



— THE SEWANEE MOUNTAIN — MESSENGER

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WMTN - 103.1 FM, The Voice of the Mountain

by Beth Riner, Messenger Staff Writer

St. Andrew's-Sewanee School's radio station WMTN -103.1 FM may be one of the best kept secrets on the mountain, but Faculty Sponsor J.R. Ankney is determined to change that.

"We've been on the air for 20 years," Ankney said. "My brief is to bring the radio station more into the public eye. We want to make sure we're reaching everybody we can and that as many people know about us as we can reach.

"I think telling the good news of where we live is the prime function of a community radio station. Our goal is to be the Voice of the Mountain—that's our tagline."

To accomplish this ambitious goal, the student-run station, which has traditionally broadcast to Sewanee and Monteagle, is moving its transmission antenna to a location 20 meters higher on Fire Tower Road.

"We're moving both the antenna and the transmitter to get better signal to more people," Ankney explained. "We hope to be able to reach Manchester, Tullahoma, Cowan, Winchester, and—I always say if the wind is right—down on the other side to South Pittsburg."

The station went live Aug. 21, with a new and improved website, <www.sasradio.org>, where listeners can stream from anywhere in the world.

"We are putting in new programming to supplement the old sound—classic rock and vintage country," he said. "We will have live DJ's every morning in the fall as well as live talent in the afternoons. During the day, we'll be doing lots more live programming, and we would like to pair up with the University radio folks who have lost their terrestrial license. We hope that will foster a new relationship between the two schools for sharing programming and staff."

WMTN hopes to broadcast sports and music live from the SAS campus and later broadcast University of the South events as well.

Ankney said they'll run nationally syndicated shows too in the fall.

"There will be a wide variety of formats from jazz to classical," he added. "Every evening from 8-11 p.m., we will be offering such shows as 'Hearts of Space,' 'The Midnight Special,' 'Classical Music on the 3rd floor,' 'Folk Roots Radio,' and 'The Andy Fox Rock Show!' Saturday night will include a one-hour show called 'Live from the Bop Shop,' which is a live, jazz show from Cleveland, Ohio."

A new and big programming change for the station will be shifting to an "all-jazz format" overnight called Jazz for Night owls which will run from 11 p.m. to 6 a.m. every night. Also different this fall will be a show called Classical Gas, which will run from 6 a.m. to 6 p.m. every Saturday and Sunday.

Programming input from locals is encouraged.

"We are looking for active engagement from the local community to suggest things they would

like to hear—or to even become co-broadcasters. Ideas for music and talk shows are welcome," he said, noting to email <wmtn@sasweb.org> to make suggestions or volunteer.

One other way to help the radio station is to donate CDs to expand its music library.

"We are looking specifically for jazz and contemporary music from 2000 onwards, but will accept any donation," he said. People can contact him about donating via the station website or by calling or texting (423) 635-8960.

"We will pick up, or they can be dropped off at Langford Hall on the SAS campus," said Ankney.

Ankney, who began working with the station two years ago, is excited about the growth of the station not only in terms of its programming but also student engagement.

"I think student engagement is probably the most important thing to me right now," he said.

Two seniors, Alex Colon and Cameo Smith, who were deeply involved with the station last year, will serve as its managers. Colon handles technical aspects of running the station while Smith focuses on programming and DJ development.

Ankney, who came to SAS in 2018 with his wife, Peggy, a physics teacher, was originally hired to teach music and be the chapel organist.

"Two years ago, I went to the headmaster and said I would really like to take this radio station to the next level," he said. "I saw this wonderful opportunity—this wonderful station which has been on the air for going on twenty years—and students' engagement had fallen off."

Headmaster Karl Sjolund was immediately on board.

Ankney began teaching a radio broadcasting class and an afterschool activity where students learned the basics of radio production and broadcasting techniques and developed new shows and podcasts.

"They record them in our student recording studio, and then we put them on the radio," Ankney said.

WMTN recently received notice of four nominations for the 2022-2023 John Drury High School Radio Awards, which honor award-winning ABC-Chicago news anchor John Drury. Awards recognize broadcast excellence at high school radio stations across the country.

Winners will be announced at an awards ceremony on Saturday, Nov. 4, at North Central College in Illinois.

Nominees from SAS include Kenneth Simmons "Music From Another Time" for Best Specialty Music Show; Cameo Smith and Kendall Elder "Sun and Moon Podcast, Episode 2" for Best Podcast; Elliott Boyd, Reagan Vaughan, Luke Baird, Kendall Elder, Thomas Billups, Charlie

(Continued on page 5)



Harriet Runkle, owner of the Frame Gallery, donated a tiger sculpture to Sewanee Elementary School. Stripes the Tiger is enjoying its new home on the school's front lawn. Teachers, staff, and students love the new addition and are grateful to Ms. Runkle for her contribution to our school. Pictured are Principal Allison Dietz, 5th-grade students Bentley Rollins and Arabella Barry, and Harriet Runkle.

Monteagle Increases Residential Minimum-Square-Foot Requirement

by Leslie Lytle, Messenger Staff Writer

At the Sept. 5 meeting, the Monteagle Planning Commission revisited the August discussion on minimum residence size and voted to recommend the council set the minimum for new construction at 800 square feet in all residential zones, no longer allowing 600 square-foot dwellings in R-2 and R-3. The council also revisited closing College Street but postponed a decision.

"R-1 is too low at 800 square feet," said Commissioner Richard Black weighing in on the residence size discussion. "I initially felt 800 was too small," Commissioner Katie Trahan said. Trahan maintained she reconsidered her original position, citing the importance of developers "working with the character of our community." Commission Chair Ed Provost pointed to the need for "affordable housing," noting the current \$200 per square-foot construction cost. "Square footage drives the price up," Provost said. The proposed amendment will go to the Monteagle Council for first and second reading approval. If adopted, the rule will preclude construction of tiny homes in Monteagle. Town planner Chad Reese said the International Building Code defined tiny homes as under 400 square feet. Monteagle only allows "tiny homes" in R-4 zoning, but Monteagle has no property zoned R-4 and has no current rule on tiny-home size.

Revisiting the discussion on closing West College Street to allow three property owners to reconfigure property lines and swap property, giving all three property owners road frontage for commercial development on Main Street, Reese said entrance to Main Street

posed a possible problem. The Tennessee Department of Transportation (TDOT) preferred the three property owners share a "joint" entrance, according to Reese, but TDOT would consider separate entrances. The location of water and sewer utilities posed another possible hurdle. Mayor Greg Maloof said the water line ran beneath College Street, and he would investigate to determine if a sewer line easement also existed. One property, a 50 foot wide strip of former railroad property, posed another possible complication, Alderman Nate Wilson said. The utilities easement on former railroad property stipulated if the water and sewer lines needed to be relocated for commercial development, the city would bear the cost. Wilson recommended Monteagle ask the owner "to release the town from the obligation."

The commission also revisited allowing campgrounds on C-3 commercial property as a "special exception." Currently only C-2 and R-4 zoning allows campgrounds, with campgrounds on R-3 property only as a special exception. Black observed allowing a use as a special exception ruled on by the Board of Zoning

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The Secret Life of Trees

by Leslie Lytle, Messenger Staff Writer

Observing a large old tree often prompts the sentiment, "If only trees could talk." Well, they can. At the Aug. 26 program sponsored by the Beersheba Springs Historical Society, Scott Torreano, University Professor of Forestry, shared some of the secrets hidden in the Plateau trees, secrets as much history as science.

In 1774, Thomas Jefferson's complained in his diary about a late spring freeze followed by two years of catastrophic drought. How bad was it? The worst drought most people alive today remember is the drought of 2007. Based on the story trees tell, compared to Jefferson's drought, the 2007 drought "was a cakewalk, Torreano said.

Dendrochronology, tree-time data obtained by analyzing tree growth rings, reveals not only the tree's age, but information about the environmental conditions occurring throughout the tree's life, forest fires, earthquakes, tsunamis, tornadoes and drought. The width of the ring reveals how a tree grew. Moisture has the greatest impact on a tree's growth, Torreano said, with tiny rings indicating drought years.

The pioneering work using trees as a historical document was done by archeologist Andrew Douglass. In the pre-computer era of the early 1900s, Douglass painstakingly graphed tree ring growth patterns from trees in the southwest and compared the patterns to core samples from a ceiling joist to determine the age of ancient Pueblo structures. The growth pattern data offered answers to long enigmatic questions. Why did the ancient Chaco Canyon people suddenly disappear? Tree ring growth data suggests they left during the worst drought in 1200 years. Similarly, the mid-1500s disappearance of a once thriving culture in eastern North America coincided with the worst drought in 800 years.

Torreano stressed taking core samples did not harm trees and could be done without damage to buildings. Core samples taken from timber at Rebel's Rest showed the samples matched trees within eight miles of Sewanee, except for the flooring which matched with core samples from buildings in the Beersheba Springs area. Even more intriguing, the Rebel's Rest core samples show the same 1774 spring freeze and drought on the Plateau which Jefferson described occurring in Virginia.

In 1838, a military officer escorting Cherokee along the Trail

(Continued on page 5)

P.O. Box 296
Sewanee, TN 37375

Summary of the August 2023 Lease Committee Meeting

The following items were approved: August minutes; approval of University of the South shared equity program; request to transfer Lease No. 888, located at 817 Lake O'Donnell Road, to James (Dylan) McClure and Savannah McClure; request to transfer Lease No. 999, located at 72 Bobtown Circle, to Victoria Borchers; request to transfer Lease No. 1064, located at 583 Georgia Avenue, to Mary Lee Alford; request to transfer Lease No. 1081, located at 93 Oak Street, to Andrew Cowan; request to transfer Lease No. 1084, located at 265 Kennerly Road, to Natychia Redmond; request to transfer Lease No. 1085, located at 251 Kennerly Road, to Tony Pacella; request to transfer Lease No. 1086, located at 231 Kennerly Road, to Luc Patberg; request for approval of building plans for new construction on Lease No. 1090, in Parson's Green Circle; request to construct a carport on Lease No. 1007, located at 207 Wiggins Creek Drive; request to install gutters and downspouts on Lease No. 653, located at 293 Ball Park Road; request to replace siding on Lease No. 613, located at 604 Alabama Avenue.

Leasehold information is available online at <leases.sewanee.edu> or by calling the lease office at (931) 598-1998.

Please be sure and contact the Franklin County Planning and Zoning for any needed permits as well as the local utility companies to ensure there are no issues before beginning your project.

Planning and Zoning office, (931) 967-0981; Duck River Electric Membership Corporation, (931) 598-5228; Sewanee Utility District, water and sewer, (931) 598-5611; Elk River Public Utility District, natural gas, (931) 967-2110.

Agenda items are due by the fifth of each month for Lease Committee meetings. If the fifth falls on a weekend, then items are due the following Monday. Lease Committee meetings are normally the third Tuesday of the month.

University Job Opportunities

Exempt Positions: Advancement Officer, University Relations; Assistant Director, Sewanee Fund, University Relations, Sewanee Fund; Assistant Track and Cross-Country Coach, Athletics; Assistant/Associate Director for Student Programs, Student Services; Content & Communications Strategist, M&C for Admission & Financial Aid, M&C; Director of Athletic Communications, Athletics; Director of Community Standards, Student Success; Energy Specialist, Facilities Management; Equity, Equal Opportunity, and Title IX Coordinator, Diversity, Equity, and Inclusion; Executive Assistant to the Vice Provost for Diversity, Equity, & Inclusion, Diversity, Equity, & Inclusion; Head Swimming & Diving Coach/Aquatic Director, Athletics-Swimming; Head Women's Basketball Coach, Athletics-Women's Basketball; Nurse Practitioner, University Health Services; Student Outreach and Instruction Librarian, Information Literacy and Instructional Technology.

Non-Exempt Positions: Administrative Assistant to the University Chaplain, All Saints' Chapel; Assistant Manager of Sewanee Dining, Sewanee Dining; Catering Team Lead, Sewanee Catering; Childcare Provider, University Child Care Center; Custodian (Multiple Positions), Facilities Management, Building Services; Equestrian and Farm Hand, Sewanee Equestrian Center; Facility Coordinator, Chen Hall, Chen Hall; First Cook, Se-



THE SEWANEE MOUNTAIN MESSENGER

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Emily Ricks proofreader	Geraldine Hewitt Piccard founder, editor/publisher emerita
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Beth Riner staff writer	

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418 St. Mary's Lane, P.O. Box 296, Sewanee, TN 37375
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Intermediate Pilates classes are 9 am & 5:30 pm MW and noon TTH

Easy Flow Yoga with Pippa Browne on Tuesdays at 5:30 pm. This class is appropriate for all levels.

You Fit cardio/strength class with Betsy Miller meets Fridays at 10 am and noon, Sundays at 1:30 and 2:30. You Fit meets at the Community Center. Sign-up Required.

Private/duet/trio sessions using the unique Pilates equipment are available M-F with Kim Butters or Bruce Manuel.

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Letters to the Editor Policy

Letters to the editor are welcome at the Sewanee Mountain Messenger and are a vital part of our community's conversation. Letters need to be no longer than 250 words and may be edited for space and clarity. We make exceptions from time to time, but these are our general guidelines. We strive to print all letters we receive, but publication is not guaranteed. Letters should be factually accurate. Letters that are deemed unsuitable for publication shall not be printed elsewhere in the newspaper, including as a paid advertisement.

Letters and/or their author must have some relationship to our community. We do not accept letters on national topics from individuals who live outside our print circulation area. Please include your name, address and a daytime telephone number with your letter. You may mail it to us at Sewanee Mountain Messenger, P.O. Box 296, Sewanee, TN 37375, leave it at our office, 418 St. Mary's Ln., or send your email to <news@sewanee-messenger.com>. —KB

SERVING WHERE CALLED

Please keep the following individuals, their families and all those who are serving our country in your thoughts and prayers:

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Zachary Sherrill
Allison Tucker
Nick Worley

If you know of others in our Mountain family who are serving our country, please give their names to American Legion and Auxiliary member Shirley M. Lawson at <slawson@sewanee.edu>.

MESSENGER INFORMATION

Phone: (931) 598-9949

Display Advertising
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MESSENGER HOURS

Monday, Tuesday and
Wednesday
9 a.m. to 4 p.m.
Thursday—Production Day
Closed
Friday—Circulation Day
Closed

Save the Date for the First Tickbush Festival

The St. James Midway Community Park is hosting the first Tickbush Festival from 2-7 p.m., Saturday, Sept. 23. There will be bluegrass and gospel music, food trucks, and arts and crafts. Bring a blanket or a chair and enjoy the family fun. For more information call Karen Vaughan at (931) 636-1468 or Amanda Knight at (931) 691-0962. St. James is located at 898 Midway Rd., Sewanee.

Hospitality Shop Hours

The Hospitality Shop is open 10 a.m. to 1 p.m., Tuesday and Thursday, and 10 a.m. to 2 p.m., Saturday. The Hospitality Shop accepts donations of clothing, household goods, jewelry and knickknacks. Please leave clean and well-maintained items in the bin at the rear of the building. There are two external donation bins. One is for clothing. One is for everything else. Please bag or box these two types of donations separately. The Shop cannot take large pieces of furniture, mattresses or electronics. Proceeds from sales are used to furnish scholarships to area high school graduates who wish to enter the medical field, and for continuing education to practicing nurses, physical therapists and others employed at the Southern Tennessee Health System-Sewanee. The Shop is located at 1096 University Ave., Sewanee.

Upcoming Meetings

American Legion

The American Legion Post 51 will meet at 9 a.m., Saturday, Sept. 9, in the Legion Hall in Sewanee.

CCJP Meeting

The Cumberland Center for Justice and Peace is dedicated to seeking justice and peace in our place and time. The next meeting will take place at 9 a.m., Saturday, Sept. 9, at the Sewanee Senior Citizens Center, 5 Ballpark Rd. RSVP to <cumberlandjusticeandpeace@gmail.com> if childcare is needed.

Coffee with the Coach

Coffee with the Coach, an opportunity to learn more about Sewanee's sports teams, will livestream the meeting at 9 a.m., Monday, Sept. 11, with John Shackelford, Director of Athletics. The livestream will be available at <https://sewanee.tigers.com/watch>. The meeting will also be in-person at the Blue Chair.

Franklin County School Board

The Franklin County School Board is scheduled to meet at 6 p.m., Monday, Sept. 11, at 215 S. College St. Winchester.

Rotary Club Meeting

The Monteagle-Sewanee Rotary Club will meet at 8 a.m., Thursday, Sept. 14, at St. Mary's Sewanee, located at 770 St. Mary's Lane. Monteagle Mayor Greg Maloof will talk about "Everything you wanted to know about Monteagle but didn't know to ask." Please bring your questions and interest in the community for this program.

EQB Club

Members of the EQB Club will gather at 11:30 a.m., Wednesday, Sept. 20, at St. Mary's Sewanee. Lunch will be served at noon. At about 12:30 p.m., we will have the pleasure of the Lead on "The History of AEDC." Deborah Kidwell, the AEDC base historian will be the speaker. Interested non-members are welcome to arrive at 12:30 p.m. and sit in on the presentation.

Sewanee Community Council

The next meeting of the Community Council is scheduled for Monday, Sept. 25, at 7 p.m. Items for the agenda should be submitted to the Provost's office by noon on Wednesday, Sept. 13.

We're glad you're reading the Messenger.

MMUMC Curbside Food Distribution

Morton Memorial United Methodist Church will have its monthly community food distribution on 8-10 a.m., Saturday, Sept. 9. Please arrive at the back of the church and parking lot attendants will direct you. All are welcome. We shall load your car for you so please be aware of volunteers in the parking area. We have some fresh fruit available this month.

Morton Memorial United Methodist Church is located at 322 West Main St., Monteagle.

SCRLT Annual Meeting

The South Cumberland Regional Land Trust (SCRLT) will host their annual membership meeting and potluck starting at 5:30 p.m., on Saturday, Sept. 30, at the end of Tate Trail Road (1400 Tate Trail for GPS addresses). All community members are welcome to attend and invited to bring a side dish if they would like, although not required. Local smoked pork, cutlery, plates, and beverages will be provided.

This year's meeting will feature a presentation from Cumberland Forest School on the outdoor education programs they have been operating in this area over the last several years.

SCRLT is a 501(c)(3) organization with a mission of conservation, education, and stewardship of ecologically unique land in and around the South Cumberland Plateau. You can learn more about SCRLT at our Facebook or Instagram pages, <www.scrlt.org>, or contact us at <southcumberlandrlt@gmail.com>

Monteagle Community Center Events

The Monteagle Community Center is having a seminar on Estate Planning: Wills & Trusts from 4-6 p.m., Tuesday, Sept. 19.

The Monteagle Community Center is having Bingo from 6-7:30 p.m., Thursday, Sept. 21.

Additional details can be found at <www.monteaglecommunitycenter.com>.

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WMTN (from page 1)

Relford, and Cameo Smith “The Lodger” for Best Radio Drama; and Elliott Boyd, Kendall Elder, Cameo Smith, and Thomas Billups “Ask Elliott, Episode 6: Holiday Edition” for Best Talk Show (non-sports).

WMTN will officially celebrate its 20th anniversary in 2024. Bayard “Bud” Walters, Sewanee Military Academy, Class of ’59, helped fund and found the station in 2004. He also purchased the new antenna for the station a few months ago.

“He is the owner and CEO of Cromwell Media in Nashville,” Ankney said. “He owns a series of 33 or 34 stations from Nashville—he has five stations in Nashville including The Buzz and The Game—and all the way up to northern Illinois. He got into radio in college and has made his life in radio.”

Ankney also said the station is actively looking for sponsors and underwriters.

“You can sponsor a show,” he said. “You can sponsor a day — for example, Monday is brought to you by The Blue Chair in Sewanee.”

Prices range from a basic \$150 package for six months to a \$500 premium package for seven days a week for 12 months.

For more information, go to <www.sasradio.org>.

Monteagle (continued from page 1)

Appeals was the same as blanket approval. “If the BZA approves one, how do they not approve the next one?” Black asked. Reese said property owner Randy Hill, who wanted to open a campground, would request rezoning his C-3 property to C-2 if the “special exception” use amendment was not adopted. Trahan objected to making any zoning changes with the town undergoing a master planning process. Commissioners Black and Alec Mosley concurred. Wilson pointed out the planning process would take several months, and the planning team would not solicit community input until after the first of the year. “For the past few years, we’ve been making zoning change after zoning change,” Trahan said. “I don’t have a problem putting [consideration of the zoning change] on hold for five months. It’s more important to understand what the citizens of Monteagle want before making changes.” Applause followed. Property owner Hill said his project called for RV hookups and possible tree houses. “I understand putting it off,” Hill said.

Resident Billy Best brought to the commission’s attention that the council eliminated the “five-findings” rule illegally, since no public hearing was held. The rule governed decisions on rezoning. Best argued the “findings” rule could help the commission make zoning decisions and suggested the rule be reinstated. Best also alerted the commission to semi-trucks illegally parking overnight in closed business lots to avoid paying for parking. The trucks blocked interstate entrance ramp visibility, Best said. Fining the offenders could bring in revenue.

Going forward, the planning commission will meet at 5 p.m. on the first Tuesday of the month rather than 6 p.m.

Grundy’s Got Talent Competition

The Caverns brings back its talent competition, Grundy’s Got Talent, on Sunday, Nov. 12, at 2 p.m. CT (doors at 1 p.m. CT). From now until Sept. 15, interested local artists and bands should complete the entry form at <TheCaverns.com/Grundys-Got-Talent>. To be eligible for the competition, performers must be from Grundy County, or have at least one member of their group from Grundy County. No exceptions. Six finalists will be notified on Oct. 13 that they’ve been selected to perform live on Nov. 12.

Six finalists will perform three songs in front of a panel of music industry judges. The winning act selected by the judges will receive a paid slot on a festival at The Caverns, plus \$700 in gift certificates from local businesses and more. An Audience Choice Award determined by audience engagement will also be granted.

The community is invited to attend the free event. Register at <https://www.thecaverns.com>.

Trees (continued from page 1)

of Tears removal to Oklahoma wrote to his superiors begging to halt the march temporarily, arguing, “I cannot as a Christian man make these people move any more.” The travelers had no water and no food and local people had none to share. Dendrochronology shows a severe drought in 1838.

Davy Crockett wrote about damage to trees characteristic of what is now known to be the Southern Pine Beetle, Torreano said. Forest fire frequently follows beetle devastation, with the dead trees easily ignited by a lightning strike. A large stand of short-leaf pine suggests severe fire occurred. Unlike other pines, the short-leaf pine seedling can withstand extreme heat and regenerate from a node on the trunk. The seedlings of the normally hardier Virginia pine die, giving the short-leaf pine an opportunity to be established.

Asked if it was safe to let pine trees stand after a pine-beetle scourge, Torreano replied, “Not if fire is an issue.” He praised the Tennessee Department of Environment and Conservation for being responsive to the importance of and need for prescribed burns, unlike forestry management agencies in most states.

Among the questions Torreano hopes to answer is whether the Cherokee conducted prescribed burns on the Plateau, which they are known to have done in the valley. Data harvested from trees can determine what season of the year drought occurred, the temperature of a fire, if severe wind events occurred, how long a glacier lasted, and much more not only about the past, but the future. In California plagued with recent devastation from forest fires, insurance companies use trees to determine risk profiles, Torreano said. Among the secrets researchers have learned from analyzing tree ring data: in the east, droughts typically last two or three years, while in the western United States a drought usually settles in for a 20-year stay.

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MLS 2494382 - 0 Jumpoff Mtn Rd. Tract 4, Sewanee. 11 ac. \$132,000.
MLS 2494379 - 0 Jumpoff Mtn Rd. Tract 5, Sewanee. 14 ac. \$168,000. **MLS 2494377** - 0 Jumpoff Mtn Rd. Tract 6, Sewanee. 19 ac. \$228,000

MLS 252194 - 244 Rattlesnake Springs Rd., Sewanee. \$435,000

MLS 2534124 - 446 Favre Circle, Winchester. \$375,000

MLS 256238 - 149 Gudger Rd., Sewanee. \$499,000

0 Johnny's Way, Tracy City - MLS 2410583 - Lot 1. 6.17 ac. \$149,000.

MLS 2529372 - 0 Laurel Lake Dr., Monteagle. 66+ ac. Bluff. \$599,000

MLS 2438938 - 0 US Hwy 41 & Ingman Rd., Monteagle. \$139,999

MLS 2504429 - 78 Sandy Ridge, Altamont. 2.02 ac. \$187,500

MLS 2456201 - 6204 Green Town Rd., Tracy City. 10+ ac., with pond. \$365,000

MLS 2516863 - 817 Lake O'Donnell, Sewanee. \$249,000

MLS 2555393 - 751 Newt Vanattia Rd., Hillsboro. \$445,000

MLS 2554551 - 2 Rising Sun, Sewanee. \$759,000

MLS 2539919 - 684 Jump Off Mtn. Rd., Sewanee. 19+ac. \$599,000

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19 Jackson Pt. Rd.	2488220	\$15,500
515 Beersheba Springs	2482328	\$55,000
Jackson Pt. Rd., SOLD	2380429	\$48,000
William B. Martin Rd. 4+ac	2420264	\$60,000
0 Timberwood, #335 SOLD	2495526	\$65,000
0 Timberwood, 6+ac #339	2539084	\$64,900
0 Timberwood, 13+ac #340	2539090	\$128,900

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Box House Rd. 5.6 ac	2497235	\$108,000
Falling Cliffs Dr., SOLD	2389298	\$119,000
Preservation Dr., 6.63 ac	2349236	\$70,000

SENIOR CENTER NEWS

The Sewanee Senior Center serves lunch at noon Monday through Friday. The suggested donation is \$4, regardless of your age. Please call (931) 598-0771 by 9 a.m. to order lunch. Menus follow:

Monday, Sept. 11: Chicken strips, baked potato, broccoli, slaw, roll.

Tuesday, Sept. 12: Country-fried steak, green pea salad, mashed potatoes, roll.

Wednesday, Sept. 13: Reuben, chips, dessert.

Thursday, Sept. 14: Spaghetti, salad, garlic bread.

Friday, Sept. 15: Chicken Cordon Bleu, mashed potatoes, peas & carrots, roll.

Menus may vary. For information call the center at (931) 598-0771.

Chair exercise with Ruth Wendling is from 10:30–11:45 a.m. on Mondays and Wednesdays.

Game days are from 10 a.m. to noon on Fridays.

The Sewanee Senior Center does not charge any membership fee. All persons 50 or older who take part in any of the activities are considered members.

Project Beautify at Monteagle Community Center

Project Beautify at the Monteagle Community Center ends Wednesday, Nov. 15.

The goal for this fundraiser is to do landscaping around the perimeter of the building that will incorporate the bricks, updates and repairs to interior and exterior, create a memorial garden, purchase life saving equipment (such as defibrillators) and expand activities, clubs and functions.

Workshops will be offered for any questions and assistance with commemorative brick order forms. For more information go to <www.monteaglecommunitycenter.com> or call Monteagle Town Hall at (931) 924-2265.

Tennessee Sales Tax Holiday

For 2023, Tennessee's General Assembly has approved a three-month grocery tax holiday on food and food ingredients which ends at 11:59 p.m. on Tuesday, Oct. 31, 2023.

Go to <<https://www.tn.gov/revenue/taxes/sales-and-use-tax/sales-tax-holiday.html>> for more information.

Fall Heritage Festival

Make plans to go to the 10th annual Fall Heritage Festival. This free community event will be Sept. 15–17, in Cowan.

Year after year, large crowds attend the three-day event that features more than 150 vendors (food, craft and arts), exhibits, entertainment, fireworks and family fun. Approximately 6,000 people attended this event in 2022 with over a dozen states represented. The event is a fundraiser for the Cowan Railroad Museum.

For more information go to <www.fallheritagefestival.org> or follow on Facebook at FallHeritageFestivalCowanTn.

Community Arts & Crafts Fair and Trash & Treasures Yard Sale

Come shop for the delightful crafts made by people in our community. See what treasures you can find in the Trash and Treasures Yard Sale. The event will be from 9 a.m. to 5 p.m., Friday and Saturday, Sept. 15-16, at the Morton Memorial United Methodist Church in Monteagle.

The event is a fundraiser for Morton's missions, including the church's monthly food ministry, Isaiah 117 House, Sleep in Heavenly Peace and Monteagle Elementary School.

There will be gifts galore, plus Fall and Christmas Crafts—a great time to get some Christmas shopping done. And a chance to find a treasure among your neighbors' down-sizing cast offs. There will also be some food to eat while you browse and some frozen food to take home with you for dinner.

The event will be in front of and inside the church's Fellowship Center, which is to the right of the sanctuary, 322 W. Main St., Monteagle.

Buy Local Food at These Markets

The Sewanee Gardeners' Market is open 8–10 a.m., every Saturday at Hawkins Lane. Locally-produced fruits and vegetables, baked goods, plants and flowers will be available.

The South Cumberland Farmer's Market has breads, fruits, vegetables, eggs, coffee, meats and more available. Ordering takes place each week online from Friday at 9 p.m. to Monday at 10 a.m. Curbside pickup is on Tuesdays, 4:30–6 p.m., at the Sewanee Community Center. To order go to <<https://southcumberlandfarmersmarket.com>>.

A Fresh Mess Market is on Mondays from 4–6 p.m., at Harton Park in Monteagle.

The Franklin County Farmers' Market is open 7 a.m. to noon, Tuesday, Thursday and Saturday in Winchester, next to the Franklin County Annex building. Follow them on Facebook.

Youth Entrepreneur Creation Class

From Sept. 8 to Oct. 27, kids arts n' crafts classes will be offered from 4-5:30 p.m., every Friday after school at Hallelujah Pottery/Full Circle Candles. This is for ages 6 and up.

The students will then participate in our Craft Fair Fall Festival Benefit for The Elephant Sanctuary of Tennessee on Oct. 28.

The students will enjoy weeks of learning to make natural and organic household products, painting, clay, beeswax creations, essential oil lessons, jewelry making and more. Many products are fall and Halloween themed. This group of classes leads up to our fall festival benefitting The Elephant Sanctuary. The youth entrepreneurs sell what they have created and give back to the elephants. They also take products home to family and friends.

This program is designed to inspire the young entrepreneurial spirit. The kids not only learn to make great products but they also learn how to create a company name and logo, merchandising, product photography and more.

We offer student volunteers (ages 16+) an opportunity to make and take their own projects as well as participate in the craft fair. Only one or two spaces are available for this opportunity.

Classes takes place at 1202 W. Main St., in Monteagle. The cost is \$130 for all eight classes, or \$18 per class with all materials included. There is limited space, so register soon. Register at <www.fullcirclecandles.com> or email <debbie@fullcirclecandles.com>.

No refunds for cancellations as we purchase supplies weekly. Please confirm your calendar before reserving a spot.

We are also signing up vendors to join the youth class for our Fall Festival on Oct. 28. If you are interested let us know as soon as possible so we can put you down as a participant. It is \$25 for the day and 100 percent of the vendor fees goes towards the Elephant Sanctuary.

6,000 Volunteer Mentors Needed by Oct. 20

As students across the state return to school and begin their college careers, tnAchieves is hard at work to recruit the 6,000 more mentors still needed to support the TN Promise Class of 2024. With just two months until the Oct. 20, 2023 deadline, several counties in Southern Middle Tennessee have a high need for volunteers, including Franklin County: 40 Mentors Needed.

To be a successful mentor, volunteers commit one hour per month to offer encouragement, support and guidance to students who may simply need a little extra help navigating their goals after high school!

The college-going process can be overwhelming and stressful for any first-time student. tnAchieves mentors help to alleviate and calm those concerns. Shychuria, a tnAchieves student and college graduate, says her mentor "helped me to fulfill my dreams of graduating college. I wouldn't have gotten this far without a mentor behind me through this journey! They taught me that no matter where you come from, it's about where you are going! It's important to chase your dreams!"

tnAchieves mentors commit just one hour per month to support local students through the college-going process. Mentors receive comprehensive training and a handbook guide to the program. Successful mentors do not need extensive knowledge of the college-going process, as tnAchieves provides those critical details to all mentors.

"tnAchieves mentors create positive change in their communities by supporting our most at-risk students," said tnAchieves Senior Director of Mentors Tyler Ford. "I am lucky to have seen firsthand the impact that mentors have. Whether it be simply answering a question, providing a note of encouragement or guiding a student through college-going obstacles, tnAchieves mentors offer critical support that only a committed, caring member of that student's community can offer."

Those interested in applying or learning more can visit <<https://tn-achieves.org/mentors>>. The deadline to register is Oct. 20, 2023.

tnAchieves is a privately funded scholarship and mentoring program that seeks to provide an opportunity for every Tennessee student to earn a post secondary degree. If you have questions about the tnAchieves mentoring program, please contact Tyler Ford at (309) 945-3446 or <tyler@tn-achieves.org>.

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Franklin County Preschool Applications Still Open

It's not too late to apply. Go to the Franklin County Board of Education, 215 S. College St., Winchester, Monday through Friday between the hours of 8 a.m. and 4 p.m.

A child must reach the age of 4 years by August 15, 2023, to apply for Preschool for the 2023-2024 school year.

Items to bring: Certified Birth Certificate, Social Security Card, Immunization Record & Current Physician's Physical Report (both are on the TN Dept. of Health Certificate of Immunization form), Proof of Residence (utility bill, rent receipt, etc.), Proof of Income: (2022 W-2's or tax return preferred or last three consecutive pay stubs showing Gross Income or Letter of Food Stamp Proof).

For more information contact Patti Limbaugh at (931) 967-0626.

SES MENUS

**Monday-Friday,
Sept. 11-15
BREAKFAST**

Each day, students select one or two items.

Monday, Sept. 11: Breakfast pastry, fruit, fruit juice, milk.

Tuesday, Sept. 12: Cereal bar, fruit, fruit juice, milk.

Wednesday, Sept. 13: Breakfast pancake, fruit, juice, milk.

Thursday, Sept. 14: Meat biscuit, fruit, fruit juice, milk.

Friday, Sept. 15: Breakfast waffles, fruit, fruit juice, milk.

LUNCH

Monday, Sept. 11: Orange chicken, cheesy broccoli, emoticon potatoes, rice, fruit, milk, fortune cookie.

Tuesday, Sept. 12: Barbecue rib sandwich, sweet potato fries, Great Northern beans, fruit, milk.

Wednesday, Sept. 13: Breakfast for Lunch: meat, eggs, tator tots, veggie cup, salsa, fruit, milk, biscuit, gravy.

Thursday, Sept. 14: Corn dog, tossed salad, green beans, potatoes, fruit, milk.

Friday, Sept. 15: Pizza, buttered corn, potatoes, fruit, milk, oatmeal crêpe pie.

A variety of fruit, fruit juice and milk is offered daily for breakfast. Daily offerings for lunch may include yogurt bag, sandwich, wrap, Bento box or pizza munchable. Menus subject to change. Go to <<https://www.fstn.net/menus-mealpricing>>.



New Fall Classes at Cumberland Folk School

The Cumberland Folk School, located at Sequatchie Cove Farm, is a place to celebrate and commune around traditional crafts and skills, offering weekend workshops taught by skilled craftspeople. Our classes are built upon the inherent connection between traditional skills, sustainable land management, and farming to teach self-reliance and the use of natural materials to create beautiful utilitarian objects.

Check us out at <www.cumberlandfolkschool.com> for more information, detailed class listings, and to sign up for upcoming classes.

Fresh Indigo Dyeing, Sept. 16 — Join us for a morning at the farm, learning an easy technique to dyeing with fresh indigo on protein fibers to achieve light-medium blues. This is a 2-hour class during which we will harvest indigo from the field, learn to process the plant and make an ice bath to dye materials. This is a casual bring-your-own dyeable materials class, but the indigo will be provided.

Fall Migration Birding, Oct. 8 — Join local birder and co-author of "Birding Sewanee: A Guide to Birding in the South Cumberland Region," Richard Candler, on a morning bird walk around Sequatchie Cove Farm. Learn bird identification by sight and sound. This class is a 2 hour walk followed by discussion and snacks.

Immune Tonic and Remedy Making, Oct. 21 — Learn to make three immune supportive remedies that provide beneficial herbs and nutrients to support your body during the winter months. There will be a hands on demo to make fire cider, elderberry syrup and chicken and vegetable bone broth lead by nutritionists Katie Braswell and Sandy Nannen.

Spoon Carving, Oct. 22 — Join Joel Larabell, wooden spoon carver, teacher and enthusiast, for this one day workshop developing your skills in the craft of wooden spoon carving.

Italian Longstitch Journal, Nov. 4 — Explore traditional bookmaking processes to create a unique handmade journal with Sara Dismukes.

Sourdough Bread Baking, Nov. 5 — Learn the techniques to make sourdough bread at home in this afternoon class with Meg and Luke of Meg's Bread. Take home a fresh loaf of bread baked in class, dough for a second loaf to bake at home and a sourdough starter. In this workshop, we will discuss the science and techniques that have helped us develop our basic sourdough bread. You will get to see the processes we use in our commercial kitchen, with tips on how similar results can be achieved in your home.

Kudzu Baskets, Nov. 12 — Learn the art of basket making as we weave an Appalachian egg or wall basket out of kudzu vines. Taught by generational basketmaker Laurel York.

Candle Making, Nov. 11 and Dec. 16 — Learn to make hand-dipped beeswax taper candles, a holiday family tradition.

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Community Chest Applications Available

The Sewanee Community Chest (SCC) is pleased to announce the beginning of the 2023-24 grant cycle. All nonprofits that benefit the community are encouraged to apply.

The 2023-24 funding application can be downloaded from the website at <<https://sewaneecivic.org>>. The application deadline is Friday, Sept. 15, 2023. Approved grant funds will be distributed starting in April 2024, contingent on funding availability.

This year, organizations can also apply online with this form <<https://forms.gle/LdHvuL8xTccw26yp6>>. It does require you to have a Gmail email account.

The SCC is a nonprofit organization and relies on funding from the community to support charitable programs and initiatives. The SCC supports local organizations that have requested basic needs funding for quality of life, community aid, children's programs, and those who are beyond Sewanee but still serve our entire community. With your support, the SCC will continue to provide aid where it matters most: elder care, food, books, housing, scholarships, spay/neuter programs for animals, recreational spaces and funding for the local elementary school. As the 2023-24 grant cycle begins, the SCC is also kicking off its yearly fundraising campaign.

The SCC urges everyone who benefits from life in this community, whether you live, work, or visit, to give generously. Donations are tax deductible. Contributions, payroll deductions and pledges are accepted at any time at P.O. Box 99, Sewanee, TN 37375. You can also make a gift through PayPal Giving. Go to <<https://sewaneecivic.org>> for more information.

For more information, email <sewaneecommunitychest@gmail.com>. The Sewanee Community Chest is sponsored by the Sewanee Civic Association.

Russell L. Leonard

ATTORNEY AT LAW

Office: (931) 924-0447
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'Garrison Keillor Tonight'

Garrison Keillor has been entertaining audiences for more than 50 years, notably with the radio show he created, "Prairie Home Companion," which ran from 1974 to 2016. But on Sept. 17, the author and radio personality will add a new milestone to his career by performing inside a cave for the very first time. Keillor will bring his latest show, "Garrison Keillor Tonight," to The Caverns, a world-famous cave venue located in Grundy County.

"Garrison Keillor Tonight" is an evening of stand-up, storytelling, audience song, and poetry. One man, one microphone. There are sung sonnets, limericks and musical jokes, and the thread that runs through it is the beauty of growing old.

During the subterranean show, guests will hear news from Lake Wobegon, the fictional Minnesota town Keillor created, booming with new entrepreneurs, makers of artisanal firewood and gourmet meat-loaf, breeders of composting worms, and dogs trained to do childcare. But some things endure, such as the formation of the Living Flag on Main Street, citizens in tight formation wearing red, white or blue caps, and Mr. Keillor among them, standing close to old neighbors, Myrtle Krebsbach ("Truckstop") and Julie Christensen ("Bruno, The Fishing Dog") and Clint Bunsen. And an a cappella sing-along with the audience singing from memory an odd medley of patriotic songs, pop standards, hymns, and ending with the national anthem.

Reserved seating, yurt and VIP packages, and camping passes for "Garrison Keillor Tonight" in The Caverns are on sale at <<https://www.thecaverns.com/event/garrison-keillor-tonight-in-the-caverns>>. With limited seating available, guests are encouraged to secure their tickets early.

New Show at Stirling's

"Give But a Glimpse: Work of Broad Mountain Ruggers" will be on view at Stirling's Coffee House during the month of September. A reception will be 3-5 p.m., Thursday Sept. 21. The public is invited.

Broad Mountain Ruggers gather weekly at the home of founding member Cass Gannaway. This exhibition was born of a group challenge to capture a landscape in an eight inch square. While the technique of rug hooking is what draws the group together, the challenge was open to any textile interpretation. Traditional and non-traditional rug hooking prevail, yet materials range from predictable to surprising ingredients. Additionally, each artist was encouraged to submit another example of their work. Artists range from seasoned professionals to those who have been hooking for less than a year.

'Woven Wind' at the UAG

The University Art Gallery is delighted to present the collaborative project "Woven Wind," on view in the UAG, and at select sites around campus through Oct. 11, 2023.

Please join us at 5 p.m., Wednesday, Sept. 20, in Guerry Auditorium for a panel discussion with the artists. Reception to follow.

"Woven Wind" brings together photography and video, sculptural installation, music, genealogical research, oral histories, and community clay workshops. It does so in order to activate archival materials, and in order to read past those materials and attend to other voices, specifically those of the enslaved and their descendants. "Woven Wind" invites us to remember together, and to work towards community and healing in the present.

The project began in 2018, when artist Vesna Pavlović joined Dr. Woody Register and his students in a critical archival investigation of the Lovell Quitman Family archive, housed in the William R. Laurie University Archives and Special Collections of the University of the South.

The Lovells were part of the Sewanee Community from 1873 to 1939. Their home, affectionately called Sunnyside, stood where Hunter Hall now stands. The family's carefully preserved papers include photographs of their lives in Sewanee, but also documentation of their planta-

tions in Mississippi, and of the hundreds of enslaved people held there immediately prior to the Civil War.

Sewanee and its community are intimately tied to other places, including the Lovell plantations in Mississippi and the people once enslaved there.

The "Woven Wind" collaborative team includes photographer Vesna Pavlović, social practice artists Courtney Adair Johnson and Marlos E'van, musician Rod McGaha, community advocate Mélisande Short-Colomb, and Mississippi civil rights veteran and family history researcher Jan Hillegas.

The exhibition will feature video interviews with the Toles family, descendants of the enslaved connected to the Lovell-Quitman archive, as they consider repair and their own efforts to understand and share their family history. Idiosyncratic clay "cypress knees," built during community workshops, stand as emblems of memory and connectedness to place. Clay knees placed outside will dissolve over time, and the daffodil bulbs underneath bloom.

The artists would like to thank the Toles family, for welcoming them and for allowing them to listen, and all those who have participated in making clay cypress knees during the Community Clay Workshops at Buchanan Arts in Nashville and at Saint Andrew's-Sewanee. Special thanks to Rachel Malde and Fhae Long for leading the workshop at Saint Andrew's-Sewanee, and to Mandi Johnson, Director of the William R. Laurie University Archives and Special Collections, Sewanee, for her support for the project.

"Woven Wind" is supported by a Tennessee Arts Commission Arts Access Grant; Vanderbilt University Scaling Success Grant; Mellon Partners for Humanities Education Collaboration Grant; Vanderbilt University, Engine for Art, Democracy, and Justice; Tennessee State University; Curb Center for Art, Enterprise and Public Policy Catalyst Grant; the Natchez Museum of African American Culture; and the Roberson Project on Slavery, Race, and Reconciliation at the University of the South, Sewanee. In Sewanee, Art, Art History, and Visual Studies; the University Lectures Committee; the Roberson Project on Slavery, Race and Reconciliation; the Friends of the University Art Gallery; and the Smith Experiential Learning Grant have all provided further support for the Community Clay Workshop and for the presentation of the "Woven Wind" in the University Art Gallery.

Voice and Organ Recital: 'Boulanger: Before and After'

Join guest artists, Dr. Amalia Osuga, soprano and Jillian Gardner, organ from the University of Alabama in Huntsville for a program of captivating music exploring the life, works, influences, and teaching legacy of celebrated French composer Nadia Boulanger. This recital will be at 7 p.m., Friday, Sept. 15, in All Saints' Chapel. Admission is free.

'FESTIVAL'

by Josiah Golson at the Carlos Gallery

The Carlos Gallery in the Visual Art Building at the University of the South is pleased to present "FESTIVAL," an installation by artist Josiah Golson. The exhibit will be on display through Oct. 13. An artist talk and reception will be at 5 p.m., Monday, Sept. 18.

Josiah Golson explores personal and collective narratives of identity and advocacy through drawing, painting, poetry, performance, and video. He is the creator of 800 Collective, an organization that creatively inspires and organizes civic discourse and engagement.

"FESTIVAL" is a work of poetry, installation, and performance through which Golson explores identity and belonging in his relationship with popular music and its imagery. Through visual and textual narrative contextualized in the space of a teenage music lover's bedroom, Golson shares his experience of negotiating the complexity of influence and seeking authenticity amid the power structures of popular culture.

In "FESTIVAL," Golson reimagines his teenage bedroom as a space of world-building with the iconography of popular music. Through the assemblage and collage of photos sourced from magazines, posters, and pop music media, he designs "stages" or scenes inspired by the "genre" or styles of music associated with the subjects. Over time, Golson revisits, reconstructs, and removes images to transform the layered and evolving scene, as the bedroom endures as a space for conjuring and constructing identity and community. As he releases the mass-produced images of his "heroes," these icons populate the floor and are replaced with photos, markings, and materials that reflect his authentic experiences and world, the music no less present.

The installation is documented in an Artist's Book that contains poems for each of the 12 "stages" of the bedroom.

Josiah Golson is the founder of 800 Collective, and the Programs Director at Stove Works in Chattanooga, Tennessee. Golson received his B.A. in Communication from the University of Tennessee at Chattanooga and his law degree from the University of Texas School of Law in Austin. Developing his artistic practice while studying law, Golson expanded his projects from individual works to collaborative workshops and projects inspired by civic themes. Golson has taught and facilitated workshops at the Harvard Graduate School of Education, the Curb Center at Vanderbilt University, and Project Row Houses in the Third Ward of Houston, Texas.

Carlos Gallery in the Visual Art Building is located at 105 Kennerly Rd. Gallery hours are 8 a.m. to 5 p.m., Monday-Friday, and 1-5 p.m., Saturday.

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Small kitchen appliances: Clean and in working order with no missing parts.
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Linens: Table linens, comforters, quilts, sheets, decorative pillows, curtains, towels. **Books:** Children and adults.
Craft Items: Fabrics, yarn, knitting/crochet needles, arts/crafts supplies.
Games, Puzzles, Toys: Only complete games. Please bag/box toy and game sets individually by type.
Gardening: Hand tools, garden décor, clean plant pots.
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Proceeds:

Proceeds from sales are used to furnish scholarships to area high school graduates who wish to enter the medical field, and for continuing education to practicing nurses, physical therapists and others employed at the Southern Tennessee Regional Health System-Sewanee.

10a-1p, Tuesday and Thursday, 10a-2p, Saturday
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Tigers Complete Labor Day Tourney Undefeated

Jacqueline Weller just missed a double-double in a pair of matches and Savannah Gann collected 27 kills in two outings, as Sewanee defeated both Methodist College and Spalding University, 3-1, to complete the Maryville College Labor Day Invitational on Saturday in Maryville.

The Tigers (4-0) finished the two-day event undefeated, winning three of the four matches by 3-1 scores.

Gann registered 16 kills and 14 digs while Weller added 10 kills and 11 digs in a 3-1 victory over Methodist, leading four players with double-figure kills. Ashley Crosby and Laurel Burkhardt each posted 10 kills for Sewanee while Adele Cassidy collected 18 digs and Sophia Caruso added 15. The Tigers setters of Kaylee Scharfman and Emma Meyer combined for 42 assists.

Gann added six blocks and Anna Ellison paced the club with eight blocks. Sewanee won the first and second set by scores of 25-22 and 29-27 before losing 25-23 in the third. The Tigers finished off the win with a 25-15 fourth set and hit .250 on 164 total attacks.

Weller paced the squad with nine kills and 14 digs in the win against Spalding, with Gann adding a team-high 11 kills and Ellison registering eight. Meyer posted a double-double with 18 assists and 12 digs and Cassidy had a team-best 19 digs.

The Tigers and Eagles split the first two sets before Sewanee pulled away with the final two, with Sewanee hitting .229 on 140 total attacks.

The Tigers travel to Covenant College on Tuesday and host the Sewanee Invitational next weekend at Juhan Gymnasium, taking on Agnes Scott and Greensboro College on Friday and Huntingdon College and Asbury University on Sept. 9.



SAS junior Kieran McCrorey races at Chickasaw Trace Park in the Tennessee Interscholastic Cycling League Race Series. Photo by Ben Brodsky

SAS Mountain Bike Team Results for Aug. 27 Race

On Aug. 27, the SAS Mountain Bike team traveled to Chickasaw Trace Park in Columbia, for the first race in the Tennessee Interscholastic Cycling League Race Series. The varsity team performed extremely well with each rider posting strong finishes. Theo Shrader, Sewanee, grabbed first in a field of 64 riders in the competitive Freshman Boys division. Freshman Harper Thompson, Sewanee, was not far behind, placing seventh after a dramatic sprint at the finish. Sophomore William Shrader, Sewanee, earned a sixth place finish as the youngest rider in the 16 mile Varsity Boys race. Miren Colbert, Sewanee, placed 10th in the Freshman Girls category. After being delayed behind a wreck at the start, James Steffner, Chattanooga, fought his way to a 20th place finish in the large Sophomore Boys field. In his JV debut, junior Kieran McCrorey, Belvidere, delivered a strong performance, placing in the top half in a field of 67. New riders, sophomore Quentin Miller, Rock Island, and freshman Brody Scales, Atlanta, each raced well and showed their potential for the upcoming season.

The middle school team also demonstrated a strong showing, exhibiting effort, determination, sportsmanship, and skill on the four-mile course. Four boys raced for the first time in the Sixth Grade category. Will Moody, Dagen Latham, and Jack Roberts completed the course with confidence and look forward to gaining more race experience throughout the season. Alex Glacet finished very strong, placing 10th out of 44 racers. Jane Shealy and Rosa Thompson represented the Mountain Lions in the Seventh Grade Girls category. Shealy beat her time from last year's race by four minutes and 20 seconds. Thompson placed fifth overall and was awarded for her efforts on the podium. In the Seventh Grade Boys group, Flynn Allen, Joseph Gray, Archer Ladd, and Cabell Thompson rode hard and completed the course despite a variety of mechanical bike issues. Even though Gray and Thompson had only raced once before, they rode hard and came across the finish line fast. First time racer Martin Brodsky put his skills and fitness to the test for the Eighth Grade Boys category, which required two laps of the course. Brodsky navigated the course with ease and rode exceptionally well for a first-time racer. Grayson Clark picked up right where he left off last season, near the front, just barely missing the podium in sixth place. Dylan Bruscato and Will Roberts also competed well and are looking forward to another successful racing season.

Sewanee Wins Season Opener at Camp Jordan

The University of the South kicked off the men's and women's cross country season with a strong win against Maryville at Camp Jordan on Sept. 1.

The Tigers won 19-43 coming in first place in both the men's and women's and had three athletes establish a new personal record (PR).

Emma Grace Hendrickson took first place in the women's 500-meter run with a time of 20:50.54. Maryville sophomore Izzy Juda took second place but Sewanee took the next five spots on the leaderboard. Eleanor Graham, Sam Ude, Clara Earley, Elise Overlin, and Bella Francois placed 3-7 respectively. Earley who placed fifth ran a PR with a time of 22:23.14.

On the men's side, Alex Coley placed first in the 500-meter by crushing his old PR, improving by 2:59.47, with a time of 16:58.23. Maryville took second place but Brandon Christ and Sam Leonard placed third and fourth for the Tigers. Christ also achieved a new PR with a time of 17:51.70.

The Tiger's next meet is the Pretorius Invitational at Vaughn's Gap in Nashville on Sept. 16. The men's meet is an 8K and the women's is a 5K.

First-Half Goals Carry Men's Soccer to Win

Will Hawgood and Tyler Scott both scored in the first half and Sewanee held off a late charge, preserving a 2-1 victory over Gettysburg College in men's soccer action Sept. 2, at Puett Field.

Gettysburg was ranked just outside the Top 25 in the preseason Top 25, a quality victory for the Tigers to open the 2023 campaign.

Hawgood netted the first goal of the match in the 22nd minute with a bicycle kick off an assist from Connor Cheynet. The Bullets evened the match just six minutes later thanks to Chase Sempervive.

Scott headed in the eventual game-winner on a corner kick by Connor Dail in the 33rd minute.

Neither team created quality scoring chances in the second half, with both teams challenging every pass. The match featured six yellow cards, three on each club, and a red card with just under four minutes to play against Gettysburg's Max Sams.

Sewanee travels to Virginia next weekend for matches at Washington and Lee and Hampton-Sydney before returning home Sept. 13 to face Maryville College.

SAS Volleyball 3-5 on Season

St. Andrew's-Sewanee varsity volleyball team fell to Boyd Christian in an exciting match, 25-13, 16-26, 18-25, 15-13. Charlie Buckner played her best game of the season recording 19 kills, seven digs and two aces; Emilie Leathers four aces, five digs; Ivy Moser six aces, eight kills; five digs; Anja Dombrowski 28 assists; Alex King four kills, five digs; Madison Rogers five digs. SAS is 3-5 on the season.

HOME GAMES

3 p.m., Friday, Sept. 8, Women's Volleyball vs. Agnes Scott

7 p.m., Friday, Sept. 8, Women's volleyball vs. Greensboro

11 a.m., Saturday, Sept. 9, Women's Field Hockey vs. DePauw

5 p.m., Saturday, Sept. 9, Women's Volleyball vs. Huntingdon

7 p.m., Saturday, Sept. 9, Women's Volleyball vs. Asbury

1 p.m., Sunday, Sept. 10, Women's Field Hockey vs. Ohio Wesleyan

5:30 p.m., Tuesday, Sept. 12, SAS Varsity Girls' Soccer vs. Cannon County

6:30 p.m., Wednesday, Sept. 13, Men's Soccer vs. Maryville

4 p.m., Thursday, Sept. 14, SAS Golf vs. Warren County

5:30 p.m., Thursday, Sept. 14, SAS Varsity Girls' Soccer vs. Silverdale Baptist Academy

5:30 p.m., Thursday, Sept. 14, SAS Varsity Volleyball vs. Marion County

1 p.m., Saturday, Sept. 16, Football vs. Millsaps

Upcoming Programs at St. Mary's Sewanee Retreat Center

Grace In Dying and Centering Prayer
November 11th
FREE Online Event
Registration Required

Mindfulness on the Mountain
December 1st-3rd

Advent Centering Prayer
December 8th-10th

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State Park Offerings

Please note: To confirm that these events will occur as listed go to <<https://tnstateparks.com/parks/events/south-cumberland>>, <<https://tnstateparks.com/parks/events/savage-gulf>> or call (931) 924-2980.

Grundy Forest Day Loop Hike—South Cumberland State Park, Wednesday, Sept. 13, 10 a.m. CDT. Cost, \$10. <<https://tnstateparks.com/parks/events/south-cumberland>>. (Registration closes at midnight the day before the event. Please pre-register.) Meet Park Ranger Jessie DeRight at Fiery Gizzard North Trailhead, 131 Fiery Gizzard Rd., Tracy City, to hike the Day Loop while you learn about the flora and fauna of the area, the history of the Fiery Gizzard (where did that name even come from?), and hopefully see some waterfalls! This 2 mile loop trail is rated as moderate due to the rocky terrain and exposed roots, so please wear appropriate footwear. Flip Flops and slide in sandals will not be allowed. Please pack plenty of water and bring snacks if you would like. In the event of bad weather (heavy rain, high winds, lightning, hail), Ranger Jessie will make the decision to cancel and will notify everyone and then issue refunds.

Honey, I'm Home—South Cumberland State Park, Sunday, Sept. 17, 2 p.m. CDT. Cost, \$10. <<https://tnstateparks.com/parks/events/south-cumberland>>. (Registration closes at midnight the day before the event. Please pre-register.) Meet Park Ranger Hannah Sheley at the South Cumberland State Park Visitors' Center Pavilion, 11745 U.S. 41, Monteagle, to learn more about our buzzing pollinator friends, and decorate homes for them that they can't help but "pollen" love with! Program is suitable for ages 5 and up.

New Moon Night Hiking at Stone Door—Savage Gulf State Park, Sunday, Sept. 17, 8 p.m. CDT. Cost, \$10. <<https://tnstateparks.com/parks/events/savagegulf>>. (This hike is limited to the first 10 people to register. Registration closes at midnight the day before the event. Please pre-register.) Meet Park Ranger Spencer Baxter at 1183 Stone Door Rd., Beersheba Springs, for a 2-mile roundtrip hike to the Stone Door overlook and several additional overlooks. Bring your own headlamp, sturdy hiking boots, appropriate clothing for the weather, and the spirit of adventure.

Rappelling for Beginners—South Cumberland State Park, Friday, Sept. 29, 10 a.m. CDT. Cost, \$20. <<https://tnstateparks.com/parks/events/south-cumberland>>. (Registration closes at midnight the day before the event. Please pre-register.) Since the early days of the sport, South Cumberland State Park has been a regional destination for rappelling. The gear and techniques have changed over the years but the beautiful sandstone cliffs are just as awe-inspiring and exhilarating. If you have a love of high places, or are just curious, join Ranger Jason at Sherwood Forest Parking Lot (take Jump Off Road to Old CCC Camp Rd., go to just past Coyote Cove Lane) for this introduction to rappelling. Ages are restricted to 10 and up.

Nature Journaling Continues

The Nature Journaling group, sponsored by the Sewanee Herbarium, meets Thursdays, 9-11 a.m. Grab a pencil and paper and plan to join us. Email <mpriestley0150@gmail.com> for more information and meeting location.

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NATURENOTES

by Yolande Gottfried



Cardinal flower.

Abbos' Alley - Late Summer

A late summer walk in Abbo's Alley last week yielded these "nature notes." Starting at the "annex" from University Avenue by the old Thompson Union, one has to almost fight one's way through a tall growth of Tennessee Leafcup. This plant looks weedy but is actually an interesting native plant, a member of the Aster Family. The leafcup name comes from the way the paired leaves seem to form a cup around the stem. It has a limited distribution in scattered localities on the Cumberland Plateau, the Coastal Plain, and the Interior Highlands, but it probably most abundant in on the Cumberland Plateau of Southeast Tennessee, hence the Tennessee in the name. This year's abundant crop bolted from overwintering rosettes of leaves. In the same area are a number of Jumpseed plants. These are the same plants noticed on spring wildflower walks as leaves with a purplish "V" mark and referred to as Lady's Thumb. If one runs fingers up the stem, the fruits will "jump" off. Down in the wetter, flatter area many Horse Balm plants are in bloom. The leaves are large and the flowers are small and yellowish. A member of the Mint Family, it is also called Citronella for the smell of the flowers and was supposedly used to treat the sore backs of horses. Just before reaching South Carolina Avenue, to the left is a large patch of Lizard's Tail, which must have been impressive when in bloom with long nodding spikes of white flowers above the heart-shaped leaves. Crossing South Carolina and strolling along the left-hand side of the stream, the many fruits of the Red Buckeye are noticeable, smooth and brown and pear-shaped, though only about an inch long. On the other side of the stream, near the tool storage shed, the purple flowers of the Elephant's Foot lie above the flat, ground-hugging leaves that give it the name. There is also a nice patch of brilliant red Cardinal Flower nearby.



Buster



Jetty

MARC's Mountain Adoptables

Meet Buster & Jetty

Buster is one of the sweetest boys we have met. He is around one and a half years old, weighs around 60 lbs. and is black and white. Buster is house trained and crate trained. He gets along well with other dogs and with children and adults. We are not sure yet about cats. He is definitely interested in them but has not yet been in the area of the home where they reside. Buster's foster mom and dad say it is going to be really hard to give him up. He is basically a perfect dog!

Jetty is around six months old and ready for some great exploring expeditions. He is all black with a few white markings and weighs around 30 lbs. Maybe a Lab/Hound mix. Jetty is house trained and a cuddler. He would really like to find his very own family with whom to become best buddies. Could that be you?

If you would like to learn more about Buster and Jetty, please fill out an Adoption Application on the MARC website <www.marc4change.org> and/or contact Sue Scruggs, cell phone (423) 619-3845. These pets are fostering on the Sewanee-Monteagle Mountain and are easy to meet. All MARC animals ready for adoption are spayed or neutered and up-to-date on their vaccines and preventatives.

MARC - Marion Animal Resource Connection is a 501(c)(3) nonprofit animal welfare organization. It is not a shelter and relies on foster homes to save animals. MARC also provides low cost and free spay/neuter procedures for animals, and is available for teaching humane care of animals in schools and to community organizations.

Support local businesses.

WEATHER

DAY	DATE	HI	LO	Week's Stats:	
Mon	Aug 28	80	64	Avg max temp =	84
Tue	Aug 29	84	57	Avg min temp =	64
Wed	Aug 30	81	66	Avg temp =	74
Thu	Aug 31	83	65	Precipitation =	1.00"
Fri	Sep 01	85	61		
Sat	Sep 02	88	65		
Sun	Sep 03	87	67		

*Reported by Sandy Gilliam
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When you are out getting your exercise, following a few simple rules will keep you on the go. When biking on Sewanee sidewalks, cyclists should slow down when passing pedestrians since some may not hear a warning bike bell and know to step to the right. Walkers should walk on the left-hand side of the road, traveling against the traffic; bicyclers should travel in the right-hand lane, going with the flow of traffic. During the day, both walkers and bikers should wear clothing of bright, easily seen colors, and, from dusk on, wear light, reflective clothing. In any case, don't just assume drivers can see you. Be on the lookout ... for your own safety.

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FROM BARD TO VERSE

by Robin Bates

Finding Hope through Poetry

I lived in the first century of world wars.
 Most mornings I would be more or less insane,
 The newspapers would arrive with their careless stories,
 The news would pour out of various devices
 Interrupted by attempts to sell products to the unseen.
 I would call my friends on other devices;
 They would be more or less mad for similar reasons.
 Slowly I would get to pen and paper,
 Make my poems for others unseen and unborn.
 In the day I would be reminded of those men and women,
 Brave, setting up signals across vast distances,
 Considering a nameless way of living, of almost unimagined values.
 As the lights darkened, as the lights of night brightened,
 We would try to imagine them, try to find each other,
 To construct peace, to make love, to reconcile
 Waking with sleeping, ourselves with each other,
 Ourselves with ourselves. We would try by any means
 To reach the limits of ourselves, to reach beyond ourselves,
 To let go the means, to wake.

I lived in the first century of these wars.

--Muriel Rukeyser, Poem

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Community Calendar

Friday, Sept. 8

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required
- 6 p.m. Multi-County Cancer Walk-a-Thon Fundraiser, 801 Dinah Shore Blvd., Winchester, until 10 p.m.

Saturday, Sept. 9

- 8 a.m. MMUMC monthly curbside food distribution, 322 W. Main St., Monteagle, until 10 a.m.
- 8 a.m. Sewanee Gardeners' Market, Hawkins Lane, until 10 a.m.
- 9 a.m. American Legion Post 51, Legion Hall, Sewanee
- 9 a.m. Cumberland Center for Justice and Peace, 5 Ballpark Rd., until 10 a.m.
- 9:30 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:45 a.m.
- 10 a.m. Hospitality Shop open, until 2 p.m.

Sunday, Sept. 10

- Registration deadline for the SCCF Fall Fundraiser <southcumberlandcommunityfund.org>
- 1 p.m. YouFit, Betsy, Community Center; also at 2:30 p.m.; sign-up required
 - 4 p.m. Hatha Yoga, Helen, Community Center
 - 5 p.m. Restorative Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 6:15 p.m.

Monday, Sept. 11

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Coffee with the Coach, in-person and livestream, J. Shackelford, Blue Chair
- 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 9 a.m. Pilates, intermediate, Kim, 293 Ball Park Rd.
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.
- 11:30 a.m. Sewanee Woman's Club, Pearigen, St. Mary's Sewanee
- 4 p.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 5:15 p.m.
- 4 p.m. Fresh Mess Market, Harton Park, Monteagle, until 6 p.m.
- 5:30 p.m. Pilates, intermediate, Bruce, 293 Ball Park Rd.
- 6 p.m. FC School Board, 215 S. College St., Winchester
- 6 p.m. GriefShare Group, Wesley House, 322 W. Main St., Monteagle, until 8 p.m.
- 6 p.m. Karate, (age 6+), Cimino-Hurt, Legion Hall, until 7:30 p.m.; more info/sign up, <jmhurt@gmail.com> or text (703) 801-4754

Tuesday, Sept. 12

- 8 a.m. GC Food Bank, 114 S. Industrial Park Rd., Coalmont, until 10 a.m.
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
- 10 a.m. Hospitality Shop open, until 1 p.m.

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- 10 a.m. Pilates, beginners, Kim, 293 Ball Park Rd.
- 11:30 a.m. Grundy County Rotary, Dutch Maid Bakery, Tracy City
- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 4:30 p.m. S. Cumberland Farmers' Market pickup, Community Center, until 5:30 p.m.
- 5 p.m. Vinyasa Yoga, High Vibes, Country Mart, Monteagle, until 6:15 p.m.
- 6 p.m. Social dance, beginners, East Coast Swing, \$10, Firefly Ballroom, Cowan
- 7 p.m. Social dance, intermediate, Firefly Ballroom, Cowan

Wednesday, Sept. 13

- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Pilates, intermediate, Kim, 293 Ball Park Rd.
- 9 a.m. Tai Chi, Shao-nian, High Vibes, Country Mart, Monteagle, until 10 a.m.
- 10:30 a.m. Chair Exercise, Ruth, Community Center, until 11:45 a.m.
- 5 p.m. Gentle Yoga, Knees/Hips, (\$15), Camp, High Vibes, Country Mart, Monteagle, until 6 p.m.
- 5:30 p.m. Pilates, intermediate, Bruce, 293 Ball Park Rd.
- 5:30 p.m. Hatha Yoga, Helen, Community Center
- 6:30 p.m. Kundalini Yoga/Meditation, Pippa, (\$15) High Vibes, Country Mart, Monteagle

Thursday, Sept. 14

- 8 a.m. Flow Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 9:15 a.m.
- 8 a.m. Monteagle-Sewanee Rotary, Mayor Greg Maloof, St. Mary's Sewanee
- 9 a.m. CAC office open, until 11 a.m.
- 9 a.m. Nature Journaling, until 11 a.m.; more info email <mpriestley150@gmail.com>
- 10 a.m. Hospitality Shop open, until 1 p.m.
- 10 a.m. Pilates, beginner, Kim, 293 Ball Park Rd.
- noon Pilates, intermediate, Kim, 293 Ball Park Rd.
- 4 p.m. Ecstatic Dance, High Vibes, Country Mart, Monteagle, until 5 p.m.
- 6 p.m. Karate, (age 6+), Cimino-Hurt, Legion Hall, until 7:30 p.m.; more info/sign up, <jmhurt@gmail.com>

Friday, Sept. 15

- Fall Heritage Festival, Cowan, through Sept. 17
 Community Chest Applications deadline
- 9 a.m. CAC office open, until 11 a.m.
 - 9 a.m. Yin Yoga, Anneli, High Vibes, Country Mart, Monteagle, until 10:15 a.m.
 - 9 a.m. Trash and Treasures Yard Sale, Morton Memorial UMC, until 5 p.m.
 - 10 a.m. You Fit, Betsy, Community Center; and at noon; sign up required
 - 7 p.m. Voice and Organ Recital: "Boulanger, Before and After," (free), All Saints' Chapel

Local 12-Step Meetings

- Friday**
 7 p.m., AA, open, Christ Church, Tracy City
- Saturday**
 7 p.m., NA, open, Decherd United Methodist
- Sunday**
 6:30 p.m., the Wesley House, MMUMC
- Monday**
 5 p.m., 12-Step Women's Study Group, Brooks Hall, (931) 327-5551
- 7 p.m., AA, open, Christ Church, Tracy City
- Tuesday**
 7 p.m., AA, open, First Baptist, Altamont
- 7 p.m., AA, open, Trinity Episcopal Church, Winchester
- Wednesday**
 10 a.m., AA, closed, Cliff-tops, (931) 924-3493
- 7 p.m., NA, Decherd United Methodist
- Thursday**
 6 p.m., Life's Healing Choice, Grundy County Recovery Alliance, Coalmont
- 7 p.m., Al-Anon, First UMC, Winchester