through Friday, and noon to 4 p.m., Saturday and Sunday.

Please note that the UAG will be closed for the Thanksgiving Break.

## Sewanee Art Works Show at Stirling's

During the month of October, Stirling's Coffee House is hosting a new show, "The Beauty of the World: Art Created at Sewanee Art Works."

The 36 pieces in the show are the work of 15 area artists who study with Martha Keeble, owner of Sewanee Art Works studio. Residents of Tullahoma, Tracy City, Winchester, Alto, Monteagle, and Sewanee are represented in the show.

The art on exhibit ranges from deeply personal pieces created for family members to whimsical works that are intended to make the viewer smile. There are stunning still-lives, magnificent landscapes, places one may recognize, and places one may wish to visit. Many of the pieces are for sale.

Sewanee Art Works is an open, airy studio located at 38 Ball Park Road. Martha currently offers two group art lessons each week and is also available for private lessons. Students work in the medium of their preference, on projects of their own choosing.

For more information, please email <sewaneeartworks@gmail.com>.

## Save the Date for the Annual Holiday Studio Tour

Tennessee Craft-South invites the public to its annual Holiday Studio Tour on the mountain, Saturday, December 2, 10 a.m. to 5 p.m., CST and Sunday, Dec. 3, 11 a.m. to 4 p.m., CST. Tennessee Craft-South is the regional branch of Tennessee Craft, the state-wide organization which supports and promotes all handmade crafts in Tennessee.

For more information go to the website <http://tennesseecraft.org/members/chapters/south/>.

## Project Beautify at Monteagle Community Center

The Monteagle Community Center is asking the public to sponsor a commemorative brick to be incorporated into the landscaping bordering the entire perimeter of the Community Center and Library. Bricks can be purchased in honor of a loved one, a special pet, celebrations, to publicize a business, club, or organization. The possibilities are only limited by your imagination. This project ends Wednesday, Nov. 15.

Our goal for this fundraiser is to do landscaping around the perimeter of the building that will incorporate the bricks, updates and repairs to interior and exterior, create a memorial garden, purchase life saving equipment (such as defibrillators) and expand activities, clubs and functions.

Your purchase of a commemorative brick will help to ensure our Community Center is here for many generations to come. Additional information and order forms can be found at <www.monteaglecommunitycenter.com> or call Monteagle Town Hall at (931) 924-2265.

## Joshua Espinoza Trio in Concert

The Performing Arts Series present the Joshua Espinoza Trio in concert at 7:30 p.m., Thursday, Nov. 2, in Guerry Auditorium.

Latino-American jazz pianist Joshua Espinoza blends and bends genres into songs that are immediately relatable yet hard to define.

He has performed with such luminaries as Sean Jones, Warren Wolf, Miho Hazama, Jihye Lee, and Chuck Redd. Alongside bassist Kris Monson and drummer Jaron Lamar Davis, the Joshua Espinoza Trio explores the undefined space between jazz improvisation, classical chamber music, pop music, and folk traditions. His debut album "Journey Into Night" is available on all platforms.

Purchase tickets, \$25, at <https://www.showpass.com/smc-espinoza/>, in Guerry 129, or at the door. Students, Faculty, and Staff get one free ticket with a valid Sewanee ID.

## Controversial Season of Met Opera Begins Oct. 21 in Sewanee

For the third year and the second full season, the Metropolitan Opera (NYC) broadcasts live into the William Ralston Listening Library, the audiophile's paradise on the second floor of duPont Library.

As reported in the New York Times and elsewhere, a North Carolina radio station refused to carry the full season, objecting to "adult" themes, obscene language, and nonclassical music style for some of the individual operas. The Ralston room will screen all nine operas for the '23-'24 season. The events begin around noon (Central time), and adult tickets are \$25 each. Tickets may be purchased at <www.tickettailor.com/events/sewaneesummermusicfestival>.

The season-opening broadcast is one of the objectionable works for the North Carolina station, Jake Heggie's "Dead Man Walking," a relatively new opera. It airs Saturday, Oct. 21, and the live broadcast begins at 11:55 a.m. To be sure, the book and movie of "Dead Man Walking" contain very difficult material—murder, rape, a death-row inmate, and a nun protesting the death penalty. But since its inception around 1600, one of opera's central concerns has been to explore civic issues in a communal venue. With several hundred thousand viewers for each of its broadcasts, the Met Opera supplies a very big house within which to air these vexing issues. The New York office has issued the content warning that the opera "contains a depiction of a rape and murder, as well as other adult themes and strong language." (The same might be said of Mozart's operatic stalwart Don Giovanni.)

The season features a mixture of new works, including the Met premiere of Anthony Davis' "X: The Life and Times of Malcolm X" (Nov. 18), and classics including "Carmen" (Jan. 27), Nabucco, and Gounod's "Romeo and Juliet" (March 23). Like several others, "Romeo and Juliet" features the Met's magnificent sets and superb chorus (see photo).

The season wraps up with two Puccini productions, "La Rondine" (April 20) and "Madama Butterfly" (May 11).

For more on the vocalists and productions, visit <www.metopera.org/season/in-cinemas>.

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## Offense Unable to Get Going in Tigers' 30-10 Loss

Jacorin Thomas rushed for 112 yards and tossed a 10-yard touchdown pass but Sewanee was unable to finish drives and did not score in the second half, dropping a 30-10 decision to Rhodes on Oct. 14, in Memphis.

The Tigers (3-3, 2-2 SAA) trailed 14-10 at the half thanks to Thomas' TD pass and a 41-yard field goal by Jack Satterfield. The three Sewanee drives in the third quarter managed only seven total yards, including a missed field goal by Satterfield after a fumble recovery by Keegan Glaze set the Tigers up at the Lynx 26-yard line.

Sewanee put together more significant drives in the fourth quarter, but both ended on downs, the last one to end the game. The Tigers held the ball for less than 10 minutes of the second half, leaving the defense on the field for

long periods of time and Rhodes broke through with 17 points in the final two quarters, including a pair of 12-play drives in the fourth period.

Kason Holder posted a game-high 14 tackles while Glaze added 11 along with a forced fumble and the fumble recovery.

Thomas threw an interception near midfield on the Tigers' first drive of the game and the second possession ended on downs at the Rhodes 30 midway through the opening quarter. Evan Reeder tossed a 75-yard TD pass to Austin Smith on the ensuing drive for the Lynx.

Satterfield cut the deficit to 7-3 with a 41-yard field goal late in the period, but Rhodes extended the lead to 14-3 early in the second quarter on a five-yard TD pass from Houston Wilhelm to Alex LeBlanc.

Sewanee answered with its best drive of the game, moving 68 yards on eight plays, starting with a 33-yard pass from Thomas to Dagem Samuel. Thomas gained 16 yards on the ground on third down and Ethan Gillespie caught a 10-yard pass for another first down before a 10-yard TD pass from Thomas to Ethan Britt with 4:48 remaining before halftime.

Rhodes stretched the lead to 21-10 on the opening possession of the third quarter, going nine plays and 60 yards. Reeder found LeBlanc for a four-yard scoring pass to finish the drive.

It stayed that way until early in the final period, but the possession started late in the third quarter. The Lynx converted one fourth down and Wilhelm completed the drive with a two-yard touchdown run. Myles Kruger booted a 25-yard field goal with 2:16 remaining for the final points for Rhodes.

Thomas completed 10-of-22 passes for 102 yards and rushed 25 times for 112 yards. Walker Robinson added 75 yards on the ground on 13 attempts.

## Edge Tallies Goal, Assist in 3-0 Win for Men's Soccer

Payne Gridley and Tyler Cozzie both scored in the first 25 minutes and David Edge converted a penalty kick in the second half in Sewanee's 3-0 win against Birmingham-Southern in men's soccer action Oct. 15, in Birmingham, Ala.

The Tigers (5-3-6, 2-1-3 SAA) put together their first two-match winning streak of the season with Friday's victory at Millsaps and Sunday's triumph against the Panthers. The club also ran its unbeaten streak to five outings.

Gridley scored unassisted in the 17th minute for Sewanee, second goal of the year, and Cozzie found the back of the net in the 25th minute on an assist from Edge, Cozzie's sixth goal of the year. The Tigers led 2-0 at intermission despite a 7-5 edge in shots for the home team.

Birmingham-Southern's Addofo El Bey was assessed a red card in the 57th minute and Edge netted his fourth goal of the year with the PK.

## Women's Soccer Runs Unbeaten Streak to a Dozen Matches

Sophomore Morgan Cheynet netted her first goal of the season in the first half and Katye Dullye and Kylene Monaghan added second-half scores for Sewanee in a 3-0 victory over Birmingham-Southern on Oct. 15, in Birmingham, Ala.

The Tigers (9-1-3, 6-0-0 SAA) extended their unbeaten streak to 12 matches dating to the season-opener at then No. 1-ranked Johns Hopkins on September 1. Sewanee sets up a winner-take-all match for the conference regular season championship next Saturday at Centre, with the Lions also 6-0-0 entering the match.

Cheynet scored unassisted in the 24th minute for the Tigers, who outshot the Panthers, 10-0, in the first half and 20-1 in the match. BSC goalkeeper Grace Elsevier finished with eight saves in the match, including three in the first half.

Sewanee added to the lead in the second period, with Maggie O'Hare assisting on Dullye's goal in the 67th minute and Brianne Fee assisting on Monaghan's score in the 79th minute.

The Tigers completed the two-match road swing this weekend at Millsaps and Birmingham-Southern, posting a combined 7-0 score. Sewanee has allowed just three goals during the 12-match unbeaten streak and only one goal since Sept. 7.

## Volleyball Fall on Road to Petrels

On Oct. 14, Jacqueline Weller had 10 kills and a .308 hitting percentage but the Tigers fell to Oglethrope on the road in three sets.

Savannah Gann also had 10 kills and three digs for the day and Olivia Jones recorded five kills with only one error for a .267 hitting percentage and two aces. Weller also recorded 11 digs. Jessie Atkinson posted 15 assists, two service aces, and three digs for the day. Adele Cassidy again led in digs with 14 and six assists.

In the first set, the Tigers had 13 kills and two blocks but got off to a slow start and found themselves down early. After a late push, they saved six set points but could not catch up to the Petrels as they fell 22-25.

In the second set, they found themselves down 9-17 but off an eight-point run with Atkinson serving, the Tigers fought back into the set at 16-17. However, they were unable to make the final push as they again saved two set points but lost 23-25. Sewanee had 11 kills, a .225 hitting percentage, 4 aces, and 2 blocks in the second set.

In the third, they had 12 kills, 2 aces, 3 blocks, and hit for .243 but fell in the third. There were eight ties of score for the final set of the match, and the Tigers found themselves at 20 all but were unable to pull the set out as they lost 20-25.

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## Theron and Wicklund Are National Champions

Jordan Theron and Quinn Wicklund are National Champions winning the ITA Cup in Rome, Ga., on Oct. 14, at the Rome Tennis Center.

Theron and Wicklund played their semifinals on Saturday afternoon against Marco Siviero and Josh Christensen from Gustavus Adolphus College. The Tigers prevailed with a 6-3, 6-2 win.

In the finals, they faced Emory's duo of Dean Kamenev and Nolan Shah, a rematch of the finals of the ITA Regional championship. Wicklund and Theron lost in the ITA Regionals to the duo but got their revenge as they were victorious 6-1, 6-4. Their win over Emory makes them National Champions and will go into the spring season as the No. 1 doubles team in the country.

## Cross Country Places Second at UTC Invitational

Emma Grace Hendrickson placed top for the Tigers again, as Hendrickson, Lou Bullock, and Sam Ude placed 12, 13, and 14 for the Tigers as they came in second place at the UTC Invitational in Chattanooga, Tenn. on Friday morning.

Hendrickson finished the 5K course in 20:11, a PR, while Bullock came in at 20:24 and Ude came across the finish line right behind with a time of 20:27. Both Bullock and Ude also recorded personal records.

The Tigers had five runners who ran under 21 minutes, and all seven runners recorded personal bests for their careers. Freshman Eleanor Graham was 16th for the Tigers in 20:32 and sophomore Clara Earley finished 20th in 20:52. Junior Elise Overlin placed 24th and senior, Bella Francois finished 28th as they recorded times of 21:26 and 21:53 respectively.

Sewanee posted a team score of 75 for second place, behind Division I school, University of Tennessee at Chattanooga, and ahead of Dalton State, who the Tigers had lost to two weeks prior.

The Tigers compete in the conference championship on Oct. 28 in Louisville, Ky. at E.P. Tom Sawyer State Park.

## SAS Mountain Bike Team Races at Panther Creek State Park

Over the weekend of Oct. 7-8, the SAS Mountain Bike Team traveled to Panther Creek State Park in Morristown, to compete in the fourth race of the Tennessee Interscholastic Cycling League Race Series. Thirteen high school athletes made a strong showing on the hilly course. In the tightly contested Freshman Boys' category, Harper Thompson earned his strongest finish of the season, placing second with Theo Shrader just seconds behind him in fifth place. In the longest race of the day (16.5 miles), sophomore William Schrader again took fourth in the Varsity Boys' category while senior Elliot Benson had his best race of the season, placing eighth among the fastest riders in the league. Junior ASSIST students, Petre Gotsiridze and Augustin Tabacaru, placed first and third respectively in the UC2 Boys' category. Other notable performances included junior Kieran McCrorey whose endurance over the hilly course earned him 18th place in the JV Boys category and an extremely strong finish by freshman Emmanuel Akodhe which resulted in his best showing of the season in the Freshman Boys' category.

Eight members of the middle school team also raced at Panther Creek. Rosa Thompson and Jane Shealy were the first riders of the day and helped melt the frost off the grassy climb at the beginning of the racecourse. They competed in the Seventh Grade Girls' category and finished in fourth and 16th place respectively. Will Moody, Jack Roberts, and Alex Glacet represented the Mountain Lions in the Sixth Grade Boys' category. Moody came in 18th while Roberts ended the race in 29th place. Glacet's steady improvement from the first race, along with hard work and determination, resulted in the middle school team's only podium placement at fifth place. Eighth grade boys raced two laps for a total of 8.5 miles in the highly contested field of 64 riders. Grayson Clark (ninth), Dylan Bruscato (22nd), and Will Roberts (26th) handled the course with ease and, with only one more race to go, have proven they are ready to move on to the varsity team next year.

The final race of the series, the State Championship, will be held on Oct. 22 at Raccoon Mountain in Chattanooga.

## Three Runners Record PRs at the UTC Invitational

Sophomore Alex Coley placed top for the Tigers, finishing in 12th for Sewanee men's cross country Friday at the University of Tennessee at Chattanooga invite in Chattanooga, Tenn. as the Tigers finished third.

Coley finished the 8K course in 28:13, his personal best, Brandon Christ also recorded his PR finishing 15th with a time of 28:53. Sophomore, Sam Leonard came in 18th for the Tigers in 29:45.

Lane Gamble was 20th for the Tigers in 31:18 and Reed Siegler came across the finish line right behind to place 21st at 32:06. Will Ramsey also recorded his PR as he placed 22nd with a time of 32:48, Conley Trudell placed 23rd with 33:52.

Sewanee posted a team score of 86 for third place, behind Division I school, the University of Tennessee at Chattanooga, and the University of Tennessee Knoxville Running Club.

## Theron Wins Second National Championship In Two Days

Jordan Theron won the finals of the ITA Cup to win his second National Championship in two days.

Theron faced Dean Kamenev of Emory for another rematch of the ITA Regional finals just several weeks prior. He played a dominating first set as he held Kamenev to love. Kamenev put up a fight in the second set, but Theron was able to maintain his momentum and stay on top as he won the second set 6-3. His 6-0, 6-3 win crowned him the winner of the singles draw and earned him another National Championship, this time in singles.

## Tigers Pick Up 3-0 Win Over Millsaps

Will Hawgood, Austin Miller, and Stokes McConnell found the back of the net for the Tigers to carry the men's soccer team to a 2-0 conference win at Millsaps on Oct. 13.

Hawgood scored an early goal just three and a half minutes into the game off an assist by Tyler Cozzie. Miller scored the insurance goal with 37 minutes on the clock off an assist from Trevor Reichman and Luke Hunter.

Stokes McConnell added to the Tigers' lead as the freshman scored his third goal of the season off an assist from Wells Durham.

The Tigers had 24 shots, with nine on goal to the Majors 6 with just two on goal. Nathan Vanhoeve, in goal for the Tigers, recorded two saves on five shots.



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**HOME GAMES**

8 p.m., Friday, Oct. 20, Volleyball vs. Birmingham-Southern  
1 p.m., Saturday, Oct. 21, Football vs. Berry  
noon, Sunday, Oct. 22, Volleyball vs. Millsaps  
6 p.m., Tuesday, Oct. 24, SAS MS Girl's Basketball vs. North Elementary  
7 p.m., Tuesday, Oct. 24, SAS MS Boys' Basketball vs. North Elementary  
4 p.m., Friday, Oct. 27, University Swimming and Diving, Sewanee Invitational

## NATURENOTES

by Yolande Gottfried



Monarch chrysalis. Photo by David Rowe



Monarch female. Photo by David Rowe

### Monarchs and Moon

David Rowe has continued sending observations on the monarch butterflies whose metamorphosis he has been observing for the last couple of weeks. Last Saturday he wrote that one chrysalis was slowly clearing all day. On Sunday it was clear, as in the photo. Later that day, the butterfly emerged and he wrote, "The body is fat and the wings are small. The butterfly pumps the fluid into the wings to expand them. Truly amazing." That first butterfly was a male, as shown by a black scent patch in a vein of the hindwing. On Monday a female emerged and on Tuesday a third was ready to emerge. He wrote, "it's a little late on migration. I hope they make it to Texas in time before frost."

NASA's International Observe the Moon Night is this Saturday, Oct. 21. Fortunately, unlike last weekend's eclipse of the Sun, no precautions are necessary to gaze at the Moon, even through binoculars. The Moon will be at the first quarter and, according to NASA, "A first-quarter Moon is great for evening observing as it rises in the afternoon and is high above the horizon in the evening. With the naked eye, you can see dark gray seas of cooled lava called mare." The NASA website for this event has many suggestions for ways to observe, including online images, even in 3D with a virtual reality headset. And again, unlike the eclipse, the Moon is always available for observation, not just on the one night and not just in one zone.

## State Park Offerings

Please note: To confirm that these events will occur as listed go to <https://tnstateparks.com/parks/events/south-cumberland>, <https://tnstateparks.com/parks/events/savage-gulf> or call (931) 924-2980.

**Sherwood Day Loop Fall Colors Hike—South Cumberland State Park, Friday, Oct. 20, 10 a.m. CDT. Cost, \$10.** <https://tnstateparks.com/parks/events/south-cumberland>. (Registration closes at midnight the day before the event. Please pre-register.) Join Ranger Hannah Sheley at Lost Cove East Trailhead, 1900 Old CCC Road, for an easy 3-mile hike through the Sherwood Forest. Submerge yourself in the changing of the seasons and admire the natural beauty that Lost Cove has to offer. Bring water, comfortable shoes, and a snack if desired. Registration is required for this program. Suitable for ages 10+

**Day Loop Hike—Savage Gulf State Park, Monday, Nov. 13, 8:30 a.m. CDT. Cost, \$5-12+under, \$10, adults.** <https://tnstateparks.com/parks/events/savage-gulf>. (Registration closes at midnight the day before the event. Please pre-register.) Meet Ranger Mark Greenwood at Savage Gulf East Ranger Station, 3157 SR 399, Palmer, to go on a 5 mile (round trip, approximate) guided introductory hike of the east side of Savage Gulf Day Loop. The challenge lies mostly in the overall distance. We sometimes discuss what we see, sometimes just chat, and sometimes just enjoy what we see around us. Bring along desired water and food, as these are not provided. Wear sturdy shoes in which to hike! Weather permitting. The areas around overlooks can be treacherous in terms of keeping your footing. The potential to slip and fall exists, and extreme care is needed. Attendee cancellations must be made no later than 24 hours prior to the program's scheduled start in order to receive a refund.

## Fire Prevention Critical During Tennessee's Fire Season

The Tennessee Department of Agriculture's Division announced a debris burn permit is required for leaf and brush pile fires beginning Oct. 15 and residents are urged to take appropriate fire safety measures.

"There is a heightened risk of wildland fire this month in Tennessee," State Forester David Arnold said. "Risks associated with careless debris burning are high, particularly during fire season when conditions are dry and natural fuel is abundant. If you plan to burn, you must obtain a permit where local governments don't have established outdoor burning ordinances. Remember to stay with your fire, establish a safe perimeter, and keep tools on hand to control the burn."

Debris Burn Permits for leaf and brush piles are available at no charge via the MyTN mobile app or online at [www.BurnSafeTN.org](http://www.BurnSafeTN.org). Apply the same day you plan to burn. Online permits may be obtained daily from 8 a.m. to 11 p.m. in Eastern and Central time zones (based on your location) for any size leaf and/or brush burn pile, as well as prescribed fires and broadcast burning, such as for forestry, agricultural, or land clearing applications. Each fire should be completely extinguished by the permit expiration.

Residents with limited internet access may call the Division of Forestry burn permit phone number at 877-350-BURN (2876) Monday through Friday, 8 a.m. to 4:30 p.m. Central. Callers may experience lengthy wait times when call volume is high, so online applications are encouraged.

The online permitting system is a streamlined and efficient process for residents to obtain burn permits. This year, there are fewer application steps, easier navigation, and applicants may save their information for future burn permit applications.

Permits are issued only when conditions are conducive to safe burning. If you live inside city limits, check with your municipality for additional restrictions before you burn.

A list of materials that are not allowed to be burned can be found from the Tennessee Department of Environment and Conservation at [www.tn.gov/environment/program-areas/apc-air-pollution-control-home/apc-open-burning.html](http://www.tn.gov/environment/program-areas/apc-air-pollution-control-home/apc-open-burning.html). Call 1-888-891-TDEC to report illegal burning.

Burning without a permit is a class C misdemeanor and punishable by up to 30 days in jail and/or a fine. Individuals are legally required to stay with their fire until extinguished.

The following tips should be followed when it is safe to conduct a debris burn:

Check with local authorities to make sure there are no local restrictions on burning currently in place, especially in cities and towns that have their own outdoor burning ordinance.

Get a permit. A permit is required from the Tennessee Division of Forestry through May 15 where local restrictions do not supersede.

Notify your local fire department and neighbors to let them know your plans to burn.

Do not burn on windy days.

Stay abreast of changing weather conditions. Establish wide control lines down to bare mineral soil at least five feet wide around burn piles.

Keep fire containment equipment on hand during the fire (e.g. rake, shovel, water).

Stay with the fire until it is completely out.

Visit [www.BurnSafeTN.org](http://www.BurnSafeTN.org) for additional tips to burn safely and to protect your community.

To get updates on wildfire news and fire risk in Tennessee, follow @TNWildlandFire on Facebook, Instagram, X, and Threads.

The Division of Forestry protects and promotes the responsible use of forest resources in Tennessee. Focus areas include assisting landowners with a variety of services, providing quality tree seedlings, supporting forest health programs, collecting forest inventory data, assisting forest industries, and fighting wildland fires. Visit [www.tn.gov/agriculture/forests](http://www.tn.gov/agriculture/forests) for more information.

## Sewanee Herbarium Event

Botanical Art—9:30-11:30 a.m., Saturday, Oct. 28, with Mary Priestley. Produce a botanically correct painting of a leaf, without drawing. Transfer a careful rubbing of a leaf to watercolor paper, then use any of a variety of materials to create an image, suitable for framing or notecards. Tree leaves and art materials will be provided, but bring your own if you wish. This activity is suitable for all ages. Meet in Spencer Hall, room 171.

Wear appropriate shoes on all walks. Risks involved in hiking include physical exertion, rough terrain, forces of nature, and other hazards not present in everyday life. Picking flowers and digging plants are prohibited in all natural areas.

## Animal Harbor Fundraiser

Animal Harbor is celebrating 20 years of saving lives. They will be hosting "Animal Harbor Goes Hollywood" from 6-9 p.m., Saturday, Nov. 4, at Monterey Station in Cowan. Everyone is encouraged to dress up as a favorite movie character. There will be an exclusive cigar and whiskey porch, Red Carpet photos, music, swing dancing demonstrations and fancy food stations. To purchase tickets, go to <https://www.animalharbor.org>.

## WEATHER

DAY	DATE	HI	LO	Week's Stats:
Mon	Oct 09	72	48	Avg max temp = 68
Tue	Oct 10	76	53	Avg min temp = 51
Wed	Oct 11	68	55	Avg temp = 64
Thu	Oct 12	74	54	Precipitation = 0.51"
Fri	Oct 13	67	58	
Sat	Oct 14	68	47	
Sun	Oct 15	50	43	

Reported by Sandy Gilliam  
Domain Ranger



Garganelli



Georgie

## MARC's Mountain Adoptables Meet Garganelli & Georgie

Garganelli is so very handsome. He is a very affectionate kitty who loves to be cuddled in your lap or just beside you. He drools when he gets comfortable and is a purr machine. Garganelli is a Domestic Short Hair gray tabby with white, is around two years old, weighs about seven pounds, is litter box trained, and gets along well with other cats. He and a female and four kittens showed up at a home. Then they left and when they returned they had only one kitten. A kind lady took them in to keep them safe. They are being fostered while they wait for their forever homes with their very own loving families. Don't miss out on this lover boy. Garganelli is a real find!

Georgie is a good looking blond, blue-eyed boy around three yrs. old, weighing about 50 pounds. He maybe is a Lab/Carolina Dog mix with maybe some Husky too. Georgie was stray and eventually started hanging around a home in a rural area. Some kind people are keeping him safe while he looks for his forever home. He is house trained and has been good with other dogs who are nice to him. He is also good with chickens and ducks. Georgie is a gentle guy with a happy demeanor and likes to go for rides. He really needs a good family with whom to play and to go on adventures. Georgie will make a great companion.

If you would like to learn more about Garganelli and Georgie, please fill out an Adoption Application on the MARC website [www.marc4change.org](http://www.marc4change.org) and/or contact Sue Scruggs, (423) 619-3845. These pets are fostering on the Sewanee-Montecagle Mountain and are easy to meet. All MARC animals ready for adoption are spayed or neutered and up-to-date on their vaccines and preventatives.

# Messenger Classifieds

## ENGINE REPAIR

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## ESTATE SALE

### WONDERFUL ESTATE SALE:

Friday, Oct. 20, 9 a.m.-6 p.m., Saturday, Oct. 21 9 a.m.-2 p.m. Cherry China cabinet; smaller size dining table w/6 chairs; coco clock; sofa, matching chair; queen bedroom set; Set Nancy Drew books; MCM dresser and chest of drawers; GE Refrigerator; Amana Washer; Roper Dryer; glass-top end tables with matching coffee table; beautiful lamps; Noritake China; crest; hand-crafted vintage quilts; vintage Sears sewing machine; lawn tools; patio set; vintage Kodak cameras; plus many other high-quality household items. Billie & Vergie Sawyer, 102 Elkins St. Estill Springs, TN. Cash, Venmo, Credit Cards Accepted, Checks with ID. Pictures at <estatesale.net/ Barbara's Classy Finds>. Barbara Bull (931) 607-1101, <bbull@comcast.net>.

## FOR RENT

**FURNISHED WIGGINS CREEK HOUSE** for rent spring term 2024. \$1,450 a month + utilities. 2+ bedrooms, 2½ bathrooms, study, art studio, screen porches upper & lower. No pets. Prefer to rent to University faculty or staff. Email <richwtill@me.com>.

## FOR SALE

**FIREWOOD FOR SALE:** \$100/rick, picked up or delivered and stacked. If delivered, \$1/mile (one way) delivery charge. (423) 322-7639 or (931) 212-2585.

**FOR SALE:** 3 tiny houses, 2 shops, 15+ acres. Sauna house. Hot tub. Excellent retreat. Cowan area. Mountain property. 10 minutes from the University. Price \$725,000. Call (931) 308-9150.

**FOR SALE OR LEASE:** 3BR/3 BA home. 163 12th St. Tracy City. (615) 596-0781. Check us out on Zillow.

## MESSENGER DEADLINES

News and Calendar:  
Tuesday, 5 p.m.  
Display Advertising:  
Monday, 5 p.m.  
Classified Advertising:  
Wednesday, noon

## LAWN CARE

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Tennessee law requires all persons under the age of 12 to wear a helmet while riding a bicycle on any state road. University Avenue is a state road and, therefore, subject to the law. The act also contains provisions requiring restraining seats on bicycles for passengers who are children under 40 pounds or who are less than 40" tall.



The Marion County Commission voted in January 2023, by a two-thirds majority, to adopt a County Powers Act resolution.

Contact your Marion County Commissioner to get the resolution written to include how nuisance activities are defined.

<https://marioncountyttn.net/leadership>

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There is a large detached two-car garage that has a gardening room with a sink, and a really nice 800 square foot apartment above it that you could either rent or have additional space for guests. This beautiful home is convenient to Sewanee, the University of the South, hiking trails, fine dining, and the interstate. Just a short drive away from Chattanooga! Whether it's your permanent residence or a vacation retreat, you'll love this relaxing home on the mountain!

Directions: From I-24E, take Exit 134 to the left on Main St. toward Sewanee. Turn left on Midway Rd. and continue straight on Otter Falls Rd.

Home is on the right.

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## FROM BARD TO VERSE

by Robin Bates

R.I.P. Louise Glück, d. Oct. 13, 2023  
2020 Nobel Prize Laureate

...What do we have really?  
Sad tricks with ladders and shoes,  
tricks with salt, impurely motivated recurring  
attempts to build character.  
What do we have to appease the great forces?

And I think in the end this was the question  
that destroyed Agamemnon, there on the beach,  
the Greek ships at the ready, the sea  
invisible beyond the serene harbor, the future  
lethal, unstable: he was a fool, thinking  
it could be controlled. He should have said  
I have nothing, I am at your mercy.

--Louise Glück, from "The Celestial Glass"

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# Community Calendar

### Friday, Oct. 20

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required
- 1 p.m. Celebrating Faculty Publications, duPont Library
- 2 p.m. Reception and Book Launch celebrating the career of Brown Patterson, C'52, H'12, Convocation Hall
- 3 p.m. SES Costume Swap, until 4 p.m.
- 5 p.m. AngelFest and Celebration for Vice-Chancellor Pearigen, Angel Park

### Saturday, Oct. 21

- 9:30 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:45 a.m.
- 10 a.m. Hospitality Shop open, until 2 p.m.
- 11:55 a.m. Met Opera Live, (NYC), "Dead Man Walking," (\$25); Wm. Ralston Listening Room, duPont Library; tickets, <[www.tickettailor.com/events/sewaneesummer-musicfestival](http://www.tickettailor.com/events/sewaneesummer-musicfestival)>

### Sunday, Oct. 22

- 1 p.m. You Fit, Betsy, Community Center; and at 2:30 p.m.; sign-up required
- 2:30 p.m. FCDP Potluck Supper, Winchester City Park Pavilion No. 3; RSVP Cara Dalton, (401) 640-5573
- 3 p.m. Restorative Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 4:15 p.m.
- 4 p.m. Hatha Yoga, Helen, Community Center

### Monday, Oct. 23

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Coffee with the Coach, in-person and livestream, Blue Chair
- 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 9 a.m. Pilates, intermediate, Kim, 293 Ball Park Rd.
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.
- 1:30 p.m. Sewanee Garden Club, Clifftops Lake Clubhouse, RSVP Lane Price, <[lmpricemd@aol.com](mailto:lmpricemd@aol.com)>
- 4 p.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 5:15 p.m.
- 5:30 p.m. Pilates, intermediate, Bruce, 293 Ball Park Rd.
- 6 p.m. Karate, (age 6+), Cimino-Hurt, Legion Hall, until 7:30 p.m.; more info/sign up, <[jmhurt@gmail.com](mailto:jmhurt@gmail.com)> or text (703) 801-4754
- 7 p.m. Sewanee Community Council, Sewanee Senior Center

### Tuesday, Oct. 24

- 8 a.m. GC Food Bank, 114 S. Industrial Park Rd., Coalmont, until 10 a.m.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. Hospitality Shop open, until 1 p.m.
- 10 a.m. Pilates, beginners, Kim, 293 Ball Park Rd.
- 11:30 a.m. Grundy County Rotary, Dutch Maid Bakery, Tracy City

- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 4:30 p.m. S. Cumberland Farmers' Market pickup, Community Center, until 5:30 p.m.
- 5 p.m. Surviving the Holidays program, MMUMC Wesley House, 322 W. Main St., Monteagle
- 5 p.m. Vinyasa Yoga, High Vibes, Country Mart, Monteagle, until 6:15 p.m.
- 6 p.m. FCDP, small meeting room, 839 Dinah Shore Blvd., Winchester
- 6 p.m. Marion County Commission, Lawson Building, 300 Ridley Ave., Jasper
- 6 p.m. Social Dance (\$10), Firefly Ballroom, Cowan; Beginner, 6 p.m.; Intermediate, 7 p.m. Text Valerie, (931) 691 3168.

### Wednesday, Oct. 25

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, intermediate, Kim, 293 Ball Park Rd.
- 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 10 a.m. Writers' Group, 212 Sherwood Rd.; more info, (931) 598-0915
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.
- 5 p.m. Artist Presentation/Conversation, Ming Ying Hong/Dr. Alison Miller, Guerry; reception follows
- 5 p.m. Gentle Yoga, Knees/Hips, (\$15), Camp, High Vibes, Country Mart, Monteagle, until 6 p.m.
- 5:30 p.m. Hatha Yoga, Helen, Community Center
- 5:30 p.m. Pilates, intermediate, Bruce, 293 Ball Park Rd.
- 6:30 p.m. Kundalini Yoga/Meditation, Pippa, (\$15) High Vibes, Country Mart, Monteagle

### Thursday, Oct. 26

- 8 a.m. Monteagle-Sewanee Rotary, St. Mary's Sewanee, 770 St. Mary's Lane
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 9 a.m. Nature Journaling, until 11 a.m.; more info email <[mpriestley150@gmail.com](mailto:mpriestley150@gmail.com)>
- 10 a.m. Hospitality Shop open, until 1 p.m.
- 10 a.m. Pilates, beginner, Kim, 293 Ball Park Rd.
- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 4 p.m. Movement to Music, High Vibes, Country Mart, Monteagle, until 5 p.m.
- 5:30 p.m. Vinyasa Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 6:45 p.m.
- 6 p.m. Karate, (age 6+), Cimino-Hurt, Legion Hall, until 7:30 p.m.; more info/sign up, <[jmhurt@gmail.com](mailto:jmhurt@gmail.com)>
- 8 p.m. Live music, Annie Sellick and Pat Bergeson Duo, (\$10), downstairs, Shenanigans

### Friday, Oct. 27

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required

  
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### Local 12-Step Meetings

- Friday**  
 7 p.m., AA, open, Christ Church, Tracy City  
**Saturday**  
 7 p.m., NA, open, Decherd United Methodist  
**Sunday**  
 6:30 p.m., the Wesley House, MMUMC  
**Monday**  
 5 p.m., 12-Step Women's Study Group, Brooks Hall, (931) 327-5551  
 7 p.m., AA, open, Christ Church, Tracy City  
**Tuesday**  
 7 p.m., AA, open, First Baptist, Altamont  
 7 p.m., AA, open, Trinity Episcopal Church, Winchester  
**Wednesday**  
 10 a.m., AA, closed, Clifftops, (931) 924-3493  
 7 p.m., NA, Decherd United Methodist  
**Thursday**  
 6 p.m., Life's Healing Choice, Grundy County Recovery Alliance, Coalmont  
 7 p.m., AL-Anon, First UMC, Winchester